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Past, present and future of A_{2A} adenosine receptor antagonists in the therapy of Parkinson's disease

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Abstract

Several selective antagonists for adenosine A_{2A} receptors (A_{2A}R) are currently under evaluation in clinical trials (phases I to III) to treat Parkinson's disease, and they will probably soon reach the market. The usefulness of these antagonists has been deduced from studies demonstrating functional interactions between dopamine D₂ and adenosine A_{2A} receptors in the basal ganglia. At present it is believed that A_{2A}R antagonists can be used in combination with the dopamine precursor L-DOPA to minimize the motor symptoms of Parkinson's patients. However, a considerable body of data indicates that in addition to ameliorating motor symptoms, adenosine A_{2A}R antagonists may also prevent neurodegeneration. Despite these promising indications, one further issue must be considered in order to develop fully optimized anti-parkinsonian drug therapy, namely the existence of receptor (hetero)dimers/oligomers of G protein-coupled

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Website list

www.biotie.com/en/research_and_development/central_nervous_system_disorders/syn115

<http://www.clinicaltrials.gov/ct2/results?term=preladenant>

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receptors, a topic currently the focus of intense debate within the scientific community. Dopamine D₂ receptors (D₂Rs) expressed in the striatum are known to form heteromers with A_{2A} adenosine receptors. Thus, the development of heteromer-specific A_{2A} receptor antagonists represents a promising strategy for the identification of more selective and safer drugs.

1. Introduction

Adenosine receptors (AR) are members of the G protein-coupled receptor superfamily that have long been considered potential targets for the treatment of a variety of diseases, although to date adenosine (Adenocard® or Adenoscan®) is the only commercially available therapeutic drug acting on AR. Adenocard® is used clinically to revert paroxysmal supraventricular tachycardia, while Adenoscan® is also used for cardiac imaging due to its vasodilatory effects mediated by A_{2A} receptors in blood vessels. Recently, the A_{2A}-selective agonist regadenoson (Lexiscan®) was approved for the same indication. Despite the poor selection of available compounds, it is still believed that drugs acting on adenosine receptors will be therapeutically useful. Indeed, five clinical trials are currently underway (phases I to III) to analyze the therapeutic potential of adenosine A_{2A} receptor (A_{2A}R) antagonists in the treatment of Parkinson's disease (PD). Novel adenosine antagonists may thus soon reach the market. The potential of these antagonists has been deduced from considerable investigation of the functional interactions between dopamine and adenosine receptors in the basal ganglia. The use of A_{2A}R antagonists in Parkinson's disease (PD) is based on solid preclinical data showing that adenosinergic neuromodulation antagonizes dopaminergic neurotransmission in aspects relevant to motor control. Adenosine receptor antagonist-based therapy was initially founded on the hypothesis that preventing such antagonism could be useful in situations of dopamine deficit, such as occurs in Parkinson's disease. Notable efforts in medicinal chemistry have sought to develop A_{2A}R antagonists. While the first approaches focused on xanthine derivatives, the current portfolio also includes highly promising non-xanthine drugs.

The use of A_{2A}R antagonists in PD is not exclusively dependent on the outcome of the ongoing clinical trials with structurally distinct molecules. This is due to a shift in emphasis from simply improving the motor symptoms of the patients to developing strategies to prevent disease progression. Given the established efficacy of L-DOPA, and for ethical reasons, the main approach currently used in clinical trials involves the co-administration of A_{2A}R antagonists with L-DOPA. The proposed advantage of this strategy is a reduction in the required dose of L-DOPA, with concomitant reductions in the associated side effects, consisting mainly of dyskinesias and progressive cognitive impairment. Preclinical findings also indicated potential neuroprotective effects of A_{2A}R antagonists, an aspect highly relevant to PD treatment. Thus, in addition to improving motor symptoms when administered in combination with L-DOPA, A_{2A}R antagonists may also exhibit true disease-modifying activity, delaying the progression of disease. Whether all A_{2A}R antagonists being currently assayed in clinical trials are equally effective as co-adjuvants remains to be determined. However, the development of A_{2A}R antagonists for the treatment basal ganglia disorders should focus on optimizing both their effects against acute symptoms and their neuroprotective activity.

An additional and important consideration for the development of A_{2A}R antagonists concerns the novel pharmacological effects derived from G protein-coupled receptor heteromerization. The existence of receptor heteromers has had a strong impact on the field of G protein-coupled receptors, raising important questions as to whether the real therapeutic targets are receptor monomers, homodimers or heteromers. A_{2A}R and dopamine D₂ receptors (D₂R) were among the first G protein-coupled receptor heteromers identified, and

have been detected in both transfected cells and brain striatal tissue (Soriano et al., 2009). Since receptor pharmacology is modified by heteromerization, the screening of given receptors in different heteromeric contexts should be incorporated into future drug discovery programmes. Promising results have been obtained relating to A_{2A}R heteromers (Orrú et al., 2011), which are implicated in Parkinson's and Huntington's diseases (HD), among others. As structurally distinct A_{2A}R antagonists may exert differential effects on distinct A_{2A}R-containing heteromers, different A_{2A}R antagonists may be useful for the treatment of specific neurological disorders, depending on the heteromer preferentially targeted by the drug. In this review, we aim to address all these past-, present- and future aspects of the A_{2A}Rs and their antagonists.

2. Normal and abnormal basal ganglia function

PD is a basal ganglia-associated disorder that affects 1-2% of individuals over 60 years of age. The main symptoms of the disease are motor-related, including reduced spontaneous movement, akinesia (lack of movement), bradykinesia (slowness of movements), rigidity (due to increased muscular tone), as well as the characteristic resting tremor. The introduction of the dopamine precursor L-DOPA in the late 1960's, later followed by a number of dopamine agonists, has revolutionized the clinical management of PD (at least within a period of 5-7 years after the first diagnosis, often referred to as the "pharmacological honeymoon"). These therapeutic tools have proven efficient in restoring most of the motor-related deficits characterizing PD. However, even the most effective anti-parkinsonian drugs only provide symptomatic relief. Furthermore, as the disease continues to progress, troublesome side effects generally appear several years after initiation of pharmacological treatment, including motor fluctuations (on-off phenomena) and L-DOPA-induced dyskinesias. In parallel with the appearance of long-term motor disturbances, patients begin to develop non-motor problems, resulting in a marked decline in quality of life. At this stage of disease progression, symptoms like mild cognitive impairment (including dementia in later disease stages), difficulties swallowing and speaking, autonomic dysfunction, gait disturbances and loss of balance (including frequent falls), represent the major causes of disability for PD patients. At present, it seems clear that PD cannot solely be attributed to nigrostriatal dopaminergic deficits. As such the involvement of non-dopaminergic systems, particularly in relation to the appearance of non-motor symptoms, needs to be better defined. In this scenario, current strategies aim to either: (i) slow down the natural progression of PD through disease-modifying therapies, or (ii) better manage the side-effects that appear after long-term treatment with L-DOPA, particularly 'on-off' phenomena and abnormal involuntary movements (*i.e.*: L-DOPA-induced dyskinesia).

The basal ganglia are a group of subcortical nuclei involved in the planning and initiation of movement, and are anatomically and functionally organized into parallel circuits that process different types of information. All basal ganglia-related nuclei are connected through well-established neurochemical circuits. When considering the activity of these ganglia, one should bear in mind that after release, the effects of neurotransmitters ultimately depend on the pre- and post-synaptic localization of a number of receptors, as well as on the relationships established with other inputs received by a given neuron. Briefly, the basal ganglia nuclei are divided into: (i) input nuclei that receive information from the cortex and thalamus, consisting of the *caudate*, *putamen* and *accumbens* nuclei; (ii) output nuclei that send information from the basal ganglia to the thalamus, comprised of the internal division of the *globus pallidus* (GPi) and the *substantia nigra pars reticulata* (SNr); and (iii) intrinsic nuclei, composed of the external division of the *globus pallidus* (GPe), the subthalamic nucleus (STN) and the *substantia nigra pars compacta* (SNc). In addition to these input, output and intrinsic nuclei, several other nuclei are tightly linked to the basal ganglia system, including the tegmental pedunculopontine nucleus (PPN), the caudal

intralaminar nuclei (CM-Pf complex), and to some extent, the deep cerebellar nuclei that also fulfil motor-related functions.

The current model of basal ganglia function and dysfunction (Albin et al., 1989; DeLong, 1990) was postulated in the late 1980's. This proposes that under tonic dopaminergic conditions, the striatum (known as the caudate-putamen) integrates cortical and thalamic information that then reaches the output nuclei, finally arriving to the cerebral cortex via a thalamic relay. There are two main ways by which striatal information can reach the basal ganglia output nuclei: firstly, via a monosynaptic projection called the "direct pathway" that originates in striatal medium-sized spiny neurons (MSNs) expressing dopamine type 1 receptor (D₁R) and ends in GPi/SNr nuclei; secondly, through a multisynaptic circuit called the "indirect pathway", which begins in striatal MSNs expressing type 2 dopamine receptors (D₂R) that project to the GPe. From the GPe, this latter pathway reaches the output nuclei after establishing a synaptic relay in the STN nucleus. One of the cornerstones of this model is the so-called "dual effect" of dopamine at the striatal level, based on the complementary expression of D₁ and D₂ receptors by striatal MSNs that project through the direct and the indirect pathways, respectively. Accordingly, dopamine exerts D₁-mediated excitation of striatal MSNs projecting to GPi/SNr targets, and D₂-mediated inhibition of striatal MSNs innervating the GPe nucleus. Thus, dopamine exerts a dichotomous effect at the striatal level depending on the type of dopaminergic receptor (D₁R or D₂R) located post-synaptically in striatofugal MSNs. Based on this dichotomous effect of dopamine acting on D₁R and D₂R, activation of the direct pathway is proposed to facilitate movement, whereas activation of the indirect pathway is thought to result in movement inhibition. Although anatomical and functional evidence has challenged this hypothesis (Kawaguchi et al., 1990; Surmeier et al., 2005; Gatev et al., 2006), it has been recently validated through the use of optogenetic techniques (Kravitz et al., 2010).

Following dopaminergic denervation, the aforementioned model predicts that the reduced activation of dopaminergic receptors will decrease the excitation of the D₁R-containing striatofugal neurons of the direct pathway, along with a concomitant disinhibition of D₂R-containing striatal neurons of the indirect pathway. This sequence of events is proposed to provoke exacerbated GABAergic flux from basal ganglia output neurons, ultimately leading to excessive inhibition of thalamocortical projections (Crossmann, 1987; Albin et al., 1989; DeLong, 1990; Obeso et al., 1997). The reverse of this phenomenon is predicted to account for the dyskinetic state associated with continuous L-DOPA treatment. This induces a number of downstream changes in basal ganglia circuits, ultimately resulting in hypoactivity of the basal ganglia output, reducing the inhibition of thalamocortical neurons and leading to excessive activation of cortical motor areas. This view is strongly supported by previous studies (Filion et al., 1991; Lozano et al., 2000). In summary, although the current basal ganglia model served as a good starting point, it is important to stress that basal ganglia organization is far more elaborate than assumed in this model (reviewed in Obeso et al., 2000a; Bar-Gad and Bergman, 2001). Indeed, a number of anatomical, electrophysiological and clinical findings are poorly explained by the current model (Obeso et al., 1997, 2000b; Wichmann and DeLong, 2000; Nambu, 2008). Many of the inherent limitations of this model were imposed by the manner in which it was originally conceived, which was somewhat biased by the preponderance of anatomical and neurochemical data available at the time. The basal ganglia is thus a much more sophisticated and dynamic network than that reflected in the basal ganglia model. In addition to new insights into the function of the basal ganglia at the systems level, recent findings detailing neurotransmission throughout basal ganglia networks should be taken into consideration for a more complete understanding of its organization and activity. This is particularly relevant to the role played by G protein-coupled receptor heteromers in the modulation of striatal neurotransmission, in

normal conditions, under circumstances of dopaminergic depletion and in the dyskinetic state associated with continuous administration of L-DOPA and/or dopamine agonists.

3. The role of A_{2A} receptors (A_{2A}Rs) and A_{2A}R heteromers in the modulation of striatal neurotransmission

The A_{2A}Rs are highly expressed in the basal ganglia and depend on G_s and other interacting proteins for correct transduction of their signals (Burgueño et al., 2003). The striatum is the anatomical region in mammals that most strongly expresses A_{2A}Rs, which are thought to fulfil an important role in the regulation of dopaminergic transmission in the basal ganglia (see Morelli et al., 2009). For instance, A_{2A}Rs co-localize postsynaptically with D₂Rs in GABAergic striatopallidal enkephalinergic MSNs. Stimulation of these postsynaptic A_{2A}R counteracts the inhibitory modulation of NMDA receptor activity mediated by D₂Rs, which includes regulating Ca²⁺ influx, transition to the firing “up” state and modulation of neuronal firing in the “up” state (Azdad et al., 2009; Higley and Sabatini, 2010). This interaction appears to be responsible for most of the locomotor depression and activation provoked by A_{2A}R agonists and antagonists, respectively (Ferré et al., 2008). Adenosine A_{2A}R-mediated activity is usually antagonistic to that mediated by striatal D₂R in MSNs. Indeed, functional antagonism between A_{2A} and D₂ receptors was recently reported in striatal cholinergic interneurons (Tozzi et al., 2011). Overall, adenosine-dopamine antagonism underlies the potential therapeutic benefits of A_{2A}R-selective antagonists in PD. The well known regulation of motor control mediated by A_{2A}Rs under conditions of dopamine depletion is sufficiently solid to merit the clinical trials currently underway (see section 7), which aim to demonstrate the therapeutic efficacy of A_{2A}R antagonists in PD.

