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Improved Performance of Biohybrid Muscle-Based Bio-Bots Doped with Piezoelectric Boron Nitride Nanotubes

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Biohybrid robots, or bio-bots, integrate living and synthetic materials following a synergistic strategy to acquire some of the unique properties of biological organisms, like adaptability or bio-sensing, which are difficult to obtain exclusively using artificial materials. Skeletal muscle is one of the preferred candidates to power bio-bots, enabling a wide variety of movements from walking to swimming. Conductive nanocomposites, like gold nanoparticles or graphene, can provide benefits to muscle cells by improving the scaffolds' mechanical and conductive properties. Here, boron nitride nanotubes (BNNTs), with piezoelectric properties, are integrated in musclebased bio-bots and an improvement in their force output and motion speed is demonstrated. A full characterization of the BNNTs is provided, and their piezoelectric behavior with piezometer and dynamometer measurements is confirmed. It is hypothesized that the improved performance is a result of an electric field generated by the nanocomposites due to stresses produced by the cells during differentiation. This hypothesis is backed with finite element simulations supporting that this stress can generate a non-zero electric field within the matrix. With this work, it is shown that the integration of nanocomposite into muscle-based bio-bots can improve their performance, paving the way toward stronger and faster bio-hybrid robots.

1. Introduction

Biological systems have evolved throughout millennia to develop sophisticated mechanisms of self-organization, actuation, and sensing that have been difficult to replicate in the field of robotics. In particular, biomimetic soft robotics has emerged as a promising sub-field of the robotics that aims at overcoming some of the challenges related to the mechanical properties of

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their materials, such as compliance, flexibility, and overall safety for human interaction. Commonly, the rigidity and stiffness of conventional materials in robotics limit their applications into certain healthcare or biomedical disciplines.^[1–3] Recent developments in material science have made possible the fabrication of biomimetic soft robots that are able to perform some simple types of actuation^[4] including crawling,^[5] gripping,^[6] or change its shape,^[7] but they are still far from the degree of complexity and movement sophistication in living organisms.

One of the most investigated applications of soft robotics is the development of artificial muscles that can mimic the performance of native muscle tissue in mammals. Muscle tissue is inherently complex, being simultaneously strong and fast while enabling a wide variety of movements through an efficient self-organization of its fiber bundles. However, current materials still lack the ability to fully replicate these properties.^[8] Even more, other features from biological tissues, such as

self-healing, energy efficiency, power-to-weight ratio, adaptability or bio-sensing, to name only a few, are strongly desired but difficult to achieve with artificial soft materials.^[9] Bio-hybrid robotics is born at this point as a synergistic strategy to integrate the best characteristics of biological entities and artificial materials into more efficient and complex systems, hoping to overcome the difficulties that current soft robots face. Several strategies to unify the development of bio-hybrid devices have

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emerged, such as the robotic taxonomic key (RTK), that identifies four main elements that an autonomous robotic system can have: structure, actuation, sensing, and control.^[10] From this starting point, one can analyze the capabilities of a bio-hybrid system, defining the artificial or organic nature of the four key elements, to help in the classification and further development on the field. By finding more efficient ways of unifying the most suitable features of current technologies and living entities, the field could reach a change of paradigm to boost the performance and efficiency of robotic systems.

Initial examples of bio-hybrid robots based on skeletal muscle tissue were bio-actuators based on the deflection of cantilevers by single myotubes or full tissue,^[11-15] or used as grippers.^[16-18] Untethered bio-hybrid robots, on the other hand, have been mainly based on crawling mechanisms,^[19] although some others have relied on swimming.^[20,21] Cvetkovic et al. developed a 3D-printed bio-bot composed of two legs joined by a beam structure that could walk on the bottom of a Petri dish by differences in friction between two asymmetric legs.^[22] Indeed, they demonstrated, both experimentally and by simulations, that adding an asymmetry in the design was necessary for motion. Later on, Raman et al. presented the same bio-robotic device controlled by light after optogenetically modifying the skeletal muscle cells to contract upon blue light illumination, obtaining a cable-free and remote control system.^[23] In addition to the unidirectional locomotion, Wang et al. designed and fabricated a dual-muscle-ring biohybrid walker through a systematic approach based on modeling and simulation. Maneuverability was indeed demonstrated through incorporating two independent muscle actuators on a computationally selected 4-legged scaffold.^[24] Other examples with the same platform have been dedicated to the investigation of some of the features that biohybrid integration can offer, such as self-healing,^[19] adaptability,^[23] the addition of neurons,^[25] their long-time preservation,^[26,27] their scalability,^[28] or their integration with micro-electrodes.^[29] In particular, recent efforts are being dedicated to the integration of neuronal tissue and skeletal muscle tissue, in order to better resemble native muscle and obtain an improved controllability of these bio-robots.^[30,31] On this subject, recently, Aydin et al. presented a bio-hybrid swimmer with functional NMJ that could swim with flagellar dynamics, although at low speeds due to the difficulty of motion at low Reynolds number.^[32]

Advances in the field of smart materials could bring another level of complexity and applicability into this kind of devices with the integration of responsive or nanocomposite hybrid substrates.^[33-35] Gold nanoparticles or nanowires, for instance, have been widely investigated for the development of cardiac patches,[36,37] but little attention has been paid to their applications in skeletal muscle tissue bioengineering or hybrid biorobots based on them.^[38] Likewise, graphene, graphene oxide (GO), or reduced graphene oxide (rGO) can provide benefits in tissue engineering of skeletal muscle thanks to improvements in the mechanical and conductive properties of the scaffolds.^[39,40] For instance, Du et al. used rGO in a biodegradable polycitrate-based elastomer, increasing its tensile strength and improving the differentiation and regeneration of skeletal muscle cells through the physicochemical properties or rGO.^[41] GO has increased the viability and metabolic activity of encapsulated C2C12 cells in GO-alginate scaffolds^[42] and graphene sheets have been used to regulate the differentiation of skeletal muscle cells in 2D^[39] or to control the actuation of bio-bots as embedded electrodes.^[29] Recently, gold nanoparticles embedded in hyaluronic acid scaffolds have also been used to improve the differentiation and thus the motion of bio-hybrid robots.^[43]

