

# Dietary n-6- or n-3-rich vegetable fats and $\alpha$ -tocopheryl acetate: effects on fatty acid composition and stability of rabbit plasma, liver and meat

A. Tres, R. Bou, R. Codony and F. Guardiola<sup>†</sup>

Nutrition and Food Science Department – XaRTA – INSA, Faculty of Pharmacy, University of Barcelona, Av. Joan XXIII s/n, 08028 Barcelona, Spain

(Received 30 December 2008; Accepted 27 May 2009; First published online 29 June 2009)

We supplemented diets with  $\alpha$ -tocopheryl acetate (100 mg/kg) and replaced beef tallow (BT) in feeds with increasing doses of n-6- or n-3-rich vegetable fat sources (linseed and sunflower oil), and studied the effects on the fatty acid (FA) composition, the  $\alpha$ -tocopherol ( $\alpha$ T) content and the oxidative stability of rabbit plasma and liver. These effects were compared with those observed in a previous study in rabbit meat. As in meat, the content of saturated, monounsaturated and trans FA in plasma and liver mainly reflected feed FA profile, except stearic acid in liver, which increased as feeds contained higher doses of vegetable fat, which could be related to an inhibition of the activity of the stearoyl-CoA-desaturase. As linseed oil increased in feeds, the n-6/n-3 FA ratio was decreased in plasma and liver as a result of the incorporation of FA from diets and also, due to the different performance and selectivity of desaturase enzymes. However, an increase in the dose of vegetable fat in feeds led to a significant reduction in the  $\alpha$ T content of plasma and liver, which was greater when the fat source was linseed oil. Increasing the dose of vegetable fat in feeds also led to an increase in the susceptibility to oxidation (lipid hydroperoxide (LHP) value) of rabbit plasma, liver and meat and on the thiobarbituric acid (TBA) values of meat. Although the dietary supplementation with  $\alpha$ -tocopheryl acetate increased the  $\alpha$ T content in plasma and liver, it did not modify significantly their TBA or LHP values. In meat however, both TBA and LHP values were reduced by the dietary supplementation with  $\alpha$ -tocopheryl acetate. The plasma  $\alpha$ T content reflected the  $\alpha$ T content in tissues, and correlated negatively with tissue oxidability. From the studied diets, those containing 1.5% linseed oil plus 1.5% BT and 100 mg of  $\alpha$ -tocopheryl acetate/kg most improved the FA composition and the oxidative stability of rabbit tissues.

**Keywords:** fatty acid, meat quality, oxidation, rabbit tissues, tocopherol

## Implications

Several health beneficial effects have been attributed to n-3 polyunsaturated fatty acids (PUFA); thus, dietary recommendations have focused on reducing the intake of saturated fatty acids, and on increasing that of PUFA, especially n-3 fatty acids. Tissue composition can be improved through the diet, which can be used to improve the nutritional value of meats. This might alter tissue oxidation, which may produce negative biological effects, and in meat this may affect its stability, nutritional and sensory quality. Oxidation may be prevented by increasing tissue content of antioxidants such as tocopherol. We studied the influence of rabbits fed with different fats and antioxidants on the composition and stability of their plasma, liver and meat.

## Introduction

The composition of biological tissues can be modified through diet, either by direct incorporation of the absorbed compounds or by their interactions with anabolic and catabolic pathways. If the n-6/n-3 fatty acid (FA) ratio of diets is reduced, this generates eicosanoids with more beneficial effects in some chronic diseases than those derived from n-6 FA (Kinsella *et al.*, 1990; Simopoulos, 1997; Siddiqui *et al.*, 2008).

Attempts have been made to increase the long-chain n-3 polyunsaturated fatty acids (PUFA) content in animal tissues by enriching diets with fats that have a high linolenic acid content (Bernardini *et al.*, 1999; Enser *et al.*, 2000; Bou *et al.*, 2006b). However, the increase in dietary long-chain n-3 PUFA, achieved for instance by adding marine fat sources to the diet, has been reported to be more effective (Nettleton, 1991; Wood and Enser, 1997). But this might also lead to

<sup>†</sup> E-mail: fguardiola@ub.edu

more unstable tissues from an oxidative point of view because lipid oxidation is favored in highly unsaturated FA (Frankel, 1998).

Oxidation in biological tissues should be avoided because some negative biological effects have been attributed to lipid oxidation products (Guardiola *et al.*, 2002; Niki *et al.*, 2005; Spiteller, 2006). In meat and food products, oxidation might lead to a reduction of the sensory and nutritional quality (Gray *et al.*, 1996). Oxidation can be prevented in foods and biological tissues by the action of antioxidants, for instance increasing the  $\alpha$ -tocopherol ( $\alpha$ T) content in tissues as a result of a higher  $\alpha$ T intake (Cherian *et al.*, 1996; Gray *et al.*, 1996).

Rabbit meat is interesting from a nutritional point of view, since it has a low cholesterol and fat content, and the fat depot can be more easily removed than in other meats, such as beef or pork (Food Standards Agency, 2002). Regardless of the feeding regimen, rabbit meat FA composition is richer in PUFA than lamb, beef or pork and its content of saturated fatty acids (SFA) is lower than in beef or lamb (Food Standards Agency, 2002).

Several studies have been conducted on animals such as chicken, pig or beef, since they produce highly consumed meats (Gray *et al.*, 1996; Wood *et al.*, 2003). Fewer studies in the literature deal with rabbit feeding, although recently the number of studies conducted with rabbit has increased (Pla and Cervera, 1997; Bernardini *et al.*, 1999; Castellini *et al.*, 2001; Dalle Zotte, 2002; Dal Bosco *et al.*, 2004; Lo Fiego *et al.*, 2004; Corino *et al.*, 2007; Gigaud and Combes, 2008; Maertens *et al.*, 2008; Zsedely *et al.*, 2008). Most of them are focused on rabbit meat due to its nutritional value, but there is a lack of comprehensive studies dealing, at the same time, with rabbit plasma, meat and other tissues more involved in the animal's metabolism, such as the liver. Therefore, we studied the addition of different fat sources to feeds, with or without the dietary supplementation with  $\alpha$ -tocopheryl acetate (TA) on the FA composition, the  $\alpha$ T content and the oxidative stability of plasma, liver and meat. In a previous paper coming from this study, the effects of cooking and the refrigerated storage of cooked rabbit meat were reported (Tres *et al.*, 2008).

## Material and methods

The reagents and standards used were reported in Tres *et al.* (2008).

### Animals and diets

The preparation of diets and housing of animals took place in the Animal Science Department at the Polytechnic University of Valencia. A total of 12 isocaloric dietary treatments were prepared from a basal diet (described in Tres *et al.* (2008)) by combining several dietary factors, according to a factorial design ( $2 \times 3 \times 2$ ) replicated four times: two vegetable fat sources were used to replace animal fat (beef tallow (BT)), one rich in n-6 FA (sunflower oil (SO)) and another rich in n-3 FA (linseed oil (LO)); three doses of

vegetable fat replacement (0%, 1.5% or 3% (wt/wt) of vegetable fat; in all treatments, total added fat was completed up to 3% (wt/wt) with BT); and TA (0 or 100 mg TA/kg of feed).

The animal experiments were performed in the animal facilities of the Polytechnic University of Valencia (Spain), and received prior approval from the respective Animal Protocol Review Committee. All animal housing, husbandry and slaughtering conditions agreed to current European Union guidelines.

### Samples

Feed samples were taken at the end of the feeding trial, as described in Tres *et al.* (2008).

In all, 288 rabbits (a cross of New Zealand and Californian rabbits) were weaned at 28 days. They were randomly divided into 48 groups (12 dietary treatments, four replicates, six rabbits per cage) and fed *ad libitum* with the corresponding experimental diet. At 63 days of age, rabbits were electrically stunned and killed by cutting carotids and jugulars. From four rabbits in each group, 20 ml of blood per animal was collected in heparinized tubes and immediately centrifuged at  $1450 \times g$  at  $4^\circ\text{C}$  for 10 min. Plasma samples from each group were mixed and transferred into microtubes and stored at  $-80^\circ\text{C}$  until analysis. Livers were immediately removed from carcasses and refrigerated at  $4^\circ\text{C}$  for 5 h. Then, the six livers from each group were mixed, ground and vacuum-packed in high-barrier multilayer bags (Cryovac BB325, permeability to  $\text{O}_2$   $25 \text{ cm}^3 \times \text{m}^{-2} \times \text{day}^{-1} \times \text{bar}^{-1}$  at  $23^\circ\text{C}$  and 0% RH, ASTMD-3985; Cryovac Europe, Sealed Air S. L., Sant Boi de Llobregat, Spain; approximately 15 g liver/bag) and stored at  $-80^\circ\text{C}$  until analysis. Meat samples were obtained as described in Tres *et al.* (2008).

### Feed and meat analysis

Feed FA composition and  $\alpha$ T content were analyzed as described in Tres *et al.* (2008).

Fatty acid composition,  $\alpha$ T content, oxidation (thiobarbituric acid (TBA) value) and oxidative stability (lipid hydroperoxide (LHP) value) of meat were described in Tres *et al.* (2008).

