# Comparison of migration disturbance potency of epigallocatechin gallate (EGCG) synthetic analogs and EGCG PEGylated PLGA nanoparticles in rat neurospheres.

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#### Abstract

Epigallocatechin gallate (EGCG), the main catechin of green tea, is described to have potential health benefits in several fields like oncology, neurology or cardiology. Currently, it is also under pre-clinical investigation as a potential therapeutic or preventive treatment during pregnancy against developmental adverse effects induced by toxic substances. However, the safety of EGCG during pregnancy is unclear due to its proven adverse effects on neural progenitor cells' (NPCs) migration. As lately several strategies have arisen to generate new therapeutic agents derived from EGCG, we have used the rat 'Neurosphere Assay' to characterize and compare the effects of EGCG structurally related compounds and EGCG PEGylated PLGA nanoparticles on a neurodevelopmental key event: NPCs migration. Compounds structurally-related to EGCG induce the same pattern of NPCs migration alterations (decreased migration distance, decreased formation of migration corona, chaotic orientation of cellular processes and decreased migration of neurons at higher concentrations). The potency of the compounds does not depend on the number of galloyl groups, and small structure variations can imply large potency differences. Due to their lower toxicity observed in vitro in NPCs, 4,4'-bis[(3,4,5trihydroxybenzoyl)oxy]-1,1'-biphenyl and EGCG PEGylated PLGA nanoparticles are suggested as potential future therapeutic or preventive alternatives to EGCG during prenatal period.

**Keywords:** Food supplements · Neural progenitor cells · Migration · Neurospheres · Developmental neurotoxicity

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Abbreviations: CEEA: Ethic Committee for Animal Experimentation; cMINC: circular migration inhibition of neural crest cells; CTB: cellTiter-Blue Reagent; DMEM: Dulbecco's modified Eagle médium; DMSO: dimethyl sulfoxide; DNT: developmental neurotoxicity; EC50: 50% effective concentrations; EE: encapsulation efficiency; EGC: epigallocatechin; EGCG: epigallocatechin gallate; EGF: epidermal growth factor; FASN: Fatty Acid Synthase; FGF: fibroblast growth factor; G37: 1,4-bis[(3,4,5-trihydroxybenzoyl)oxy]naphthalene; G56: 4,4'-bis[(3,4,5trihydroxybenzoyl)oxy]-1,1'-biphenyl; M1: 4-hydroxy-2-naphthyl 3,4,5-trihydroxybenzoate; M2: 3,4,5-trihydroxybenzoate; Nano-EGCG: **EGCG** 3-hydroxy-1-naphthyl PEGylated-PLGA nanoparticles; NPCs: neural progenitor cells; PBS: phosphate buffered saline; PDL: poly-D-lysine; PEG: polyethylene glycol; PEGylated-PLGA nanoparticles: polyethylene glicosylated poly (lacticco-glycolic acid); PFA: paraformaldehyde; PI: polydispersity index; PLGA: poly (lactic-co-glycolic acid); PLGA-PEG: poly (lactic-co-glycolic acid)-polyethylene glicol; PND1: postnatal day 1; Zav: average particle size; ZP: zeta potential.

# 1 Introduction

Efforts towards improving nutritional status of pregnant women require the involvement of a wide range of specialists, among them toxicologists, as efficacy testing of nutritional supplementation should always be accompanied of safety evaluations. Several national and multinational studies report on the intake of herbal-based supplements during pregnancy with high variation on the reported percentages (reviewed by Barenys et al., 2017b) and describe that 'health promotion' is one of the ten most commonly reported reasons among pregnant women for using herbal-based supplements (Kennedy et al., 2013). As these substances are not subject to classical risk assessment evaluations, their general toxicities might be known, but there is a lack of information on specific toxicities concerning subtle endpoints like developmental neurotoxicity (DNT) (Barenys et al., 2017b).

Epigallocatechin gallate (EGCG) is the most abundant catechin in green tea (Rothwell et al., 2013). It is present in herbal-based food supplements which can be easily purchased online, in food shops or in supermarkets without the advice of health professionals. It has been described to have several potential health benefits (Hollman et al., 1999; Singh et al., 2011; Yang et al., 2009) driven by its actions on numerous cellular targets involved in cell proliferation, adhesion, and migration ((Mineva et al., 2013; Shankar et al., 2008; Singh et al., 2011; Suzuki and Isemura,

2001), but these cellular processes are also essential for correct brain development (Holmes and McCabe, 2001), suggesting a hazardous potential for EGCG on neurodevelopment.

In a previous study using human and rat neurospheres we have shown that EGCG inhibits adhesion and migration of neural progenitor cells (NPCs) and that at higher concentrations it also produces a reduction of the number of migrating young neurons *in vitro*, without affecting NPC proliferation (Barenys et al., 2017). An independent research group has recently reproduced these migration alteration effects in a different test model (cMINC) showing that EGCG also inhibits human neural crest cells migration *in vitro* (Nyffeler et al., 2017). Besides being a freely-available food-supplement, EGCG is also intensively studied at a preclinical level as a potential prenatal treatment to decrease developmental adverse effects induced by toxic substances, i.e. prevention of the neurodevelopmental adverse effects related to the fetal alcohol syndrome (Long *et al.*, 2010; Tiwari *et al.*, 2010), or adverse outcomes related with genetic diseases like cardiac hypertrophy and short-term memory deficits associated with Williams-Beuren syndrome (Ortiz-Romero *et al.*, 2018) and reduction of craniofacial features associated with Down syndrome (McElyea *et al.*, 2016).

