

1 Management, prevention and treatment of Canine Leishmaniasis in NE Spain: an online
2 questionnaire-based survey in the province of Girona with special emphasis on new
3 preventive methods (Canileish® vaccine and Domperidone).

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20 ABSTRACT:

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22 Knowledge of how canine leishmaniasis (CanL) is being managed clinically and its
23 epidemiology are very important, since dogs are the main reservoir of human
24 leishmaniasis.

25 This study reports the results obtained through a questionnaire-based survey of
26 veterinary practitioners in Girona province, a recognized, but non-documented endemic
27 area in NE Spain. The primary objective was to obtain data on the clinical management
28 of CanL, focusing particularly on new preventive methods and therapeutic tools. The
29 results show an extensive routine management of CanL cases and a widespread use of
30 the CaniLeish® (Virbac) vaccine and domperidone (Leisguard®, Esteve). Adverse
31 reactions were detected by a vast majority of the vaccine users (82%), the most frequent
32 being local reactions, apathy, fever and gastroenteritis. All the respondents had treated
33 confirmed cases, and the therapeutic protocol most used was the combination of
34 meglumine antimoniate (Glucantime ®, Merial) and allopurinol (Zyloric®,
35 GlaxoSmithKline).

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38 KEY WORDS: canine leishmaniasis, vaccine, prevention, web-questionnaire; NE Spain

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40 INTRODUCTION

41

42 Canine leishmaniasis (CanL) is a global vector-borne disease caused by protozoan
43 parasites of the genus *Leishmania*, which in the Old World is transmitted by blood-
44 sucking sand flies belonging to the genus *Phlebotomus* (Alvar and others 2004;
45 Gállego, 2004). The Mediterranean basin is an endemic area of *L. Infantum*
46 transmission, dogs being the main reservoir, and humans acting as an incidental host
47 (Ashford, 1996; Dantas-Torres, 2007). Zoonotic human leishmaniasis (HL) is a public
48 health concern in Southern Europe (Alvar and others 2012).

49 In Spain, the Mediterranean coast registers the highest prevalence of CanL (de Ybáñez
50 and others 2009). CanL is endemic in Girona but epidemiological data are scarce
51 (Portús and others 2007). In fact, no official data on CanL are available for the
52 province, as for the rest of other endemic Spanish areas, despite notification being
53 compulsory at national and international levels (B.O.E., 2009; OIE, 2014).

54 Similarly, there is limited information on the current CanL management practices in
55 endemic areas. This is especially relevant nowadays, as the number of available tools to
56 prevent, diagnose and treat CanL has increased significantly in recent years.

57 Early diagnosis of CanL cases is critical for a good prognosis (Maia and Campino,
58 2008). However, clinical presentation is variable and the gold standard for diagnosis
59 (i.e. observing parasites in bone marrow or lymph node aspirates) has a low sensitivity
60 and requires trained personnel. Serological tests, mainly rapid diagnostic tests, are often
61 used in veterinary practices (Maia and Campino, 2008; Paltrinieri and others, 2010).

62 Meglumine antimoniate combined with allopurinol is still the first line of therapy for
63 CanL, but new treatments such as miltefosine (Milteforan®, Virbac), the only oral
64 antileishmanial drug, are now available (Miró and others 2008; Solano-Gallego and

65 others 2009). The level of uptake of these new treatments in endemic areas has still not
66 been reported. Similarly, the use and acceptance of the first canine leishmaniasis
67 vaccine commercialised in Europe (LiESP/QA-21, CaniLeish®) has not been
68 independently evaluated. The new vaccine, which, according to the manufacturer,
69 reduces the risk of developing clinical CanL by four (Moreno and others 2012), should
70 complement the traditional preventive measures: spot-on insecticides and treated collars
71 (Deltamethrin, Permethrin, Imidacloprid ,...). These vector control methods aim to
72 reduce contact with the sand fly-host. Finally, domperidone is an immunomodulator
73 recently postulated as a preventive method against CanL (Sabaté and others 2014) and
74 data on its use are still scarce.

