




Innovative strategies to treat skin wounds with mangiferin: fabrication of transfersomes modified with glycols and mucin

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Aim: The moisturizing properties of glycerol, the penetration enhancing capability of propylene glycol and the bioadhesive properties of mucin were combined to improve the carrier capabilities of transfersomes and the efficacy of mangiferin in the treatment of skin lesions. **Materials & methods:** Mangiferin was incorporated in transfersomes and glycoltransfersomes, which were also modified with mucin. The physico-chemical features were assessed, along with the efficacy against oxidative stress and skin wounds *in vitro* and *in vivo*. **Results:** Glycoltransfersomes promoted the deposition of mangiferin in epidermis and dermis, protected fibroblasts from oxidative stress and stimulated their proliferation. The wound healing and anti-inflammatory efficacy of glycoltransfersomes were confirmed *in vivo*. **Conclusion:** Results confirmed the potential of glycoltransfersomes in preventing/treating of skin lesions.

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Traditional folk medicine still provides suitable therapies for millions of people worldwide through the use of natural compounds with therapeutic or beneficial properties. Given that, plant extracts and natural molecules have been attracting the interest of researchers [1]. Recent studies have underlined the importance of nanomedicine in potentiating the efficacy of natural compounds by the enhancement of their pharmacokinetics and bioavailability at the target tissue [2–5]. Pharmaceutical nanotechnologies can innovate traditional health-promoting preparations, helping to overcome challenges and ensuring their translation from bench to clinical application. Among the different nanosystems explored over the years, phospholipid vesicles represent one of the most valuable and versatile systems, especially for skin delivery, owing to their structure, biocompatibility and similarity to skin components [6–9]. Over the last three decades, new kinds of phospholipid vesicles have been proposed, such as ultra-deformable vesicles, namely transfersomes, for the transdermal delivery of drugs [10]. Transfersomes are more elastic and deformable than conventional liposomes, due to the presence of an edge activator, which is a surfactant or another molecule capable of modifying the assembly of the bilayer. Other phospholipid vesicles have been proposed to improve dermal and transdermal delivery of drugs [8]. Ethosomes are soft vesicles prepared by using a blend of ethanol and water as hydrating medium of phospholipids [11–13]. Transethosomes have been developed by combining ethanol and an edge activator to improve the deformability of vesicles [14]. Penetration

enhancer-containing vesicles have been formulated to facilitate skin delivery of bioactive molecules: they contain a penetration enhancer (e.g., propylene glycol or ethylene glycol) that intercalates the bilayer or blends in the aqueous medium [15,16]. Glycosomes have also been formulated for skin delivery by using mixtures of water and glycerol [17].

All these vesicles have been tested as carriers for drugs, natural molecules and extracts with antioxidant and anti-inflammatory properties, showing promising capabilities in the treatment of skin disorders [18–21]. In particular, the delivery of natural bioactive molecules, such as curcumin, resveratrol, quercetin, baicalin and mangiferin in phospholipid vesicles was found to be advantageous for the treatment of skin lesions [22–24].

Among the existing natural antioxidants, mangiferin is less used and studied in modern phytotherapy, despite its wide use in traditional Chinese herbal preparations [25]. Mangiferin is a glucosylxanthone (2-β-D-glucopyranosyl-1,3,6,7-tetrahydroxy-9H-xanthen-9-one) isolated from higher plants, as well as from mango leaves, fruits and by-products (i.e., peel and kernel seed). Research has shown the antioxidant, anti-inflammatory, antidiabetic, anticancer, antimicrobial, analgesic and immunomodulatory properties of mangiferin [26,27]. However, mangiferin has a very low solubility in aqueous media (0.111 mg/ml) [28] and poor lipophilicity [29], and its efficacy *in vivo* is hampered by low absorption and high speed of clearance. The bioavailability at skin level is low and, when applied as a cream or gel, it hardly crosses the stratum corneum (SC) and remains on the skin surface [30,31]. For these reasons, the incorporation of mangiferin in phospholipid vesicles represents a valuable approach to increase its bioavailability and absorption at skin level. To this purpose, transfersomes can be effectively employed, since they are phospholipid vesicles specifically designed for dermal and transdermal delivery. The novelty of this work lies in the fact that, differently from what has been proposed previously, we modified transfersomes by adding three key components: glycerol, propylene glycol and mucin to improve the penetration enhancing capabilities, the stability and the mucoadhesive properties [32,33] of the vesicles. Glycerol is a well-known moisturizing agent that increases the hydration of human skin [34], and an osmolyte that stabilizes fluid structures in phospholipid bilayer systems (both skin lamellar pathways and vesicle carriers) [35]. Propylene glycol is a water-soluble, biocompatible penetration enhancer widely used in pharmaceutical preparations; it is able to improve drug permeation through the skin from topical preparations [36]. Mucins are large glycoproteins ubiquitous in the animal kingdom, which can exert barrier, hydration, adhesion and lubrication properties [37]. Glycerol and propylene glycol have been previously used individually to ameliorate the performance of phospholipid vesicles, but, in this work, they were used in combination, either in the presence or absence of mucin, to modify transfersomes for the delivery of mangiferin to the skin. Transfersomes, used as a reference, were prepared by adding Tween 80 to phospholipid vesicles. Tween 80 acts as an edge activator, modifying the bilayer assembly and fluidity. Glycoltransfersomes and mucin-glycoltransfersomes were formulated by combining transfersomes with the glycols and mucin. The vesicles were fully characterized, and their ability to improve the skin delivery of mangiferin and its efficacy in repairing damaged skin were evaluated *in vitro* and *in vivo*.

Materials & methods

Materials

Soy lecithin, glycerol, propylene glycol and Tween 80 were purchased from Galeno Srl (Milan, Italy). Mucin from porcine stomach (640 kDa), mangiferin, HPLC-grade methanol and hydrochloric acid, 3-(4,5-dimethylthiazol-2-yl)-3,5 diphenyl tetrazolium bromide (MTT), dimethyl sulfoxide (DMSO), 12-O-tetradecanoylphorbol 13-acetate (TPA) and all the other reagents of analytical grade were purchased from Merck Life Science Srl (Milan, Italy). Cell medium, fetal bovine serum, penicillin, streptomycin and all the other reagents for cell studies were purchased from Thermo Fisher Scientific Inc. (MA, USA).

Vesicle preparation

Glycoltransfersomes were prepared in two steps. In the first step, mangiferin (20 mg) was weighed in a glass vial and dispersed in a hydrating blend (2 ml) of water, glycerol and propylene glycol (25:25:50, %v/v) and sonicated (25 cycles, 5 s on and 2 s off, 13 microns of probe amplitude) by using a high intensity ultrasonic disintegrator (Soniprep 150, MSE Crowley, London, UK). In the second step, 360 mg of phospholipid and 40 mg of Tween 80 were weighed in a glass vial, the mangiferin in the water, glycerol and propylene glycol blend was added, and the final dispersion was sonicated (25 cycles, 5 s on and 2 s off, 13 microns of probe amplitude). The composition of samples is reported in Supplementary Table 1.