Even if EGCG stimulates an elevated interest for therapies in adults or during prenatal development, it displays poor bioavailability and limited stability under physiological conditions (Krupkova et al., 2016; Puig et al., 2009; Turrado et al., 2012), therefore in the last years several strategies have arisen to generate new therapeutical agents derived from EGCG to overcome these limitations: e.g. the use of polyethylene glycosylated poly (lactic-co-glycolic-acid) (PEGylated-PLGA) nanoparticles to encapsulate EGCG or the synthesis of EGCG analogues. Here we tested such EGCG alternatives in the 'Neurosphere Assay' to assess their potency to disturb (1) NPC migration distance (2) the formation of the migration corona (3) cellular process orientation angle, and (4) neuronal migration. In our study we included the original compound EGCG, EGCG PEGylated-PLGA nanoparticles (Nano-EGCG), the polyphenolic compounds G37 and

G56 with two galloyl units and a naphtyl or a biphenyl moiety, respectively, and M1 and M2 with one galloyl group (Figure 1). The inclusion of the latter was motivated by the results in our previous study where we observed that the natural catechin with only one galloyl group epigallocatechin (EGC, CAS: 970-74-1) disturbed the adhesion of NPCs less potently than EGCG (Barenys et al., 2017a). These five compounds: Nano-EGCG, G37, G56, M1, and M2, have already been tested for some beneficial effects related with, for example, their anticancer, anti-seizure, antibacterial and/or analgesic activity (Cano et al., 2018; Crous-Masó et al., 2018; Xifró et al., 2015), yet their potential to interfere with neurodevelopmental processes like migration needs evaluation before they are tested as prenatal therapies or prenatal nutritional supplements.

# 2 Material and methods

# 2.1 Reagents

(-)-Epigallocatechin-3-gallate (EGCG, CAS 989-51-5, purity > 98 %) was purchased from TransMIT PlantMetaChem (Giessen, Germany). 4-Hydroxy-2-naphtyl 3,4,5-trihydroxybenzoate (M1), 3-hydroxy-1-naphtyl 3,4,5-trihydroxybenzoate (M2), 1,4-bis[(3,4,5-trihidroxybenzol)oxy]naphthalene (G37) and 4,4'-bis[(3,4,5-trihidroxybenzol)oxy]-1,1'-biphenyl (G56) were synthesized as detailed by Crous-Masó et al., (2018) by the LIPPSO group at the University of Girona at a purity >90%. Stock solutions of EGCG and its four derivatives were dissolved at a final working concentration of 0.01% DMSO.

Poly (lactic-co-glycolic acid)-polyethylene glycol (PLGA-PEG) 5% was purchased from Evonik Co. (Evonik Co., Birmingham, USA). 1.5 mg/mL EGCG loaded PEGylated-PLGA nanoparticles were prepared at the laboratory of the 'Nanostructured systems for controlled drug delivery' research group as described in Cano et al., (2018). Briefly, the formulation with 1.5 mg/ml of EGCG, 14 mg/ml of PLGA-PEG and Tween- $^{\circ}$ 80 1.5% led to a monodisperse population (polydispersity index: PI < 0.1) of particles with an average particle size ( $Z_{av}$ ) of 168.5  $\pm$  9.9 nm and an encapsulation efficiency (EE) higher than 95%. The formulation showed a zeta potential (ZP) value (-23.3  $\pm$  5.3 mV). As the nanocarrier was formulated by the double emulsion method using Tween $^{\circ}$ 80 as surfactant, working solutions of Nano-EGCG were prepared at a final concentration of 0.1% Tween $^{\circ}$ 80.

#### 2.2 Ethics Statement

The acquisition of brain tissue for preparation of neurospheres was approved by the Ethic Committee for Animal Experimentation of the University of Barcelona (CEEA) with license number OB 341/17.

## 2.3 Proliferating cell culture establishment and maintenance

See Figure 2 for a graphical representation of the experimental approach. Rat neural progenitor cells (NPCs) were isolated from whole brain of two postnatal day 1 (PND1) pups as previously described in Baumann et al., (2014). NPCs were cultivated as a floating culture in a humidified incubator at 37 °C and 5 %  $CO_2$  in B27-proliferation medium [Dulbecco's modified Eagle medium (DMEM) and Hams F12 (3:1) with B27-supplement (Invitrogen GmBH, Karlsruhe, Germany), 20 ng/mL Epidermal growth factor (EGF, Biosource, Karlsruhe, Germany), 10 ng/mL recombinant rat fibroblast growth factor (rrFGF, R&D Systems, Wiesbaden-Nordenstadt, Germany), 100 U/mL penicillin and 100  $\mu$ g/mL streptomycin (PAN-Biotech)]. Every 2-3 days half of the medium was replaced with fresh B27-proliferation medium. As soon as neurospheres reached a certain size of 0.5-0.6 mm in diameter they were passaged mechanically with a tissue chopper (McIllwain)

to maintain their proliferative character. NPCs were chopped 3-4 days before plating on a poly-D-lysine/laminin-coated surface in an 8-chamber slide to perform the differentiation assay as described below.

