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Jumping hurdles: Peptides able to overcome biological barriers

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Complete List of Authors:	Sanchez-Navarro, Macarena; IRB Barcelona, Teixidó, Meritxell; IRB Barcelona Giralt, Ernest; IRB Barcelona, Chemistry Programme

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Jumping hurdles: Peptides able to overcome biological barriers

MACARENA SÁNCHEZ-NAVARRO[†],
MERITXELL TEIXIDÓ^{*,†}, ERNEST GIRALT^{*,†,‡}

[†] Institute for Research in Biomedicine - Barcelona Institute of Science and Technology, Baldiri Reixac 10, 08028 Barcelona (Spain)

[‡] Department of Organic Chemistry, University of Barcelona (Spain)

* E-mail: meritxell.teixido@irbbarcelona.org

ernest.giralt@irbbarcelona.org

CONSPECTUS

The cell membrane, the gastrointestinal tract or the blood-brain barrier (BBB) are good examples of biological barriers that define and protect cells and organs. They impose different level of restrictions but they also share common features. For instance, they all display a high lipophilic character. For this reason, hydrophilic compounds, like peptides, proteins or nucleic acids have long been considered as unable to bypass them. However, the discovery of cell-penetrating peptides (CPPs), opened a vast field of research. Nowadays, CPPs, homing peptides and blood-brain barrier peptide shuttles (BBB-shuttles) are good examples of peptides able to target and/or to cross various biological barriers.

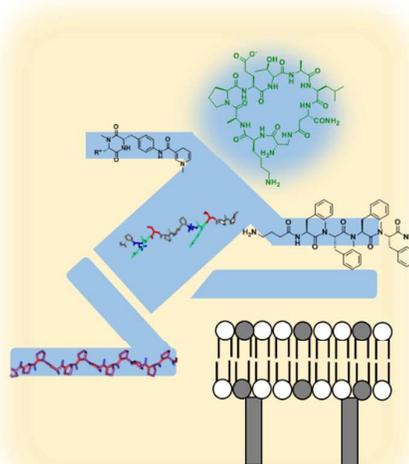
CPPs are a group of peptides able to interact with the plasma membrane and enter the cell. They display some common characteristics like positive charged residues, mainly arginines, and amphipathicity. In this field, our group has been focused on the development of proline rich CPPs and in the analysis of the importance of secondary amphipathicity in the internalization process. Proline has a privileged structure being the only aminoacid with a secondary amine and a cyclic side chain. These features constrain its structure and hamper the formation of H-bond. Taking advantage of this privileged structure, three different families of proline-rich peptides have been developed, namely, proline-rich dendrimer, sweet arrow peptide (SAP) and a group of foldamers based on γ -peptides. The structure and the mechanism of internalization of all of them has been evaluated and analyzed.

BBB-shuttles are peptides able to cross the BBB and to carry with them compounds that cannot reach the brain parenchyma unaided. These peptides take advantage of the natural transport mechanisms present at the BBB, which are divided in active and passive transport mechanisms. On the one hand, we have developed BBB-shuttles that cross the BBB by passive transport mechanism, like diketoperazines (DKPs), $(N\text{-MePhe})_n$ or $(\text{PhPro})_n$. On the other hand, we have investigated BBB-shuttles that utilizes active transport mechanism such as SGV, THRre or MiniAp-4. For the development of both groups we have explored several approaches, such as the use of peptide libraries, both chemical and from phage display, or hit-to-lead optimization processes.

In this article, we describe, by chronologic order, our contribution to the development of peptides able to overcome various biological barriers and our efforts in order to understand the mechanism that they display. In addition, the potential use of both, CPP and BBB-shuttles, to improve the transport of promising therapeutic compounds is described.

Introduction

Delivery of bioactive compounds through various biological barriers has been a challenge for a long period of time. The plasma membrane, the gastrointestinal barrier or the blood-brain barrier (BBB) are examples of biological hurdles that limit the access of therapeutics to the desired target. The simplest of them, the cellular membrane, has



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3 being traditionally considered impermeable to hydrophilic compounds since only
4 lipophilic compounds were able to interact with the lipid bilayer. Thus, delivery of
5 peptides, proteins or nucleic acids to the cytoplasm was considered a utopia thirty years
6 ago. However, the discovery of penetratin and TAT peptides, based on natural proteins,
7 opened a vast field of research.^{1,2} This new family of compounds, named cell-
8 penetrating peptides (CPPs) accounts nowadays for more than 100 members, with
9 various origins.³ During its development several challenges have been addressed, such
10 as endosomal entrapment upon internalization⁴ or protease liability.⁵ To date, CPPs
11 have been used to deliver several cargoes into the cell, such as nanoparticles of various
12 types, nucleic acids or proteins.⁶

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14 Intracellular targets are now readily accessible by using CPPs but there are other
15 biological barriers that preclude the access of drugs to their target. For instance, oral
16 delivery is hampered by the gastrointestinal barrier.⁷ More difficult to overcome is the
17 BBB that limits the access of 98% of drugs to the brain while completely preventing the
18 passage of macromolecules.⁸ In both cases, several peptides have been described to
19 interact with some of the components of these barriers with the aim to overcome them.<sup>9-
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22 During this process of evolution our group have played an active role in the
23 development and study of CPPs, first, and then brain delivery vectors. The purpose of
24 this Account is to give an overview on peptides able to overcome biological barriers
25 with a special focus on recent work from our group.
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29 **Proline rich cell-penetrating peptides**

