

1 **Viability-reducing activity of *Coryllus avellana* L. extracts against human cancer**
2 **cell lines**

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19

20 **Abstract**

21 The increasing rate of cancer incidence has encouraged the search for novel natural
22 sources of anticancer compounds. The presence of small quantities of taxol and taxanes
23 in *Coryllus avellana* L. has impelled new potential applications for this plant in the field
24 of biomedicine. In the present work, the cell viability-reducing activity of stems and
25 leaves from three different hazel trees was studied-against three human-derived cancer
26 cell lines (HeLa, HepG2 and MCF-7). Both leaf and stem extracts significantly reduced

27 viability of the three cell lines either after maceration with methanol or using taxane
28 extraction methods. Since maceration reduced cell viability to a greater extent than
29 taxane extraction methods, we scaled up the maceration extraction process using a
30 method for solid/liquid extraction (Zippertex technology). Methanol leaf extracts
31 promoted a higher reduction in viability of all cell lines assayed than stem extracts.
32 Fractionation of methanol leaf extracts using silica gel chromatography led to the
33 purification and identification of two compounds by HPLC-MS and NMR: (3R,5R)-3,5-
34 dihydroxy-1,7-bis(4-hydroxyphenyl) heptane 3-O- β -D-glucopyranoside and quercetin-
35 3-O-rhamnoside. The isolated compounds decreased viability of HeLa and HepG2 cells
36 to a greater extent than MCF-7 cells. Our results suggest a potential use of *C. avellana*
37 extracts in the pharmacotherapy of cervical cancer and hepatocarcinoma and, to a lesser
38 extent, breast cancer.

39

40 **Key words**

41 Anticancer activity; *Corylus avellana*; Human cancer cells; Plant extracts; Taxol.

42

43 **Abbreviations**

44 DCM, dichloromethane; DMEM, Dulbecco's Modified Eagle's medium; DMSO,
45 dimethyl sulfoxide; DHHP, (3R,5R)-3,5-dihydroxy-1,7-bis(4-hydroxyphenyl) heptane
46 3-O- β -D-glucopyranoside; DW, dry weight; ESI, Electrospray ionization; EtOH,
47 ethanol; HeLa, human cervical cancer cells; HepG2, liver hepatocellular cells; HGF,
48 normal human gingival fibroblast; HL-60, human promyelocytic leukemia cells;
49 HPLC, high-performance liquid chromatography; HSC-2, oral squamous cell
50 carcinoma; IC₅₀, half maximal inhibitory concentration; MCF-7, human breast
51 adenocarcinoma cell line; MeOD, deuterated methanol; MeOH, methanol; MS, mass
52 spectrometry; MTT, 3-(4, 5-dimethylthiazolyl-2)-2,5-diphenyltetrazolium bromide);
53 NMR, nuclear magnetic resonance; PPARs, peroxisome proliferator-activated receptors;
54 QR, quercetin-3-O-rhamnoside; SDS, sodium dodecyl sulfate; SK-Mes-1, human lung
55 cancer cell line; THF- α , tumor necrosis factor alpha; NF- κ β , nuclear factor kappa-B

56

57 **1. Introduction**

58 Drug development has a long background of searching for active natural compounds in
59 plants, many of which have been used in traditional medicine to treat a wide range of
60 diseases and infections. Almost half the drugs approved since 1994 are based on natural
61 products [1]. Concerning drugs used for cancer treatment, more than 60% have a natural
62 origin and natural products are a major source for drug discovery [2].

63 The recent increase of cancer incidence has promoted a growing interest in finding new
64 active compounds to be used to fight the disease. The discovery of taxanes in hazel
65 plant extracts triggered an interest to study natural products from this plant and its
66 secondary metabolites [3,4,5,6]. In *C. avellana*, over 100 compounds have been
67 described and classified as organic acids, triacylglycerols, phytosterols, tocopherols, phenolic
68 acids, diarylheptanoids, flavonoids, tannins, isoflavones, lignans, terpenes and taxanes.

69 Previous studies reported a taxol-dependent antiproliferative activity in extracts of *C.*
70 *avellana* cell cultures. Treatment of SK-Mes-1 cells (a human cell line derived from
71 lung cancer) with extracts from *C. avellana* cell culture medium blocked cancer cells at
72 the metaphase/anaphase transition more effectively than those treated with yew extract
73 [3]. Recently, the effect of a *C. avellana* cell culture extract was evaluated in the MCF-7
74 cancer cell line (derived from breast cancer). The study confirmed the aforementioned
75 activity, and suggested that the *C. avellana* cell culture extracts were more effective
76 than pure taxol. It was therefore hypothesized that *C. avellana* extracts may present
77 compounds that could enhance its effects [7]. Moreover, the antiproliferative activity of
78 extracts of *C. avellana* trees has not been previously studied.

79 In the present study, bioassay-guided experiments were carried out to isolate and
80 characterize compounds from *C. avellana* with potential anticancer activity. For this
81 purpose, compounds from *C. avellana* leaves and stems were extracted using different
82 methodologies, and their anticancer activity was evaluated using the 3-(4,5-
83 dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay in three human
84 cancer cell lines: HeLa (derived from cervical cancer cells), HepG2 (derived from liver
85 hepatocarcinoma) and MCF-7.

86

87 **2. Materials and Methods**

88 *2.1 Mammalian cell lines*

89 HeLa, HepG2 and MCF-7 cell lines were obtained from ATCC (ATCC nos.: CCL-2,
90 HB-8065 and HTB-22, respectively). The cells were cultured in Dulbecco's Modified
91 Eagle's (DMEM) medium without pyruvate, supplemented with 100 IU/mL penicillin,
92 100 µg/mL streptomycin and 10 % (v/v) of heat inactivated fetal bovine serum. All the
93 components were purchased from Gibco (Invitrogen, Barcelona, Spain). The cells were
94 grown at 37 °C in 5 % CO₂.

95

96 *2.2 Plant material and extractions*

97 Stems and leaves of *Corylus avellana* L. were collected in October 2014 from three
98 mature trees in Catalonia: (I) wild type in Barcelona, (II) wild type in Terrassa, and (III)
99 a cultivar in Tarragona. The plant materials were identified by Dr. Joan Vallès,
100 Professor of Botany at the Faculty of Pharmacy at the University of Barcelona, and
101 deposited in the herbarium of the Documentation Centre of Plant Biodiversity
102 (CeDocBiV), University of Barcelona (voucher specimens: BCN 131396, BCN 131397
103 and BCN 131398, respectively). Plant material was air-dried overnight at 60 °C and
104 powdered.