75 The primary objective of this study was to report on the clinical management of CanL,
76 focusing particularly on the uptake of new preventive methods and therapeutic tools, in
77 an endemic area (North-eastern Spain). The data gathered from veterinary practices
78 were also used to study the epidemiology of CanL in this endemic area. This
79 preliminary study would be useful for the design of a more extensive and protocolized
80 analysis of CanL control and management.

81

82 MATERIAL AND METHODS

83

84 Study area and population

85 The study took place in Girona province in North-eastern Spain. Girona has 7 counties,
86 761,267 inhabitants and 5,905km² (Idescat, 2013). Habitats and climates vary from
87 Mediterranean on the coast to high mountains in the Pyrenees bordering France in the
88 north. Girona is a major national and international tourist destination and a key traffic
89 node between North Africa, Southern Spain and the rest of Europe.

90 The study population were the veterinary practitioners in Girona province. There were
91 100 veterinary practices registered at the regional veterinary college (*Col·legi Oficial de*
92 *Veterinaris de Girona* (COVGi)) in May 2013.

93

94 Questionnaire design

95 A semi-structured questionnaire was used to collect the information from the
96 veterinarians. The questionnaire was adapted from one developed to study leishmaniasis
97 in other parts of Europe (de Ybáñez and others 2009; Morosetti and others 2009; Gálvez
98 and others 2011; Alcover and others 2013; Ballart and others 2013) as part of the
99 Emerging Diseases in a Changing Environment (EDEN) Project.

100 In the first of two parts, the questions focused on the causality and epidemiology of
101 CanL, and on the perceptions of the veterinarians regarding this disease. The second
102 part contained questions about clinical manifestations, diagnostic methods, treatment
103 protocols, prognosis and prophylactic measures for CanL. This part also had questions
104 previously not included in similar surveys, concerning the treatment protocol and the
105 use and safety of the new methods available to prevent CanL: LiESP/QA-21
106 CaniLeish® vaccine and domperidone. A copy of the questionnaire is provided as
107 Supplementary Material (S1).

108 The questionnaire was distributed to the veterinary practices from May to October 2013
109 via email using online survey software: www.encuestafacil.com. To encourage
110 participation, a conference at the COVGi headquarters was organized in May 2013 to
111 explain the purpose of the study. Non-responding veterinarians were contacted by
112 telephone and/or by email at least twice.

113 For the analysis of the results regarding epidemiology in the area and causality, Chi-
114 square tests were carried out using R software (R Development Core Team, 2013).

115

116 RESULTS

117

118 By October 2013, 54% (54 out of 100) of the veterinary practices had responded to the
119 questionnaire. The responses were from clinics in each of the seven counties of Girona
120 province (Fig 1). The results of the questionnaire are presented as absolute numbers,
121 percentages and 95% confidence intervals to show the distribution of the responses. The
122 p-value is presented in Table 1.

123 The results show that 67% of the treated dog population was preferentially mixed
124 (urban and rural) and around 80% of the clinics examined more than 11 dogs per week
125 (Table 1). Approximately half the respondents reported between 11 and 50 suspected
126 CanL cases in the previous year. About 75% confirmed between 1 and 20 CanL cases,
127 most of which had not been diagnosed before.

128 As for the origin of the infection, 87% of the respondents believed that the dogs had
129 been infected within their own activity area and almost 50% thought that the presence
130 of the disease had increased in the previous 10 years. Only 17% of the veterinarians had
131 ever come across an HL case and only 19% had ever suspected/confirmed a
132 leishmaniasis case in animal species other than dogs (mainly cats).

133 Regarding clinical management, the most frequent clinical signs seen in infected
134 animals were squamosis (78%), adenopathy (52%), loss of weight (50%) and localized
135 alopecia (52%), the first two being the most valuable for diagnosis (60% and 54%,
136 respectively) together with epistaxis (70%) and onychogryphosis (65%). All the
137 veterinarians with suspected cases confirmed clinical diagnosis by laboratory methods
138 and 59% used more than one laboratory diagnostic method. All of them reported using
139 serology to confirm CanL (100%), mainly ELISA (80%). Clinical signs were used as a

140 reference by 52% of the clinics, followed by PCR (33%), microscopy (24%),
141 epidemiology (9%) and proteinogram (5%). To confirm the clinical diagnosis, 65% of
142 the veterinarians used their own private laboratory, while 76% used an external private
143 laboratory; 41% used both their own and private laboratories.

