1	SEROLOGICAL AUTOIMMUNE PROFILE OF SYSTEMIC LUPUS ERYTHEMATOSUS IN
2	DEEP AND NON-DEEP ENDOMETRIOSIS PATIENTS.
3	
4	Authors
5	JL. Coloma <sup>a,d</sup> , MD; M.A. Martínez-Zamora <sup>a,d,*</sup> , MD, PhD.; D. Tàssies <sup>b</sup> , MD, PhD; J.C. Reverter <sup>b</sup> ,
6	MD, PhD; G. Espinosa <sup>c</sup> , MD, PhD; R. Cervera <sup>c</sup> MD, PhD, F. Carmona <sup>a</sup> , MD, PhD.
7	
8	Affiliations and addresses
9	<sup>a</sup> Department of Gynaecology. Institut Clínic of Gynaecology, Obstetrics and Neonatology.
10	Hospital Clínic of Barcelona. Faculty of Medicine-University of Barcelona. Institut
11	d'Investigacions Biomèdiques August Pi i Sunyer (IDIBAPS). Villarroel, 170. 08036-
12	Barcelona, Spain.
13	<sup>b</sup> Department of Hemotherapy and Hemostasis, Hospital Clínic of Barcelona. Villarroel, 170.
14	08036-Barcelona, Spain.
15	<sup>c</sup> Department of Autoimmune Diseases, Hospital Clínic of Barcelona. Villarroel, 170. 08036-
16	Barcelona, Spain.
17	<sup>d</sup> JL. Coloma and M.A. Martínez-Zamora are both first authors of the manuscript.
18	
19	
20	
21	*Correspondence address: Department of Gynaecology. Institut Clínic of Gynecology,
22	Obstetrics and Neonatology. Hospital Clínic of Barcelona. Villarroel, 170. 08036-Barcelona,
23	Spain. Tel: +34-932275436; Fax: +34-932279325; e-mail: <u>mazamora@clinic.cat</u>
24	
25	
26	

27 ABSTRACT

28

Objective: Several studies have reported a high prevalence of autoimmune diseases such
as systemic lupus erythematosus (SLE) in endometriosis patients. The aim of this study
was to evaluate SLE autoimmune antibody profile in patients with deep (DE) and nondeep endometriosis (Non-DE).

Materials and methods: Four groups of premenopausal patients were evaluated: patients with DE (n=50); patients with ovarian endometriomas (Non-DE; n=50); healthy patients without endometriosis (C group; n=45); and SLE patients without endometriosis (SLE group; N=46). Blood samples were obtained and the standard SLE autoimmune profile was evaluated in all patients. Pain symptoms related to endometriosis and clinical SLE manifestations were also recorded.

**Results:** The DE group presented a statistically significant higher proportion of patients with antinuclear antibodies (ANA) (20%) compared to the Non-DE group (4%) and C group (2.2%). Levels of complement were more frequently lower among DE and Non-DE patients although differences did not reach statistical significance. Similarly, anti-dsDNA antibodies and anticoagulant lupus were positive in more patients of the DE group but did not reach statistical significance. The DE group complained of more arthralgia and asthenia compared to the Non-DE and C groups.

46 **Conclusions:** The results of this study showed higher positivity of ANA and greater 47 arthralgia and asthenia in patients with DE compared with Non-DE patients and healthy 48 controls, suggesting they may have a higher susceptibility to autoimmune diseases and 49 present with more generalized pain.

50

51 Keywords: endometriosis; autoimmunity; antinuclear antibodies; pain, arthralgia;
52 asthenia.

### 54 **1.INTRODUCTION**

55 The pathogenesis of endometriosis is still under debate and several theories have 56 been proposed (Reis et al., 2013; Saunders et al., 2021). Several phenomena have been 57 described to contribute to the pathophysiology of endometriosis, such as the regulation of 58 apoptosis, recruitment of immune cells in endometriosis lesions and the development of 59 neuroangiogenesis and vasculogenesis (Burney and Giudice, 2012; Vercellini et al., 2014) 60 by means of many molecular and cellular alterations, which seem to be hormonally 61 modulated (Reis et al., 2013; Saunders et al., 2021). Therefore, endometriosis is currently 62 considered an estrogen-dependent chronic inflammatory disease (Vercellini et al., 2014; 63 Bulun, 2009).

64 Evidence has shown that immune system dysfunction is involved in the 65 pathogenesis of endometriosis. Studies published in the last two decades have described 66 many immunological abnormalities, with increased production of pro-inflammatory 67 cytokines/chemokines, a higher concentration of peritoneal macrophages, alterations in B 68 cell activation, and immunological abnormalities in T/B cell function being only a few 69 examples of this immunological dysfunction (Zhang et al., 2018; Saunders et al., 2021). 70 Also, some genes involved in the immune response have been reported as being expressed 71 differently in peripheral leukocytes of women with endometriosis similarly to other non-72 gynecologic and chronic inflammatory conditions (Bianco et al., 2012).

Recent systematic reviews and meta-analyses have found and increased risk of comorbidity of autoimmune disease in endometriosis patients, including systemic lupus erythematosus (SLE), Sjögren's syndrome, rheumatoid arthritis or autoimmune thyroid disordes (Shigesi et al, 2019 and Kvaskoff et al, 2015). Indeed, endometriosis seems to have features characteristic of autoimmune diseases, such as an increased presence of autoantibodies (Levobic et al., 2001). Several previous studies evaluated some autoantibodies, that may be present and are part of the diagnostic and prognosis criteria

in other autoimmune diseases such as SLE (Taylor et al., 1991; Pasoto et al., 2005).
Nevertheless, to our knowledge, no previously published study has evaluated
autoimmunity in patients with different types of endometriosis. Therefore, the aim of this
study was to determine the autoimmune antibody profile, usually found in SLE patients, in
deep endometriosis (DE) and Non-DE patients.

