Probing Thermalization through Spectral Analysis with Matrix Product Operators

Yilun Yang¹,¹ Sofyan Iblisdir,^{2,3} J. Ignacio Cirac,^{1,4} and Mari Carmen Bañuls^{1,4}

¹Max-Planck-Institut für Quantenoptik, Hans-Kopfermann-Str. 1, D-85748 Garching, Germany

²Departament de Física Quàntica i Astronomia & Institut de Ciències del Cosmos, Universitat de Barcelona, 08028 Barcelona, Spain

³Departamento de Análisis y Matemática Aplicada, Universidad Complutense de Madrid &

Instituto de Ciencias Matemáticas, 28040 Madrid, Spain

⁴Munich Center for Quantum Science and Technology (MCQST), Schellingstr. 4, D-80799 München, Germany

(Received 12 September 2019; accepted 12 February 2020; published 10 March 2020)

We combine matrix product operator techniques with Chebyshev polynomial expansions and present a method that is able to explore spectral properties of quantum many-body Hamiltonians. In particular, we show how this method can be used to probe thermalization of large spin chains without explicitly simulating their time evolution, as well as to compute full and local densities of states. The performance is illustrated with the examples of the Ising and PXP spin chains. For the nonintegrable Ising chain, our findings corroborate the presence of thermalization for several initial states, well beyond what direct time-dependent simulations have been able to achieve so far.

DOI: 10.1103/PhysRevLett.124.100602

The study of one-dimensional quantum many-body systems has motivated the emergence of a number of techniques, based on tensor network states (TNS). More concretely, they use matrix product states (MPS) and matrix product density operators (MPDO) [1–5] to approximate the ground states, low-lying excitations, thermal states, as well as time evolution. These methods have enabled the indepth study of a multitude of models and the analysis of relevant physical phenomena.

The success of such techniques is rooted in the ability of MPS and related ansatzes to accurately describe states that fulfill an area law of entanglement [6,7], satisfied (or only slightly violated) by many of the problems mentioned above [8]. There are, however, important open questions that such techniques cannot easily solve. In particular, excited states at finite energy density are difficult to approximate, except in very particular cases [9,10], as they generically display volume law entanglement and, additionally, are embedded in highly dense spectral regions, which severely hinders the convergence of the algorithms. Out-of-equilibrium dynamics is also problematic: under time evolution a volume law often emerges, that makes an MPS approximation inadequate, except for short times. As a consequence, it is virtually impossible for standard MPS techniques to address the fundamental questions of equilibration and thermalization of relatively large closed quantum systems.

A few alternative tensor network algorithms have tried to overcome these problems by avoiding the explicit representation of the states [11–14]. Although they extend the applicability of the toolbox and allow access to additional dynamical quantities in some scenarios, the fundamental goal of accessing the longtime behavior in a general case, and thus deciding the appearance of equilibration or thermalization, has not been achieved.

Here we introduce a new powerful tool to fill in these gaps. Our method is based on the use of matrix product operators (MPO) to approximate a family of generalized densities of states, and provides a means to directly address thermalization. More concretely, we combine TNS and the kernel polynomial method (KPM) [15] in a general scheme that provides access not only to the full density of states (DOS) of a given many-body Hamiltonian [16], but also to energy functions that are intimately related to the out-of-equilibrium dynamics, including the local density of states (LDOS). With these functions it is possible to probe the eigenstate thermalization hypothesis (ETH) [17,18] across the spectrum, and to verify the thermalization of initial states *without* explicitly simulating the time evolution.