Piezoelectric nanocomposites, on the other hand, could be excellent candidates for the next generation of nano-engineered bio-hybrid robots, due to the possibility of converting sound waves into voltage differences and providing remote actuation of skeletal muscle tissue.^[44,45] Moreover, as electrical stimulation during myogenesis can improve the differentiation and maturation of skeletal muscle,^[46,47] the addition of piezoelectric nanocomposites could offer benefits in tissue engineering. The mechanical stress generated by cell-laden hydrogels could be transmitted to the piezoelectric nanocomposites, that in turn generate a piezo potential along the nanostructure, creating a charge redistribution around the cell membranes. The use of nanogenerators (NG), in the way of piezoelectric nanostructures, for the stimulation of bone and muscle cells has been recently reported.[48,49] The electromechanical NG-cell interaction triggered the opening of ion channels present in the plasma membrane of osteoblast-like cells (Saos-2) and muscle cells inducing intracellular calcium transients, which at the same time is known to regulate muscle contraction. Poly(vinylidene fluoride) (PVDF) has also been explored for bone and neural tissue engineering.^[50] For instance, Kitsara et al. used poly(vinylidene fluoride) (PVDF) to mimic the inherent piezoelectric properties of bone, also observing an increase in intracellular calcium compared to control samples.^[51] Piezoelectric boron nitride nanotubes (BNNTs),^[52] although they have received less attention in biomedical applications compared to carbon nanotubes,[53-55] have been used in combination with skeletal muscle cells in 2D cultures to improve the differentiation. Ciofani et al. investigated the interactions between BNNTs coated with poly-L-lysine and C2C12 cells, finding an increased protein synthesis and no adverse effects in differentiation markers like MvoD or fusion index of myotubes, demonstrating their suitability for biomedical applications.^[56] Later on, Ricotti et al. described engineered polyacrylamide gels with micro-grooves in which fibroblasts and myoblasts were co-cultured. They supplemented the culture medium with BNNTs and applied ultrasonic stimulation to the samples, thus creating stress on the nanotubes that would be translated into local electric fields that could stimulate the cells, achieving longer, thicker and more functional myotubes.^[57]

These promising results, only obtained in 2D cultures, point towards the benefits of the addition of BNNTs in three-dimensional cell-laden hydrogels. For this reason, in this work, we study the integration of this type of piezoelectric nanocomposites into skeletal muscle tissue constructs to improve the performance and force generation of bio-robots. We demonstrate that the integration of BNNT nanocomposites into bio-bots provides faster walking speeds and stronger force output when compared to control samples, thus supporting the hypothesis that the piezoelectric effect of BNNTs creates an electric field inside the hydrogel matrix due to passive stresses, which in turn improves the performance of the bio-bots. To support our hypothesis, we characterize the BNNTs to prove their piezoelectric effect and we perform finite element analysis (FEA) simulations to show how an electric field is generated.



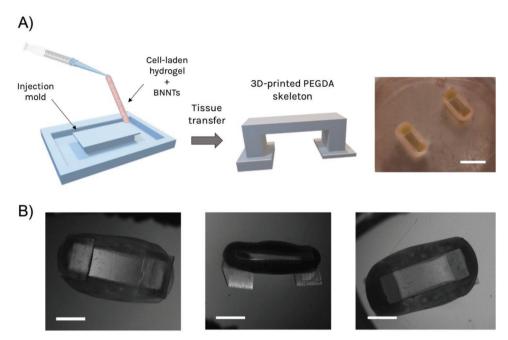


Figure 1. Fabrication of BNNT-loaded bio-bots. A) The cell-laden hydrogel with BNNTs is loaded into an injection mold and left to crosslink for 2 days and it is then transferred into a 3D-printed PEGDA skeleton. Scale bar: 5 mm. B) Snapshots of a fully formed bio-bot in three different positions: facing up (left), on its side (left), and in walking position (right). Scale bars: 3 mm.

2. Results and Discussion

2.1. Fabrication of Bio-Bots

Biological robots are becoming increasingly complex by the integration of different types of cells, like neurons,^[25,30,32] the design of more sophisticated structures,^[21] the accomplishment of controlled and complicated tasks,^[17] or the integration of smart materials and designs or nanocomposites into the skeletons.^[20,29] However, some of the methods to obtain threedimensional skeletal muscle tissue with contractile capabilities are already rather established in the literature. We use the method of Raman et al.^[58] Briefly, a myoblast-laden hydrogel composed of Matrigel, fibrinogen and thrombin, was casted into an injection mold made of PDMS (Figure 1A). Later, after 2 days in GM supplemented with ACA, the tissue was gently transferred into a skeleton made of PEGDA, created via digital light processing (DLP) 3D printing. This skeleton was based on previous designs reported initially by Cvetkovic et al., consisting on two small T-shaped legs joined together by a thin bridge.^[22] The mechanism of motion was based on friction between the legs and the substrate.^[28] PEGDA is a porous hydrogel that sinks and therefore the bio-bot can walk on the surface. An asymmetry was introduced in the design by making one of the legs longer, as can be seen in Figure 1A (center). In this way, the difference between friction coefficients on both sides of the bio-robot produced a net movement towards the side of the longer leg.^[22,28] Figure 1B shows several microscope images of an assembled bio-robot facing upwards (left), where the base of its legs can be observed, sideways (center) and in walking position (right).

BNNT-loaded bio-bots were fabricated following the same cell encapsulation protocol but dispersing the nanocomposites

in the hydrogel before the mold casting process at a concentration of 5 μ g mL⁻¹ (Figure 1). This concentration was chosen since it was previously demonstrated to be biocompatible and show the highest increase in protein content per μ g of DNA, when compared to 0 and 10 μ g mL⁻¹.^[56] While being kept in ice after sonication, 2.86 μ L of a 0.5 mg mL⁻¹ stock solution of BNNTs in ethanol was mixed with the hydrogel and homogenized thoroughly with the pipette, without creating any bubbles. Then, the BNNT- and cell-laden hydrogel was manually casted into the injection molds and left in a cell incubator for 1 h, until Matrigel was fully crosslinked. Then, GM supplemented with ACA was added and maintained for two days, just like control bio-bots. Then, all tissue constructs were gently lifted from the molds and transferred around the PEGDA skeletons, while their media was changed to DM supplemented with ACA.

