The Atrial Natriuretic Peptide and Guanylyl Cyclase-A System Modulates Pancreatic $\beta$-Cell Function

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Atrial natriuretic peptide (ANP) and its guanylyl cyclase-A (GC-A) receptor are being involved in metabolism, although their role in the endocrine pancreas is still greatly unknown. The aim of this work is to study a possible role for the ANP/GC-A system in modulating pancreatic $\beta$-cell function. The results presented here show a direct effect of the GC-A receptor in regulating glucose-stimulated insulin secretion (GSIS) and $\beta$-cell mass. GC-A activation by its natural ligand, ANP, rapidly blocked ATP-dependent potassium ($K_{\text{ATP}}$) channel activity, increased glucose-elicited $Ca^{2+}$ signals, and enhanced GSIS in islets of Langerhans. The effect in GSIS was inhibited in islets from GC-A knockout (KO) mice. Pancreatic islets from GC-A KO mice responded to increasing glucose concentrations with enhanced insulin secretion compared with wild type (WT). Remarkably, islets from GC-A KO mice were smaller, presented lower $\beta$-cell mass and decreased insulin content. However, glucose-induced $Ca^{2+}$ response was more vigorous in GC-A KO islets, and basal $K_{\text{ATP}}$ channel activity in GC-A KO $\beta$-cells was greatly diminished compared with WT. When protein levels of the two $K_{\text{ATP}}$ channel constitutive subunits sulfonylurea receptor 1 and Inward rectifier potassium channel 6.2 were measured, both were diminished in GC-A KO islets. These alterations on $\beta$-cell function were not associated with disruption of glucose tolerance or insulin sensitivity in vivo. Glucose and insulin tolerance tests were similar in WT and GC-A KO mice. Our data suggest that the ANP/GC-A system may have a modulating effect on $\beta$-cell function. (Endocrinology 151: 3665–3674, 2010)
type 2 diabetes mellitus (9, 10). Insulin secretion in pancreatic β-cells is driven by the ATP-dependent potassium (K$_{ATP}$) channels and calcium entry (11).

It has been shown that GC-A is present in pancreatic β-cells (12, 13). Interestingly, You and Laychock (13) have demonstrated that ANP, likely through activation of GC-A, regulates pancreatic β-cell growth. A possible insulinotropic action for ANP/GC-A is still a matter of controversy. It was demonstrated that ANP elicits an increase in circulating insulin in humans (14) and stimulates insulin secretion in rats (15), whereas in other studies, ANP produced no significant insulinotropic action or even inhibited glucose-stimulated insulin secretion (GSIS) (13, 16, 17). Cyclic GMP, the second messenger produced by the activation of GC-A by ANP, blocks K$_{ATP}$ channels and enhances glucose-induced calcium signaling in mouse β-cells (18). Moreover, GC-A is involved in the insulinotropic effect of 17β-estradiol in mouse β-cells through modulation of K$_{ATP}$ channels (12).

The aim of this work is to study a possible role for the ANP/GC-A system in modulating pancreatic β-cell function.

Materials and Methods

Materials
Fura 2-acetoxyethyl ester was obtained from Molecular Probes (Invitrogen, Barcelona, Spain) and human insulin from Lilly (Humulina Regular, Madrid, Spain). All other chemicals were obtained from Sigma (Madrid, Spain).

Animals
Female mice with global deletion of GC-A (GC-A KO) and corresponding wild-type (WT) mice were generated by the group of D. L. Garbers (University of Texas Southwestern Medical Center, Dallas, TX) (19). Other mice used in this work are C57 female and OF-1 male and female. Mice were 3–4 months old, unless otherwise stated. All animals were kept under standard housing conditions. A committee on internal animal care and use reviewed and approved the method used.

Islet and islet cells isolation
Pancreatic islets of Langerhans were isolated by collagenase (Sigma) digestion as previously described (20). Islets were dispersed into single cells with trypsin. Cells were then centrifuged and resuspended in RPMI 1640 without phenol-red (Invitrogen) and with 10% charcoal dextran-treated fetal bovine serum (HyClone, Logan, UT), 2 mM L-glutamine, 200 U/ml penicillin, and 0.2 mg/ml streptomycin. Cells were then plated in covers and used within 24 h of culture.