Transfersomes (used as a reference) were prepared by dispersing the phospholipid (360 mg), Tween 80 (40 mg) and mangiferin (20 mg) in water (2 ml), and sonicating the dispersion (25 cycles, 5 s on and 2 s off, 13 microns of probe amplitude) [38]. In addition, muc-glycoltransfersomes and muc-transfersomes were prepared by adding the polymer (mucin, 2 mg/ml) to the dispersions.

Each vesicle dispersion (2 ml) was loaded into Spectra/Por® membranes (12–14 kDa MW cutoff, 3-nm pore size; Spectrum Laboratories Inc., DG Breda, The Netherlands) and dialysed against water (2 l) for 2 h (with water refreshed after 1 h) at room temperature, to remove the nonincorporated mangiferin [39].

Vesicle characterization

Cryo-TEM analyses were performed to evaluate vesicle formation and morphology. Each vesicle dispersion, properly diluted with water, was placed on a glow-discharged holey carbon grid and vitrified with ethane by using a Vitrobot System (FEI Company, Eindhoven, The Netherlands). The vitreous film was observed under a transmission electron microscopy (TEM) microscope (Tecnai F20, FEI Company) in a low-dose mode at 200 kV and at approximately -173°C.

The average diameter and polydispersity index (PI) (i.e., a measure of the size distribution width) of the vesicles were determined by Dynamic Light Scattering using a Zetasizer nano-ZS (Malvern Instruments, Worcestershire, UK), which uses a helium-neon laser (633 nm) with a 173° scattering angle and backscatter technology for high sensitivity. The ζ potential (ZP) was estimated by electrophoretic light scattering using the Zetasizer nano-ZS, which measures the electrophoretic mobility of particles in dispersion. The measurements were carried out at 25°C after a 1:100 dilution of the samples with the dispersing medium used for their preparation (water or water, glycerol and propylene glycol blend) [40].

The stability of the vesicles was assessed by monitoring the mean diameter (MD), PI and ZP over 6 months at $25 \pm 1^\circ\text{C}$.

Entrapment efficiency was expressed as the percentage of mangiferin recovered after dialysis versus the amount found in nondialysed samples. Mangiferin was quantified by HPLC after disruption of nondialysed and dialysed vesicles with methanol (1:100 dilution), using a Perkin Elmer Flexar chromatograph (Madrid, Spain) equipped with a UV detector and a column Brisa LC2 C18 (5 μm , 15×0.46 cm; Teknokroma, Barcelona, Spain). The isocratic mobile phase consisted of a mixture of hydrochloric acid (pH 4.0) and methanol (60:40, v/v), the flow rate was 1.2 ml/min, and the injection volume was 20 μl . The detection wavelength was set at 254 nm. Standard calibration curves covering the whole mangiferin range concentrations were built. The obtained calibration graphs showed a good linearity ($R^2 = 0.99$). The limits of detection and quantification were estimated using the calibration curve procedure and were 0.21 and 0.54 $\mu\text{g/ml}$, respectively. Accuracy was evaluated in terms of error relative and precision by means of coefficient of variation, both values were less than 7%.

Evaluation of skin delivery performances of mangiferin-loaded vesicles

Experiments were performed by using newborn pig skin provided by a local slaughterhouse. The skin was stored at -80°C after excision, defrosted and pre-equilibrated at 37°C in saline 2 h before the experiments. The full-thickness skin specimens ($n = 6$ per formulation) were sandwiched between the donor and receptor compartments of Franz vertical cells with an effective diffusion area of 0.784 cm^2 . The receptor compartment was filled with an aqueous solution of Tween 80 (1%; ~ 6 ml), which was continuously stirred with a small magnetic bar and thermostated at $37 \pm 1^\circ\text{C}$ throughout the experiment to reach the physiological temperature (i.e., $32 \pm 1^\circ\text{C}$) of the skin surface [41]. The mangiferin formulations were applied (200 μl) onto the skin surface, under nonocclusive conditions. A dispersion of mangiferin in a water, glycerol and propylene glycol blend (25:25:50, %v/v) was used as a reference. Every 2 h and up to 24 h, the receiving solution was withdrawn, replaced with an equal volume of a fresh solution, and analyzed by HPLC for mangiferin content (see 'Vesicle characterization' section). At the end of the experiment, the skin surface was gently washed with water and blotted dry on absorbent paper. SC was stripped with adhesive tape (Tesa® AG, Hamburg, Germany) and epidermis was separated from dermis with a scalpel. The tape strips, epidermis and dermis were cut, placed separately in vials containing methanol and sonicated in an ice bath (2 min) to extract mangiferin. After filtration, the solutions were assayed for mangiferin content by HPLC (see 'Vesicle characterization' section) [21].

Evaluation of biocompatibility & protective effect of mangiferin-loaded vesicles against oxidative damage *in vitro*

Mouse embryonic fibroblasts (3T3) (ATCC collection, VA, USA) were grown as monolayers in 75-cm² flasks incubated with 100% humidity and 5% CO₂ at 37°C. DMEM with high glucose, 10% fetal bovine serum, 1% penicillin or streptomycin and fungizone, was used to culture the cells. Cell viability was measured by the 3-(4,5-dimethylthiazol-2-yl)-3,5 diphenyl tetrazolium bromide (MTT) test [42]. The cells (7.5×10^3 /well) were seeded into 96-well plates, cultured for 24 h and exposed for 48 h to the samples (i.e., mangiferin in a water, glycerol and propylene glycol dispersion, or loaded in vesicles) properly diluted with medium to achieve the desired concentration of mangiferin (10, 1, 0.1 and 0.01 µg/ml). Thereafter, an MTT solution (0.5 mg/ml final concentration) was added to each well, removed after 3 h and replaced with DMSO, then the absorbance of the solubilized dye was read at 570 nm with a microplate reader (Multiskan EX, Thermo Fisher Scientific Inc.). The results are shown as a percentage of live cells in comparison with untreated control cells (100% cell viability).

To evaluate the protective ability of the vesicles against oxidative damage, the cells were seeded into 96-well plates, incubated for 24 h and exposed simultaneously to hydrogen peroxide (1:50,000 dilution) and mangiferin in a water, glycerol and propylene glycol dispersion or loaded in vesicles (1 µg/ml mangiferin). After 4 h, the cells were washed with phosphate-buffered solution (PBS), and the MTT assay was performed to evaluate the protective effect of the mangiferin samples against death caused by oxidative stress [21]. Untreated cells (100% viability) were used as a negative control, and cells exposed to hydrogen peroxide only were used as a positive control.