105 *2.2.1 Screening of extraction procedures*

106 Two different extraction procedures were tested in the screening assays. 1) E-extraction:
107 Taxane extraction from 1g freeze-dried leaves or stems using methanol:water (9:1,v/v)
108 [8] and 2) M-extraction: Extraction by maceration from 1 g of freeze-dried leaves or
109 stems in methanol (MeOH) 90%:H₂O 10% (40 mL, 24 h). All the extraction fractions
110 were evaporated in a rotavapor (Buchi Labortechnik AG, Switzerland). Dry E-extracts
111 (screening and Zippertex extractor) were resuspended in 0.5 mL of dimethyl sulfoxide
112 (DMSO), and 1 mL of DMSO was necessary to resuspended the M-extracts. All
113 samples were filtered through a DMSO-safe filter (0.22 µM; Tecknochroma).

114 *2.2.2 Large-scale extractions*

115 Following screening extraction assays, the tree whose leaf and stem extracts showed the
116 highest antiproliferative activity was submitted to a scaled-up extract process using the
117 accelerated solvent system, Zippertex extractor [9]. 25 g of stems and 40 g of leaves
118 were extracted with dichloromethane (DCM) (2x100 mL), followed by MeOH (2x100

119 mL) at 100 bars. Afterwards, the solvents were evaporated and resuspended in DMSO
120 at a concentration of 2 g dry weight (DW)/mL.

121 *2.2.3 Plant extract fractionation*

122 The MeOH extract from leaves was subjected to an additional fractionation procedure.
123 Compounds of the extract were firstly separated by silica gel chromatography using a
124 Combiflash-companion chromatograph (Serlabo) and ready-to-use RediSep column (40
125 g), obtaining 8 fractions which were resuspended in DMSO, at a concentration of 0.4 g
126 DW /mL. The mobile phase consisted of DCM (A) and MeOH (B) with the following
127 increasing polarity gradient (t (min), %B): (5, 0), (7-17, 5), (18-28, 10), (32-42, 15),
128 (44-55, 20) in 60 min at 30 mL/min.

129 Flash chromatography was performed with two active fractions to purify the lead
130 compounds. A Sunfire C₁₈ III (10 x 250 mm) 5 µm column was used and the mobile
131 phase consisted of water (A): acetonitrile (B), both added with 0.1% formic acid (v/v).
132 A linear gradient of 100% A to 100% B was performed in 20 minutes with a flow of 30
133 mL/min.

134

135 *2.3 MTT assay*

136 *2.3.1 MTT cell assay conditions*

137 Cell viability was determined by the MTT assay [10]. The cell growth medium was
138 removed and 0.63 mM of MTT and 18.4 mM of sodium succinate (from Sigma-Aldrich,
139 Madrid, Spain) were added to 1 mL of fresh culture medium and the cells were
140 incubated for 3 h at 37 °C. Thereafter the medium was removed and formazan
141 resuspended in DMSO supplemented with 0.57% CH₃COOH and 10% sodium dodecyl
142 sulfate (SDS) (from Sigma-Aldrich, Madrid, Spain). Absorbance was measured at 570
143 nm in a UV2310 spectrophotometer (Dinko, Barcelona, Spain).

144 *2.3.2 Vehicle validation*

145 To determine the most suitable solvent and the appropriate volume to be used for the
146 experiments DMSO and ethanol (EtOH) were analyzed at 0.01%, 0.02%, 0.1%, 0.2%
147 and 1% (v/v) on HeLa cells. Cells were seeded at 3.4 x10⁴ cells/well in 12 well plates
148 and after 24 h of growth, DMSO or EtOH was added to the medium and the cell
149 viability assay was carried out for 48 h.

150 2.3.3 *Plant extract assays*

151 HeLa, HepG2 and MCF-7 cells were seeded at a density of 3.4×10^4 cells/well. Twenty-
152 four hours later, different amounts of each plant extraction were added to the cell
153 cultures: 15 mg DW/mL and 3.33 mg DW/mL obtained from E-extraction, 7.5 mg
154 DW/mL and 1.66 mg DW/mL from M-extraction and 3.33 μ g DW/mL from Zippertex
155 extractor. For the different fractions obtained 3 mg DW/mL and 0.66 mg DW/mL were
156 assayed. Cell viability was determined 48 h later.

157 2.3.4 *Taxol toxicity*

158 Taxol (ChromaDex, Irvine, CA, USA) was used as an antiproliferative control. The half
159 maximal inhibitory concentration (IC_{50}) of taxol was determined in HeLa cell line. To
160 this end, taxol was diluted in DMSO at the following concentrations: 0.5 nM, 5 nM, 50
161 nM, 500 nM and 1500 nM. 3.4×10^4 cells/well were seeded and grown for 24 h. Taxol
162 solution was added to the medium to analyze cell viability 48 h later.

163 2.3.5 *(3R,5R)-3,5-dihydroxy-1,7-bis(4-hydroxyphenyl) heptane 3-O- β -D-*
164 *glucopyranoside and quercetin-3-O-rhamnoside assay*

165 *(3R,5R)-3,5-dihydroxy-1,7-bis(4-hydroxyphenyl) heptane 3-O- β -D-glucopyranoside*
166 (named as DHHP) and quercetin-3-O-rhamnoside (QR) were dissolved in DMSO at 1
167 mg/mL. Two concentrations (15 μ g/ml and 7.5 μ g/ml) were tested. 3.4×10^4 cells/well
168 were seeded and grown for 24 h. Each compound was added to the culture in the
169 exponential phase and the effect was measured 48 h later.

170

171 2.4 *Analytical procedures*

172 2.4.1 *HPLC-MS conditions*

173 An Alliance Waters 2695 HPLC instrument (Waters) including autosample 717, with a
174 pump 600 equipped with a photodiode array 2998 detector and an evaporative light-
175 scattering detector 2420 was used. The HPLC analytical column used was Sunfire C₁₈
176 III (4.6 x 150 mm) 3.5 μ m operating at 0.7 ml/min. The mobile phase was water (A)
177 and acetonitrile (B), both containing 0.1% of formic acid. A linear gradient from 100%
178 of A to 100% of B was performed in 50 minutes. HPLC was fitted to a simple
179 quadrupole Waters-Micromass®ZQ 2000 mass spectrometer. All analyses were done
180 using electrospray ionization (ESI) in positive and negative mode with the following

181 MS conditions: capillary voltage: 3.5 kV; cone voltage: 25 V (+), 45 V (-); extractor
182 voltage: 1 V; source temperature: 110 °C; desolvation temperature: 250 °C; RF Lens:
183 0.1 V; desolvation gas flow: 450 L/h; cone gas flow: 50 L/h; LM1/HM1 resolution:
184 15; ion Energy: 0.5 keV and Multiplier: 600 V.

