

1 ***MLH1* PROMOTER HYPERMETHYLATION OFFERS BETTER DIAGNOSTIC**
2 **YIELD THAN *BRAF* V600E MUTATION IN THE ANALYTICAL ALGORITHM OF**
3 **LYNCH SYNDROME**

4

5 Running Head: *MLH1* HYPERMETHYLATION OFFERS BETTER YIELD THAN *BRAF*
6 MUTATION

7

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31 **Keywords:** Lynch Syndrome, *MLH1* promoter hypermethylation, *BRAF* V600E mutation,

32 SNuPe, MS-MLPA, cost-effectiveness, diagnostic

33

34 **Nonstandard abbreviations:** MSI, microsatellite instability; IHC, immunohistochemistry;

35 MMR, mismatch Repair; CRC, colorectal cancer; SNuPe, single nucleotide primer extension;

36 MS-MLPA, Methylation-specific multiplex ligation-dependent probe amplification; LS,

37 Lynch Syndrome; MSS, microsatellite stability; PBL, peripheral blood lymphocyte; WGA,

38 Whole genome amplification; MS-MCA, methylation-specific melting curve analysis; LOH,

39 Loss of heterozygosity, TP, True positive; FP, False positive; TN, true negative; FN, False

40 negative; PPV, positive predictive value; NPV, negative predictive value

41

42 **Human Genes:** *BRAF*, v-raf murine sarcoma viral oncogene homolog B1; *MLH1*, human

43 mutL (E. coli) homolog 1; *MSH2*, human mutS (E. coli) homolog 2; *MSH6*, human mutS (E.

44 coli) homolog 6; *PMS2*, human PMS2 postmeiotic segregation increased 2 (*S. cerevisiae*)

45

46 **ABSTRACT**

47

48 **Background:**

49 The analytical algorithm of Lynch syndrome is increasingly complex. The sensitivity of MSI
50 status and /or IHC status in the selection of those patients candidate to have Lynch syndrome
51 can be improved. Two somatic alterations in colorectal tumors, *BRAF* V600E mutation and
52 *MLH1* promoter hypermethylation, associated with the sporadic nature of MSI, have been
53 proposed as additional prescreening methods that might improve diagnostic yield. The aim of
54 this study was to assess the clinical usefulness of both somatic alterations in the identification
55 of germline *MMR* gene mutations in patients with a familial aggregation of colorectal cancer.

56 **Methods:** A set of 122 tumors from individuals with a family history of colorectal cancer
57 (CRC) that showed MSI and/or loss of MMR protein expression. *MMR* germline status was
58 assessed and mutations were detected in 57 cases (40 *MLH1* and 15 *MSH2* and 2 *MSH6*).
59 *BRAF* V600E mutation was assessed by Single Nucleotide Primer Extension (SNuPE).
60 Hypermethylation status of regions C and D of *MLH1* promoter was assessed by Methylation
61 Specific-MLPA in a subset of 71 cases with loss of MLH1 protein. Methylation-specific
62 melting curve analysis (MS-MCA) and pyrosequencing were also used. A cost-effectiveness
63 analysis was performed.

64 **Results:** *BRAF* mutation was detected in 14 of 122 (11%) cases. In 1 of 14 cases mutation
65 was detected in the tumor of an *MLH1* mutation carrier. Sensitivity of the absence of *BRAF*
66 mutations for depiction of Lynch syndrome patients was 98% (56/57) and specificity was
67 22% (14/65). Taken into account cases with loss of MLH1 expression, sensitivity of *BRAF*
68 mutation was 96% (23/24) and specificity 28% (13/47). Specificity of *MLH1* promoter
69 hypermethylation for depiction of sporadic tumors was 66% (31/47) and sensitivity of 96%
70 (23/24). *BRAF* mutation enabled to identify sporadic cases before *MMR* germinal mutation

71 study in 13 of 47 cases that increased to 31 when hypermethylation status was taken into
72 account. Hypermethylation study of *MLHI* promoter is more cost-effective than *BRAF*
73 mutation analysis.