Scratch wound healing assay

The wound healing properties of the vesicle formulations was assessed by measuring the expansion of fibroblasts on the wound surface. 3T3 cells were grown in six-well plates to form a confluent monolayer, and a mechanical wound was created by scratching with a sterile plastic pipette tip. Cell fragments were gently washed out with fresh medium. The cells were incubated with the vesicle formulations for 48 h. Untreated cells were used as a control, as well as cells treated with a dispersion of mangiferin in a water, glycerol and propylene glycol blend. The rate of cell migration leading to wound closure was observed under a light microscope with a 10× objective, capturing images at scheduled intervals, thus assessing the efficacy of the vesicle formulations in wound healing.

Evaluation of protective effect of mangiferin-loaded vesicles against skin damage *in vivo*

For the inflammation study, female CD-1 mice (5–6 weeks old, 25–35 g) were supplied by Envigo laboratories (Barcelona, Spain). Mice were acclimatized for 1 week before use. The experiments were performed in accordance with the European regulations for handling and use of laboratory animals, and the protocols were approved by the Institutional Animal Care and Use Committee of the University of Valencia (code 2018/VSC/PEA/0032 type 2). The mice (n = 4) were divided in groups, including untreated animals (negative control), animals treated with TPA and saline (positive control), and animals treated with the vesicle formulations or a dispersion of mangiferin in a water, glycerol and propylene glycol blend. The back skin of mice was shaved 1 day before the experiment. On day 1, cutaneous inflammation and lesion were induced by applying 12-O-tetradecanoylphorbol 13-acetate (TPA; 20 µl) dissolved in acetone (243 µM) on the shaved area (~2 cm²). After 3 h, 200 µl of each sample was topically smeared over the TPA-treated area until complete absorption. The procedure was repeated on day 2 and 3. On day 4, mice were sacrificed by cervical dislocation, and the treated skin area was excised and immediately stored at -80°C.

The myeloperoxidase (MPO) activity, a quantitative assessment of neutrophil infiltration into the skin, was measured [40]. Mouse skin biopsies were homogenized and centrifuged, the supernatant (10 µl) was incubated with sodium phosphate buffer (pH 5.4; 20 µl), phosphate buffer (pH 7.4; 200 µl), 0.052% hydrogen peroxide (40 µl) and 18 mM 3,3',5,5'-tetramethylbenzidine dihydrochloride (20 µl). The reaction was stopped by adding 2 N H₂SO₄ (50 µl). The absorbance was read at 450 nm. The MPO activity was calculated from the linear portion of a standard curve and expressed as ng/ml.

Histological examination

Skin biopsies (see 'Evaluation of protective effect of mangiferin-loaded vesicles against skin damage *in vivo*' section) were excised from the treated mice dorsal region, after 72 h of treatment (on day 4) and maintained in formaldehyde (10% v/v) for microscopic studies. Tissue samples were processed routinely and embedded in paraffin wax.

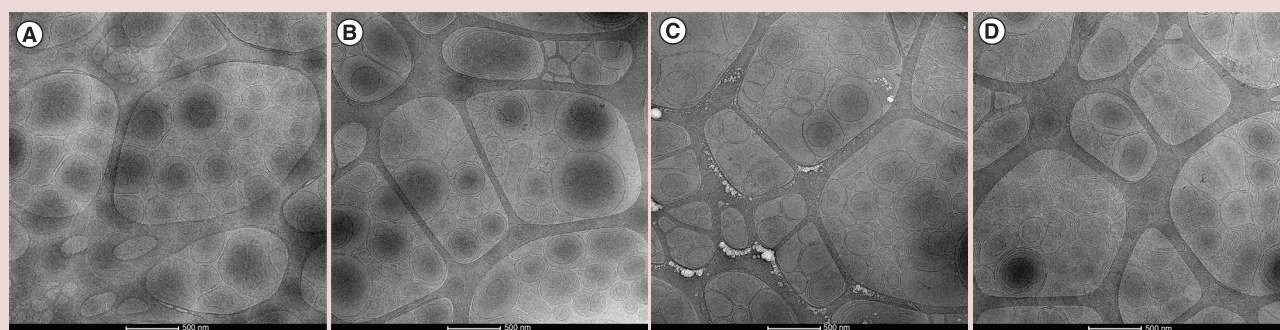


Figure 1. Cryo-transmission electron microscopy images. Representative images of mangiferin-loaded vesicles: transfersomes (A), glycoltransfersomes (B), muc-transfersomes (C), muc-glycoltransfersomes (D).

Longitudinal sections (5 μm) were stained with hematoxylin and eosin. Microscopic assessment by light microscope was performed blind on coded slices.

Statistical analysis of data

Results are expressed as means \pm standard deviations. Analysis of variance was used to evaluate multiple comparison of means and Tukey's test and Student's t-test were performed to substantiate differences between groups using XLStatistics for Windows. The differences were considered statistically significant for $p < 0.05$.

Results

Vesicle preparation & characterization

A pre-formulation study was carried out using different types and amounts of phospholipid, edge activators and water cosolvents. Among the numerous formulations tested, the vesicles made of soy lecithin (180 mg/ml), mangiferin (10 mg/ml) and Tween 80 (20 mg/ml) in a blend of water, glycerol and propylene glycol (25:25:50% v/v) were selected based on their small size and stability. Given their composition, the vesicles were named glycoltransfersomes. Transfersomes with the same concentration of soy lecithin, mangiferin and Tween 80 were prepared as a reference. Furthermore, transfersomes and glycoltransfersomes were modified by the addition of mucin, which is expected to ameliorate the adhesion of the vesicles to skin and cells [43,44].

Cryo-TEM observation confirmed the formation of lamellar vesicles (Figure 1). In particular, in transfersomes (Figure 1A), unilamellar, fairly spherical, small vesicles were observed; in glycoltransfersomes and muc-transfersomes (Figure 1B & C), uni- and oligolamellar vesicles coexisted with multivesicular structures; in muc-glycoltransfersomes (Figure 1D), multilamellar, larger and more irregularly shaped vesicles were evident. These results suggest that the addition of glycols and mucin impact the morphology of the vesicles.

The MD, PI, ZP and entrapment efficiency of the vesicles were first evaluated (Table 1). Empty vesicles (i.e., without mangiferin) were prepared and characterized to evaluate the effect of the payload on the vesicle assembly.