144 All the confirmed cases were treated by the veterinarians (Table 2). The most favoured
145 therapeutic protocol was the combination of meglumine antimoniate and allopurinol
146 (Zyloric®), both as the first and second line of treatment (91% and 41%, respectively).

147 In the 'Others' category, veterinary practitioners mainly reported the use of
148 domperidone, alone (4 clinics) or combined with allopurinol (2 clinics), as first and
149 second line treatment, followed by vitamin supplements, renal diet, fluoroquinolones
150 and euthanasia.

151 The majority of the practitioners treating dogs diagnosed with CanL followed up the
152 cases at least once a year: 24% every 6 months or less, and 56% every 6-12 months.
153 Additional laboratory tests were always used to follow up cases in 50% of the clinics,
154 while 43% applied them only occasionally, and 7% only when suspecting therapeutic
155 failure. Almost half of the respondents (48%) reported between 1% to 10% treatment
156 failure, while 37% of all the polled veterinarians reported up to 35% of treatment
157 failure.

158 All the veterinary practitioners recommended at least one preventive measure, which in
159 most cases was an insecticide-impregnated collar (98%)(Table 3). A high percentage
160 also recommended spot-on insecticide (69%) and vaccine (67%). The 'other' methods,
161 recommended by 22% of the veterinarians, were basically preventing exposure to sand
162 flies by keeping the dog indoors at night. Almost all the respondents (96%)
163 recommended products specifically indicated against phlebotomine sand flies, but 78%
164 did not think that the owners protected their dogs properly. In relation to already

165 infected animals, 89% advised prophylactic measures to avoid sand fly bites.
166 Among the respondents that had used the vaccine (83%), 37% of them had applied 30
167 or more primo-vaccination courses in the previous 12 months (one practice reported
168 200) and 48% had applied between 4 and 25 complete vaccine courses. Approximately
169 1,300 dogs had received the vaccine in Girona province, according to the data provided
170 in the questionnaires. Most of the clinicians (82% of the vaccine appliers) observed
171 adverse reactions, the most common being local effects (33%) (inflammation, wounds)
172 and apathy (27%) (Table 4). Severe adverse reactions (anaphylactic shock and/or death)
173 were classified as a ‘sporadic presentation’ by 16.2% of those who reported adverse
174 reactions.

175

176 DISCUSSION

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178 Veterinary questionnaire surveys are fast becoming established as an alternative
179 approach to assessing the current status of CanL and its clinical management, since they
180 allow accurate data to be obtained over large geographic areas rapidly and cost-
181 effectively (Ballart and others 2013). They have been used in studies at regional
182 (Gálvez and others 2011; Alcover and others 2013; Ballart and others 2013), national
183 (Oliveira and others 2010) and multinational levels (Bourdeau and others 2014; Mattin
184 and others 2014). The classical questions used in the EDEN project were extended in
185 the present work to cover the use of new immunomodulating preventive methods in
186 clinical practice, including questions on the use of domperidone and the use and safety
187 of vaccination (CaniLeish®).
188 Apparently, the majority of the responses were from areas with a high concentration of
189 veterinary clinics corresponding to regions with the highest human population density

190 (central and coastal areas) (Figure 1) and with the greatest number of HL cases
191 according to official data (Generalitat de Catalunya, 2014).

192 The veterinarians of the area see a large number of dogs (60% see more than 20 dogs
193 per week) and a high percentage thought that the presence of CanL was increasing, as in
194 the Balearic Islands (Alcover and others 2013) and the province of Lleida (Ballart and
195 others 2013). However, as mentioned, there are no official or published data to
196 corroborate this. This supposed increase of cases is despite routine veterinary
197 recommendations to use preventive methods.

198 Several vaccine candidates are under development and three have been commercialized:
199 two in Brazil (Leishmune®, Fort Dodge, and Leish-Tec®, Hertape) and one in Europe
200 (CaniLeish®) (Gradoni, 2015). Given the novelty of these tools, the results of the
201 present study are important because they provide preliminary data about their use,
202 efficacy and safety. Two studies have previously collected information regarding the
203 opinion of veterinarians about vaccine recommendation (Oliveira and others 2010;
204 Bourdeau and others 2014) and one about vaccine use in France, the country where it
205 was first available (mean 0.31% of dogs receiving the vaccine per department) (Mattin
206 and others 2014).