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31 CPPs can be classified according to various parameters, such as sequence or
32 internalization mechanism, to name a few.³ The latter is affected by several factors, such
33 as net charge or structure. For instance, amphipathicity, imposed by the sequence of the
34 peptide, and secondary amphipathicity, determined by peptide secondary structure, are
35 key for internalization. Amphipathic alpha helices, defined by having two separated
36 hydrophobic and hydrophilic faces, are a shared structural motif in a wide variety of
37 CPPs.¹²

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39 Proline is one of the 20 genetically encoded amino acids but the only one with a
40 secondary amine and a cyclic side chain which constrain its structure. Moreover, the
41 amino group of proline cannot participate in H-bond, unlike in the other natural amino
42 acids. These characteristics confer unique structural properties to polyproline peptides
43 which adopt well defined conformations that vary depending on the environment
44 (Figure 1A). In organic solvents, polyproline adopts a polyproline I (PPI) conformation,
45 which is characterized by being a right handed *cis* orientated helix with 1.9 residues per
46 turn. In aqueous solutions, polyproline adopts a PPII conformation, meaning a left
47 handed helix, *trans* oriented and with 3.0 residues per turn.¹³ These particular secondary
48 structures inspired us to design a drug delivery system consisting of proline based
49 dendrimers (Figure 1D).¹⁴ Peptide based dendrimers are unique compounds.¹⁵ They can
50 be seen as globular proteins and among all the potential applications, their branched
51 structure can facilitate drug entrapment. We proposed that this property would be
52 stressed in our system due to the plasticity conferred by the polyproline sequence. The
53 dendrimer was prepared using *cis*-4 amino-L-proline as the scaffold (Figure 1C).^{16,17}
54 The second amino group was used as a branch point. Extensive conformational analysis
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3 proved the transition from a compacted PPI structure to a more extended PPII
4 conformation as well as the contrary. The antibiotic ciprofloxacin was successfully
5 encapsulated. The potential of this system was further analysed by evaluating its
6 internalization properties. Interestingly, the prepared dendrimer internalized in rat
7 kidney cells but, surprisingly, the control peptide (P_{14}) did as well.¹⁴ This result,
8 together with our experience with γ -zein protein, led us to study the internalization
9 capabilities of $(VXLPPP)_n$ peptides. The amphipathic secondary structure but non
10 amphipathic sequence make these peptides very fascinating. We prepared a library of
11 $(VXLPPP)_n$ ($X = H, K, R$; $n = 1, 2, 3$) and compared to P_m ($m = 6, 12, 18$). The peptide with
12 better internalization properties on HeLa was $(VRLPPP)_3$ (Figure 1B).¹⁸ Remarkably,
13 when compared with TAT and penetratin, the new designed vectors displayed no
14 toxicity despite of the internalization differences. The interesting internalization
15 properties of $(VRLPPP)_3$, named the sweet arrow peptide (SAP), have been enhanced
16 by introducing fatty acid moieties on its sequence¹⁹ or by mutating one of the proline
17 residues to silaproline.²⁰ Noteworthy, none of the aforementioned SAP versions
18 displayed cytotoxicity that combined with the non-viral origin and high solubility of
19 these compounds make them very interesting CPPs.
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24 CPP internalization mechanism has generated some debate in the scientific
25 community.²¹ Discussion around the existence or not of an endocytic pathway has
26 promoted several studies. In this context, we analysed the internalization mechanism of
27 SAP finding evidence of lipid raft mediated mechanism.²² Analysis of the intracellular
28 pathway followed by SAP combined with the stability in front of proteases suggested
29 endosomal release of the peptide to the cytoplasm rather than degradation.
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32 Liability to proteases is one of the main drawbacks of using peptides as therapeutics and
33 it can be consider as another biological barrier to overcome. Among the several
34 strategies that can be applied to enhance this stability the use of D-amino acids stands
35 out. SAP has good stability versus proteases but for further applications we explored the
36 synthesis of a fully protease resistant version by preparing the peptide with D-amino
37 acids (Figure 1B).²³ $(vrlppp)_3$ was shown to be remarkably more stable than its
38 counterpart, both in serum and in front of trypsin. Remarkably, analysis of the
39 internalization mechanism showed that both versions behaved similarly suggesting that
40 the internalization process was receptor independent since the stereochemistry of the α -
41 carbon does not affect. Further analysis, by circular dichroism (CD) showed that both
42 peptides had a PPII structure but inverted. The peptide kept the propensity to form
43 fibrillary aggregates, demonstrating that neither the inversion of all the α -carbon
44 stereogenic centers nor the consequent change in helix handedness affect to the overall
45 topology of the aggregate. Importantly, the new version, preserved the same CPP
46 properties than its L-counterpart. Heparin competition assays showed minor impact in
47 internalization ruling out electrostatic interactions with the glycocalix as a main
48 internalization trigger. Further studies confirmed an active internalization pathway.
49 Again, lipid raft/caveolae was seen as the most plausible internalization mechanism.
50 Preliminary studies in mice proved the suitability of D-SAP for *in vivo* applications.²⁴
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55 Taking into account the lack of inhibition of the internalization of SAP by heparin and
56 in order of fully validate the importance of the PPII configuration in the internalization
57 process, a negative version of SAP, SAP(E), was prepared, by mutating arginine to
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3 glutamic acid (Figure 1B).²⁵ The internalization mechanism of this new peptide was
4 confirmed as the same for SAP, opening the venue for delivering more challenging
5 cargoes. Most of the CPP described to date are either cationic or amphipathic, being
6 optimal for complexation with DNA and other negatively charged molecules. A
7 negative charged CPP would allow for complexation to yet unexplored cargoes with
8 positive net charge. Interestingly, both SAP and SAP(E) have been recently used to
9 deliver SiC-NP to cells.²⁶