### Fatty acid composition of plasma and liver

Plasma FA composition was determined by gas chromatography. First, 0.6 ml of plasma was pipetted into a 50 ml-screw-capped tube. A volume of 20 ml chloroform: methanol (2:1, vol/vol) was then added and the mixture was mixed for 45 min using a magnetic stirring bar. The mixture was transferred to another tube, and residues in the first tube were washed twice with 10 ml of the same solvent mixture and transferred to the second tube. Then, 10 ml of 1% (wt/vol) sodium chloride was added. The tube was manually shaken and centrifuged for 20 min at  $500 \times g$ . The chloroform phase was filtered through anhydrous sodium sulfate (using Whatman No. 1 filter paper), which was then washed once with 5 ml of chloroform: methanol (2:1, vol/vol) and then twice with 5 ml of

chloroform. The lipid extract was concentrated in a vacuum rotatory evaporator at 35°C. It was then dissolved with diethyl ether and quantitatively transferred to a screw-capped tube (16 × 100 mm) containing the internal standard (heneicosanoic acid (C21:0) methyl ester). The solvent was removed under a slight nitrogen stream, and the tube was left overnight in a vacuum desiccator at 10 mmHg. FA methyl esters were prepared by adapting the method used for feed, liver and meat (Guardiola *et al.*, 1994) to plasma samples: 1 ml of 0.5 N methanolic solution of sodium methoxide was added and the tube was placed in a boiling water bath for 20 min. Then, the tube was chilled and 1 ml of a methanolic solution of boron trifluoride (14%, wt/vol) was added and the tube was placed in a boiling water bath for 15 min. It was then chilled to room temperature and the FA methyl esters were extracted by adding 2 ml of n-hexane and 1 ml of saturated sodium chloride solution to the tube. The hexanic phase was transferred to a vial containing a small amount of anhydrous sodium sulfate. After 1 h, 1 ml of the hexanic phase was transferred to another tube (10 × 75 mm) and evaporated under a light nitrogen stream at 30°C. Then, 0.15 ml of n-hexane was added to dissolve the FA methyl esters. A volume of 2 µl was injected in the gas chromatograph, following the conditions described in Tres *et al.* (2008).

The FA composition of liver was determined by gas chromatography, following the same procedure used in meat, which is also described in Tres *et al.* (2008).

**Determination of α-tocopherol in plasma and liver**  
 Plasma αT content was determined as follows: 0.25 ml of plasma was transferred into a screw-capped tube (16 × 100 mm). Then, 0.1 ml of internal standard solution (TA in ethanol) and 0.4 ml of an ethanolic solution containing 0.032% (wt/vol) of butylated hydroxytoluene and 0.3% (wt/vol) of pyrogallol was added. After 1 min of vortex agitation, 0.75 ml of hexane was added, and the solution was mixed by another minute of vortex agitation. Tubes were then centrifuged for 10 min at 1000 × g, and the hexanic phase was transferred to another tube. The remaining ethanolic phase was re-extracted twice with 0.75 ml of hexane. The three hexanic phases were mixed and filtered through a 0.45 µm PTFE (polytetrafluoroethylene) filter. Filters were washed twice with 0.5 ml of hexane. The solvent was evaporated under a light nitrogen stream at 30°C. The residue was dissolved in 200 µl of 96% ethanol. Chromatographic separation of this solution was performed using an Agilent 1100 Series liquid chromatograph (Agilent Technologies, Santa Clara, CA), equipped with a Rheodyne 7725i model injector (Rheodyne, Cotati, CA) with a loop volume of 500 µl (samples were injected by partial loop filling using 100 µl of sample), a reverse phase column (15 × 0.4 cm, 3 µm, 80 Å, Tracer Extrasil ODS2; Teknokroma, Sant Cugat del Valles, Spain) and a precolumn (1 × 0.4 cm, 3 µm, 80 Å, Tracer Extrasil ODS2; Teknokroma). Sample compounds were isocratically eluted with methanol at 1.5 ml/min at 27°C and detected by means of an Agilent 1100

Series variable wavelength UV detector (Agilent Technologies) (wavelength at 292 nm, set after 3.9 min at 285 nm). The content of αT was determined by means of a calibration curve using TA as an internal standard.

The content of αT in liver was determined, after saponification, by HPLC-fluorescence detection (Tres *et al.*, 2008).

#### Lipid hydroperoxide determination

In order to assess the susceptibility of plasma and liver to lipid oxidation, LHP value was measured by the ferrous oxidation–xylanol orange (FOX) method (Grau *et al.*, 2000a) adapted to these samples. In this method, the methanolic extract of a sample was mixed with the FOX reagents in glass cuvettes capped with Teflon caps, and then the mixture (the final volume of the reaction mixture was always 2 ml) was left in the dark to induce LHP formation until absorbance readings at 560 nm were steady over time. The formed LHP were quantified with a calibration curve using cumene hydroperoxide (CHP) as standard.

The FOX method described by Grau *et al.* (2000a) was adapted to plasma samples: 300 µl of plasma were pipetted into screw-capped tubes (16 × 100 mm), and 3 ml of cold methanol was added. This blend was agitated by vortex for 1 min and centrifuged for 5 min at 1350 × g. Then, in glass cuvettes capped with Teflon caps, two aliquots of 600 µl of the supernatant were mixed: one with 500 µl of 10 mM triphenylphosphine (TPP) in methanol, and the other with 500 µl of methanol. After 30 min, 900 µl of FOX reagent (500 µl of 1 mM ferrous-ammonium sulfate, 200 µl of 0.25 M sulfuric acid in methanol, 200 µl of 1 mM xylanol orange in methanol) was added. Absorbance from cuvettes containing TPP was measured after 30 min, and absorbance from cuvettes without TPP was assessed after 116 h. As TPP is a specific reducing agent of organic hydroperoxides, the residual absorbance developed by cuvettes containing TPP measures hydrogen peroxide, free ferric ion or other chromophores present in the sample (Nourooz-Zadeh *et al.*, 1994; Sodergren *et al.*, 1998; VanderJagt *et al.*, 2001). Therefore, the difference in absorbance between cuvettes without TPP and with TPP was used to calculate the LHP value by means of a calibration curve, using CHP as standard. No increase in absorbance at 560 nm was observed when the FOX reaction was incubated for 30 min with meat or liver methanolic extracts and TPP (data not shown).

The FOX method used for meat samples (Tres *et al.*, 2008) was adapted to liver samples: 20 ml of cold methanol was added to 2 g liver samples. After homogenization and centrifugation, methanolic extract was diluted ten-fold and 250 µl of it was added to the FOX mixture. Absorbance was measured after 168 h.

#### Determination of TBA value

The TBA value in rabbit plasma and liver was determined by an acid aqueous extraction method with third derivative spectrophotometry described by Grau *et al.* (2000b). In plasma, the volumes of reagents needed were adjusted to

the sample amount that was 1 ml of plasma. In liver, the sole difference with respect to the original method was that after the reaction mixture was cooled, samples were tempered for 2.5 h at room temperature in order to obtain a steady reading.

### Statistics

Multifactor ANOVA was used to determine significant differences in  $\alpha$ T content, FA composition and LHP and TBA values due to the dietary factors (source of n-3 or n-6 fat, dose of n-6 or n-3 fat, and TA supplementation) in rabbit plasma ( $n = 48$ ) and liver ( $n = 48$ ). Multifactor ANOVA was used to determine whether there were any significant differences in  $\alpha$ T content, LHP value, TBA value and FA composition between plasma, liver and meat samples ( $n = 144$ ). Least-squares means for the main factors that had a significant effect were separated by the Scheffé's test (except when otherwise stated). Pearson correlation coefficients were calculated between  $\alpha$ T content, LHP and TBA values in plasma, liver and meat. In all cases,  $P \leq 0.05$  was considered significant.

## Results and discussion

### Fatty acid composition

The FA composition of feeds differed depending on both the source and dose of unsaturated fat used to replace BT (Tres *et al.*, 2008). Feeds containing 3% (wt/wt) BT had the highest content of SFA, monounsaturated fatty acids (MUFA) and total *trans* FA, and the lowest content of PUFA. Feeds with added SO had a higher content of C18:2n-6, while in feeds containing LO, the C18:3n-3 content was higher. Long-chain PUFA, such as C22:5n-6, C22:5n-3 or C22:6n-3, were not detected in feeds. The addition of TA (100 mg/kg) to feeds had no effect on feed FA composition. Feed composition was fully described in Tres *et al.* (2008).

According to what was found in meat (Tres *et al.*, 2008), the FA composition of plasma (Table 1) and liver (Table 2) was mainly affected by feed FA composition (Tres *et al.*, 2008), which depended on the dose and source of n-6- or n-3-rich vegetable fat used in feeds. Changes in the FA composition of tissues from rabbit (Bernardini *et al.*, 1999), other animals (Wood and Enser, 1997; Enser *et al.*, 2000; Bou *et al.*, 2006b) and humans (Arterburn *et al.*, 2006) have been reported as a result of varying the FA profile of diets. In our study in rabbits, the content of *trans* FA in plasma and liver and the content of MUFA in liver decreased, while total PUFA in liver increased (Tables 1 and 2) as BT in feeds was replaced by increasing doses of n-6- or n-3-rich vegetable fat (Tres *et al.*, 2008). Meat FA composition was similarly affected by the type and dose of vegetable fat added to feeds (Tres *et al.*, 2008).

The content of SFA in plasma was not significantly affected by feed FA composition, whereas C24:0 increased when BT had been replaced in the feeds, thus reflecting feed FA composition (Table 1). In liver, most of the SFA remained unchanged when BT was replaced by a vegetable

fat source (Table 2) whereas C18:0, C20:0 and C24:0 increased. These increases reflected feed FA composition with the exception of stearic acid which followed the opposite trend than in feeds. However, in meat, all SFA, including stearic acid, followed feed FA composition (Tres *et al.*, 2008). Therefore, liver stearic acid content might be affected by the tissue's role in FA metabolism and storage, since its metabolic pathways might be altered by the dietary factors. One possible explanation can be found in the increase in PUFA content in liver as BT was reduced in feeds. It has been reported that PUFA inhibit the activity of stearoyl-CoA-desaturase, the enzyme that synthesizes oleic acid from stearic acid, thus regulating its expression (Sessler *et al.*, 1996). This inhibition could lead to accumulation of the precursor (C18:0), and reduction in MUFA content, which might also be affected by the lower MUFA supply in the diet as vegetable fat increased in feeds. In fact, MUFA content was much more reduced in liver (40%) than in meat (26%) (Tres *et al.*, 2008) as the dose of vegetable fat increased in feeds. This difference between tissues might be related to the higher biosynthetic role of liver, in which the inhibition of stearoyl-CoA-desaturase might lead to a major decrease in MUFA content and to an accumulation of stearic acid in liver but not in meat.