85

## 86 2. MATERIALS AND METHODS

## 87 2.1. Study design and subjects

88 This was a prospective case-control study designed to evaluate the presence of SLE
89 autoimmune antibody panel in endometriosis patients with DE or surgically confirmed
90 ovarian endometriomas (OE) without DE.

91 The study was approved by the Ethics Committee of our hospital
92 (HCB/2019/5497) and informed consent was obtained from all the participants.

93 All the participants were prospectively recruited along the same 30-month period. 94 Four groups of patients were recruited and compared. The DE group and Non-DE group 95 consisted of endometriosis patients who underwent surgery due to painful symptoms 96 and/or infertility. These patients underwent imaging testing (gynecological 97 ultrasonography and/or magnetic resonance imaging) for suspicion of endometriosis, 98 which was confirmed by histopathologic study. The DE group included patients with 99 surgically confirmed DE (n=50). The Non-DE group consisted of patients with surgically 100 confirmed OE without DE (N=50). Two control groups were also analyzed: The C group 101 (N=50) included patients who underwent laparoscopy due to mild bening adnexal 102 pathology without presurgical suspicion of endometriosis and without endometriosis or 103 signs of any inflammatory pelvic condition during surgery. One patient of the C group who 104 underwent surgery was recruited after two endometriosis patients had been included in 105 the study after undergoing surgery. A positive control group (SLE group) was composed of patients diagnosed with SLE and a negative gynecological evaluation for endometriosis
that included anamnesis, physical exploration and a specific transvaginal sonography (Ros
et al., 2021).

109The inclusion criteria were: women aged 18-40 years and body mass index (BMI) <</th>110 $30.00 \text{ kg/m}^2$ . The exclusion criteria were: history of past or present malignancy,111endocrine, cardiovascular and systemic diseases, pregnancy or breastfeeding  $\leq$  6 months112before sample collection, premature ovarian failure or menopausal status, use of113hormonal contraception or other hormonal treatments such as GnRH analogues  $\leq$  6114months before sample collection, or having had an inflammatory disease (other than SLE115in the SLE group) or an infectious condition  $\leq$  6 months before sample collection.

116 Clinical and epidemiological data were collected from all the individuals 117 participating in the study, including age, BMI, smoking status, number of live births and 118 pain symptoms including dysmenorrhea, dyspareunia and chronic pelvic pain. A numeric 119 rating scale (NRS) was used to evaluate pain (1: no pain; 10: the greatest pain). Different 120 types of pain were assessed: dysmenorrhea, non-menstrual pelvic pain, dyspareunia, 121 dyschezia and dysuria. Severe symptoms were considered with NRS scores  $\geq$  7 (Bourdel et 122 al., 2015). Clinical manifestations that may be referred by SLE patients such as arthralgia, 123 asthenia, previous thrombotic events and chronic skin disorders were also recorded as 124 described previously. Arthralgia was considered when pain symptoms were present at 125 least one week and affected at least two territories, and asthenia when it was present at 126 least three months and produced limitations in the patient's daily life activities (Aringer et 127 al., 2019).

128 Operative laparoscopy was performed in all patients as reported elsewhere 129 (Martínez-Zamora et al., 2021). The pelvic organs and peritoneum were inspected 130 followed by the surgical procedure indicated in each case. All excised tissue was sent for 131 pathology examination to confirm or exclude endometriosis. Patients were definitively

132 assigned to one of the two groups of patients after undergoing laparoscopy and 133 histological study. Figure 1 shows the flow chart of patient inclusion and drop-out. 134 Initially, 150 patients, 50 patients per group, were invited to participate. After the refusal 135 of 5 patients to participate in the study (1 patient with suspicion of superficial 136 endometriosis and 4 controls without suspicion of endometriosis) and the reclassification 137 of 1 patient after surgery (1 patient was reclassified from the C group to the Non-DE group 138 due to a surgical finding of OE), 100 patients with surgically confirmed endometriosis 139 were finally included (DE group n=50 and Non-DE group n=50) and 45 controls without 140 endometriosis in the C Group. The description of endometriosis lesions was performed 141 based on both de rASRM (revised American Society for Reproductive Medicine) score and 142 the Enzian classification (Keckstein and Hudelist, 2021). The first assigns values to 143 endometriosis lesions, which aree classified in to four stages of severity: stage I (minimal), 144 stage II (mild), stage III (moderate), and stage IV (severe). The Enzian classification 145 divides DE into three compartiments based on the retroperitoneal structures involved: 146 compartiment A (rectovaginal septum and vagina), compartiment B (sacrouterine 147 ligament to pelvic wall), and compartiment C (rectum and sigmoid colon). In this study, 148 the lesions beyond these structures were defined as "other" compartiments and included 149 vesical, ureteral, or intestinal disease cranial to the rectosigmoid junction and other 150 locations (Keckstein and Hudelist., 2021).

Among the 50 patients included in the DE group, the following DE forms were recorded: vesical (n=4), ureteral (n=3), torus uterinus (n=35), uterosacral ligaments (n=40), rectosigmoid (n=12), other intestinal location (n=1) and vaginal (n=2). All DE implants were excised during surgery. OE were found in 41 patients (84%) and superficial peritoneal endometriosis (SPE) was recorded in 36 patients (72%). The Non-DE group was composed of patients with OE (unilateral n=42 and bilateral n=8) and SPE was recorded in 32 patients (64%). According de rASRM classification, 36 patients in the Non158 DE group were classified into stage I and 14 into stage II, and with respect to patients in 159 the DE group, 43 were classified as stage IV and 7 as stage III. The distribution of DE 160 lesions among patients in the DE group according the Enzian classification was as follows: 161 5 patients with compartiment A affected, 50 patients compartiment B and 12 162 compartment C. A total of 8 patients were classified as "other locations" and twelve 163 patients were diagnosed with concomitant adenomyosis. With respect to level size, four 164 patients were classified as 1 (<1 cm), thirty-one patients as level 2 (1-3 cm) and fifteen 165 patients as level 3 (>3 cm).