Generalized DOS.—Let us consider a quantum manybody Hamiltonian with spectral decomposition $H = \sum_k E_k |k\rangle \langle k|$. We are interested in energy functions of the form

$$g(E;\mathcal{O}) = \sum_{k} \delta(E - E_k) \langle k | \mathcal{O} | k \rangle, \qquad (1)$$

where O is any operator and $\delta(x)$ is the Dirac delta function. We will aim an approximation to

$$g_M(E;\mathcal{O}) \equiv \operatorname{tr}[\mathcal{O}\delta_M(E-H)],\tag{2}$$

Published by the American Physical Society

Published by the American Physical Society under the terms of the Creative Commons Attribution 4.0 International license. Further distribution of this work must maintain attribution to the author(s) and the published article's title, journal citation, and DOI. Open access publication funded by the Max Planck Society.

where δ_M is a smooth function such that $\lim_{M\to\infty}\delta_M = \delta$. As we will show below, $g_M(E; \mathcal{O})$ can be computed from traces tr[$\mathcal{O}T_n(H)$], where $T_n(H)$ are the Chebyshev polynomials of H [19].

Being able to estimate $g_M(E; \mathcal{O})$ allows us to access a number of physical quantities that we can use to probe the dynamics of H: (i) $g_M(E; 1)/d_H$ is a broadened DOS, where d_H is the dimension of the Hilbert space. It thus enables the computation of thermodynamic quantities. For instance, the partition function in the canonical ensemble can be computed as $Z_M(\beta) = \int dE e^{-\beta E} g_M(E; 1)$. (ii) Since Eq. (1) represents the (unnormalized) average expectation value of \mathcal{O} over all states with the same energy, the expectation value of \mathcal{O} in the microcanonical ensemble O(E) is given by the ratio [20]

$$O(E) = \frac{g(E;\mathcal{O})}{g(E;\mathbb{1})} \approx \frac{g_M(E;\mathcal{O})}{g_M(E;\mathbb{1})} \equiv O_M(E).$$
(3)

(iii) If the operator is taken to be a projector onto a pure state $\mathcal{O} = |\Psi\rangle\langle\Psi|$, the computed function, which we denote $g_M(E;\Psi) = g_M(E;|\Psi\rangle\langle\Psi|)$, is the corresponding LDOS.

Dynamical probes.—First, using Eq. (3) we can probe some of the predictions of ETH [17,18,21–23], which postulates that, regarding physical observables [24], energy eigenstates look thermal, i.e., they have expectation values close to those of an equilibrium ensemble with a temperature set to get the same mean energy [25]. If ETH holds we thus expect the estimate $O_M(E)$ to be a smooth function of energy, and to be equal to the thermal value at the same mean energy,

$$O_M(E) \stackrel{\text{ETH}}{\approx} \text{tr}[\rho_{\beta(E)}\mathcal{O}], \qquad (4)$$

where $\beta(E)$ is the corresponding temperature. Probing this relation constitutes a weak test of ETH. Second, we can use the estimates (ii) and (iii) to approximate the long-time averaged expectation value $\bar{O} = \lim_{T\to\infty} (1/T) \int_0^T dt \langle \Psi(t) | \hat{O} | \Psi(t) \rangle$ which, if the spectrum is not degenerate, is given by the expectation value in the diagonal ensemble, $\bar{O} = O_{\text{Diag}}(\Psi) \equiv \sum_k \langle k | \mathcal{O} | k \rangle | \langle k | \Psi \rangle |^2$. Under the nondegeneracy condition, $\langle k | \mathcal{O} | k \rangle = O(E_k)$, and we can write

$$O_{\text{Diag}}(\Psi) = \sum_{k} \int dE \delta(E - E_{k}) O(E) |\langle k | \Psi \rangle|^{2}$$

=
$$\int dE O(E) g(E; \Psi) \approx \int dE O_{M}(E) g_{M}(E; \Psi).$$
(5)

If the system thermalizes, the longtime value will be thermal, so we expect

$$\int dEO_M(E)g_M(E;\Psi) \approx \operatorname{tr}[\rho_{\beta(E)}\mathcal{O}], \tag{6}$$

for $\langle E \rangle = \langle \Psi | H | \Psi \rangle$. Hence it is possible to probe the thermalization of individual initial states without the need to explicitly simulate time evolution. Instead, we can estimate, as we detail in the following, the expectation value of any local observable in the diagonal ensemble for initial states that can be written as an MPS, and compare this result to the expectation value in the Gibbs ensemble for which the mean energy is $\langle E \rangle$ (which for local Hamiltonians can be efficiently approximated using MPS tools). Notice that if the energy spectrum has degeneracies, it is still possible to estimate the longtime averaged \overline{O} with our method, and perform this comparison, although with a higher computational cost [26].