74 **Conclusion:** In the context of clinical algorithm of Lynch syndrome, the study of somatic
75 *MLHI* hypermethylation provides greater efficiency than the study of *BRAF* V600E mutation
76 in the selection of patients for genetic testing.

77

78 **INTRODUCTION aiming to 3500**

79

80 Lynch syndrome (LS) is characterized by an autosomal dominant inheritance of early-onset
81 colorectal cancer (CRC) and increased risk of other cancers (1, 2). It is caused by germline
82 mutations in DNA mismatch repair (*MMR*) genes. *MLH1* or *MSH2* are the most commonly
83 mutated *MMR* genes in LS, whereas mutations in *MSH6* or *PMS2* are significantly less
84 common (3-5).

85

86 Heterogeneity in the mutations identified in DNA *MMR* genes and low percentage of
87 hereditary tumors among familial aggregation make it expensive to test all patients in whom
88 this condition is suspected. Microsatellite instability (MSI) is a hallmark of *MMR*-deficient
89 cancers and is found in more than 90% of LS colorectal tumors (6-11). Immunohistochemical
90 staining is used to determine the expression of *MMR* proteins in tumor tissue of candidate
91 patients. Both strategies are generally accepted as prescreening procedures for genetic testing
92 of *MMR* genes with similar clinical performance (12, 13). In spite of their evident clinical
93 usefulness, their sensitivity is still low. In consequence, there is a need to better refine the LS
94 diagnostic algorithm.

95

96 *BRAF* mutations, mainly located at V600E, are present in approximately 10% of CRCs, and
97 in a higher proportion of MSI tumors. This mutation is strongly associated with the
98 microsatellite instability phenotype due to *MLH1* inactivation that results from promoter
99 methylation (14-20). It has been used to distinguish LS-associated tumors from sporadic MSI-
100 positive tumors (14, 15, 17, 21-25). The lack of *BRAF* mutations identify with high sensitivity
101 (96 – 100%) and lower specificity (22 - 100%) those cases associated with LS (14, 15, 17, 21-
102 25). Occasionally, *BRAF* mutations have been detected in tumors from LS patients (26).

103

104 Methylation of the *MLH1* promoter, leading to a loss of MLH1 expression, is also strongly
105 associated with sporadic MSI-positive CRCs. *MLH1* promoter hypermethylation has been
106 also utilized in the selection of patients with sporadic MSI-positive tumors that will not be
107 tested for germline mutation (24, 25, 27-32). However, the identification of hypermethylation
108 in a limited number of LS tumors has made its use controversial (14, 33-35).

109

110 For both *BRAF* mutation detection and the study of *MLH1* promoter hypermethylation it is
111 critical to assess their analytic and clinical validity as well as its cost-effectiveness prior to
112 routine implementation in the clinical setting. Issues that affect screening include the
113 accuracy, sensitivity, and specificity of the test, the benefit to the patient, the possible
114 negative ramifications of the results, and the cost (12, 36).

115

116 The aim of this study was to compare the diagnostic yield and cost-effectiveness of *BRAF*
117 V600E mutation detection and analysis of *MLH1* promoter hypermethylation in the selection
118 of candidate patients to *MMR* gene germline mutation analyses in a large series of cases with
119 familial aggregation for which *MMR* gene status was studied.

120

121 **SAMPLES AND PATIENTS**

122 A total of 122 colorectal tumors with MMR deficiency (as evidenced by MSI or combined
123 MSI and loss of MMR protein expression) were obtained from individuals with a family
124 history of CRC attended at our Cancer Genetic Counseling Unit between 1999 and 2008.
125 Forty-three patients met Amsterdam criteria, 48 met revised Bethesda criteria and 12 cases
126 showed other types of CRC familial aggregation. In all cases *MMR* germline mutation status
127 was assessed by direct sequencing and Multiplex Ligation-dependent Probe Amplification

128 (MLPA). Fifty-seven of the 122 MSI tumors were from LS patients (40, 15 and 2 with *MLH1*,
129 *MSH2* and *MSH6* mutations, respectively). Clinico-pathological information was recorded. In
130 addition, a series of 48 MSS tumors from patients showing CRC familial aggregation and 73
131 sporadic CRC from a case-control study (37) were also analyzed. Informed consent was
132 obtained from all patients, and the ethics committee approved this study.