The addition of nanocomposites into cell-laden hydrogels has been demonstrated to provide beneficial aspects in the differentiation or maturation of muscle cells. In particular, conductive nano-composites, such as gold nanoparticles^[38] or nanowires,^[36] graphene,^[39] GO,^[42] or rGO^[59] can improve the mechanical properties of the scaffolds, provide mechanical cues for better alignment, as well as enhance their conductivity for a more efficient propagation of depolarization potentials, which can help in the synchronization of cell contractions.^[40] Piezoelectric nanocomposites provide an additional level of benefits that can be considered dynamic due to the combination of piezoelectricity and the active and passive forces exerted by skeletal muscle tissue during myogenesis. The piezoelectric effect is the creation of voltage difference in certain materials when a mechanical strain is applied or, inversely, the deformation of a material when an external electric field is applied. Skeletal muscle tissue can generate two types of stress: a passive stress during myogenesis when myoblasts pull from the



surrounding hydrogel chains and compact the tissue, which helps in the self-assembly of bio-actuators or bio-robots; and an active stress in the form of contractions, which can be induced by electric fields but can also occur spontaneously during tissue differentiation.^[22,47] The electric output of the integrated piezoelectric nanotubes within the cell-laden hydrogel depends on the physical parameters of the cell-laden hydrogel and the BNNTs. The piezoelectric coefficient of the BNNT is crucial for the overall piezoelectric behavior.^[60] For these reasons, the integration of piezoelectric nanocomposites within the cell-laden hydrogel could potentially transform the stresses generated by the tissue into small voltage differences that could, in turn, provide electrical stimulation to the myotubes during differentiation, in a feedback loop.

2.2. Characterization of BNNTs

BNNTs are a type of one-dimensional structures, similar to carbon nanotubes (CNTs), which have gained significant attraction in the past years due to their outstanding properties. For instance, they possess high chemical stability^[61] and excellent thermal conductivity,^[62] thermal stability superior to CNTs,^[56] a Young's modulus in the TPa range^[52] and they are electrically insulating with a bandgap of \approx 5–6 eV.^[52,63] Analogously to CNTs, BNNTs are composed of hexagonal B–N bonds with a partial ionic character and almost the same atomic spacing.^[52,64] The nature of the piezoelectricity of single-walled BNNTs has been demonstrated experimentally, although it is not completely understood.^[52] Numerical and molecular mechanics simulations,

however, have been able to approximate the resultant dipolar vector in single-walled nanotubes after an applied stress,^[52,65] while others have found theoretical piezoelectric response values higher than those of piezoelectric polymers.^[66] Likewise, multi-walled BNNTs have also shown experimental signs of piezoelectricity.^[67] Although these characteristics are especially attractive for the aerospace or energy generation industries^[52] and regenerative medicine,^[68–70] their applications in bio-hybrid robotics have been generally unexplored.

Commercially available BNNTs are synthesized by a high temperature-pressure method^[52] and come in the form of a puffball of very low density. These nanotubes were characterized by transmission electron microscope (TEM), as shown in Figure 2A. This characterization revealed an inhomogeneous mixture of BNNTs with some impurities in the form of hexagonal boron-nitride (h-BN) nanoparticles, as reported by the manufacturer.^[52] The nanotubes were in general straight and organized in bundles, with diameters as small as tens of nanometers (inset). While one of the key aspects of BNNTs is their chemical stability, this can make their dispersion in aqueous solutions difficult to achieve, hindering their applications in biomedicine.^[64] To improve the dispersion, previous reports have used non-covalent wrapping of BNNTs in poly-L-lysine^[56,71] or glycol chitosan.^[57] Here, we chose an alternative method based on dispersion in organic solvents, followed by subsequent solvent transfers until achieving a stable dispersion in ethanol. Firstly, we dissolved the foam-like material in dimethylformamide (DMF) at 0.5 mg mL⁻¹ under vigorous stirring overnight, until obtaining a brown solution with small aggregates. Then, the samples were sonicated for at least 6 h in an ice-cold bath, until all the aggregates were

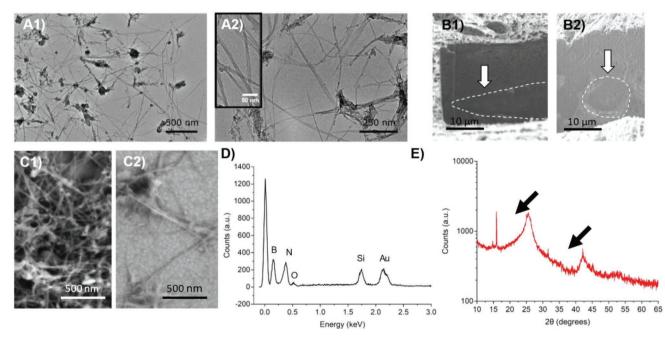


Figure 2. Characterization of BNNTs. A) TEM images at different magnifications of a dispersion of BNNTs. Darker aggregates correspond to boron nanoparticle impurities. B) SEM imaging of a cell-laden hydrogel after performing a cut with FIB in a longitudinal (B1) and transversal (B2) direction, with dashed lines delimiting the shape of myotubes. C) SEM imaging of a sample of BNNTs; and D) EDX performed in the sample of the SEM image where the boron (B) and the nitrogen (N) from the BNNTs can be seen as well as the silicon (Si) and gold (Au) from the base chip. E) XRD pattern of a BNNT sample showing the two peaks, representative of this type of sample.



completely dissolved.^[57] Afterward, the sample was centrifuged and resuspended in a solution of 1:1 of ethanol and DMF at the same concentration and sonicated in cold until achieving dissolution. Finally, the sample was again centrifuged and resuspended in pure ethanol at 0.5 mg mL⁻¹. The dispersion was found to be stable for several weeks in ethanol at 4 °C, although small aggregates were formed. Before mixing with the cell-laden hydrogel, the ethanol dispersion of BNNTs had to be sonicated in a cold bath for until the dispersion was homogeneous again, from 10 min to 2 h, depending on the time that the sample had been stored until used.

