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**5-HYDROXYMETHYLFURFURAL CONTENT IN FOODSTUFFS DETERMINED BY
MICELLAR ELECTROKINETIC CHROMATOGRAPHY**

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27 **Abstract**

28 Micellar electrokinetic chromatography (MEKC) has been applied for the determination of 5-
29 hydroxymethylfurfural in several foodstuffs. A 75 mM phosphate buffer solution at pH 8.0
30 containing 100 mM sodium dodecylsulfate was used as background electrolyte (BGE), and the
31 separation was performed by applying +25 kV in a 50 μm I.D. uncoated fused-silica capillary.
32 Good linearity over the range 2.5-250 mg kg^{-1} ($r^2 \geq 0.999$) and run-to-run and day-to-day precisions
33 at low and medium concentration levels were obtained. Sample limit of detection (0.7 mg kg^{-1}) and
34 limit of quantification (2.5 mg kg^{-1}) were established by preparing the standards in blank matrix.
35 The procedure was validated by comparing the results with those obtained with liquid
36 chromatography coupled to tandem mass spectrometry (LC-MS/MS). Levels of HMF in 45
37 different foodstuffs such as breakfast cereals, toasts, honey, orange juice, apple juice, jam, coffee,
38 chocolate and biscuits were determined.

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50 **Keywords:** MEKC, UV-detection, food analysis, HMF

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53 1. Introduction

54 5-Hydroxymethylfurfural (5-hydroxymethyl-2-furaldehyde, HMF) is one of the most
55 common intermediate products of the well-known Maillard Reaction (Berg & Boekel, 1994;
56 Friedman, 1996; Rufian-Henares, Delgado-Andrade & Morales, 2009; Tomlinson, Landers, Lewis
57 & Naylor, 1993). This complex set of non-enzymatic browning reactions takes place when
58 processing and cooking foods that contain reducing sugars and amino acids. HMF is an early
59 marker of this reaction since it is formed during its initial steps, and occurs in many carbohydrate-
60 rich foods. In addition, this cyclic aldehyde is also produced during hexoses dehydration under
61 acidic conditions via enolisation (Gottschalk, 1952; Kroh, 1994), followed by glucosamine
62 hydrolysis (Jun, Shao, Ho, Koetter & Lech, 2003; Leloir & Cardini, 1953) and it appears naturally
63 in products in which water coexists with monosaccharides in acidic medium. Moreover, HMF is
64 one of the decomposition products of ascorbic acid and it is used to evaluate the severity of heating
65 during fruit-juice processing (Burdurlu, Koca & Karadeniz, 2006). Therefore, HMF is formed not
66 only from the Maillard Reaction, but also from hexoses degradation and caramelisation, for which
67 the presence of amino groups is not needed (Berg et al. 1994).

68 Although HMF is nearly absent in fresh and untreated foods, its concentration tends to rise
69 during heating, so it is a useful tool to evaluate heat damage in foodstuffs (Fallico, Arena &
70 Zappala, 2003). Moreover, it is also a recognised parameter of food freshness and quality. Hence,
71 the analytical control of HMF has been used in food surveillance to evaluate both the quality of the
72 processing method and the organoleptic characteristics of the final product. In fact, the Codex
73 Alimentarius of the World Health Organisation (Alinorm 01/25, 2001) and the European Union
74 (Directive 110/2001/EC, 2001) have established a maximum HMF quality level in honey (40 mg
75 kg⁻¹) and in apple juice (50 mg L⁻¹) as a deterioration and heat-treatment indicator.

76 For years, the presence of HMF in foodstuffs has attracted interest because it exhibits
77 mutagenic and DNA strand-breaking activity (Omura, Jahan, Shinohara & Murakami, 1983). HMF
78 in food has also raised toxicological concern since this compound and its derivatives,

79 5-sulfooxymethylfurfural (SMF) and 5-chloromethylfurfural (CMF), are cytotoxic (Naessberger,
80 1990), genotoxic (Bruce et al. 1993; Severin, Dumont, Jondeau-Cabaton, Graillot & Chagnon,
81 2010), nephrotoxic (Bakhiya, Monien, Frank, Seidel & Glatt, 2009), mutagenic and carcinogenic
82 (Lee, Shlyankevich, Jeong, Douglas & Surh, 1995; Monien, Frank, Seidel & Glatt, 2009; Surh,
83 Liem, Miller & Tannenbaum, 1994; Surh & Tannenbaum, 1994; Zhang, Chan, Stamp, Minkin,
84 Archer & Bruce, 1993), inducing colon-rectum, hepatic and skin cancers. In addition, recent
85 publications described a possible carcinogenic potential of HMF due to a metabolic activation by
86 rats and human sulfotransferases (SULT), which transform HMF into its mutagenic derivative SMF
87 (Sommer, Hollnagel, Schneider & Glatt, 2003). Furthermore, some reports have shown HMF to be
88 an in vitro mutagen promoter and initiator of colonic aberrant crypt foci (ACF), which is a
89 biomarker of genotoxicity and carcinogenicity in rat cell lines (Glatt, Schneider & Liu, 2005; Skog
90 & Alexander, 2006; Svendsen, Husoy, Glatt, Haugen & Alexander, 2007). The extrapolation to
91 humans could be more dramatic since humans express SULT in extrahepatic tissues more
92 extensively than rats and may therefore be more sensitive to HMF (Teubner, Meinl, Florian,
93 Kretzschmar & Glatt, 2007). However, in vitro studies on genotoxicity and mutagenicity have given
94 controversial results and the toxicological relevance of its exposure has not been clarified yet since
95 the mechanisms by which HMF exerts its genotoxicity remain unclear (Husoy et al. 2008;
96 Janzowski, Glaab, Samimi, Schlatter & Eisenbrand, 2000).