Transfersomes were the smallest vesicles (~ 75 nm; Table 1) and their size was not affected by the presence of mangiferin or mangiferin and mucin together ($p > 0.05$ among empty transfersomes, mangiferin transfersomes and mangiferin muc-transfersomes). The addition of mucin, without mangiferin, caused an increase in the MD of muc-transfersomes (~ 150 nm, $p < 0.05$ vs the other transfersomes; Table 1). Empty glycoltransfersomes and empty muc-glycoltransfersomes showed the largest MD (292 and 238 nm, respectively). Both systems underwent a decrease in size upon addition of mangiferin: the decrease was strong in the case of glycoltransfersomes (~ 100 nm) and much less marked in the case of muc-glycoltransfersomes (~ 210 nm). The vesicle enlargement seems to be dependent on the addition of the glycols and mucin, and mangiferin can mitigate these modifications, even though mangiferin-loaded muc-glycoltransfersomes still display a large size. We can hypothesize that the glycols and mucin interact with the bilayer surface decreasing the repulsion between concentric bilayer and leading to the formation of multilamellar, large vesicles (as confirmed by cryo-TEM).

Table 1. Mean diameter, polydispersity index, ζ potential and entrapment efficiency of empty and mangiferin-loaded vesicles.

Sample	MD (nm)	PI	ZP (mV)	EE (%)
Empty transfersomes	77 ± 9	0.22	-39 ± 7	–
Empty muc-transfersomes	146 ± 32	0.24	-42 ± 6	–
Empty glycoltransfersomes	292 ± 41	0.26	-24 ± 8	–
Empty muc-glycoltransfersomes	238 ± 11	0.26	-60 ± 5	–
Mangiferin transfersomes	73 ± 5	0.22	-56 ± 4	91 ± 5
Mangiferin muc-transfersomes	78 ± 5	0.26	-43 ± 3	94 ± 7
Mangiferin glycoltransfersomes	98 ± 33	0.16	-72 ± 4	92 ± 3
Mangiferin muc-glycoltransfersomes	212 ± 15	0.25	-61 ± 5	91 ± 4

Mean values ± standard deviations are reported (n = 6).

The PI of all the formulations was ≤ 0.26 , confirming the formation of monodispersed systems. The ZP was always highly negative, especially for mangiferin-loaded glycoltransfersomes (> -60 mV). All the vesicles were able to load mangiferin in good yields, as indicated by the entrapment efficiency values ($> 92\%$), without significant differences among the formulations ($p > 0.05$).

In order to evaluate the stability of the vesicles during storage, the dispersions were stored at 25°C in the dark for 6 months, and their size, PI and ZP were measured at scheduled times (Figure 2). The study showed a good stability: the MD of transfersomes and muc-transfersomes increased up to approximately 115 nm already after 3 months, while that of glycoltransfersomes and muc-glycoltransfersomes remained constant, which points to a positive contribution of glycols to vesicle stability. In particular, results underlined that mucin did not interfere with the transfersomes assembly, while the combination of glycols and mucin led to a significant increase in vesicle size, even though the effect of the polymer on vesicle stability was negligible as the tested parameters remained unchanged over 6 months of storage. The PI remained almost constant for all the formulations, and the ZP slightly decreased, still being highly negative (Figure 2 A & B).

Evaluation of skin delivery performances of vesicles

The ability of transfersomes and glycoltransfersomes to enhance the deposition of mangiferin into the skin strata was evaluated by using Franz diffusion cells and newborn pig skin. The deposited mangiferin was extracted from the skin and quantified by HPLC (Figure 3).

When mangiferin was applied in a water-glycol blend, the highest amount was found in the SC ($\sim 4\%$), while in the deeper strata the overall amount was $> 0.5\%$. Lower values were found using transfersomes: the highest deposition was in the SC, but lower than that provided by the dispersion ($\sim 2\%$, $p < 0.05$), with a greater accumulation in the dermis ($\sim 0.5\%$). This points to a contribution of the glycols in facilitating the diffusion of mangiferin toward the deep dermis. The addition of mucin to transfersomes (muc-transfersomes) led to a further decrease of mangiferin deposition in the SC ($\sim 0.6\%$, $p < 0.05$ vs dispersion and transfersomes) and an increase in the epidermis ($\sim 1.1\%$, $p < 0.05$ vs dispersion and transfersomes). The best results were obtained when mangiferin was loaded in glycoltransfersomes and muc-glycoltransfersomes, which provided similar values ($p > 0.05$). The deposition of mangiferin was especially increased in the epidermis ($\sim 5.3\%$, $p < 0.05$ vs dispersion, transfersomes and muc-transfersomes) using both glycoltransfersomes and muc-glycoltransfersomes. In the SC and dermis, the deposition was approximately 1% using glycoltransfersomes, and 1.5% using muc-glycoltransfersomes. Hence, the accumulation of mangiferin provided by the glycol-vesicles in epidermis and dermis was approximately five- to six-fold higher than that obtained using muc-transfersomes, probably due to a synergistic action of glycols and phospholipid vesicles.

Evaluation of the biocompatibility of vesicles

Fibroblasts, the main cells of human dermis, were incubated with mangiferin-loaded vesicles to evaluate their biocompatibility. The mangiferin dispersed in a water-glycol blend was used as a reference. The vesicles were used at different dilutions corresponding to 10, 1, 0.1 and 0.01 $\mu\text{g/ml}$ of mangiferin. When mangiferin in dispersion was tested at lower concentrations (1, 0.1 and 0.01 $\mu\text{g/ml}$), the viability of fibroblasts was approximately 130%,