166The C group was composed of 45 patients undergoing surgery for benign adnexal167pathology (n=17) or request for tubal sterilization (n=28). Patients undergoing surgery for168benign adnexal pathology included ovarian cystectomy due to serous cystadenoma (n=7),

169 mucinous cystadenoma (n=4), dermoid cyst (n=3) and paraovarian cyst (n=3).

170

## 171 **2.2. Sample collection and quantification of autoantibodies.**

All venous blood samples were collected by antecubital venous punction beforepre-anesthetic medication administration and anesthetic induction.

Antinuclear antibodies (ANA) were determined by indirect immunofluorescence in
mouse liver and HEp-2 cell substrate (Immunoconcept Lab, Bordeaux, France) according
to current recommendations (Aringer et al., 2019). Patients were considered ANA-positive
with titers ≥ 1:80 (Aringer et al., 2019; Dias et al., 2006).

Lupus anticoagulant (LA) was detected following the guidelines of the Subcommittee for the Standardization of Lupus Anticoagulants of the International Society of Thrombosis and Hemostasis (Pengo et al, 2009). The presence of anticardiolipin antibodies (aCL), of both the immunoglobulin G and immunoglobulin M isotypes, were measured using commercially available enzyme linked immunosorbent assay (ELISA) kits (Cheshire Diagnostics, Cheshire, UK).

Precipitating antibodies to extractable nuclear antigens, including Ro/SSA, La/SSB,
U1-RNP, and Sm, were detected by ELISA test (Innogenetics, Gent, Belgium). Anti-dsDNA
was tested by fluoroenzyme immunoassay (FEIA)(EliA from Pharmacia; Phadia,
ThermoFisher), using a polystyrene surface to couple dsDNA. Anti-dsDNA was defined as
positive with titers > 10 UI/mL.

Plasma protein concentrations of complement C3 and C4, and rheumatoid factor (RF) were determined by nephelometry (Siemens). Determinations of 50% hemolytic complement activity of serum (CH50) were measured using a standard protocol (Costabile, 2010). RF was considered positive with titers > 15 IU/mL. According to the standard clinical protocol, low values of C3, C4 and CH50 levels were considered at C3 < 0.82 g/L, C4 < 0.11 g/L and CH50 < 34 U/mL,.

All tests were performed at the laboratories of the Departments of Hemostasis and
Hemotherapy and of Immunology at our center. All samples were tested in duplicate.

197

198

## **2.3. Sample size and statistical analysis**

This was a preliminary study to investigate the levels of serological autoimmune
profile in blood (plasma and serum) of endometriosis patients with an arbitrarily decided
sample size, based on previous studies analyzing autoimmunity in endometriosis and
other inflammatory diseases (Taylor et al., 1991; Pasoto et al., 2005; Vilas Boas et al., 2021;
D'Cruz et al., 1996).

The statistical analyses were performed with the Statistical Package for the Social Sciences software, Release 25.0 for Windows (SPSS, Chicago, IL, USA). A Shapiro-Wilk test was used to ascertain whether continuous variables had a normal distribution. Continuous and normally distributed variables were presented as mean ± standard deviation. Categorical variables were presented as absolute values and percentages. Univariate comparisons were performed using the Student's t test, Pearson's Chi-square test or

Fisher's exact test. Statistical significance was defined as a p value < 0.05. Statistical</li>
significance was defined as a p-value < 0.05.</li>

212

213 **3.RESULTS** 

## 214 **3.1.** Clinical characteristics of the subjects

215 Table 1 shows the baseline clinical characteristics of the three groups of patients 216 included in the study. The median age, BMI and tobacco use were similar in both groups 217 analyzed. As expected, the mean NRS pain score and the percentage of patients with NRS 218 scores  $\geq$  7 was higher in the DE group (Table 1). Patients in the DE group complained of 219 more arthralgia (DE group: 56% vs. Non-DE group: 28% vs. C group: 26,7%) and asthenia 220 (DE group: 38% vs. Non-DE group: 18% vs. C group: 13.3%) compared to the Non-DE 221 group and the C group (p<0.001 and p<0.01, respectively) and similar arthralgia 222 compared to patients in the SLE group.

223

#### 224 **3.2.** Autoimmunity profile

225 The SLE autoimmune profile is shown in Table 2. There was a statistically 226 significant higher proportion of DE patients with ANA (20%) compared to the Non-DE 227 (4%; p=0.02) and C groups (2.2%; p=0.008) and similar to the SLE group. Levels of 228 complement were more frequently lower among endometriosis patients although the 229 differences did not reach statistical significance. Similarly, anti-dsDNA antibodies were 230 positive in three patients of the DE group and none in the other two groups. Lupus 231 anticoagulant was found in 5 patients in the DE group and 1 in the C group. No ANA 232 positive patient tested positive for extractable nuclear antigens (ENA) antibodies, such as 233 anti-SS-A/Ro, anti-SS-B/La, anti Sm or anti U1-RNP. All patients in the DE group with 234 positivity for ANA were staged as IV in the rASRM classification, and the two patients in 235 the Non-DE group with positive ANA were stage II of the rASRM classification. DE patients

with ANA positive test were classified as B (n=10) and levels 2 (n=8) or 3 (n=2), and 4
patients had "other locations".