185 *2.4.2 Nuclear magnetic resonance*

186 ¹H spectra were recorded with a Bruker Avance-500 instrument operating at 500 MHz.
187 Deuterated methanol (MeOD) was used as a solvent. The obtained ¹H chromatograms
188 for each compound were compared with the corresponding simulated chromatogram
189 estimated by ChemNMR software.

190

191 *2.5 Statistical analysis*

192 All the conditions were run in triplicate in at least two independent experiments. The
193 statistical analysis was performed with SPSS (version 22.0). To analyze the effect of
194 each treatment on cell viability, ANOVA analysis was performed. *p*-values lower than
195 0.05 (*) or 0.01 (**) were considered statistically significant.

196

197 **3. Results**

198 *3.1 Effects of C. avellana extracts on the viability human cancer cell lines*

199 The effects of different concentrations of DMSO or EtOH on the viability of HeLa cells
200 were determined. In all conditions assayed, EtOH promoted a significant decrease in
201 cell viability compared with non-treated cells (*p*<0.05; Figure 1). EtOH solutions
202 presented more cytotoxicity than DMSO at all the concentrations tested, while DMSO
203 treatment did not affect significantly the cell viability. Thus, DMSO was selected as the
204 solvent for subsequent experiments at concentrations up to 1 % (v/v).

205 As a control for cytotoxicity, HeLa cells were incubated in the presence of taxol. At the
206 concentrations tested, viability of HeLa cells showed a dose-response effect: the amount
207 of taxol added to the culture medium correlated with cytotoxicity. IC₅₀ for taxol was 5
208 nM in HeLa cells non-treated cells or cells in presence of DMSO as control (Figure 2).

209 Thereafter, screening experiments using leaf and stem extracts obtained from three
210 different *C. avellana* trees were carried out. To this end, dry extracts were resuspended

211 in DMSO, at a concentration of 2 g DW/mL in the case of E-extraction and 1 g DW/mL
212 when the M-extraction procedure was followed. Twenty-four hours after seeding, HeLa,
213 HepG2 and MCF-7 cells were incubated for 48 h in the presence of leaf and stem E- and
214 M-extracts. HeLa cells treated with 15 mg DW/mL of E-extractions (Figure 3A) and 7.5
215 mg DW/mL of M-extractions (Figure 3B) showed a strong reduction of cell viability
216 compared to DMSO- and non-treated cells. Leaf and stem E- and M-extracts from trees
217 II and III reduced viability of HeLa cells more extensively than extracts from tree I. The
218 leaf M-extract from tree III was chosen to carry out a dose-response assay. The results
219 showed that when the M-extract concentration added to the cell culture was increased
220 (1.66, 3.75 and 7.50 mg DW/mL), the HeLa cell viability decreased (12.5, 2.4 and 1.9
221 %, respectively).

222 In HepG2 and MCF-7 cells, 3.33 mg DW/mL of leaf and stem E-extracts (Figures 3C
223 and 2E) and 1.66 mg DW/mL of leaf and stem M-extracts (Figures 3D and 3F) were
224 assayed. E- and M-extracts of trees II and III similarly reduced HepG2 cell viability and
225 exhibited more cytotoxic effects than extracts obtained from tree I. Compared to
226 HepG2, MCF-7 cells were more resistant to cytotoxic effects of *C. avellana* leaf and
227 stem extracts. However, leaf and stem extracts from tree III reduced cell viability to a
228 greater extent than trees I and II.

229 Since leaf and stem extracts from tree III reduced cell viability more than trees I and II
230 in the three tumour-derived cell lines, tree III was used for subsequent studies.
231 Concerning the type of extraction, M-extraction showed a significantly higher viability-
232 reducing effect than E-extraction ($p < 0.01$).

233

234 3.2 Identification of *C. avellana* compounds with cell viability-reducing activity

235 To identify compounds responsible for the growth inhibitory activity of *C. avellana*
236 leaves and stems from tree III, a scaled up maceration-like extraction process was used,
237 using Zippertex technology and two different solvents, MeOH and DCM. The
238 anticancer activity of the resulting extracts was confirmed by assaying the viability of
239 HeLa, HepG2 and MCF-7 cell lines (Figure 4). For stem extracts, no differences in
240 viability were found for the three cell lines related to the solvent used for the extraction
241 process (MeOH or DCM). However, MeOH leaf extracts showed a marked higher
242 toxicity than DCM in all cell lines. Irrespective of the extraction solvent, the cell growth

243 inhibitory effect of leaf and stem extracts was similar for HeLa and HepG2 cells, while
244 MCF-7 exhibited greater viability. Compared to control cells, MeOH leaf extracts
245 significantly decreased HeLa, HepG2 and MCF-7 viability by 86, 89 and 71 %,
246 respectively.

247 Flash chromatography was used to fractionate the MeOH leaf extracts obtained using a
248 Zippertex extractor. The cell viability-reducing activity of eight different fractions (3
249 mg DW/mL and 0.66 mg DW/mL) were assayed in HeLa cells (Figure 5). Fractions 1,
250 2, 6 and 7 showed a significantly reduced cell viability at both concentrations assayed.
251 While fractions 1 and 2 promoted a dramatic reduction in cell viability, the effects of
252 fractions 6 and 7 were dose-dependent at the concentrations assayed. Fractions 3, 4, 5
253 and 8 showed only a statistically significant cell growth decrease at the higher
254 concentration assayed (3 mg DW/mL).

255 Fractions 6 and 7 were selected for further assays due to both their antiproliferative and
256 dose-response activity. The chromatograms obtained by HPLC-MS for fractions 6 (A)
257 and 7 (B) are presented in Figure 6. Spectra showed two masses, m/z 478 and m/z 448,
258 present in both fractions 6 and 7. ESI in negative mode and MS allowed us to determine
259 that the two masses corresponded to DHHP (C) and QR (D).