The PUFA/SFA ratio increased in plasma and liver as increasing doses of n-6- or n-3-rich vegetable fats were added to feeds. However, long-chain PUFA, such as C22:5n-6, C22:5n-3 or C22:6n-3, were not detected in feeds (Tres *et al.*, 2008). Therefore, their presence in plasma and liver might have a biosynthetic origin, which in turn could be modified by the dietary factors, particularly the dose and the FA profile of the dietary fat added to feeds. In addition, supplementation with TA might also affect FA biosynthesis (Tres *et al.*, 2008).

Long-chain n-6 and n-3 PUFA are biosynthesized from their precursors (linoleic acid and linolenic acid, respectively) through an enzymatic system that involves elongation and desaturation. Both precursors share the same enzyme,  $\Delta$ 6-desaturase (Burdge and Calder, 2005b), which has more affinity for linolenic acid. In our study in rabbits, increased amounts of EPA and DHA were found in plasma and liver due to the addition of LO to feeds (Tables 1 to 3), as it had been found in meat (Tres *et al.*, 2008). This is in accordance with other studies in rabbit (Bernardini *et al.*, 1999; Dal Bosco *et al.*, 2004; Maertens *et al.*, 2008) and other animals (Enser *et al.*, 2000; Bou *et al.*, 2006b). However, the effectiveness of the synthesis of DHA from linolenic acid in animals and humans is controversial, as it has been reported to be limited (Cherian and Sim, 1995; D'Arrigo *et al.*, 2002; Hoz *et al.*, 2003; Burdge and Calder, 2005b; Nuernberg *et al.*, 2005). This has been related to the last step in the biosynthesis pathway of DHA, a  $\beta$ -oxidation of C24:6n-3 which involves translocations between the endoplasmic reticulum and peroxisomes of both DHA and its precursor (C24:6n-3) (Burdge and Calder, 2005b; Arterburn *et al.*, 2006).

For the content of long-chain n-6 and n-3 PUFA in plasma and liver, we observed an interaction between the dose and

**Table 1** Fatty acid composition of rabbit plasma (mg of FA/l) depending on the dose and source of vegetable fat used to replace beef tallow in feeds, and on dietary supplementation with  $\alpha$ -tocopheryl acetate<sup>1</sup>

	Dose of vegetable fat			Source of fat		TA	
	0%	1.5%	3%	SO	LO	0 mg/kg	100 mg/kg
C12:0	9.9	15.0	14.6	15.6	10.7	12.8	13.5
C14:0	36	35	30	36	32	33	35
C15:0	12.4	16.2	21.3	17.1	16.1	16.6	16.7
iso-16:0	15.3	14.7	14.9	14.9	15.1	15.3	14.7
C16:0	390	410	350	400	370	390	370
C17:0	18.1	17.2	15.5	17.6	16.2	17.3	16.5
C18:0	198	206	191	209	188	203	194
C20:0	2.18	3.09	3.19	3.09	2.55	2.91	2.73
C24:0	2.46 <sup>a</sup>	3.41 <sup>b</sup>	3.29 <sup>b</sup>	3.23	2.88	3.08	3.03
Total SFA	680	720	650	720	650	700	670
C16:1n-9 <sup>2</sup>	10.5	12.5	10.6	13.0 <sup>b</sup>	9.4 <sup>a</sup>	11.2	11.2
C18:1n-9	470	490	380	460	440	460	440
C20:1n-9	8.76	6.89	6.09	7.45	7.04	7.38	7.11
C24:1n-9	ND	ND	ND	ND	ND	ND	ND
C16:1n-7	21.3	21.7	16.5	18.4	21.2	18.3	21.4
C18:1n-7	22.1	21.0	16.9	19.8	20.1	20.1	19.9
Total MUFA	540	550	430	520	500	520	500
C18:2n-6 <sup>3</sup>	420	550	590	590 <sup>b</sup>	450 <sup>a</sup>	520	520
C18:3n-6	1.51	2.05	1.81	1.79	1.79	1.59	1.99
C20:2n-6 <sup>3</sup>	7.67	7.95	8.94	9.84 <sup>b</sup>	6.53 <sup>a</sup>	9.05	7.33
C20:3n-6 <sup>3</sup>	5.08	5.29	5.42	5.75 <sup>b</sup>	4.77 <sup>a</sup>	5.32	5.21
C20:4n-6	37	41	41	43 <sup>b</sup>	36 <sup>a</sup>	39	40
C22:4n-6 <sup>3</sup>	3.45	3.91	3.95	5.04 <sup>b</sup>	2.51 <sup>a</sup>	3.81	3.73
C22:5n-6 <sup>3</sup>	1.76	2.13	2.22	2.48 <sup>b</sup>	1.61 <sup>a</sup>	1.95	2.13
Total n-6 PUFA <sup>3</sup>	470	610	650	650 <sup>b</sup>	500 <sup>a</sup>	580	570
C18:3n-3 <sup>3</sup>	26.7 <sup>a</sup>	71.2 <sup>b</sup>	102 <sup>c</sup>	27.8 <sup>a</sup>	105 <sup>b</sup>	70	63
C18:4n-3	ND	tr	1.96	tr	tr	tr	tr
C20:3n-3 <sup>3</sup>	2.10 <sup>a</sup>	4.11 <sup>b</sup>	6.35 <sup>c</sup>	2.01 <sup>a</sup>	6.36 <sup>b</sup>	4.45	3.93
C20:5n-3 <sup>3</sup>	1.00 <sup>a</sup>	1.84 <sup>b</sup>	2.56 <sup>c</sup>	0.69 <sup>a</sup>	2.91 <sup>b</sup>	1.82	1.78
C22:5n-3	2.65	5.19	7.58	2.61 <sup>a</sup>	7.67 <sup>b</sup>	4.97	5.31
C22:6n-3 <sup>3</sup>	2.55 <sup>a</sup>	3.02 <sup>b</sup>	3.45 <sup>c</sup>	2.43 <sup>a</sup>	3.58 <sup>b</sup>	3.00	3.02
Total n-3 PUFA <sup>3</sup>	38 <sup>a</sup>	85 <sup>b</sup>	121 <sup>c</sup>	36 <sup>a</sup>	126 <sup>b</sup>	85	77
Total PUFA	530	670	790	720	610	680	650
t9,t12-18:2	1.86 <sup>b</sup>	1.58 <sup>b</sup>	1.01 <sup>a</sup>	1.50	1.47	1.44	1.53
c9,t12-18:2	1.82	2.04	1.82	1.91	1.88	1.95	1.84
t9,c12-18:2	0.86	1.26	1.36	1.17	1.15	1.12	1.20
Total trans 18:2	4.54 <sup>b</sup>	4.87 <sup>b</sup>	4.19 <sup>a</sup>	4.57	4.50	4.50	4.57
c9,t11-CLA	1.2 <sup>b</sup>	0.4 <sup>a</sup>	tr	0.7	0.4	0.8	0.4
t10,c12-CLA	tr	tr	ND	tr	tr	tr	tr
ditrans-CLA <sup>4</sup>	0.51	0.69	1.12	0.61	0.94	0.82	0.73
Total CLA	1.7	1.1	1.1	1.2	1.3	1.6	1.1
trans-18:1	25.8 <sup>c</sup>	22.3 <sup>b</sup>	10.7 <sup>a</sup>	20.6	18.6	20.5	18.7
Total trans FA	32 <sup>b</sup>	28 <sup>b</sup>	16 <sup>a</sup>	27	24	26	24
Ratio PUFA/SFA	0.74 <sup>a</sup>	0.97 <sup>b</sup>	1.20 <sup>c</sup>	0.97	0.96	0.94	0.99
Ratio n-6/n-3 <sup>3</sup>	14.1	11.7	13.7	19.5 <sup>b</sup>	6.8 <sup>a</sup>	13.1	13.0

FA = fatty acid; SO = sunflower oil; LO = linseed oil; TA =  $\alpha$ -tocopheryl acetate; SFA = saturated fatty acids; MUFA = monounsaturated fatty acids; PUFA = polyunsaturated fatty acids; ND = not detected; tr = traces.

<sup>1</sup>Values correspond to least-squares means obtained from multifactor ANOVA ( $n=48$ ).

<sup>2</sup>Interaction between dose of fat  $\times$  TA supplementation significant at  $P \leq 0.05$ .  $P$  values were obtained from multifactor ANOVA ( $n=48$ ).

<sup>3</sup>Interaction between dose of fat  $\times$  source of fat significant at  $P \leq 0.05$ .  $P$  values were obtained from multifactor ANOVA ( $n=48$ ).

<sup>4</sup>Ditans-CLA: mixture of isomers.