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11 All these results suggest that internalization of SAP and SAP(E) may be triggered or
12 affected by its self-assembly.²⁷ Recent analyses of the interaction of SAP(E) with lipids,
13 as a model of the cytoplasmic membrane, demonstrate that only interaction with the
14 polar head groups occur and no membrane insertion is observed.²⁸

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16 Our interest in proline based structures lead us to develop a new family of CPPs
17 consisting on γ -peptides, using *cis*-4-amino-L-proline as a scaffold. In this family of
18 foldamers, the peptide amide bond was formed at the amino group at position 4, and the
19 α -amino group was used to introduce different groups, both acyl and alkyl chains
20 (Figure 1E). Exhaustive analysis by both NMR and CD allowed for the identification of
21 secondary structures suggesting the formation of isolated H-bond ribbon, identifying the
22 smallest β -strand.²⁹ Evaluation of the internalization mechanism of a selection of these
23 peptides suggested an endocytic pathway. This family of peptides displays improved
24 solubility, low cytotoxicity, remarkably stability versus proteases and good
25 internalization properties.³⁰

30 Brain targeting peptide BBB-shuttles

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32 CPPs enter the cell by a not yet completely understood mechanism. What is clear is that
33 tissue selectivity is not always achieved. Some peptides, known as homing peptides, are
34 designed to recognize specific tissues.³¹ However, in the case of the brain, this selective
35 transport is even more difficult to get due to the presence of the BBB. The BBB is a
36 physiological and metabolic barrier resulting from a complex interaction between
37 endothelial cells and several cells types, like pericytes or end foot astrocytes present at
38 the brain. The main function of the BBB is to protect the brain limiting the entrance of
39 unwanted substances. Several restrictions like low vesicular transport, the presence of
40 tight junctions, a high proteolytic activity or the presence of efflux pumps limit the
41 access of exogenous substances to the brain. These features make delivery of
42 therapeutics difficult. An early work in 1999, showed that a 120 kDa enzyme
43 conjugated to TAT was delivered in its active form into the brain.³² Despite of the lack
44 of brain selectivity, this seminal study paved the way for peptide mediated brain
45 delivery. Initial studies evaluated some of the most promising CPPs as brain delivery
46 vectors. Although brain penetration was accomplished in some cases, selectivity was a
47 major problem. Moreover, poor analysis methods make difficult to distinguish among
48 parenchyma distribution of the peptide and entrapment in the brain capillaries.¹⁰ A
49 recent study has demonstrated that CPPs can enter the brain but their efflux rate is
50 greater than their influx one, limiting its use as brain delivery vectors.³³

51
52 The brain has high energy requirements having several transport mechanisms that could
53 be ideally exploited for brain delivery. For instance, small molecules like glucose or
54 amino acids have specific transporters and proteins like transferrin or insulin have
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3 specific receptors. Additionally, unspecific transport mechanisms can be observed as
4 well, such as passive diffusion or adsorptive-mediated transcytosis. The various
5 transport mechanisms can be classified into passive or active.¹⁰
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7 **Passive crossing**