260

261 *3.3 Effects of DHHP and QR on the viability of human cancer cell lines*

262 HeLa, HepG2 and MCF-7 cells were incubated for 48 h in the presence of 7.5 $\mu\text{g/mL}$ of
263 DHHP or QR to assay the effect of both compounds on cell viability (Figure 7). DHHP
264 and QR significantly decreased HeLa and HepG2 cell viability to similar levels: 51-40
265 % for DHHP and 31-20 % for QR respectively. However, MCF-7 cell viability was
266 hardly affected by any of the two compounds at the concentrations tested. Albeit not
267 significant, a slightly reducing trend of MCF-7 cell viability was observed when using
268 DHHP (8 %) and QR (2 %).

269

270 **4. Discussion**

271 Several studies have reported the content of growth inhibitory products, taxol and
272 taxanes, in *C. avellana* cell cultures [3,7,11] and trace amounts of taxol in *C. avellana*
273 tree extracts [4]. The *C. avellana* tree extracts used in this work showed trace amounts
274 of taxol (data not shown). In the present study, identification of other compounds with
275 anticancer activity in *C. avellana* tree extracts was addressed by assaying viability-

276 reducing activity in different tumour-derived cell lines. For testing the effect of *C.*
277 *avellana* extracts and isolated compounds on the viability of HeLa, HepG2 and MCF-7
278 cell lines, first we confirmed that DMSO was a suitable vehicle for our studies. DMSO
279 is an amphipathic molecule that is extensively used as a solvent for drug testing [12]. At
280 a concentration of 1 % (v/v), DMSO did not promote changes in cell viability in any of
281 the cell lines assayed.

282 As a control to identify other compounds in *C. avellana* leaf and stem extracts with
283 anticancer activity, we used taxol, a compound with anticancer activity in numerous
284 tumour-derived cell lines. The IC₅₀ value of taxol in HeLa cells was 5 nM, which is
285 consistent with previously reported IC₅₀ values for this compound in this cell line [13].

286 It is well known that secondary metabolite production and accumulation is dramatically
287 affected by the season, plant variety and other environmental conditions [14]. To avoid
288 seasonal variations, stems and leaves from *C. avellana* were collected in the same
289 month (October) from three different locations in Catalonia. Two extraction approaches
290 were applied: taxane (E-) and maceration (M-) extraction methods. The taxane
291 extraction method (E-extraction) was used due to the fact that previous results of our
292 group indicate its suitability for isolating active compounds from stems [8].
293 Furthermore, taxol and related taxanes were previously found in *C. avellana*. In
294 addition, we used maceration with the aim of extracting a wider range of active
295 compounds. In fact, we found that the M-extraction procedure was more suitable for
296 leaves.

297 The cell viability assays using leaf and stem extracts revealed that maceration was a
298 better procedure than taxane extraction. Therefore, we used a large-scale maceration
299 system using a Zippertex extractor. This extraction method allows isolation of enough
300 quantity of compounds, reducing time and costs [9], and offered us an optimal
301 procedure to obtain high yields of the compounds produced or accumulated in *C.*
302 *avellana*. The growth inhibitory effects of leaf and stem Zippertex extracts was
303 comparable to that observed during the screening experiments. Leaf extracts using
304 MeOH as solvent produced the greater reduction of viability in the three cell lines
305 assayed (reduced viability by 86, 89 and 71 % in HeLa, HepG2 and MCF-7
306 respectively). This is consistent with the fact that leaves accumulate a great variety of
307 secondary metabolites and MeOH is a very efficient universal solvent.

308 Identification of compounds with cell viability-reducing activity was conducted after
309 silica gel chromatography fractionation of MeOH leaf extracts. The fractions that
310 significantly reduced cell viability of HeLa cells in a dose-dependent manner were
311 selected for subsequent analysis. The main compounds found in the selected fractions
312 were two polyphenols: quercetin-3-O-rhamnoside, a flavonoid also named quercitrin
313 (QR), and (3R,5R)-3,5-dihydroxy-1,7-bis(4-hydroxyphenyl) heptane 3-O-β-D-
314 glucopyranoside, a diarylheptanoid (DHHP).

315 Polyphenols, a large group of ubiquitous and abundant natural compounds, present low
316 toxicity, high structural diversity and exert a wide range of biological activities.
317 Quercitrin is the rhamnose C-3 glycosylate form of quercetin, a flavonoid widely
318 produced by a huge number of plants. Quercetin can be found in different glycoside
319 forms and exhibits potential anticancer activity [15, 16]. High rates of quercitrin in *C.*
320 *avellana* leaves (3235.5 mg/Kg DW) have been reported using a flavonoid-extraction
321 methodology [17]. Several studies reported a significant role of flavonoids in growth
322 inhibition of breast, colon, gastric, prostate, ovary, endometrium, and lung tumour-
323 derived cell lines [15, 18, 19].

324 As a diarylheptanoid, DHHP contains two aromatic rings linked by a seven-carbon
325 aliphatic chain. This type of metabolite is mainly found in species from the Betulaceae,
326 Zingiberaceae, Leguminosae and Taccaceae families. The potential activity of these
327 compounds has been described as antiinflammatory, antioxidant, antitumor, estrogenic,
328 hepatoprotective and neuroprotective [20, 21, 22]. Specifically, (3R,5R)-3,5-dihydroxy-
329 1,7-bis(4- hydroxyphenyl) heptanes 3-O-β-D-glucopyranoside has been described by
330 Yokosuka [23] in *Tacca chantrieri*, Quang [24] in *Tacca plantaginea*, and Riethmüller
331 [25] in *C. avellana*. At a concentration of 21 nM, no cytotoxic activity of this compound
332 was found in HL-60 cells (human promyelocytic leukemia cells), while an IC₅₀ of 384
333 and 445 nM was reported for HSC-2 (oral squamous cell carcinoma) and HGF (normal
334 human gingival fibroblast) cells, respectively [23]. Moreover, Quang [24] reported that
335 (3R,5R)-3,5-dihydroxy-1,7-bis(4-hydroxyphenyl) heptanes 3-O-β-D-glucopyranoside
336 inhibits tumor necrosis factor alpha (TNF-α)-induced nuclear factor kappa-B (NF-κβ)
337 transcriptional activity and activates the transcriptional activity of peroxisome
338 proliferator-activated receptors (PPARs), both in a dose-dependent manner in the
339 HepG2 cell line, suggesting diarylheptanoids as a new target for the prevention and
340 treatment of metabolic and inflammatory diseases.

