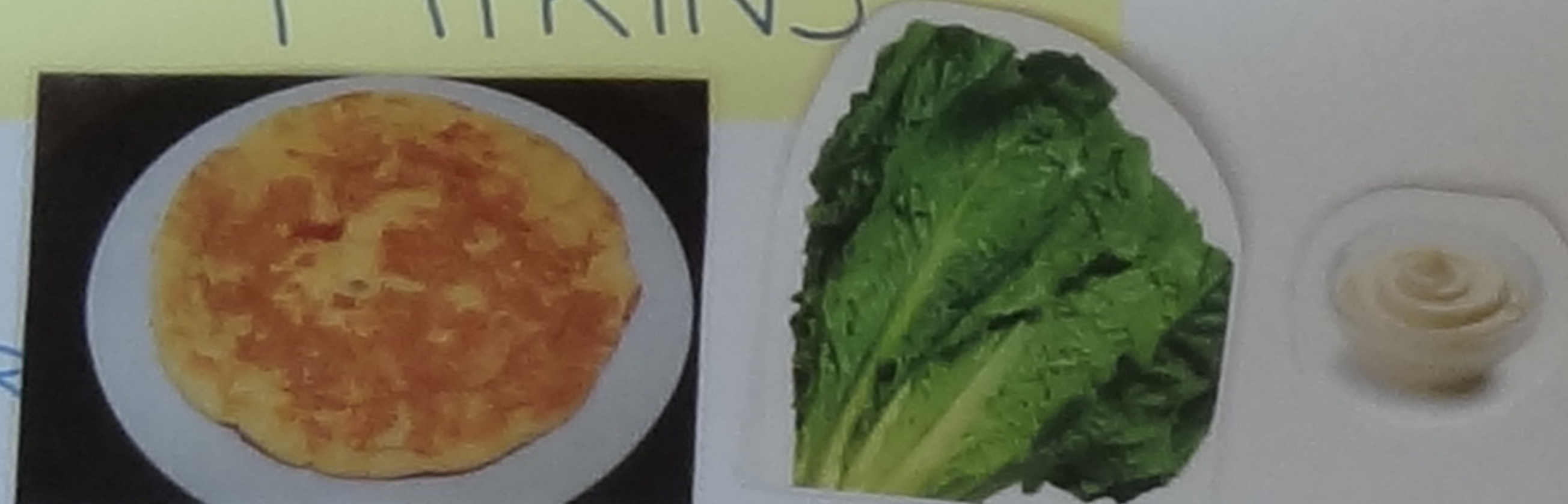
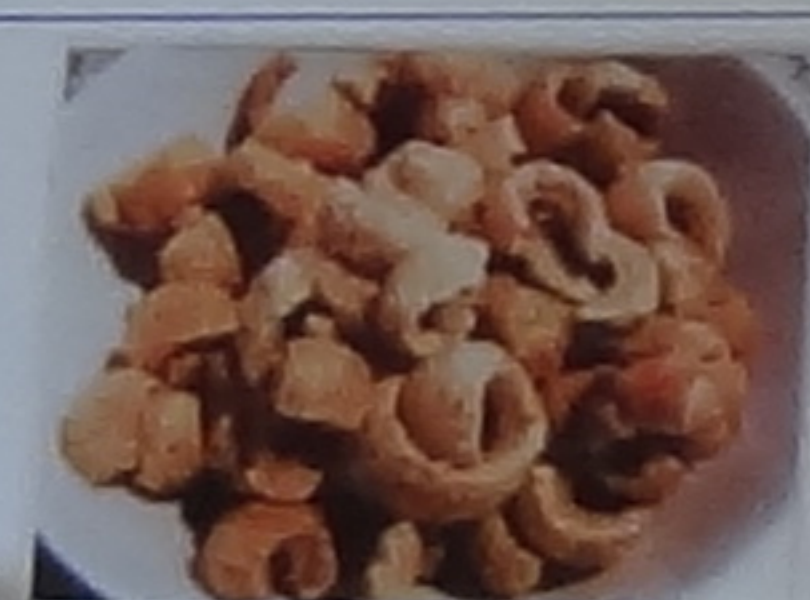