<sup>a,b,c</sup>Within a row, means for a certain factor without a common superscript letter differ ( $P \leq 0.05$ ).  $P$  values were obtained from multifactor ANOVA ( $n=48$ ). Letters were obtained by means of the Scheffé's test ( $\alpha = 0.05$ ).

the source of n-6- or n-3-rich vegetable fat used to replace BT in feeds (Table 3). As the dose of SO increased in feeds (linoleic acid increased and linolenic acid remained the

same), the content of long-chain n-6 FA increased in the plasma and liver with significant reductions in some n-3 PUFA, such as C20:5n-3, C22:5n-3 or C22:6n-3. When LO

Effect of dietary fats and tocopherol on tissues

**Table 2** Fatty acid composition of liver (mg of FA/100 g) depending on the dose and source of vegetable fat used to replace beef tallow in feeds, and on dietary supplementation with  $\alpha$ -tocopheryl acetate<sup>1</sup>

	Dose of vegetable fat			Source of fat		TA	
	0%	1.5%	3%	SO	LO	0 mg/kg	100 mg/kg
C12:0	1.29	0.99	0.96	1.15	1.02	1.14	1.02
C14:0	19.4 <sup>b</sup>	13.2 <sup>a</sup>	12.7 <sup>a</sup>	15.5	14.7	16.1	14.1
C15:0	9.8	9.9	10.0	10.5	10.0	10.5	10.0
iso-16:0	48	46	46	46	46	47	46
C16:0	490	440	460	470	460	480	450
C17:0	26	27	28	27	27	28	27
C18:0	470 <sup>a</sup>	530 <sup>b</sup>	570 <sup>b</sup>	530	520	530	520
C20:0	1.91 <sup>a</sup>	1.93 <sup>a</sup>	2.20 <sup>b</sup>	2.01	2.02	2.06	1.96
C24:0	1.83 <sup>a</sup>	2.13 <sup>b</sup>	2.48 <sup>b</sup>	2.19	2.11	2.15	2.15
Total SFA	1070	1070	1130	1110	1080	1110	1080
C16:1n-9	9.8 <sup>b</sup>	7.8 <sup>a</sup>	7.8 <sup>a</sup>	8.7	8.2	8.9	8.1
C18:1n-9	500 <sup>c</sup>	340 <sup>b</sup>	290 <sup>a</sup>	380	390	400 <sup>b</sup>	370 <sup>a</sup>
C20:1n-9	16.1 <sup>b</sup>	9.4 <sup>a</sup>	7.8 <sup>a</sup>	10.9	11.2	11.7	10.5
C22:1n-9	15.0	14.5	13.7	15.1 <sup>b</sup>	13.8 <sup>a</sup>	14.6	14.3
C24:1n-9	18.7 <sup>b</sup>	16.2 <sup>a</sup>	14.5 <sup>a</sup>	16.1	16.8	16.7	16.2
C16:1n-7	21.4 <sup>b</sup>	14.7 <sup>a</sup>	12.0 <sup>a</sup>	15.7	16.4	17.0	15.1
C18:1n-7	38 <sup>c</sup>	28 <sup>b</sup>	25 <sup>a</sup>	29	31	31	29
Total MUFA	620 <sup>c</sup>	430 <sup>b</sup>	370 <sup>a</sup>	470	480	500 <sup>b</sup>	460 <sup>a</sup>
C18:2n-6 <sup>2</sup>	680 <sup>a</sup>	780 <sup>b</sup>	910 <sup>c</sup>	850 <sup>b</sup>	730 <sup>a</sup>	800	780
C18:3n-6	1.30 <sup>a</sup>	1.65 <sup>b</sup>	1.83 <sup>b</sup>	1.77 <sup>b</sup>	1.42 <sup>a</sup>	1.56	1.63
C20:2n-6 <sup>2</sup>	32	31	37 <sup>b</sup>	37	30 <sup>a</sup>	35	32
C20:3n-6 <sup>2</sup>	18.8 <sup>a</sup>	20.9 <sup>a</sup>	23.9 <sup>b</sup>	22.8 <sup>b</sup>	19.5 <sup>a</sup>	21.2	21.2
C20:4n-6 <sup>2</sup>	134 <sup>a</sup>	156 <sup>b</sup>	162 <sup>b</sup>	166 <sup>b</sup>	136 <sup>a</sup>	148	153
C22:4n-6 <sup>2</sup>	21.0	20.2	21.3	27.2 <sup>b</sup>	14.5 <sup>a</sup>	21.0	20.6
C22:5n-6 <sup>2</sup>	12.6	13.1	13.6	16.4 <sup>b</sup>	9.8 <sup>a</sup>	13.0	13.2
Total n-6 PUFA <sup>2</sup>	900 <sup>a</sup>	1020 <sup>b</sup>	1170 <sup>c</sup>	1120 <sup>b</sup>	940 <sup>a</sup>	1040	1020
C18:3n-3 <sup>2</sup>	28 <sup>a</sup>	71 <sup>b</sup>	111 <sup>c</sup>	25 <sup>a</sup>	115 <sup>b</sup>	71	68
C18:4n-3 <sup>2</sup>	0.31	0.31	0.38	0.24 <sup>a</sup>	0.43 <sup>b</sup>	0.34	0.33
C20:3n-3 <sup>2</sup>	3.7 <sup>a</sup>	8.9 <sup>b</sup>	13.0 <sup>c</sup>	2.8 <sup>a</sup>	14.3 <sup>b</sup>	8.9	8.2
C20:5n-3 <sup>2</sup>	2.2 <sup>a</sup>	4.7 <sup>b</sup>	7.7 <sup>c</sup>	1.5 <sup>a</sup>	8.2 <sup>b</sup>	4.7	5.0
C22:5n-3 <sup>2</sup>	10.6 <sup>a</sup>	21.6 <sup>b</sup>	28.0 <sup>c</sup>	8.4 <sup>a</sup>	31.8 <sup>b</sup>	19.4	20.8
C22:6n-3 <sup>2</sup>	6.1 <sup>a</sup>	10.2 <sup>b</sup>	13.2 <sup>c</sup>	5.2 <sup>a</sup>	14.5 <sup>b</sup>	9.6	10.1
Total n-3 PUFA <sup>2</sup>	51 <sup>a</sup>	116 <sup>b</sup>	173 <sup>c</sup>	43 <sup>a</sup>	184 <sup>b</sup>	114	113
Total PUFA	950 <sup>a</sup>	1140 <sup>b</sup>	1340 <sup>c</sup>	1160	1120	1160	1130
t9, t12-18:2	1.57 <sup>c</sup>	1.15 <sup>b</sup>	0.36 <sup>a</sup>	1.02	1.04	1.02	1.04
c9, t12-18:2	2.90 <sup>c</sup>	2.17 <sup>b</sup>	1.87 <sup>a</sup>	2.29	2.34	2.39	2.23
t9, c12-18:2 <sup>2,3</sup>	1.79 <sup>b</sup>	1.65 <sup>b</sup>	1.47 <sup>a</sup>	1.57 <sup>a</sup>	1.70 <sup>b</sup>	1.64	1.63
Total trans-18:2 <sup>4</sup>	6.25 <sup>c</sup>	4.97 <sup>b</sup>	3.69 <sup>a</sup>	4.87	5.08	5.05	4.90
c9, t11-CLA	3.09 <sup>c</sup>	1.74 <sup>b</sup>	0.97 <sup>a</sup>	1.98	1.89	1.94	1.93
t10, c12-CLA <sup>2</sup>	0.26 <sup>a</sup>	0.30 <sup>b</sup>	0.31 <sup>b</sup>	0.31 <sup>b</sup>	0.27 <sup>a</sup>	0.29	0.30
dtrans-CLA <sup>5</sup>	1.55 <sup>c</sup>	0.94 <sup>b</sup>	0.67 <sup>a</sup>	1.02	1.08	1.08	1.02
Total CLA	4.89 <sup>c</sup>	2.98 <sup>b</sup>	1.95 <sup>a</sup>	3.31	3.24	3.31	3.24
Trans-18:1	30.0 <sup>c</sup>	22.2 <sup>b</sup>	8.8 <sup>a</sup>	20.6	20.2	20.9	19.8
Total trans FA	41.3 <sup>c</sup>	30.1 <sup>b</sup>	14.5 <sup>a</sup>	28.8	28.5	29.3	28.0
Ratio PUFA/SFA	0.88 <sup>a</sup>	1.06 <sup>b</sup>	1.19 <sup>c</sup>	1.05	1.04	1.04	1.05
Ratio n-6/n-3 <sup>2</sup>	17.5 <sup>a</sup>	16.0 <sup>a</sup>	20.7 <sup>b</sup>	27.7 <sup>b</sup>	8.5 <sup>a</sup>	18.2	18.0

FA = fatty acid; SO = sunflower oil; LO = linseed oil; TA =  $\alpha$ -tocopheryl acetate; SFA = saturated fatty acids; MUFA = monounsaturated fatty acids; PUFA = polyunsaturated fatty acids.

<sup>1</sup>Values correspond to least-squares means obtained from multifactor ANOVA ( $n = 48$ ).

<sup>2</sup>Interaction between dose of fat  $\times$  source of fat significant at  $P \leq 0.05$ .  $P$  values were obtained from multifactor ANOVA ( $n = 48$ ).

<sup>3</sup>Interaction between source of fat  $\times$  TA supplementation significant at  $P \leq 0.05$ .  $P$  values were obtained from multifactor ANOVA ( $n = 48$ ).

<sup>4</sup>Interaction between dose of fat  $\times$  source of fat  $\times$  TA supplementation significant at  $P \leq 0.05$ .  $P$  values obtained from multifactor ANOVA ( $n = 48$ ).

<sup>5</sup>Dtrans-CLA: mixture of isomers.

<sup>a,b,c</sup>Within a row, means for a certain factor without a common superscript letter differ ( $P \leq 0.05$ ).  $P$  values were obtained from multifactor ANOVA ( $n = 48$ ). Letters were obtained by means of the Scheffé's test ( $\alpha = 0.05$ ).