341 Our results suggest that the presence of DHHP and QR in *C. avellana* confers a marked
342 cell viability-reducing activity of leaf extracts from this tree. Although the
343 chromatographic fractions analyzed by HPLC-MS did not present traces of taxol, we
344 cannot rule out the presence of taxol or other compounds with anticancer activity in
345 other non-analyzed fractions. Indeed, the presence of very low quantities of taxanes in
346 *C. avellana* has been reported [3, 6, 7, 26].

347 Notably, the growth inhibitory effects of DHHP and QR depended on the cell line
348 analyzed. At the concentrations assayed, both compounds reduced viability of HeLa and
349 HepG2 cells more intensively than that of MCF-7 cells, which suggests the potential use
350 of DHHP and QR as part of a multi-drug therapy against specific tumours, such as in
351 the treatment of cervical cancer and liver carcinoma. Both bioactive compounds have
352 been reported as pro-apoptotic when added to the cultured cancer cell lines [27, 28]. It is
353 well known that multi-drug therapies improve the effectiveness of treatment in many
354 diseases. In this regard, combinations of polyphenols with commercial drugs have been
355 reported [29, 30, 31, 32, 33].

356

357 **5. Conclusion**

358 In conclusion, this is the first report showing anticancer activity of *C. avellana* tree
359 extracts against human cancer cell lines. In addition, we identified (3R,5R)-3,5-
360 dihydroxy-1,7-bis(4-hydroxyphenyl) heptane 3-O- β -D-glucopyranoside and quercetrin
361 as contributors to the strong cell viability-reducing activity of *C. avellana* leaf extracts.
362 Our findings open new insights into the anticancer activity of *C. avellana* in human
363 cancer cell lines and highlight greater sensitivity of HeLa and HepG2 cells to the
364 isolated compounds from *C. avellana* leaf extracts. Further research is needed to
365 analyze the interaction among active substances present in *C. avellana* extracts and
366 study their effect on primary cultures of cancer cells in *in vivo* assays, with the ultimate
367 aim of developing new and more effective cancer therapies.

368

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374

375 **Conflict of interest statement**

376 The authors confirm that there are no conflicts of interest associated with this
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378

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482

483 **Figure legends**

484 **Figure 1.** Effect of DMSO and EtOH on cell viability of HeLa cells. Viability of HeLa
485 cells was assayed 48 h after treatment with DMSO or EtOH at concentrations ranging
486 from 0 (NT) to 1%. The results are presented as mean values \pm SD from a representative
487 experiment run in triplicate. NT: non-treated cells; DMSO: cells incubated in the
488 presence of DMSO; EtOH: cells incubated in the presence of EtOH.

489

490 **Figure 2.** Effect of taxol on cell viability of HeLa cells. Viability of HeLa cells was
491 assayed 48 h after treatment with taxol at concentrations ranging from 0 (NT and DMSO)
492 to 1500 nM. Each bar represents the mean \pm SD of a representative experiment run in
493 triplicate. Statistically significant differences between treatments and DMSO-treated cells
494 (control) is presented as $*p < 0.05$ and $**p < 0.01$. NT: non-treated cells; DMSO: cells
495 incubated in the presence of 1% DMSO.

496

497 **Figure 3.** Cell growth inhibitory effects of extracts prepared from leaves or stems of
498 three different *C. avellana* trees (I, II, III) by taxane extraction (E) or maceration
499 extraction (M). Viability was assayed in HeLa cells after 48 h of treatment with 15 mg
500 DW/mL for E-extracts (A) and 7.5 mg DW/mL for M-extracts (B), and HepG2 and
501 MCF-7 cells 48 h following treatment with 3.33 mg DW/mL for E-extracts (C, E) and
502 1.66 mg DW/mL for M-extracts (D, F), using 1% DMSO as a solvent. The results are

503 expressed as % (mean \pm SD of a representative experiment run in triplicate) of the values
504 found in non-treated cells. NT: non-treated cells; DMSO: cells incubated in the presence
505 of 1% DMSO; T: cells treated with 5 nM taxol.

506

507 **Figure 4.** Cell growth inhibitory activity of Zippertex extracts from *C. avellana* stems
508 and leaves on HeLa, HepG2 and MCF-7 cell lines. Viability of all cell lines was assayed
509 48 h after no treatment in absence (NT) or presence of 1% DMSO (DMSO) and treatment
510 with 5nM taxol (T), DCM or MeOH Zippertex extracts from stems and leaves, using 1%
511 DMSO as a solvent. The results are presented as mean values \pm SD from a representative
512 experiment run in triplicate. Statistically significant differences compared to the
513 respective control (DMSO) are presented as $*p<0.05$; $**p<0.01$.