ATKINS

ESMORZAR



MIG-MATÍ



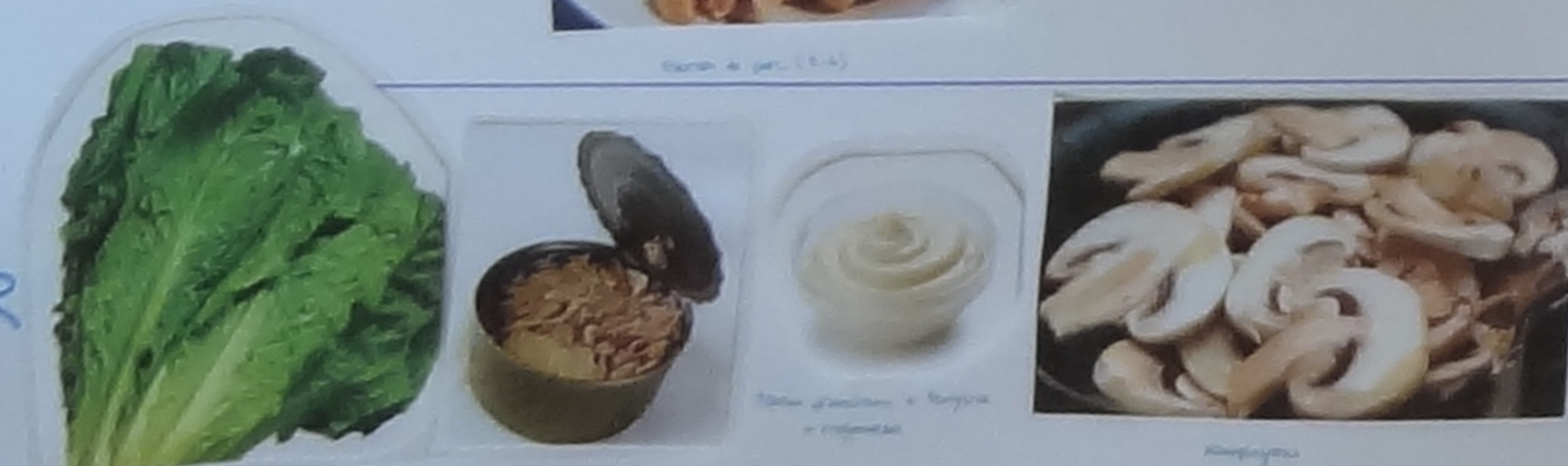
DINAR



BERENAR

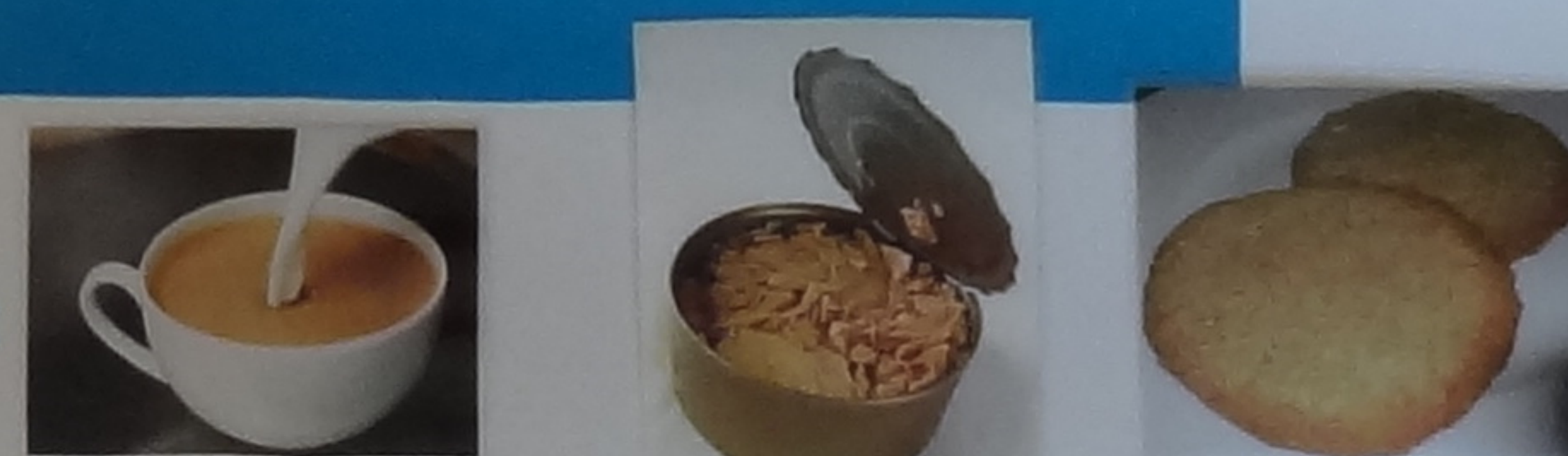


SOPAR

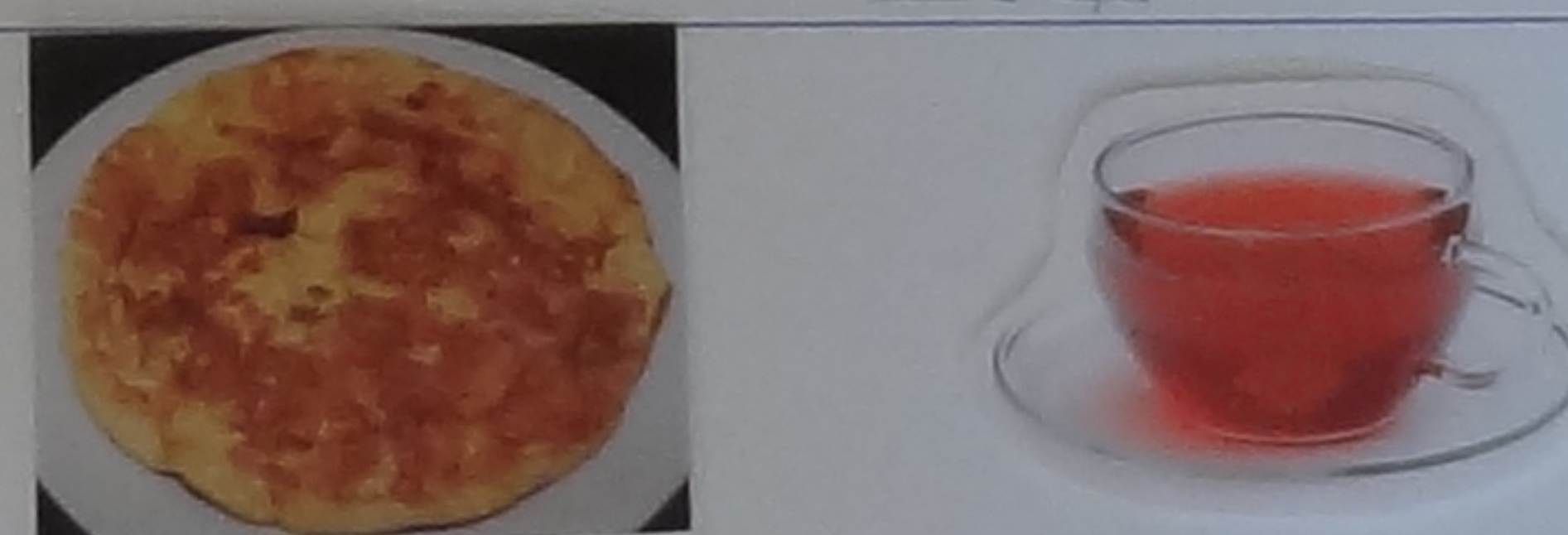


DUKAN

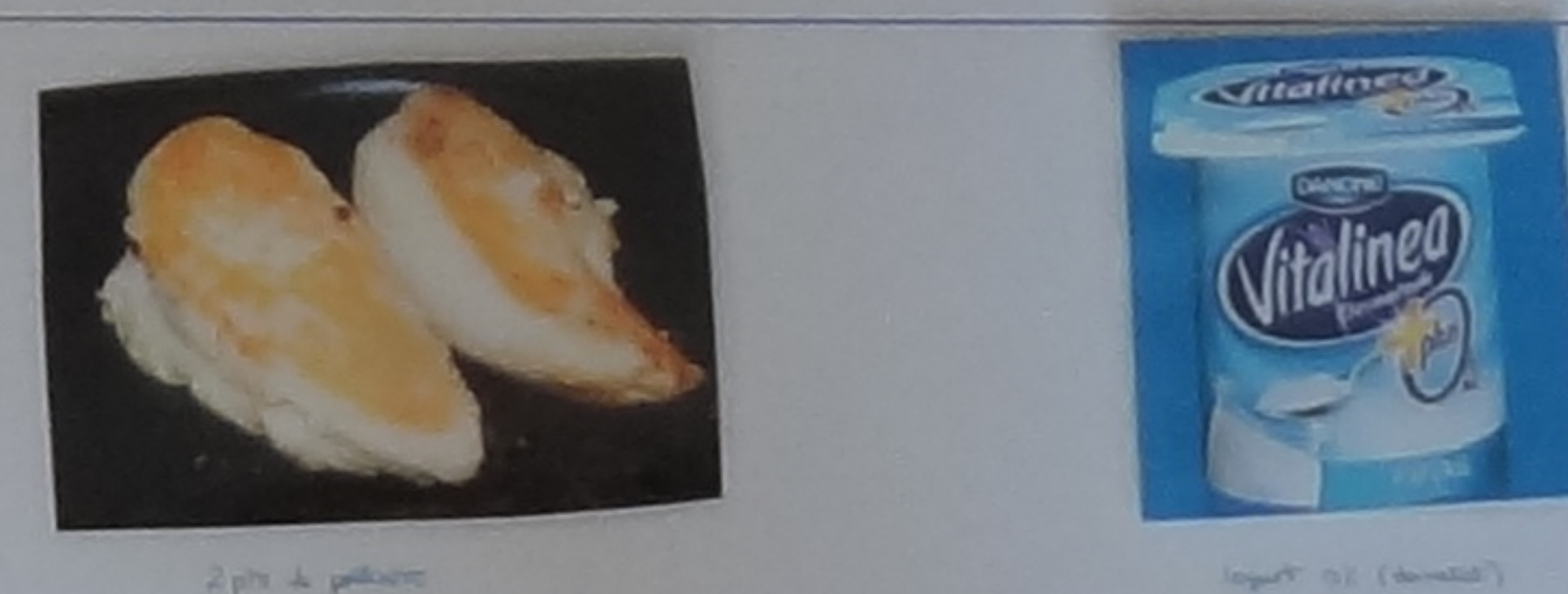
ESMORZAR



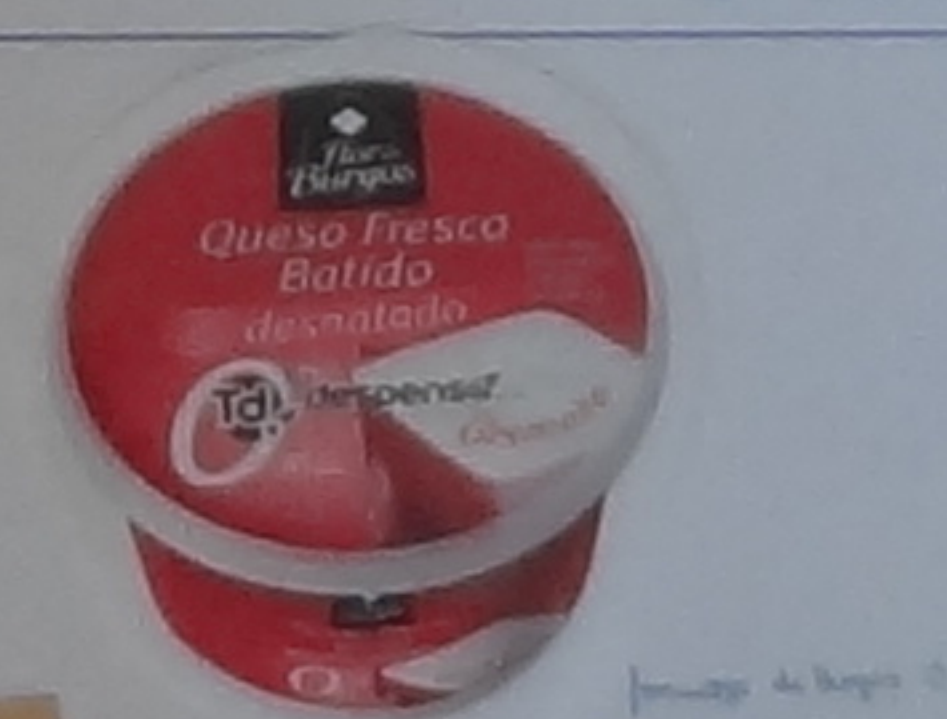
MIG-MATÍ