The existence of A_{2A}R-containing heteromers was first reported at the beginning of the 21st century (Hillion et al., 2002; Fuxe et al., 2003; Canals et al., 2003; Torvinen et al., 2005). Since then, accumulating evidence suggests that they may be the real targets of therapeutic agents used to combat basal ganglia disorders. Receptor heteromers are the focus of intense research since through heteromerization, receptors become unique functional entities with different properties from those of each of the receptors involved (Ferré et al., 2009). Thus A_{2A}R in A_{2A}R-containing heteromers are different therapeutic targets to A_{2A}Rs that do not form heteromers. The allosteric interaction between different receptors in a given heteromer, *e.g.*, A_{2A}R and D₂R in the A_{2A}R-D₂R heteromer, may modify the pharmacological parameters of A_{2A}R or D₂R-selective radioligands. In fact, as indicated in section 8.1, a given A_{2A}R-selective antagonist may display quite different affinities for the “same” A_{2A}R in different heteromeric contexts. When these allosteric changes are measurable, they may be considered as a biochemical fingerprint of the heteromer. Identification of biochemical fingerprints is one of the few procedures available for the detection of heteromers in native tissues. Using this approach and also by the use of bivalent ligands, A_{2A}R-D₂R heteromers have been detected in brain striatum (Soriano et al., 2009). Moreover, the A_{2A}R-D₂R heteromer has been reported in animal models of PD (data in preparation). Taken together these findings suggest that dopamine-based therapies for PD (such as L-DOPA) may target D₂R-containing heteromers, while the A_{2A}R antagonists proposed for the treatment of PD may target A_{2A}R-containing heteromers (reviewed in Franco, 2009 and Casadó et al., 2009).

When attempting to define the physiological significance of the diverse receptor heteromers, it should be noted that the composition of A_{2A}R-containing presynaptic and postsynaptic heteromers differs. Postsynaptically, A_{2A}R may not only form heteromers with D₂R but also with cannabinoid CB₁ receptors (CB₁R). The apparent need for A_{2A}R activation to mediate the motor-depressant effects of endocannabinoids, which occurs tonically in the presence of significant levels of extracellular adenosine, appears to be dependent on the existence of A_{2A}R-CB₁R heteromers. This “property” of the CB₁R-A_{2A}R heteromer (*i.e.*: the

dependence on A_{2A}R activation for CB₁R engagement, Carriba et al., 2007), predicts that A_{2A}R antagonists produce effects similar to CB₁R antagonists. Indeed, motor depression induced by the bilateral striatal infusion of a CB₁R agonist in rats is completely counteracted by systemic administration of either CB₁R or A_{2A}R antagonists (Carriba et al., 2007). Similarly, genetic inactivation of A_{2A}R in mice significantly decreases the cataleptic and rewarding effects of systemically administered CB₁R agonists in a conditioned place preference paradigm (Andersson et al., 2005; Soria et al., 2006). The existence of postsynaptic CB₁R heteromers provides new indications regarding the potential mechanisms underlying the endocannabinoid-mediated control of striatal function, as these heteromers cannot just be considered as retrograde effectors that inhibit neurotransmitter release.

Given the colocalization of CB₁, A_{2A} and D₂ receptors in striatal neurons and the reported interplay between A_{2A}R and CB₁R, A_{2A}R and D₂R, and CB₁R and D₂R (Hillion et al., 2002; Tebano et al., 2009; Navarro et al., 2009; Ferré et al., 2010), the existence of striatal heterotrimers is a clear possibility. It is important to consider that at the structural level, based on the characterization of the trimer in a heterologous system, a trimer's function is determined by its quaternary structure. Indeed, the structural alterations produced in mutant receptors result in a distinct signalling fingerprint in the trimer. Remarkably, the cross-talk derived from the co-activation of A_{2A}R and D₂R depends on a correct trimer structure, which requires the presence of the 3 receptors. Indeed, this CB₁R-dependent adenosine-dopamine cross-talk may be considered the fingerprint of the heteromer. The existence of A_{2A}R-CB₁R-D₂R heteromers in the striatum is based on the detection of the trimer fingerprint in slices from wild type but not CB₁R KO animals (for details, see Carriba et al., 2008 and Navarro et al., 2010). Further studies are required to determine the exact role of A_{2A}R-CB₁R-D₂R heteromers in striatal function, particularly in states of dopamine depletion.

Striatal A_{2A}Rs are localized both pre and postsynaptically in glutamatergic terminals, where they heteromerize with A₁ receptors (A₁Rs) and fine-tune glutamate release (Ciruela et al., 2006; Quiroz et al., 2009). These A₁R-A_{2A}R heteromers appear to work as concentration-dependent switches (Ferré et al., 2007), with adenosine acting primarily at A₁Rs at low concentrations but at both A₁Rs and A_{2A}Rs at higher concentrations. Activation of A₁R in the A₁R-A_{2A}R heteromer inhibits glutamate release, while the additional activation of the A_{2A}R produces the opposite effect, acting through a mechanism that seems to involve allosteric modulation of the receptor heteromer and interactions at the G protein level (Ciruela et al., 2006, Ferré et al., 2007). Interestingly, presynaptic A_{2A}Rs are preferentially localized in glutamatergic terminals of corticostriatal afferents to the dynorphinergic MSNs (Quarta et al., 2004; Quiroz et al., 2009). Apart from morphological evidence provided by immunohistochemistry and electron microscopy, patch-clamp experiments in enkephalinergic and dynorphinergic MSNs have functionally demonstrated the segregation of striatal presynaptic A_{2A}Rs. Thus, an A_{2A}R agonist and an A_{2A}R antagonist increase and decrease, respectively, the amplitude of excitatory post-synaptic currents induced by the intrastriatal stimulation of glutamatergic afferents measured in enkephalinergic, but not dynorphinergic MSNs. Indeed, a mean-variance analysis indicates a presynaptic locus for the effect mediated by A_{2A}R (Quiroz et al., 2009). These findings suggest a selective A_{2A}R-mediated modulation of glutamate release to dynorphinergic MSNs, a scenario which contrasts with the recently proposed role of post-synaptic A_{2A}Rs in the modulation of glutamate release to enkephalinergic MSNs (Lerner et al., 2010).

The data presented in this section indicate that heteromers containing A_{2A}R must be considered when attempting to understand the effects of selective A_{2A}R agonists and antagonists, and when developing compounds to compensate for basal ganglia dysfunction. Two main types of A_{2A}R-containing heteromers exist, namely pre- and postsynaptic. The

prototypic presynaptic striatal receptor is the A₁R-A_{2A}R found in glutamatergic terminals. Post-synaptic striatal heteromers containing A_{2A}R in the spines of GABAergic enkephalinergic neurons are formed with D₂R and/or CB₁R. Targeting pre- versus postsynaptic A_{2A}R, or vice versa, may represent a useful approach to differentially combat disorders affecting the basal ganglia.

4. OVERVIEW OF IMPORTANT A_{2A}R ANTAGONISTS

Several review articles on adenosine receptor ligands in general (Müller & Jacobson, 2011a; Müller & Jacobson, 2011b; Fredholm et al., 2011) and A_{2A}R antagonists in particular (Müller & Ferré, 2010; Clementina & Giuseppe, 2010; Shah & Hodgson, 2010; Cristalli et al., 2009) have appeared recently. The first adenosine receptor antagonists described in the literature were the plant alkaloids caffeine (**1**) and theophylline (**2**), which are characterized by their core xanthine structure (Figure 1). These compounds are non-selective, relatively weak antagonists with K_i values in the micromolar concentration range for the four human receptor subtypes (see Table 1) and are approximately equally potent at rat A₁, A_{2A} and A_{2B} receptors, though do not act at the rat A₃ receptor subtype.

5. Rationale for the screening of adenosine A_{2A}R antagonists to prevent neurodegeneration in Parkinson's disease

5.1. Neuroprotection and Parkinson's disease - a general outlook

Replenishing the depleted dopamine stores with L-DOPA, its immediate precursor, thus mimicking dopamine-mediated neurotransmission, remains the basis of current PD treatment. Although this replacement therapy offers immediate and effective symptomatic relief, especially in the early stages of the disease, it does not have any influence on the underlying neurodegenerative processes. As a consequence, neuronal cell death progresses over time and is paralleled by a gradual loss of drug efficacy. Thus, steady adaptation is necessary to maintain adequate symptomatic relief, mainly by increasing the doses of dopaminergic drugs, thereby favouring the emergence of side effects, such as dyskinesia and psychiatric disturbances. The discovery of new drugs, or the combined use of known compounds that not only alleviate motor symptoms but that also delay or even halt the loss of dopaminergic neurons, are fundamental issues in generating alternative therapeutic strategies for PD.

The search for neuroprotective therapies in PD has continued for more than a quarter of a century, involving an impressive number of patients thus far (Voss & Ravina, 2008). Some encouraging results have been obtained using rasagiline, a potent MAO-B inhibitor (Olanow et al., 2008; Olanow et al., 2009; Weinreb et al., 2010), which produces disease-modifying effects in PD patients in early treatment stages. Nevertheless, to date no drug demonstrating neuroprotective effects has been unequivocally approved for use in humans. A major drawback in the development of a neuroprotective therapy is the multifactorial nature of PD. The primary causes of the degenerative process underlying the disease remain unclear. Aside from several gene mutations that have been shown to cause familial PD (Nuytemans et al., 2010), extensive studies using experimental models of PD, as well as large post-mortem studies have identified the presence of numerous cellular and molecular defects. In particular, oxidative stress and excitotoxic mechanisms, mitochondrial and ubiquitin/proteasomal system (UPS) dysfunction, increased MAO (MAO-A and MAO-B) activity, as well as significant neuroinflammatory processes have all been associated with PD (Cookson & Bandmann, 2010). Any of these alterations could, in principle, represent a potential therapeutic target and many have indeed been singularly targeted (Schapira, 2009). It has become evident over the years however, that pathogenetic pathways do not contribute to disease severity in a linear fashion but rather are highly interconnected and act in parallel.

Therefore, processes leading to nigral cell death are likely to represent the reciprocal cumulative interaction of factors that have little effect on their own. Similarly, mechanisms that sustain ongoing cell loss might differ from initial triggers and are likely to change as dopaminergic neurodegeneration progresses. This strongly suggests that drugs with a single target will be unable to compensate for, or correct, complex alterations. To restore altered activities and potentially slow down disease progression, any therapeutic strategy for PD will likely have to: i) act on different pathways simultaneously; and ii) adapt and evolve as the disease progresses. Thus, as the causes of PD are manifold and interconnected, it is clear that a multilateral approach is needed to effectively treat this complex neurodegenerative disease, using a combination of molecules acting on different pathways. Alternatively, different compounds with promiscuous activity could be developed that operate at multiple targets, providing both symptomatic and neuroprotective benefits.

Antagonists of A_{2A}R have proven highly efficient in restoring motor function in animal models of PD and, as described below (see section 7), have produced some encouraging results in clinical trials. Blockade of A_{2A}R may confer neuroprotection against a large spectrum of brain insults in animal models of ischemia, epilepsy, PD, HD and Alzheimer's disease (AD: Gomes et al., 2010). We will review how A_{2A}R antagonists, aside from their well-documented effects on the motor symptoms characteristic of PD, can target several cellular mechanisms implicated in the underlying neurodegenerative process and possibly confer significant neuroprotection in PD.

5.2. Caffeine, A_{2A}R antagonists and PD – when the past meets the present

In past decades, several large convergent follow-up studies involving more than 150,000 subjects, both male and female, have demonstrated an inverse relationship between the consumption of coffee and the risk of developing PD (Costa et al., 2010). In particular, consumption of caffeinated but not decaffeinated coffee was correlated with a reduced risk of developing the disease (Ascherio et al., 2001; Powers et al., 2008; Ross et al., 2000a; Ross et al., 2000b; Saaksjarvi et al., 2008), indicating that caffeine, a non selective A₁/A_{2A} receptor antagonist, is directly implicated in neuroprotection. Indeed, a large body of evidence continues to support the neuroprotective potential of caffeine both *in vitro* and *in vivo*.