238

#### **4.- DISCUSSION**

240 This preliminary study evaluated the panel of autoimmunity present in SLE 241 patients in patients with DE, patients with endometriosis other than DE and patients 242 without endometriosis. To the best of our knowledge, this is the first study to evaluate 243 patients with different types of endometriosis confirmed surgically and histologically. We 244 found that a higher proportion of DE patients had positive ANA results suggesting that DE 245 patients may have more autoimmune disturbances compared to other types of 246 endometriosis or patients without endometriosis. Moreover, DE patients may have more 247 systemic symptoms, such as arthralgia or asthenia, compared to patients without DE 248 suggesting they may be at high risk of developing other systemic autoimmune or pain comorbidities that have been described in endometriosis patients (Kvaskoff et al., 2015; 249 250 Shigesi et al., 2019; McNamara et al., 2021).

251 It has been suggested that autoimmune diseases and endometriosis are two types 252 of disorders that may share pathophysiological mechanisms even if they arise 253 independently. Furthermore, it has been hypothesized that women with endometriosis 254 have an immunity-associated disorder, and this association between endometriosis and 255 autoimmune diseases has been proposed in several studies (Sinaii et al., 2002, Eaton et al 256 2007, Eisenberg et al 2012). Indeed, several recent studies have tried to establish an 257 association between endometriosis and autoimmune diseases (Porpora et al., 2020; Yoshii 258 et al., 2021; Chen et al., 2021). Systematic reviews of observational population-based 259 studies suggested an increased risk of comorbidity of autoimmune diseases including SLE, 260 Sjögren's syndrome, rheumatoid arthritis, autoimmune thyroid disorders, celiac disease, 261 multiple sclerosis, inflammatory bowel disease, and Addison's disease in women with

262 endometriosis (Kvaskoff et al., 2015; Shigesi et al., 2019). Nevertheless, as stressed by the 263 authors, the quality of the evidence in these systematic reviews was generally poor and 264 did not allow for accurate estimation of increased risk and have no clinical diagnostic 265 utility (Kvaskoff et al., 2015; Shigesi et al., 2019). However, since most studies of 266 endometriosis include women of reproductive age, longer follow-up studies are needed to 267 ascertain the true risk of autoimmune diseases that may occur after menopause. Larger 268 follow-up studies would also help to understand whether endometriosis is a risk factor or 269 a consequence of autoimmune diseases or if these two types of disorders share 270 pathological mechanisms and pathways resulting in their co-occurrence. Moreover, a 271 recent study suggested that concomitant autoimmunity may be a risk factor of more 272 severe stages of the revised American Fertility Society (AFS) classification of 273 endometriosis, although the type of endometriosis was not evaluated (Vanni et al., 2021). 274 Similarly, in our study, study ANA positive patients had more severe stages of the rASRM 275 classification and more extensive lesions in the Enzian classification.

276 In the last few years, some studies have specifically evaluated the association 277 between endometriosis and SLE leading to a suspected link between these two diseases 278 (Fan et al., 2021, Lin et al., 2020; Matorras et al., 2007; Harris et al., 2016). SLE is one of 279 the most common autoimmune disease that affects multiple organs, including the skin, 280 joints, and kidneys (Lisnevskaia et al., 2014). It is a complex disease, probably resulting 281 from an interaction between genetic and environmental risk factors (Lisnevskaia et al., 282 2014). The prevalence of SLE is higher in females than males at a 9:1 ratio. Its incidence is 283 highest in females of early reproductive age, which is similar to endometriosis. 284 Reproductive and hormonal factors also likely play roles in the etiologies of endometriosis 285 and SLE. Hormonal influences on endometriosis are evident from the timing of symptoms 286 that typically appear after menarche and end with menopause, as well as the efficacy of 287 hormonal treatments including oral contraceptives (Bulun, 2009). Early menarche,

exogenous hormone use, including both oral contraceptives and hormonal replacement therapy, and surgical menopause have been associated with the risk of SLE (Costenbader et al., 2007; Lateef and Petri, 2012). The similarities between the underlying humoral immune dysfunction observed in SLE and endometriosis and the similar direction of associations between hormonal risk factors in these two diseases may explain why a stronger association has been observed between endometriosis and SLE compared to other autoimmune diseases such as rheumatoid arthritis (Harris et al, 2016).

295 Many autoantibodies have been investigated and found to be elevated in 296 endometriosis patients. Among all the types evaluated, anti-endometrial antibodies have 297 been extensively studied and have been suggested as a potential diagnostic biomarker. 298 Other autoantibodies are nonspecific for endometriosis, but some, such as ANAs, have 299 been found to be elevated in endometriosis (Taylor et al., 1991; Pasoto et al., 2005; Vilas 300 Boas et al., 2021; D'Cruz et al., 1996). One study observed a prevalence of 27.9% of 301 positive ANA being significantly higher than in controls and identified that ANA titers 302 increased when the AFS disease stage progressed (Taylor et al., 1991). ANA are frequent 303 serological findings in patients with autoimmune disease, particularly SLE. We found 304 greater positivity of ANAs in DE patients which may reflect a state of pre-autoimmunity 305 concerning rheumatic diseases. It is noteworthy that in our study, DE patients referred 306 more arthralgia and asthenia compared to the other groups evaluated, suggesting that this 307 type of disease may have a higher inflammatory substrate as has previously been 308 described (Munrós et al., 2017, Coloma et al., 2019; Pasoto et al., 2005). Nevertheless, ANA 309 positivity may also be only a bystander marker of endometrial autoimmunity (Vilas Boas 310 et al., 2021). Another study showed that the ANA positivity among endometriosis patients 311 appeared to be an immunological secondary effect that did not represent an aggravating 312 factor in patients with pelvic endometriosis. It is important to stress that the current 313 revised classification criterial for SLE (Aringer et al., 2019) includes the use of positive 314 ANA at a titer of 1:80 at any time, as a required entry criterion, and is considered as a 315 highly sensitive screening test. On another hand, other autoantibodies or autoimmunity 316 markers found in SLE, such as cardiolipin antibody levels, complement or Anti-Ro and La 317 antibodies, have been evaluated in previous studies, suggesting higher levels in 318 endometriosis patients but with controversial results (Kennedy et al., 1989; Kilpatrick et 319 al., 1991; Taylor et al., 1991; Karadadas et al., 2020). Furthermore, in our study all ANA 320 positive patients were ENA antibodies negative. Numerous studies have demonstrated 321 that a positive ANA test is a strong indicator of an autoimmune disease, and this test is a 322 good methodology to extensively screen for autoimmunity. Nevertheless, anti-ENA test is 323 a useful marker to aid in the complex clinical diagnosis of autoimmune disease and some 324 are specific to diferent types of autoimmune disorders. Contrary, ANA are less specific, are 325 frequently positive in patients with diferent types of autoimmune diseases and, at low 326 titres (1:40) are detected in 30% of healthy individuals. Furthermore, more than 30% of 327 ANA positive patients have been described to test negative for ENA antibodies (Banhuk et 328 al,. 2018).