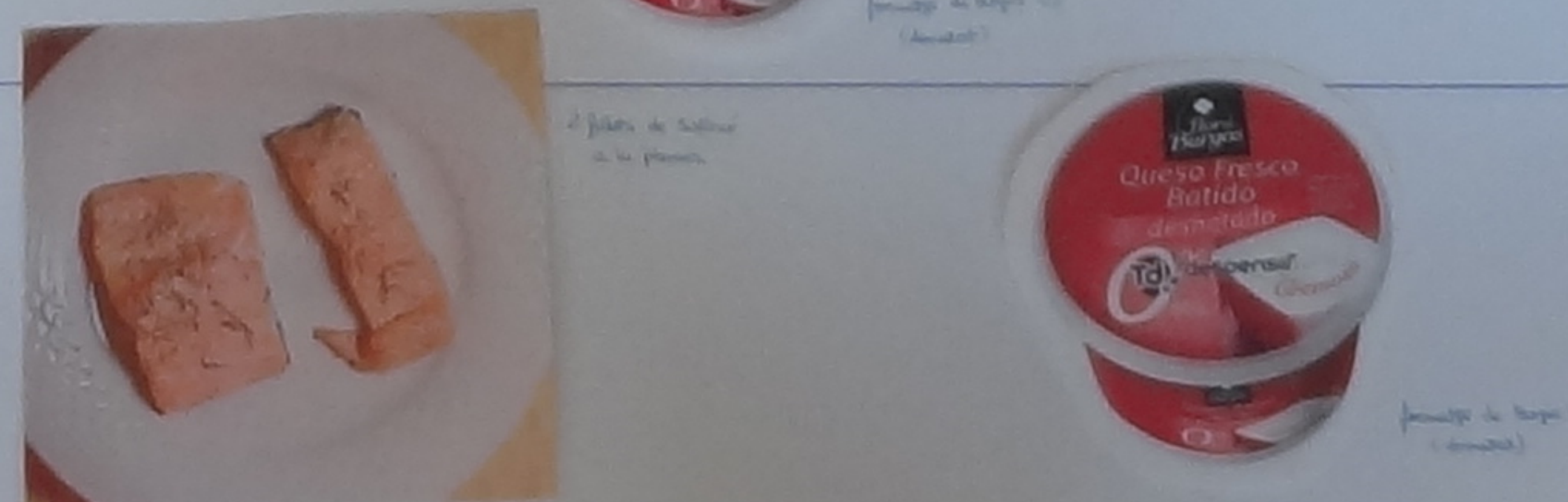
DINAR



BERENAR



SOPAR



CLÍNICA MAYO

ESMORZAR



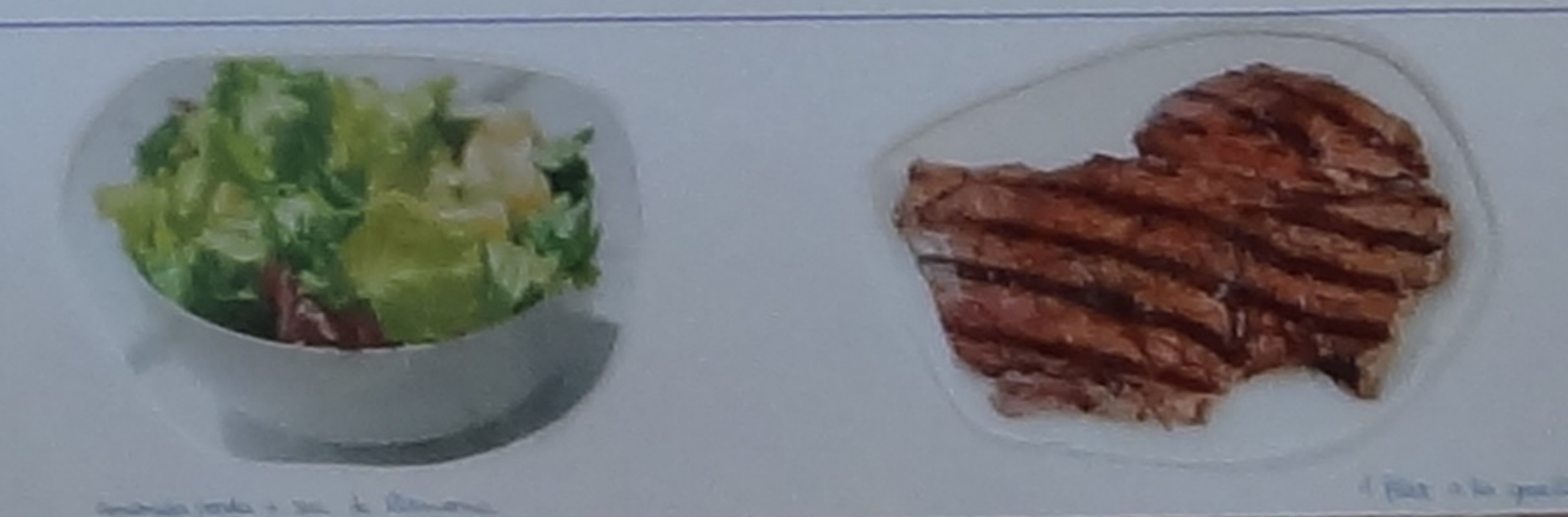
MIG-MATÍ



DINAR

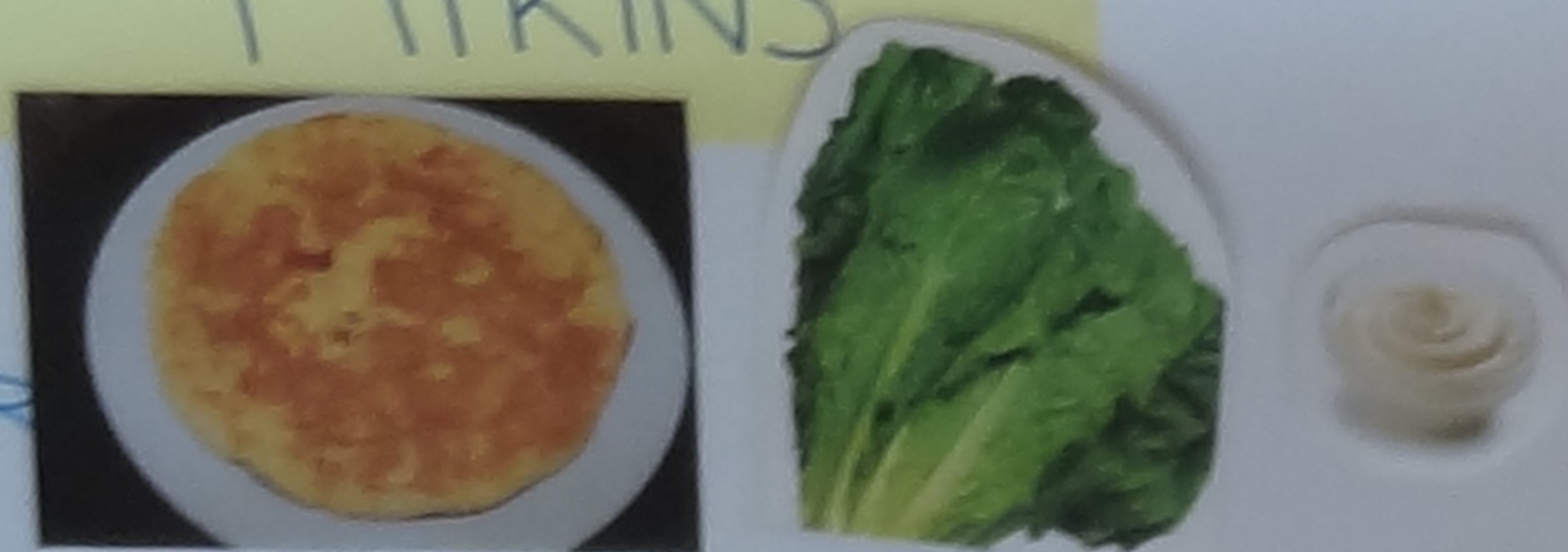
BERENAR

SOPAR



ATKINS

ESMORZAR



MIG-MATÍ



DINAR



BERENAR



SOPAR