In vitro, caffeine (**1**) can protect rat mesencephalic cells from 6-hydroxydopamine (6-OHDA) toxicity, increasing cell viability, reducing the number of apoptotic cells and completely blocking toxin-induced lipid peroxidation (Nobre et al., 2010). Importantly, in these cell cultures caffeine also reduces the number of activated astrocytes and microglia induced by the neurotoxin. Caffeine also protects against 1-methyl-4-phenylpyridinium (MPP⁺)-induced mitochondrial complex I inhibition in cerebellar granule neurons (Alvira et al., 2007). Recently, the development of a rapid assay to evaluate neuroprotective agents has confirmed that caffeine can efficiently reduce toxin-induced PD-related abnormalities in SH-SY5Y cells (Yong-Kee et al., 2010). Analogously, caffeine prevented apoptotic cell death and induced phosphorylation of protein kinase B (Akt) in a dose-dependent manner, suggesting that it exerts a protective effect through activation of the PI3K/Akt pathway (Nakaso et al., 2008), a pathway known to be altered in PD (Armentero et al., 2010; Morissette et al., 2010).

In vivo, administration of caffeine in different experimental paradigms (acute vs chronic, pre- vs. post-treatment) protected against nigrostriatal degeneration in 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP)-treated mice (Chen et al., 2001b; Kalda et al., 2006; Singh et al., 2009; Xu et al., 2002), a well characterized animal model of PD. Recently, caffeine has also been shown to attenuate the loss of dopaminergic neurons in mice treated with a combination of paraquat and maneb (Kachroo et al., 2010), two

pesticides linked to increased risk of developing PD (Costello et al., 2009). Notably, caffeine treatment reduced neuronal cell death and glial activation in lipopolysaccharide (LPS)-treated mice (Brothers et al., 2010), an animal model of dopaminergic degeneration. A recent exhaustive effort to identify genes involved in the molecular mechanisms of caffeine-mediated neuroprotection towards MPTP-induced alterations in mice clearly demonstrated that caffeine can modulate the expression of proteins involved in PD pathogenesis, including UPS related genes, cytochrome oxidase (subunit VIIc) gene and genes involved in the regulation of microglial activation (Singh et al., 2010). Interestingly, recent evidence indicates that caffeine can also counteract alterations to the blood-brain barrier (BBB) known to occur in neurodegenerative disease, including PD (Chen et al., 2010).

Although caffeine can act on both A₁R and A_{2A}R, converging evidence demonstrates that blockade of A_{2A}R but not A₁R contributes to its actions in the brain (Fredholm et al., 1999). Indeed, the effects of caffeine *per se* appear to be largely abolished in A_{2A}R knockout mice (El Yacoubi et al., 2000; Huang et al., 2005). Since the initial discovery of the neuroprotective potential of caffeine, numerous A_{2A}R antagonists have been developed, mainly belonging to two chemical classes (see section 4 above; Müller & Ferré, 2010). Xanthine-based antagonists, such as CSC (**6**), DMPX (**4**), and KW-6002 (**5**), or non-xanthine-based A_{2A}R antagonists including SCH-58261 (**10**), all demonstrate a clear potential to reduce toxin-induced neuronal cell death in rodent models of PD (Carta et al., 2009; Chen et al., 2001b; Ikeda et al., 2002; Joghataie et al., 2004; Pierri et al., 2005). Conversely, A₁R antagonists such as DPCPX show no such protective effect (Chen et al., 2001b). Recent evidence has further demonstrated that other methylxanthines that effectively block A_{2A}R, such as theophylline (**2**) and paraxanthine (**3**; Xu et al., 2010), can also provide neuroprotection in MPTP mice.

The mechanisms by which A_{2A}R antagonists may attenuate the demise of dopaminergic neurons are still unknown. However, the effects of A_{2A}R antagonists extend beyond those demonstrated in PD models. A_{2A}R antagonists have been shown to decrease excitotoxic lesions in the hippocampus and striatum (Jones et al., 1998a, 1998b; Popoli et al., 2008; Popoli et al., 2002), as well as cerebral and striatal damage associated with ischemia (Monopoli et al., 1998; Phillis, 1995). In A_{2A}R knockout mice, the volume of infarction induced by transient occlusion of the middle cerebral artery is significantly reduced by caffeine (Chen et al., 1999). A_{2A}R antagonists also offer protection in a mouse model of HD (Chen et al., 2007). These converging findings, along with evidence that genetic deletion of A_{2A}R in mice almost completely prevents MPTP-induced nigrostriatal degeneration (Chen et al., 2001a), strongly suggests that caffeine and A_{2A}R antagonists counteract a range of noxious insults affecting different brain regions. Considering the multifactorial and progressive nature of PD, antagonists of A_{2A}R that can act at multiple cellular levels may be good candidates to intervene, slow down or even halt the underlying neurodegenerative process in this disease.

5.3 A_{2A}R antagonists and glutamate toxicity

Glutamate is the major excitatory neurotransmitter in the central nervous system (CNS) and it is involved in many essential brain functions, including synaptic plasticity, memory and learning, and repair. In the basal ganglia, glutamate mediates excitatory transmission at crucial points and is instrumental in the mechanisms that underlie motor symptoms in PD. Under specific conditions glutamate exerts excitotoxic effects due to glutamate-triggered overload of intracellular calcium. Although compensatory mechanisms allow neurons to deal with contained, self-limited increases in calcium influx, they cannot cope with protracted noxious stimuli. Excitotoxicity is considered a crucial component of numerous pathological conditions in the CNS, including PD in which it may contribute to and/or sustain the inherent neurodegeneration (Blandini, 2010). Reducing glutamate overdrive thus

represents an important strategy to favour neuroprotection in PD (Blandini et al., 2001; Piallat et al., 1996).

As mentioned above, A_{2A}R antagonists protect against a wide range of excitotoxic brain insults, from ischemia to HD. About one third of the A_{2A}R immunoreactivity in the brain is observed in cortico-striatal glutamatergic terminals, and under both normal and pathological conditions, adenosine is known to modulate the pre-synaptic release of glutamate via A₁R (inhibition) or A_{2A}R (facilitation). A_{2A}R antagonists can thus reduce glutamate release by enhancing the inhibitory activity of A₁R and therefore may partially exert neuroprotective effects against excitotoxicity by modulating (inhibiting) glutamate release from pre-synaptic terminals (Chen et al., 2007; Cunha, 2005).

The SNc is vulnerable to small, non-toxic changes of glutamate levels. In PD, hyperactivity of GABAergic enkephalinergic neurons induced by the release of D₂R-mediated tonic inhibition causes functional alterations of basal ganglia circuits and triggers hyperactivity in the STN. As well as projecting to the GP and SNr, the STN also targets the SNc (Smith et al., 1996). Glutamatergic over-stimulation that may initially enhance the activity of dopaminergic neurons and compensate for their loss, may over time act as a noxious stimulus, further sustaining neuronal death (Shimo & Wichmann, 2009). A_{2A}R antagonists may potentially decrease the glutamate-dependent excitation of GABAergic enkephalinergic neurons through pre- and post-synaptic mechanisms (see above), thereby reducing the STN-dependent glutamate overstimulation of the SNc, further sustaining their proposed anti-excitotoxic effect in PD. Recently, effects on A_{2A}R expressed by astrocytes has emerged as an additional mechanism by which A_{2A}R antagonists can modulate glutamate release and consequently, cell death (see below section 5.4.2).

5.4 A_{2A}R antagonists and modulation of neuroinflammatory processes

In the past decade, neuroinflammation has emerged as an important substrate for PD (Hirsch & Hunot, 2009). Indeed, several epidemiological studies have reported an inverse correlation between the chronic consumption of non-steroid anti-inflammatory drugs and the risk of developing PD (Chen et al., 2003). Although inflammatory reactions initially aim to restore physiological tissue function, chronic stimuli, resulting from overt tissue damage and/or protein aggregation may result in a persistent inflammatory response, provoking a feed-forward loop that overwhelms normal mechanisms of control. As such, uncontrolled inflammation may produce toxic factors that amplify underlying disease states. There is significant evidence demonstrating that neuroinflammatory processes participate in the pathophysiology of PD, and gliosis and lymphocyte infiltration have been consistently reported in the SNc of PD patients (McGeer & McGeer, 1998; McGeer et al., 1988; McGeer & McGeer, 2002, 2008; McGeer et al., 2001). Neuroinflammation is also associated with soluble factors - protective or toxic - that are produced and secreted not only by resident cells in the brain (astrocytes and microglia) but also, by peripheral immune cells that can traffic to the brain parenchyma (Koistinaho & Koistinaho, 2005; McGeer & McGeer, 2004; Minghetti, 2005; Perry & Gordon, 1988; Raivich et al., 1999; Tuppo & Arias, 2005). Similarly, the nigrostriatal neurodegeneration caused by all major neurotoxins used to reproduce PD features in animal models (6-OHDA, rotenone, MPTP) is invariably associated with intense glial cell activation (Abbott, 2000; Armentero et al., 2006b; Carta et al., 2009; Sherer et al., 2003), lymphocyte infiltration (Brochard et al., 2009), and the production of soluble inflammatory factors (Armentero et al., 2006a; McGeer et al., 2001). The levels of neuroinflammatory mediators, such as tumor necrosis factor (TNF)-alpha and interleukin-1, are elevated in the brain of PD patients, and in parkinsonian rodents and non-human primates (Barcia et al., 2005; Hirsch et al., 1998; Nagatsu & Sawada, 2005). Importantly, most studies in animal models of PD have demonstrated that neuroprotective strategies that effectively reduce nigrostriatal degeneration are consistently associated with a

reduction in neuroinflammatory processes and vice versa, highlighting the fundamental link between neuroinflammation and neurodegeneration.

Aside from its well documented distribution in basal ganglia nuclei, A_{2A}R is also expressed by cells associated with the neuroinflammatory process, namely astrocytes (Brambilla et al., 2003; Fiebich et al., 1996; Lee et al., 2003; Nishizaki et al., 2002; Wittendorp et al., 2004), microglia (Fiebich et al., 1996; Hasko et al., 2005) and oligodendrocytes (Stevens et al., 2002). Accumulating evidence indicates that A_{2A}R ligands may modulate neuroinflammatory responses associated with neurodegeneration. Caffeine significantly reduces the number of activated hippocampal microglia in aged LPS-treated rats (Brothers et al., 2010) and pre-treatment of MPTP-mice with A_{2A}R antagonists is associated with weaker glial activation in both the SNc and striatum (Carta et al., 2009; Ikeda et al., 2002; Pierri et al., 2005; Pinna et al., 2010; Yu et al., 2008)

Recently, studies using a conditional mouse knockout of forebrain A_{2A}R (fb-A_{2A}R KO mice: Yu et al., 2008) have emphasised the importance of glial A_{2A}R expression in nigrostriatal degeneration. These mice do not suffer the well-characterized motor effects produced by the A_{2A}R antagonist KW-6002. Moreover, fb-A_{2A}R KO mice show the same susceptibility towards elevated acute MPTP neurotoxicity as their wild type littermates (Yu et al., 2008), and both nigrostriatal degeneration and glial activation can be reduced by additional A_{2A}R blockade with KW-6002 (5). Interestingly, the dopaminergic striatal terminals and nigral neurons of fb-A_{2A}R KO mice exposed to weak chronic MPTP intoxication suffer little or no damage, though reduced glial activation is evident (Carta et al., 2009). Importantly, the antagonist doses used to achieve neuroprotection were several times lower than those required to induce motor effects. Hence, the cellular and molecular mechanisms involved in A_{2A}R-mediated neuroprotection are likely to be distinct from those required mediating motor effects, and likely occur through glial cells.

5.4.1 A_{2A}R antagonists and microglial cells—Microglia are among the main resident immune cells in the brain. Under physiological conditions, microglial cells exhibit what has been defined as a “surveying” phenotype, characterized by a small soma and long processes. These cells constantly and randomly scan their surrounding microenvironment, rapidly reacting to any local disturbances by producing soluble factors that influence nearby neurons and astrocytes. It is now well established that microglia continuously engage in minor transient and self-limiting repairs that rapidly resolve such situations and generally go unnoticed (Hanisch & Kettenmann, 2007). Within minutes of brain damage these cells send microglial processes to the site of injury, guided by specific local chemoattractants released from affected tissue (such as ATP or ADP), a response that is dependent on stimulation of the purine receptor P2Y₁₂ (P2Y₁₂R) expressed by microglia (Davalos et al., 2005). However, this situation changes under conditions of prolonged chronic brain damage, such as that observed in neurodegenerative diseases like PD. Following chronic activation, microglia typically assume an amoeboid morphology with highly retracted processes (Block et al., 2007; Hanisch & Kettenmann, 2007; Kreutzberg, 1996; Stence et al., 2001). While this retraction is also driven by ATP, it is characterized by the repulsion from ATP, and correlates with the down-regulation of P2Y₁₂R and up-regulation of A_{2A}R by the activated cells (Haynes et al., 2006; Moller et al., 2000; Orr et al., 2009).