Finally, the LDOS encodes information about the evolution of a state under *H* at arbitrarily long times. Indeed, its Fourier transform (assuming *H* is constant in time) is the survival probability, $F(t) \equiv |\langle \Psi(0) | \Psi(t) \rangle|^2$, which is sensitive to all time regimes of the evolution [27],

$$F(t) = \left| \int dE e^{-iEt} g(E; \Psi) \right|^2 \approx \left| \int dE e^{-iEt} g_M(E; \Psi) \right|^2.$$
(7)

The decay of the survival probability after a quench presents different regimes, and shows sensitivity towards ergodicity and thermalization [27–30].

Chebyshev expansions.—The basis of our numerical strategy is the expansion of the Dirac delta function in terms of Chebyshev polynomials T_n , defined by the recurrence relation [15]

$$T_0(x) = 1, T_1(x) = x,$$

$$T_{n+2}(x) = 2xT_{n+1}(x) - T_n(x), n \ge 0. (8)$$

Any piecewise continuous function f(x) with $x \in [-1, +1]$ admits such expansion [15,31,32], and can be approximated by a truncated sum

$$f(x) \approx \frac{1}{\pi\sqrt{1-x^2}} \left[\gamma_0 \mu_0 + 2 \sum_{n=1}^{M-1} \gamma_n \mu_n T_n(x) \right].$$
(9)

The moments $\mu_n = \int_{-1}^{1} f(x)T_n(x)dx$ are the coefficients of the full expansion, while the γ_n are introduced by the KPM to improve the quality of the truncated approximation, and depend on the order of the truncation M, but not on f [26].

Using the expansion for the delta function [15] for each term in Eq. (1), $g_M(E; \mathcal{O})$ can be written in the form (9), with moments

$$\mu_n(H;\mathcal{O}) \equiv \frac{1}{\nu} \operatorname{tr}[\mathcal{O}T_n(\tilde{H})], \qquad (10)$$

where $\tilde{H} = H/\nu + \Delta E$ is the rescaled and potentially shifted Hamiltonian, such that the spectrum $\varepsilon_k = E_k/\nu + \Delta E$ is strictly contained in [-1, 1] [26]. We can construct fixed bond dimension MPO approximations to the polynomials $T_n^{(D)}(\tilde{H}) \approx T_n(\tilde{H})$ for any Hamiltonian H that is itself expressed as an MPO. Starting from $T_0(\tilde{H}) = 1$ and $T_1(\tilde{H}) = \tilde{H}$ (both exact MPO), we apply the recurrence relation between Chebyshev polynomials (8). This increases the bond dimension, so at each step we approximate the result with the maximum D allowed using standard TNS techniques [1], $T_{n+2}^{(D)}(\tilde{H}) \approx 2\tilde{H}T_{n+1}^{(D)}(\tilde{H}) - T_n^{(D)}(\tilde{H})$. We can then compute the traces $\operatorname{tr}[\mathcal{O}T_n^{(D)}]$ and thus approximate the function $g_M(E;\mathcal{O})$ for any operator \mathcal{O} which can also be expressed as an MPO.