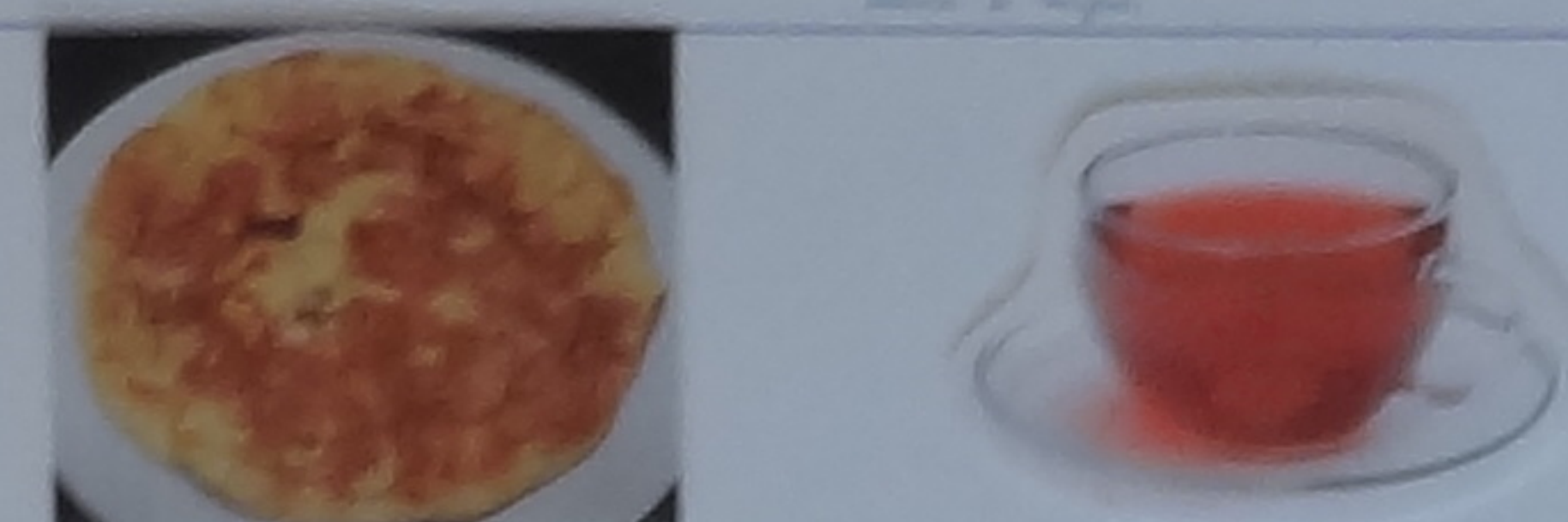


DUKAN

ESMORZAR



MIG-MATÍ



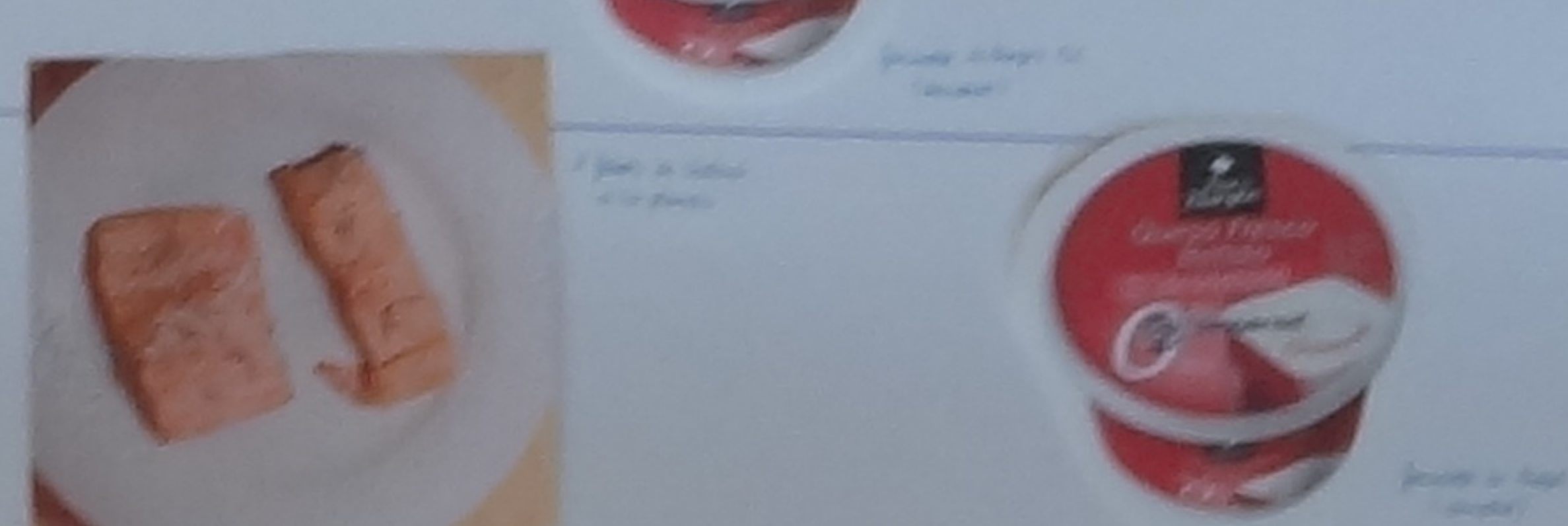
DINAR



BERENAR



SOPAR



CLÍNICA MAYO

ESMORZAR



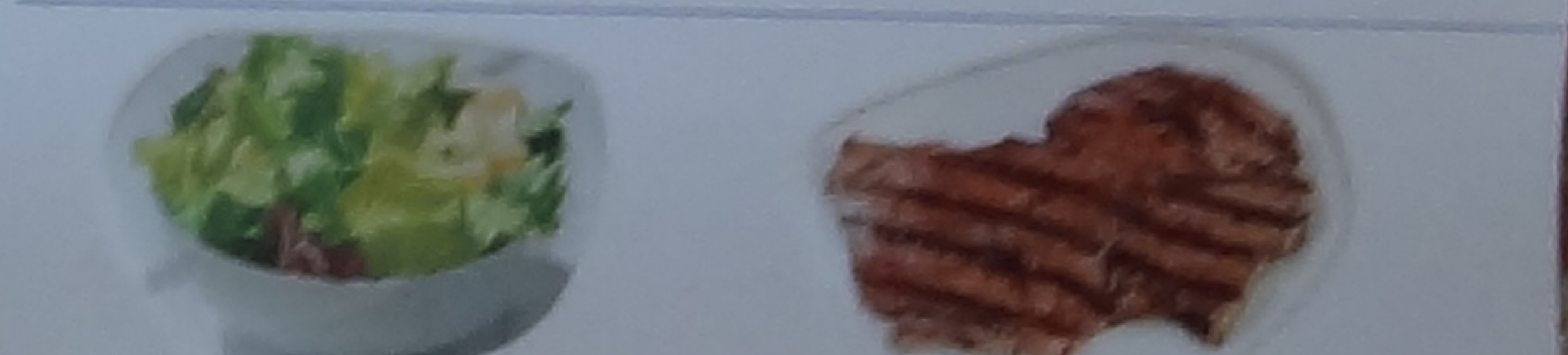
MIG-MATÍ



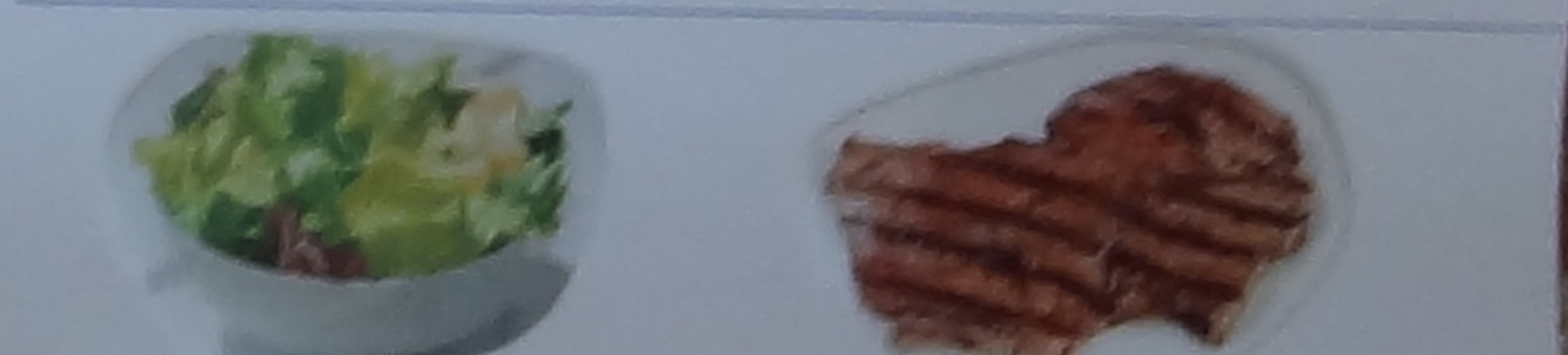
DINAR



BERENAR



SOPAR



ATKINS

ESMORZAR