133 DNA extraction of colorectal tumor tissue from paraffin-embedded material was done after
134 enrichment for tumor cells using the QIAmp DNA Mini Kit (Qiagen, CA). DNA from RKO
135 colorectal tumor cell line (American Type Culture Collection) was used as a biallelic *MLH1*
136 methylation control. DNA from COLO 201 colorectal cell line (kindly provided by Dr. Richie
137 Soong) and SK-MEL-28 melanoma cell line (American Type Culture Collection) were used
138 as controls of homozygous *BRAF* V600E mutation. To generate unmethylated DNA, PBL
139 DNA was amplified using the REPLI-g kit (Qiagen).

140

141 **MATERIALS AND METHODS**

142 **Detection of *BRAF* V600E mutation**

143 A 196-bp region of human *BRAF* exon 15 spanning the hotspot mutation c.1799T>A (V600E)
144 was amplified by PCR with *BRAF*_PCR primers (Supplemental Data Table 1). PCR reaction
145 was performed in 30µl of 1.5mM MgCl₂, 200µM dNTPs, 20-100ng genomic DNA, 0.5µM of
146 each primer and 1U Taq DNA Polymerase (Invitrogen, USA) for 35 cycles with annealing
147 temperature of 55 °C. The PCR products were purified using Illustra™ GFX™ DNA and Gel
148 Band Purification kit (GE Healthcare, UK). Sequencing analysis of PCR products was
149 performed with BigDye Terminator v.3.1 Kit (Applied Biosystems, USA) using amplification
150 primers.

151 *BRAF* V600E mutation detection was performed by Single Nucleotide Primer Extension
152 (SNUPE) using the ABI PRISM® SNaPshot® Multiplex Kit (Applied Biosystems) with the

153 *BRAF*_SNuPe primer (as described in Supplemental Data Table 1). Analytical sensitivity of
154 *BRAF* V600E mutation analysis was assessed in serial dilutions of homozygous V600E
155 mutated DNA from SK-MEL-28 and COLO 201 cell line at final percentage of 100%, 30%,
156 10%, 5%, 3%, 1%, 0.5% and 0% with wild type genomic DNA from PBL, previously
157 quantified using Quant-iT™ PicoGreen dsDNA reagent (Invitrogene).

158

159 **Detection of *MLH1* promoter methylation status**

160 **Methylation-Specific Multiplex Ligation-dependent Probe Amplification (MS-MLPA)**

161 SALSA MS-MLPA ME011 kit (MRC Holland, Amsterdam) is based on the use of probes
162 that contain a digestion site (or occasionally 2 digestion sites) specific for the methylation-
163 sensitive HhaI enzyme. All reactions were carried out using 100 - 150 ng of DNA. Kit
164 includes 5 probe pairs in *MLH1* promoter (with the respective HhaI sites located at -638, -
165 402, -251/-245, -8 and +220 relative to the initiating transcription; GenBank accession
166 number U26559) that cover 5 independent regions: regions A to D of the promoter and intron
167 1. Analytical sensitivity was assessed in serial dilutions (100%, 50%, 20%, 15%, 10%, 1%
168 and 0%) of RKO DNA and unmethylated REPLI-g-amplified DNA, previously quantified
169 using Quant-iTTM PicoGreen dsDNA reagent (Invitrogene).

170 Intra and interexperiment variability was assessed using a tumor sample showing methylation
171 values close to 20% because similar value has been proposed as a meaningful cut-off value in
172 previous studies (38, 39). Ten replicates in two independent experiments were analyzed.