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9 Numerous strategies have been developed to improve brain uptake of therapeutics.³⁴
10 Among them, we have focused on the development of specific peptide brain delivery
11 vectors, named BBB-shuttles.¹⁰ One of the first approaches that we explored consisted
12 on design of BBB-shuttles by using a genetic algorithm which optimized the physico-
13 chemical properties of the peptides in order to increase their passive transport.³⁵ The
14 optimization process consisted in reduction of hydrogen bonding units on the peptide,
15 fine tuning of the logP and increase of lipophilicity, among others. It yielded a set of
16 peptides with several *N*-methylations that complicated the synthesis of the library.³⁶
17 Analysis of the library led to the discovery of two candidates to BBB-shuttle
18 highlighting the potential of genetic algorithms to generate new brain delivery vectors.³⁷
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21 During the preparation of the previous library, diketopiperazine (DKP) formation was
22 observed (Figure 2A). Interestingly, one of the subproducts, DKP *N*-MePhe-*N*-MePhe,
23 had very good transport through the tested methods. This result motivated us to prepare
24 two libraries of DKPs, mono and di-*N*-methylated in order to assess if the second
25 methyl group improved the transport or increased membrane retention. This was the
26 case for the highly hydrophobic DKPs, whilst most of them showed higher
27 permeability. Moreover, two relevant cargoes were evaluated, baicalin, a flavonoid that
28 inhibits prolyloligopeptidase (POP), and L-DOPA, a precursor of dopamine, improving
29 the in both cases, the permeability of the cargo. In the case of baicalin, its POP
30 inhibitory activity was also preserved.³⁸ The application of DKPs was further explored
31 in the design of chemical delivery systems which consisted of brain permeable
32 compounds that would undergo chemical transformation once in the brain parenchyma
33 (Figure 2A'). This transformation would trap the compound inside the brain leading to a
34 sustained delivery of the compound of interest. Introduction of *N*-
35 methylidihydropyridine moiety to the DKP scaffold conferred the desired reactivity to
36 the systems. This system has been validated for L-DOPA.³⁹ Evaluation of both,
37 permeability through the BBB, by means of parallel artificial membrane permeability
38 assay (PAMPA), and POP inhibition confirmed our hypothesis.⁴⁰ DKPs have recently
39 been evaluated *in vivo*⁴¹ and for dermal delivery of small drugs.⁴²
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45 The use of peptide libraries is a very attractive tool to discover new hits with a given
46 activity. We have used several types of libraries to find shuttles targeting BBB transport
47 mechanism. For instance, considering the potential of passive diffusion shuttles to
48 increase the brain uptake of small polar drugs, we have investigated various libraries of
49 peptides designed to passively cross the BBB.⁴³⁻⁴⁶ Molecular weight, lipophilicity and
50 hydrogen bonding are the key parameters to study. Based on our experience on the use
51 of *N*-methyl amino acids³⁶ we selected this feature as key parameter of some of the
52 libraries created. In a first work, *N*-methylphenylalanine (*N*-MePhe) (Figure 2B), a
53 fairly common amino acid in nature, was selected as a monomer to create a library of
54 potential BBB-shuttles.⁴⁷ First, the length of the peptides was adjusted with 4 amino
55 acids being the optimal length.⁴⁶ Then, the *C* and *N* terminus were optimized to acetyl
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3 and amide group, respectively. At this point, the fourth amino acid was mutated. The
4 peptides with *N*-MePhe, cyclohexylalanine (Cha), and 2-naphthylalanine (2Nal) had the
5 higher transport. These 3 peptides were selected to transport L-DOPA, enhancing its
6 permeability. Noteworthy, all the peptides have remarkable stability in front of serum
7 proteases. Later, the applicability of these shuttles was expanded to other cargoes.⁴⁵
8 Comparison to a library of proline based peptides pointed to the phenyl group as
9 responsible for the privileged transport.⁴⁶
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12 Although the concept of an universal shuttle is very attractive, several studies indicate
13 that the right approach contemplates a *one shuttle-one cargo* strategy.¹⁰ Knowledge
14 about the key parameters that influence BBB transport can help to fine tune a given
15 shuttle. Exploiting this theory we have evaluated several parameters to create BBB-
16 shuttles at will.⁴⁴ The first parameter to evaluate was the chirality. Based on *N*-MePhe, a
17 library of 16 BBB-shuttles was prepared, combining all diastereoisomers. PAMPA and
18 artificial membrane chromatography (IAMC) were used as evaluation tools. Various
19 conclusions were extracted. First, homochiral peptides (DDDD or LLLL) showed less
20 lipophilicity and higher permeability. Second, when increasing the lipophilicity, the
21 membrane retention was higher resulting in a diminution of the permeability. Third,
22 enantiomeric discrimination was observed. With these results in hand, we explored if
23 the permeability of a cargo can be fine-tuned by modifying the selected shuttle. With
24 this aim, three different cargoes were compared (Figure 2c). For two of them, the
25 tetramer gave better results while for one the trimer was the most efficient. With this
26 result an *a la carte* shuttle is described (Figure 2C). After, other parameters such as non-
27 natural amino acid incorporation and halogenation were analysed. In all cases, cargo-
28 based differences were found. Several factors such as peptide shuttle length,
29 stereochemistry or halogen content can be fine-tuned to fully optimize the transport of
30 the drug of interest.⁴⁴
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35 Despite of the promising features of the described BBB-shuttles, their reduced water
36 solubility (<1 μ M) can hamper its use. With the aim of developing water soluble shuttles
37 we decided to prepare a library of potential shuttles by combining the characteristics of
38 *N*-MePhe and polyproline peptides, by preparing polyphenylproline peptides. Proline
39 has a restricted conformation due to its cyclic side chain and high solubility in water.
40 Moreover, the phenyl group has been reported to have a positive impact on membrane
41 penetration.²⁵ To merge the advantages of both amino acids, *cis*-3-phenylpyrrolidine-2-
42 carboxylic acid (PhPro) (Figure 2B) was used as scaffold. When comparing the
43 diastereomeric mixture of (*N*-MePhe)₄ to (PhPro)₄, a similar transport profile was
44 observed by PAMPA. Moreover, the transport of two cargoes further demonstrated the
45 shuttle capability of this new family of compounds. Noteworthy, the water solubility
46 was increased 1000-fold. In two pairs of enantiomers was enantiomeric discrimination
47 observed. These peptides, displayed a complete different structure from the one of the
48 parent peptides (Pro₄ and *N*-MePhe₄) suggesting the new secondary structure as main
49 reason of the discrimination observed at the membrane. This work provides a new
50 parameter, enantiomeric discrimination, to evaluate when designing peptides to cross
51 biological membranes by passive diffusion mechanism.⁴³
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56 Active crossing