329 Our study has several strengths. Firstly, all blood samples were obtained just 330 before surgery in order to assess the basal autoimmune profile of these patients. Secondly, 331 this was a prospective case-control study, in which all patients underwent surgery and 332 were definitively classified into the study or control group according to surgical findings 333 and histology and not only according to the presurgical work-up. Thirdly, patients with 334 diagnosed autoimmune disorders were excluded from our study. And lastly, the 335 autoantibody panel used in the present study included all the antibodies usually tested in 336 SLE patients that are part of the diagnostic criteria for SLE.

Nonetheless, the present study also has some limitations. First, the sample size
was small and arbitrarily decided according to previous studies analyzing antibody levels
in other inflammatory conditions and endometriosis. Second, the C group was composed

340 of controls without endometriosis who underwent surgery for benign adnexal pathology 341 or tubal sterilization to verify the absence of endometriosis lesions and, therefore, not all 342 were completely healthy. Third, we performed a single determination of autoantibodies 343 and symptoms and, thus, a longer follow up with subsequent study points may provide 344 relevant information about autoimmune risk. Remarkably, in previously positive patients, 345 ANA may appear several years prior to the clinical appearance of rheumatic disease 346 (Grygiel-Górniak et al., 2018). Finally, patients under hormonal treatment were excluded, 347 since they may have a different autoantibody profile as previously suggested (Lin et al., 348 2020).

In conclusion, our study shows that DE patients have increased ANA levels compared with Non-DE patients and healthy controls. There were no significant differences on other autoantibody levels among the three study groups. DE patients reported more arthralgia and asthenia, suggesting more generalized pain. Nonetheless, further research is warranted to confirm our findings and to assess the role of ANAs in the pathophysiological mechanisms of endometriosis.

355

#### **356 Conflict of interests**

- 357 None declared.
- 358

### **5. REFERENCES**

- Aringer M, Costenbader K, Daikh D, Brinks R, Mosca M, Ramsey-Goldman R et al.
European League Against Rheumatism/American College of Rheumatology Classification
Criteria for Systemic Lupus Erythematosus. Arthritis Rheumatol. 2019;71(9):1400-1412.

363 <u>https://doi.org/10.1002/art.40930</u>

Banhuk FW, Pahim BC, Jorge AS, Menolli RA. Relationships among Antibodies against
Extractable Nuclear Antigens, Antinuclear Antibodies, and Autoimmune Diseases in a

- 366 Brazilian Public Hospital. Autoimmune Dis. 2018 Sep 30;2018:9856910. doi:
  367 10.1155/2018/9856910. PMID: 30364021; PMCID: PMC6186355.
- 368 Bianco B, André GM, Vilarino FL, Peluso C, Mafra FA, Christofolini DM et al. The possible
- 369 role of genetic variants in autoimmune-related genes in the development of
- 371 <u>https://doi.org/10.1016/j.humimm.2011.12.009</u>
- 372 Bourdel N, Alves J, Pickering G, Ramilo I, Roman H, Canis M. Systematic review of
- 373 endometriosis pain assessment: how to choose a scale? Hum Reprod Update.
- 374 2015;21(1):136-152. <u>https://doi.org/10.1093/humupd/dmu046</u>
- 375 Bulun SE. Endometriosis. N Engl J Med. 2009;360(3):268-279.
  376 <u>https://doi.org/10.1056/NEJMra0804690</u>
- -Burney RO., Giudice LC. Pathogenesis and pathophysiology of endometriosis. Fertil Steril.
  2012; 98(3), 511–519. <u>https://doi.org/10.1016/j.fertnstert.2012.06.029</u>
- 379 Chen SF, Yang YC, Hsu CY, Shen YC. Risk of Rheumatoid Arthritis in Patients with
- 380 Endometriosis: A Nationwide Population-Based Cohort Study. J Womens Health
- 381 (Larchmt). 2021;30(8):1160-1164. <u>https://doi.org/10.1089/jwh.2020.8431</u>
- 382 Coloma JL, Martínez-Zamora MA, Collado A, Gràcia M, Rius M, Quintas L et al. Prevalence
- 383 of fibromyalgia among women with deep infiltrating endometriosis. Int J Gynaecol Obstet.
- 384 2019;146(2):157-163. <u>https://doi.org/10.1002/ijgo.12822</u>
- Costabile M. Measuring the 50% haemolytic complement (CH50) activity of serum. J Vis
- 386 Exp. 2010; 29 (37):1923. <u>https://doi.org/10.3791/1923</u>
- 387 Costenbader KH, Feskanich D, Stampfer MJ, Karlson EW. Reproductive and menopausal
- 388 factors and risk of systemic lupus erythematosus in women. Arthritis Rheum.
- 389 2007;56(4):1251-1262. https://doi.org/10.1002/art.22510
- 390 D'Cruz OJ, Wild RA, Haas GG Jr, Reichlin M. Antibodies to carbonic anhydrase in
  391 endometriosis: prevalence, specificity, and relationship to clinical and laboratory