Patch-clamp recordings
K$_{ATP}$ channel activity was recorded using standard patch-clamp recording procedures from isolated islet cells. Currents were recorded using an Axopatch 200B patch-clamp amplifier (Axon Instruments Co., Union City, CA). Patch pipettes were pulled from borosilicate capillaries (Sutter Instruments Co., Novato, CA) using a flaming/brown micropipette puller P-97 (Sutter Instruments Co.) with resistance between 3–5 MΩ when filled with the pipettes solutions as specified below. Bath solution contained (in mM): 5 KCl, 135 NaCl, 2.5 CaCl$_2$, 10 HEPES, and 1.1 MgCl$_2$ (pH 7.4) and supplemented with glucose as indicated. The pipette solution contained (in mM): 140 KCl, 1 MgCl$_2$, 10 HEPES, and 1 EGTA (pH 7.2). The pipette potential was held at 0 mV throughout recording. K$_{ATP}$ channel activity was quantified by digitizing 60-sec sections of the current record, filtered at 1 kHz, sampled at 10 kHz by a Digidata 1322A (Axon Instruments Co.), and calculating the mean open probability ($P_o$) of the channel during the sweep. Channel activity was defined as the product of $N_o$, the number of functional channels, and $P_o$, the open-state probability. $P_o$ was determined by dividing the total time channels spent in the open state by the total sample time. Data sampling was started 1 min before (control) and 5 min after application of test substances. Experiments were carried out at room temperature (20–24 C).

Insulin secretion measurement
Pancreatic islets of Langerhans were cultured in the same medium as islet cells described above. After 24 h in culture, islets were incubated at 37 C in groups of five islets in a buffer solution containing 120 mM NaCl, 25 mM NaHCO$_3$, 5 mM KCl, 2.5 mM CaCl$_2$, 1 mM MgCl$_2$, and 3 mM d-glucose (final pH 7.35). After 2 h, the solution was replaced by fresh solution containing the different stimuli, and the islets were incubated for an additional hour at 37 C. Afterwards, the medium was collected, and insulin was measured in duplicate samples by RIA using a Coat-a-Count kit (Siemens, Los Angeles, CA).

Insulin content measurement
Freshly isolated islets were hand picked in batches of 10 and lysed overnight in an ethanol/HCl buffer at 4 C. Islets from the insulin secretion experiments were subjected to the same protocol. After the overnight incubation, the buffer was removed, and insulin was determined by RIA. Protein content was determined using the Bradford dye method.

Recording [Ca$^{2+}$$_i$]
Freshly isolated islets of Langerhans were loaded with 5 μM Fura 2-acetoxyethyl ester for at least 1 h at room temperature. Calcium recordings in the whole islet of Langerhans were obtained by imaging intracellular calcium under an inverted epifluorescence microscope (Axiovert 200; Zeiss, Jena, Germany). Images were acquired every 2 sec with an extended Hamamatsu Digital Camera C4742-95 (Hamamatsu Photonics, Barcelona, Spain) using a dual filter wheel (Sutter Instrument Co.) equipped with 340 and 380 nm, 10-nm bandpass filters (Omega Optics, Madrid, Spain). Data were acquired using Aquacosmos software from Hamamatsu (Hamamatsu Photonics). Fluorescence changes are expressed as the ratio of fluorescence at 340 and 380 nm (F340/F380). Results were plotted and analyzed using commercially available software (SigmaPlot; Jandel Scientific, Corte Madera, CA).

Islet size
Transmission images from isolated whole islets were taken using a confocal Zeiss Pascal 5 microscope and a Zeiss 40 objective
(numerical aperture, 1.3). Islets were focused in the plane with the maximum area, and images were taken. Afterwards, the area of those planes was quantified using LSM Zeiss software (Zeiss) as μm² and used as the “islet size.” At least 400 islets from three different mice were measured per condition.