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3 Among the several transport mechanism available at the BBB, active transport
4 mechanism offers several advantages. By targeting specific receptors, the delivery to
5 peripheral tissues will be reduced. Additionally, it allows for the transport of a wider
6 range of compounds that can vary in size, charge and nature.
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9 In order to discover new BBB-shuttles that target an active transport mechanism, a
10 phage display (PD) peptide library was confronted to an *in vitro* human cell-based BBB
11 model (Figure 3),⁴⁸ leading to the discovery of SGV. The transport of this peptide was
12 corroborated in the same assay obtaining permeability values similar to previous
13 described shuttles.^{49,50} This work validated the use of PD against human cell-based
14 models of the BBB as a valuable strategy to discover new BBB-shuttles.
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16 The main limitation of PD techniques is that the peptides obtained are formed by natural
17 amino acids, thus being labile to proteases. To solve this problem, we have generated
18 peptide libraries using non-natural amino acids. For instance, we designed a chemical
19 library using one-bead-one-compound strategy. For that, a selection of 6 D versions of
20 natural amino acids that covered the chemical space and a mix-and-split technique were
21 used to generate a library of fully protease resistant heptapeptides,⁵¹ ensuring the
22 preparation of a highly heterogeneous library. The selection of the amino acids was
23 done after careful analysis considering several parameters such as the preference of the
24 amino acid to participate in protein-protein interaction or the pKa at physiological pH,
25 to name a few. Combination with *in vitro* models, that mimicked the BBB, and *state-of-*
26 *the-art* mass spectrometry led to the discovery of new BBB-shuttles. The first step was
27 the validation of the quality of the library. Then, two BBB models were used to extract
28 the sequence of interest. An *in vitro* cell-based model was used in combination with
29 PAMPA to discriminate among active and passive transported shuttles. This process
30 was followed by two levels of exhaustive MS analysis, to identify the peptide family
31 and the specific peptide. In this article, a stimulating way of obtaining active
32 compounds by combining combinatorial chemistry with advanced, but available, MS
33 analysis was described.
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38 Within this last section, we have described our efforts in the discovery of new BBB-
39 shuttles, mainly by using libraries, both chemical and based on PD. However, other
40 strategies have been explored as sources of BBB-shuttles. Two last examples of active
41 transported BBB-shuttle have been discovered by hit-to-lead optimizations of given
42 BBB-shuttle candidates.^{49,50}
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45 The first example is THRre,⁴⁹ a peptide fully resistant to proteases discovered by
46 applying the retro-enantio approach to THR.⁵² THR was discovered by PD against the
47 human transferrin receptor (hTfR).⁵³ This receptor is highly expressed at the BBB and
48 could be envisaged as a gate of entrance for therapeutics. To test this hypothesis we
49 prepared gold nanoparticles (AuNP) modified with THR and CLPFFD, an anti-amyloid
50 peptide. Increase in BBB transport of THR modified AuNP was observed both *in vitro*
51 and *in vivo*. However, the most important finding was the detection of modified
52 nanoparticles at various sections of the mouse brain parenchyma, unequivocally proving
53 BBB passage of the AuNP system (Figure 4A).⁵² Up to $0.16 \pm 0.11 \mu\text{g}$ of gold/brain
54 (dry tissue) which correspond to a 0.0765 % of the injected dose was found. This
55 discovery lead us to further improve the properties of THR. THRre maintain some of
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3 the topological features of THR, since it was prepared by reversing the amino acid
4 sequence and changing the stereochemistry of the side chains. Several internalization
5 studies confirmed TfR as the entry mechanism and showed no competition with
6 transferrin. THRre was shown to transport a wide variety of cargoes. Interestingly, *in*
7 *vivo* two-photon microscopy proved the delivery of THRre modified QDs to the brain
8 parenchyma (Figure 4B). We are currently analysing the potential of this peptide.

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11 The second example of hit-to-lead optimization process is MiniAp-4.⁵⁰ This time, we
12 were inspired by the exquisite composition of venoms. Venoms are rich in peptides with
13 important activity at very low doses. We hypothesised that venoms can be a source of
14 BBB-shuttles if their toxicity would be reduced, since some of them affect the central
15 nervous system (CNS). As a proof-of-concept, we studied apamin, the main component
16 of bee venom that has been reported to have CNS activity.⁵⁴ Luckily, the residues
17 involved in toxicity are known and preliminary studies showed that point mutations
18 were sufficient to reduce the toxicity of the peptide (Figure 5A and B). By using an *in*
19 *vitro* cell-based model we evaluated the transport of both peptides, apamin and its non-
20 toxic analog, ApOO, finding evidence of an active transport mechanism. By this study,
21 we suggest the use of modified versions of apamin as BBB-shuttles and point out
22 venoms as its sources.³⁴

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25 Both Apamin and ApOO have promising characteristics as BBB-shuttles. However,
26 their immunogenicity, together with the complex synthesis, hamper their use. In order to
27 reduce the immunogenicity and the toxicity of these peptides while preserving the brain
28 targeting capacity, various minimized versions of apamin were prepared. For the design,
29 we selected the part of the sequence not involved in the toxicity, namely, the loop
30 between cysteine 3 and 11. In order to preserve the protease stability, a non-natural
31 linkage, lactam, was suggested as disulphide bridge surrogate (Figure 5C). The resulting
32 macrocycle had improved transport in cell-based BBB model when compared to apamin
33 (Figure 6).⁵⁰ Additionally, its ability to transport a wide variety of cargoes, from
34 metallic nanoparticles to proteins, across endothelial cell monolayers, was validated.
35 More importantly, we proved that the immunogenic and toxic properties of the apamin
36 were abolished.