truita de 2-3 ous



tassa d'enciam + maionesa



MIG-MATÍ

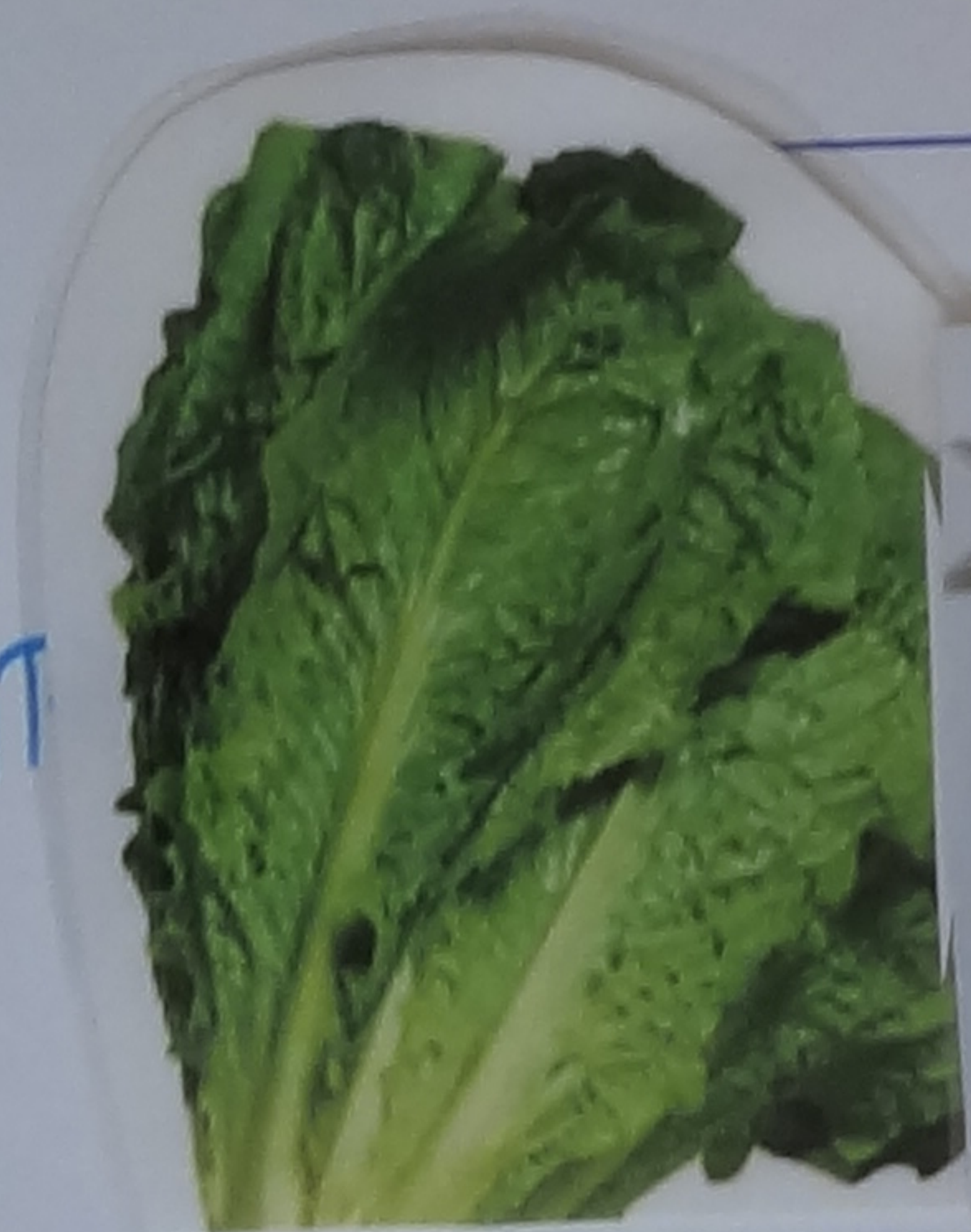


escorrons de porc



tassa d'enciam + sardines + maionesa

DINAR



1 ou dur



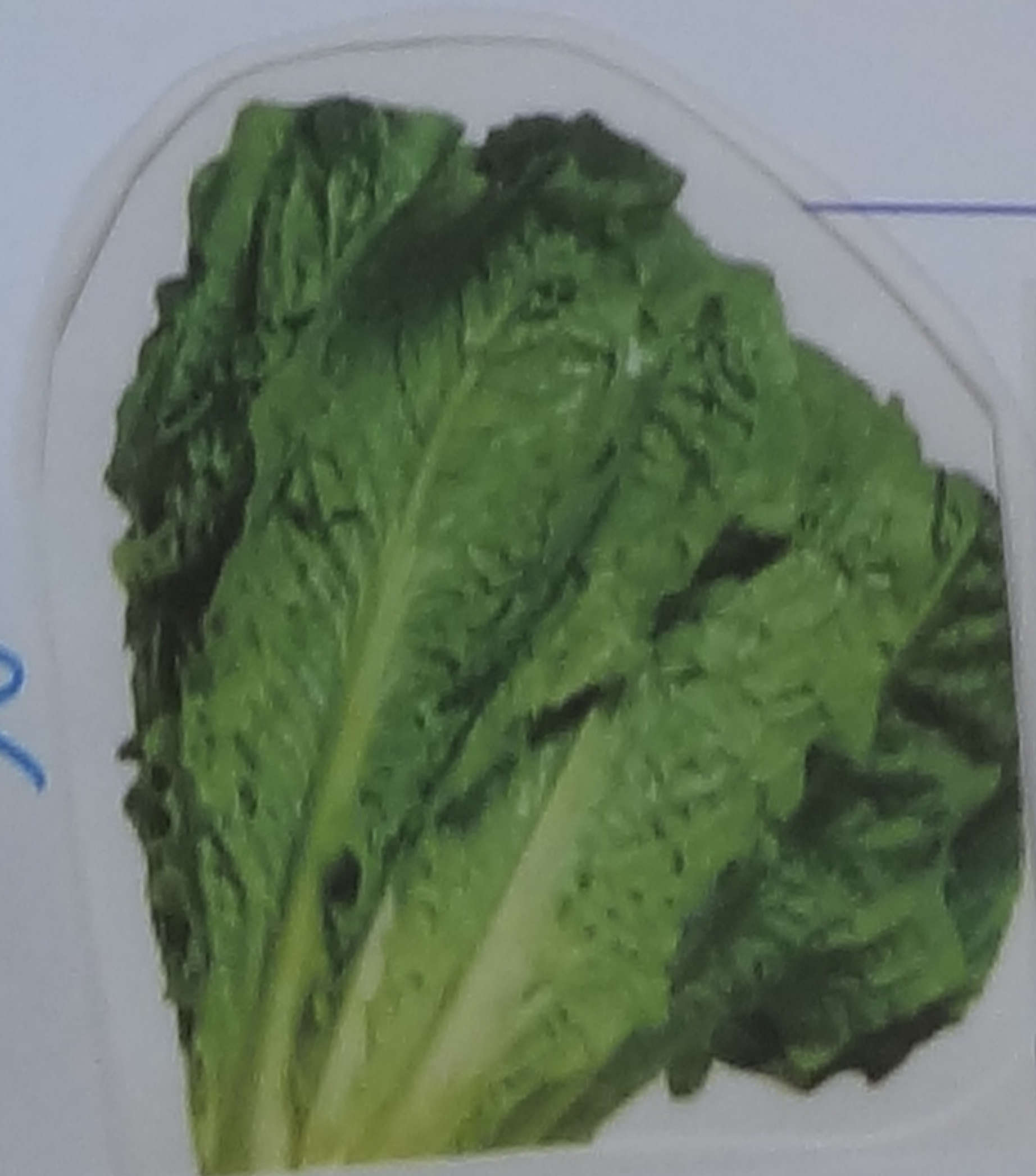
1 tros de carn (pollastre)

BERENAR



escorrons de porc (5-6)

