



# Bilingualism and aptitude: The role of language preference and cognitive development

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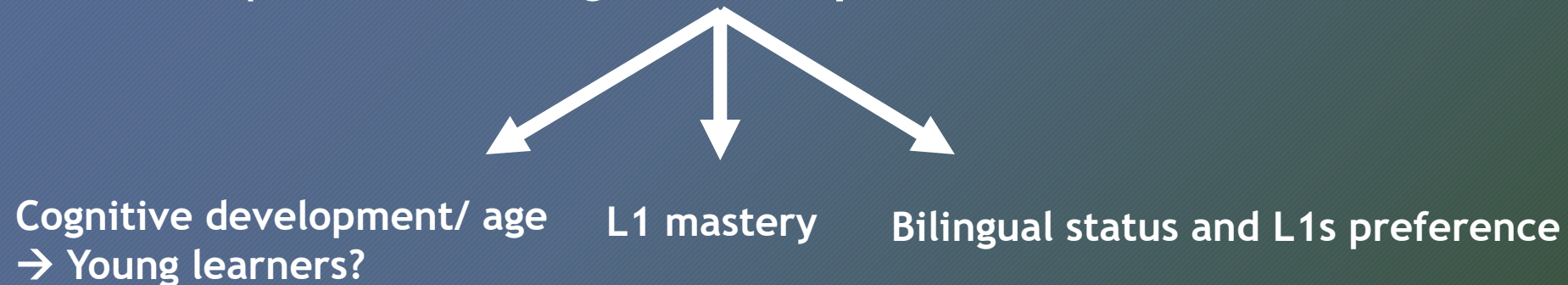


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# Introduction: aptitude and L1

- What is aptitude?
- Traditional view (4 abilities) vs modern views (implicit vs explicit learning, WM..,).
- Traditional aptitude testing → L1 dependent



# Traditional aptitude testing

## 01

MLAT (Carroll & Sapon, 1959) >  
MLAT-E (Carroll & Sapon, 1965) >  
MLAT-ES (Stansfield et al., 2004) >  
MLAT-EC (Suárez, 2010)

## 02

Catalan and Spanish are similar... But not exactly the same! (Suárez, 2022)

## 03

Because aptitude is not “stable” in early stages, different performance at grades 3-4, coinciding with Piaget’s cognitive developmental stages. (Suárez & Muñoz, 2011)



# Aptitude and bilingualism

Generally positive effects of bilingualism

Then...

- What about aptitude in bilinguals?



# Aims of this study

1. comparability of two aptitude tests for young simultaneous bilingual learners depending on their L1 preference

2. greater aptitude for bilinguals as compared to monolinguals



# Research questions

1. Is the subjects' performance on the **MLAT-ES** affected by their **L1 preference** within the same grade and across grades?

2. Is the subjects' performance on the **MLAT-EC** affected by their **L1 preference** within the same grade and across grades?

3. Is there any advantage for **Catalan/Spanish bilinguals** as compared to those mainly **monolinguals** who participated in the **MLAT-ES norming study**?



# Participants

- 629 participants from grades 3 to 7.
- Bilingual Catalan/Spanish from birth

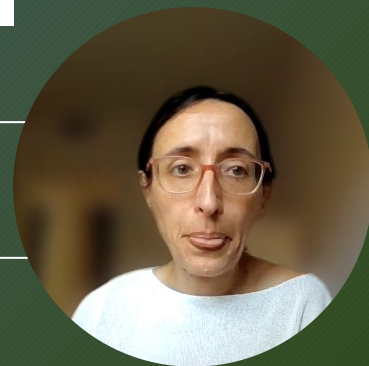
Grade	All subjects			Group 1 (ES – EC)			Group 2 (EC-ES)		
	N	Age	SD	N	Age	SD	N	Age	SD
3	123	8.8	.52	66	8.8	.33	57	8.8	.66
4	137	9.8	.43	75	9.9	.48	62	9.7	.36
5	118	10.8	.33	57	10.9	.33	61	10.8	.34
6	120	11.8	.3	60	11.7	.34	60	11.9	.33
7	131	12.9	.45	67	12.9	.45	64	12.8	.44



# Participants and procedure

Grade	All subjects			Group 1 (ES – EC)			Group 2 (EC-ES)		
	Catalan	Spanish	Balanced	Catalan	Spanish	Balanced	Catalan	Spanish	Balanced
3	46	47	30	25	25	16	21	22	14
4	51	46	40	21	30	24	30	16	16
5	45	40	33	16	24	17	29	16	16
6	45	37	38	19	21	20	26	16	18
7	48	52	31	7	35	25	41	17	6
All	235	222	172	88	135	102	147	87	70

Monolingual pool (Stansfield et al., 2004): Grade 3,  $n=207$ ; Grade 4,  $n=206$ ; Grade 5,  $n=289$ ; Grade 6,  $n=306$ ; Grade 7,  $n=178$ .