#### 2.4 Differentiation conditions and chemical exposure

Studies of migration and differentiation were performed under differentiation conditions as described elsewhere (Baumann et al., 2014). Briefly, NPCs were plated onto a coated surface of poly-D-lysine (PDL; 0.1 mg/mL, Sigma Aldrich) and laminin (5 µg/mL, Sigma Aldrich) in an 8-chamber slide filled with N2 differentiation medium [Dulbecco's modified Eagle medium (DMEM) and Hams F12 (3:1) supplemented with N2 (Invitrogen GmBH, Karlsruhe, Germany), 100 U/mL penicillin, and 100 µg/mL streptomycin (PAN-Biotech) in absence of the growth factors EGF and FGF]. 3-4 days after chopping five neurospheres of diameter 0.3 mm were placed on the surface of each chamber and exposed for 24 h to EGCG, Nano-EGCG, G37, G56, M1 or M2 at increasing concentrations (1, 5 and 10 µM) at 37°C in a humidified 5 % CO<sub>2</sub> incubator. Solvent controls were plated containing the same solvent concentrations then the tested compounds: 0.01% DMSO as solvent control for EGCG, G37, G56, M1 and M2 and 0.1% Tween®80 as solvent control for Nano-EGCG. EGF (20 ng/mL) was used as a positive control, since this concentration significantly increases migration and inhibits neuronal differentiation (Schmuck et al., 2017). Three to four independent experiments were performed for every endpoint and treatment.

## 2.5 Migration

All migration experiments were performed under differential conditions and were analyzed after an exposure time of 24 h. To evaluate the individual endpoints the whole migration area of each neurosphere was visualized using a high performance phase-contrast microscope (Nikon Eclipse TS100) and pictures were taken with a monochrome camera (Imaging Source DMK 51AU02).

#### 2.5.1 Migration distance

The radial migration distance of each neurosphere was measured as described in Baumann et al., (2014) and Moors et al., (2007). Briefly, the radius in four perpendicular angles from the edge of the neurosphere core to the furthest migrated cells was measured by using the ImageJ software. Subsequently the mean of the four radii was calculated to obtain the migration distance of each sphere.

#### 2.5.2 Corona of migrating cells

The corona of migrating cells around the sphere core was calculated by manual measurement of the angles of the area covered with cells of the total corona around a sphere core (360°). The sum of all angles around the neurospheres covered by cells was calculated.

#### 2.5.3 Orientation angle measurement

NPCs migrate in a specific orientation angle within the migration area which was manually analyzed in two frames (406.5  $\mu$ m x 284.8  $\mu$ m) per neurosphere. This orientation angle was measured in respect to the perpendicular direction from the sphere core for approximately 300 cell processes per concentration and experiment and subsequently plotted in a color-coded polar plot using MatLab R2017b version.

#### 2.6 Viability testing

Viability was assessed directly after capturing pictures for the migration assay (24h after exposure) by means of Alamar Blue Assay using the CellTiter-Blue Reagent (CTB) (Promega, Mannheim, Germany) as described in Baumann et al., (2014).

#### 2.7 Immunocytochemistry

After 24h of exposure and subsequently viability testing cells were fixed overnight in 4 % paraformaldehyde (PFA) at 4 °C. On the following day cells were washed with 1x Phosphate Buffered Saline (PBS) and stored in PBS at 4 °C until immunofluorescence staining was

performed. To stain the cell nuclei and differentiated neurons within the migration area, neurospheres were incubated for 1h at 37 °C with 10 % goat serum and rabbit-anti-β(III)-tubulin first antibody (1:200; Sigma-Aldrich) in 1x Phosphate buffered saline with 0.1% (v/v) Triton-X 100 (PBS-T) followed by 30 min incubation at 37 °C with 2 % goat serum, 1 % Hoechst 33258 (Sigma-Aldrich) and anti-rabbit Alexa Fluor 546 secondary antibody (1:200; Sigma-Aldrich) in 1x PBS. Two images of the stained migrating area of each neurosphere were taken under a Nikon Eclipse TS100 fluorescence microscope. The number of Hoechst-positive cell nuclei was determined with the "Analyze Particle" command of ImageJ software (Rasband 1993-2007). βIII-tubulin<sup>+</sup> cells were quantified by manual counting in all images and expressed as percentage of the total number of cell nuclei within the two pictures corresponding to one neurosphere.

#### 2.8 Statistics

Statistical analysis was performed with the Software GraphPad Prism, Version 7, by one-way ANOVA, followed by Bonferroni's test in the one compound concentration-response experiments. Two-way ANOVA, followed by Bonferroni's post hoc test was carried out to compare two compounds concentration-response curves. For each evaluated compound 50% effective concentrations ( $EC_{50}$ ) were calculated by applying a nonlinear sigmoidal dose-response inhibition curve fit with variable slope to the obtained data points (with constrains top= 100, bottom= 0). Two-way ANOVA, followed by Bonferroni's post hoc test was also performed to determine the significance between angle-orientation variation and concentration. Student's t-test was used to compare the results between the two solvent controls and multiple student's t-test was applied to determine the significance between angle-orientation variation and concentration between the two solvent controls. Significance threshold in all statistical analysis was fixed at p < 0.05.

# 3 Results

In a previous study, EGCG exposure for 24h disturbed migration of NPCs in both human and rat neurospheres (Barenys et al., 2017a). As there were no significant differences in sensitivity towards adverse EGCG effects between both species, we tested EGCG and five different related-substances in only one model: the rat neurospheres. To follow the same approach of that study, we chose the same exposure period (24h), the same exposure concentration range (1 to 10 µM) and the same solvent control concentration (0.01% DMSO) in all cases except in the nanoparticulated formulation Nano-EGCG where the solvent control needed to be 0.1% Tween®80, the surfactant used to ensure the optimal physicochemical characteristics of the developed nanosystem (Cano et al., 2018). As 0.1% Tween®80 was never used as solvent control in the 'Neurosphere Assay' before, we present in Supplementary Figure 1 the comparison of the raw values obtained for all evaluated endpoints for 0.01% DMSO and 0.1% Tween®80 controls, showing no statistically significant differences for any migration- or neuronal differentiation-related endpoint and a significant increase in cell viability was detected by means of Alamar-Blue assay in the 0.1% Tween®80 group which indicates that this solvent concentration is not cytotoxic for NPCs in culture.