173

174 **Methylation-Specific Melting Curve Analysis (MS-MCA)**

175 MS-MCA method consists in a Real Time PCR followed by temperature dissociation (40) on
176 DNA previously treated with sodium bisulfite, using the EZ DNA Methylation-Gold Kit
177 (Zymo Research, Orange, CA). The amplification primers were designed to avoid CpG

178 targeting. (for details see supplemental table 1). Melting curve analysis was performed by
179 heating the PCR products from 60°C to 98°C with an increase of 0.2°C/s whereas
180 fluorescence was monitored continuously. Analytical sensitivity of the method was assessed
181 as described above.

182

183 **Pyrosequencing**

184 Two µl of bisulfite converted DNA were used in a PCR reaction of the regions of interest
185 using HotStar Taq master mix (Qiagen) and biotin labeled primers. Primers were designed
186 using the Pyromark Assay Design Software 2.0 (Qiagen). For experimental conditions and
187 primer sequences see Supplemental Data Table 1, Analytical sensitivity was assessed as
188 described above.

189

190 **Analysis of *MLH1* loss of heterozygosity (LOH) in the *MLH1* mutation carrier**

191 Allelic imbalances and copy number variation were analyzed using SNuPe technique and
192 MLPA respectively. Experimental conditions are described in Supplemental Datal Table 1.

193

194 **Cost-effectiveness analysis**

195 A decision model was developed to estimate the number of mutation carriers and the
196 incremental costs of alternative case-finding methods for detecting *MMR* mutation carriers
197 among individuals with positive molecular test in tumors (MSI and/or loss of expression of
198 *MLH1*). Three potential strategies were considered. Strategy 1 (*BRAF* – *MLH1* mutation
199 analysis) involved *BRAF* V600E testing of all individuals with positive molecular test in
200 tumors. If no mutation was detected, DNA testing for *MMR* mutations followed. Strategy 2
201 (Hypermethylation - *MLH1* mutation analysis) involved testing for *MLH1* hypermethylation

202 of all individuals with positive molecular test. If hypermethylation was absent, DNA testing
203 for *MMR* mutations followed. Strategy 3 (*MLH1* mutation analysis) involved direct *MMR*
204 mutation testing of all individuals with positive molecular test in tumors.
205 Pathway probabilities were attached to the decision tree (Supplemental Data Figure 1). For
206 each strategy, the number of individuals tested, the number of mutations detected and missed,
207 the number of false-positive results, and the number of *MMR* mutations detected in first- and
208 second-degree relatives was computed. In addition, we attributed resource valuations to each
209 event in order to calculate a total cost for each strategy (Supplemental Data Table 2). The
210 health outcome was defined in terms of additional *MMR* mutations detected.
211 Two independent assessments were performed: one that considered costs and outcomes for
212 proband only, and a second that included proband and their first- and second-degree relatives.
213 Following a healthcare perspective, only direct medical costs were used for analysis. The
214 decision model was run using Microsoft Excel (Microsoft Corp., Redmond, Washington).
215 Sensitivity of the cost-effectiveness assessment was performed using a one-way analysis
216 where each parameter is tested over a range of values while holding all other parameters at
217 their base-case values. Ranges for each variable were based on a literature review or on expert
218 opinion whenever no range data were available.

219

220 **RESULTS**

221 **Usefulness of *BRAF* V600E mutation analysis in the identification of LS tumors**

222 SNaPshot consistently detected the *BRAF* V600E mutation when it was present in 5% of all
223 alleles analyzed (Supplemental Data Figure 2). Assay was initially validated in a set of 73
224 selected sporadic CRC (37) [24 MSI and 49 MSS]. In these tumors *BRAF* mutation was
225 identified in 5 of 24 (20%) MSI and 2 of 49 (4%) MSS tumors.