207 Although scarcely a year had passed since the CaniLeish® vaccine was released in
208 Spain, it was the second preventive method most recommended by the polled
209 veterinarians (67%) after insecticide-based products. The percentage of veterinarians
210 who applied the vaccine (83%) was higher than those who recommended it, suggesting
211 that in some cases it was the dog owner who requested its application. Not enough time
212 has passed to show its efficacy, but some CanL cases have been detected in vaccinated
213 dogs. In the present study, 10 practices (18% of respondents) reported cases in
214 vaccinated dogs, amounting to 18 dogs in total. This preliminary data should be treated

215 cautiously because the total number of vaccinated animals is unknown and no
216 information was available on whether the vaccine protocol was correctly followed.
217 Oliva et al. (2014) have recently reported a clinical efficacy of 68.4% over two
218 transmission seasons with correct application of protocol. The reported clinical efficacy
219 of Leishmune® and Leish-Tec® were around 80 and 60%, respectively (Gradoni, 2015;
220 Oliva et al., 2014; Wylie et al., 2014).

221 According to the manufacturer, a serological test should be done before the first
222 vaccination dose to ascertain whether the dogs are healthy and seronegative. Thanks to
223 this policy, 33% of the veterinary clinics that applied the vaccine detected asymptomatic
224 cases. In fact, cryptic CanL has been seen in other studies, revealing that the proportion
225 of apparently healthy seropositive dogs can be considerable in highly endemic areas
226 (Iniesta and others 2002; Baneth and others 2008).

227 Additionally, although the vaccine has been described as very safe in relation to the
228 dosage and dog age and breed (Lemesre and others 2007; Oliva and others 2014), this
229 has always been a polemical issue. The most notable adverse event seems to be local
230 swelling and pain (Oliva and others 2014). In the present study, 82% of the vaccine
231 applicators reported adverse reactions. In many cases, they were local reactions (mild to
232 severe) and apathy. Severe reactions, such as vasovagal syncope, anaphylactic shock
233 and even death, were also reported, albeit in a very low incidence. It should be noted
234 that the attribution of these adverse effects to the vaccine is based on the criteria of the
235 veterinarian (with or without checking it), and there is a risk of bias towards over-
236 diagnosis of vaccine secondary effects due to a high awareness. Although these data
237 ought to be treated carefully, given that they are the result of an opinion poll, the results
238 can serve as a basis for more extensive and protocolised studies on this subject.

239 Another novelty of the present study was the questions about the use of domperidone.

240 In the present study, half of the polled veterinarians reported the use of this drug, at
241 least as a preventive tool (Table 3). This anti-dopaminergic drug has proved effective in
242 reducing clinical signs and antibody titers in most treated dogs, with mild or severe
243 clinical signs (74.3% and 38%, respectively) (Gómez-Ochoa and others 2009) and
244 avoiding the development of clinical disease with a prevention rate around 80% (Sabaté
245 and others 2014). However, as its veterinary use is still quite novel, available data are
246 scarce. Indeed, it was only registered in Spain for preventive use at the end of 2011,
247 which would explain its limited application, and its greater use as a preventive (50%)
248 than a therapeutic drug (11%). In fact, it was the third most used preventive method
249 after insecticide-based products (collars and spot-on) and the vaccine. There were no
250 specific questions about the safety of domperidone, but it is reported to have only a few
251 mild or no side effects (Sabaté and others 2014).

252 A high percentage of the respondents recommended the use of insecticide-impregnated
253 collars (98%) and topical spot-on insecticide capsules (69%) to prevent sand fly bites,
254 as reported in other survey-based studies (de Ybáñez and others 2009; Oliveira and
255 others 2010; Gálvez and others 2011; Kotnik and others 2012; Ballart and others 2013).

256 A significant outcome of the current study is that 89% of the veterinarians advised
257 owners of already infected dogs to apply methods to avoid sand fly bites, which would
258 help prevent the dispersion of the disease. Nevertheless, according to the majority of
259 respondents, the presence of the disease has increased, as in other areas (Ballart and
260 others 2013) and 78% thought that dog owners do not properly protect their dogs
261 against the vector.