The disposition on the BNNTs within the matrix and the orientation with respect to the cells is an important parameter to consider: an oriented conformation should induce a higher electrical stimulus and therefore a bigger stretch on the cell. For this, scanning electron microscopy (SEM) images and energy-dispersive X-ray (EDX) characterization of the biobots and BNNTs in different matrices were performed. A cut with focused ion beam (FIB) was first delimited on some bio-bot samples (Figure 2B and Figure S1, Supporting Information). The maximum depth achieved with this cut was of 20 µm. Using SEM, the cells disposed in the outer part of the hydrogel and their orientation could be seen, although the inner part of the bio-bot could not be reached. In the longitudinal cuts, cells could be perceived alongside the porous hydrogel (Figure 2B1) whereas in the transversal cuts, it was the frontal, yet rounder, part of the muscle fiber that was seen (Figure 2B2), indicating the orientation of the muscle fibers (see Supplementary Information for more images). However, due to the difference in between the BNNTs' diameter and the cells' (micrometers to nanometers size) the former could not be distinguished from the matrix and the surroundings of the cells neither through SEM imaging nor by performing EDX measurements.

SEM and EDX measurements were performed on samples without cells: first, on collagen hydrogel with different concentrations of BNNTs (5, 10, 15, 20 μ g mL⁻¹), then inside electrospinned PVDF membranes with 5 μ g mL⁻¹ BNNTs. No BNNTs could be observed in any of the samples, probably due to the dispersion within the matrices and the tiny size of BNNTs. To corroborate with TEM and to further confirm the composition of the nanocomposites, SEM/EDX imaging of a pristine BNNT sample was performed (Figure 2C,D). Boron (B) and nitrogen (N) peaks could be distinguished perfectly from the sample. Silicon (Si) and gold (Au) peaks, coming from the Au- coated silicon chip used as substrate to deposit the BNNT sample, can also be seen in the spectrum. Finally, Figure 2E shows X-ray diffraction (XRD) patterns of pristine BNNTs showing peaks at 25° and 42°, in agreement with the literature.^[72]

In order to characterize the piezoelectric properties of the BNNTs and the composite matrix of the bio-bots, two different measurements were performed: dynamometer and piezometer measurements. In the former, the sample is pressured between two clamps that serve as electrodes. There, where the force is applied, the electrodes measure the voltage produced in between the electrodes and translate it to a piezoelectric coefficient. The piezoelectric coefficient of pristine BNNTs was measured with the sample as purchased, obtaining a value of $d_{33} = 16.6 \pm 0.9$ pC N for randomly oriented BNNTs and

confirming the piezoelectric behavior of the nanocomposites, as per the literature on the topic.^[52] Hydrogel samples with BNNTs at 5 μ g mL⁻¹ concentration, with and without cells, were measured but the value obtained was not stable, mainly due to the fragility, heterogeneity, and thin thickness of the hydrogel once dehydrated.

2.3. Motion Performance of BNNT-Loaded Bio-Bots

The performance of BNNT-loaded bio-bots in terms of speed was compared to control bio-bots at day 6 of differentiation. Figure 3A shows two illustrative examples of a bio-bots walking upon electric pulse stimulation (EPS). The tracking algorithm described in the Experimental Section was applied to follow a corner in the skeleton of the bio-bots and their speeds were computed from the trajectory. Despite showing great variability between samples, BNNT-loaded bio-robots showed generally higher speeds than control bio-bots, with values comparable to those reported previously (Cvetkovic et al. 2014). In particular, the average speed at 1 Hz was slightly higher for BNNT biobots but the speed at 4 Hz was greatly increased, showing statistically significant differences compared to the control cases (Figure 3B). It seems striking that only for frequencies of 4 Hz we can see an increase in speed for BNNT-loaded bio-bots. This could be explained by friction differences between materials, as the motion mechanism of these bio-bots is based on it.^[24,73] Muscles contracting at high frequencies usually suffer wave summation and achieve tetanic or sustained contractions, where the muscle never gets to relax, and the baseline is already a sustained contractile state. It is possible that BNNT bio-bots at 4 Hz might achieve tetanic contractions at a higher baseline than the control ones. This will decrease their contact area with the surface (due to the deflection of the structure) which in turn decreases the friction and increases the motion. This effect could also be observed in previous reports with a similar system.^[24,28] Computer simulations of the motion mechanism based on friction shows non-linear dependency with time at higher frequencies and differ from experiments, suggesting a very complex interplay of contractions and friction.^[28]

The best two cases of motion for each kind of bio-robot are shown in Figure 3C, where a fitting was performed to obtain their speeds. It can be seen how BNNT-loaded bio-bots, in the best-case scenario, could reach speeds up to 234 µm s⁻¹, three times higher than the control cases at $\approx 80 \ \mu m \ s^{-1}$. Their average speeds were of $\approx 18 \ \mu m \ s^{-1}$ for control and 80 $\ \mu m \ s^{-1}$ for BNNTs, more than 4 times higher than control. Videos of the best performing BNNT and control bio-bots at 2 and 4 Hz can be seen in Videos S1-S4 (Supporting Information). Figure 3D displays the tracked trajectories of the examples of Figure 3C, where it can be observed how they are completely directional. However, several of the bio-bots showed significant rotational motion, probably due to inhomogeneities in the skeleton during 3D printing and in the muscle itself. These bio-bots, therefore, were not included in the speed calculations, but only directional ones. We believe this increase in speed to be due to a greater force production of the bio-bots. Force measurements on control and BNNT-loaded skeletal muscle tissues were performed by deflection of two PDMS posts as previously reported.^[47] Tissue constructs were



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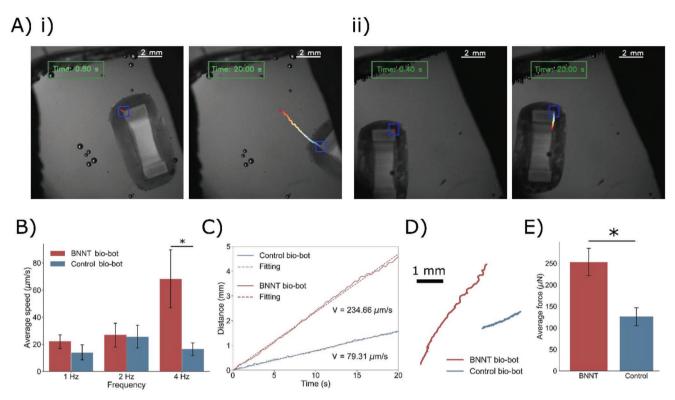