β-Cell mass
Mice were anesthetized with a combination of ketamine (70 mg/kg), diazepam (5.6 mg/kg), and atropine (0.5 mg/kg). A mid-laparotomy was performed, the pancreas was exposed, the animal was killed, and the pancreas was immediately dissected from surrounding tissues, cleared of fat and lymph nodes, blotted, weighed, and fixed in 4% paraformaldehyde fixative and processed for paraffin embedding. The weight of the pancreas was determined on a Mettler balance type A240 reading to 0.01 mg (Mettler Instruments Corp., Hightstown, NJ). β-Cell mass was measured by point-counting morphometry on immunoperoxidase-stained sections for insulin [rabbit antihuman insulin antibody (1:50); Santa Cruz Biotechnology, Inc., Santa Cruz, CA], using a 48-point grid to obtain the number of intercepts over β-cells (21, 22). β-Cell mass was obtained by multiplying the weight of the graft by the relative β-cell volume.

**In vivo experiments**

All the in vivo experiments were performed between 0800 and 1000 h. Blood glucose was obtained from the tail vein using an Accu-check portable glucometer (Roche Diagnostic GmbH, Mannheim, Germany). For determination of fasting blood glucose levels and the ip glucose tolerance test (IPGTT), mice were separated the previous evening and fasted for 12–14.5 h. For the IPGTT, a dose of 2 g glucose/kg body weight in a total volume of 200 μl saline solution was injected ip. For the insulin tolerance test (ITT), fed mice were separated 2 h before the experiment, and 1 U/kg body weight of human insulin (Lilly; Humulina Regular) was injected ip in 200 μl total saline solution. For glucose sensitivity, we measured the incremental area under the curve (AUC) (23, 24).

To measure plasma insulin, mice were anesthetized with 70 mg/kg body weight sodium pentobarbital. Blood was obtained by cardiac puncture with a syringe containing EDTA. Levels of plasma insulin were determined by ELISA using the ultrasensitive mouse insulin assay kit from Mercodia AB (Uppsala, Sweden). In some samples from the fasted state experiment, insulin concentrations were below the detection level of the ELISA. These samples were three per condition and were given the value of the detection limit of the assay (0.025 μg/liter).

**Western blot analyses**

Freshly isolated islets were obtained by centrifugation and resuspended in cell lysis buffer (Cell Signaling Technology, Danvers, MA). Cell extracts were subjected to SDS-PAGE (12% gels). Prestained SDS-PAGE standards were included for molecular mass estimation. The transfer to polyvinylidene membranes was performed at 125 mA for 90 min in a buffer with 2.5 mM Tris base, 9 mM glycine, and 20% methanol. Membranes were blocked with 2% nonfat dry milk and incubated with the anti-sulfonylurea receptor 1 (Sur1) (1:100), anti-inward rectifier potassium channel 6.2 (Kir6.2) (1:500), and antiactin antibodies before being incubated with a peroxidase-conjugated donkey antibody (Santa Cruz Biotechnology, Inc.) or goat antirabbit (GE Healthcare, Barcelona, Spain) antibodies, respectively. Protein bands were revealed by using the Enhanced Chemiluminescence Reagents kit (Amersham Biosciences, Barcelona, Spain).

**Reduced nicotinamide adenine dinucleotide (NADH) fluorescence**

NADH autofluorescence was monitored using the same imaging system described for intracellular Ca²⁺ recordings. NADH fluorescence was excited with a 365-nm bandpass filter, whereas emission was filtered at 445 ± 25 nm (25). An image was acquired every 60 sec.


**Statistical analysis**

Data are expressed as mean ± se. Pairwise comparisons were made using Student’s t test, unless otherwise stated. A probability level of 0.05 or lower was considered statistically significant.

**Results**

**Activation of GC-A receptor by ANP increases insulin secretion and insulin content in intact islets of Langerhans**

As described previously (12, 13), the ANP receptor, GC-A, is expressed in pancreatic cells, both β-cells and non-β-cells (Supplemental Fig. 1). 1 nM ANP increases insulin secretion in pancreatic islets stimulated with glucose as shown in Fig. 1A. This insulinoressive effect is not produced at lower ANP concentrations. The involvement of GC-A in this effect of ANP was studied on mice lacking GC-A. The insulin secretion in response to 7 mM glucose was similar in islets from GC-A WT and KO mice. The insulinoressive effect of ANP was fully inhibited in GC-A KO mice (Fig. 1B). In addition, 1 nM ANP also increased insulin content in islets of Langerhans within 1 h (Fig. 1C). This effect was only partially inhibited by the absence of GC-A.