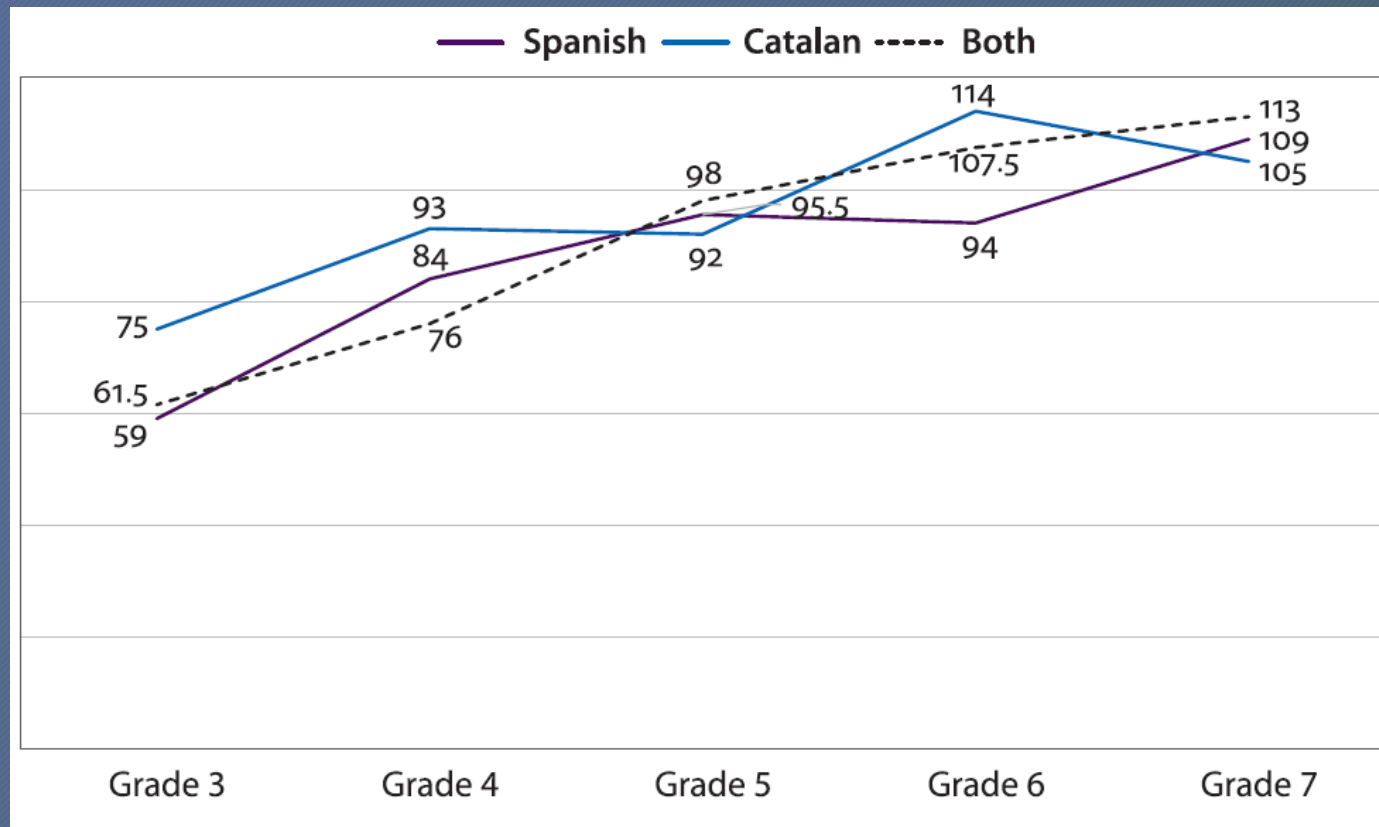
# Instrument

MLAT-EC/ ES	Construct
<b>1. Hidden words</b>	<ul style="list-style-type: none"><li>- vocabulary</li><li>- sound-symbol association</li></ul>
<b>2. Matching words</b>	<ul style="list-style-type: none"><li>- grammatical sensitivity</li></ul>
<b>3. Finding rhymes</b>	<ul style="list-style-type: none"><li>- hear and make distinctions between speech sounds</li></ul>
<b>4. Number learning</b>	<ul style="list-style-type: none"><li>- rote memory</li><li>- aural comprehension</li><li>- vocabulary</li></ul>
<b>Total score</b>	<b>Language aptitude</b>