The compounds selected to be included in this study were a nanoformulation of EGCG, and four EGCG structurally-related compounds including one (M1 and M2) or two (G37 and G56) galloyl groups (Figure 1). The tested compounds displayed different potencies in disturbing NPC migration distance after 24h of exposure. G37 and M2 produced significant decreases of migration distance at 5  $\mu$ M, G56 and M1 caused this effect at the maximum concentration tested (10  $\mu$ M), while Nano-EGCG did not significantly reduce the migration distance (Figure 3). G56, M1, M2 and Nano-EGCG displayed a significantly different concentration-response curve from the one of EGCG (Figure 3).

Besides decreasing the migration distance, we observed the previously described characteristic effect of EGCG disturbing the migration pattern by induction of gaps and branches in the migration area (Figure 3). This effect, which so far has only been reported after exposure to catechin related compounds or to a functional beta1-integrin antibody, can be assessed by measuring the angle of the corona surrounding each neurosphere core with presence of migrating cells, irrespective of the distance of migration from the neurosphere core as published before for EGCG evaluation (Barenys et al., 2017a) and previously described in a different developmental neurotoxicity test using stem cells and measuring the neural outgrowth surrounding embryoid bodies (Theunissen et al., 2011). When the angle of the corona surrounded by migrating cells was measured, the tested compounds displayed very similar potencies than in the migration distance assay: G37 and M2 significantly decreased the angle of corona at 5  $\mu$ M, while G56 and M1 only presented significant effects at 10  $\mu$ M and Nano-EGCG did not induce a significant reduction of the endpoint (Figure 3). Also in this case, when concentration-response curves of each compound were compared to the one of EGCG, all tested compounds displayed a significantly different curve profile than EGCG except G37 (Figure 3).

To better compare the potencies of the effects among all compounds, 50% effective concentrations ( $EC_{50}$ ) were calculated for the two previously presented endpoints as well as for viability results by applying a nonlinear sigmoidal dose response curve fit to the obtained data points (Figure 4).  $EC_{50}$  values were above the tested concentrations for all endpoints for G56 and Nano-EGCG. For M1,  $EC_{50}$  values were also above the tested concentrations for all endpoints except for migration where it was 8.61  $\mu$ M. In contrast, G37 presented  $EC_{50}$  values of the same magnitude than EGCG while M2 displayed approximately two times higher  $EC_{50}$  values for the endpoints migration distance and corona formation. Viability curves representing metabolic activity measured with the Alamar Blue Assay showed that  $EC_{50}$  values were not reached in any compound except for EGCG and G37. A very recent study shows that migration distance or pattern can define the magnitude of signal of viability assays like the Alamar Blue Assay because

the metabolizing rate is related to number of cells in the migration area (Fritsche et al., 2018). Therefore it is not surprising that EGCG and G37, the two compounds with the strongest effect in migration distance and migration pattern are the only ones reaching an EC<sub>50</sub> in the Alamar Blue Assay. In that study, to discard a direct cytotoxic effect of EGCG in NPCs a different assay not directly dependent on cell number was applied: FACS analyses identifying annexinV/PI positive cells clearly showed that EGCG does not cause cell death (Fritsche et al., 2018).

A complementary approach to evaluate the effect of EGCG on the migration of NPCs is to measure the orientation angle of the cell migrating processes in a fixed area. As cells migrate radially from the neurosphere core, cellular processes of solvent control neurospheres were mainly oriented between 0° and ±30° angles toward the reference axis (for a schematic representation of the measurement method the reader is referred to Barenys et al., 2017a). In contrast, as previously observed, 24 h EGCG exposure caused a chaotic orientation of processes with a significantly increased percentage of cells between ±30° and ±60° angles. In this case, at higher concentrations, a significant increase in the percentage of cells oriented between ±60° and ±90° angles was also observed, while Nano-EGCG did not change the orientation of cell processes at any tested concentration (Figure 5).

For the other four tested compounds, in all cases the disturbance effect induced was less potent than after exposure to EGCG, as no significant effects were observed at 1  $\mu$ M and there was no significant increase in the percentage of cells oriented between ±60° and ±90° angles after exposure to any of the compounds tested. Again, when comparing among them four, the effect was more potent after exposure to G37 and M2 than after exposure to G56 or M1, which was not inducing significant effects until 10  $\mu$ M.

As in the 'Neurosphere Assay' the radial glial scaffold is normally used by young neurons to migrate away from the sphere core, we finally evaluated if the alterations in cell orientation had

an impact in the percentage of migrating neurons, as previously observed with EGCG in human NPC (Barenys et al., 2017a). Similar to previous results in human neurospheres, after 24 h of exposure, EGCG induced a significant reduction in the percentage of neurons in the migration area also of rat neurospheres only at the highest concentration tested (10  $\mu$ M; Figure 6) (Barenys et al., 2017a). From all other compounds tested, only M2 induced a significant decrease in the percentage of neurons at concentrations even lower than EGCG (1  $\mu$ M), while G37 and M1 showed a trend to reduction without reaching statistical significance (ANOVA p value = 0.06 and 0.07 respectively). Again, Nano-EGCG and G56 had no adverse effect on the endpoint studied at any concentration.