- 392 parameters. Fertil Steril. 1996;66(4):547-556. <u>https://doi.org/10.1016/s0015-</u>
  393 0282(16)58566-5
- Dias JA Jr, de Oliveira RM, Abrao MS. Antinuclear antibodies and endometriosis. Int J
- 395 Gynaecol Obstet. 2006;93(3):262-263. <u>https://doi.org/10.1016/j.ijgo.2006.03.005</u>
- Eaton WW, Rose NR, Kalaydjian A, Pedersen MG, Mortensen PB. Epidemiology of
- 397 autoimmune diseases in Denmark. J Autoimmun. 2007;29(1):1-9.
  398 https://doi.org/10.1016/j.jaut.2007.05.002
- Eisenberg VH, Zolti M, Soriano D. Is there an association between autoimmunity and
- 400 endometriosis? *Autoimmun Rev.* 2012;11(11):806-814.
- 401 <u>https://doi.org/10.1016/j.autrev.2012.01.005</u>
- 402 Fan YH, Leong PY, Chiou JY, Wang YH, Ku MH, Wei JC. Association between endometriosis
- 403 and risk of systemic lupus erythematosus. Sci Rep. 2021;11(1):532. 404 https://doi.org/10.1038/s41598-020-79954-z
- 405 Grygiel-Górniak B, Rogacka N, Puszczewicz M. Antinuclear antibodies in healthy people
- 406 and non-rheumatic diseases diagnostic and clinical implications. Reumatologia.
- 407 2018;56(4):243-248. <u>https://doi.org/10.5114/reum.2018.77976</u>
- 408 Harris HR, Costenbader KH, Mu F, Kvaskoff M, Malspeis S, Karlson EW, et al.
- 409 Endometriosis and the risks of systemic lupus erythematosus and rheumatoid arthritis in
- 410 the Nurses' Health Study II. Ann Rheum Dis. 2016;75(7):1279-1284.
- 411 <u>https://doi.org/10.1136/annrheumdis-2015-207704</u>
- 412 Karadadas E, Hortu I, Ak H, Ergenoglu AM, Karadadas N, Aydin HH. Evaluation of
- 413 complement system proteins C3a, C5a and C6 in patients of endometriosis. Clin Biochem.
- 414 2020;81:15-19. <u>https://doi.org/10.1016/j.clinbiochem.2020.04.005</u>
- 415 Keckstein J, Hudelist G. Classification of deep endometriosis (DE) including bowel
  416 endometriosis: From r-ASRM to #Enzian-classification. Best Pract Res Clin Obstet

- 417 Gynaecol. 2021 Mar;71:27-37. doi: 10.1016/j.bpobgyn.2020.11.004. Epub 2020 Dec 11.
  418 PMID: 33558167.
- 419
- 420 Kennedy SH, Nunn B, Cederholm-Williams SA, Barlow DH. Cardiolipin antibody levels in
- 421 endometriosis and systemic lupus erythematosus. Fertil Steril. 1989;52(6):1061-1062.
- 422 https://doi.org/10.1016/s0015-0282(16)53175-6
- 423 Kilpatrick DC, Haining RE, Smith SS. Are cardiolipin antibody levels elevated in
- 424 endometriosis? Fertil Steril. 1991;55(2):436-437. <u>https://doi.org/10.1016/s0015-</u>
- 425 <u>0282(16)54144-2</u>
- 426 Kvaskoff M, Mu F, Terry KL, Harris HR, Poole EM, Farland L, et al. Endometriosis: a high-
- 427 risk population for major chronic diseases? Hum Reprod Update 2015;21(4):500-516.
- 428 <u>https://doi.org/10.1093/humupd/dmv013</u>
- 429- Lateef A, Petri M. Hormone replacement and contraceptive therapy in autoimmune430diseases.JAutoimmun.2012;38(2-3):J170-J176.
- 431 <u>https://doi.org/10.1016/j.jaut.2011.11.002</u>
- 432 Lebovic DI, Mueller MD, Taylor RN. Immunobiology of endometriosis. Fertil Steril.
- 433 2001;75(1):1-10. <u>https://doi.org/10.1016/s0015-0282(00)01630-</u>7
- 434 Lin YH, Yang YC, Chen SF, Hsu CY, Shen YC. Risk of systemic lupus erythematosus in
- 435 patients with endometriosis: A nationwide population-based cohort study. Arch Gynecol
- 436 Obstet. 2020;302(5):1197-1203. <u>https://doi.org/10.1007/s00404-020-05726-9</u>
- 437 Lisnevskaia L, Murphy G, Isenberg D. Systemic lupus erythematosus. Lancet.
- 438 2014;384(9957):1878-1888. <u>https://doi.org/10.1016/S0140-6736(14)60128-8</u>
- 439 Martínez-Zamora MA, Coloma JL, Gracia M, Rius M, Castelo-Branco C, Carmona F. Long-
- 440 term Follow-up of Sexual Quality of Life after Laparoscopic Surgery in Patients with Deep
- 441 Infiltrating Endometriosis. J Minim Invasive Gynecol. 2021;28(11):1912-1919.
- 442 <u>https://doi.org/10.1016/j.jmig.2021.04.023</u>

443 - Matorras R, Ocerin I, Unamuno M, Nieto A, Peiró E, Burgos J, et al. Prevalence of
444 endometriosis in women with systemic lupus erythematosus and Sjogren's syndrome.