97 Several methods have been developed in the past decades to determine HMF in foodstuffs,
98 most of them based on classical spectrophotometric techniques (White, 1979). Liquid
99 chromatography (LC) with UV detection is commonly used for HMF determination and it is
100 regarded as the reference method by the Association of Official Analytical Chemists (AOAC
101 method 980.23, 1996). Recently more selective analytical methods based on mass spectrometry
102 (MS) have been published. LC-MS and LC-MS/MS have been used to analyse HMF in several
103 foodstuffs (Gokmen & Senyuva, 2006; Teixido, Moyano, Santos & Galceran, 2008), and gas

104 chromatography coupled to mass spectrometry (GC-MS) (Teixido, Santos, Puignou & Galceran,
105 2006) has also been proposed for HMF determination.

106 Capillary electrophoresis (CE) has been demonstrated to be a powerful technique for food
107 analysis (Cifuentes, 2006; Garcia-Canas & Cifuentes, 2008) and therefore it can be a promising
108 alternative for the analysis of HMF. Due to the chemical characteristics of this compound (high
109 polarity and difficult ionisation), conventional capillary zone electrophoresis (CZE) cannot be
110 applied. In contrast, micellar electrokinetic chromatography (MEKC), as first introduced by Terabe,
111 Otsuka, Ichikawa, Tsuchiya and Ando (1984), can be a good alternative to LC and GC techniques.
112 The literature is scarce on the determination of heat-induced markers in foodstuffs by
113 electrophoretic techniques. Up to now, only two papers have been published dealing with the
114 determination of HMF by MEKC (Corradini & Corradini, 1992; Morales & Jimenez-Perez, 2001)
115 but few information is provided about its applicability when analysing food samples of different
116 nature. Since those methods are focused only in grape juice and milk-formulae, it is interesting
117 setting up procedures for the analysis of HMF in a wider range of matrices such as breakfast
118 cereals, chocolate and biscuits.

119 The aim of this work is the application of a MEKC procedure with direct UV detection suitable for
120 the determination of HMF in a wide range of different foodstuffs typically consumed in the Spanish
121 diet. The MEKC method was validated by determining HMF content of representative samples and
122 comparing the results with those obtained using a previously established LC-MS/MS method
123 (Teixido et al. 2008). A total of 45 food commodities obtained from commercial markets, including
124 honeys, fruit juices, biscuits, breakfast cereals, jams, breads, coffees and chocolates were then
125 analysed by MEKC, and the HMF concentration results were discussed and compared to those
126 found by other researchers.

127

128 **2. Materials and methods**

129 **2.1. Chemicals**

130 High purity (>99%) HMF (5-hydroxymethylfurfural) was purchased from Sigma-Aldrich
131 (St. Louis, MO, USA). Methanol (HPLC grade), hydrochloric acid (25%) and sodium hydroxide
132 were purchased from Merck (Darmstadt, Germany). SDS, sodium dihydrogen phosphate
133 monohydrate and sodium monohydrogen phosphate anhydrous were obtained from Fluka (Buchs,
134 SG, Switzerland). Syringe filters (0.45 µm) were purchased from Teknokroma (Barcelona, Spain)
135 and water was purified by means of an Elix-Milli-Q system (Millipore, Bedford, MA, USA).

136 A stock standard solution of HMF (1500 mg L⁻¹) was prepared in water. Intermediate
137 working solutions were prepared weekly from the primary standard solution by appropriate dilution
138 in water. Standard solutions ranging from 0.75 mg kg⁻¹ to 250 mg kg⁻¹ were prepared in a blank
139 matrix (fresh orange juice free of HMF). All stock solutions were stored at 4 °C for no more than
140 two weeks. Buffers were prepared daily by dilution of stock solutions of 0.5 M sodium
141 hydrogenphosphate and 0.5 M sodium dihydrogenphosphate. Stock solution of 0.5 M SDS was
142 prepared every week in purified water. BGE was prepared every day by dilution of the SDS stock
143 solution in appropriate phosphate buffer. All buffers and working standard solutions were sonicated
144 and filtered through 0.45 µm nylon filters before use.