The use of transgenic mice that express the enhanced green fluorescent protein (eGFP) under the control of A_{2A}R promoter has further confirmed that inflammatory stimuli, such as intracerebral LPS injection, can induce strong up-regulation of A_{2A}R in microglial cells. Furthermore, inducers of brain inflammation such as TNF-alpha and beta-amyloid can down- and up-regulate of P2Y₁₂R and A_{2A}R expression, respectively (Orr et al., 2009), a phenomenon that has also been described in human macrophages and brain tissues from AD

patients (Angulo et al., 2003). Interestingly, when A_{2A}R is activated in induced microglia using selective agonists (5'-N-ethylcarboxamide adenosine, NECA, and its C2-substituted derivative, CGS-21680), withdrawal of the cellular processes is stimulated and the characteristic highly activated amoeboid phenotype of microglial cells is adopted (Fredholm et al., 2001; Ongini & Fredholm, 1996). Conversely, when LPS-injected Cx3Cr1-eGFP transgenic mice that specifically express the eGFP protein in microglia (Davalos et al., 2005; Haynes et al., 2006; Nimmerjahn et al., 2005) are treated with the A_{2A}R antagonist SCH-58261 (**10**), the repulsion of activated microglial processes from ATP at the inflamed site is attenuated, and the reversion of microglial cells from a highly activated amoeboid phenotype towards a less activated phenotype with processes is impaired (Orr et al., 2009). These results are in agreement with the observation that reduced nigrostriatal degeneration in MPTP mice treated with the A_{2A}R antagonist KW-6002 (**5**) is accompanied by a reduction in neuroinflammation, characterized by a specific decrease in the number of large, activated amoeboid microglial cells (Yu et al., 2008). These data clearly indicate that A_{2A}R plays a fundamental role in the stepwise activation of microglia. A_{2A}R antagonists may help limit the development of a fully activated, amoeboid, noxious microglial phenotype, thereby breaking a vicious circle in which neurodegeneration and neuroinflammation sustain each other. Interestingly, it can be inferred that treatment with A_{2A}R antagonists may be “useful” at later stages of the neuroinflammatory process when advanced microglial activation is evident.

The functional plasticity of microglial cells is not only evident through changes in morphology and the expression of cell surface receptors, but also through modified production and release of soluble factors. Microglia represent a source of neurotoxic factors that can further drive neuronal damage, and the extreme vulnerability of the SNc to oxidative stress is likely correlated with a greater microglial density as compared with in other brain regions (Lawson et al., 1990). Alterations in the levels of soluble modulators such as nitric oxide (Knott et al., 2000), IL-1beta, IL-6, IFN-gamma, and TNF-alpha have been detected in the SNc of PD patients (Marchetti & Abbracchio, 2005; McGeer & McGeer, 2008; Tansey & Goldberg, 2010; Whitton, 2007). Moreover, A_{2A}R stimulation can enhance nitric oxide release by activated microglia, while blockade of the receptor with the antagonist ZM-241385 (**9**) significantly suppresses the release of this noxious molecule (Saura et al., 2005). Thus, attenuation of nitric oxide production could contribute in part to the neuroprotective effect afforded by A_{2A}R antagonists. Similarly, ZM-241385 (**9**) reduced IL-1beta activation in quinolic acid-treated rats (Stone & Behan, 2007), SCH-58261 (**10**) prevented cyclooxygenase (COX)-2 expression by striatal microglial cells (Chen et al., 2007), and blockade of A_{2A}R with caffeine (**1**) diminished TNF-alpha release from LPS-activated monocytes (Chavez-Valdez et al., 2009).

Activation of the mitogen-activated protein kinase (MAPK) p38 signalling cascade causes cytokine release and has been implicated in PD pathogenesis. Inhibitors of the MAPK p38 pathway thus represent potential therapeutic agents for the treatment of neurodegenerative diseases (Yasuda et al., 2010). Recently, repeated administration of the selective A_{2A}R antagonist SCH-58261 (**10**) was shown to reduce MAPK p38 activation in microglial cells (Melani et al., 2006). These data suggest that blocking A_{2A}R may impede neurodegeneration by modulating the release of noxious factors by activated microglia.

5.4.2. Effects of A_{2A}R antagonists on astrocytes—Astrocytes are strategically localized in close contact with neuronal structures in all regions of the brain. It has now become evident that astrocytes do not solely endow a structural support to neurons but also play a fundamental role in maintaining their environment. Astrocytes are considered an essential part of a neuronal-glia-vascular unit, strictly controlling local blood flow,

supplying neurons with energy substrates and representing a fundamental homeostatic element in the brain (Magistretti, 2006; Mulligan & MacVicar, 2004; Zonta et al., 2003).

Like microglia, astrocytes react rapidly to CNS injury and their activation has been reported consistently in PD patients (McGeer & McGeer, 2008) and in toxin-induced animal models of the disease (Armentero et al., 2006a; Carta et al., 2009). Nevertheless, the precise neuroprotective and/or neurotoxic influence of activated astrocytes in PD remains poorly understood, and appears to rely on the molecules released into and taken up from the extracellular space. Beneficial effects of astrocytes include the support and sustenance of correct neural function, derived from the initial release of neurotrophic factors, including glial-derived neurotrophic factor (GDNF) and nerve growth factor (NGF), as well as of antioxidant molecules like glutathione. However, protracted astrogliosis may be detrimental due to the secretion of neurotoxic substances that hinder functional recovery or induce damage. Astrocytes normally support axonal growth (Privat, 2003), although prolonged activation can lead to formation of a glial scar at the site of lesion and inhibit axon regeneration (Rolls et al., 2009). Significant and persistent phenotypic changes, such as hypertrophy and up-regulation of glial fibrillary acidic protein (GFAP), have been observed in activated astrocytes. Inflammation *per se* has been shown to enhance the density of A_{2A}Rs on astrocytes, leading to an increase in proliferation and activation of the cells. Stimulation of A_{2A}R can induce the secretory activity of the cells (DeLeo & Yeziarski, 2001; Fiebich et al., 1996) and further enhance their proliferation and activation (Brambilla et al., 2003; Bura et al., 2008; Minghetti et al., 2007). Conversely, the A_{2A}R antagonists DPMX (4), SCH-58261 (10) and KW-6002 (5), have opposite effects (Brambilla et al., 2003), and A_{2A}R blockade downregulates GFAP immunoreactivity in primary astrocytes and rodent models of neurodegeneration (Brambilla et al., 2003; Ke et al., 2009; Minghetti et al., 2007). Consistent with these findings, A_{2A}R knockout mice display limited astroglial growth (Bura et al., 2008).

The blockade of A_{2A}R in astrocytes appears to reduce noxious astrogliosis and neurodegeneration. Indeed, astrocytes fulfil an important function by buffering neurotransmitter activity, which can be modulated through A_{2A}R. There is also evidence that the A_{2A}R modulates glutamate release and uptake from astrocytes (Cunha, 2005) and is involved in intracellular calcium release in astrocytes (Doengi et al., 2008). Chronic neuroinflammation is associated with inhibition of glutamate uptake and enhanced release of glutamate by astrocytes (Bezzi et al., 2001), a phenomenon further amplified by activated microglia (Rothwell et al., 1997). Indeed, A_{2A}R agonists can enhance glutamate efflux in cultured astrocytes while receptor blockade significantly reduces the levels of extracellular glutamate (Chen & Pedata, 2008; Li et al., 2001; Nishizaki et al., 2002). Thus, A_{2A}R antagonists could potentially modulate astrogliosis to reduce inflammatory burden in PD and alleviate the excitotoxicity associated with the incorrect handling of extracellular glutamate by activated astrocytes.

5.4.3. Effect of A_{2A}R antagonists in the blood-brain-barrier and peripheral immune system—The blood-brain barrier (BBB) is a fundamental separation between the CNS and systemic circulation that regulates and protects the brain microenvironment. BBB integrity favours proper CNS functioning and its alteration leads to changes in neuronal behaviour and survival (Zlokovic, 2008). The stability of the BBB depends mainly on the presence of the tight junctions that form between adjacent endothelial cells, which are tightly regulated at both the protein level and by multiple cell signalling pathways (Abbott & Revest, 1991; Ishizaki et al., 2003; Stelzner et al., 1989). BBB disruption has been reported to contribute to PD progression in patients and various animal models of the disease (Kortekaas et al., 2005; Carvey et al., 2005; Zhao et al., 2007; Stolp & Dziegielewska, 2009; Weiss et al., 2009). In particular, endothelial alterations in the SNc of PD patients have been

detected (Faucheux et al., 1999). In addition, disruption of BBB permeability *per se* can induce dopaminergic neurodegeneration (Rite et al., 2007), while both neuroinflammation and oxidative stress compromise BBB permeability.

In MPTP-treated mice, chronic ingestion of caffeine (**1**) protects against toxin-induced BBB dysfunction. In these mice, caffeine significantly reduced the disease-related Evan's blue and albumin leakage in the striatum, as well as the diminished expression of tight junction protein, indicative of BBB dysfunction (Chen et al., 2008). The A_{2A}R is also strongly expressed by brain endothelial cells (Phillis, 1989; Schaddelee et al., 2003) in which caffeine likely modulates cAMP levels and affects the release of calcium from intracellular stores (Chen et al., 2010). Interestingly, by acting through A_{2A}R caffeine can also protect the BBB by modulating lipid and/or cholesterol metabolism (Reiss et al., 2004). Activated glial cells release pro-inflammatory and neurotoxic factors, including TNF-alpha, reactive oxygen species and interleukins, all of which alter the BBB (Abbott, 2000). Therefore, caffeine may also help maintain BBB integrity by modulating other cell types including astrocytes, microglia and neurons (see above).

If the BBB is disrupted, peripheral immune cells can cross into the brain parenchyma, further enhancing neuroinflammatory processes, thereby creating a noxious feed-forward loop. In chimeric mice in which A_{2A}R can be selectively inactivated in bone marrow-derived cells (Dai et al., 2010), important cellular regulators of inflammation in the CNS (Yu et al., 2004) attenuate neurological deficits and reduce cell apoptosis in mice following traumatic brain injury. This protective effect is probably linked to the inhibition of glutamate and inflammatory cytokine release. Recent work has indicated that peripheral cells, including lymphocytes, also express detectable levels of A_{2A}R, the expression of which is augmented in PD patients (Varani et al., 2010). Thus, modulation of BBB permeability and the circulation of immune cells from the periphery to the brain parenchyma following modulation of A_{2A}Rs may be an important therapeutic intervention in PD.

5.5 A_{2A}R antagonists and MAO inhibition

MAOs (MAO-A and MAO-B) constitute the major catabolic pathway for dopamine in the striatum and they have been considered an important target for PD treatment. MAO-B is predominantly expressed by glial cells (Levitt et al., 1982), and its activity increases both with age and glial activation (Fowler et al., 1997; Youdim & Bakhle, 2006). Inhibition of MAO-B may slow the depletion of dopamine stores and elevate the levels of both endogenous dopamine and dopamine produced from exogenously administered L-DOPA (Finberg et al., 1998). Furthermore, oxidation of dopamine by MAO-B leads to the generation of H₂O₂, which can readily react with free iron (II) ions, exacerbating neurodegeneration. Inhibitors of MAO-B may confer neuroprotection by decreasing potentially hazardous by-products in the brain (Sagi et al., 2007). Accordingly, rasagiline, a potent selective inhibitor of MAO-B, exhibits significant neuroprotective activity in various animal models of PD (Blandini et al., 2004; Sagi et al., 2007) and has demonstrated some benefits in slowing disease progression in a phase III delayed-start clinical study (Olanow et al., 2008; Olanow et al., 2009; Weinreb et al., 2010). Reversible inhibition of MAO-B activity has been reported for several A_{2A}R antagonists (Castagnoli et al., 2003; Chen et al., 2001; Petzer et al., 2009; Petzer et al., 2003; Pretorius et al., 2008; Vlok et al., 2006), including very high concentrations of KW 6002 (**5**; K_i = 28 μM) and CSC (**6**, K_i = 80.6 nM), two antagonists that significantly reduce nigrostriatal degeneration in the MPTP mouse model. These results indicate that the neuroprotective properties of CSC may partly involve MAO-B inhibition in the brain, in synergy with A_{2A}R antagonism.

5.6 Future directions

The past two decades have provided substantial information regarding the neuroprotective potential of caffeine and A_{2A}R antagonists. The selective blockade of A_{2A}R has been shown to benefit many brain disorders caused by a wide spectrum of insults, though the mechanisms underlying their neuroprotective potential in PD remain to be established. As indicated above, accumulated data suggests that this neuroprotective influence may differ from, and/or be complementary to the well-characterized motor stimulatory effects of these compounds. Indeed, the mechanisms underlying the neuroprotective role of A_{2A}R against nigrostriatal degeneration appear to be complex, requiring further study. A_{2A}R may afford neuroprotection by modulating glutamate release and uptake, thereby reducing the excitotoxic burden, as well as by diminishing the production of toxic metabolites through the inhibition of MAO-B. A_{2A}R antagonists may also alter the behaviour of the BBB and the transit of peripheral immune cells to the damaged brain parenchyma. Importantly, A_{2A}R antagonists may affect glial activation and limit, or even revert, the development of fully activated noxious microglia and astrocytes, thereby influencing neurodegeneration and neuroinflammation. The existence of heteromerization and crosstalk between A_{2A}R and other G protein-coupled receptors has also been demonstrated, whereby blockade of A_{2A}R can modulate the activity of companion receptors and further enhance their positive effects against dopaminergic cell loss.