**ANP regulates K_{ATP} channel activity and glucose-induced [Ca^{2+}] signals**

We then studied the effect of ANP on K_{ATP} activity and observed that 1 nM ANP produced a decrease in K_{ATP} channel activity in WT β-cells (Fig. 2, A and B). This decreased activity evoked an increase in [Ca^{2+}], in the presence of stimulatory glucose concentration, as shown in Fig. 2C. When the total entry of calcium into the cytosol was measured as the AUC/min, it was higher in the presence of ANP (Supplemental Fig. 2A). The potentiation of glucose-induced calcium signals is produced in islets obtained from different mouse strains and independently of sex (Supplemental Fig. 2B).
Glucose regulation of insulin secretion in islets from GC-A KO mice

We sought to functionally characterize pancreatic β-cells in islets from GC-A KO mice. GSIS was enhanced in islets lacking GC-A. This effect was observed at both 11 and 16 mM glucose, whereas no genotype-dependent difference was observed under basal conditions or in response to 7 mM glucose (Fig. 3).

Islet size and insulin content in islets from GC-A KO mice

Islet size was measured as the islet area, and it was found that islets from GC-A KO were 13% smaller than those from WT mice (Fig. 4A). Moreover, when β-cell mass was measured, it tended to be lower at 2 months in GC-A KO mice ($P = 0.09$), and it was reduced at 8 months compared with WT ($P = 0.059$) (Fig. 4B). Notably, total pancreas weight was similar in WT and KO mice at both ages (Supplemental Fig. 3A). In addition, islets from GC-A KO mice presented a striking decrease in insulin content (Fig. 4C).
K<sub>ATP</sub> channel activity and glucose-induced [Ca<sup>2+</sup>]<sub>i</sub> signals in GC-A KO mice

The activity of the K<sub>ATP</sub> was clearly diminished in β-cells from GC-A KO mice compared with WT in the absence of glucose (control; Fig. 5, A–C). The use of 100 μM diazoxide, a K<sub>ATP</sub> channel opener, rendered decreased activity in GC-A KO β-cells compared with WT (Fig. 5, A–C). The channels in GC-A KO β-cells were, nonetheless, functional and responded to 8 mM glucose similarly to those from WT mice (Fig. 5, A, B, and D). The difference in the open probability of K<sub>ATP</sub> with diazoxide suggested a decreased number of K<sub>ATP</sub> channels in β-cells. Indeed, Western blot analyses demonstrated that both subunits of the channel, Sur1 and Kir6.2, were decreased in islets from GC-A KO mice when normalized to the levels of actin as the loading control (Fig. 6, A and B).

We then studied mitochondrial metabolism by measuring NADH concentration. There was no change at 3 mM glucose, a small increase in the response to 8 mM glucose, and no change was obtained at 16 mM glucose (Fig. 7, A and B). However, we observed that Ca<sup>2+</sup> entry in response to 11 and 16 mM glucose was increased in islets from GC-A KO mice (Fig. 7C). This was measured as the percentage of time that the [Ca<sup>2+</sup>]<sub>i</sub> remained elevated above 50% of the maximum level (Fig. 7D). Basal levels of intracellular calcium, at 3 mM glucose, did not differ between GC-A KO and WT mice (Supplemental Fig. 3B).

Glucose homeostasis in GC-A KO mice

We then analyzed blood glucose homeostasis in GC-A KO mice. For this purpose, IPGTT and ITT were performed. GC-A KO mice presented decreased body weight both at 3 and at 8 months (Supplemental Fig. 3D). However, they did not present either glucose intolerance or insulin resistance at any age tested (Fig. 8, A–C). In fact, when incremental AUC was measured for the IPGTT, it was significantly lower in GC-A KO mice at 8 months (Supplemental Fig. 3C).

When glycemia was measured in both fasted and fed states, the GC-A KO mice presented 20–30% increase in the fasted state at all ages (Fig. 8D). However, glycemia in the fed state was only statistically increased at 10 months old (Fig. 8E). When insulin plasma levels were measured, neither in the fasted nor in the fed states were they modified in GC-A WT vs. KO mice (Fig. 8F).