145 For solid-phase extraction (SPE), ENV+ cartridges (200 mg, 3 mL) were purchased from
146 IST (Hengoed, Mid-Glamorgan, UK); coupling pieces and stopcocks were obtained from Varian
147 (Harbor City, USA). Nitrogen (99.8% purity) was supplied by a Claind nitrogen generator N2 FLO
148 (Lenno, Italy).

149 For sample clean-up, clarification and protein precipitation solutions of Carrez I (Potassium
150 hexacyanoferrat(II)-3-hydrat, 150 g/L) and Carrez II (Zincsulphate-7-hydrat, 300 g/L) were
151 prepared in distilled water.

152 For LC-MS/MS analysis, [2,3,3-²H₃]Acrylamide (acrylamide-d₃) (98%) provided by
153 Cambridge Isotope Labs. (Andover, MA, USA) was used as internal standard. Methanol (HPLC
154 grade) was purchased from Merck (Darmstadt, Germany). A stock standard solution of HMF
155 (500 mg kg⁻¹) was prepared by weight in water. Intermediate solutions were prepared weekly from

156 the primary standard solution by appropriate dilution in water. Calibration standard solutions
157 ranging from 0.24 mg kg⁻¹ to 65 mg kg⁻¹ were prepared in a blank matrix (fresh orange juice free of
158 HMF). An acrylamide-d₃ standard solution (1000 mg L⁻¹) was prepared in water and used as the
159 internal standard for LC–MS/MS quantification. All stock solutions were stored at 4 °C for no more
160 than 2 weeks.

161 All food samples (orange juices, honeys, breakfast cereals, jams, biscuits, toasts, apple juices,
162 coffees, and chocolates as well as oranges for preparing the fresh squeezed orange juice) were
163 purchased at a local market in Barcelona (Spain).

164

165 **2.2. Instrumentation and working conditions**

166 **2.2.1. MEKC**

167 Experiments were performed on a Beckman P/ACE MDQ capillary electrophoresis
168 instrument (Fullerton, CA, USA) equipped with a diode array detection system. Electrophoretic
169 separation was carried out using uncoated fused-silica capillaries (Beckman) with a total length of
170 60 cm (50 cm effective length) and 50 µm I.D. A 75 mM phosphate buffer (pH 8) solution
171 containing 100 mM SDS was used as BGE, and it was filtered through a 0.45µm membrane filter
172 and degassed by sonication before use. A capillary voltage of +25 kV (~110 µA) was applied for
173 the separation, and the temperature was held at 25 °C. Samples were loaded by hydrodynamic
174 injection pressure assisted (3.5 kPa) during 15 s and direct detection was carried out at 284 nm. The
175 CE instrument was controlled using a Beckman P/ACE station software version 1.2.

176

177 **2.2.2. Capillary conditioning**

178 New capillaries were pre-treated by using 0.1 M hydrochloric acid for 30 min, Milli-Q water
179 for 30 min, 0.1 M sodium hydroxide for 30 min, and finally rinsed with Milli-Q water for 30 min.
180 The capillary was conditioned daily by rinsing with 0.1 M sodium hydroxide for 30 min, Milli-Q

181 water for 30 min and finally with the BGE for 30 min before the first run. Finally, the capillary was
182 rinsed with BGE for 5 min between runs and stored after rinsing with water.

183

184 **2.2.3. LC-MS/MS**

185 A previously developed LC-MS/MS method (Teixido et al. 2008) was used in order to
186 validate the MEKC method proposed in the present work. Briefly, a fluorinated narrow-bore LC
187 column Discovery HS F5 (Supelco, Bellefonte, PA, USA) at 40°C under isocratic elution using
188 H₂O:MeOH 9:1 (v,v) as mobile phase was used. Flow rate was set at 0.2 mL min⁻¹ and the injection
189 volume was 10 µL.

190 A quaternary pump Alliance 2690 system from Waters was coupled to a LCQ mass
191 spectrometer (Thermo Electron, San Jose, CA, USA) equipped with atmospheric pressure chemical
192 ionisation (APCI) source as well as an ion trap as mass analyser. Data acquisition and general
193 operation was carried out via Xcalibur software (version 1.4). APCI working conditions in positive
194 mode were as follows: spray current and discharge voltage were 5 mA and 5 kV, respectively;
195 heated capillary temperature was held at 175 °C and the vaporiser temperature at 350 °C; nitrogen
196 was used as sheath gas at a flow rate of 23 arbitrary units (a.u.), and as auxiliary gas at a flow rate
197 of 13 a.u.