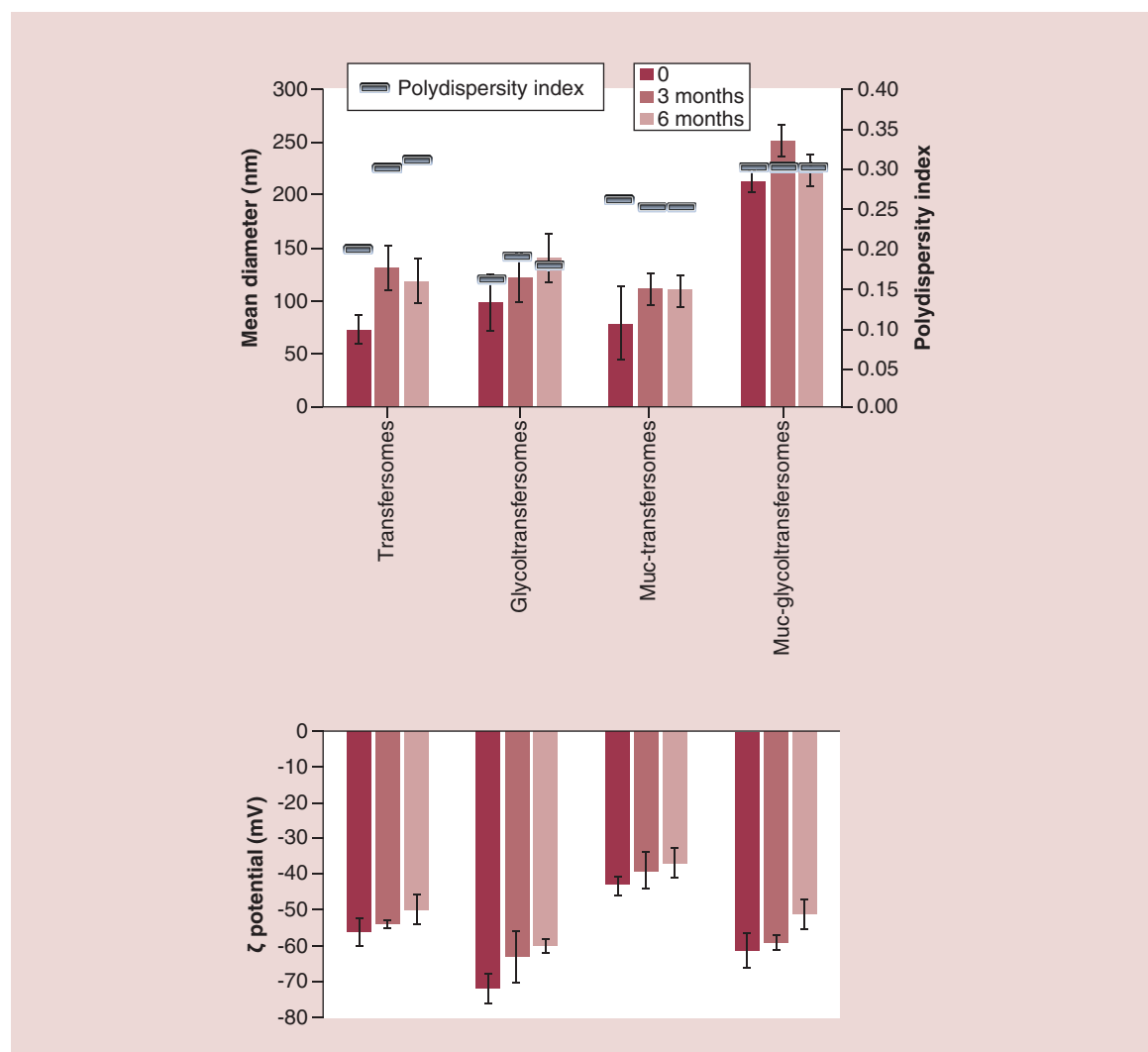


Figure 2. Mean diameter, polydispersity index and ζ potential of vesicles measured during 6 months of storage at 25°C. The mean values \pm standard deviations (error bars) are reported (n = 6).

which indicates a proliferative effect of the polyphenol, while when the higher concentration (10 $\mu\text{g/ml}$ of mangiferin) was tested, the viability was approximately 80%, which indicates a slight toxicity of mangiferin at such concentration. When the mangiferin-loaded transfersomes and muc-transfersomes were used, the behavior was similar: the viability was approximately 95% using the higher concentration (10 $\mu\text{g/ml}$) and around 150% when the lower concentrations (1, 0.1 and 0.01 $\mu\text{g/ml}$) were used. When the glycoltransfersomes were applied, cell viability was always $>130\%$, irrespective of the concentration (Figure 4, upper panel). The presence of mucin in muc-glycoltransfersomes slightly reduced the proliferative effect of mangiferin at the higher concentrations (10 and 1 $\mu\text{g/ml}$), even though the viability was still around 100%.

Evaluation of the protective effect of the formulations against cell damage caused by oxidative stress

Given the well-known antioxidant and protective properties of mangiferin, fibroblasts were stressed with hydrogen peroxide, a strong oxidizing agent, and treated with mangiferin-loaded vesicles to evaluate their ability to counteract oxidative damage and consequent cell death. A water-glycol dispersion of mangiferin was used as a reference to estimate the advantages provided by the incorporation in vesicles (Figure 4, lower panel).

After 4 h of incubation, hydrogen peroxide caused an approximate 60% mortality of fibroblasts (40% viability). The treatment of stressed fibroblasts with the mangiferin dispersion led to a approximately 20% reduction of

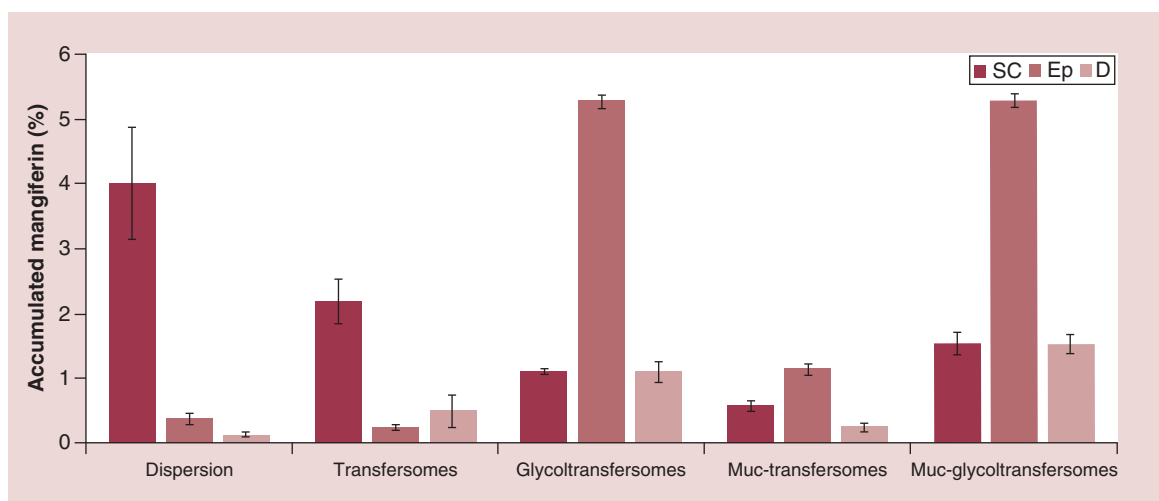


Figure 3. Percentage of mangiferin accumulated in stratum corneum, epidermis and dermis after 24 h of application of mangiferin in dispersion or loaded into transfersomes, glycoltransfersomes, muc-transfersomes or muc-glycoltransfersomes. Mean values \pm standard deviations are reported ($n = 6$).

D: Dermis; Ep: Epidermis; SC: Stratum corneum.

mortality ($\sim 60\%$ viability), and the treatment with mangiferin-loaded vesicles prevented cell mortality completely, as the viability was around 100%, regardless of the formulation tested ($p > 0.05$ among samples).

Scratch wound healing assay

The ability of the mangiferin formulations to promote the migration and proliferation of fibroblasts was assessed by producing a linear cut on the cell monolayer and evaluating the closure of the wound during 48 h (Figure 5).