37 38 39 40 41 **Conclusions**

42
43 The potential of peptides in biomedicine applies to all the areas, from diagnostics to
44 treatment. Peptides can modulate protein-protein interactions,⁵⁵ can be used as targeting
45 moieties, etc. During the last 30 years, drug delivery has been one of the fields where
46 peptides have caused a high impact, as proved by the development of CPPs, homing
47 peptides and BBB-shuttles, amongst others.^{9,10,21,31,56} Some of this new vectors have
48 even reached clinical trials.⁵⁷ Our contribution to the field has been focused on the
49 search on protease resistant peptides. The introduction of key features like *N*-
50 methylation, *D*-amino acids or cyclisation, help us to modulate interactions of interest
51 by reducing the number of H-bonds, the lipophilicity of the compounds or by fixing the
52 conformation of the peptides.

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55 Better knowledge of the composition of the various biological barriers will lead to an
56 improved design of peptides able to overcome them. To get to this point, a synergistic
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3 approach, which combines receptor analysis and membrane composition, with screening
4 of targeted libraries may be needed.
5

6 **Acknowledgements**

7
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16 **Biographical information**

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19 Macarena Sánchez Navarro obtained her PhD in 2009 for her work on the synthesis of
20 glycodendrimers. In a first postdoctoral stay, she worked on the preparation and
21 evaluation of two families of water soluble fullerenes. In 2010, she joined the
22 University of Oxford where she was involved in the site-selective modification of
23 proteins. Currently she is Research Associate at the group of Prof. Ernest Giralt at IRB
24 Barcelona where her research focusses in understanding the main mechanisms of brain
25 transport.
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29 Meritxell Teixidó has been a Research Associate at the IRB Barcelona since 2006. Her
30 major interests are peptide synthesis and discovery of blood–brain barrier peptide
31 shuttles and its use to deliver drugs, diagnostic agents and nanoparticles that otherwise
32 cannot reach their target inside the CNS. Her research combines protease-resistant
33 peptides, mass spectrometry techniques, and transport evaluation tools to achieve
34 delivery systems.
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37 Ernest Giralt is Professor of Organic Chemistry at the University of Barcelona and
38 Group Leader at the IRB Barcelona where he is the Head of the Chemistry and
39 Molecular Pharmacology Programme. He has received several awards including, the
40 Josef Rüdinger Memorial Lecture Award and the Max Bergmann Medal. His major
41 interests lie in the fields of peptide synthesis and molecular recognition, in particular
42 using NMR, with emphasis on the design of specific ligands for interaction with protein
43 surfaces, related to possible therapeutic uses. This includes studies concerning new
44 brain delivery systems, and modulators of protein–protein interactions.
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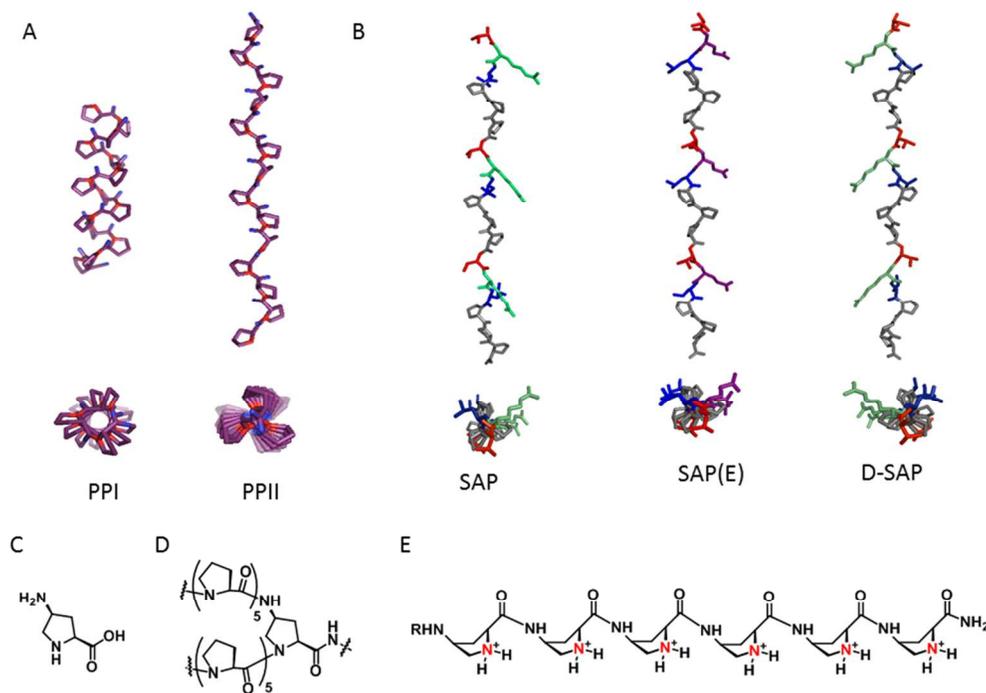


Figure 1. A) Structure of PPI and PPII; B) Structure of SAP, SAP(E) and D-SAP; C) cis-4-amino-L-proline; D) Core of polyproline dendrimer; E) γ -peptides based on cis-4-amino-L-proline.

