How big is the carbon footprint of the University of Barcelona? How can we reduce greenhouse gas emissions?
ECOADVICE UB

CO$_2$ Advice #1

Prioritise walking or cycling, and longer journeys by public transport.
If you have to travel by car, you can share your trip to make it more fun, reduce costs and emissions.

Advice #2

CO2 Advice #2
If we travel by train instead of by plane on journeys of less than 1,000 km, the UB could avoid the emission of 328 tons of CO₂ per year.
If you have to travel, consider attending meetings or workshops via videoconference.
When our day is over, we should not forget to turn off the computer, lights and non-essential equipment.
In summer, if you open the windows located in different facades, there will be a natural air flow that will allow you to have a good thermal comfort without using the air conditioning.
If you have the heating on in your home, do not leave windows open. To ventilate, 10 minutes is enough.

(In other areas, follow the instructions that have been established in agreement with the health authorities)
CO₂ Advice #8

Remember to make good use and maintenance of air conditioning equipment, refrigerators and freezers.
Do you know at what temperature you have to set the air conditioning? In summer, it should not be less than 26°C. In winter, it should not exceed 21°C.
By using reusable products we can considerably reduce the amount of waste we generate.
CO₂ Advice #11
Look for the nearest selective collection “clean point” in your center to separate waste fractions and recycle correctly.
Don’t forget to turn off the tap once you’ve finished washing your hands!
Notify if you detect any water leaks, even if it’s just a dripping tap.
If we use recycled paper instead of white paper, we can avoid emitting 1.6 kg of CO₂ per 500-sheet package.
Paper has two sides! The other side of the paper can be used as a draft.
Every time we don’t print we avoid consuming energy, water and other resources... And we reduce CO₂ emissions.