SOPAR



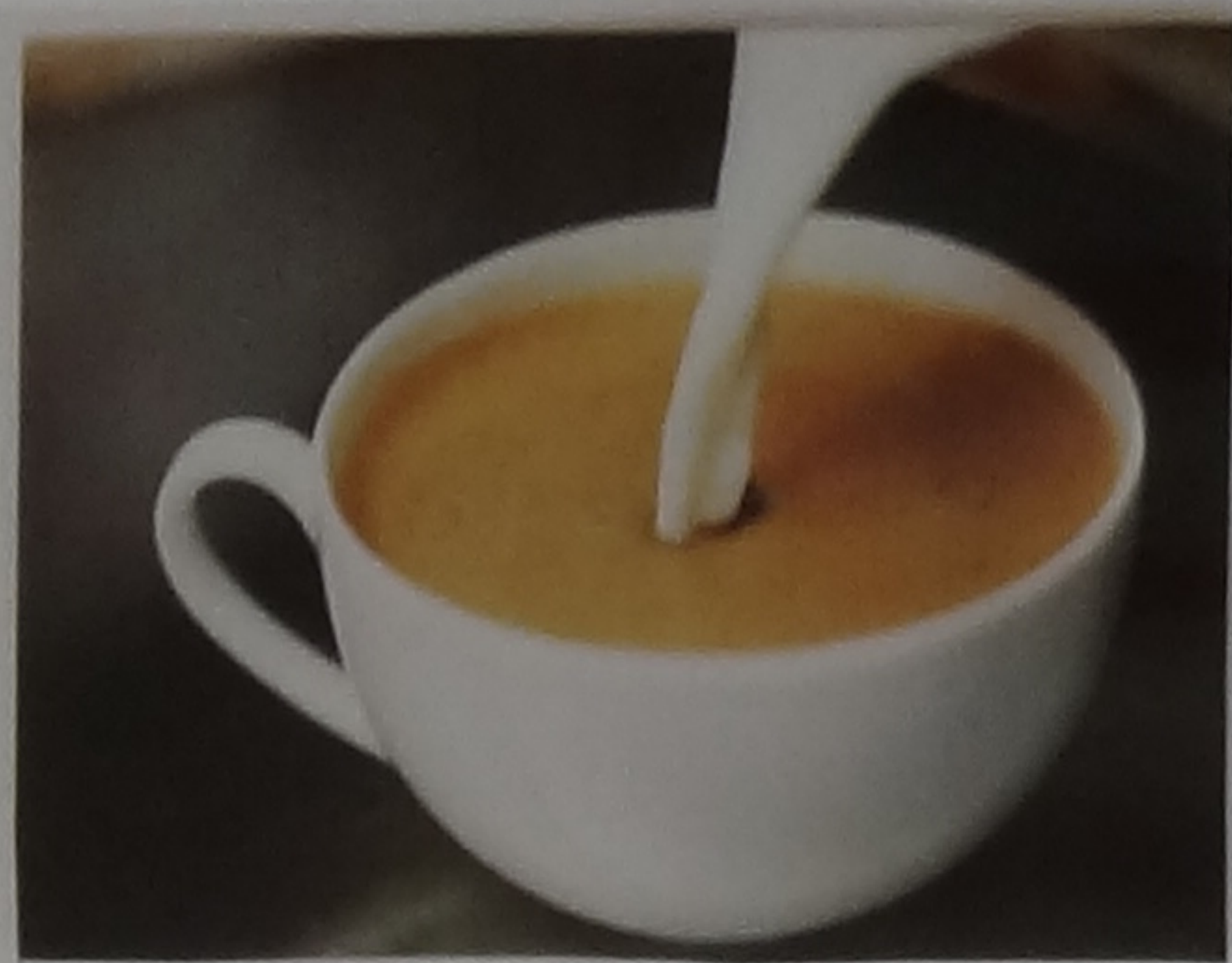
tassa d'enciam + tongina + maionesa



campinyons

DUKAN

ESMORZAR



café amb llet



ollama de tongue



coca de civada

MIG-MATÍ



trita francesa



te vermell

DINAR

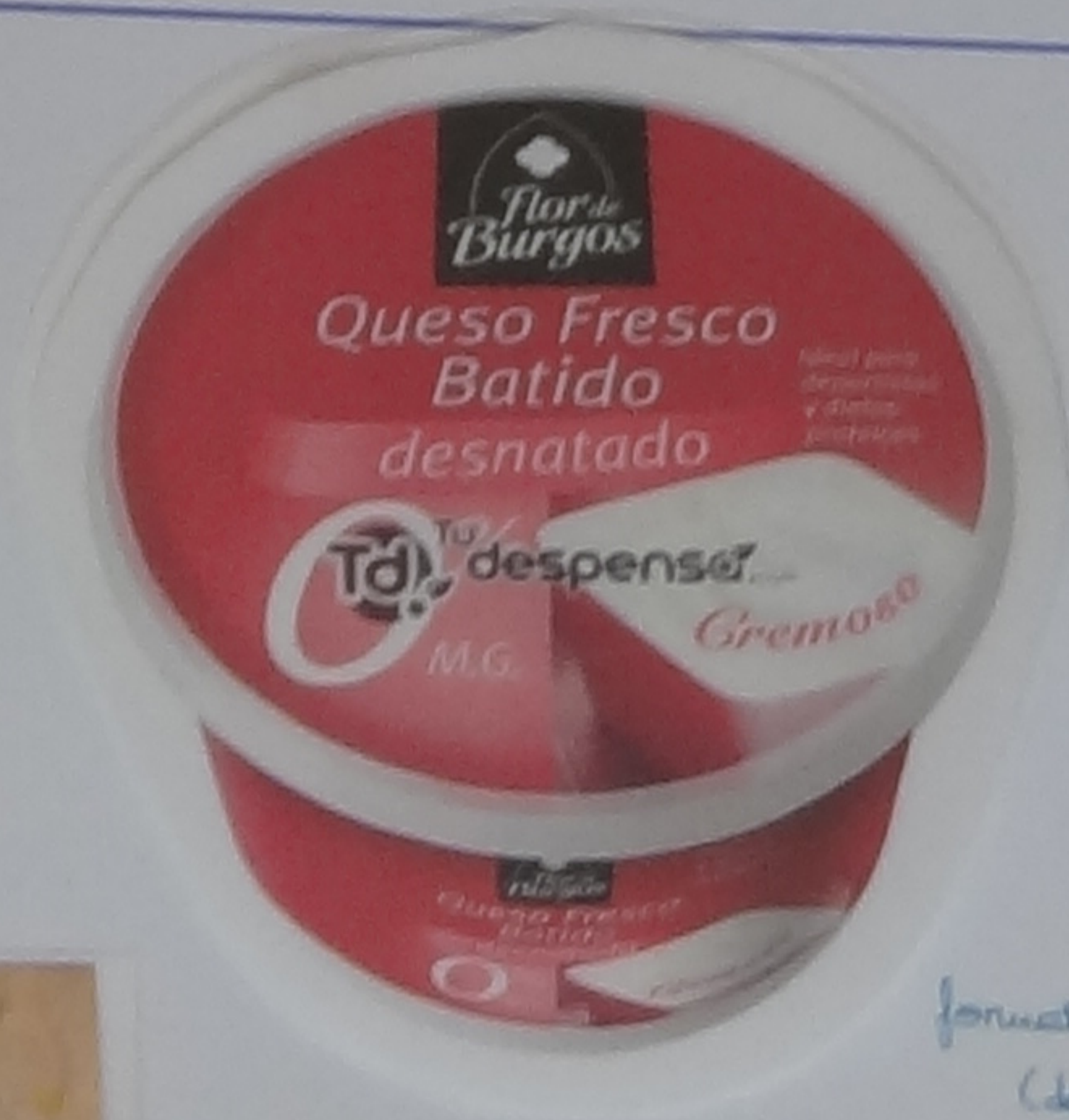


2 pits de pollastre



iogurt 0% (desnatat)

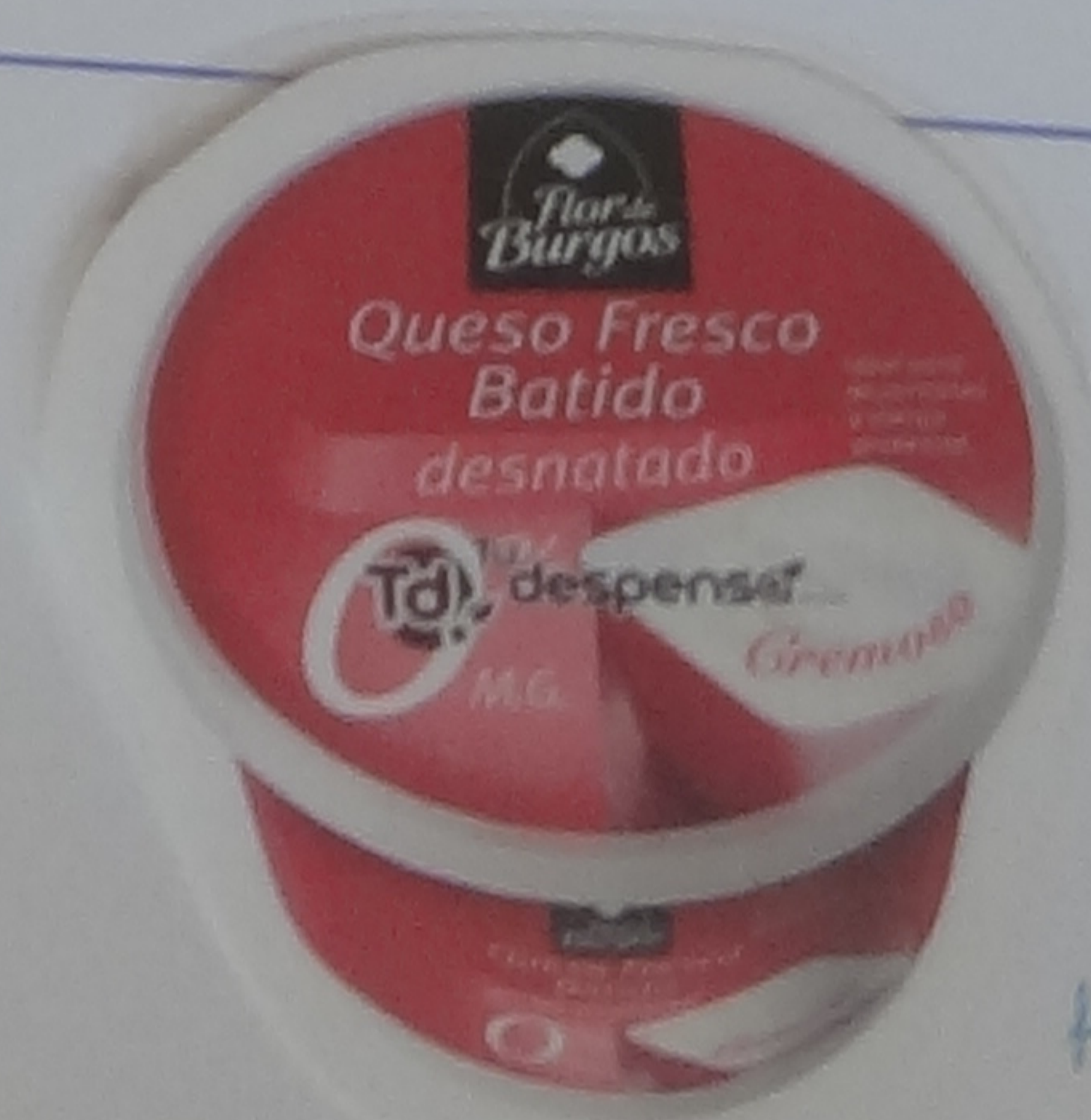
BERENAR



formatge de Burgos 0% (desnatat)



2 filets de salmó a la planxa



formatge de Burgos 0% (desnatat)