249x174mm (96 x 96 DPI)

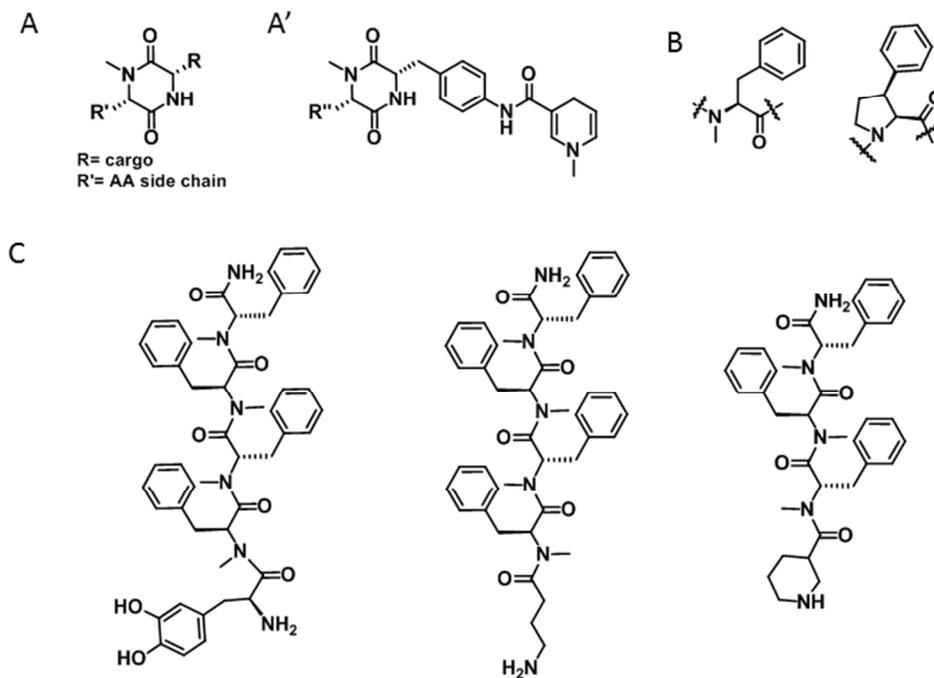


Figure 2. A) DKP with A') DKP-POP inhibitor; B) N-MePhe and PhPro; C) Example of a la carte shuttles for L-DOPA, levulinic and nipecotic acid, respectively.

196x135mm (96 x 96 DPI)

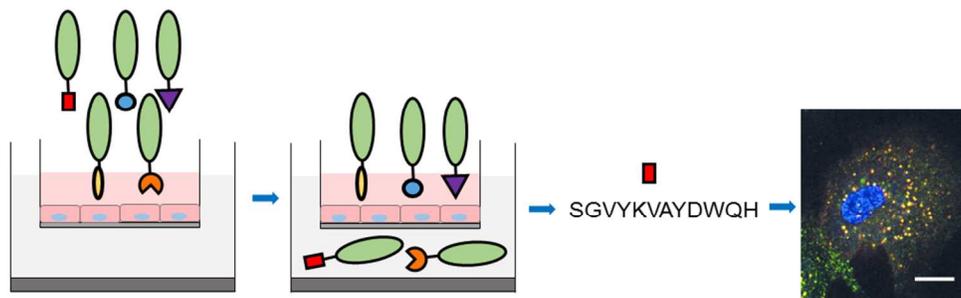


Figure 3. Schematic representation of the process of discovery of SGV: biopanning of a PD library against a human BBB cell-based model followed by in vitro evaluation of the selected sequence.

277x88mm (96 x 96 DPI)