Figure 3. Motion analysis and comparison of control and BNNT bio-bots. A) Snapshots of a tracking of a i) BNNT-loaded bio-bot and a ii) control biobot moving upon EPS. B) Average speeds reached by control and BNNT bio-bots according to different frequencies. C) Examples of the two best cases of motion of control and BNNT bio-bots for a period of 20 s at 4 Hz, and D) their trajectories. E) Force measurement of BNNT and control samples at day 6 of differentiation (*t*-test with **p* < 0.05).

fabricated following protocol outlined above and then transferred into a two-post system for differentiation (Figure S2, Supporting Information). At day 6 of differentiation, control samples showed forces in the range of $\approx 80 \ \mu$ N (Figure 3E), similar to previous reports (Cvetkovic et al. 2014; Raman et al. 2016). However, BNNT-loaded muscle tissues showed more than a twofold increase in their force generation, reaching values of 250 μ N, with statistically significant differences.

2.4. Physical and Biological Characterization of BNNT-Loaded Bio-Bots

We tested the viability of BNNT-loaded muscle tissue with different concentrations of BNNTs with a PrestoBlue viability assay (**Figure 4A**). For concentrations in the range of 5–10 μ g mL⁻¹, the absorbance values were within the range of control for up to 8 days in differentiation medium. However, concentrations of 50 and 100 μ g mL⁻¹ seemed to be toxic for the tissues. Immunostaining of MyHCII and cell nuclei with samples at 5 μ g mL⁻¹ showed no differences between BNNT and control samples, since both of them exhibit elongated and well-aligned myotubes (Figure 4B), as previous reports in the literature also showed.^[56] The myotube diameter was also not significantly different between both samples (Figure 4C). We also evaluated the contractility of the samples via calcium imaging (Figure S3, Supporting Information). We found no differences in spontaneous or induced contractions, as both occurred in a synchronized manner throughout the tissues with no quantifiable differences between samples.

To assess the effect of BNNTs on mRNA maturation, real time quantitative polymerase chain reaction (RT-qPCR) was performed at different time points (day 0, 4, and 8 of differentiation) to evaluate the expression of differentiation markers, such MyoD and Myogenin, as well as the maturation-related genes MyHCI, MyHCIIa, MyHCIIb, and MyHCIIx (Figure 4D). We observed a down-regulation of MyoD and Myogenin expression overtime, especially in BNNT-loaded bio-bots, as expected during the first days of differentiation. The four isoforms of MyHC were more expressed at the late stages of differentiation, when the muscle starts maturation and multinucleated myotubes with internal sarcomeric structure and contractility are formed.^[74] These maturation markers, however, seemed more expressed for control samples than BNNT samples, although were generally not statistically significant. Such event was also observed in a previous report where skeletal muscle-based actuators undergoing long-term electrical stimulation showed improved force output and down-regulation of maturationrelated genes.^[47] To summarize, we found no significant differences in the maturation of samples via immunostaining (myotube diameter) and RT-qPCR showed downregulation of certain myosin genes in BNNT samples compared to the control samples. Therefore, we hypothesize that the improved force generation and bio-bot performance could come from a much more complex interplay of factors, and a deeper investigation and gene/protein level is needed.

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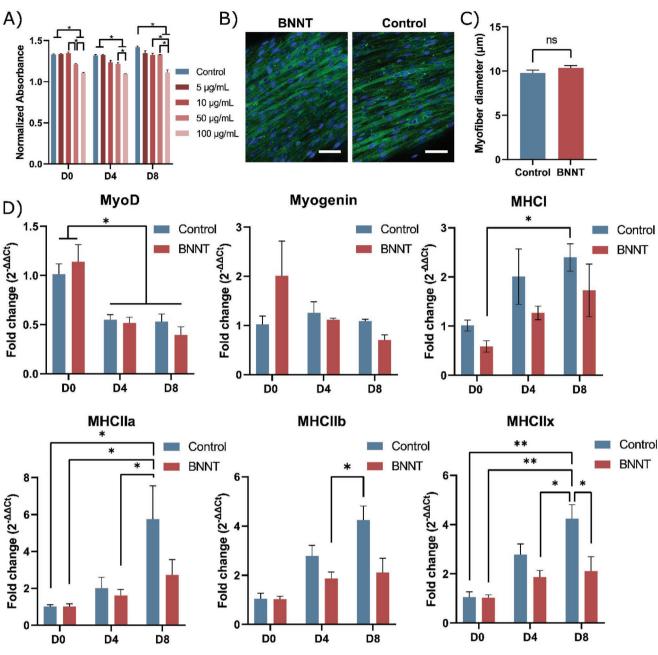


Figure 4. Biological characterization of control and BNNT-loaded bio-bots. A) Normalized absorbance of PrestoBlue viability assays for different concentrations of BNNTs. B) Immunostaining of MHC of BNNT and control samples, showing well differentiated and aligned myotubes in the hydrogel. C) Average myotube diameter, measured from immunostaining images (N = 43 for BNNTs and N = 24 for control). D) Results of qRT-PCR for six genes of interest, relating to differentiation (MyoD and Myogenin) and maturation (MHCI, MHCIIa, MHCIIb, and MHCIIx) of skeletal muscle tissue. Error bars indicate standard error of the mean *p < 0.05. Two-way analysis of variance (ANOVA) was performed followed by Tukey's post hoc test for multiple comparisons. Shapiro–Wilk test was performed to assess normality of the model residuals.