# Results MLAT-ES Group 1



# Results MLAT-ES Group 1

Grade	Kruskal-Wallis df (2)	MLAT-ES part 1	MLAT-ES part 2	MLAT-ES part 3	MLAT-ES part 4	MLAT-ES total
3	<i>H</i>	4.043	2.169	4.552	9.528	7.507
	Asymp. Sig.	.132	.338	.103	.009	.023
4	<i>H</i>	8.522	1.217	1.949	5.912	4.849
	Asymp. Sig.	.014	.544	.377	.052	.089
5	<i>H</i>	.504	.289	2.571	1.449	.752
	Asymp. Sig.	.777	.865	.277	.485	.687
6	<i>H</i>	3.825	2.242	8.966	2.276	6.570
	Asymp. Sig.	.148	.326	.011	.320	.037
7	<i>H</i>	.063	.510	.020	2.021	.723
	Asymp. Sig.	.969	.775	.990	.364	.697



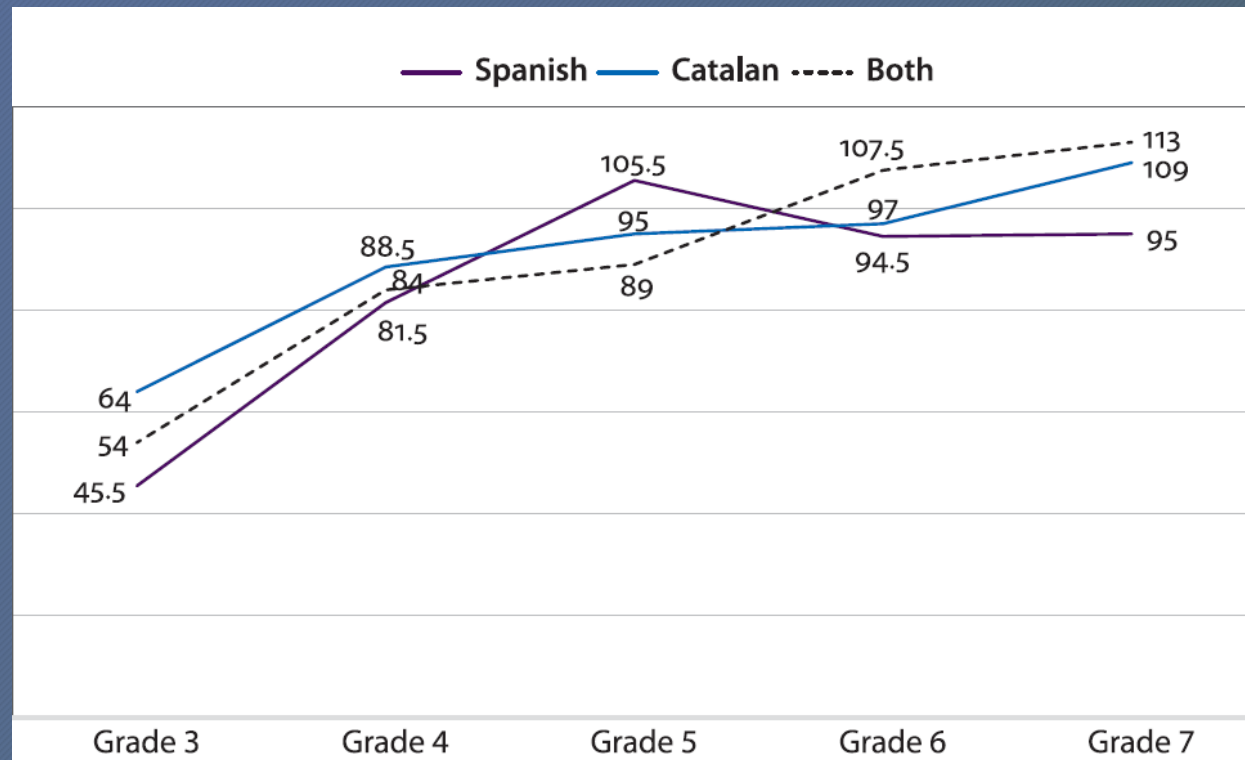
# MLAT-ES language preference

Grade	Part	Language pair	Z	Significance level
3	4	Spanish < both	2.280	.023
	Total	Spanish < Catalan	2.855	.004
	Total	Spanish < both	2.844	.004
4	1	Both > Catalan	2.988	.003
6	3	Spanish < Catalan	2.763	.005
	3	Spanish < Both	2.292	.022
	Total	Spanish < Catalan	2.431	.015