445 Lupus. 2007;16(9):736-740. <u>https://doi.org/10.1177/0961203307081339</u>

446 - McNamara HC, Frawley HC, Donoghue JF, Readman E, Healey M, Ellett L, Reddington C,

- 447 Hicks LJ, Harlow K, Rogers PAW, Cheng C. Peripheral, Central, and Cross Sensitization in
- 448 Endometriosis-Associated Pain and Comorbid Pain Syndromes. Front Reprod Health. 2021
- 449 Sep 1;3:729642. doi: 10.3389/frph.2021.729642. PMID: 36303969; PMCID: PMC9580702.
- 450 Munrós J, Martínez-Zamora MA, Tàssies D, Coloma JL, Torrente MA, Reverter JC, et al.
- 451 Total circulating microparticle levels are increased in patients with deep infiltrating
- 452 endometriosis. Hum Reprod 2017;32(2):325-331.
- 453 <u>https://doi.org/10.1093/humrep/dew319</u>

Pasoto S, Abrao MS, Viana VS, Bueno C, Leon EP, Bonfa E. Endometriosis and sistemic
lupus erythematosus: a comparative evaluation of clinical manifestations and serological
autoinmune phenomena. Am J Reprod Immunol 2005;53(2):85-93.
<u>https://doi.org/10.1111/j.1600-0897.2005.00252.x</u>

458 - Pengo V, Tripodi A, Reber G, Rand JH, Ortel TL, Galli M, et al; Subcommittee on Lupus 459 Anticoagulant/Antiphospholipid Antibody of the Scientific and Standardisation Committee 460 of the International Society on Thrombosis and Haemostasis. Update of the guidelines for 461 lupus anticoagulant detection. Subcommittee on Lupus Anticoagulant/Antiphospholipid 462 Antibody of the Scientific and Standardisation Committee of the International Society on 463 Thrombosis and Haemostasis. I Thromb Haemost 2009;7(10):1737-1740. 464 https://doi.org/10.1111/j.1538-7836.2009.03555.x

- 465 Porpora MG, Scaramuzzino S, Sangiuliano C, Piacenti I, Bonanni V, Piccioni MG, et al. High
- 466 prevalence of autoimmune diseases in women with endometriosis: a case-control study.
- 467 Gynecol Endocrinol. 2020;36(4):356-359.
- 468 <u>https://doi.org/10.1080/09513590.2019.1655727</u>

469 - Reis, FM., Petraglia F., Taylor RN. Endometriosis: hormone regulation and clinical
470 cosequences of chemotaxis and apoptosis. Hum Reprod Uptade. 2013;19(4):406-418.
471 <u>https://doi.org/10.1093/humupd/dmt010</u>

472 - Ros C, Rius M, Abrao MS, deGuirior C, Martínez-Zamora MÁ, Gracia M, et al. Bowel
473 preparation prior to transvaginal ultrasound improves detection of rectosigmoid deep
474 infiltrating endometriosis and is well tolerated: prospective study of women with
475 suspected endometriosis without surgical criteria. Ultrasound Obstet Gynecol.
476 2021;57(2):335-341. https://doi.org/10.1002/uog.22058

- 477 Saunders PTK, Horne AW. Endometriosis: Etiology, pathobiology, and therapeutic
  478 prospects. Cell. 2021 May 27;184(11):2807-2824. doi: 10.1016/j.cell.2021.04.041. PMID:
  479 34048704.
- Sinaii N, Cleary SD, Ballweg ML, Nieman LK, Stratton P. High rates of autoiumne and
  endocrine disorders, fibromyalgia, chronic fatigue syndrome and atopic diseases among
- women with endometriosis: a survey analisis. Hum Reprod. 2002;17(10):2715-2724.
- 483 <u>https://doi.org/10.1093/humrep/17.10.2715</u>
- 484 Shigesi N, Kvaskoff M, Kirtley S, Feng Q, Fang H, Knight JC, et al. The association between
- 485 endometriosis and autoimmune diseases: a systematic review and meta-analysis. Hum
- 486 Reprod Update. 2019;25(4):486-503. <u>https://doi.org/10.1093/humupd/dmz014</u>
- 487 Taylor HS, Kotlyar AM, Flores VA. Endometriosis is a chronic systemic disease: clinical
- 488 challenges and novel innovations. Lancet. 2021;397(10276):839-852.
- 489 https://doi.org/10.1016/S0140-6736(21)00389-5
- 490 Taylor PV, Maloney MD, Campbell JM, Skerrow SM, Nip MM, Parmar R, et al.
- 491 Autoreactivity in women with endometriosis. Br J Obstet Gynaecol. 1991;98(7):680-684.
- 492 <u>https://doi.org/10.1111/j.1471-0528.1991.tb13455.x</u>

- 493 Vanni VS, Villanacci R, Salmeri N, Papaleo E, Delprato D, Ottolina J, et al. Concomitant
  494 autoimmunity may be a predictor of more severe stages of endometriosis. Sci Rep.
- 495 2021;11(1):15372. <u>https://doi.org/10.1038/s41598-021-94877-z</u>
- 496- Vercellini P, Viganò P, Somigliana E, Fedele L. Endometriosis: pathogenesis and497treatment. NatRevEndocrinol. 2014;10(5):261-275.
- 498 https://doi.org/10.1038/nrendo.2013.255
- 499 Vilas Boas L, Bezerra Sobrinho C, Rahal D, Augusto Capellari C, Skare T, Nisihara R.
- 500 Antinuclear antibodies in patients with endometriosis: A cross-sectional study in 94
- 501
   patients.
   Hum
   Immunol.
   2022;83(1):70-73
- 502 <u>https://doi.org/10.1016/j.humimm.2021.10.001</u>
- 503 Yoshii E, Yamana H, Ono S, Matsui H, Yasunaga H. Association between allergic or
- 504 autoimmune diseases and incidence of endometriosis: A nested case-control study using a
- 505 health insurance claims database. Am J Reprod Immunol. 2021;86(5):e13486.
- 506 <u>https://doi.org/10.1111/aji.13486</u>
- Zhang T, De Carolis C, Chi G, Man W, Wang CC. The link between immunity, autoimmunity
  and endometriosis: a literature update. Autoimmun Rev. 2018;17(10):945-955.
  https://doi.org/10.1016/j.autrev.2018.03.017
- 510
- 511 **6. FIGURE LEGEND**