262 Another measure to control leishmaniasis transmission is the detection and management
263 of infected animals (Maroli and others 2010) using different methods, such as clinical
264 signs, laboratory tests, etc. (Paltrinieri et al., 2010). As dogs are the main reservoir of *L*

265 *infantum* the measures to control canine leishmaniasis would affect the prevention of
266 zoonotic leishmaniasis (Maroli and others 2010). Other routes of transmission and the
267 existence of other animals acting as reservoirs should be considered (Quinnell and
268 Courtenay, 2010).

269 Regarding the clinical signs, those that were most valuable and most frequently
270 observed were the same as indicated in the common diagnosis guidelines (squamosis,
271 epistaxis, onychogryphosis, adenopathy, loss of weight and localized alopecia) (Alvar
272 and others 2004; Paltrinieri and others 2010; Solano-Gallego and others 2011). The use
273 of serological methods was widespread and all the clinics used at least one test for
274 diagnosis confirmation, as in other questionnaire-based studies in Spain (de Ybáñez and
275 2009; Gálvez and others 2011; Alcover and 2013; Ballart and others 2013) and other
276 European countries (Oliveira and others 2010; Kotnik and others 2012; Bourdeau and
277 others 2014). Although IFAT is the ‘gold standard’ in serological diagnosis (Maia and
278 Campino, 2008; OIE, 2014), ELISA was the one most used (80%). In fact, depending
279 on the commercial kit and the clinical status of the dog, some ELISA tests are more
280 reliable, so the ‘gold standard’ status of IFAT should be revised, as mentioned by
281 Rodríguez-Cortés and others (2013).

282 Although the treatment of dogs is not considered a useful control method, due to the
283 high rate of therapeutic failures, infectivity is positively associated to the severity of
284 symptoms and the parasite load that decrease after treatment (Quinnell and Courtenay,
285 2009). There are studies that refer to recommended treatment protocols (Alvar and
286 others 2004; Oliva and others 2010; Solano-Gallego and others 2009), but few address
287 their use in daily practice as in the present study. The most frequently used was found to
288 be the combination of meglumine antimoniate and allopurinol as both the first line

289 (91%) and second line treatment (41%), as previously described in Portugal or SW
290 Europe (France, Italy and Spain) (Bourdeau and others 2014; Oliveira and others 2010).
291 The second option most chosen by the veterinarians was the combination of miltefosine
292 and allopurinol, again present in the main guidelines. The daily use of miltefosine in
293 CanL treatment has been very little investigated (Kotnik and others 2012; Mattin and
294 others 2014) and its scarce use could be due to higher prices and a shorter period on the
295 market.

296 Unfortunately, the lack of previous data on CanL in the region does not allow the trend
297 of the disease to be compared or validated. Thanks to the feedback of the veterinarians
298 and the existing data of HL (Portús et al., 2007), it is widely accepted that CanL is
299 endemic in Girona province, and 87% of the respondents thought that the animals had
300 been infected within their own area. However, further prospective studies are necessary
301 to validate the true extent of the infection and more data about the efficacy and safety of
302 the vaccine need to be collected, due to its very recent implementation.

303 Despite their recent incorporation into the market, the new CanL prophylactic tools are
304 quite well implemented. Among them, the CaniLeish® vaccine is the second most used,
305 right after barrier methods. Domperidone is used less than the vaccine, and it is being
306 also used as a treatment rather than only for prevention, for which it is registered.

307 The results obtained by this veterinary questionnaire strongly suggest the existence of
308 an autochthonous endemic focus of leishmaniasis in the province of Girona.