The closure of the lesion in untreated cells was not complete after 48 h. The treatment of the wound with mangiferin in dispersion stimulated cell proliferation and migration, but at 48 h the scratch was not completely closed and some areas without cells were still present. A similar behavior was observed using mangiferin-loaded transfersomes. On the other hand, when mangiferin-loaded glycoltransfersomes, muc-transfersomes and muc-glycoltransfersomes were used, the closure of the wound was complete already at 32 h.

Evaluation of the protective effect of mangiferin formulations against skin damage

Given the need to reduce the number of animals for ethical issues, only the most promising vesicle formulations were tested *in vivo*: mangiferin-loaded glycoltransfersomes, muc-transfersomes and muc-glycoltransfersomes. The skin of the mice injured by TPA and treated with the mangiferin dispersion appeared severely damaged, similarly to the skin treated with saline (positive control): it appeared desquamated and covered with necrotic tissue (Figure 6).

The skin of mice treated with mangiferin-loaded muc-transfersomes was almost completely healed, but still showing some minor lesions. On the other hand, when mangiferin-loaded glycoltransfersomes and muc-glycoltransfersomes were applied, the skin appeared undamaged by TPA and comparable with untreated skin (negative control).

The activity of MPO, an enzyme released by neutrophils and macrophages during inflammatory processes, was measured to evaluate the degree of skin inflammation. The MPO concentration in the tissue inflamed by TPA application and treated with saline was approximately 50 ng/ml. The treatment with mangiferin dispersion allowed a decrease of this value to approximately 34 ng/ml ($p < 0.05$), and the treatment with mangiferin-loaded muc-transfersomes led to a further decrease (~ 25 ng/ml, $p < 0.05$ vs mangiferin dispersion). The most significant reduction of MPO was observed when mangiferin-loaded glycoltransfersomes and muc-glycoltransfersomes were used, reaching values approximately 3.3-fold lower than that of skin treated with saline (~ 15 ng/ml, $p < 0.05$ vs the other formulations).

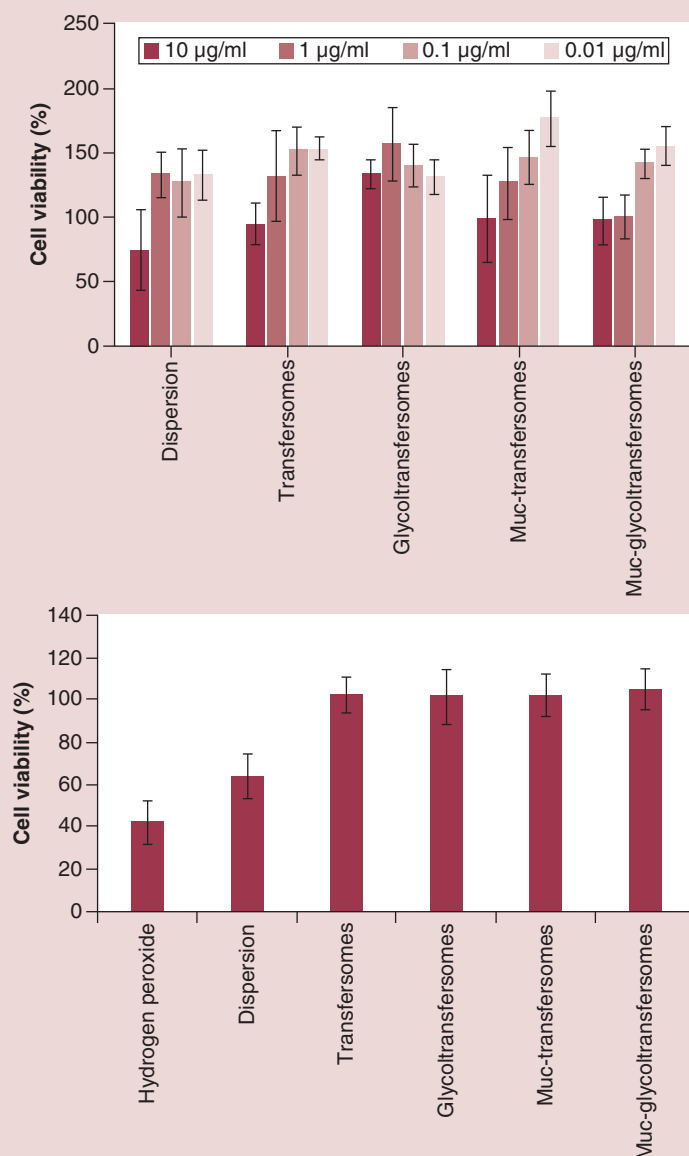


Figure 4. Viability values for fibroblasts. Viability values for fibroblasts treated for 48 h with mangiferin in dispersion or loaded in vesicles (upper panel). Viability values for fibroblasts stressed for 4 h with hydrogen peroxide without treatment or stressed with hydrogen peroxide and treated with mangiferin in dispersion or loaded in vesicles (lower panel). Mean values \pm standard deviations (error bars) are reported ($n = 12$).

Histological examination

The skin tissues excised from mice treated with TPA and the mangiferin formulations were stained with hematoxylin–eosin and observed under an optical microscope to evaluate the degree of inflammation and ulceration. The skin injured by TPA and treated with saline was characterized by acute inflammation in the dermis (disordered cell organization), skin ulceration and severe panniculitis (Figure 7B). In the skin treated with the mangiferin dispersion (Figure 7C), cutaneous ulceration, severe inflammatory infiltration in the dermis and moderate panniculitis were evident. The skin treated with mangiferin-loaded muc-transfersomes (Figure 7E) appeared healthy, but inflammatory infiltration was evident at the dermal level. In the skin treated with mangiferin-loaded glycoltransfersomes (Figure 7D) and muc-glycoltransfersomes (Figure 7F), epidermis did not show any lesions and the inflammatory infiltration at dermal level was moderate.