Discussion

In this work, we present evidence of an insulinotropic effect of ANP via activation of GC-A. This is reinforced by
increase in body weight and total fat weight. In addition, these mice presented increased fat oxidation. Insulin resistance, frequently associated with obesity, was also improved (4). A model has been proposed, in which ANP and BNP may be important in preventing obesity and type 2 diabetes (5). In contrast, the studies of the effect of ANP on insulin secretion have yielded discordant data. ANP has been shown to increase plasma insulin in humans (14) and GSIS in isolated rat islets (15). However, in other studies with rats, insulin secretion ex vivo did not change in response to ANP (17) or was even decreased after iv injection of the peptide (16). Our data show that ANP increases insulin secretion in mice islets in a GC-A-dependent manner. In addition, ANP blocks K\textsubscript{ATP} channels and enhances Ca\textsuperscript{2+} signals in \textbeta{}-cells. This modulation of K\textsubscript{ATP} and Ca\textsuperscript{2+} signals by ANP mimics the effects of cyclic GMP, the second messenger produced by the activation of GC-A by ANP, previously described in \textbeta{}-cells (18).

In the present work, we have used a wide range of ANP concentrations (10 pM to 1 nM). The effect of ANP on insulin secretion was only observed at 1 nM. In a series of studies in humans, ANP plasma concentration ranged within 250–800 pm in normal and obese patients (26, 27). However, other studies reported normal levels of ANP in the range of 1.1–13.7 pm for humans. Previous work reported basal levels of ANP of 159 ± 111 pm (n = 4) in GC-A WT and 279 ± 109 pm (n = 5) in GC-A KO mice (28). The higher circulating ANP concentration in GC-A KO mice is probably related to arterial hypertension and cardiac pressure overload and hypertrophy. Most of the physiological effects of ANP are through GC-A. However, we cannot rule out the possible involvement of NPR-C, the clearance receptor, because it has been shown to modulate the cAMP/AC and PLC signaling pathways (29, 30). Despite the discrepancy in normal plasma ANP levels, patients with heart or renal failure present higher ANP concentration (for review, please see Ref. 2). Therefore, the insulinotropic effect of ANP at high concentration may be important in regulating insulin secretion in heart and renal failure. In addition, it was suggested years ago by Atlas and Maack (31) that ANP can be produced locally and in the adipose tissue (3). Recently, the overexpression of BNP in liver has been shown to protect against high-fat diet-induced the ANP-induced reduction of K\textsubscript{ATP} channel activity and the subsequent increase in [Ca\textsuperscript{2+}]. In addition, insulin content is also rapidly increased by ANP. The effect of ANP on \textbeta{}-cell function was abolished in islets from GC-A KO mice, indicating that it was dependent on GC-A. Islets from GC-A KO mice showed enhanced insulin secretion in response to increasing glucose concentrations, whereas basal insulin secretion did not change. This result was not the consequence of increased islet size or \textbeta{}-cell mass, because both were decreased in GC-A KO mice, as well as islet insulin content. Remarkably, basal K\textsubscript{ATP} channel activity in GC-A KO \textbeta{}-cells was diminished as a result of the lowered Kir6.2 and Sur1 protein levels observed. In addition, the [Ca\textsuperscript{2+}] response to increasing glucose concentrations was enhanced in GC-A KO mice. However, no change in mitochondrial metabolism was observed in GC-A KO mice that may explain the increase in GSIS. These mice were smaller and had normal IPGTT and ITT. GC-A KO mice presented, however, higher fasting glucose levels, although under 100 mg/dl.

Natriuretic peptides ANP and BNP are being involved in energy metabolism through the control of lipolysis in the adipose tissue (3). Recently, the overexpression of BNP in liver has been shown to protect against high-fat diet-induced
is the β-cell. In fact, recent studies suggested that ANP is produced within the pancreas itself (32). Other studies indicate that ANP is produced and released within the gastrointestinal mucosa, similarly as to incretin hormones (33). Hence, much higher local concentrations of ANP might occur in or around the pancreas.