# 4 Discussion

The within-laboratory variability of the results obtained with the 'Neurosphere Assay' in control or exposed neurospheres has already been published in several articles performed by different operators over a long time (Baumann et al., 2016; Fritsche et al., 2005; Moors et al., 2009; Schmuck et al., 2017). In addition historical control values of the different endpoints of the neurosphere assay were summarized (Baumann et al., 2015). But so far, the transferability of the method in a second laboratory was not shown. In the present work, we reproduce the results previously published for solvent control (DMSO 0.01%) and EGCG exposed neurospheres in a different laboratory (University of Barcelona) of a different country (Spain), with different equipment and using neurospheres gained from a different rat strain (Sprague-Dawley). The values obtained in control culture conditions in this new lab fulfill the quality requirements previously published (Baumann et al., 2016, 2014) and EGCG exposure disturbed NPC migration by inducing the same pattern of alterations: significantly reduced migration distance, significantly decreased angle of corona with presence of migrating cells, significantly disturbed orientation of migrating cells' processes, and at higher concentrations reduced neuronal migration. The transferability of results among laboratories is a requirement of the retrospective

validation process of new methods in toxicology described by Hartung et al., (2004), which outlines the path to evaluate the validity of a new test on the basis of a modular validation approach and which was already used for example to retrospectively validate the in vitro micronucleus test (Corvi et al., 2008). According to the recommendations on test readiness criteria for new approach methods in toxicology (Bal-Price et al., 2018) the present results contribute to prove the robustness of the 'Neurosphere Assay' (criteria 9c-interlab) and bring forward its readiness.

The main aim of this study was to compare the effects of EGCG on NPC migration with the ones induced by the structurally related compounds G37, G56, M1, M2 and Nano-EGCG, developed as new therapeutical strategies. The overall evaluation of the endpoints shows a consistent pattern of different potencies of the tested compounds:

#### EGCG ≈ G37 > M2 > M1 ≈ G56 > Nano-EGCG

Several studies have shown that EGCG can bind to laminin (Peter et al., 2017; Suzuki and Isemura, 2001) and disturb the adhesion of cells to the extracellular matrix (Bracke et al., 1987; Chen et al., 2003; Suzuki and Isemura, 2001) finally leading to an altered cell migration pattern (Bal-Price et al., 2017; Barenys et al., 2017a; Nyffeler et al., 2017). The structural moieties inducing this altered cell migration seemed to be galloyl/pyrogallol groups because in a previous study, catechins lacking these residues did not disrupt cell adhesion (Barenys et al., 2017a). In that study we postulated that compounds with only one galloyl or pyrogallol moiety would disturb NPC migration less potently than compounds including two of them. With the results of the present work we can refute this hypothesis, as M2 with only one galloyl moiety disturbs migration more potently (EC<sub>50migration-M2</sub>= 3.06μM) than G56 with two (EC<sub>50migration-G56</sub>= not reached). The current results also indicate that variations in the main structure can cause large differences in migration disturbance potency as G37 and G56 include both two galloyl groups

but G37 with a naphthyl unit disturbs migration more potently than G56 with a biphenyl one  $(EC_{50migration-G37}=2.17\mu M << EC_{50migration-G56}= not \ reached).$ 

Hence, the structural interplay between galloyl groups and other aromatic ring groups within the same molecule seems to determine laminin binding capacity that masks integrin binding sites. To unravel the precise structures necessary for exerting these effects, more compounds structurally related to EGCG need to be tested in this assay.

To compare the EGCG-related compounds' potencies at an in vivo relevant concentration-range all compounds were tested between 1 and 10 μM (reviewed by Barenys et al., 2017b). Concentrations of EGCG in human plasma within this range have already been described after EGCG supplements intake (Shanafelt et al., 2009; Ullmann et al., 2003), however, a 5 or 10 μΜ concentration would not be achievable in individuals with a non-supplemented diet (Skibola and Smith, 2000). When tested at this range of concentrations, compounds G37 and M2 disturbed some endpoints with an EC<sub>50</sub>< 5μM. G56 and M1 significantly disturbed migration distance and the formation of the migration corona only at  $10 \, \mu M$  and for G56 EC50 values were not reached within the tested concentrations. For these compounds, concentrations around 10  $\mu$ M are not achieved in the developing brain in vivo, as pharmacokinetic studies in pregnant rats indicate that for example total EGCG is found at approximately eight times lower concentrations in the fetal brain than in maternal plasma (Chu et al., 2006). However, pharmacokinetic studies in pregnant animals with G37, G56, M1, M2 or Nano-EGCG have not been performed yet. In this sense, even if 10 μM EGCG already induce a total response in migration, and higher concentrations would exceed in vivo relevance, the addition of a 20 µM concentration for some of the other tested compounds would have strengthened the calculation of EC50 values. According to our results, M1 and G56 would seem good candidates to develop therapeutic or preventive strategies for pregnant women, however, M1 induces a non-significant decrease in migration of young neurons after 24h (p=0.07) which could be expected to become stronger after longer exposures. As G56 does not induce any reduction in this endpoint either, G56 would seem a better alternative than M1. Other studies have shown that G56 is significantly more effective than EGCG in reducing thermal hyperalgesia in a chronic constriction nerve injury mice model, that it displays strongest inhibition of lipogenic enzyme fatty acid synthase (FASN) than EGCG and that compared to the control group it does not cause significant changes on body weight neither alterations in hepatic, renal or hematological function markers at daily doses of 50 and 75 mg/Kg (Xifró et al., 2015).