226 A set of 170 familial tumors were studied, 48 MSS and 122 MSI. *MMR* germline mutations
227 were found in 57 (40 *MLH1*, 15 *MSH2* and 2 *MSH6*) of the 122 (47%) MSI tumors. *BRAF*
228 mutations were detected in 3 of 48 (6%) MSS tumors and in 14 of 122 (11%) MSI tumors.
229 One *BRAF* V600E mutation was identified in a tumor from a germline *MLH1* mutation
230 carrier, and the remaining 13 were found in cases with no identified germline *MMR*
231 mutations. Absence of *BRAF* mutations was highly sensitive (98%) for the identification of
232 LS tumors. Specificity was 22% (Table 1). All cases harboring *BRAF* V600E mutations were
233 associated with loss of MLH1 expression. Restricting the analysis to the 71 tumors with loss
234 of MLH1 protein expression (24 LS and 47 non-LS tumors), the absence of the mutation
235 showed a sensitivity of 96% (23/24) and a specificity of 28% (13/47) for depiction of LS
236 tumors (Table 1).

237

238 **Usefulness of *MLH1* promoter methylation analysis in the identification of LS tumors**

239 MS-MLPA could consistently detect the presence of 10% methylated alleles for the 5 regions
240 analyzed (regions A to D and intron) (Figure 1). Intra and interexperiment variability of MS-
241 MLPA was low within the range of 1%. No differences were observed among the five probes
242 utilized. However, for clinical purposes and following recommendations by Deng et al (41),
243 only positive results for regions C and D were taken into account because this methylation
244 correlates with the loss of expression of *MLH1*.

245

246 In order to assess the potential for quantitative assessment of MS-MLPA, the reconstituted
247 samples were also analyzed using pyrosequencing, the gold-standard technique for
248 methylation quantification. Of note, the analytical sensitivity of MS-MLPA was similar to
249 that of pyrosequencing (Supplemental Data Figure 3). For this experiment, DNA from PBL
250 was the unmethylated control since the fragmented bisulfite treated DNA from Repli-G

251 amplification did not yield consistent results. Pyrosequencing sensitivity was 5% for C-region
252 and 10% for D-region (Supplemental Data Table 3). The intensity of the methylation signal of
253 MS-MLPA-targeted CpGs is average compared to all CpG sequence as assessed by
254 pyrosequencing. Of note, MS-MLPA and pyrosequencing showed similar results regarding
255 quantitation of the signal.

256

257 In the set of 71 tumors with MLH1 loss, MS-MLPA analysis evidenced *MLH1* promoter
258 hypermethylation in 32 cases when a cut-off value of 20% was used (Table 1).
259 Hypermethylation was present in 1 of 24 LS tumors and 31 of 47 non-LS tumors. Absence of
260 hypermethylation showed a sensitivity of 96% and a specificity of 66% for LS identification.
261 Concomitant C and D regions hypermethylation was observed in 27 cases, whereas 2 cases
262 displayed exclusive *MLH1* C-region methylation and 3 tumors displayed exclusive D-region
263 methylation (Figure 2). Interestingly, in 41 of the 71 tumors, methylation was detected in A
264 and/or B *MLH1* promoter regions (Figure 2). If we would have included methylation in A or
265 B promoter regions when scoring the samples, 34 cases would have been correctly classified
266 as sporadic tumors. However, six cases would have been misclassified as false positive cases.
267 Finally, the combination of *BRAF* V600E and *MLH1* hypermethylation did not yield any
268 additional value (Table 1).