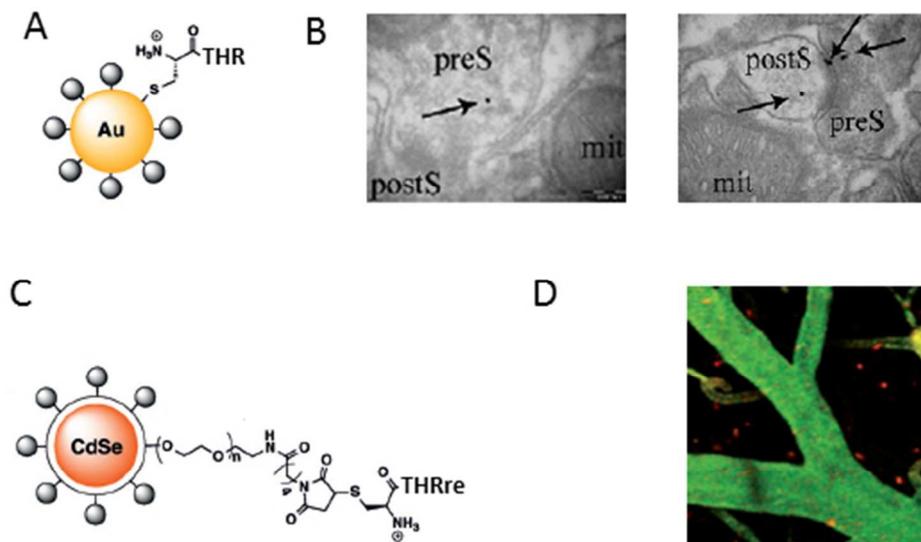


Figure 4. A) Schematic representation of AuNP modified with THR. B) TEM micrographs of mice brains injected with AuNP-THR.52 Arrows point to AuNP. C) Schematic representation of QDs modified with THRre. D) Intravital two-photon microscopy images of the brains of mice after injection of QDs-THRre (in red) capillaries are stained in green by FITC-dextran.

147x84mm (96 x 96 DPI)

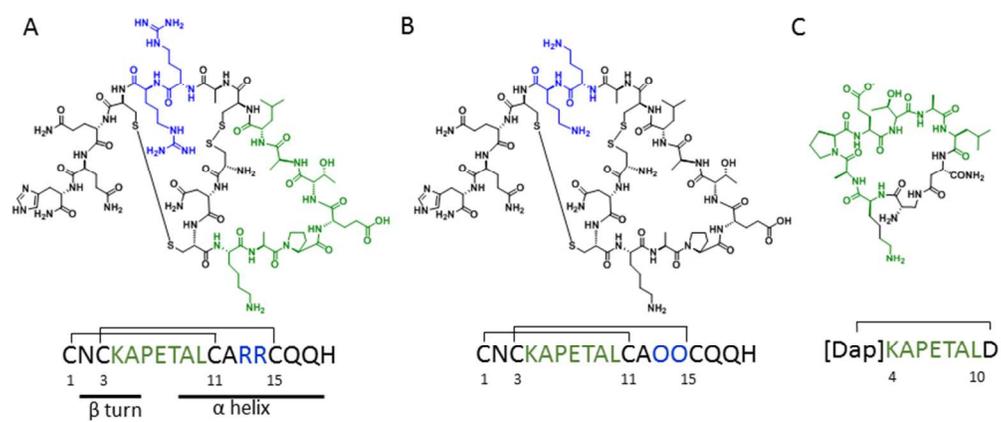


Figure 5. Apamine derived peptides. A) Apamin. B) ApOO C) MiniAp-4. Common residues of Apamine and MiniAp-4 are highlighted in green. Mutated residues from Apamin to ApOO are highlighted in blue.

229x100mm (96 x 96 DPI)

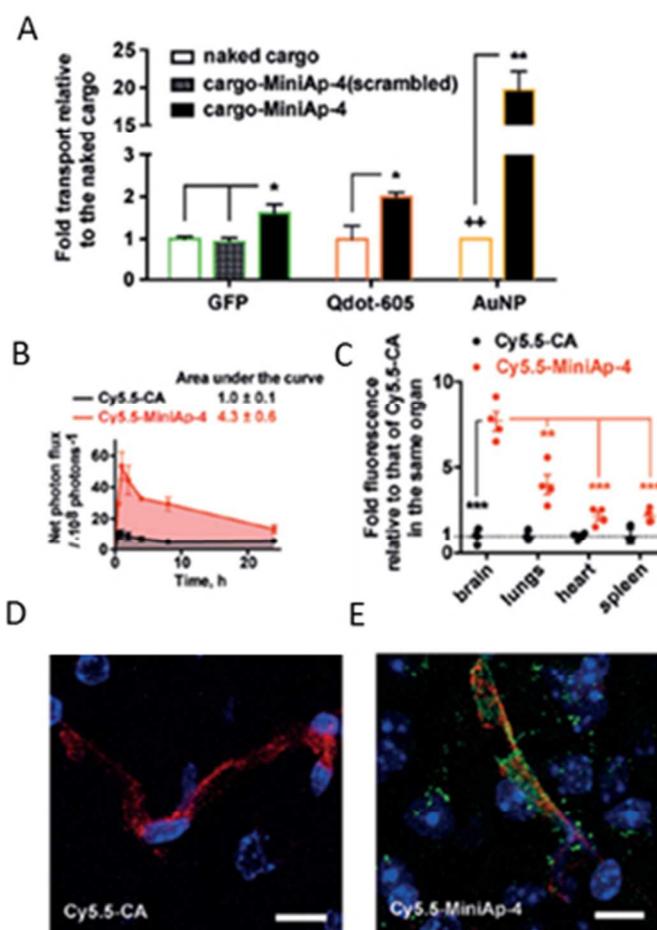


Figure 6. A) Increase in transport of MiniAp-4 modified cargoes in a human-cell-based BBB model. B) Fluorescence intensity of the brain region measured in vivo. C) Fluorescence intensity of various organs ex vivo. D) Representative confocal microscopy images of brain slices (cortex) of mice injected with Cy5.5-MiniAp-4 (top) and control (bottom). The Cy5.5 conjugates are shown in green, capillaries in red, and cell nuclei in blue. Scale bars: 10 mm. Error bars represent the SEM (n=3, *p<0.05, **p<0.01, ***p<0.001). + indicates the quantification limit.

91x126mm (96 x 96 DPI)