SOPAR

CLÍNICA MAYO

ESMORZAR



café sol sense sucre



1/2aranja



2ous durs

MIG-MATÍ

DINAR



2ous durs + espinales



1tomàquet



café sol sense sucre

BERENAR

SOPAR



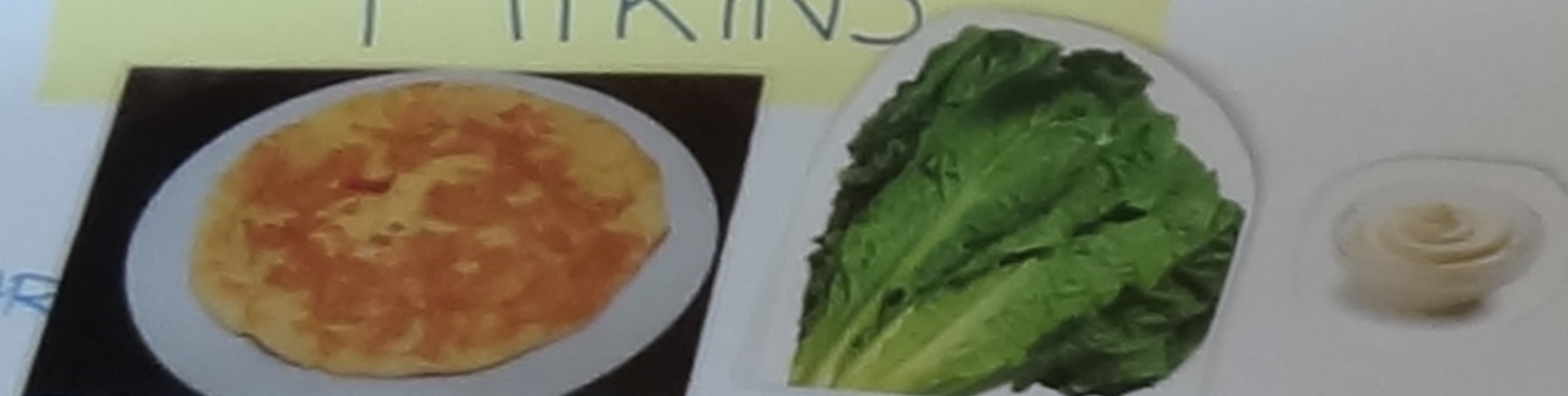
amanida verda + suc de llimona



1 filet a la graella

ATKINS

ESMORZAR



MIG-MATÍ



DINAR



BERENAR



SOPAR



DUKAN

ESMORZAR



MIG-MATÍ



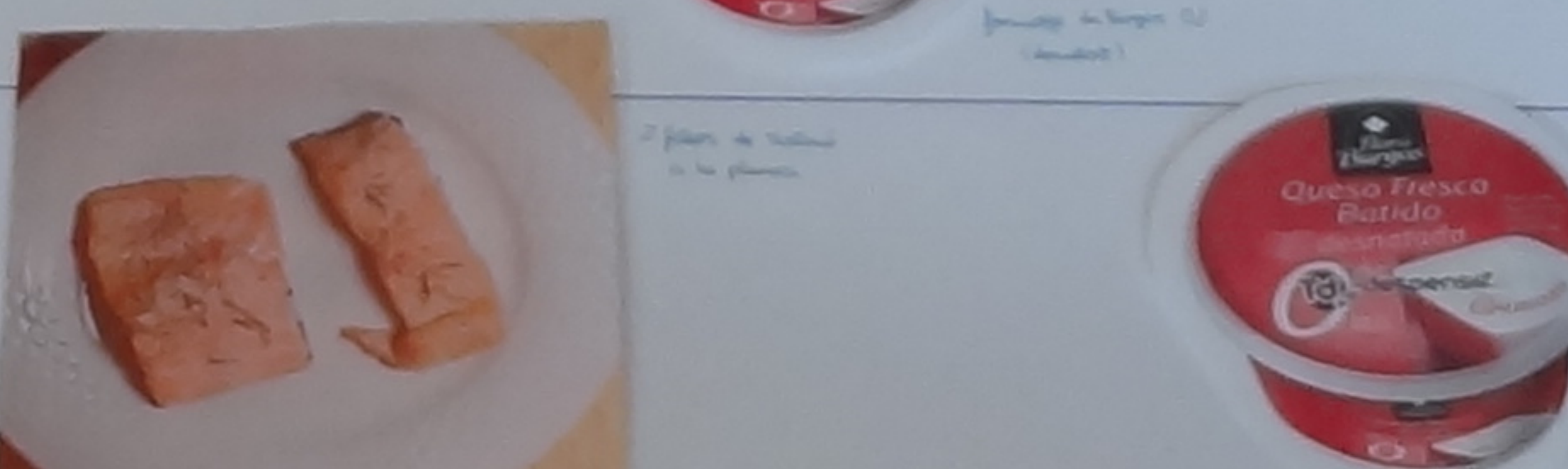
DINAR



BERENAR



SOPAR



CLÍNICA MAYO

ESMORZAR



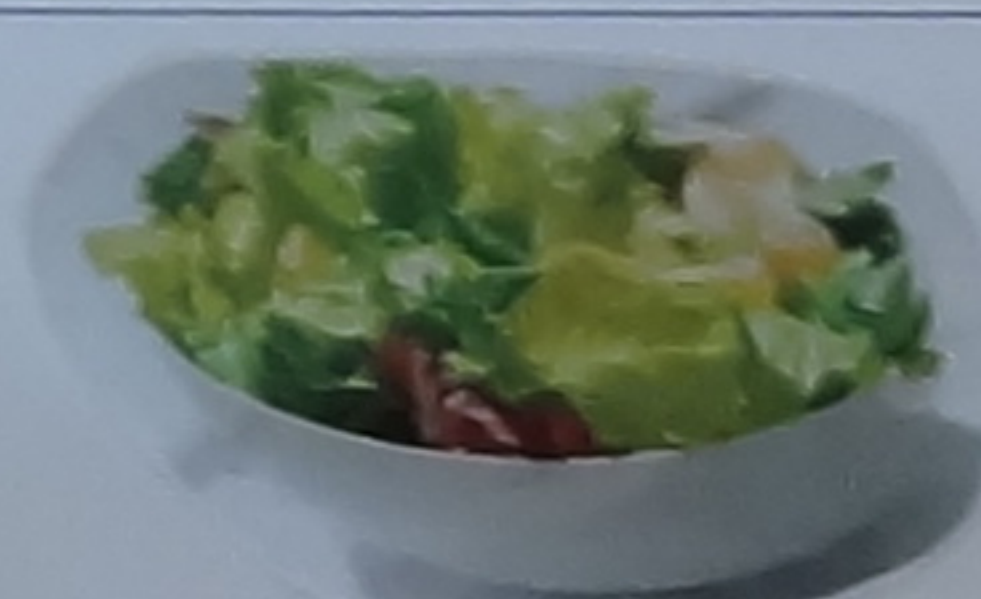
MIG-MATÍ



DINAR



BERENAR



SOPAR

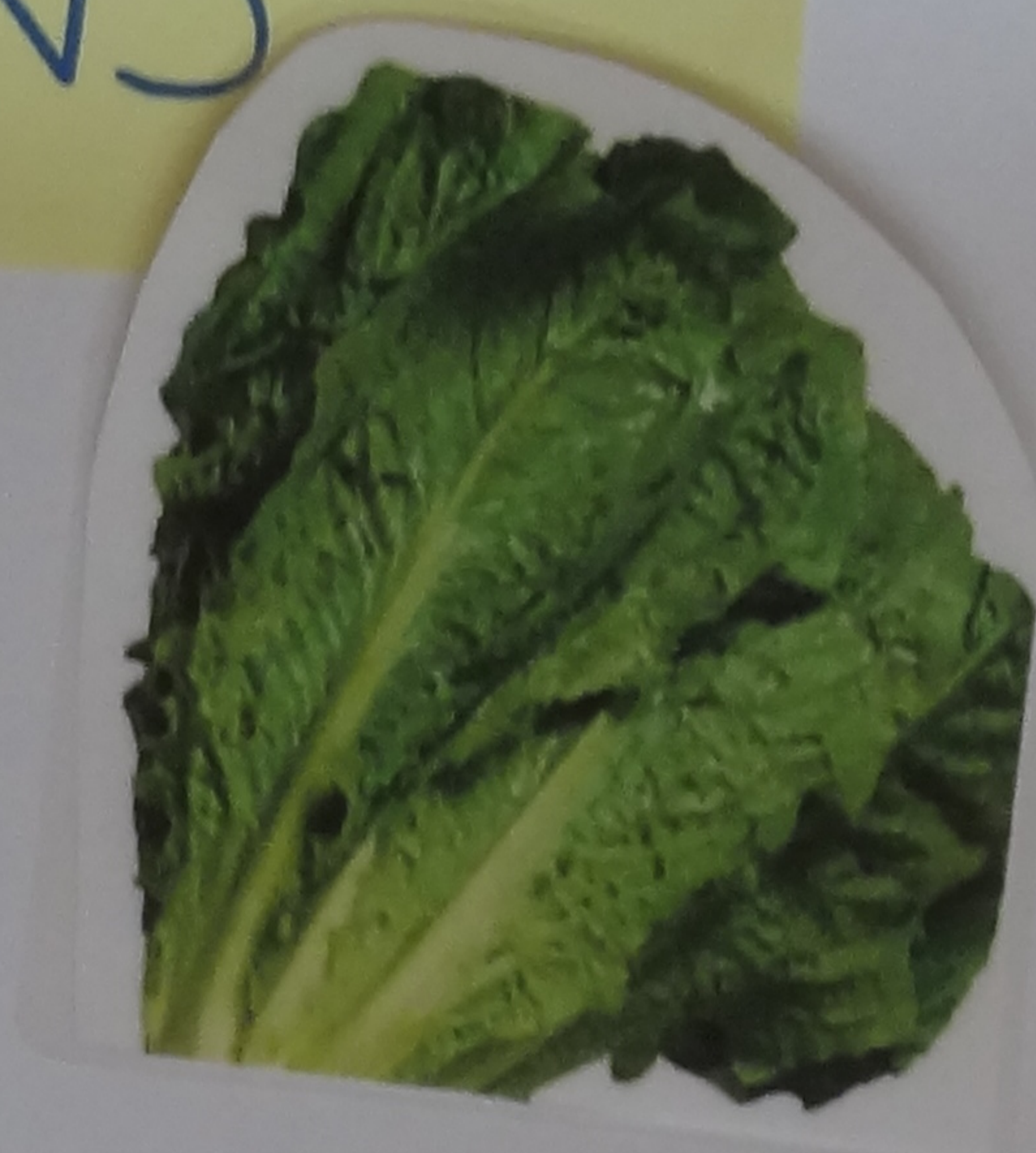


ATKINS

ESMORZAR



fruits de 2-3 œufs



tauxa d'endiam + moienesa



MIG-MATÍ

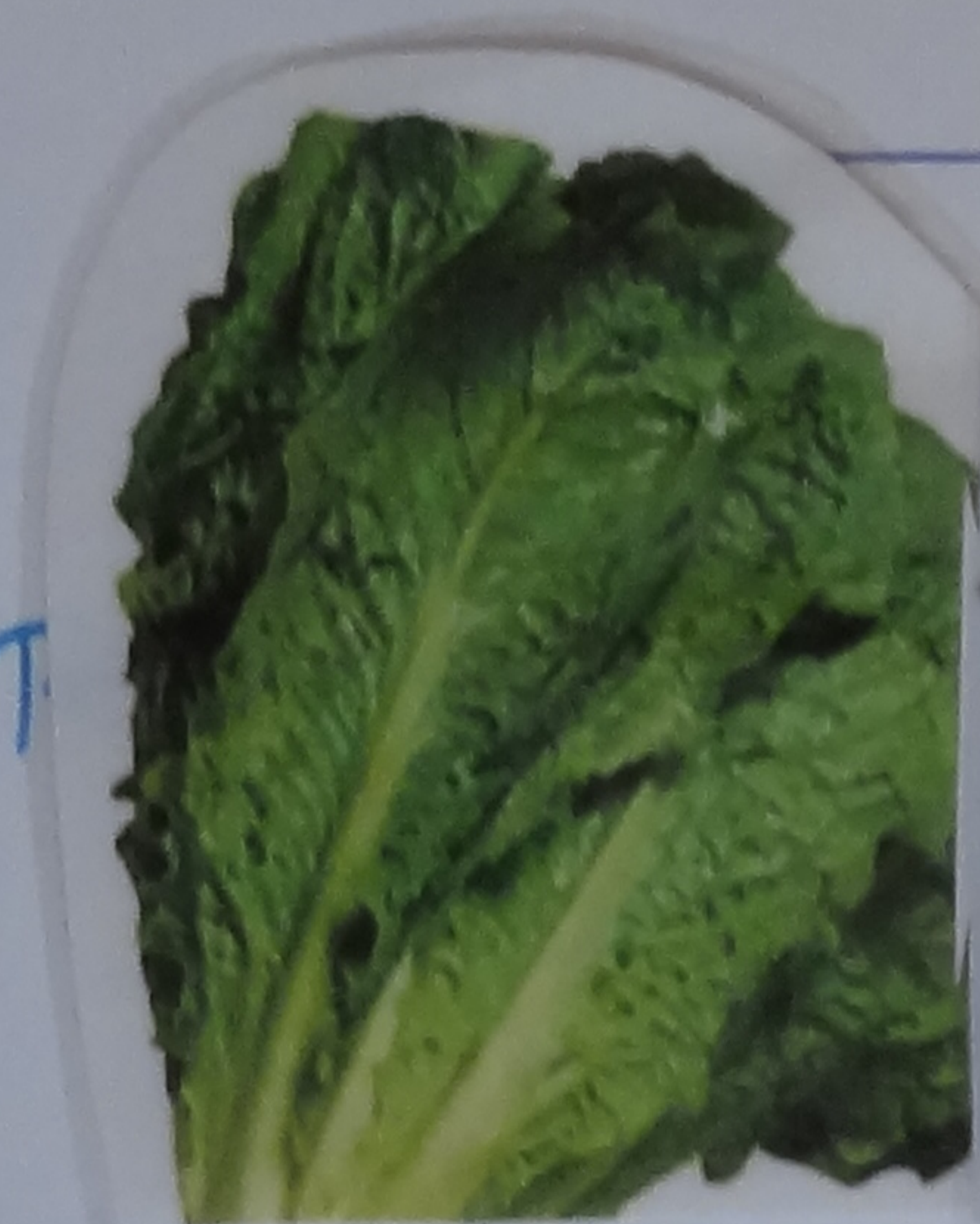


Esorons de porc