2.5. Finite Element Analysis Simulations

To understand the synergy of multiple effects produced at the micro- and nanoscale and how it translates into the macroscopic effect of the displacement of the bio-bot, we computed a simulation of a hydrogel-muscle matrix with several BNNTs distributed inside of it (**Figure 5** and Figure S4, Supporting Information). Compression pressures in the range of 0.001–10 kPa were simulated at both ends of the hydrogel-muscle structure. This range of values matches the typical tensions exerted by the passive compaction of the tissue during differentiation and the active contraction of the myotubes, as reported in the literature.^[11,23] The simulation results show that, as expected, the piezoelectric BNNTs embedded in the matrix translate the stress of the compression into electric field to the surrounding myotubes. As can be seen in Figure 5A, the surface stress is especially high at BNNT surface because of their small size, and thus the

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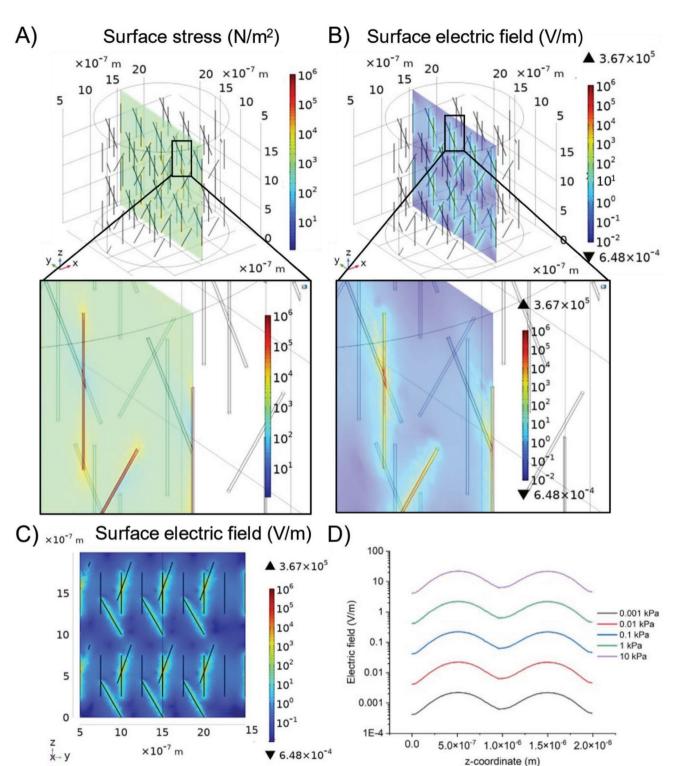


Figure 5. COMSOL Multiphysics simulations of a matrix of hydrogel with BNNTs embedded in it. A) Surface stress across a cut in the matrix after the application of a compression force of 1 kPa, B) the surface electric field generated by the piezoelectric coefficient of the BNNTs, and C) a surface plot of the same case. D) Distribution of the electric field along a longitudinal line (z-axis) for different compressive tensions. The oscillations come from neighboring nanocomposites, where the electric field is stronger.

electric field due to piezoelectricity (Figure 5B) is also greater near the surface of the nanocomposites. Most importantly, the combined effect of all the BNNTs makes the electric field within the hydrogel be non-zero, indicating that the myotubes are exposed to a positive electric field magnitude (Figure 5C), which helps in their differentiation process, supporting our

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initial hypothesis. Finally, Figure 5D show the electric field on a line longitudinally along the hydrogel-muscle matrix for pressures in the range of 0.001–10 kPa. We also computed simulations assuming a clustered distribution of BNNTs, as it is likely that some of these nanostructures would be aggregated (Figure S5, Supporting Information). As expected, the larger the compression force, the larger the electric field magnitude. Although the electric field magnitude some radii away from the BNNTs might seem small compared to their interface, this value is still high enough to produce a significant response in the myotubes within the matrix, since during external EPS typical electric fields are in the range of 1 V mm⁻¹ or lower.^[75]

3. Conclusions

We have demonstrated the integrating piezoelectric BNNTs into the cell-laden hydrogel of walking bio-bots. A dispersion of BNNTs was obtained by dissolution in DMF and several solvent changes until reaching a stable solution in ethanol. Bio-bots loaded with BNNTs showed enhanced motion, as demonstrated by tracking of bio-bots actuated by EPS. Moreover, we demonstrated that these improvements in the motion were a result of a stronger force output of the nanocompositeladen muscle tissue. By performing force measurements, we found that the average force of BNNT-loaded tissues showed a 2.5-fold increase with respect to control samples. Results from the genetic characterization of the bio-bots showed that the expression of the maturation markers was lower in the BNNT-loaded samples, although not statistically significant in general. Despite this, the enhanced force contraction produced by these BNNT-loaded tissues indicates that these nanocomposites can improve the force generation of these muscle fibers. Characterizations and FEA simulations demonstrate that the BNNTs show piezoelectricity and that a random distribution of BNNTs inside the hydrogel can produce a non-zero electric field in the muscle cell membrane. This supports our hypothesis that integration of nanocomposite into muscle-based bio-bots can improve their performance in terms of motion and force output. The exact mechanism behind this improved performance is unknown and is most likely the outcome of an interplay of factors, such as an improved maturation or interactions between the external electric field and the one generated by BNNTs.

These preliminary results pave the way was toward a more complex actuation of bio-hybrid robots by the integration of nanocomposites with different capabilities, in this case, piezoelectric nanoparticles that improve the performance of the tissue. Future studies should investigate the piezoelectric effect for remote actuation of these bio-bots by the application of ultrasonic waves. Other nanocomposites could be also combined to boost the performance and efficiency, such as magnetic nanoparticles in the cell-laden hydrogel or the artificial scaffold, to guide the bio-hybrid robots through magnetic fields or graphene-based nanocomposites that could improve the mechanical and conductive properties of the hydrogels. The multidisciplinary integration of recent advances in smart materials, nanotechnology, tissue engineering and soft robotics will be key for the future development of advanced bio-hybrid robotics.

4. Experimental Section

Bio-Bot Skeleton Fabrication: PEGDA with a number average molecular weight (Mn) of 700 (Sigma-Aldrich) was mixed with PEGDA 575 Mn in a 1:1 ratio. A solution of PEGDA 700/575 at 16% v/v in ultrapure water with lithium phenyl-2,4,6-trimethylbenzoylphosphinate (LAP; Sigma-Aldrich) at 0.1% wt/v was prepared. A red dye, Sudan I (Sigma-Aldrich) was included in the solution at a 0.15% wt/v and sonicated until fully dissolved. The skeletons, based on previous CAD designs,^[22] were 3D printed with the PICO2 SLA 3D printer from Asiga. Sudan I dye was necessary to improve the definition of the structures by reducing the light scattering effects. After printing, the skeletons were soaked in 10% bleach to remove the dye, left in isopropanol overnight and then maintained in PBS until use.