The case of the LDOS allows for a more efficient implementation, since in that case the traces to be evaluated reduce to the single expectation value $\langle \Psi | T_n^{(D)}(\tilde{H}) | \Psi \rangle$. Thus, instead of each full polynomial, it is enough to find an MPS approximation of the vectors resulting from applying them, $|t_n\rangle \equiv T_n(\tilde{H})|\Psi\rangle$, which satisfy the same recurrence relation. This reduction of Chebyshev expansions to states was used in Refs. [33,34] to estimate spectral function.

The sources of error in our approach are mainly the truncation of the Chebyshev expansion to a finite M, which limits the energy resolution, and the truncation error from the MPO approximation with finite D (see Ref. [26] for a detailed analysis). Note that because of the largely varying DOS across energy regions (in particular for local models as considered here, the DOS is Gaussian in the thermodynamic limit [35–37]), the precision of $g_M(E; \mathcal{O})$ estimated with the above procedure worsens near the edges of the spectrum as discussed below. We can alleviate this problem by applying separate expansions to the Hamiltonian projected onto the different energy intervals, $H \rightarrow \theta (H - E_{\text{cut}})H$ (for high) or $\theta (E_{\text{cut}} - H)H$ (for low energies) [38]. Since the step function $\theta(x)$ can also be approximated using the KPM, this construction can be realized within our numerical method [26].

Models.—We have applied the method to two quantum spin chains with open boundary conditions (the scheme can be also used for periodic chains). The first is the Ising model,

$$H_{\text{Ising}} = J \sum_{i=1}^{N-1} \sigma_z^{[i]} \sigma_z^{[i+1]} + g \sum_i^N \sigma_x^{[i]} + h \sum_i^N \sigma_z^{[i]}, \quad (11)$$

in general nonintegrable, except in the limits g = 0 (classical) or h = 0 (transverse field Ising model). This Hamiltonian has been profusely studied in the context of quantum quenches. Nontrivial dynamics has been observed and investigated in the nonintegrable regime [39–43], in particular, for the parameters that we consider, (J, g, h) = (1, -1.05, 0.5). For comparison, we analyze also the integrable point (1,0.8,0).

Second, we consider the PXP model,

$$H_{\text{PXP}} = \sum_{i=2}^{N-1} P_{i-1} \sigma_x^{[i]} P_{i+1} + \sigma_x^{[1]} P_2 + P_{N-1} \sigma_x^{[N]}, \quad (12)$$

where $P_i = (1 - \sigma_z^{[i]})/2$. This kinetically constrained model was recently realized in a Rydberg atom chain experiment [44], and the observation of persistent revivals for particular initial configurations has triggered intense theoretical investigation about quantum scars as a possible mechanism to prevent thermalization [45–49].

Thermalization probes.—To probe thermalization in the Ising model, we consider three initial states that we call $|X+\rangle$, $|Y+\rangle$, $|Z+\rangle$, defined as translationally invariant products of totally polarized spins in the corresponding directions. Their LDOS for the integrable and nonintegrable Ising models, and the DOS of both Hamiltonians are shown in Fig. 1 for a chain of N = 80 particles. The results for the DOS are very precise already for moderate bond dimensions D and truncation parameter M. We have also found that the accuracy converges faster with D for our scheme than for previous results, see Sec. III of the Supplemental Material [26].

In the nonintegrable case we analyze the thermalization of $\mathcal{O} = \sigma_z^{[N/2]}$. In the integrable one, this operator vanishes, and instead we consider $\mathcal{O} = (\sum_i \sigma_z^{[i]})^2$. The results are shown in Fig. 2 for a chain of N = 40 sites. To check relation (4), we plot $O_M(E) = g_M(E; \mathcal{O})/g_M(E; 1)$ (in yellow) as a function of *E*, and at the same time the value in the corresponding Gibbs ensemble, i.e., such that E =tr $(He^{-\beta H})/Z$ (dashed black line). In the nonintegrable case we observe convergence within the error bars (estimated from the comparison between different truncation orders). In the integrable one, we observe a deviation in the region of largest energy. But in this case there may be eigenstates that do not fulfill ETH, and the relation (4) does not need to



FIG. 1. Results of the Ising chains for N = 80, using bond dimension D = 200. The upper panels show, as a function of energy, the DOS for the nonintegrable case (left) and the error of DOS in the integrable one (right) for several values of the truncation order M. The lower panels show the LDOS in the nonintegrable (left) and integrable (right) case for totally polarized initial states $|X+\rangle$, $|Y+\rangle$, $|Z+\rangle$.