tauxa d'endiam + Sardinhes + moienesa

DINAT



1 œuf dur



1 tros de carn (pollastre)

BERENAR



Esorons de porc (5-6)

SOPAR



Tauxa d'endiam + tonyina + moienesa



champignons

DUKAN

ESMORZAR



café amb llet



ollama de tonyina



cola de cuada

MIG-MATÍ



torta francesa



te vermell

DINAR



2 ptes de peixastre



iogurt 0% (desnatat)

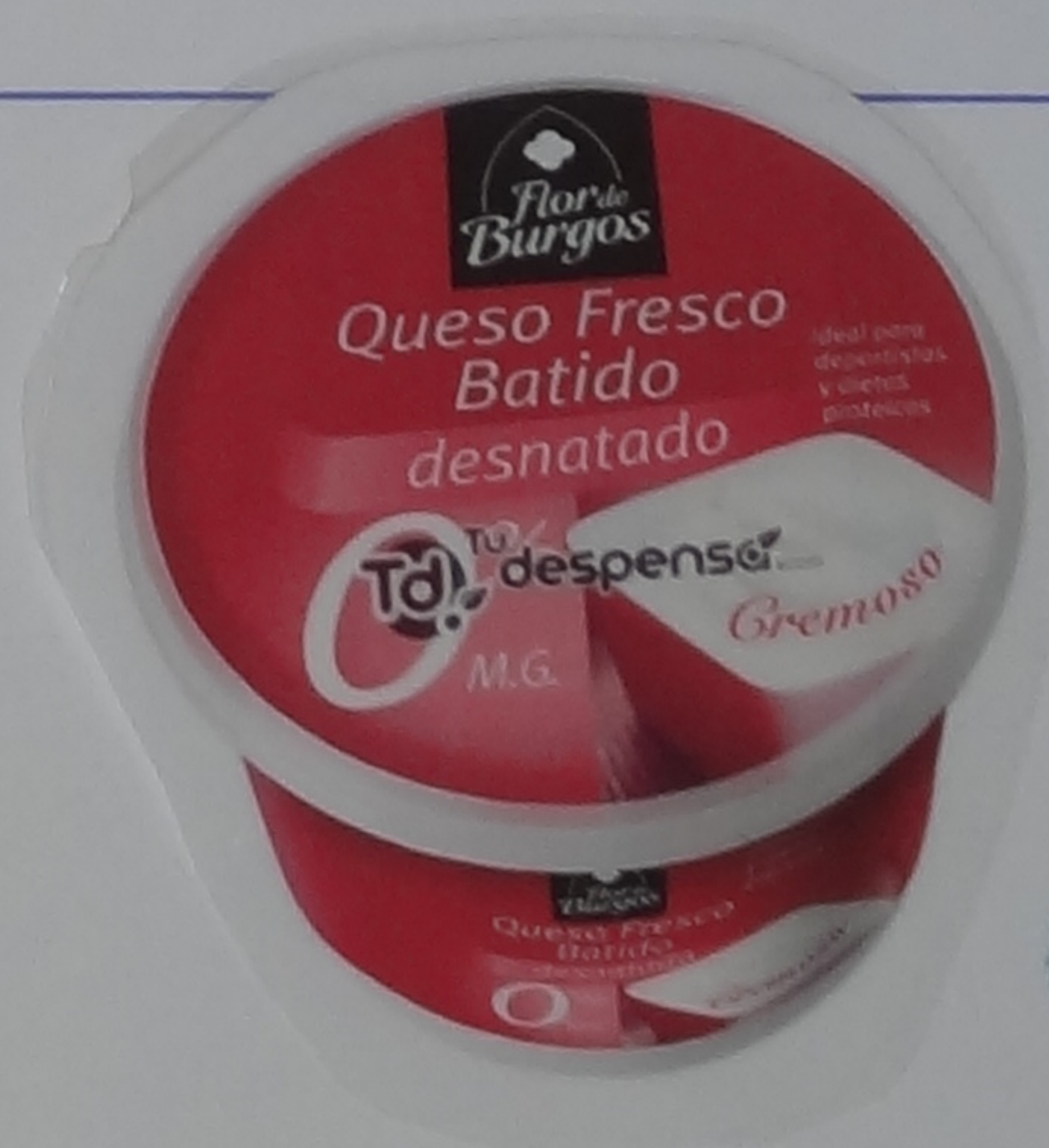
BERENAR



formatge de Burgos 0% (desnatat)



2 fillets de salmó a la planxa



formatge de Burgos 0% (desnatat)

SOPAR

CLÍNICA MAYO

ESMORZAR



café sol sucre sucre



1/2 aranja



2 œufs cuits

MIG-MATÍ

DINAR



2 œufs durs + épinacs



1 tomate



café sol sucre sucre

BERENAR

SOPAR



salade verte + suc de citron



1 filet a la grille