Cell Culture: C2C12 mouse myoblasts were purchased from ATCC. Growth medium (GM) consisted of high glucose Dullbecco's Modified Eagle's Medium (DMEM; Gibco) supplemented with 10% Fetal Bovine Serum (FBS; ThermoFisher), 200 nm L-Glutamine and 1% Penicillin/ Streptomycin (Lonza). Cells below passage 6 were used before reaching 80% confluency in T-75 flasks. Differentiation medium (DM) consisted of high glucose DMEM containing 10% Horse Serum (Gibco), 200 nm L-Glutamine (Gibco), 1% Penicillin-Streptomycin (Gibco), 50 ng mL⁻¹ insulin-like growth factor 1 (IGF-1, Sigma-Aldrich) and 1 mg mL⁻¹ 6-aminocaproic acid (ACA, Sigma-Aldrich).

Fabrication of Control and BNNT-Loaded Bio-Bots: Myoblast-laden hydrogel were composed of Matrigel (ThermoFischer), fibrinogen (Sigma-Aldrich) and thrombin (Sigma-Aldrich) in GM supplemented with ACA. Cells at 80% confluence were harvested by adding 3 mL of TrypLE Express (ThermoFischer) for 5 mL and then neutralized with 3 mL of GM. Then, cells were centrifuged at 300g for 5 min and separated into 15-mL Falcon tubes with 3 million cells in each on. For cell encapsulation, 115 μ L of GM + ACA were added to a pellet with 3 million cells and homogenized thoroughly. Then, 6 μ L of a 100 U mL⁻¹ solution of thrombin and 90 μ L of Matrigel were added and homogenized. Finally, 75 μ L of stock solution of fibrinogen at 16 mg mL⁻¹ was added, homogenized fast, and 120 μ L of solution was casted in one injection mold, preparing a total of two each time. The tissue constructs were left in a cell incubator at 37 °C and 5% CO₂ atmosphere for 1 h until Matrigel was crosslinked and GM supplemented with ACA was added.

BNNTs (product code R2-beta) were purchased from BNNT, LLC. The material came in the form of a puffball and small quantities of it were dispersed in DMF at a concentration of 0.5 mg mL⁻¹, as described in the main text, by first leaving it under vigorous stirring overnight and then sonicating in ice for at least 2 h. The sample was centrifuged at 1400 rpm in Eppendorfs and the solvent was changed to DMF and ethanol in a 1:1 ratio, maintaining the same concentration of BNNTs. The process of sonication and centrifuging was repeated until obtaining a solution in pure ethanol. After solvent change to ethanol, the sample could be stored at 4 °C in cold. Before mixing with the hydrogel, the dispersion was again sonicated in cold for at least 1 h or until it was completely homogeneous and without aggregates. Considering that the total amount of hydrogel needed was 286 µL (as per last paragraph's quantities), 2.86 μ L of the stock solution of 0.5 mg mL⁻¹ BNNTs in ethanol was added to achieve a final concentration of 5 μ g mL⁻¹ in the hydrogel. The addition of the BNNT dispersion was performed right before addition of fibrinogen and homogenized thoroughly, without observing presence of aggregates.

FIB and SEM/EDX Imaging: Using a SEM Auriga-40 (Carl Zeiss), samples were characterized in order to see the relation between the collagen fibers, the BNNTs and the cells within the bio-bots; and C2C12 mouse myoblasts morphology inside the hydrogel. Previously, a vertical section and a horizontal section were performed using a FIB (Crossbeam 1560XB, Carl Zeiss) of \approx 20 µm depth. Images were taken with a magnification ranging from 500 to 100 K X at 2 keV of energy with the SE2 detector. To maintain the cell and the hydrogel structure, the samples were fixed with paraformaldehyde 4% and dehydrated following an increasing concentration of ethanol (50%, 70%, 90%, 100%). Finally, the critical point of the sample (BAL-TEC CPD030),

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and a metallization (BAL-TEC MED 020) with a carbon pellicule were performed.

Other measurements with SEM Auriga-40 (Carl Zeiss) include the imaging and EDX (INCA Energy Operator) of a sample of BNNTs dissolved in pure ethanol. These were deposited on top of a silicon chip with a layer of 50 nm of gold and examined when the ethanol evaporated at RT. Also, images were taken with magnification ranging from 500 to 100 K X at 2 and 10 keV of energy with the SE2 detector.

XRD: BNNTs suspended in pure ethanol were deposited on top of a Si-Au chip, let dry at RT and analyzed using Brucker D8 Advance X-Ray Diffraction (XRD) equipment with a Lynxeye-XE-T detector (Brucker). A Cu radiation source was used, and the X-ray source operated at 40 kV and 40 mA. The Göbel mirror was situated 0.6 mm from the divergence slit, 6 mm from the sample, that was 8 mm from the receiving slit. The spot of the sample was selected using a laser.

Piezoelectric Measurements with Piezometer: To measure the piezoelectric coefficient of BNNTs, a piezometer YE2730A d33 METER (APC International, Ltd.) and a force of 252×10^{-3} N directly to the BNNTs were used, obtaining the value for d₃₃. The materials were compressed between two steel plates of 100 μ m serving as top and bottom electrodes.

Bio-Bot Tracking: The script for tracking the motion of the bio-robots was developed in Python 3.7 using the library OpenCV (v. 4.1.2). Videos recorded with a microscope camera were loaded into the script using the VideoCapture function. The first frame of the video was prompted, and the user had to select an ROI around the bio-robot with the SelectROI function. A BOOSTING tracker type was created (function TrackerBoosting_create) by initializing it with the selected ROI and it was then applied throughout the whole length of the video, frame by frame. The central position of the ROI was stored, and the trajectory was added in the video with a color code to indicate time. Finally, a linear fitting of the form $x = v \cdot t$ was applied to the displacement versus time data to obtain the speed of the bio-robot.

Motion Analysis of Bio-Bots and Force Measurement of Muscle Tissue: Motion characterization was performed under an up-right microscope with a set of home-made stimulation electrodes composed of two platinum rods (Figure S6, Supporting Information). A waveform generator with an amplifier (AD797) was used to apply squared biphasic pulses by connecting a capacitor in series to minimize electrolysis created by the Pt electrodes. Bio-bots were recorded at different frequencies after placing them in fresh, warm DMEM and the motion was analyzed with the home-made tracking script described in the previous section.