309

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450

451 Figure 1 - Area of study (Girona, NE Spain) and the veterinary clinics surveyed.

TABLES

	N	% (95% CI)	p-value		N	% (95% CI)	p-value
Type of dog population				New cases of CanL			
Mixed	36	66.7 (54.2-79.2)	p < 0.001	0	1	1.9 (0-5.5)	p < 0.001
Urban	12	22.2 (11.2-33.2)		1-5	23	42.6 (29.4-55.8)	
Rural	6	11.1(2.7-19.5)		6-10	16	29.6 (17.4-41.8)	
Dogs examined/week				11-20	11	20.4 (9.7-31.1)	
1-3	1	1.9(0-5.5)	p < 0.001	21-50	2	3.7 (0-5)	p < 0.001
4-10	9	16.7 (6.8-26.7)		>50	1	1.9 (0-5.5)	
11-20	12	22.2(11.2-33.2)		Dogs infected in the area			
>20	32	59.3(46.2-72.4)		Yes	47	87 (78-95.9)	p < 0.001
Dogs suspected				No	3	6 (0-12.3)	
1-5	9	16.7 (6.8-26.7)	0.2286	No answer	4	7 (0.2-13.8)	

6-10	9	16.7 (6.8-26.7)		Evolution (past 10 years)			
11-20	17	31.5 (19.1-43.9)		Increase	26	48 (34.7-61.3)	p < 0.001
21-50	12	22.2 (11.2-33.2)		No evolution	20	37 (24.1-49.9)	
>50	7	13 (4-22)		Decrease	4	7 (7 (0.2-13.8)	
CanL cases confirmed				No answer	4	7 (7 (0.2-13.8)	
1-5	13	24.1 (12.7-35.5)	0.1301	HL			
6-10	13	24.1 (12.7-35.5)		Yes	9	17 (7-27)	p < 0.001
11-20	15	27.8 (15.9-39.8)		No	45	83 (73-93)	
21-50	9	16.7 (6.8-26.7)		Other reservoirs			
>50	4	7.4 (0.4-14.4)		Yes	10	19 (8.5-29.5)	p < 0.001
				No	44	81 (70.5-91.5)	

452 Table 1. Type of dog population and CanL trends

453

454

Drugs	First line		Second line	
	N	% (95 %CI)	N	% (95% CI)
Allopurinol	11	20.4 (9.7-31.1)	9	17 (7-27)
Meglumine antimoniate	4	7 (0.2-13.8)	4	7 (0.2-13.8)
Meglumine antimoniate+ Allopurinol	49	90.8 (87.1-94.5)	22	40.7 (27.6-53.8)
Miltefosine	3	5.6 (0.5-11.7)	4	7 (7 (0.2-13.8)
Miltefosine + Allopurinol	8	14.8 (5.3-24.3)	18	33.3 (20.7-45.9)
Amphotericin B	0	0	1	1.9 (0-5.5)
Liposomal Amphotericin B	0	0	1	1.9 (0-5.5)
None	0	0	5	9.3 (1.6-17.1)
Other	9	17 (7-27)	13	24.1 (12.7-35.5)

455 Table 2. Treatment protocols used by the veterinary practitioners

456

457

458

Preventive measures recommended	N	% (95% CI)
Collar	53	98.1 (94.5-100)
Spot on	37	68.5 (56.1-80.9)
Spray	3	5.6 (0.5-11.7)
Shampoo	0	0.0
CaniLeish® vaccine	36	66.7 (54.16-79.2)
Domperidone formulations	27	50 (36.6-63.4)
None	0	0.0
Others	12	22.2 (11.2-33.2)

459

460 Table 3. Preventive measure protocols recommended by the veterinary practitioner

461

462

Adverse reaction	Very frequent		Relatively frequent		Sporadically	
	N	% (95% CI)	N	% (95% CI)	N	% (95% CI)
Local reaction (inflammation, wounds)	15	33.3 (22.9-43.7)	4	8.9 (0.6-17.2)	12	26.7 (13.8-39.6)
Gastrointestinal symptoms	3	6.7 (0-14)	3	6.7 (0-14)	8	17.8 (6.6-29)
Fever	7	15.6 (5-26.2)	6	13.3(3.4-23.2)	1	2.2 (0-6.5)
Apathy	12	26.7 (13.8-39.6)	8	17.8 (6.6-29)	8	17.8 (6.6-29)
Vasovagal syncope	1	2.2(0-6.5)	2	4.4 (0-10.4)	7	15.6 (5-26.2)
Anaphylactic shock	0	0	1	2.2 (0-6.5)	7	15.6 (5-26.2)
Death	0	0	0	0	2	4.4 (0-10.4)

464 Table 4. Frequency of adverse reactions to CaniLeish® vaccine observed by the veterinary practitioners