269

270 In our experience, the 20% cut-off value for MS-MLPA for *MLH1* promoter assessment
271 seems to be useful in this clinical setting. However, the use of distinct cut-off values for MS-
272 MLPA analysis influences the prevalence of methylation and consequently its putative
273 clinical usefulness (Table 1). Thus, we decided to explore whether alternative methods to
274 assess methylation status could offer better yield in the clinical setting. A methylation-specific
275 melting curve analysis (MS-MCA) test was developed to evaluate methylation in C- and D-

276 regions of *MLH1* promoter. In reconstituted samples MS-MCA was able to detect a
277 methylated allele when it was present in 5% of all alleles (Supplemental Data Figure 3). Next,
278 six tumor samples for which methylation levels were estimated between 5 and 20% by MS-
279 MLPA were analyzed. MS-MCA scored as methylated one LS case that MS-MLPA classified
280 as unmethylated. On the other hand, MS-MCA failed to identify as methylated the case
281 showing 20% methylation levels by MS-MLPA (data not shown). Altogether in this small set
282 of cases, MS-MCA does not seem to add value in those cases with borderline values
283 according to MS-MLPA.

284

285 In all, only one LS-associated colorectal tumor harbored somatic hypermethylation of the
286 *MLH1* promoter and a *BRAF* mutation. This tumor arose in a patient that fulfilled Bethesda
287 criteria and was diagnosed of metachronous CRC, the first one diagnosed at 23 years old
288 (right colon) and the second at the age 43 (sigma, pT3pN2M0), being the second tumor the
289 one analyzed. Family history included a diagnosis of CRC of his mother and his father
290 developed a gastric cancer. Tumor tissue study revealed *MLH1* hypermethylation in C- and
291 D-regions and a *BRAF* V600E mutation (Supplemental Data Figure 4). Neither somatic copy
292 number variation of the *MLH1* gene nor LOH was evidenced. While the tumor displayed the
293 typical molecular profile associated with sporadic MSI tumors, the patient was a carrier of the
294 founder Spanish c.1865T>A *MLH1* (L622H) pathogenic mutation (42).

295

296 Cost-effectiveness analysis

297 The three strategies [*BRAF* - *MLH1* mutation analysis (Strategy 1); Hypermethylation -
298 *MLH1* mutation analysis (Strategy 2); DNA testing of all individuals (Strategy 3)]
299 (Supplemental Data Figure 1) were analyzed in a hypothetical cohort of 1000 newly
300 diagnosed colorectal cancer patients with loss of *MLH1* expression (Table 2). DNA testing of

301 all probands (Strategy 3) is anticipated to identify all expected carriers (n=338) (Table 2).
302 Strategies 1 and 2 identified the same number of carriers (n=324), but strategy 1 (absence of
303 *BRAF* mutation) associates with a very high number of false-positive results when compared
304 to strategy 2 (lack of promoter hypermethylation) (479 vs 165). When first- and second-
305 degree relatives were considered along with probands, the number of identified MMR
306 mutation carriers increased (n=810) improving the clinical impact of the screening. Strategy 3
307 was able to identify 35 additional cases (Table 2).
308 Strategy 2 (Hypermethylation as a pre-screening test) offered the lowest cost per mutation
309 detected (Table 2). When probands were considered, incremental costs for the identification
310 of an additional mutation was €2,212 for strategy 2 while for strategy 3, the most specific, the
311 incremental costs were exceedingly higher (27,220€) (Table 2). When costs and benefits were
312 calculated including first- and second-degree relatives, the incremental cost for Strategy 2 and
313 Strategy 3 was €846 and €7.991, respectively (Table 2).
314 However, these strategies are sensitive to a number of parameters. Strategy 3 is highly
315 sensitive to the performance (sensitivity and specificity) of the *MLH1* hypermethylation
316 testing as well as the prevalence of *MMR* mutations. On the other hand, strategy 2 is also
317 sensitive to the specificity of the *MLH1* test as well as the prevalence of *MMR* mutations but
318 to a lower extent. Importantly, results do not vary whether first-and second-degree relatives
319 are included or not in the analysis (Figure 3).

320

321

322

323 **DISCUSSION**

324 Two somatic molecular determinations (lack of *BRAF* mutations and absence of *MLH1*
325 methylation) have been proposed as good screening tests for the identification of patients
326 candidate for *MLH1* germline testing. Here, we show that *MLH1* hypermethylation analysis
327 on tumor biopsies, as assessed by MS-MLPA, outperforms *BRAF* mutation in the selection of
328 these patients being more cost-effective.