FIG. 2. Thermalization probes for the nonintegrable (left) and integrable (right) Ising models, for a chain of N = 40 sites. Dashed black line: thermal expectation value of a particular operator. Orange line: $O_M(E)$ (3) with θ projections; M = 100(left), [M = 150 (right)]; error bars indicate the difference with respect to truncation M' = M - 50 (brown line in the inset); D =600 (blue line for D = 200, with negligible error from bond dimension effect). Pink line: $O_M(E)$ of same M without θ projections, failing for high energy regions. The red, green, and blue points show the diagonal expectation value (5) for the different initial states.

hold. Notice that if we had not used different (θ projected) Chebyshev expansions for different energy sectors, the results do not converge in the outer parts of the spectrum (pink lines in the figures).

We also probe thermalization for the initial states mentioned above by checking relation (6). For each of the $|X+\rangle$, $|Y+\rangle$, and $|Z+\rangle$ states, the figures show the result of evaluating the right-hand side of Eq. (5) for the observable \mathcal{O} analyzed in the corresponding model versus $E = \langle \Psi | H | \Psi \rangle$. If the state thermalizes, and the approximation (5) is good enough, we expect that the result agrees with the thermal expectation value (black curve) at the same mean energy.

In the nonintegrable case (left panel of Fig. 2), the error bars are compatible with thermalization for the three states. This is particularly interesting for the $|X+\rangle$ and $|Z+\rangle$ states, for which numerical simulations are not able to reach thermalization times [39,40], but there are arguments for eventual thermalization [42]. The significantly larger error bar for the $|Z+\rangle$ state is related to the closeness of this state to the edge of the spectrum, which makes it sensitive to the discrete character of the latter, as evidenced also in the corresponding LDOS (lower left panel in Fig. 1). In the integrable case, the value of the most energetic of the states, $|Z+\rangle$, is not compatible with the assumption of thermal equilibrium, even with error bars. In this case, if the system equilibrates, we expect it to be to a generalized Gibbs ensemble [50]. Nevertheless, our observation cannot be taken as a test of such effect, because the estimate (5), in a case with degeneracies in the spectrum, does not necessarily correspond to the expectation value in the long time limit [26].

A similar analysis for the PXP model is shown in Fig. 3 (left panel) for a system of 40 spins. We compare the microcanonical estimate (3) for the operator $\mathcal{O} = \sigma_z^{[N/2]}$



FIG. 3. Thermalization probes in the PXP model. Left: relation (4) holds only in the center (colors as in Fig. 2); for initial states $|Z_2\rangle$, $|Z_3\rangle$ (red and blue symbols), at E = 0, (5) agrees with the thermal value. Right: Survival probability of both states as a function of time for different sizes. Revival times are almost independent of system size, and agree with predictions in Ref. [46] (dashed lines in the inset).

(yellow line and symbols) to the thermal value (black line), and observe that the agreement is best close to the center of the spectrum, but values increasingly differ (error bars considered) towards the edges. This observation is compatible with exact diagonalization results [46] (for much smaller systems) that predict the existence of ETH-violating eigenstates (scar states) in all regions of the spectrum. Closer to the edges of the spectrum, the ratio of scar states with respect to ETH ones becomes non-negligible, which explains the more evident breaking of ETH in these regions.