Surprisingly, islets from GC-A KO mice responded to glucose with higher insulin secretion than WT islets, despite the smaller size and lower β-cell mass of GC-A KO mice. The decrease in β-cell mass may have a body weight-dependent component, because these two parameters are positively correlated (21). However, we cannot rule out an intrinsic defect in the regulation of β-cell mass in GC-A KO mice that showed increased body weight between months 2 and 8 without a concomitant increment in β-cell mass. In addition, You and Laychock (13) have recently shown that ANP, likely through GC-A activation, increases β-cell growth and [3H]thymidine incorporation in rat islet DNA, via Akt phosphorylation. Therefore, it is plausible that in the absence of GC-A, islets of Langerhans compensated the reduced β-cell mass by enhancing GSIS. This adaptation may be produced by a decrease in the expression of the K<sub>ATP</sub> subunits Sur1 and Kir6.2 and therefore by reducing K<sub>ATP</sub> channel activity at basal levels, as described in the present work. K<sub>ATP</sub> channels control the resting membrane potential and determine the electrical resistance of β-cells. When K<sub>ATP</sub> channels are open and the membrane resistance is low, small currents will affect the plasma membrane potential (and therefore, insulin release) only minimally. However, when K<sub>ATP</sub> channels are largely closed and membrane resistance is high, small currents will elicit the depolarization of the membrane, electrical activity, Ca<sup>2+</sup> signals, and insulin release. Some of the features we encountered in these GC-A KO mice resemble some models described where the expression/function of K<sub>ATP</sub> is lower or null (34–36). The increased GSIS (37, 38) and decreased islet size and β-cell mass (39) are shared with these models. However, some defects in blood glucose homeostasis and β-cell function described in these mice models, such as impaired GTT (39–41), were not present in GC-A KO mice. Therefore, the increase in GSIS observed in islets lacking GC-A may be the consequence of decreased K<sub>ATP</sub> channel activity and subunit levels. However, we cannot explain the in vivo phenotype of the GC-A KO mice solely by the decrease of K<sub>ATP</sub> channel activity. In addition, ANP is a pleiotropic hormone, and apart from its hypotensive and hypovolemic actions and role in blood pressure homeostasis, it has many different neuroendocrine and metabolic effects. In this model of global GC-A deletion, all cardiovascular and metabolic actions of ANP are ablated, and therefore, fine physiological experi-
ments are difficult to exert. Even more, subtle changes (for instance in glucose tolerance) might be masked by the complex phenotype observed in these mice (hypervolemic hypertension, cardiac hypertrophy).

Despite reduced islet size and β-cell mass, GC-A KO mice have normal glucose and insulin tolerance. It is plausible that the adaptation process by enhancing GSIS prevents the deterioration in glucose and insulin sensitivity. In fact, both defects in β-cell mass and β-cell function are required to develop diabetes, so that when one compensates the other, glucose tolerance is maintained unaltered (11). However, islets from GC-A KO mice may fail to properly respond to physiological situations in which insulin demand is increased and blood glucose homeostasis may be disrupted. In fact, GC-A−/+ mice fed with high-fat diet developed glucose intolerance, whereas the overexpression of BNP protected mice from developing high-fat diet-dependent insulin resistance (4).

The persistently higher fasting glucose levels in GC-A KO mice may be a consequence of liver defects. Fasting glycemia is mainly maintained by the hepatic endogenous glucose production (42), and in fact, hepatic insulin resistance is thought to be largely responsible for the development of fasting hyperglycemia (43).

The importance of regulating the expression of KATP subunits is not confined to β-cells. The KATP channel is also present in hypothalamic proopiomelanocortin neurons, and it is involved in insulin signaling, responsible for decreasing hepatic glucose production (44–47). In addition, KATP is also present in cardiomyocytes, where it plays a role in protecting the heart against cardiac stress (48). In fact, GC-A KO mice have a shorter life span and some of them suffer sudden death (49). The role that KATP may be playing in this event is not known.

In summary, there is increasing evidence supporting a role for natriuretic peptides and their receptors in metabolism and energy homeostasis (5). In this work, we present evidence indicating a direct effect of the ANP/GC-A signaling in β-cell function and suggesting that the endocrine pancreas should be considered an important target for natriuretic peptides and therefore contribute to their emerging role in metabolism.

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