**Table 3** Effect of the source and dose of unsaturated fat used to replace beef tallow in feeds on the content of n-6 and n-3 FA in plasma (mg of fatty acid/l of plasma) and liver (mg of fatty acid/100 g of liver)<sup>1</sup>

	Plasma						Liver					
	Significance <sup>2</sup>	3% BT	1.5% SO <sup>3</sup>	3% SO	1.5% LO <sup>3</sup>	3% LO	Significance <sup>2</sup>	3% BT	1.5% SO <sup>3</sup>	3% SO	1.5% LO <sup>3</sup>	3% LO
C18:2n-6	*	420	580	760	520	410	**	680	850	1020	710	800
C18:3n-6	ns	1.51	1.85	2.00	2.24	1.62	ns	1.3	1.8	2.2	1.5	1.5
C20:2n-6	*	7.67	9.40	12.4	6.51	5.42	***	32	33	46	30	27
C20:3n-6	*	5.08	5.64	6.56	4.94	4.30	***	19	22	28	20	20
C20:4n-6	ns	37	46	47	35	35	**	134	174	189	138	136
C22:4n-6	***	3.45	5.12	6.54	2.70	1.37	***	21	27	34	13	9.1
C22:5n-6	**	1.76	2.58	3.08	1.69	1.37	***	13	17	20	9.4	7.3
Total n-6 PUFA	*	470	650	840	570	450	**	900	1120	1340	920	1000
C18:3n-3	***	27	28	29	114	174	***	28	24	21	116	200
C18:4n-3	ns	ND	0.21	1.17	0.26	2.74	***	0.31	0.23	0.17	0.40	0.60
C20:3n-3	***	2.10	1.61	2.32	6.61	10.3	***	3.7	2.3	2.3	16	24
C20:5n-3	***	1.00	0.73	0.32	2.94	4.79	***	2.2	1.5	0.87	7.9	14.4
C22:5n-3	***	2.65	2.41	2.78	7.97	12.4	***	11	8.2	6.4	35	50
C22:6n-3	***	2.55	2.53	2.21	3.51	4.69	***	6.1	5.1	4.5	15	22
Total n-3 PUFA	***	37	34	36	136	205	***	51	42	35	190	310
Total PUFA	ns	530	710	910	630	660	ns	950	1160	1370	1110	1310
Ratio PUFA/SFA	ns	0.74	0.90	1.25	1.05	1.11	ns	0.88	1.07	1.20	1.05	1.18
Ratio n-6/n-3	***	14.1	19.2	25.2	4.2	2.2	***	17.5	27.2	38.3	4.9	3.2

FA = fatty acid; BT = beef tallow; SO = sunflower oil; LO = linseed oil; ND = not detected.

<sup>1</sup>Values correspond to least-squares means obtained from multifactor ANOVA (*n* = 48 for plasma, *n* = 48 for liver).

<sup>2</sup>P values obtained from multifactor ANOVA (*n* = 48 for plasma, *n* = 48 for liver). \**P* ≤ 0.05; \*\**P* ≤ 0.01; \*\*\**P* ≤ 0.001; ns = non-significant.

<sup>3</sup>Total fat added to feeds was completed up to 3% (wt/wt) with BT.

was added to feeds at 1.5% or 3% (wt/wt), linolenic acid and long-chain n-3 PUFA increased in plasma and liver, while the content of some very long-chain n-6 FA (such as C22:4n-6 or C22:5n-6) was concomitantly reduced. For instance, in plasma, C22:5n-3 and C22:6n-3 increased 1.8-fold and 4.7-fold, respectively, when BT (3%, wt/wt) was completely replaced by LO (3%, wt/wt), and there was a 60% and 22% reduction in the content of C22:4n-6 and C22:5n-6 (Table 3). Although the content of C18:2n-6 in feeds and liver was higher in LO than in BT treatments, the linoleic/linolenic acid ratio of LO treatments favored the biosynthesis of long-chain n-3 PUFA by Δ6-desaturase due to its greater affinity for linolenic acid than for linoleic acid. A similar effect of increasing doses of LO in feeds was found in meat FA composition (Tres *et al.*, 2008); however, due to the higher biosynthetic activity of liver, the increases in long-chain n-3 PUFA in liver were greater than in meat, as were the decreases in long-chain n-6 FA. In other animal and human studies, concomitant reductions have also been reported in the content of long-chain n-6 PUFA, as a result of increased biosynthesis of n-3 FA in several tissues due to dietary LO (Cherian *et al.*, 1996; Bernardini *et al.*, 1999; Nuernberg *et al.*, 2005; Arterburn *et al.*, 2006).

Dietary TA supplementation (100 mg/kg) did not affect plasma FA composition, but reduced the content of C18:1n-9 in liver (Table 2). In meat, TA supplementation affected the n-3 FA composition when LO was added at 3% (wt/wt). This effect was attributed to both a protection effect of αT against PUFA oxidation, and to an enhancement of long-

chain PUFA biosynthesis (Tres *et al.*, 2008). These changes on n-3 FA composition were not significant in plasma and liver, although the same tendency was observed. The higher αT content already in livers from non-TA supplemented diets, compared with the corresponding meats, could account for the lack of significance for this interaction. This is in accordance with Surai and Sparks (2000) who, as a result of increased dietary vitamin E, also found increases in long-chain FA content in cockerel meat, testes and cerebellum, but not in liver.

When the FA composition in plasma, liver and meat was compared, some differences were found. The proportions of the different FA varied among the tissues. For instance, in plasma the linoleic/linolenic acid ratio is higher than that found in meat (Tables 1 and 3) (Tres *et al.*, 2008). In liver, linoleic acid content was 1.5-fold higher than in meat, but the content of linolenic acid was only half that in meat (Tables 2 and 3). This could be due to liver preferentially accumulating linoleic acid rather than linolenic acid; to a reduction in the content of linolenic acid due to its preferential use by Δ6-desaturase in the biosynthesis of long-chain PUFA (Burdge and Calder, 2005a); and to preferential use of linolenic acid instead of linoleic acid for β-oxidation (McCloy *et al.*, 2004). Consequently in liver, the ratio between the amount of long-chain n-3 PUFA derived from linolenic acid and the content of linolenic acid was much higher than the ratio between the amount of long-chain n-6 PUFA derived from linoleic acid and the content of linoleic acid (Figure 1). Furthermore, these ratios were higher in

liver than in plasma and meat, which in turn showed similar values. However, the long-chain n-3 PUFA/linolenic acid ratio was slightly higher in plasma. These findings might reflect the different functions of FA in these tissues: FA in muscle have mainly a structural, regulatory and energy function, but liver has a greater biosynthetic function. As plasma transports FA between tissues, its FA composition, and therefore its ratios, were proportionally intermediate between those of liver and meat.

Dietary FA composition determines the FA composition of several tissues, both by direct incorporation of FA from the diet into tissues and also by the induction of some changes in FA metabolism. Dietary recommendations suggest

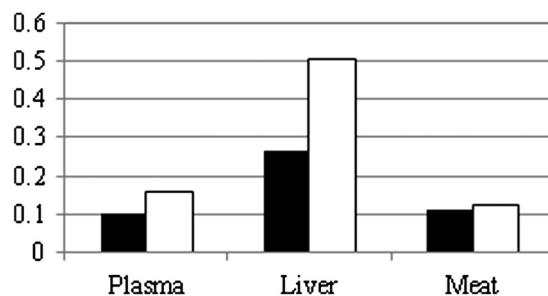
increasing the PUFA/SFA ratio, and decreasing the n-6/n-3 FA ratio of diets to values of 10 to 5 or less (Simopoulos, 2002; Food and Nutrition Board, 2005), as both n-6 and n-3 FA compete for the same enzymes in the production of eicosanoids. In our study, the replacement of BT in feeds by a vegetable fat source led to increases in the PUFA/SFA ratio in plasma, liver and meat. However, the FA composition of tissues was improved when the vegetable fat used was LO, since it decreased the n-6/n-3 FA ratio (Tables 1, 2 and 3). Therefore, rabbit meat FA profile was more nutritionally favorable when LO was used in feeds instead of BT or SO (Tres *et al.*, 2008).

#### Content of $\alpha$ -tocopherol

The content of  $\alpha$ T was higher in supplemented feeds (100 mg TA/kg) than in non-supplemented feeds (124 v. 34 mg of  $\alpha$ T/kg of feed). It was also slightly higher in SO feeds than in LO feeds (81 v. 75 mg of  $\alpha$ T/kg of feed). However, it was not affected by the dose of unsaturated fat used in BT replacement (Tres *et al.*, 2008).

The highest content of  $\alpha$ T was found in liver (9.21 mg/kg), followed by plasma (4.15 mg/l) and meat (2.93 mg/kg).

Dietary supplementation with TA (100 mg/kg) increased the  $\alpha$ T content in rabbit plasma by 2.3-fold, and the content in liver and meat by 3-fold (Table 4), according to previous literature in rabbit (Castellini *et al.*, 1998 and 2001; Oriani *et al.*, 2001; Lo Fiego *et al.*, 2004) and other animal species (Sheehy *et al.*, 1994; Russell *et al.*, 2004; Bou *et al.*, 2006a).



**Figure 1** Ratio between long-chain n-6 fatty acids synthesized from linoleic acid and linoleic acid (in black), and ratio between long-chain n-3 fatty acids synthesized from linolenic acid and linolenic acid (in white), in rabbit plasma, liver and meat.

**Table 4** Content of  $\alpha$ -tocopherol, LHP and TBA values of rabbit plasma, liver and meat depending on the dose and source of n-6- or n-3-rich vegetable fat used to replace beef tallow in feeds, and on dietary supplementation with  $\alpha$ -tocopheryl acetate (100 mg/kg)<sup>1</sup>

	Dose of vegetable fat			Source of fat		TA	
	0%	1.5%	3%	SO	LO	0 mg/kg	100 mg/kg
$\alpha$ -Tocopherol content <sup>2</sup>							
Feed	77.69	77.47	79.87	81.06 <sup>b</sup>	75.60 <sup>a</sup>	32.25 <sup>a</sup>	123.44 <sup>b</sup>
Plasma <sup>5,6</sup>	4.86 <sup>b</sup>	3.84 <sup>a</sup>	3.76 <sup>a</sup>	4.54 <sup>b</sup>	3.76 <sup>a</sup>	2.50 <sup>a</sup>	5.80 <sup>b</sup>
Liver	9.90 <sup>b</sup>	9.24 <sup>ab</sup>	8.48 <sup>b</sup>	9.57 <sup>b</sup>	8.85 <sup>a</sup>	4.55 <sup>a</sup>	13.86 <sup>b</sup>
Meat	3.05	2.95	2.77	3.03	2.82	1.39 <sup>a</sup>	4.46 <sup>b</sup>
LHP value <sup>3</sup>							
Plasma	0.041 <sup>a</sup>	0.041 <sup>a</sup>	0.045 <sup>b</sup>	0.042	0.042	0.042	0.042
Liver	2.00 <sup>a</sup>	4.01 <sup>b</sup>	5.02 <sup>b</sup>	3.65	3.70	4.04	3.31
Meat	0.51 <sup>a</sup>	0.73 <sup>ab</sup>	0.81 <sup>b</sup>	0.65	0.71	0.71 <sup>a</sup>	0.56 <sup>b</sup>
TBA value <sup>4</sup>							
Plasma	ND	ND	ND	ND	ND	ND	ND
Liver	68	72	77	73	73	70	75
Meat <sup>5,6,7,8</sup>	28 <sup>a</sup>	29 <sup>a</sup>	52 <sup>b</sup>	30 <sup>a</sup>	43 <sup>b</sup>	41 <sup>b</sup>	31 <sup>a</sup>

LHP = lipid hydroperoxide; TBA = thiobarbituric acid; SO = sunflower oil; LO = linseed oil; TA =  $\alpha$ -tocopheryl acetate; ND = not detected.