514

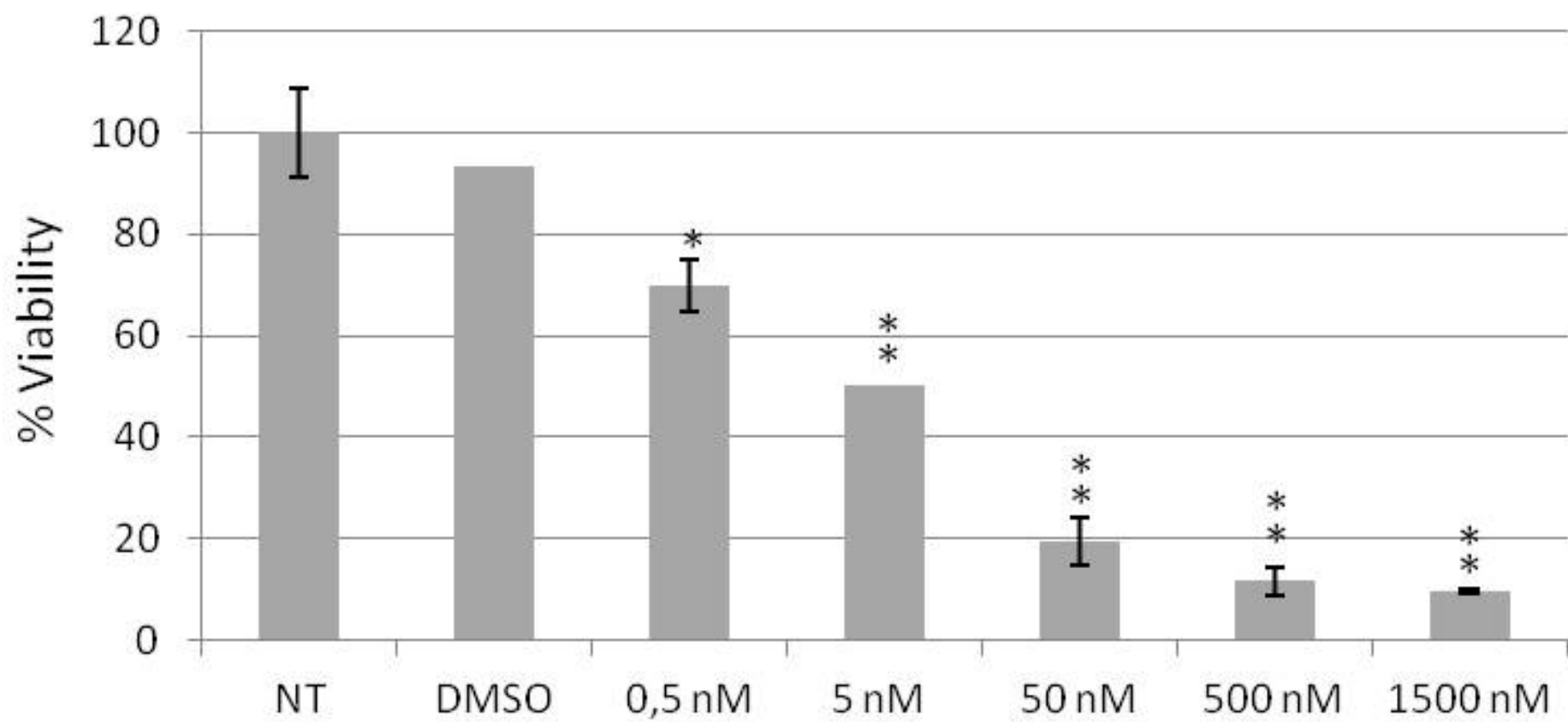
515 **Figure 5.** Effect of eight chromatographic fractions obtained from MeOH *C. avellana*
516 leaf extracts on viability of HeLa cells. Viability was assayed in HeLa cells after 48 h of
517 no treatment in absence (NT) or presence of 1% DMSO (DMSO) and treatment with 0.66
518 and 3 mg dry weight /mL, using 1% DMSO as a solvent. The results presented are mean
519 values \pm SD from a representative experiment run in triplicate. Statistically significant
520 differences compared to controls (DMSO) are presented as $*p<0.05$; $**p<0.01$.

521

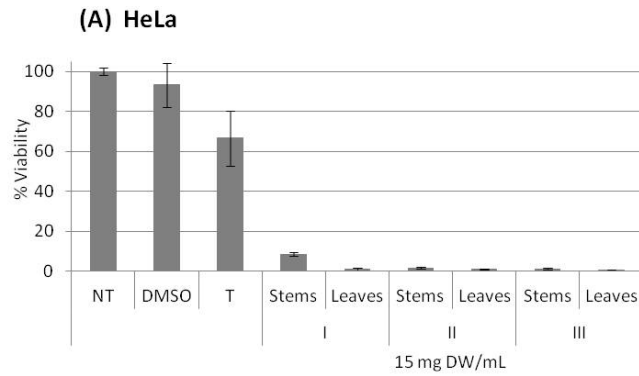
522 **Figure 6.** HPLC-MS profile of fraction 6 (A) and fraction 7 (B) of MeOH *C. avellana*
523 leaf extracts obtained with a Zippertex extractor. MS chromatograms (ESI⁻) of compound
524 3: DHHP (C) and 4: QR (D) are shown.

525

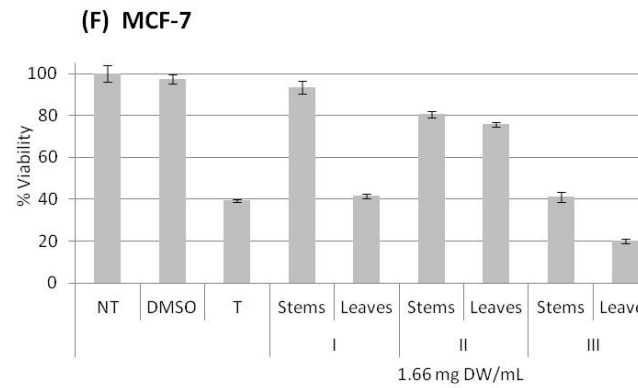
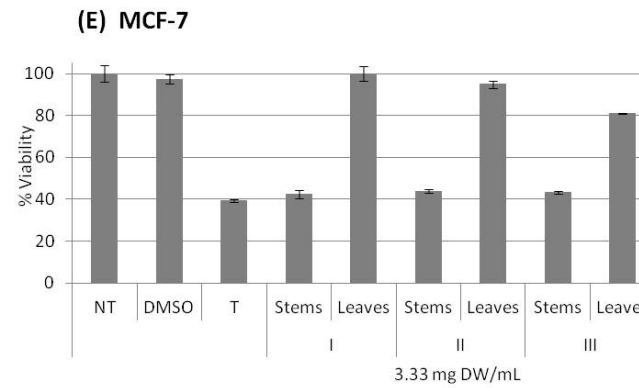
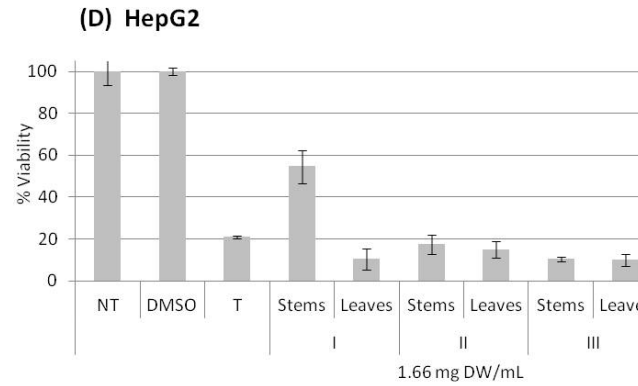
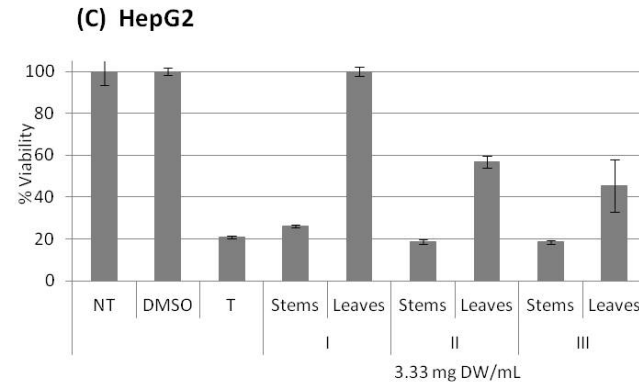
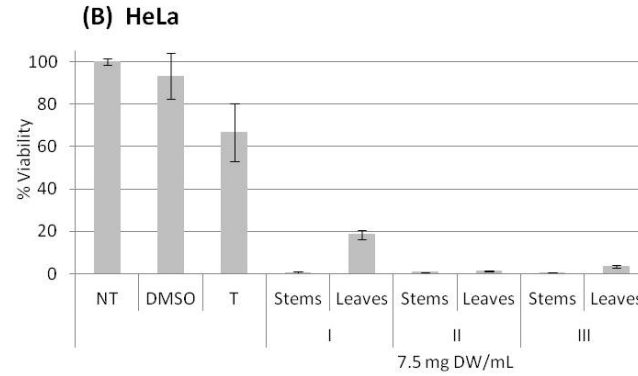
526 **Figure 7.** Cell growth inhibitory activity of quercetin-3-O-rhamnosid (QR) and (3R,5R)-
527 3,5-dihydroxy-1,7-bis(4-hydroxyphenyl) heptane 3-O- β -D-glucopyranoside (DHHP) on
528 HeLa, HepG2 and MCF-7 cells. Viability was assayed in all cell lines after 48 h of no
529 treatment in absence (NT) or presence of 1% DMSO (DMSO) and treatment with 7.5
530 mg/mL QR or DHHP, using 1% DMSO as a solvent. The results are presented as mean
531 values \pm SD from a representative experiment run in triplicate. Statistically significant
532 differences compared to the corresponding control (DMSO) are presented as $*p<0.05$;
533 $**p<0.01$.