Although it is well accepted in animal models of PD that A_{2A}R expression increases in neurons (Rebola et al., 2005) and glia (Yu et al., 2008) under noxious conditions (Cunha, 2005), better definition of the pharmacological properties, localization and disease-related modifications of A_{2A}R in the human brain is required, both in terms of anatomical expression and heteromerization. It is evident that the phase of the disease at which an antagonist is administered is a critical factor in terms of the magnitude of the effect and the final outcome. Hence, the development of new compounds acting on receptor heteromers containing A_{2A}R represents an innovative and potentially beneficial therapeutic strategy for the treatment of PD.

6. Rationale behind the screening of adenosine A_{2A}R antagonists to improve motor symptoms in animal models and Parkinson's disease

The use of A_{2A}R agonists has been associated with side effects, with 184 out of 334 patients (20 out of 170 in the placebo group) reporting adverse effects in the clinical trial NCT00863707 of regadenoson administered by intravenous bolus injection (0.4 mg/5 ml: available at <http://clinicaltrials.gov>), including headache, nausea, chest discomfort, dyspnoea or dizziness. Nevertheless, A_{2A}R agonists like regadenoson are safe and well tolerated when applied as pharmacological stress agents for myocardial perfusion imaging, even after heart transplant (Cavalcante et al., 2011). By contrast, A_{2A}R antagonists are generally quite safe, as demonstrated in clinical trials with KW-6002 and preladenant (see below) in which treated patients do not display stable alterations in blood pressure or signs of irritability or anxiety. Therefore, the phenotype described for A_{2A}R KO mice does not occur in humans treated with A_{2A}R antagonists. Thus, while A_{2A}R agonists may be suitable for use in acute controlled (myocardial perfusion imaging) or topical interventions, antagonists appear to be safe even when administered by chronic oral treatment. In reviewing the preclinical and clinical data from the use of A_{2A}R antagonists, and the acute and chronic effects of different A_{2A}R antagonists in rodent and non-human primate models of PD, their potential as non-dopaminergic medication in the therapy of parkinsonian patients can be assessed.

6.1. Reduction of motor symptoms by A_{2A}R antagonists

The essential role of A_{2A}R in modulating motor activity has been established in behavioural studies employing selective ligands. Indeed, administration of the A_{2A}R agonist CGS-21680 inhibits motor behaviour (Janusz & Berman, 1992; Barraco et al., 1993; Karcz-Kubicha et al., 2003), whereas the A_{2A}R antagonist SCH-58261 stimulates motor activity (10: Svenningsson et al., 1997; Halldner et al., 2000; Lindskog et al., 2002). Consequently, beneficial effects of A_{2A}R blockade on motor deficits have been demonstrated in a number of animal models of PD, including reversion of catalepsy induced by haloperidol or of hypomotility by reserpine and modulation of turning behaviour in unilateral 6-OHDA-lesioned rodents, as well as attenuation of motor impairment in MPTP-treated non-human primates (Xu et al., 2005; Simola et al., 2008).

Several A_{2A}R antagonists effectively counteract catalepsy in rodents, reducing its duration and severity, thereby improving parkinsonian motor impairment (Kanda et al., 1994; Shiozaki et al., 1999; Villanueva-Toledo, 2003; Pinna et al., 2005; Stasi et al., 2006; Gillespie et al., 2009; Hodgson et al., 2009). Furthermore, the co-administration of L-DOPA with A_{2A}R antagonists such as KW-6002 (5), KF 17837 or ST-1535 (14) strengthens the anticataleptic effect of the former, indicating the existence of a synergistic interaction between L-DOPA and A_{2A}R antagonists (Kanda et al., 1994; Shiozaki et al., 1999; Stasi et al., 2006). As in the catalepsy model, acute administration of several A_{2A}R antagonists to unilateral 6-OHDA-lesioned rats significantly potentiates turning behaviour induced by L-DOPA or apomorphine, and by D₁R or D₂R agonists (Vellucci et al., 1993; Pollack & Fink, 1996; Pinna et al., 1996, 2005, 2010; Fenu et al., 1997; Koga et al., 2000; Rose et al., 2007; Tronci et al., 2007; Hodgson et al., 2009). In addition to turning behaviour, finer features of PD symptoms resulting from neuron degeneration have been assessed in unilateral 6-OHDA-lesioned rats, including forelimb akinesia, gait impairment and sensory-motor integration deficits. These deficits are considered similar to PD-associated symptoms in humans and have been measured in specific tests, such as initiation of stepping time, adjusting step counting and vibrissae-elicited forelimb placing tests (Olsson et al., 1995; Schallert et al., 2000). Like the L-DOPA effect, A_{2A}R blockade reversed the impairment observed in these tests, suggesting that in PD patients not afflicted by L-DOPA related side-effects, A_{2A}R antagonists may ameliorate diverse parkinsonian symptoms, even when administered as a monotherapy (Pinna et al., 2007, 2010).

Other studies have indicated that A_{2A}R antagonists exert beneficial effects in rat models of parkinsonian rigidity and resting tremor, which can be as disabling as bradykinesia and akinesia. The clinical muscular rigidity, characterized by increased resistance to passive movement, can be mimicked in rodents with adequate doses of haloperidol or reserpine, inducing muscle rigidity with mechanographic and electromyographic features similar to those observed in PD patients (Lorenc-Koci et al., 1996). These effects are reversed by A_{2A}R blockade with SCH-58261 (10), (Wardas et al., 2001; Wardas, 2003). Moreover, combined administration of SCH-58261 with L-DOPA, which alone has no effect on haloperidol- or reserpine-induced muscle rigidity, induced pronounced synergistic effects and marked alleviation of the symptoms (Wardas et al., 2001; Wardas, 2003). These beneficial effects on parkinsonian-like muscular rigidity of A_{2A}R antagonists are likely mediated by the facilitation of postsynaptic dopamine transmission (Wardas et al., 2001; Wardas, 2003).

The antitremorigenic effects of drugs can be evaluated in rodents by measuring their ability to reverse tremulous jaw movements induced by several pharmacological agents, including the cholinesterase inhibitor tacrine, the muscarinic agonist pilocarpine, haloperidol and the neurotoxin 6-OHDA (Salamone et al., 1998). Acute administration of A_{2A}R antagonists significantly reversed jaw tremor stimulated by tacrine, haloperidol or pimozone in rats,

suggesting these compounds may be useful to specifically combat this parkinsonian symptom (Correa et al., 2004; Simola et al., 2004, 2006; Tronci et al., 2007; Salamone et al., 2008; Pinna et al., 2010). Moreover, infusion of the A_{2A}R antagonist SCH-BT2 in different regions of striatum provided evidence that the ventrolateral but not the dorsolateral striatum was critical to completely reverse tacrine-induced tremulous jaw movements (Simola et al., 2004). On the basis of the critical role of increases in striatal acetylcholine in the genesis of tremulous jaw movements (Salamone et al., 1998), modulation of cholinergic transmission by A_{2A}R antagonists may underlie the anti-tremorigenic effects of these drugs. Indeed, in line with results obtained in rodents, acute administration of A_{2A}R antagonists increased locomotor activity in a dose-dependent manner and they reversed motor disabilities in non-human primates previously rendered parkinsonian with the dopaminergic neurotoxin MPTP (Kanda et al., 1998, 2000; Grondin et al., 1999; Rose et al., 2006; Hodgson et al., 2010). Moreover, A_{2A}R antagonists act synergistically with L-DOPA to restore motor deficits, as well as with dopamine D₁R and D₂R agonists, in MPTP-treated non-human primates (Kanda et al., 2000; Rose et al., 2006; Hodgson et al., 2010).

To summarize, findings obtained in animal models of PD strongly indicate that acute administration of A_{2A}R antagonists not only ameliorate motor impairment but also effectively counteract parkinsonian-like muscle rigidity and resting tremor. Notably, these latter effects are of particular interest for clinical application of A_{2A}R antagonists since in parkinsonian patients, muscle rigidity and resting tremor are often resistant to commonly prescribed antiparkinsonian drugs. Moreover, synergistic interactions between L-DOPA and A_{2A}R antagonists have been described in different experimental models, suggesting that they may be co-administered to potentiate the motor stimulant effects.

6.2. Reduction of dyskinesia by A_{2A}R antagonists

As seen for acute administration, chronic administration of A_{2A}R antagonists effectively improves motor deficits in animal models of PD and does not produce tolerance to the motor stimulant effects. By contrast, the non-specific adenosine antagonist caffeine loses its motor stimulant effect after repeated administration (Fredholm et al., 1999; Halldner et al., 2000). In unilateral 6-OHDA-lesioned rats, the potentiation of the intensity of L-DOPA-induced turning behaviour elicited by acute SCH-58261 (**10**) administration can be observed even after two weeks of repeated daily treatment with this A_{2A}R antagonist (Pinna et al., 2001). Similar results were reported following the combined administration of KF-17837 or KW-6002 (**5**) and apomorphine, which specifically increased the duration rather than the intensity of turning behaviour (Koga et al., 2000). In MPTP-treated common marmosets, chronic treatment with KW-6002 (**5**) also attenuated parkinsonian motor disability with no sign of tolerance (Kanda et al., 1998). Moreover, like the increased duration of apomorphine-induced turning behaviour produced by acute treatment with A_{2A}R antagonists, co-administration of KW-6002 (**5**) and L-DOPA prevents the shortening of turning behaviour induced by chronic L-DOPA, reflecting a possible benefit of A_{2A}R blockade on the L-DOPA-induced “wearing off” phenomenon observed in PD patients (Koga et al., 2000; Oh & Chase, 2002; Bibbiani et al., 2003). However, this effect on “wearing off” was not confirmed with the A_{2A}R antagonist CSC (**6**), which appears to reverse but not prevent the decrease in motor response duration induced by repeated L-DOPA administration (Bové et al., 2002).

Interesting results have been obtained concerning the modulation of dyskinesia by A_{2A}R blockade when comparing the sensitization of turning behaviour and/or the development of abnormal involuntary movements (AIMs) elicited by long-term treatment of a full dose of L-DOPA (rodent models of dyskinesia) with an equipotent combination of a lower dose of L-DOPA plus an A_{2A}R antagonist (Pinna et al., 2001; Tronci et al., 2007; Hodgson et al., 2009). While treatment with L-DOPA (high dose) and L-DOPA (lower dose) plus SCH-58261 (**10**),

preladenant (**12**) or ST-1535 (**14**) produced a comparable degree of turns upon the first administration, sensitization of turning behaviour and/or AIMs was observed in response to chronic L-DOPA alone but not when administered with an A_{2A}R antagonist (Pinna et al., 2001; Tronci et al., 2007; Hodgson et al., 2009).

The stable response observed after long-term administration of L-DOPA with an A_{2A}R antagonist suggests that the association between the two drugs represents a treatment with lower dyskinetic potential. Interestingly, this hypothesis was supported by studies showing that genetic deletion of the A_{2A}R prevents the sensitization of turning behaviour and AIMs stimulated by L-DOPA in 6-OHDA-lesioned mice (Fredduzzi et al., 2002; Xiao et al., 2006). Indeed, 6-OHDA-lesioned rats treated with KW-6002 (**5**) did not develop any AIMs (Lundblad et al., 2003), while motor disabilities assessed with a rotarod test improved. However, KW-6002 (**5**) did not prevent the severity of AIMs induced by L-DOPA in this study when the two drugs were chronically co-administered and L-DOPA given at a full dose. Hence, co-treatment with an A_{2A}R antagonist and L-DOPA did not prevent the development of AIMs if L-DOPA was given at a full dose to severely dopamine-denervated rats (Lundblad et al., 2003).

The findings from rodent models of dyskinesia have been confirmed and expanded in MPTP-treated marmoset and cynomolgus monkeys. Firstly, in MPTP-treated non-human primates previously rendered dyskinetic by chronic L-DOPA, A_{2A}R antagonists induced no dyskinesia *per se* (Kanda et al., 1998; Grondin et al., 1999; Hodgson et al., 2010). Furthermore, no sign of dyskinesia was observed in parkinsonian cynomolgus monkeys chronically treated with apomorphine and KW-6002 (**5**; Bibbiani et al., 2003). In fact, in dyskinetic MPTP-treated common marmosets the relief of motor impairment produced by an optimal dose of L-DOPA, which presented a high dyskinetic potential, was similar to that of the combination of KW-6002 (**5**) or preladenant (**12**) plus a suboptimal dose of L-DOPA, which was associated with poor induction of dyskinesia (Kanda et al., 2000; Hodgson et al., 2010). Interestingly, no exacerbation of dyskinetic movements was observed after brief administration of KW-6002 (**5**) plus L-DOPA to dyskinetic MPTP-treated marmosets, further supporting the potential of A_{2A}R antagonists in palliating dyskinesia (Kanda et al., 2000).