We next consider two initial states $|\mathcal{Z}_2\rangle \equiv |\uparrow\downarrow\downarrow\uparrow\downarrow...\rangle$ and $|\mathcal{Z}_3\rangle \equiv |\uparrow\downarrow\downarrow\uparrow\downarrow\downarrow\downarrow\downarrow\downarrow\rangle$, for which unexpectedly long-lived oscillations have been experimentally observed in Rydberg atoms [44]. It has been recently postulated [45–48] that the slow dynamics of these states is due to their large overlap with a few scar states. These states lie nevertheless in the middle of the spectrum, E = 0, where there is an exponentially large degeneracy, so that Eq. (5) (shown in the figure and compatible with the thermal value within error bars) is not necessarily a good estimate of the long-time limit.

The survival probability of these states, in contrast, does show the peculiarities of the real time dynamics of these two states. As shown in the right panel of Fig. 3, the fidelities of both states show periodic revivals. We observe that for both $|Z_2\rangle$ and $|Z_3\rangle$, the height of the peaks seems to decrease exponentially with the system size, which we choose to be multiples of 6 [46]. The locations of the peaks are more robust (see inset), at times $t_{Z_2} \approx 3\pi n/2$ and $t_{Z_3} \approx 9\pi n/8$, for $n \in \mathbb{Z}$, in agreement with the prediction in Ref. [46].

Discussion.—We have presented a technique, based on Chebyshev expansions and MPS algorithms, to compute generalized densities of states, and have shown how it can be used to directly probe thermalization in one-dimensional quantum many-body models.

Crucially, our method does not encounter the volume law of entanglement typically exhibited by high energy eigenstates, because it does not target such states individually, but mixtures of them as operators, for which not the entanglement entropy but the mutual information affects the approximability. In particular, thermal equilibrium states can be efficiently described by MPOs [51,52]. We aim at averages of intensive quantities in microcanonical ensembles, which can also be described by such mixtures (see Ref. [26] for a quantitative analysis of the bond dimension needed for a given level of accuracy as a function of the system size).

We consider a broad range of potential extensions and applications to be analyzed in the future. First of all, our calculations for spin models can be easily extended to disordered, quasiperiodic, long-range interacting, bosonic, fermionic, and even two-dimensional systems. Beyond Hamiltonians, our scheme carries over to any sort of MPO, and could be useful to explore the spectral properties of Lindbladians, random MPO, or others. Regarding the survival probability, we are looking at extensions of our scheme that would allow us to monitor the evolution of (local) observables, even at finite temperature, or to detect so-called correlation holes at intermediate timescales [53].

This work was partly supported by the Deutsche Forschungsgemeinschaft (DFG, German Research Foundation) under Germany's Excellence Strategy— EXC-2111–390814868, by the European Union through the ERC grants QUENOCOBA, ERC-2016-ADG (Grant No. 742102) and GAPS, ERC-CoG-2014 (Grant No. 648913), by Ministerio de Ciencias, Innovación y Universidades, PGC2018-095862-B-C22 (Spain) and by Quantum CAT (001- P-001644), Generalitat de Catalunya, (Spain).

- F. Verstraete, V. Murg, and J. Cirac, Adv. Phys. 57, 143 (2008).
- [2] U. Schollwöck, Ann. Phys. (Amsterdam) 326, 96 (2011), January 2011 Special Issue.
- [3] T. Huckle, K. Waldherr, and T. Schulte-Herbrüggen, Linear Algebra Appl. 438, 750 (2013).
- [4] R. Orús, Ann. Phys. (Amsterdam) 349, 117 (2014).
- [5] P. Silvi, F. Tschirsich, M. Gerster, J. Jünemann, D. Jaschke, M. Rizzi, and S. Montangero, SciPost Phys. Lect. Notes, 8 (2019).
- [6] F. Verstraete and J. I. Cirac, Phys. Rev. B 73, 094423 (2006).
- [7] M. B. Hastings, J. Stat. Mech. (2007) P08024.
- [8] J. Eisert, M. Cramer, and M. B. Plenio, Rev. Mod. Phys. 82, 277 (2010).
- [9] V. Khemani, F. Pollmann, and S. L. Sondhi, Phys. Rev. Lett. 116, 247204 (2016).
- [10] D. M. Kennes and C. Karrasch, Phys. Rev. B 93, 245129 (2016).
- [11] M. J. Hartmann, J. Prior, S. R. Clark, and M. B. Plenio, Phys. Rev. Lett. **102**, 057202 (2009).
- [12] M. C. Bañuls, M. B. Hastings, F. Verstraete, and J. I. Cirac, Phys. Rev. Lett. **102**, 240603 (2009).
- [13] T. Enss and J. Sirker, New J. Phys. 14, 023008 (2012).