329

330 The association of *BRAF* mutation with the *MLH1* hypermethylation and the MSI phenotype
331 resulted in its evaluation as a potential pre-screening tool in the LS diagnostic algorithm (14,
332 15, 17, 21, 23, 24, 43) (Table 3 and Supplemental Data Table 4). In agreement with previous
333 reports, the sensitivity of the absence of *BRAF* mutation is very high in identifying *MLH1*
334 mutation carriers (21, 22, 25, 44) (Table 3 and Supplemental Data Table 4). This association,
335 however, is not perfect. In our series, a single false negative was identified adding to the
336 increasing number of LS tumors harboring a *BRAF* mutation (26). In contrast, its specificity is
337 low (less than 22% when only cases showing loss of MLH1 protein were considered). Two
338 factors may account for this observation. On the one hand, the low prevalence of *BRAF*
339 mutations observed in our population (11% of MSI tumors and 20% of those lacking MLH1
340 protein expression). This is in the lower range of reported series (21, 22, 25, 44) but likely to
341 reflect the experience of referral centers. On the other hand, the number of LS cases and
342 *MLH1* germline carriers included that helps in more accurate estimates.

343

344 Methylation of *MLH1* promoter was assessed in the same set of 71 tumors. Sensitivity again
345 was very high with a single false negative that also shared a *BRAF* mutation. The lack of
346 *MLH1* promoter hypermethylation showed a sensitivity of 66% for LS depiction. Again, this

347 is in the lower range (57-100%) of reported series (16, 22, 25, 44) (Table 3 and Supplemental
348 Data Table 4)) and associates with a relatively low prevalence of hypermethylation in our
349 population (42%). These observations support the notion that the characteristics of the
350 population analyzed influences the performance of the technique.

351

352 A number of techniques have been proposed to study the hypermethylation in tumor tissues
353 (27, 30, 35, 45, 46). However, no technique has shown an evident superiority in the routine
354 clinical setting. MS-MLPA, has previously shown a better yield in the clinical diagnostic
355 laboratory than other quantitative techniques as MethyLight (25). In our hands, MS-MLPA has
356 proved a robust option, with low variability and good analytical sensitivity when using the
357 highly degraded DNA extracted from paraffin blocks. This good performance associates with
358 the use of short probes that work well in the fragmented DNA and the fact that it no bisulfite
359 conversion, with the corresponding DNA damage, is needed.

360

361 For any methylation technique, the definition of clinically meaningful cut-off values is
362 critical. We have validated the previously defined arbitrary 20% cut-off value (38, 39) to
363 score cases as lacking/harboring *MLH1* hypermethylation. Other studies have used a 15%
364 threshold obtaining similar performance (25). In our hands, the use of the 15% threshold
365 would have resulted in an increase of false positive results (3). Also, we have confirmed that
366 considering only C- and D-regions of *MLH1* promoter, those less sensitive to constitutive
367 methylation (41, 47), yields the best performance in the diagnostic setting (22, 25, 44). We
368 have explored other methodological alternatives such as as MS-MCA and pyrosequencing.
369 The quantitative assessment obtained by pyrosequencing is attractive, however its application
370 to the study of DNA obtained from paraffin samples is not straightforward. In our opinion,
371 MS-MLPA seems to be the methodology of choice in assessing *MLH1* hypermethylation

372 when formalin-fixed paraffin-embedded tissues originating from different centers are to be
373 used.