Taken together, data from preclinical studies indicates that chronic A_{2A}R antagonist administration has beneficial effects on PD motor impairment and on motor complications produced by long-term L-DOPA treatment. These effects are of considerable interest given that motor complications represent an intrinsic limitation of L-DOPA therapy that is often insensitive to pharmacological manipulation. Moreover, since little tolerance to the motor effects of A_{2A}R antagonists is evident, these drugs may be used successfully over long periods, rendering them particularly suitable for a prolonged pharmacological treatment such as that required in PD.

7. Effects of A_{2A}R antagonists in parkinsonian patients: results from clinical trials

The development of new highly selective adenosine A_{2A}R antagonists, and their encouraging antiparkinsonian responses in animal models of PD, has provided a rationale for clinical trials to evaluate the therapeutic potential and the safety of these agents in PD patients.

7.1. KW-6002 (istradefylline)

Although early clinical trials were prompted by several Pharmaceutical Companies, the vast majority of data available on the effectiveness of A_{2A}R antagonists in PD patients has been collected using the xanthine derived compound istradefylline (also named KW-6002: 5) produced by Kyowa Hakko Kyogo (Jenner, 2005).

In early phase IIa clinical trials with KW-6002 (at doses between 20-80 mg/day), patients with moderate-to-severe PD and overt motor complications were evaluated using the motor Unified PD Rating Scale (UPDRS motor: Bara-Jimenez et al., 2003; Hauser et al., 2003). These studies demonstrated that when administered alone, KW-6002 (40 or 80 mg/day) has no effect on either motor impairment or dyskinesia in PD patients (Bara-Jimenez et al., 2003), whereas in conjunction with a low dose of L-DOPA (which alone has no antiparkinsonian effect), KW-6002 (80 mg/day) significantly improves motor impairment to a similar extent to an optimal dose of L-DOPA, while eliciting weaker dyskinetic effects. Indeed, co-administration led to a beneficial effect on all cardinal symptoms in PD patients, particularly on resting tremor (Bara-Jimenez et al., 2003). When co-administered with a standard amount of L-DOPA, all doses of KW-6002 prolonged the half-life of the optimal L-DOPA dose, indicating that KW-6002 reduced the time spent in the L-DOPA off state (OFF Time: Bara-Jimenez et al., 2003; Hauser et al., 2003). Moreover, while the severity of dyskinesia remained unchanged, the ON Time with dyskinesia increased following KW-6002 administration (Bara-Jimenez et al., 2003; Hauser et al., 2003).

In two large phase IIb trials (US-005 and US-006) and a phase III (US-013) trial carried out on advanced PD patients suffering “wearing-off” (with or without dyskinesia), treatment with L-DOPA alone or in combination with other PD medications confirmed that KW-6002 (at all doses between 20-60 mg/day) produced a significant decrease in L-DOPA OFF Time in PD patients (LeWitt et al., 2008; Stacy et al., 2008; Hauser et al., 2008). Importantly, these studies included an essential measure to differentiate between “troublesome” and “non-troublesome” dyskinesia during L-DOPA ON Time, demonstrating that KW-6002 significantly increased L-DOPA ON Time with non-troublesome dyskinesia, whereas L-DOPA ON Time with troublesome dyskinesias remained unchanged (LeWitt et al., 2008; Stacy et al., 2008; Hauser et al., 2008). Interestingly, a long phase III clinical study (US-007) of PD patients who had previously been involved in other studies (US-001, US-005 and US-006) showed that the efficacy of KW-6002 in reducing the OFF Time at doses of between 20 and 60 mg/day was maintained in patients who were already taking the drug at the onset of the study, providing evidence of consistent and sustained effects (Factor et al., 2010). Similar efficacy of KW-6002 was confirmed in a Japanese phase III study (6002-0608) in which the OFF Time was not only significantly reduced at doses of 20 and 40 mg/day but also, UPDRS motor scores were seen to improve (Mizuno et al., 2010). Notably, KW-6002 (40 mg/day) was recently assessed as a monotherapy in early PD patients (US-051 trial: Fernandez et al., 2010); albeit the improvement was not statistically significant across groups, UPDRS motor scores were better at all time points (and significantly better at week two) (Fernandez et al., 2010). The inability of KW-6002 monotherapy to reverse parkinsonian disability in humans contrasts with findings in animal models of PD (Kanda et al., 1998, 2000; Grondin et al., 1999; Shiozaki et al., 1999; Pinna et al., 2007). This discrepancy may be explained by the low doses used in clinical trials. Higher doses of KW-6002 may be required when administered alone to elicit beneficial effects upon parkinsonian symptoms.

Some safety concerns were raised following observations in A_{2A}R knockout mice of increased blood pressure, as well as irritability and anxiety. However, in all clinical trials KW-6002 has appeared to be well tolerated and safe. No notable differences were detected in systolic/diastolic blood pressure, heart rate or respiration rate in patients treated with

KW-6002 (Hauser et al., 2003), and although anxiety was reported by a small percentage of patients (3 out of 54) treated with the antagonist, the effect was not dose-dependent and only one such case received the highest dose (Hauser et al., 2003). Similarly, the irritability typically observed in A_{2A}R KO mice was not reported by any patient treated with KW-6002 (Bara-Jimenez et al., 2003; Hauser et al., 2003; LeWitt et al., 2008; Stacy et al., 2008; Hauser et al., 2008; Mizuno et al., 2010). The most common adverse effects (AEs) appear to be nausea, aggravation of dyskinesia, dizziness and insomnia, although discontinuation due to AEs was no more frequent than in placebo groups (Bara-Jimenez et al., 2003; Hauser et al., 2003, 2008; LeWitt et al., 2008; Stacy et al., 2008; Factor et al., 2010). Although the clinical effects obtained with KW-6002 are not always statistically significant, they clearly indicate that doses of 20-80 mg/day of this drug reduce the OFF Time by 0.7–1.2 h in PD patients. The drug leads to an increase in ON Time with dyskinesia, though most of this increase can be attributed to non-troublesome dyskinesia. Nevertheless, KW-6002 did not receive the approval by the Food and Drug Administration (FDA) in 2008 despite the positive findings, with the agency expressing concerns as to whether the results from clinical trials supported the clinical utility for KW-6002 and demanding more thorough clinical investigations (www.istradefylline.com/fda.html). Considering the positive clinical results obtained in PD patients, Kyowa decided to perform a further thorough study to elucidate the full potential of KW-6002 as a treatment for PD. Importantly, in PD patients this drug has yet to be tested under similar circumstances to those which revealed positive effects in rodent and primate studies. For example, KW-6002 may be co-administered with a sub-optimal dose of dopamine agonists or L-DOPA, instead of with the optimal doses used so far in clinical trials.

Besides KW-6002, a number of other A_{2A}R antagonists have also entered clinical trials. Accordingly, we will summarize the data recently made available for: preladenant (SCH-420814, **12** from Merck & Co Inc. following its acquisition of Schering-Plough Corp); SYN-115 (**15**: from Roche-Synosia Therapeutics); vipadenant (BIIB014/V2006, **13**: from Vernalis plc-Biogen Idec); and ST-1535 (**14**: from Sigma-Tau. Pinna, 2009; Shah & Hodgson, 2010). Other companies are also working in this field (Adenosine Therapeutics, Palo Biofarma, Neurocrine Biosciences, Almirall Prodesfarma, and Lundbeck) but have yet to disclose significant information related to specific drug development programmes (Pinna, 2009; Shah & Hodgson, 2010).

7.2. Preladenant

Preladenant (previously known as SCH-420814: **12**) is a non-xanthine adenosine A_{2A}R antagonist currently under development for PD treatment by Merck & Co Inc. (following its acquisition of Schering-Plough Corp). It was derived from the well-known SCH-58261 (**10**), a pharmacological tool widely used to characterize the A_{2A}R subtype (Neustadt et al., 2007). Preladenant has good oral bioavailability, it is very selective for A_{2A}R with good pharmacokinetic (PK) properties, and it has excellent *in vivo* activity against parkinsonian symptoms (Neustadt et al., 2007; Hodgson et al., 2009).

A phase I positron emission tomography (PET) trial in healthy humans using the [¹¹C]SCH-442416 (**11**) radiotracer has been undertaken to correlate plasma concentration of preladenant (after 10, 50 and 200 mg) and neural-mediated effects. Accordingly, receptor occupancy in the human brain was maximal at low concentrations of preladenant and the duration occupancy was dose-dependent (Brooks et al., 2009), which supports the possibility of developing preladenant under a twice daily (BID) administration regime. In parallel, the efficacy of the molecule was initially investigated in two phase IIa studies that employed short-term administration of this compound (BID, dosing over 1-3 days), concomitant to L-DOPA, and measuring motor function with the UPDRS motor score. These phase IIa studies

demonstrated that short-term treatment with praladenant plus L-DOPA produced an improvement in motor function in PD patients (Hunter, 2006).

A more extensive international phase II clinical trial (P04501) on praladenant as adjunctive therapy evaluated the efficacy and safety of four different doses (1, 2, 5 or 10 mg BID, 12 weeks) in patients with moderate-to-severe PD that experienced dyskinesia and motor fluctuations (Hauser et al., 2011). All patients were on a stable regime of standard treatments with L-DOPA and other adjunctive medications, such as dopamine agonists and/or entacapone. At doses of 5 and 10 mg BID, praladenant was significantly more effective in reducing the OFF Time than the placebo. In addition, at both doses praladenant significantly increased the ON Time without producing a proportional overall increase in troublesome or non-troublesome dyskinesia, (Hauser et al., 2011).

A further phase II trial (P05175), a 36 week extension to the P04501 trial, was undertaken to assess the long-term safety of praladenant at a dose of 5 mg BID administered in combination with L-DOPA or dopamine agonists (Pinna, 2009; Shah & Hodgson, 2010). The results of this phase II trial in moderate-to-severe PD patients who participated in the main study (P04501) have not yet been disseminated. In addition, a phase II trial (P06402) to administer praladenant (2, 5 or 10 mg BID, 12 weeks) in combination with L-DOPA in Japanese patients with moderate-to-severe PD is currently at the recruitment stage (www.clinicaltrials.gov/ct2/results?term=praladenant). Moreover, four phase III trials (P05664, P04938, P07037 and P06153) with praladenant (2, 5 and 10 mg BID) are underway to evaluate its efficacy in early PD patients as monotherapy over 52 weeks (www.clinicaltrials.gov/ct2/results?term=P05664) in moderate-to-severe PD patients, as adjunctive therapy for 12 weeks (www.clinicaltrials.gov/ct2/results?term=P04938; www.clinicaltrials.gov/ct2/results?term=P07037) and, a 40 week extension of the P04938 and P07037 studies (www.clinicaltrials.gov/ct2/results?term=P06153). From the information available to date from trials, praladenant has been demonstrated to be safe and well tolerated at all doses, with a similar incidence of AEs and discontinuation rates between groups that received praladenant or the placebo (Hauser et al., 2011). A small increase in systolic and diastolic blood pressure was initially observed in patients administered praladenant groups, but this returned to baseline values when measured from 2 to 12 weeks after beginning the treatment (Hauser et al., 2011). Indeed, no dose-dependent effect on blood pressure was detected upon visual inspection of the data. The most frequently AEs reported were worsening PD, dyskinesia and somnolence, which arose at approximately the same frequency in praladenant and placebo groups. There was no clinically significant drug effect on pulse, respiration, or other laboratory and ECG parameters (Hauser et al., 2011).

7.3. SYN-115

Another promising, potent and selective non-xanthine A_{2A}R antagonist is SYN-115 (**15**), which is under development to treat PD by Synosia Therapeutics (acquired in February 2011 by Biotie Therapies) and UCB Pharma. SYN-115 was originally developed by Roche and licensed to Synosia in 2007 (www.biotie.com/en/research_and_development/central_nervous_system_disorders/syn115). On the basis of very promising results obtained in preclinical studies, the company decided to perform a phase IIa study with SYN-115 in patients with mild-to-moderate PD. In this study, administration of oral SYN-115 (20 or 60 mg BID, one week), alone or in combination with an infusion of low dose of L-DOPA, was evaluated using a number of techniques, including functional magnetic resonance imaging (fMRI, a tool to rapidly evaluate the pharmacodynamic effects of drugs in the brain), and clinical ratings such as the UPDRS motor scores and tapping speed (Black et al., 2010a, 2010b). SYN-115 produced a dose-responsive decrease in cerebral blood flow in regions of the brain known to be

sensitive to drugs used to treat PD (Black et al., 2010a). Moreover, at 60 mg BID this compound significantly improved tapping speed, both with and without a sub-therapeutic infusion of L-DOPA (Black et al., 2010b). Compared to the placebo, total UPDRS motor scores fell by 20% with SYN-115 when administered with L-DOPA (Black et al., 2010b). Moreover, when considered individually, 10 of 13 items were better with SYN-115 than with placebo; in particular, there were significant improvement in two UPDRS measures of bradykinesia (finger tapping and rapidly alternating hand movements: Black et al., 2010b). These effects were less efficacious at a dose of 20 mg. SYN-115 was well tolerated at both doses and no serious AEs occurred (Black et al., 2010b). On the basis of these promising results, Biotie and UCB are planning to start a phase IIb study over a 12-week treatment period to evaluate the effects of four doses of SYN-115 versus placebo as a L-DOPA adjunctive therapy in PD patients experiencing “wearing off” (www.biotie.com/en/research_and_development/central_nervous_system_disorders/syn115).