<sup>1</sup>Values correspond to least-squares means obtained from multifactor ANOVA ( $n = 36$  for feeds;  $n = 48$  for plasma, liver and meat).

<sup>2</sup>Content of  $\alpha$ -tocopherol in feed, liver and meat expressed as mg  $\alpha$ -tocopherol/kg of feed, liver or meat; in plasma expressed as mg  $\alpha$ -tocopherol/l of plasma.

<sup>3</sup>LHP value of plasma expressed as mmol CHP eq/l of plasma; in liver and meat expressed as mmol CHP eq/kg of liver or meat.

<sup>4</sup>TBA value in all plasma samples was under the detection limit (13  $\mu$ g malondialdehyde/l of plasma). TBA value in liver and meat expressed as  $\mu$ g malondialdehyde/kg of liver or meat.

<sup>5</sup>Interaction between dose of fat  $\times$  TA supplementation significant at  $P \leq 0.05$ . P values were obtained from multifactor ANOVA ( $n = 48$ ).

<sup>6</sup>Interaction between dose of fat  $\times$  source of fat significant at  $P \leq 0.05$ . P values were obtained from multifactor ANOVA ( $n = 48$ ).

<sup>7</sup>Interaction between source of fat  $\times$  TA supplementation significant at  $P \leq 0.05$ . P values were obtained from multifactor ANOVA ( $n = 48$ ).

<sup>8</sup>Interaction between dose of fat  $\times$  source of fat  $\times$  TA supplementation significant at  $P \leq 0.05$ . P values obtained from multifactor ANOVA ( $n = 48$ ).

<sup>a,b</sup>Within a row, means for a certain factor without a common superscript letter differ ( $P \leq 0.05$ ). P values were obtained from multifactor ANOVA ( $n = 48$ ). Letters were obtained by means of the Scheffé's test ( $\alpha = 0.05$ ), except in plasma LHP value in which Duncan's test was used ( $\alpha = 0.05$ ).

**Table 5** Pearson correlation coefficients between  $\alpha$ -tocopherol content, TBA value and lipid hydroperoxide value in rabbit plasma, liver and meat

		Plasma $\alpha$ T	Liver $\alpha$ T	Meat $\alpha$ T	Plasma LHP	Liver LHP	Meat LHP	Liver TBA	Meat TBA
Plasma $\alpha$ T	r	1	0.939 (0.000)	0.917 (0.000)	-0.047 (0.750)	-0.415 (0.003)	-0.470 (0.001)	0.095 (0.522)	-0.310 (0.032)
	(P)								
	n	48	48	48	48	48	48	48	48
Liver $\alpha$ T	r		1	0.973 (0.000)	-0.064 (0.665)	-0.307 (0.034)	-0.440 (0.002)	0.165 (0.261)	-0.292 (0.044)
	(P)								
	n		48	48	48	48	48	48	48
Meat $\alpha$ T	r			1	-0.068 (0.645)	-0.318 (0.028)	-0.359 (0.012)	0.104 (0.482)	-0.255 (0.080)
	(P)								
	n			48	48	48	48	48	48
Plasma LHP	r				1	0.198 (0.176)	0.033 (0.825)	0.166 (0.258)	0.227 (0.121)
	(P)								
	n				48	48	48	48	48
Liver LHP	r					1	0.480 (0.001)	0.299 (0.039)	0.240 (0.164)
	(P)								
	n					48	48	48	48
Meat LHP	r						1	0.120 (0.415)	0.145 (0.326)
	(P)								
	n						48	48	48
Liver TBA	r							1	0.216 (0.141)
	(P)								
	n							48	48
Meat TBA	r								1
	(P)								
	n								48

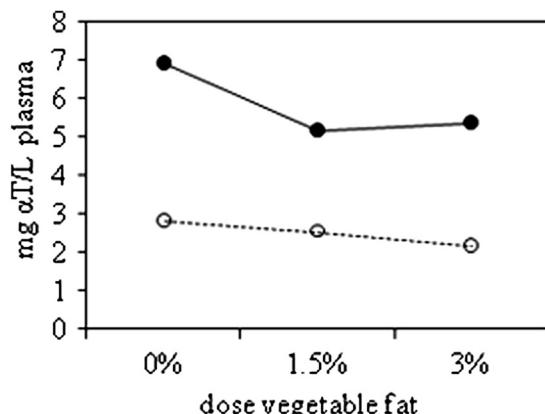
$\alpha$ T =  $\alpha$ -tocopherol; LHP = lipid hydroperoxide value; TBA = thiobarbituric acid value; r = Pearson correlation coefficient.

The P values are stated in parentheses.

Although this increase was proportionally slightly higher in meat than in liver (3.2-fold v. 3-fold), liver from rabbits on TA-supplemented diets presented the highest  $\alpha$ T content (Table 4). This reflects the  $\alpha$ T storage capacity of liver, according to previous studies (Surai and Sparks, 2000; Lo Fiego *et al.*, 2004; Russell *et al.*, 2004). Furthermore, positive correlations were found among the  $\alpha$ T content in plasma, liver and meat (Table 5). This suggests that  $\alpha$ T content in plasma responds to feed  $\alpha$ T content and reflects the  $\alpha$ T status of tissues (Sheehy *et al.*, 1994; Castellini *et al.*, 2001; Oriani *et al.*, 2001).

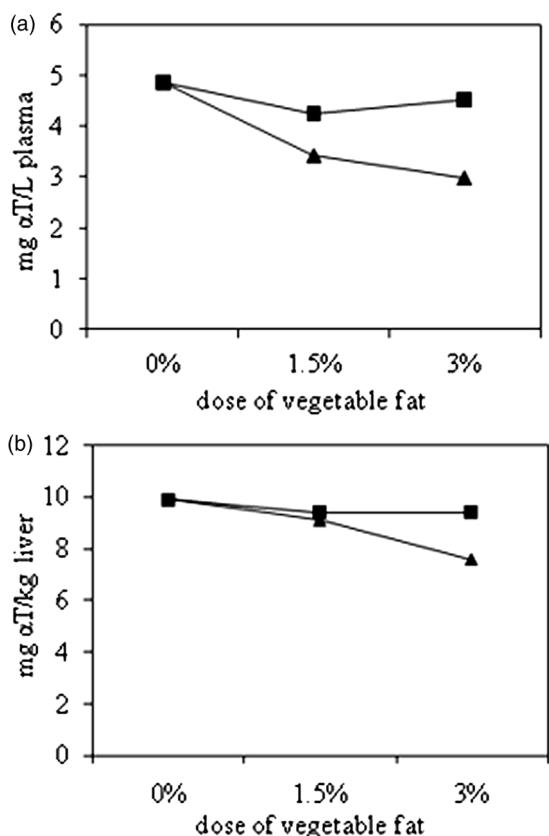
Dietary supplementation with TA (100 mg/kg) increased the  $\alpha$ T content in plasma. However, this  $\alpha$ T content was much higher when BT was not replaced by a vegetable fat, while it reached similar levels when BT was half or completely replaced (Figure 2). The complete replacement of BT by a vegetable fat (regardless of its source) led to a significant reduction in  $\alpha$ T content in plasma from rabbits on non-TA supplemented diets (Figure 2).

For the  $\alpha$ T content in plasma, there was a significant interaction between the doses of vegetable fat used to replace BT in feeds and its source (SO or LO) (Figure 3a). The content of  $\alpha$ T decreased as the dose of vegetable fat increased, but this decrease was more pronounced when LO was used. Indeed, the addition of either 1.5% or 3% (wt/wt) SO to feeds decreased (10%) the plasma  $\alpha$ T content to similar levels. However, when LO was used at 1.5% (wt/wt), the  $\alpha$ T content in plasma was reduced by 30% (compared



**Figure 2** Content of  $\alpha$ -tocopherol in plasma depending on the dose of vegetable fat used to replace beef tallow in feeds and dietary supplementation with  $\alpha$ -tocopheryl acetate (0 mg/kg, discontinuous line – open symbols, or 100 mg/kg, continuous line, bold symbols).

with plasma from BT diets). In contrast, when LO was added at 3% (wt/wt), a 39% reduction in plasma  $\alpha$ T content was found (Figure 3a). Similar results were obtained in liver ( $P = 0.080$ ), in which the lowest  $\alpha$ T content was also encountered in animals on 3% LO diets. All the other treatments led to higher and similar liver  $\alpha$ T content (Figure 3b). These reductions in  $\alpha$ T content were in accordance with the FA composition of tissues which, as discussed above, also depended on the dose and source of n-3- or



**Figure 3** Content of  $\alpha$ -tocopherol in plasma ( $P < 0.05$ ) (a) and liver (b) ( $P = 0.080$ ) depending on the dose of vegetable fat used to replace beef tallow in feeds and the source of n-6- or n-3-rich vegetable fat used (sunflower oil in squares, linseed oil in triangles).

n-6-rich vegetable fat. The amount of unsaturated fat rose as LO increased in feeds. Therefore, the increase of PUFA in tissues, which are more prone to oxidation than SFA or MUFA (Frankel, 1998), might explain these reductions in  $\alpha$ T content. When the source of fat was SO, the effects on  $\alpha$ T content were attenuated, as the FA profile of tissues was less unsaturated than when LO was used. In liver,  $\alpha$ T might be accumulated and released into circulation when the demand for  $\alpha$ T in tissues (i.e. muscles) increases as a result of greater oxidability. This might explain why  $\alpha$ T in meat was not significantly affected by PUFA increases (Tres *et al.*, 2008) than plasma and liver.