374

375 A single false negative case, in a member of a Spanish founder mutation family (L622H
376 mutation carrier), has been identified (42). Interestingly this case shows both a *BRAF*
377 mutation and promoter hypermethylation. Walsh et al. have reported a similar case (26): a
378 member of LS family that also showed predisposition to develop serrated polyps in the
379 colorectum. The occasional presence of *BRAF* mutations in this setting challenges the
380 universality of the link of *BRAF* mutation to non-LS families (14, 15, 17, 21-25). Some
381 evidence suggests that non-LS MSI-H cases may originate from sessile serrated adenoma (48-
382 53). Interestingly, the patient in this paper developed 3 hyperplastic polyps (in the sigma and
383 in anal margin) and a tubular adenoma.

384

385 The concomitant existence of *MLH1* mutation and hypermethylation of its promoter in the
386 literature has been extensively documented (14, 33-35). However in our setting its prevalence
387 is very low, supporting its utility. Although LOH analysis was not completely, we assume that
388 this mechanism did not present in *MLH1* gene after comparing normal tissue with tumor using
389 SNuPe and MLPA analyses. If we assume that *BRAF* mutation is associated to *MLH1*
390 inactivation by hypermethylation (14, 18, 19, 54, 55) in this case it would be the second hit to
391 would inactive *MLH1*.

392

393 *MLH1* hypermethylation analysis does not only outperform *BRAF* mutation analysis but is
394 more cost-effective, in terms of incremental cost per additional mutation carrier detected. It is
395 also more cost-effective than direct testing for all candidate patients. This is an important
396 deed, since direct germline mutation study is the most time-consuming and expensive step.

397 Our results are in line with those by Pérez-Carbonell et al (25) that using the less complex
398 cost-minimization approach reached similar conclusions. The cost-effectiveness analysis is
399 highly sensitive to changes in the prevalence of germline mutation in the population analyzed.
400 In this specific population, the prevalence of *MLH1* germline mutation is 47%, which likely
401 reflects the population assessed in referral centers. Also, these analyses are quite sensitive to
402 the operating characteristics of *MLH1* methylation detection technique further reinforcing
403 previously discussed issues about MS-MLPA.

404

405 The present study reflects the experience of a Cancer Genetics Unit. The inclusion of a
406 significant number of tumors from patients with familial aggregation that were analyzed for
407 germline mutations status provides with a solid comparison with somatic analysis. The direct
408 comparison of two molecular analysis, *BRAF* mutation and hypermethylation is also relevant
409 since only a handful of studies have analyzed one or both strategies using a significant
410 number of tumors from sporadic and LS cases (15, 35) (Supplemental Data Table 4).

411

412 In conclusion, somatic hypermethylation of *MLH1* is an accurate and cost-effective pre-
413 screening method in the selection of those cases candidate for germline analysis when LS is
414 suspected and MLH1 protein expression is absent. When using MS-MLPA the occurrence of
415 false negatives is low making it a reasonable option in the diagnostic algorithm of LS being
416 aware that in some LS cases may not be identified. The present study adds significant
417 evidence supporting the introduction of this prescreening method in the routine diagnostic
418 setting of LS

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LEGEND TO FIGURES

Figure 1. Analytical sensitivity and experimental variability of *MLH1* promoter hypermethylation analysis as assessed by MS-MLPA. To evaluate the performance of MS-MLPA we tested serial reconstitutions of methylated alleles in increasing amounts of unmethylated alleles ranging from 100% to 0% (100, 50, 20, 15, 10, 1, 0). A linear relationship was detected between observed methylation and predicted methylation. Intra- and inter-assay variability was evaluated analyzing a clinical sample showing methylation values close to 20%. Variability was low within the range of 1% after analyzing ten replicates in two independent experiments.

Figure 2. Detailed methylation patterns of the *MLH1* gene promoter, as assessed by MS-MLPA, of the 71 familial colorectal cancer tumors showing loss of MLH1 protein expression. The 5 regions of the CpG island targeted by the selected probes are shown. Samples harbouring or lacking germline *MLH1* gene mutations are separately described. Box highlights the methylation pattern of the informative C and D regions.

Figure 3. Most relevant parameters influencing the cost-effectiveness of the distinct strategies utilized.

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