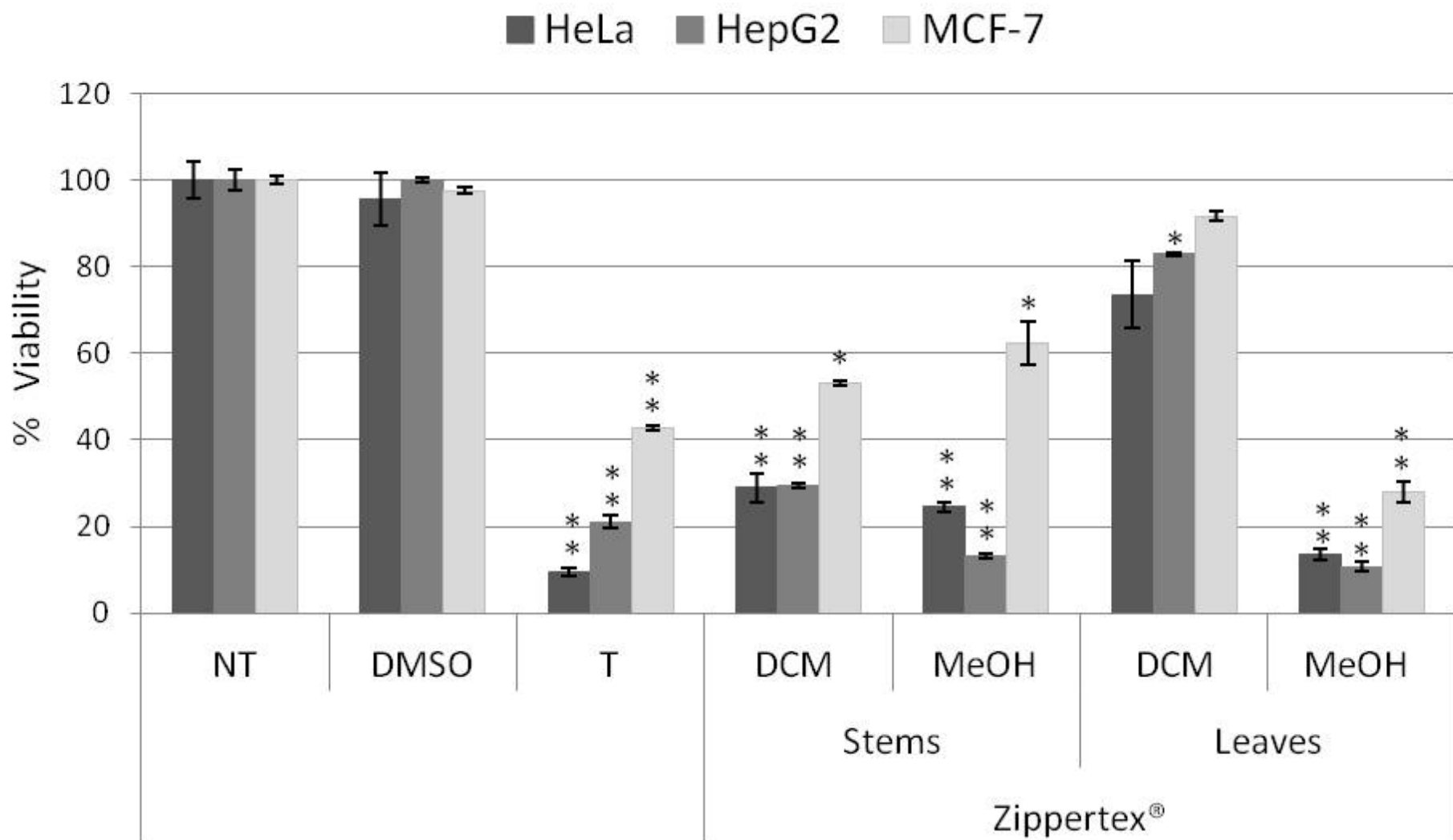


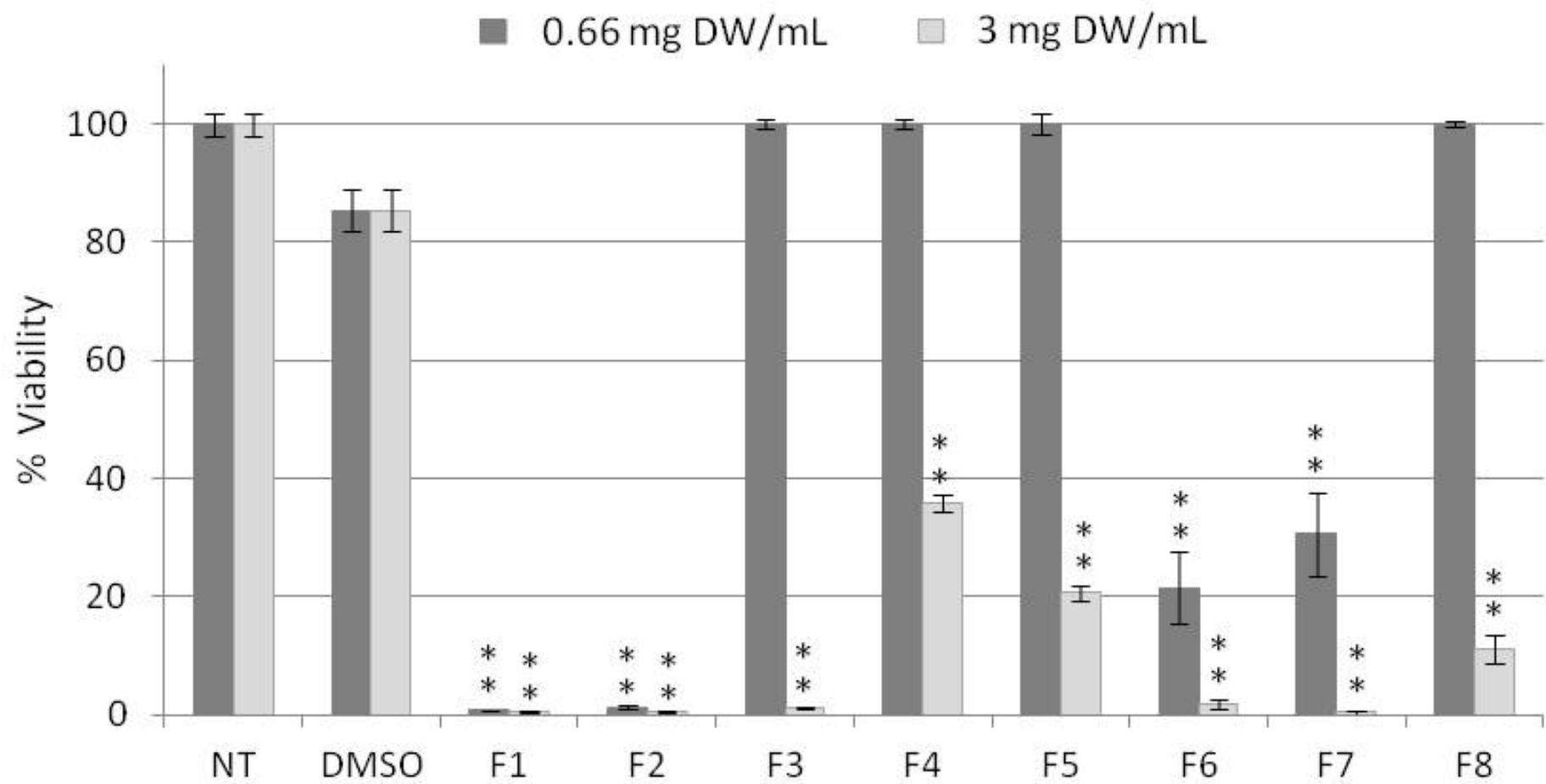
Extraction

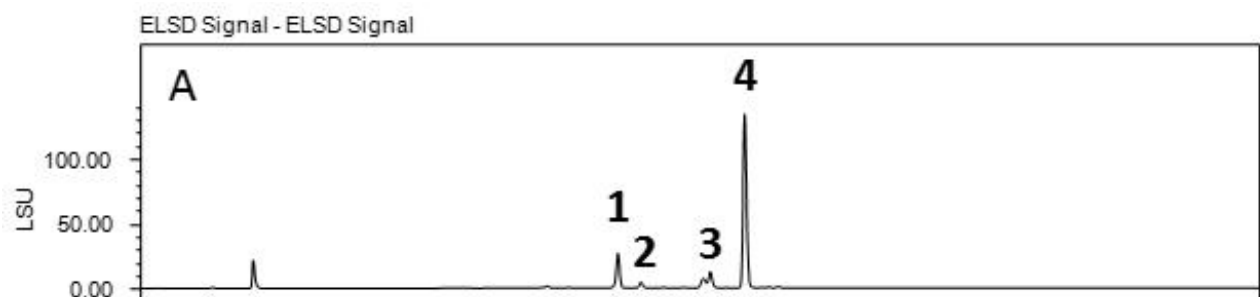


Maceration







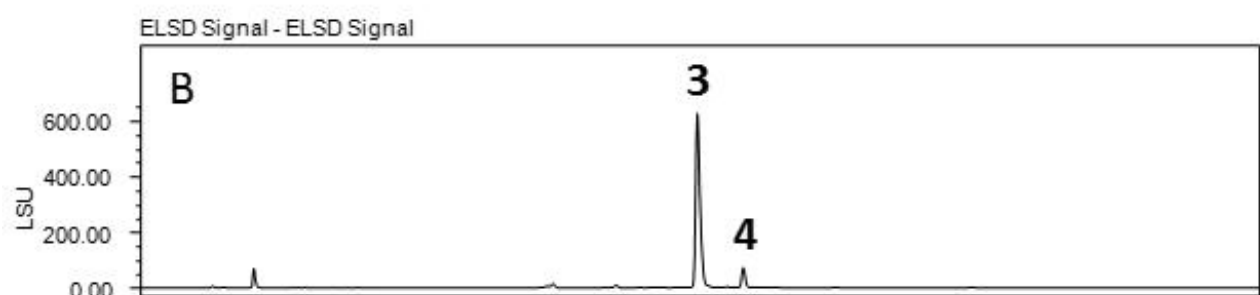


1. *m/z* 386 Cholesterol

2. *m/z* 388 Cholestanol

3. *m/z* 478 Hydroxyphenyl-4-hepten-3-one hexoside family

4. *m/z* 448 Quercetin 3-O-Rhamnoside



3. *m/z* 478 Hydroxyphenyl-4-hepten-3-one hexoside family

4. *m/z* 448 Quercetin 3-O-Rhamnoside