512 Figure 1.- Flow chart of the inclusion and exclusion of patients in the three groups513 analyzed.

- 514
- 515
- 516
- 517
- 518

	DE group n = 50	Non-DE group n = 50	C group n = 45	SLE group n=46	p-value
Age (years)	35.4 ± 5.8	36.1 ± 5.3	34.98± 6.3	35.6 ± 5.9	NS
BMI (Kg/m²)	23.7 ± 3.4	$23.2 \pm 3.7$	$24.1 \pm 4.0$	$24.2 \pm 3.4$	NS
Current smoker	7 (14)	6 (12)	5 (11.1)	6 (13.04)	NS
Live Births	19 (38) <sup>a</sup>	37 (74)	35 (77,8)	35 (76.1)	<0.0001 <sup>a</sup>
Pain symptoms					<0.0001ª
Dysmenorrhea (NRS≥7)/	49 (98)ª/	22 (44)/	0 (0)/	0 (0)/	
Dysmenorrhea NRS score	$8.8 \pm 1.3$ a	6.5 ± 2.5	$2.7 \pm 1.12$	2.3±1.14	
Dyspareunia (NRS≥7)/	29 (58)ª/	3 (6)/	0 (0)/	0 (0)/	
Dyspareunia NRS score	5.0 ± 1.7 <sup>a</sup>	$2.2 \pm 1.3$	$0.4 \pm 0.1$	0±0	
Chronic pelvic pain (NRS≥7)/	17 (34)ª/	2 (4)/	0 (0)/	0 (0)/	
Chronic pelvic pain NRS score	$5.3 \pm 0.6$ a	$1.9 \pm 0.8$	$0.5 \pm 0.4$	$0 \pm 0$	
Arthralgia, N (%)	28 (56) <sup>b</sup>	14 (28)	12 (26.7)	34(73.9) <sup>c</sup>	< 0.001 <sup>b,c</sup>
Asthenia, N (%)	19 (38) <sup>b</sup>	9 (18)	6 (13.3)	21 (45.6) <sup>c</sup>	<0.01 <sup>b</sup> ;<0.001 <sup>c</sup>
Previous thrombosis, N (%)	1(2)	0 (0)	0 (0)	6 (13.04) <sup>d</sup>	<0.001 <sup>d</sup>
Chronic skin disorders, N (%)	3 (6)	2 (4)	1 (2.2)	18 (39.13) <sup>d</sup>	<0.0001 <sup>d</sup>

**Table 1.** Baseline clinical and demographic data of the four study groups

BMI, body mass index; DE, deep endometriosis; C, control; SLE, systemic lupus erythematosus; SD, standard deviation; NRS, numerical rating scale.

NRS ranges from 0 to 10. Results are expressed as N(%) or mean±SD. <sup>a</sup> Differences between the DE group and all the other groups. <sup>b</sup> Differences between the DE group and the Non-DE and C groups. <sup>c</sup> Differences between the SLE group and the Non-DE and C groups. <sup>d</sup> Differences between the SLE group and all the other groups.

	DE group n = 50	Non-DE group n = 50	C group n = 45	SLE group n=46	p-value
RF	0 (0%)	0 (0%)	0 (0%)	5 (10.8%)	*<0.005
Low C3 levels	4 (8%)	3 (6%)	2 (4.4%)	14 (30.4%)	*<0.001
Low C4 levels	2 (2,5%)	0 (0%)	0 (0%)	3 (6.5%)	*<0.05
Low CH50 levels	5 (10%)	7 (14%)	4 (8.9%)	11 (23.9%)	NS
Anti-SS-A/Ro	0 (0%)	1 (2,9%)	0 (0%)	6 (13.4%)	*<0.005
Anti-SS-B/La	0 (0%)	0 (0%)	0 (0%)	1 (2.2%)	NS
Lupus anticoagulant	5 (10%)	0 (0%)	1 (2.2%)	5 (11,4%)	NS
aCL-M +	0 (0%)	1 (2.9%)	0 (0%)	2 (4.3%)	NS
aCL-G +	1 (2%)	3 (6%)	0 (0%)	9(19.6%)	*<0.005
Anti-dsDNA +	3 (6%)	0 (0%)	0 (0%)	22 (47.8%)	*<0.001
Anti U1-RNP +	0 (0%)	0 (0%)	0 (0%)	13 (28.3%)	*<0.001
Anti Sm +	0 (0%)	0 (0%)	0 (0%)	13 (28.3%)	*<0.001
ANA (IFI Hep2 ≥ 1:80	10 (20%) <sup>a,b</sup>	2 (4%)	1(2.2%)	24 (52.2%) <sup>c</sup>	<sup>a</sup> <0.02;
					<sup>b</sup> <0.008
					c<0.001

# 524 **Table 2.** Serologic results of the four study groups.

525

526 Variables are expressed as n (%) 527

528 DE: deep endometriosis; C: control; SLE: systemic lupus erythematosus; NS: not significant

529 RF (Rheumatoid factor) > 15U; Low C3 levels < 0.82 g/L; Low C4 Levels: < 0.11 g/L; Low

530 CH50 levels: <34U/mL; Anti-dsDNA + > 10 UI/mL; ANA IFI Hep 2 + ≥ 1:80

531 Anti-SS-A/Ro; anti-SS-B/La ; Lupus anticoagulant; aCL: anticardiolipon antibodies; Anti

532 U1-RNP; Anti Sm: qualitative values;

\*Shows statistically significant differences of the SLE group compared with all the other
study groups. <sup>a</sup>Differences between the DE group and the Non-DE group. <sup>b</sup>Differences
between the DE group and the C group. <sup>c</sup>Differences between the SLE group and the C and
Non-DE groups.