Furthermore, the nanoformulation of EGCG did not disturb any of the evaluated endpoints in this study (EC<sub>50s</sub>= not reached for any endpoint). It is expected that in this particular case EGCG presents a more sustained release to the medium than when neurospheres are exposed to the free drug as this is precisely one of the aims of nanoencapsulating a compound, to contribute to a slower delivery of the drug. This sustained delivery might be responsible of a decreased concentration in the medium and a decreased interaction of the compound with the cells of the sphere or with the extracellular matrix, and therefore be responsible of a decrease or in this case an avoidance of adverse effects. The fact that a different solvent control was used while testing Nano-EGCG (0.1% Tween®80) did not influence the outcome, as the results of this solvent control are comparable with the ones of the solvent control used for G37, G56, M1 and M2 (0.01% DMSO; Supplementary Figure 1). This comparison also contributes to identify Tween®80 as a usable solvent control in the 'Neurosphere Assay', which might be of relevance due to its common use to develop nanoparticulated systems. Based on our results, Nano-EGCG could also be a potentially useful alternative to EGCG for developmental therapies. Previously published studies showed that Nano-EGCG significantly reduced the number and the intensity of epileptic episodes in mice more than the administration of the free drug (Cano et al., 2018).

Finally, it is important to remark that compounds containing galloyl moieties should be suspected to disturb the neurodevelopmental key event 'NPC migration', and therefore,

developmental neurotoxicity relevant evaluations should be included in the process of developing new medical drugs structurally-related with this family.

In summary, we can conclude that several compounds structurally-related to EGCG that are designed as its new therapeutical alternatives, induce the same pattern of alterations in the migration of NPCs than EGCG and some of them do it with the same potency (G37). In general, the potency of the effects of these compounds does not necessarily depend on the number of galloyl groups present in the molecule. This study suggests G56 and Nano-EGCG as potential therapeutic or preventive alternatives to EGCG for the prenatal period but further comprehensive evaluations of the neurodevelopmental effects of these compounds are needed to confirm their safety.

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# Conflicts of Interest

The authors declare no conflict of interest.

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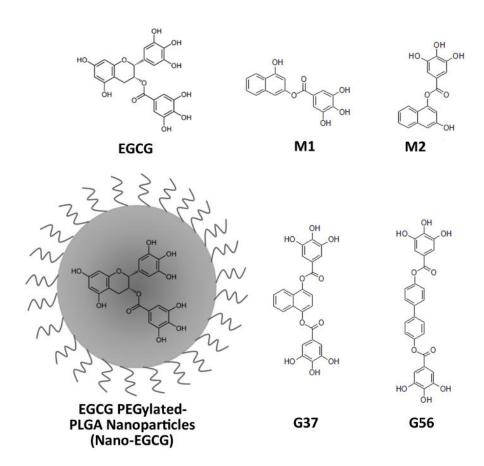
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# Figures and Figure legends:



**Figure 1. Chemical structure of the tested compounds.** EGCG (458.375 g/mol): epigallocatechin gallate; M1 (312.27 g/mol): 4-hydroxy-2-naphthyl 3,4,5-trihydroxybenzoate; M2 (312.27 g/mol): 3-hydroxy-1-naphthyl 3,4,5-trihydroxybenzoate; EGCG PEGylated-PLGA Nanoparticles (Nano-EGCG); G37 (464.38 g/mol): 1,4-bis[(3,4,5-trihydroxybenzoyl)oxy]naphthalene; G56 (490.42 g/mol): 4,4'-bis[(3,4,5-trihydroxybenzoyl)oxy]-1,1'-biphenyl.

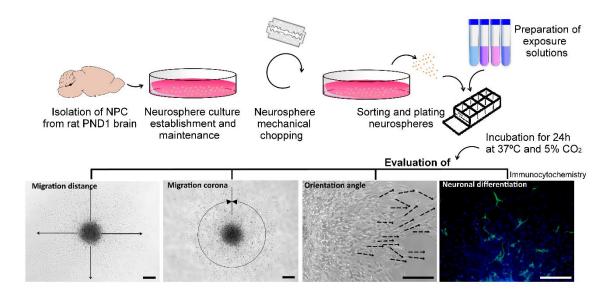


Figure 2. Graphical representation of the experimental approach. Migration distance. Phase-contrast image of the whole migration area of a rat neurosphere after 24 h of culture on a PDL/laminin coated surface. Migration distance measurement in 4 perpendicular radii from the neurosphere edge to the furthest migrated cells is exemplified with 4 arrows. Migration corona. Phase-contrast image of the whole migration area of a rat neurosphere after 24 h of culture on a PDL/laminin coated surface. The angle of the corona with presence of migrating cells surrounding the neurosphere core is represented with an arrow. Orientation angle. Phase-contrast image of the right side of the migration area of a rat neurosphere after 24 h of culture on a PDL/laminin coated surface. Measurement of 20 orientation angles is represented with discontinuous arrows. Neuronal differentiation. Fluorescent microscope image of the upper part of the migration area of a rat neurosphere after 24 h of culture on a PDL/laminin coated surface, fixation and immunocytochemistry. Blue: nuclei staining (Hoechst), green: neuronal marker (βIII-tubulin). Scale bars: 100 μm.