Force measurement was performed as described in refs. [47,76]. Briefly, control and BNNT-loaded tissues were transferred into a 2-post system 3D-printed with PDMS instead of into a bio-bot skeleton and they were left to differentiate for 6 days in DM supplemented with ACA. Force measurement was done at 1 Hz and recorded under an inverted microscope, following the previously reported protocol.^[76]

Immunostaining: Tissue constructs were washed three times in PBS and then fixed with a 3.7% paraformaldehyde in PBS for 15 min at RT, followed by three washes in PBS and stored until use. For immunostaining, cells were permeabilized by 0.2% Triton-X-100 in PBS. After washing thrice in PBS, the constructs were incubated with 5% Bovine Serum Albumin (BSA) in PBS (PBS-BSA) to block unspecific bindings. Then, the tissues were incubated overnight at RT and in dark conditions with a 1/400 dilution of Myosin 4 Monoclonal Antibody (MF20; eBioscience) as primary antibody and 4',6-diamindino-2-phenylindole (DAPI; Sigma-Aldrich) at 1:5000. The next day, the samples were washed thrice in BPS and Alexa Fluor 568 was added for 2 h at RT in dark as secondary antibody. The tissue samples were observed under CSLM (Zeiss).

PCR: Total RNA content was extracted from 3 biological replicates using RNeasy Plus Mini kit (#74134, Qiagen) following manufacture's protocol. Extracted RNA was quantified by absorbance at 260 nm in a nano-drop spectrophotometer (ND-1000, Thermo Scientific). The cDNA was synthesized from 500 ng of RNA using the RevertAid First Strand cDNA Synthesis Kit (Thermo Scientific, K1621). RT-qPCR reactions were performed using PowerUp SYBR Green Master Mix (Applied Biosystems, A25742), following to manufacturer's instructions, with 500 ng of cDNA and the target primers in a total volume of 10 μL in a StepOnePlus Real-Time PCR System (Applied Biosystems, 4376600). All genes were normalized to the expression levels of GAPDH. Melt-curve analyses were performed to ensure that only one amplicon was being produced.

The following primers were used:

GAPDH:	FW (5′ ATGGTGAAGGTCGGTGTGAA 3′)
	RV (5' GAGGTCAATGAAGGGGTCGT 3')
MyoD:	FW (5' CCACTCAGGTCTCAGGTGTAAC 3')
	RV (5' TCGCCCGCTTGAGGAATAA 3')
Myogenin:	FW (5' CCCTACAGACGCCCACAATC 3')
	RV (5' ACCCAGCCTGACAGACAATC 3')
MyHCI:	FW (5' GCCCCAAGCACAAGGAGT 3')
-	RV (5' AGCCCCAAGAAATAAGGACAG 3')
MyHCIIa:	FW (5' GCAGAGACCGAGAAGGAG 3')
	RV (5' CTTTCAAGAGGGACACCATC 3')
MyHCIIb:	FW (5' GAAGGAGGGCATTGATTGG 3')
	RV (5' TGAAGGAGGTGTCTGTCG 3')
MyHCIIx:	FW (5' GCGACAGACACCTCCTTCAAG 3')
	RV (5' TCCAGCCAGCCAGCGATG 3').

Viability: Cell viability was evaluated with PrestoBlue cell viability reagent (Thermo Scientific, A13262) following manufacturer's protocol. PrestoBlue reagent was added at a ratio of 1:10 with respect to the total volume of cell medium and samples were incubated for 2 h at 37 °C. Then, 50 μ L of media were taken and absorbance was measured at 560 nm in a Benchmark Plus Microplate Reader, normalized to the value at 600 nm, subtracting the background of only-medium controls.

Simulations: Finite element simulations using the integrated electrostatic physics of COMSOL were performed to simulate a muscle matrixcomposed by several muscle fibers in a syncytium- embedding BNNTs (Figure S4, Supporting Information). BNNTs were defined as piezoelectric with the following parameters: Young modulus 1180 GPa,^[77] relative permittivity 3.29,^[78] and d₃₃ 0.76 C m⁻².^[79,80] A compressive force in opposed direction in the z-axis was applied in both faces of the cylinder to generate the compressive stress on the muscle syncytium. The study performed was a parametric study applying pressures from 0.001 to 10 kPa. The electric field produced by these forces was studied and compared among each other. Then, a point was selected in the simulation to evaluate the electric field along the muscle in the z-axis to justify that the electric field was non-zero. The mesh used for this simulation was anisotropic as it allowed the accurate representation of smaller elements-BNNTs-in the thinner domains and larger elements-muscle-in the system. A similar simulation was performed mimicking the stretching movement of the muscle by changing the direction of the forces applied on the cylinder bases in the z-axis.

Statistical Analysis: For motion characterization, pairs of speeds at the same frequency (control vs BNNT) subtracted from fitting to motion curves were performed an F-test for two-sample variance. As some of the pairs showed unequal variance, a t-test assuming unequal variances was performed (N = 7-14). Significance was set at *p*-value < 0.05. For force characterization, sets of forces of control and BNNT-loaded samples were performed an F-test for two-sample variance. As the variances were not significantly different, a *t*-test assuming equal variances was performed (N = 6). Significance was set at *p*-value < 0.05. For genetic characterization RT-qPCR was performed with N = 3 independent repeats. The comparative qRT-PCR statistical analyses were performed using the 2- $\Delta\Delta$ CT method, where all genes were normalized to the expression levels of GAPDH and to the expression levels of control samples at D0. Normality of the model residuals was assessed with Shapiro-Wilk test and difference in gene expression was analyzed with two-way analysis of variance (ANOVA) followed by Tukey's post hoc test for multiple comparisons. Statistical significance is indicated by p < 0.05.

Supporting Information

Supporting Information is available from the Wiley Online Library or from the author.

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Conflict of Interest

The authors declare no conflict of interest.

Data Availability Statement

The data that support the findings of this study are available from the corresponding author upon reasonable request.

Keywords

bio-bots, biohybrid robots, biomaterials, boron nitride nanotubes, skeletal muscle tissue

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