#### *Susceptibility to oxidation and oxidation levels in rabbit plasma, liver and meat*

The FOX method applied in this study evaluates the susceptibility of samples to lipid oxidation. It is an induced method that assesses sample oxidability by measuring the LHP formed in the FOX reaction media over time. It has been applied to chicken and rabbit meat (Grau *et al.*, 2000a; Bou *et al.*, 2005 and 2008; Tres *et al.*, 2008), but this is the first time that it has been used on rabbit's plasma and liver samples. Oxidation was assessed by the TBA value, which measures the content of malondialdehyde (MDA, a secondary oxidation compound) in the sample.

Both LHP and TBA values in the different samples decreased in the following order: liver, meat and plasma (Table 4), which was the same as the order for the fat content in the different tissues. Positive correlations were found between the LHP value of liver and the LHP value of meat, and between the TBA and the LHP of liver (Table 5).

Plasma TBA values were below the detection limit in all samples: 13  $\mu$ g of MDA/l of plasma. This low oxidation status of plasma might be related to its high ratio  $\alpha$ T/FA content with respect to fattier tissues, such as liver and meat.

Negative correlations were found between the  $\alpha$ T content of plasma and the LHP value in liver and meat, as well as between plasma  $\alpha$ T content and meat TBA value (Table 5). Therefore, plasma  $\alpha$ T content was a good indicator of meat oxidation and of the susceptibility to oxidation of liver and meat, thus supporting the antioxidant effect of  $\alpha$ T against oxidation.

The dietary supplementation with TA (100 mg/kg) did not significantly modify liver oxidation levels (TBA values) or their susceptibility to oxidation (LHP values) although it tended to be reduced (Table 4), due to the protection effect of the increased  $\alpha$ T content against induced oxidation. In meat, this effect was significant (Tres *et al.*, 2008). Reductions in meat, liver and plasma oxidation and oxidability as a result of TA supplementation have been previously reported in rabbit (Castellini *et al.*, 2001; Oriani *et al.*, 2001; Dal Bosco *et al.*, 2004; Zsedely *et al.*, 2008) and other animals (Monahan *et al.*, 1990; Grau *et al.*, 2001; Bou *et al.*, 2004; Russell *et al.*, 2004).

Plasma and liver susceptibility to oxidation, measured by means of the FOX induced method, was altered by the dose of vegetable fat used to replace BT in feeds (in plasma it was significant when the least-squares means were separated by the Duncan's test, however, the Scheffé's test did not give significant differences) (Table 4). The same tendency was observed for liver TBA value (Table 4). The higher oxidation and lower oxidative stability of tissues as a result of increasing the dose of vegetable fat in feeds could be attributed to the increase in their PUFA content, which are more prone to oxidize than SFA and MUFA (Frankel, 1998). This may have led to lower  $\alpha$ T contents in the studied tissues (as discussed above) (Table 4). Whether this vegetable fat was SO or LO did not affect LHP or TBA values of plasma and liver, although the addition of LO reduced their  $\alpha$ T contents (Table 4). In meat however, LO increased TBA values (Tres *et al.*, 2008). Therefore, although the increase in PUFA in tissues may be interesting from a nutritional point of view, and in the prevention of some chronic diseases (Kinsella *et al.*, 1990; Simopoulos, 1997; Siddiqui *et al.*, 2008), it might cause a reduction in  $\alpha$ T content and an increase in tissue oxidability that should be avoided, due to the negative biological effects that have been described for various oxidation compounds (Guardiola *et al.*, 2002; Niki *et al.*, 2005; Spiteller, 2006).

Rabbit producers should take this into account, because the  $\alpha$ T content usually found in basal diets might not be

enough for preventing oxidation in rabbit tissues, especially when unsaturated fats are added to feeds. The assessment of rabbit plasma  $\alpha$ T content might be indicative of tissue oxidability. Apart from the *in vivo* effects of oxidation in tissues, oxidation might be developed *post mortem*. Oxidation in tissues increases as a result of pre-slaughter stress, slaughtering techniques, *post-mortem* pH, carcass temperature, disruption of cell membranes, as well as during processing and storage, which might reduce their nutritional and sensory quality due to the loss of PUFA and  $\alpha$ T, and the formation of secondary oxidation compounds presenting unpleasant flavors (Gray *et al.*, 1996; Erickson, 2007).

In another part of this study (Tres *et al.*, 2008), cooking of meat and the refrigerated storage of cooked meat, reduced its  $\alpha$ T content and increased its oxidation, reaching the lowest  $\alpha$ T content and the highest increase in oxidation when 3% LO diets had not been supplemented with TA (Tres *et al.*, 2008). Dietary supplementation with 100 mg TA/kg on 3% LO diets, or the addition of 1.5% (wt/wt) LO with or without TA supplementation, diminished this oxidation (Tres *et al.*, 2008).

In summary, the dose of n-6- or n-3-rich vegetable fats and dietary supplementation with TA (100 mg/kg) modified the FA composition, the  $\alpha$ T content, and the oxidative stability of rabbit plasma, liver and meat. The FA composition was modified by the accumulation of FA absorbed from the diet, and by changes in some metabolic pathways due to the dietary treatments. As BT was replaced in feeds with increasing doses of LO (n-3-rich vegetable fat source), the ratio n-6/n-3 was more favored from a nutritional point of view. The n-6/n-3 ratio was decreased due to absorption of linolenic acid from the diet, which led to higher long-chain n-3 FA biosynthesis. However, this increase in plasma, liver and meat unsaturation increased their susceptibility to oxidation, which was prevented by dietary supplementation with TA (100 mg/kg). Therefore, the combination of 1.5% (wt/wt) LO plus 1.5% (wt/wt) BT, and 100 mg of TA/kg of feed is the best diet out of those studied, as it provides a healthier n-6/n-3 ratio in tissues and good protection against oxidation. Furthermore, as significant negative correlations have been encountered between  $\alpha$ T content in plasma and the oxidative stability of tissues, plasma  $\alpha$ T determination could be useful in the assessment of the  $\alpha$ T status and the oxidability of rabbit tissues beforehand.

## Acknowledgements

This work was funded by the Spanish Ministry of Science and Education (MEC) (Research project AGL2003-06559-C02-01 and a Ph.D. grant (FPU) to A. Tres) and by a research grant from Instituto Danone to A. Tres. The authors thank the Department of Animal Science of the Polytechnic University of Valencia for preparing diets, housing animals, and providing slaughtering facilities. They are also grateful to E. Carmona and L. Bourgain for their help in the analyses.

## References

- Arterburn LM, Hall EB and Oken H 2006. Distribution, interconversion, and dose response of n-3 fatty acids in humans. *American Journal of Clinical Nutrition* 83, 1467S–1476S.
- Bernardini M, Dal Bosco A and Castellini C 1999. Effect of dietary n-3/n-6 ratio on fatty acid composition of liver, meat and perirenal fat in rabbits. *Animal Science* 68, 647–654.
- Bou R, Codony R, Baucells MD and Guardiola F 2005. Effect of heated sunflower oil and dietary supplements on the composition, oxidative stability, and sensory quality of dark chicken meat. *Journal of Agricultural and Food Chemistry* 53, 7792–7801.
- Bou R, Codony R, Tres A, Decker EA and Guardiola F 2008. Determination of hydroperoxides in foods and biological samples by the ferrous oxidation-xylanol orange method: a review of the factors that influence the method's performance. *Analytical Biochemistry* 377, 1–15.
- Bou R, Grima S, Baucells MD, Codony R and Guardiola F 2006a. Dose and duration effect of alpha-tocopheryl acetate supplementation on chicken meat fatty acid composition, tocopherol content, and oxidative status. *Journal of Agricultural and Food Chemistry* 54, 5020–5026.
- Bou R, Grima S, Guardiola F, Barroeta AC and Codony R 2006b. Effects of various fat sources, alpha-tocopheryl acetate and ascorbic acid supplements on fatty acid composition and alpha-tocopherol content in raw and vacuum-packed, cooked dark chicken meat. *Poultry Science* 85, 1472–1481.
- Bou R, Guardiola F, Tres A, Barroeta AC and Codony R 2004. Effect of dietary fish oil, alpha-tocopheryl acetate, and zinc supplementation on the composition and consumer acceptability of chicken meat. *Poultry Science* 83, 282–292.
- Burdge GC and Calder PC 2005a. Alpha-linolenic acid metabolism in adult humans: the effects of gender and age on conversion to longer-chain polyunsaturated fatty acids. *European Journal of Lipid Science and Technology* 107, 426–439.
- Burdge GC and Calder PC 2005b. Conversion of alpha-linolenic acid to longer-chain polyunsaturated fatty acids in human adults. *Reproduction Nutrition Development* 45, 581–597.
- Castellini C, Dal Bosco A and Bernardini M 2001. Improvement of lipid stability of rabbit meat by vitamin E and C administration. *Journal of the Science of Food and Agriculture* 81, 46–53.
- Castellini C, Dal Bosco A, Bernardini M and Cyril HW 1998. Effect of dietary vitamin E on the oxidative stability of raw and cooked rabbit meat. *Meat Science* 50, 153–161.
- Cherian G and Sim JS 1995. Dietary alpha-linolenic acid alters the fatty acid composition of lipid classes in swine tissues. *Journal of Agricultural and Food Chemistry* 43, 2911–2916.
- Cherian G, Wolfe FW and Sim JS 1996. Dietary oils with added tocopherols: effects on egg or tissue tocopherols, fatty acids, and oxidative stability. *Poultry Science* 75, 423–431.
- Corino C, Lo Fiego DP, Macchioni P, Pastorelli G, Di Giancamillo A, Domeneghini C and Rossi R 2007. Influence of dietary conjugated linoleic acids and vitamin E on meat quality, and adipose tissue in rabbits. *Meat Science* 76, 19–28.
- Dal Bosco A, Castellini C, Bianchi L and Mugnai C 2004. Effect of dietary  $\alpha$ -linolenic acid and vitamin E on the fatty acid composition, storage stability and sensory traits of rabbit meat. *Meat Science* 66, 407–413.
- Dalle Zotte A 2002. Perception of rabbit meat quality and major factors influencing the rabbit carcass and meat quality. *Livestock Production Science* 75, 11–32.
- D'Arrigo M, Hoz L, Lopez-Bote CJ, Cambero MI, Pin C and Ordóñez JA 2002. Effect of dietary linseed oil on pig hepatic tissue fatty acid composition and susceptibility to lipid peroxidation. *Nutrition Research* 22, 1189–1196.
- Enser M, Richardson RI, Wood JD, Gill BP and Sheard PR 2000. Feeding linseed to increase the n-3 PUFA of pork: fatty acid composition of muscle, adipose tissue, liver and sausages. *Meat Science* 55, 201–212.
- Erickson MC 2007. Lipid oxidation of muscle foods. In *Food lipids: chemistry, nutrition and biotechnology* (ed. CC Akoh and DB Min), pp. 321–364. CRC Press, Boca Raton, FL.
- Food and Nutrition Board 2005. Dietary reference intakes for energy, carbohydrate, fiber, fat, fatty acids, cholesterol, protein and amino acids (macronutrients). The National Academies Press, Washington, DC.