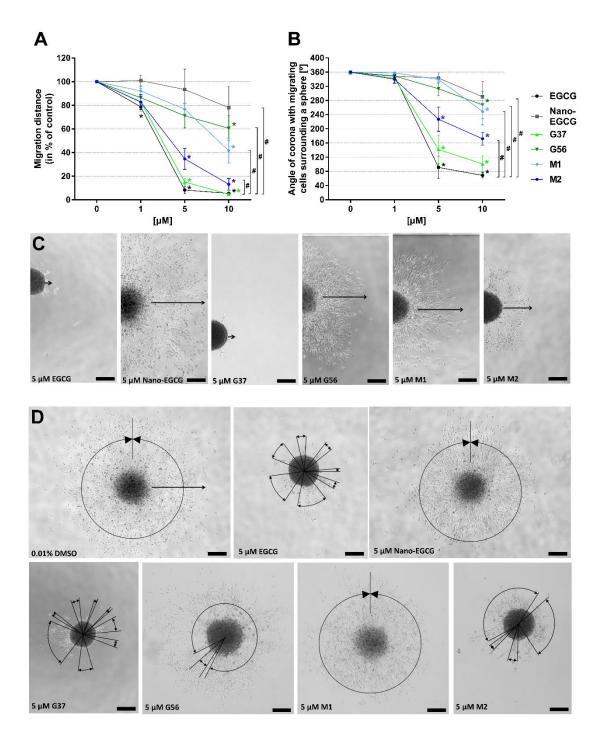


Figure 3. EGCG, Nano-EGCG and structurally related compounds display different potencies in disturbing NPC migration distances and the formation of the migration corona. Rat neurospheres were cultured for 24 h with increasing concentrations of EGCG, Nano-EGCG, G37, G56, M1 and M2. Migration distance (A) and the angle of the corona with presence of migrating cells surrounding the neurosphere core (B) were evaluated in five neurospheres/concentration in four independent experiments. Results are presented as mean  $\pm$  SEM in % of respective solvent control (DMSO 0.01 % for EGCG, G37, G56, M1 and M2 or 0.1% Tween®80 for Nano-EGCG), and mean  $\pm$  SEM angle values in degrees, respectively. \*p < 0.05

versus respective solvent control by one-way ANOVA and Bonferroni test. #p<0.05 versus EGCG concentration-response curve by two-way ANOVA. **C.** Representative phase-contrast images of neurospheres exposed to 5  $\mu$ M of each test compound for 24h showing part of their migration area with one of the measured distances indicated with an arrow. **D.** Representative phase-contrast images of neurospheres exposed to solvent control 0.01% DMSO, or 5  $\mu$ M of all tested compounds for 24h showing the full migration area and the measured angles of corona with migrating cells around a sphere (In solvent control picture D, an arrow indicating the measured migration distance is also included for comparison with C). Scale bars: 100  $\mu$ m.

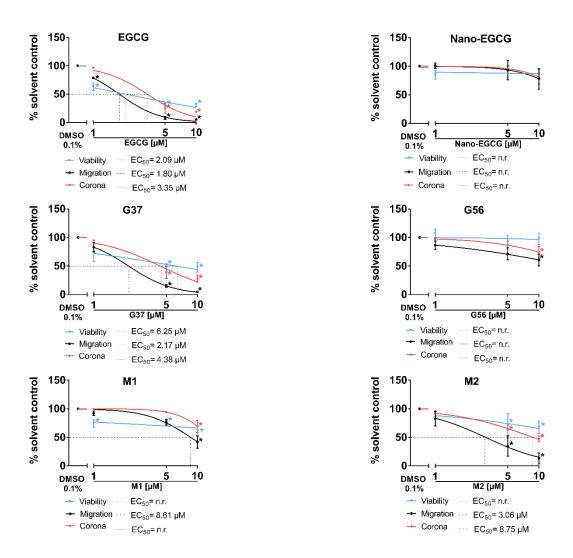


Figure 4. EGCG structurally related compounds display different potencies in disturbing NPCs migration related endpoints. Rat neurospheres were cultured for 24 h with increasing concentrations of EGCG, Nano-EGCG, G37, G56, M1 and M2. Blue (viability), black (migration) and orange lines (angle of corona with migrating cells) represent the nonlinear sigmoidal dose response curve fitted to the data points of four independent experiments using GraphPad Prism v7. Data points represent the mean ± SEM in % of respective solvent control (DMSO 0.01 % for EGCG, G37, G56, M1 and M2 or 0.1% Tween®80 for Nano-EGCG). n.r.: not reached. \*p < 0.05 versus respective solvent control by one-way ANOVA and Bonferroni test.