7.4. Vipadenant

The non-xanthine compound vipadenant (**13**), previously known as BIIB014/V2006, was synthesized by Vernalis plc, who have an agreement with Biogen Idec to develop and commercialise the drug. On the basis of its pharmacological and PK profile, vipadenant was selected for clinical antiparkinsonian evaluation (Gillespie et al., 2009) and indeed, this compound has a high affinity and good selectivity for $A_{2A}R$, as well as good oral bioavailability, a long plasma half-life and good brain penetration (Gillespie et al., 2009). These preclinical PK results have been confirmed in healthy humans, showing that vipadenant is appropriate for further development as a single daily treatment (He et al., 2010). Moreover, a PET receptor occupancy study in humans demonstrated that vipadenant is delivered to the brain and that $A_{2A}R$ occupancy is related to both dose and plasma levels (Brooks et al., 2010).

The pharmacological efficacy and safety of vipadenant as an antiparkinsonian drug were investigated in two clinical phase II trials. In the first phase II trial, oral administration of vipadenant (daily, 8 weeks) showed dose-dependent efficacy as an adjunct therapy in association with the habitual L-DOPA treatment of patients with moderate-to-severe PD displaying motor fluctuations; the treatment increased the total ON Time without troublesome dyskinesia and decreasing the OFF Time (Papapetropoulos et al., 2010a). The second phase II study evaluated the effect of vipadenant as monotherapy in patients with early-stage PD (Pinna, 2009), demonstrating that this compound produces a clinically relevant decrease in UPDRS motor scores in a dose-dependent manner (Pinna, 2009). Moreover, Biogen Idec reported that vipadenant was well tolerated in phase II clinical trials in which there was a low incidence of AEs in vipadenant-treated PD patients (Papapetropoulos et al., 2010b). Despite these promising results in phase II clinical studies, development of vipadenant was discontinued in June 2010 (www.vernalis.com/media-centre/latest-releases/2010-releases/584), based on a review of preclinical toxicology findings. As an alternative approach, the two companies are advancing preclinical studies of V81444 to file a phase I clinical trial in 2011. V81444 is considered by the pharmaceutical company as a “next-generation compound” designed to address the chemical structural liability that may have led to the concerns regarding the toxicity of vipadenant (www.vernalis.com/media-centre/latest-releases/596).

7.5. ST-1535

ST-1535 (**14**) was developed by Sigma-Tau with the aim of generating new non-xanthine $A_{2A}R$ antagonists on the basis of $A_{2A}R$ ligand structure-function information (Minetti et al., 2005). After several preclinical studies in rodent and non-human primate models of PD, in

which ST-1535 displayed clear efficacy as an antiparkinsonian drug (Pinna, 2009), a phase I clinical study was designed to ascertain the safety and tolerability of the compound, as well as the most convenient dose. All single doses of ST-1535 (50, 100, 200, 300 and 450 mg) were generally well tolerated and no haematological, biochemical or urinary laboratory abnormalities noted. Based on results of this ongoing phase I clinical study (www.sigma-tau.it/eng/areediricerca.asp), an evaluation of the safety and PK profile of ST-1535 at multiple doses (50, 100, 150 and 200 mg/day, two weeks) has been planned. Moreover, the company has started to investigate the antiparkinsonian activity of two metabolites of ST-1535, ST-3932 and ST-4206, which have good efficacy in rodent models of PD (Vertecchi et al., 2010).

7.6 Future directions

The positive clinical effects displayed by these A_{2A}R antagonists strongly supports the introduction of anti-A_{2A}R medications in the management of parkinsonian patients. Indeed, the observed reduction of L-DOPA OFF Time is of particular interest, since “wearing off” (progressive shortening of L-DOPA motor effects) is one of the major disadvantages of long-term use of this drug. Nevertheless, further studies are required to improve management with A_{2A}R antagonists, particularly in combination with a sub-optimal dose of L-DOPA, as suggested by preclinical trials. Additional results from patients with early stage of PD are expected to elucidate whether A_{2A}R antagonists are suitable for administration as monotherapy against motor symptoms. Finally, evaluation of these drugs in patients devoid of L-DOPA motor complications should be performed in order to assess in more detail the effect of A_{2A}R antagonists on the onset and progress of human dyskinesia.

8. Rationale for developing safer and more effective antiparkinsonian drugs based on targeting A_{2A}R heteromers

8.1. Targeting striatal pre- or postsynaptic A_{2A}Rs

The powerful capacity of presynaptic A_{2A}Rs to modulate striatal glutamate release was first demonstrated through *in vivo* microdialysis experiments (Popoli et al., 1995), which revealed that striatal perfusion of an A_{2A}R agonist produced a very pronounced increase in the basal concentrations of extracellular striatal glutamate. Similarly, intra-striatal perfusion of an A_{2A}R antagonist through a microdialysis probe significantly counteracted striatal glutamate release induced by cortical electrical stimulation in the orofacial premotor cortex (Quiroz et al., 2009). Strikingly, an unexpected finding was that this counteracting of glutamate release was accompanied by a complete impairment of the jaw movements induced by the cortical electrical stimulation, demonstrating the crucial role of presynaptic A_{2A}Rs in the control of cortico-striatal glutamatergic neurotransmission. By combining cortical electrical stimulation and recording of EMG activity of the mastication muscles, a Power Correlation Coefficient (PCC) can be used as a quantitative *in vivo* measure of cortico-striatal neurotransmission (Quiroz et al., 2009). PCC was shown to be significantly diminished by systemic administration of an A_{2A}R receptor antagonist in a dose dependent manner. Therefore, the PCC could be used to screen the presynaptic effect of A_{2A}R antagonists.

A recent surprising yet fundamental finding is that several A_{2A}R antagonists previously considered to be pharmacologically similar in fact present different striatal pre- and postsynaptic profiles (Orrú et al., 2011). Six compounds already known as selective A_{2A}R antagonists were first screened for their ability to block striatal pre- and postsynaptic A_{2A}Rs in *in vivo* models. Locomotor activation was used to evaluate postsynaptic activity while counteracting the PCC was used to determine presynaptic activity (see above). SCH-442416 (**11**) and KW-6002 (**5**) preferentially acted pre- and postsynaptically, respectively, and four

compounds had mixed pre-postsynaptic profiles: MSX-3 (**7a**), preladenant (**12**), SCH-58261 (**10**) and ZM-241385 (**9**). The combination of *in vivo* microdialysis with cortical electrical stimulation was used as an additional means to evaluate presynaptic activity of A_{2A}R antagonists *in vivo*. In agreement with its preferential presynaptic profile, SCH-442416 (**11**) counteracted striatal glutamate release induced by cortical stimulation at a dose that strongly counteracted the PCC but did not induce locomotor activation. In accordance with its preferential postsynaptic profile, KW-6002 (**5**) did not modify striatal glutamate release induced by cortical stimulation at a dose that produced pronounced locomotor activation but did not counteract PCC.

Importantly, at least some of the pharmacological differences between A_{2A}R antagonists may be explained by the ability of pre- and postsynaptic A_{2A}Rs to form different receptor heteromers with A₁Rs and D₂Rs, respectively (Orrú et al., 2011). Differences in the affinity of these compounds for different A_{2A}R heteromers were assessed in cells stably expressing A_{2A}Rs, A_{2A}R-D₂R heteromers or A₁R-A_{2A}R heteromers by radioligand-binding. Co-expression with A₁R did not significantly modify the affinity of A_{2A}R for the different ligands, although co-expression with D₂R decreased the affinity of all compounds, with the exception of KW-6002 (**5**; Orrú et al., 2011). The structural changes in A_{2A}R induced by heteromerization with D₂R were not only detected by antagonists but also by agonist binding. Indeed, the affinity of the selective A_{2A}R agonist CGS-21680 was reduced in cells co-transfected with D₂Rs. In attempting to explain the differential effects of SCH-442416 (**11**) observed *in vivo*, it is interesting to note that this compound in particular exhibited a much higher affinity for the A_{2A}R in a presynaptic versus postsynaptic-like context. In fact, the affinity of A_{2A}R for SCH-442416 (**11**) in cells expressing A_{2A}R-D₂R heteromers was markedly reduced (40-fold higher B₅₀ values in competitive-inhibition experiments with [³H]ZM-241385 in cells expressing A_{2A}R-D₂R than A₁R-A_{2A}R heteromers).

The decrease in affinity upon co-expression with D₂R was much less pronounced for ZM-241385, SCH-58261 (**10**), MSX2 (**7**) or preladenant, for which the affinity fell 2-9 fold (Orrú et al., 2011). Considering that these A_{2A}R antagonists behaved qualitatively similar to the A_{2A}R agonist CGS-21680 in terms of binding to A₁R-A_{2A}R and A_{2A}R-D₂R heteromers, it was expected that these four compounds would compete equally for the binding of the endogenous agonist at pre- and at postsynaptic sites. This would fit with the *in vivo* data, which showed that these compounds do not prefer pre-postsynaptic profiles. However, KW-6002 (**5**) was the only antagonist whose affinity was not significantly different in cells expressing A_{2A}R, A₁R-A_{2A}R heteromers or A_{2A}R-D₂R heteromers. Thus, KW-6002 (**5**) exhibited the best relative affinity for A_{2A}R-D₂R heteromers of all compounds, which may partially explain its preferential postsynaptic profile. Experiments performed with the non-selective adenosine receptor antagonist caffeine also revealed a good correlation between the *in vivo* data and the *in vitro* preference for postsynaptic A_{2A}R-containing heteromers. In transfected mammalian cells, the affinity of A_{2A}R for the non-selective adenosine receptor antagonist caffeine did not change when co-transfected with D₂R, although it was significantly decreased (about 10 times) when co-transfected with A₁R (Ciruela et al., 2006). As predicted, caffeine did not significantly reduce PCC at doses that produce pronounced motor activation (Zanoveli et al., in the press).

8.2. A_{2A}R heteromers as targets for drug development

The results described above support the proposal that receptor heteromers may be used as selective targets for drug development, particularly given the very specific neuronal localization of receptor heteromers (even more specific than the receptor subtypes themselves) and the distinct ligand affinity of a receptor depending on its partner (or partners) in the heteromer. Striatal A_{2A}R-containing heteromers are particularly interesting targets, and especially relevant for a variety of neuropsychiatric disorders. Blocking

postsynaptic A_{2A}Rs in the enkephalinergic MSNs may be beneficial for PD, as this strategy should decrease the activity of the indirect striatal efferent pathway. Potentiating the effect of L-DOPA or other dopamine receptor agonists on D₂R-mediated signalling in the A_{2A}R-D₂R heteromer would exert beneficial effects. However, it should be noted that blockade of presynaptic A_{2A}Rs (that form heteromers with A₁Rs or not) in glutamatergic terminals contacting dynorphinergic MSNs will decrease glutamatergic transmission through the direct striatal efferent pathway, thereby diminishing motor activity and consequently, the antiparkinsonian efficacy of A_{2A}R antagonists. The most convenient A_{2A}R antagonist to treat Parkinson's disease patients should ideally exhibit a higher affinity for post-synaptic versus pre-synaptic receptors. However, selective blockade of presynaptic A_{2A}R is likely to be useful in dyskinesic disorders such as HD, as well as in obsessive-compulsive disorders and drug addiction. It should also be possible to explore whether "pre-synaptic" A_{2A}R antagonists effectively ameliorate L-DOPA-induced dyskinesia.

The antiparkinsonian activity of KW-6002 (**5**) can be explained mechanistically by heteromer-related findings (Orrú et al., 2011), suggesting that SCH-442416 (**11**) may be useful in the treatment of dyskinesic disorders, obsessive-compulsive disorders and drug addiction. Medicinal chemistry and *in silico* modelling should help elucidate the molecular properties that determine the particular pharmacological profile of SCH-442416 (**11**) and KW-6002 (**5**), which may serve as lead compounds to develop more effective antidyskinetic and antiparkinsonian compounds, respectively.