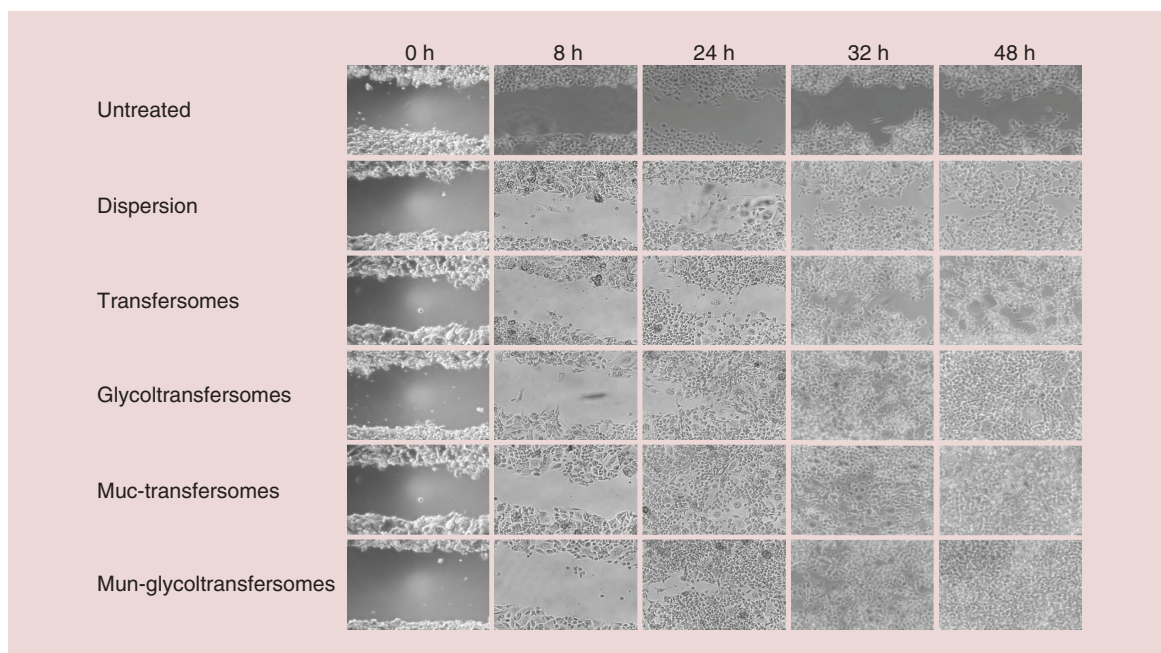


Figure 5. Representative optical microscopy images of wound closure in fibroblasts treated with mangiferin in dispersion or loaded in vesicles during 48 h.

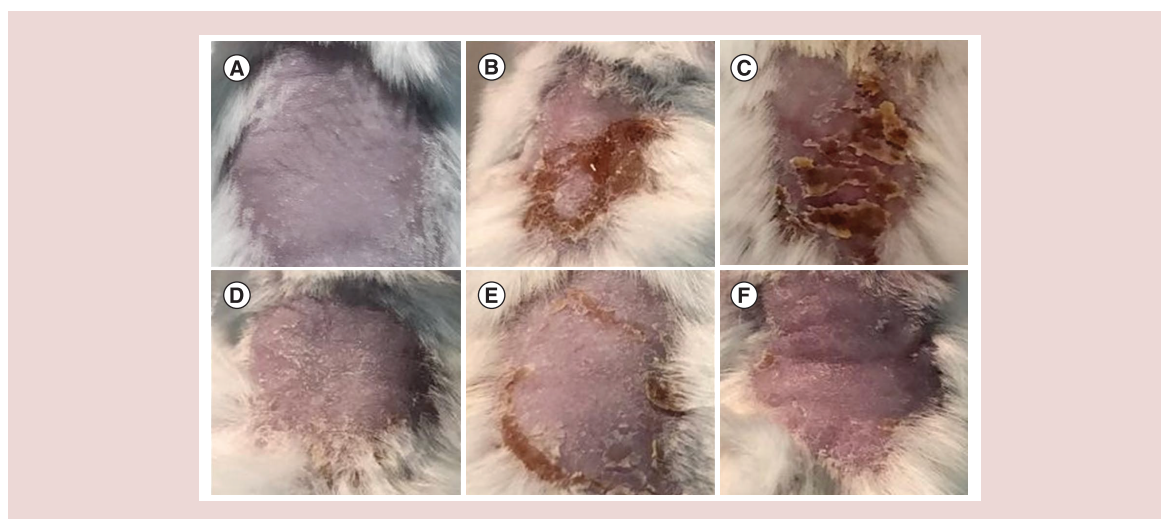


Figure 6. Images of mouse dorsal skin. Representative images of mouse skin: untreated (A), damaged by TPA and treated with saline (B) or treated with mangiferin in dispersion (C), mangiferin loaded in glycoltransfersomes (D), muc-transfersomes (E) and muc-glycoltransfersomes (F).

Hence, the histological results confirmed the superior ability of glycoltransfersomes and muc-glycoltransfersomes to deliver mangiferin to the epidermis and dermis and promote skin regeneration.

Discussion

During recent years, the development of nanosystems for the delivery of natural antioxidants has attracted an extensive attention due to promising beneficial effects of the resulting nanophytoformulations [45]. Given that, in this study, mangiferin was loaded in innovative phospholipid vesicles tailored for skin delivery. The most suitable phospholipid vesicles capable of loading 10 mg/ml of mangiferin were selected based on a preformulation screening. Different types and amounts of phospholipids, edge activators and cosolvents were explored. Soy