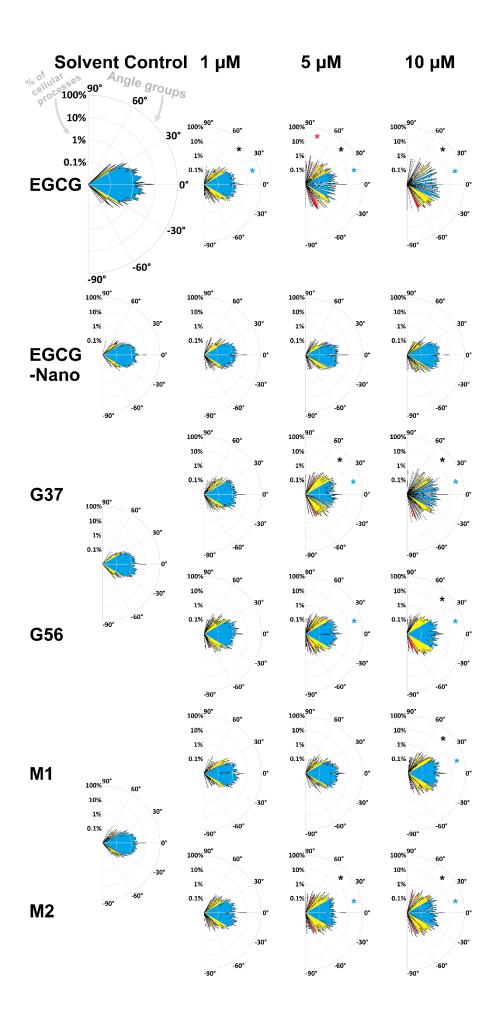


Figure 5. EGCG, Nano-EGCG and structurally related compounds display different effects on the orientation of migrating cells processes. Color-coded polar plot displaying the orientation of cellular processes in relation to the reference axis after exposure of rat neurospheres to increasing concentrations of EGCG, Nano-EGCG, G37, G56, M1 and M2 during 24 h. Blue: angles from -30 to  $30^\circ$ , yellow: angles from  $30^\circ$  to  $60^\circ$  and  $-30^\circ$  to  $-60^\circ$ , red: angles from  $60^\circ$  to  $90^\circ$  and  $-60^\circ$  to  $-90^\circ$ . Results are expressed in percentage of the total angles measured (vertical axis represents percentage in logarithmic scale). Data representing 3 independent experiments, where the angle of 240 cell processes in average per concentration and experiment were measured. \*p < 0.05 versus respective solvent control angle group by two-way ANOVA and Bonferroni analysis (EGCG, G37, G56, M1 and M2 solvent control: 0.01% DMSO; Nano-EGCG solvent control: 0.1% Tween\*80).

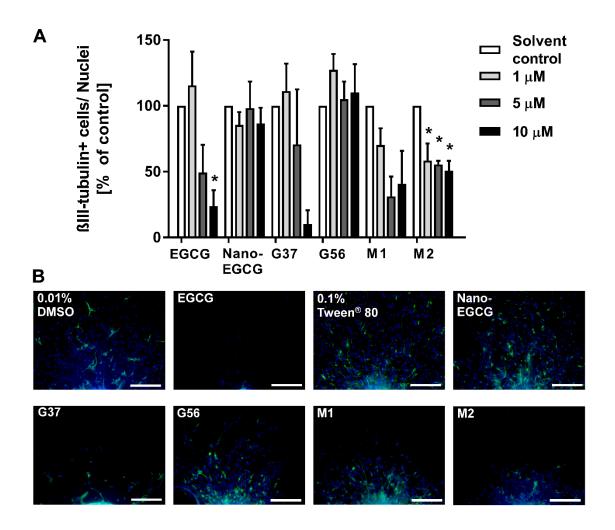
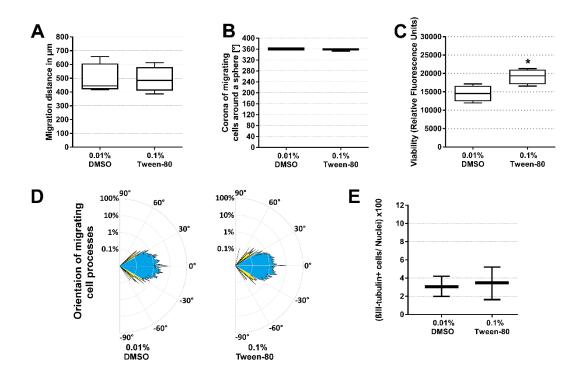


Figure 6. EGCG structurally related compounds display different potencies in disturbing the migration of young neurons. A. Rat neurospheres were cultured for 24 h with increasing concentrations of EGCG, Nano-EGCG, G37, G56, M1 and M2. The number of βIII-tubulin+ cells was manually counted in two areas per neurosphere and five neurospheres per concentration in three independent experiments and divided by the total number of nuclei in the two areas. Results represent the mean  $\pm$  SEM in % of respective solvent control (DMSO 0.01 % for EGCG, G37, G56, M1 and M2 or 0.1% Tween®80 for Nano-EGCG). \*p < 0.05 versus respective solvent control by one-way ANOVA and Bonferroni test. B. Representative pictures of neurospheres exposed to 10 μM of the tested compounds and their respective solvent controls. Blue: nuclei staining (Hoechst), green: neuronal marker (βIII-tubulin). Scale bars: 100 μm.

# Supplementary Materials



Supplementary Figure 1. Comparison of 0.01% DMSO and 0.1% Tween®80 as solvent control substances in the rat 'Neurosphere Assay'. Rat neurospheres were cultured for 24 h with 0.01% DMSO or 0.1% Tween®80. All endpoints were evaluated in five neurospheres/concentration in three or four independent experiments. In A, B, C and E results are presented in box-and-whiskers representing minimum and maximum values in. D, color-coded polar plot displaying the orientation of cellular processes in relation to the reference axis. Blue: angles from -30 to  $30^\circ$ , yellow: angles from  $30^\circ$  to  $60^\circ$  and  $-30^\circ$  to  $-60^\circ$ , red: angles from  $60^\circ$  to  $90^\circ$  and  $-60^\circ$  to  $-90^\circ$ . Results are expressed in percentage of the total angles measured (vertical axis represents percentage in logarithmic scale). Data representing 3 independent experiments. \*p < 0.05 versus respective solvent control by Student's-t test.