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Abbreviations

AR	adenosine receptor(s)
A_{2A}R	adenosine A _{2A} receptor(s)
AD	Alzheimer's disease
AE	adverse effects
AIMs	abnormal involuntary movements
Akt	protein kinase B
BBB	Blood brain barrier
CB₁R	cannabinoid CB ₁ receptor(s)
CNS	central nervous system
DA	dopamine
COX	cyclooxygenase
D₁R	dopamine D ₁ receptor(s)
D₂R	dopamine D ₂ receptor(s)
L-DOPA	L-3,4-dihydroxyphenylalanine
eGFP	enhanced green fluorescent protein
FDA	Food and Drug Administration
GABA	gamma-amino butyric acid
GDNF	glial-derived neurotrophic factor
GFAP	glial fibrillary acidic protein
GP	<i>Globus pallidus</i>
HD	Huntington's disease
KW 6002	istradefylline
LPS	lipopolysaccharide
MAO	monoamine oxidase
MAPK	mitogen-activated protein kinase
mGlu₅R	metabotropic glutamate receptor, subtype number 5
MPP⁺	1-methyl-4-phenylpyridinium
MSN	medium spiny neurons
MPTP	1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine
NECA	5'-N-ethylcarboxamidoadenosine
NGF	nerve growth factor
NMDA	N-methyl-D-aspartate
6-OHDA	6-hydroxydopamine

PCC	Power correlation coefficient
PD	Parkinson's disease
PET	Positron emission tomography
SNc	<i>substantia nigra pars compacta</i>
SNr	<i>substantia nigra pars reticulata</i>
STN	subthalamic nucleus
TNF	tumor necrosis factor
UPDRS motor	motor unified PD rating scale
UPS	ubiquitin/proteasomal system

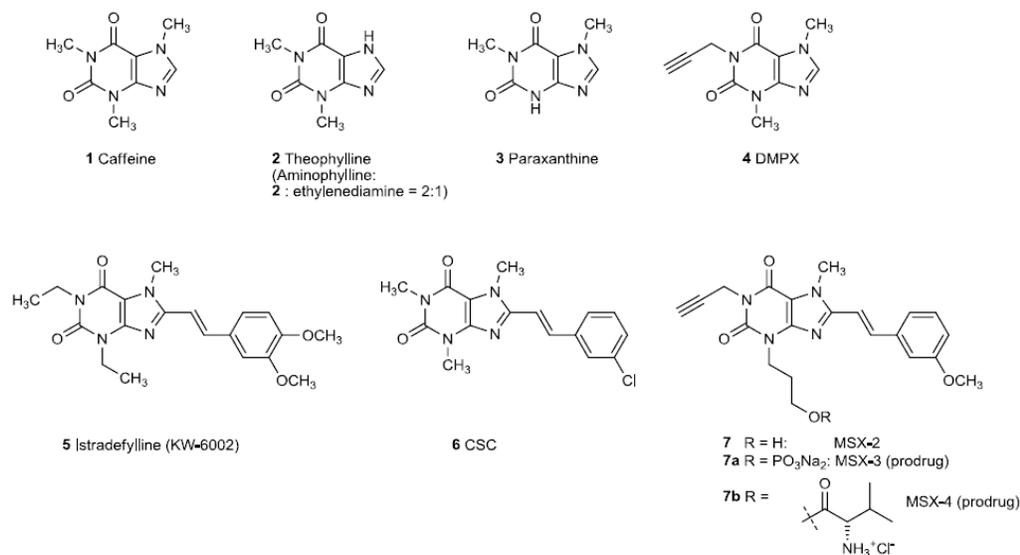


Figure 1. A_{2A} adenosine receptor antagonists: xanthine derivatives

A major metabolite of caffeine in humans, paraxanthine (**3**) is an A_{2A}R antagonist as potent as caffeine that contributes to the *in vivo* activity of caffeine (Arnaud, 2011). A synthetic analogue of caffeine, 3,7-dimethyl-1-propargylxanthine (DMPX, **4**) exhibits a somewhat higher affinity for the A_{2A} versus the A₁ receptor, and has thus been used *in vitro* and *in vivo* as the first “A_{2A}-selective” AR antagonist (Seale et al., 1988). However, DMPX is only very moderately selective with respect to A₁ and it is not selective for the A_{2B} receptor (see Table 1). Truly A_{2A}R-selective xanthine derivatives include the 8-styrylxanthine derivatives istradefylline (KW6002, **5**; Kase, 2003), 8-(*m*-chlorostyryl) caffeine (CSC, **6**; Jacobson et al., 1993), and MSX-2 (**7**; Sauer et al., 2000; Hockemeyer et al., 2004). In contrast to the 8-unsubstituted xanthine derivatives (**1-4**), which exhibit acceptable to good water-solubility, the 8-styrylxanthines (**5-7**) are relatively insoluble in water. Therefore, water soluble prodrugs of MSX-2 have been developed, such as the phosphate prodrug MSX-3 (**7a**; Hockemeyer et al., 2004) and the *L*-valine ester prodrug MSX-4 (**7b**; Vollmann et al., 2008), which represent very valuable pharmacological tools, particularly for *in vivo* studies (*e.g.*, Randall et al., 2011; Collins et al., 2010; Mott et al., 2009; Bilkei-Gorzo et al., 2008; Schindler et al., 2005; Blum et al., 2003; Hauber et al., 1998). These drugs are very water-soluble but readily cleaved by enzymatic hydrolysis. Both compounds can be applied by injection, but are also bioavailable after peroral administration (unpublished results). CSC (**5**) acts as a dual compound, inhibiting monoamine oxidase B (MAO-B) and blocking the A_{2A}R to a similar extent (K_i A_{2A}: 54 nM, K_i MAO-B: 80.6 nM). By contrast, istradefylline (**5**) and MSX-2 (**7**) do not inhibit MAO-B, or only at concentrations that are >100-fold higher than those required for A_{2A} receptor blockade (see Table 1). Istradefylline is the only A_{2A}R -selective xanthine derivative being evaluated in clinical trials (see Figure 2).

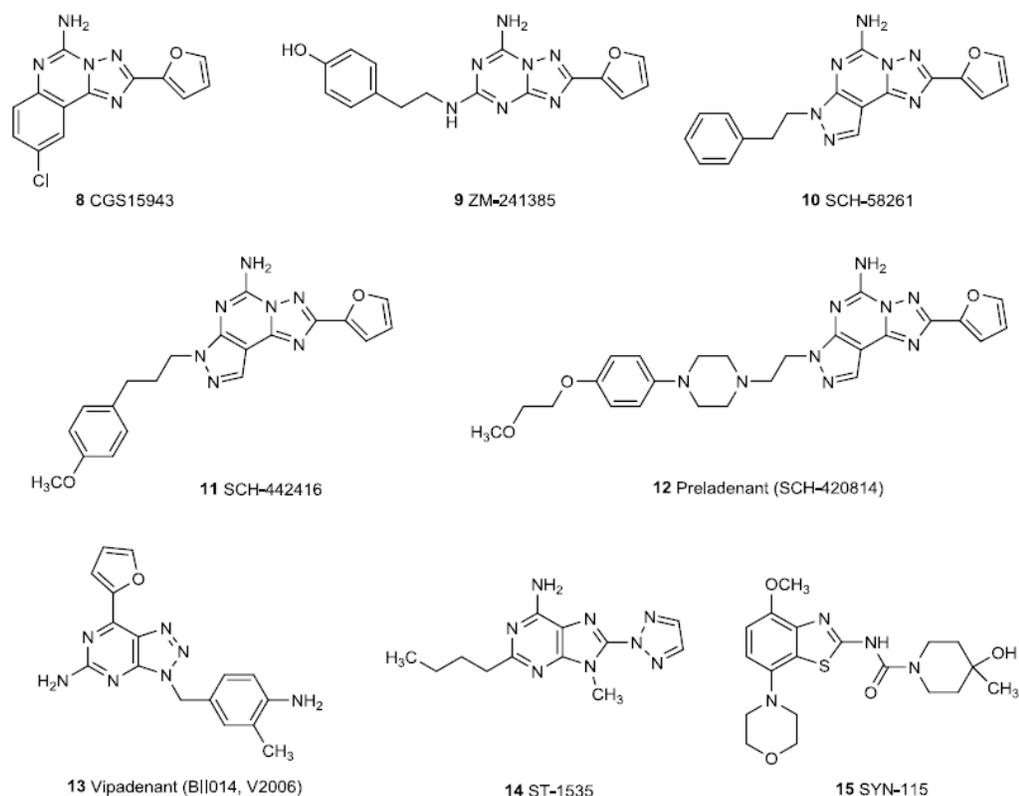


Figure 2. $A_{2A}R$ antagonists: non-xanthine derivatives

Several classes of non-xanthine $A_{2A}R$ antagonists have been developed (see Figure 2 and Table 1). The antagonists frequently used in pharmacological experiments include the non-selective CGS-15943 (**8**), and the $A_{2A}R$ -selective compounds ZM-241385 (**9**) and SCH-58261 (**10**). All of these amino-substituted hetero- or -tricyclic compounds are structurally related to adenosine, although they lack the ribose sugar moiety (see Figure 2). The X-ray structure of the $A_{2A}R$ protein complexed with antagonist **9** has been obtained, revealing the binding site for antagonists (Jaakola et al., 2008). Very recently an agonist-bound X-ray structure of the $A_{2A}R$ was published showing that the agonist, an adenosine derivative, occupies virtually the same binding site as antagonist **9** (Xu et al., 2011). A further optimized compound derived from SCH-58261 (**10**) has been generated, SCH-442416 (**11**), which exhibits improved selectivity and is used in a ^{11}C -labelled form as a tracer for positron emission tomography (PET: see below). Another analogue of **10** is preladenant (**12**), which is currently being evaluated in clinical trials for the treatment of PD (see below: Salamone, 2010). Two additional aminopurine or aminoazapurine derivatives that have been tested in clinical trials are vipadenant (BII014, V2006, **13**: Gillespie et al., 2009) and ST-1535 (**14**: Stasi et al., 2006). While preladenant is highly $A_{2A}R$ -selective, the latter compounds (**13** and **14**) are less selective (see Table 1). The first selective $A_{2A}R$ antagonist to be tested clinically that is not structurally related to xanthine or adenine was the benzothiazole derivative SYN-115 (**15**: Black et al., 2010). Compound **15** also shows high selectivity for the $A_{2A}R$.

Table 1

Adenosine receptor affinities of important A_{2A}R antagonists

	K _i (nM) ^a				
	A ₁	A _{2A}	A _{2B}	A ₃	
Xanthines					
1	Caffeine (1,3,7-TrimethylX)	10,700 (h) 44,900 (h) 44,000 (r)	23,400 (h) 9,560 (h) 45,000 (r)	33,800 (h) 10,400 (h) 30,000 (r) 13,000 (m)	13,300 (h) >100,000 (r)
2	Theophylline (1,3-DimethylX)	6,770 (h) 14,000 (r)	1,710 (h) 6,700 (h) 22,000 (r)	9,070 (h) 74,000 (h) 15,100 (r) 5,630 (m)	22,300 (h) 86,400 (h) >100,000 (r) 85,000 (r)
3	Paraxanthine (1,7-DimethylX)	21,000 (r)	32,000 (r)	4,500 (h)	>100,000 (r)
4 DMPX	3,7-Dimethyl-1-propargylX	45,000 (r) 11,000 (r)	16,000 (r) 5,600 (r)	4,130 (h)	>10,000 (r)
5	Istradefylline (KW-6002) (K _i MAO-B = 28,000 nM) ^b	841 (h) 230 (r)	12 (h) 91.2 (h) 2.2 (r) 4.46 (r)	>10,000 (h)	4,470 (h)
6	CSC (K _i MAO-B = 80.6 nM MAO-B) ^b	28,000 (r)	54 (r)	8,200	>10,000 (r)
7	MSX-2	900 (r) 2,500 (h)	8.04 (r) 5.38 (h)	>10,000 (h) 2,900 (h)	>10,000 (h)
Non-xanthines					
8	CGS-15943	3.5 (h) 6.4 (r)	1.2 (h)	32.4 (h) 9.07 (m)	35 (h)

	K _i (nM) ^a				
	A ₁	A _{2A}	A _{2B}	A ₃	
9	ZM-241385	774 (h)	1.6 (h)	75 (h)	743 (h)
10	SCH-58261	725 (h)	5.0 (h)	1110 (h)	1200 (h)
11	SCH-442416	1110 (h)	4.1 (h)	>10,000 (h)	>10,000 (h)
12	Preladenant (SCH-420814)	>1,000 (h)	0.9 (h)	>1,000 (h)	>1,000 (h)
13	Vipadenant (BIIB014, V2006)	68 (h)	1.3 (h)	63 (h)	1,005 (h)
14	ST-1535	71.8 (h)	6.6 (h)	352.3 (h)	>1,000 (h)
15	SYN-115	1,320 (h)	4.9 (h)	nd	nd

^ah = human; m = mouse; r = rat; a few A_{2B} data are from functional (cAMP) studies (Müller & Jacobson, 2011a; Müller & Jacobson 2011b); nd = no data available

^bdetermined with baboon liver enzyme.