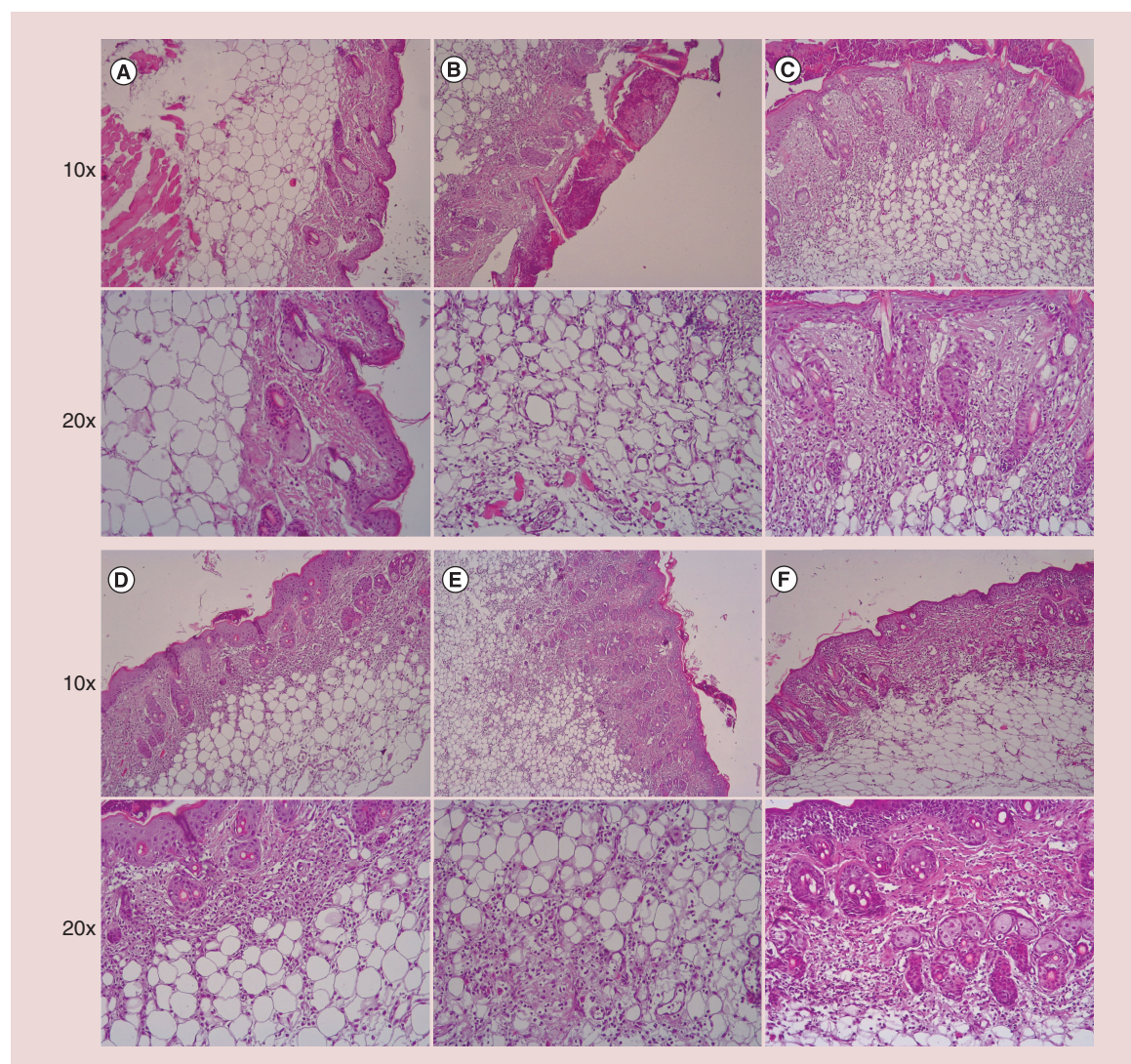


Figure 7. Representative histological images. Representative histological images of skin sections stained with hematoxylin-eosin and observed under an optical microscope with magnification 10× (upper panel) and 20× (lower panel). Untreated skin (A), skin injured by TPA and treated with saline (B) or mangiferin in dispersion (C), mangiferin loaded in glycoltransfersomes (D), muc-transfersomes (E) and muc-glycoltransfersomes (F).

lecithin (180 mg/ml) was selected as phospholipid, in association with Tween 80 (20 mg/ml), which acts as edge activator making the bilayer more fluid [46,47]. The mixture of phospholipid, Tween 80 and mangiferin was hydrated with a water, glycerol and propylene glycol blend (25:25:50, % v/v), which resulted in the production of glycoltransfersomes characterized by small size and stability over time. We can speculate that propylene glycol acts as a penetration enhancer promoting the skin delivery capabilities of the vesicles [48], and glycerol exerts moisturizing and hydrating effects on the skin [49].

Transfersomes, prepared with the same amount of soy lecithin and Tween 80 and hydrated with water, were used as a reference. Mucin was added to both the transfersomes and glycoltransfersomes to improve the bioadhesive properties and prolong the residence time in the skin [50].

The glycoltransfersomes were around 100 nm and muc-glycoltransfersomes were around 200 nm. Despite being larger than transfersomes and muc-transfersomes, glycoltransfersomes and muc-glycoltransfersomes were more stable, as the size did not change during the storage period, reasonably due to the presence of the glycols and the multilayered structure of these vesicles.

The loading of mangiferin in the vesicles induced a reduction of MD and ZP, which indicates an involvement of the polyphenol in the bilayer assembly. Indeed, the mangiferin is a lipophilic molecule that intercalates in the bilayer between the phospholipid chains [51]. Thanks to their favorable composition, glycoltransfersomes and muc-glycoltransfersomes enhanced the delivery of mangiferin to epidermis and dermis, which are the main tissues involved in the repair process of skin lesions [52]. On the contrary, mangiferin dispersion and transfersomes favored the accumulation of the polyphenol in the SC. The total amount of mangiferin deposited in the whole skin after 24 h of experiment was around 2% for transfersomes and muc-transfersomes, while using glycoltransfersomes and muc-glycoltransfersomes, the amount was four-times higher (~8%), with a predominant accumulation in epidermis and dermis (~6%), which was 12-times higher than the amount provided by the aqueous dispersion. This confirms the enhancing properties of the glycol-vesicles. In addition, it is worthy to note that these results refer to intact skin, but our formulations are intended for the treatment of injured skin with impaired barrier function, and hence the delivery of mangiferin is expected to be higher. Indeed, in the *in vivo* study performed on damaged skin, glycoltransfersomes and muc-glycoltransfersomes, showed superior carrier performances resulting in an improved efficacy of mangiferin.

The vesicles were able to effectively counteract the dangerous effects of oxygen free radicals in dermal fibroblasts and promote their migration and proliferation into the wound site, facilitating its closure. In the *in vitro* studies in fibroblasts, all the vesicles promoted the efficacy of mangiferin thanks to their carrier capabilities, irrespective of their composition, which instead was a key determinant of the performance of the vesicles in skin delivery, and consequently in the *in vivo* study. Indeed, the skin treated with mangiferin-loaded glycoltransfersomes and muc-glycoltransfersomes showed a complete remission of the lesions caused by TPA, which was daily applied onto the skin to produce an extended wound associated with edematous and inflamed tissue simulating the biochemical events that naturally occur in *in vivo* pathological wounds [53,54]. The superior performance of glycoltransfersomes can be reasonably ascribed to the glycols, which were not present in transfersomes. It has to be noted that the effect of mucin was negligible. The glycols are supposed to be located both within the vesicles and in the intervesicle medium, and when they come into contact with the skin surface, they promote hydration and perturb the SC barrier, acting synergistically with the phospholipid and the edge activator, thus facilitating the passage of intact vesicles.

Conclusion

Results disclosed the optimal performances of glycoltransfersomes in delivering mangiferin to damaged skin, potentiating its wound healing properties and confirming the value of the applied formulation strategy. Indeed, the two used water cosolvents, glycerol and propylene glycol, exert a synergistic activity with the elastic vesicles (transfersomes), improving their well-known ability to overcome the biological membranes. These novel carriers maximize the efficacy of mangiferin in tissue regeneration, thus representing promising formulations for wound healing.

Summary points

- Tween 80, glycerol and propylene glycol were used to formulate glycoltransfersomes.
- Mangiferin, a natural antioxidant, was incorporated in glycoltransfersomes.
- Glycoltransfersomes were modified by adding mucin to increase their performances.
- Both glycoltransfersomes and mucin-glycoltransfersomes promoted the deposition of mangiferin in epidermis and dermis.
- The vesicles were cytocompatible and capable of protecting fibroblasts from oxidative stress.
- The vesicles stimulated fibroblasts' proliferation and migration leading to wound closure *in vitro*.
- The vesicles protected mouse skin from chemically induced injury.
- The vesicles reduced inflammatory infiltration and promoted skin regeneration in mice.

Supplementary data

To view the supplementary data that accompany this paper please visit the journal website at: www.futuremedicine.com/doi/suppl/10.2217/nnm-2020-0116

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