- [14] H. Kim, M. C. Bañuls, J. I. Cirac, M. B. Hastings, and D. A. Huse, Phys. Rev. E 92, 012128 (2015).
- [15] A. Weiße, G. Wellein, A. Alvermann, and H. Fehske, Rev. Mod. Phys. 78, 275 (2006).
- [16] TNS methods have been used to estimate DOS, but require approximating the time evolution with MPS [54]. Another approach is the Wang-Landau algorithm [55], given that there is no sign problem.
- [17] J. M. Deutsch, Phys. Rev. A 43, 2046 (1991).
- [18] M. Srednicki, Phys. Rev. E 50, 888 (1994).
- [19] Earlier works have combined MPS and Chebyshev polynomials to approximate the dynamics and to compute spectral functions [33,56,57].
- [20] Provided the DOS does not vanish; otherwise the microcanonical ensemble does not have any component at that *E*.
- [21] M. Srednicki, J. Phys. A 32, 1163 (1999).
- [22] M. Rigol, V. Dunjko, and M. Olshanii, Nature (London) 452, 854 (2008).
- [23] L. D'Alessio, Y. Kafri, A. Polkovnikov, and M. Rigol, Adv. Phys. 65, 239 (2016).
- [24] Physical observables include in particular (but are not restricted to) local ones. See Ref. [23] for a discussion.
- [25] More specifically, ETH postulates [21] that in the energy basis physical observables have matrix elements of the form $O_{kq} = O(\bar{E})\delta_{kq} + e^{-S(\bar{E})/2}f(E,\Delta E)R_{kq}$, where \bar{E} and ΔE are the mean and difference of eigenvalue energies, and O and fare smooth functions of their arguments. Furthermore, $O(\bar{E})$ is the expectation value of the observable in the microcanonical ensemble at energy \bar{E} , and R_{kq} is a random variable with zero mean and unit variance. S(E) is the thermodynamic entropy, defined in as $e^{S(E)} = E \sum_k \delta_e (E - E_k)$, where δ_e is a broadened δ function, such that S(E) is monotonic.
- [26] See Supplemental Material at http://link.aps.org/ supplemental/10.1103/PhysRevLett.124.100602 for details on the form of kernels, Hamiltonian rescaling and shifting, step function construction, error analysis, comparison with previous results and the case with degenerate spectrum.
- [27] L. F. Santos and E. J. Torres-Herrera, Nonequilibrium manybody quantum dynamics: From full random matrices to real systems, in *Thermodynamics in the Quantum Regime: Fundamental Aspects and New Directions*, edited by F. Binder, L. A. Correa, C. Gogolin, J. Anders, and G. Adesso (Springer International Publishing, Cham, 2018), pp. 457–479.
- [28] M. Távora, E. J. Torres-Herrera, and L. F. Santos, Phys. Rev. A 94, 041603(R) (2016).
- [29] E. J. Torres-Herrera and L. F. Santos, Phys. Rev. B 92, 014208 (2015).
- [30] M. Schiulaz, E. J. Torres-Herrera, and L. F. Santos, Phys. Rev. B 99, 174313 (2019).
- [31] A. Pinkus, J. Approx. Theory 107, 1 (2000).
- [32] J. P. Boyd, *Chebyshev and Fourier Spectral Methods* (Dover, New York, 2000).
- [33] A. Holzner, A. Weichselbaum, I. P. McCulloch, U. Schollwöck, and J. von Delft, Phys. Rev. B 83, 195115 (2011).
- [34] H. D. Xie, R. Z. Huang, X. J. Han, X. Yan, H. H. Zhao, Z. Y. Xie, H. J. Liao, and T. Xiang, Phys. Rev. B 97, 075111 (2018).
- [35] T. A. Brody, J. Flores, J. B. French, P. A. Mello, A. Pandey, and S. S. M. Wong, Rev. Mod. Phys. 53, 385 (1981).