## Effect of dietary fats and tocopherol on tissues

- Food Standards Agency 2002. McCance and Widdowson's The Composition of Foods, 6th edition. Royal Society of Chemistry, Cambridge, UK.
- Frankel EN 1998. Lipid oxidation. The Oily Press Ltd, Dundee, UK.
- Gigaud V and Combes S 2008. The effect of decreasing the omega 6/omega 3 ratio in feed on fatty acid content of rabbit meat to meet human dietary recommendations. In Book of Abstracts of the 9th World Rabbit Congress, Verona, Italy, pp. 1353–1357.
- Grau A, Codony R, Rafecas M, Barroeta AC and Guardiola F 2000a. Lipid hydroperoxide determination in dark chicken meat through a ferrous oxidation–xylene orange method. *Journal of Agricultural and Food Chemistry* 48, 4136–4143.
- Grau A, Guardiola F, Boatella J, Barroeta AC and Codony R 2000b. Measurement of 2-thiobarbituric acid values in dark chicken meat through derivative spectrophotometry: influence of various parameters. *Journal of Agricultural and Food Chemistry* 48, 1155–1159.
- Grau A, Guardiola F, Grimpa S, Barroeta AC and Codony R 2001. Oxidative stability of dark chicken meat through frozen storage: influence of dietary fat and alpha-tocopherol and ascorbic acid supplementation. *Poultry Science* 80, 1630–1642.
- Gray JL, Gomaa EA and Buckley DJ 1996. Oxidative quality and shelf life of meats. *Meat Science* 43, S111–S123.
- Guardiola F, Codony R, Rafecas M, Boatella J and Lopez A 1994. Fatty acid composition and nutritional value of fresh eggs, from large- and small-scale farms. *Journal of Food Composition and Analysis* 7, 171–188.
- Guardiola F, Dutta PC, Codony R and Savage GP 2002. Cholesterol and phytosterol oxidation products: analysis, occurrence, and biological effects. AOCS Press, Champaign, IL.
- Hoz L, Lopez-Bote CJ, Cambero MI, D'Arrigo M, Pin C, Santos C and Ordonez JA 2003. Effect of dietary linseed oil and alpha-tocopherol on pork tenderloin (*psoas major*) muscle. *Meat Science* 65, 1039–1044.
- Kinsella JE, Lokesh B and Stone RA 1990. Dietary n-3 polyunsaturated fatty acids and amelioration of cardiovascular disease: possible mechanisms. *American Journal of Clinical Nutrition* 52, 1–28.
- Lo Fiego DP, Santoro P, Macchioni P, Mazzoni D, Piattoni F, Tassone F and De Leonibus E 2004. The effect of dietary supplementation of vitamins C and E on the alpha-tocopherol content of muscles, liver and kidney, on the stability of lipids, and on certain meat quality parameters of the *longissimus dorsi* of rabbits. *Meat Science* 67, 319–327.
- Maertens L, Huyghebaert G and Delezie E 2008. Fatty acid composition of rabbit meat when fed a linseed based diet during different periods after weaning. In Book of Abstracts of the 9th World Rabbit Congress, Verona, Italy, pp. 1381–1386.
- McCloy U, Ryan MA, Pencharz PB, Ross RJ and Cunnane SC 2004. A comparison of the metabolism of eighteen-carbon 13C-unsaturated fatty acids in healthy women. *Journal of Lipid Research* 45, 474–485.
- Monahan FJ, Buckley DJ, Gray JL, Morrissey PA, Asghar A, Hanrahan TJ and Lynch PB 1990. Effect of dietary vitamin E on the stability of raw and cooked pork. *Meat Science* 27, 99–108.
- Nettleton JA 1991. Omega-3 fatty acids: comparison of plant and seafood sources in human nutrition. *Journal of the American Dietetic Association* 91, 331–337.
- Niki E, Yoshida Y, Saito Y and Noguchi N 2005. Lipid peroxidation: mechanisms, inhibition, and biological effects. *Biochemical and Biophysical Research Communications* 338, 668–676.
- Nourooz-Zadeh J, Tajaddini-Sarmadi J and Wolff SP 1994. Measurement of plasma hydroperoxide concentrations by the ferrous oxidation–xylene orange assay in conjunction with triphenylphosphine. *Analytical Biochemistry* 220, 403–409.
- Nuernberg K, Fischer K, Nuernberg G, Kuechenmeister U, Klosowska D, Eliminowska-Wenda G, Fiedler I and Eder K 2005. Effects of dietary olive and linseed oil on lipid composition, meat quality, sensory characteristics and muscle structure in pigs. *Meat Science* 70, 63–74.
- Oriani G, Corino C, Pastorelli G, Pantaleo L, Ritieni A and Salvatori G 2001. Oxidative status of plasma and muscle in rabbits supplemented with dietary vitamin E. *Journal of Nutritional Biochemistry* 12, 138–143.
- Pla M and Cervera C 1997. Carcass and meat quality of rabbits given diets having a high level of vegetable or animal fat. *Animal Science* 65, 299–303.
- Russell EA, Lynch PB, O'Sullivan K and Kerry JP 2004. Dietary supplementation of alpha-tocopherol acetate on alpha-tocopherol levels in duck tissues and its influence on meat storage stability. *International Journal of Food Science and Technology* 39, 331–340.
- Sessler AM, Kaur N, Palta JP and Ntambi JM 1996. Regulation of stearoyl-CoA desaturase 1 mRNA stability by polyunsaturated fatty acids in 3T3-L1 adipocytes. *Journal of Biological Chemistry* 271, 29854–29858.
- Sheehy PJA, Morrissey PA and Flynn A 1994. Consumption of thermally-oxidized sunflower oil by chicks reduces alpha-tocopherol status and increases susceptibility of tissues to lipid oxidation. *British Journal of Nutrition* 71, 53–65.
- Siddiqui RA, Harvey KA and Zaloga GP 2008. Modulation of enzymatic activities by n-3 polyunsaturated fatty acids to support cardiovascular health. *Journal of Nutritional Biochemistry* 19, 417–437.
- Simopoulos AP 1997. Essential fatty acids in health and chronic disease. *Food Reviews International* 13, 623–631; *American Journal of Clinical Nutrition*, vol. 70, no. 3, 560S–569S, September 1999.
- Simopoulos AP 2002. The importance of the ratio of omega-6/omega-3 essential fatty acids. *Biomedicine & Pharmacotherapy* 56, 365–379.
- Sodergren E, Nourooz-Zadeh J, Berglund L and Vessby B 1998. Re-evaluation of the ferrous oxidation in xylene orange assay for the measurement of plasma lipid hydroperoxides. *Journal of Biochemical and Biophysical Methods* 37, 137–146.
- Spiteller G 2006. Peroxyl radicals: inductors of neurodegenerative and other inflammatory diseases. Their origin and how they transform cholesterol, phospholipids, plasmalogens, polyunsaturated fatty acids, sugars, and proteins into deleterious products. *Free Radical Biology and Medicine* 41, 362–387.
- Surai PF and Sparks NHC 2000. Tissue-specific fatty acid and alpha-tocopherol profiles in male chickens depending on dietary tuna oil and vitamin E provision. *Poultry Science* 79, 1132–1142.
- Tres A, Bou R, Codony C and Guardiola F 2008. Influence of different dietary doses of n-3- or n-6-rich vegetable fats and alpha-tocopherol acetate supplementation on raw and cooked rabbit meat composition and oxidative stability. *Journal of Agricultural and Food Chemistry* 56, 7243–7253.
- VanderJagt DJ, Harrison JM, Ratliff DM, Hunsaker LA and VanderJagt DL 2001. Oxidative stress indices in IDDM subjects with and without long-term diabetic complications. *Clinical Biochemistry* 34, 265–270.
- Wood JD and Enser M 1997. Factors influencing fatty acids in meat and the role of antioxidants in improving meat quality. *British Journal of Nutrition* 78, S49–S60.
- Wood JD, Richardson RI, Nute GR, Fisher AV, Campo MM, Kasapidou E, Sheard PR and Enser M 2003. Effects of fatty acids on meat quality: a review. *Meat Science* 66, 21–32.
- Zsedely E, Toth T, Eiben C, Virág G, Fabian J and Schmidt J 2008. Effect of dietary vegetable oil (sunflower, linseed) and vitamin E supplementation on the fatty acid composition, oxidative stability and quality of rabbit meat. In Book of Abstracts of the 9th World Rabbit Congress, Verona, Italy, pp. 1473–1477.