# Results MLAT-EC Group 2



# Results MLAT-EC Group 2

Grade	Kruskal-Wallis df(2)	MLAT-EC part 1	MLAT-EC part 2	MLAT-EC part 3	MLAT-EC part 4	MLAT-EC total
3	<i>H</i>	1.887	1.753	1.435	1.977	.946
	Asymp. Sig.	.389	.416	.488	.372	.623
4	<i>H</i>	3.109	1.970	.929	2.128	1.950
	Asymp. Sig.	.211	.373	.628	.345	.377
5	<i>H</i>	.2799	6.644	3.222	.113	3.183
	Asymp. Sig.	.247	.036	.200	.945	.204
6	<i>H</i>	3.825	2.242	8.966	2.276	6.570
	Asymp. Sig.	.148	.326	.011	.320	.057
7	<i>H</i>	.063	.510	.020	2.021	.723
	Asymp. Sig.	.444	.015	.544	.004	.068



# MLAT-EC / Language preference

Grade	Part	Language pair	Z	Significance level
5	2	Spanish > Both	-2.589	.010
6	3	Spanish > Both	-2.292	.022
		Catalan > Both	-2.033	.042
7	2	Catalan > Spanish	-2.881	.004
	4	Catalan > Spanish	-3.294	.001



# MLAT-ES Group 1 vs MLAT-ES Norming study

Grade	Tests comparison	Cohen's <i>d</i>	Effect size	Percentage change	Direction
3	MLAT-ES <i>Manual</i> vs MLAT-ES Group 1	0.57	medium	27	medium increase
	MLAT-ES <i>Manual</i> vs MLAT-EC Group 2	0.16	small	8	small increase
4	MLAT-ES <i>Manual</i> vs MLAT-ES Group 1	0.6	medium	24	medium increase
	MLAT-ES <i>Manual</i> vs MLAT-EC Group 2	0.67	medium	27	medium increase
5	MLAT-ES <i>Manual</i> vs MLAT-ES Group 1	0.62	medium	21	medium increase
	MLAT-ES <i>Manual</i> vs MLAT-EC Group 2	0.71	medium	23	medium increase
6	MLAT-ES <i>Manual</i> vs MLAT-ES Group 1	0.6	medium	16	medium increase
	MLAT-ES <i>Manual</i> vs MLAT-EC Group 2	0.35	small	9	small increase
7	MLAT-ES <i>Manual</i> vs MLAT-ES Group 1	0.71	medium	14	small increase
	MLAT-ES <i>Manual</i> vs MLAT-EC Group 2	0.39	small	7	small increase



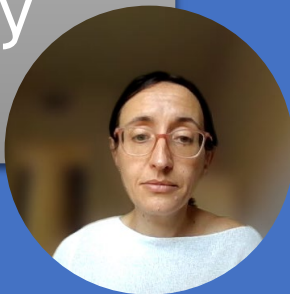


# Discussion RQ1 & RQ2: language

Very few significant differences, not a clear pattern across grades → not justifiable by language preference only.

Upper grades → still differences on the MLAT-EC, but L1 fully acquired → due to vehicular language at school?

Lower grades: MLAT-ES in South American variety → added difficulty



Discussion  
RQ1 & RQ2:  
across grades

Similar patterns regardless of language preference

Language aptitude innate but dependent on cognitive development

Not language neutral?  
No problem!





# Discussion RQ3: monolinguals vs bilinguals





# Conclusions & limitations

- Comparability of two aptitude tests despite test takers' L1s preferences
- Aptitude in young learners can be measured
- Traditional aptitude measures used successfully in “modern” language learning contexts (Suárez & Gesa, 2022)
- Self-reported language preference





# Pedagogical implications

1. L1 developmental stages + cognitive developmental stages → crucial for foreign language learning
2. In bilingual (or even plurilingual) contexts, the more, the merrier
  1. Language of instruction
  2. Aptitude or bilingualism?



Thank you!



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