- [36] M. Hartmann, G. Mahler, and O. Hess, J. Stat. Phys. 119, 1139 (2005).
- [37] J. P. Keating, N. Linden, and H. J. Wells, Commun. Math. Phys. 338, 81 (2015).
- [38] Using a similar strategy, it is also possible to project inside a closed interval, $\theta(H E_{\text{low}})\theta(E_{\text{high}} H)H$.
- [39] M. C. Bañuls, J. I. Cirac, and M. B. Hastings, Phys. Rev. Lett. 106, 050405 (2011).
- [40] M. B. Hastings and R. Mahajan, Phys. Rev. A 91, 032306 (2015).
- [41] M. Kormos, M. Collura, G. Takács, and P. Calabrese, Nat. Phys. 13, 246 (2017).
- [42] C.-J. Lin and O. I. Motrunich, Phys. Rev. A 95, 023621 (2017).
- [43] A. J. A. James, R. M. Konik, and N. J. Robinson, Phys. Rev. Lett. **122**, 130603 (2019).
- [44] H. Bernien, S. Schwartz, A. Keesling, H. Levine, A. Omran, H. Pichler, S. Choi, A. S. Zibrov, M. Endres, M. Greiner, V. Vuletić, and M. D. Lukin, Nature (London) 551, 579 (2017).
- [45] C. J. Turner, A. A. Michailidis, D. A. Abanin, M. Serbyn, and Z. Papić, Nat. Phys. 14, 745 (2018).

- [46] C. J. Turner, A. A. Michailidis, D. A. Abanin, M. Serbyn, and Z. Papić, Phys. Rev. B 98, 155134 (2018).
- [47] C.-J. Lin and O. I. Motrunich, Phys. Rev. Lett. 122, 173401 (2019).
- [48] V. Khemani, C. R. Laumann, and A. Chandran, Phys. Rev. B 99, 161101(R) (2019).
- [49] W. W. Ho, S. Choi, H. Pichler, and M. D. Lukin, Phys. Rev. Lett. **122**, 040603 (2019).
- [50] L. Vidmar and M. Rigol, J. Stat. Mech. (2016) 064007.
- [51] M. B. Hastings, Phys. Rev. B 73, 085115 (2006).
- [52] A. Molnar, N. Schuch, F. Verstraete, and J. I. Cirac, Phys. Rev. B 91, 045138 (2015).
- [53] E. J. Torres-Herrera and L. F. Santos, Phil. Trans. R. Soc. A 375, 20160434 (2017).
- [54] F. Schrodi, P. Silvi, F. Tschirsich, R. Fazio, and S. Montangero, Phys. Rev. B 96, 094303 (2017).
- [55] M. Troyer, S. Wessel, and F. Alet, Phys. Rev. Lett. 90, 120201 (2003).
- [56] F. A. Wolf, J. A. Justiniano, I. P. McCulloch, and U. Schollwöck, Phys. Rev. B 91, 115144 (2015).
- [57] J. C. Halimeh, F. Kolley, and I. P. McCulloch, Phys. Rev. B 92, 115130 (2015).