198 Data acquisition was performed in product ion scan of the protonated molecule [M+H]⁺ (*m/z*
199 127) scanning product ions from *m/z* 50 to *m/z* 200. The fragment ion at *m/z* 109 was used for
200 quantitation purposes. For the internal standard (acrylamide-d₃), the precursor ion was *m/z* 75 and
201 data acquisition was performed in product ion scan mode (*m/z* 50–150) using the most intense
202 product ion (*m/z* 58) for quantitative analysis.

203

204 **2.3. Sample preparation and clean-up procedure**

205 Sample preparation was performed following a previously proposed procedure (Teixido et
206 al. 2008) with some modifications. Briefly, food samples were ground and homogenised using a

207 supermixer blender system (Moulinex, Lyon, France) and an Ultraturrax T25 basic (Ika-Werke,
208 Staufen, Germany). Sample amounts of 1 g were weighed into 15 mL centrifuge tubes and 9 mL of
209 water were added. Each tube was stirred for 1 min in a Stuart vortex mixer (Barloworld Scientific,
210 Stafford, UK). Then, 0.5 mL of each Carrez Solution (I and II) were added and subsequent
211 centrifugation was performed at 4000 rpm for 5 min with a Selecta Centronic centrifuge (Selecta,
212 Barcelona, Spain). The supernatant aqueous sample solution was filtered through a nylon 0.45 μm
213 syringe filter (Tracer).

214 Supelco Visiprep and Visidry SPE vacuum manifolds (Supelco, Gland, Switzerland) were
215 used for SPE and solvent evaporation, respectively. Initially, ENV+ cartridges (200 mg, 3 mL) from
216 IST (Hengoed, UK) were conditioned using 5 mL of methanol and 5 mL of water. Five millilitres of
217 the sample aqueous solution was loaded to the cartridge, followed by 1 mL of water in order to
218 wash the cartridge and eliminate any interference. Then cartridges were dried during 1 minute and
219 HMF was eluted with 1 mL of methanol. The resulting extract was evaporated to dryness under a
220 stream of nitrogen, reconstituted in 0.5 mL of water, filtered through a 0.45 μm nylon syringe filter,
221 injected into the CE system and analysed using the proposed MEKC procedure.

222

223 **3. Results and discussion**

224 **3.1. Method performance**

225 Electrophoretic conditions such as buffer concentration, SDS concentration, pH and
226 capillary voltage were slightly modified from those previously published (Corradini et al. 1992) in
227 order to adjust them to our requirements. It was observed that higher pH values provided better
228 HMF signal, without a significant variation on analysis time and pH 8 was selected as the optimal
229 value instead of the value of pH 7.5 proposed by Corradini and co-workers. Improvements on HMF
230 signal and peak shape were observed when increasing the ionic strength of the BGE but a
231 considerably increase on capillary current was obtained which resulted in a loss on reproducibility,
232 so 75 mM was chosen as optimal value for buffer concentration.

233 In order to improve the signal of HMF different SDS concentrations on the BGE were also
234 evaluated and 100 mM was selected, as suggested in the literature (Corradini et al. 1992). High
235 concentrations of SDS improved the separation between the electroosmotic flow (EOF) and HMF
236 but also produced an enhancement of the ionic strength and, consequently, the capillary current also
237 raised, giving as a result worse signal to noise ratio and lower reproducibility because of the Joule
238 effect. Then, a 75 mM phosphate buffer solution at pH 8.0 containing 100 mM SDS was proposed
239 as optimal BGE.

240 The effect of the capillary voltage (from 5 to 30 kV) on the HMF determination was also
241 studied. Although the analysis time decreased when increasing the capillary voltage as expected,
242 values higher than 25 kV produced a loss in the resolution between the EOF and HMF and an
243 increase in capillary current. For these reasons +25 kV was chosen as the optimal capillary voltage
244 value. Both hydrodynamic and electrokinetic injection modes were tested for the introduction of the
245 sample, and the best results were obtained with the hydrodynamic one. For hydrodynamic injection,
246 both BGE and water were used as solvents for standards. Since no significant improvement in the
247 signal was obtained when using BGE and some samples were not completely dissolved, standard
248 solutions were prepared in water.

249

250 **3.2. Quality parameters**

251 In order to check the performance of the proposed method, quality parameters such as limit
252 of detection (LOD), limit of quantification (LOQ), linearity, and run-to-run and day-to-day
253 precisions were established and the results are given in Table 1. Instrumental quality parameters
254 were determined using aqueous standard solutions of HMF while method quality parameters were
255 calculated using a fresh squeezed orange juice (free of HMF) as blank sample (from now on
256 pseudo-matrix matched standards). These samples were spiked at low concentration levels and
257 submitted to the sample treatment detailed in the experimental section. Instrumental LOD and LOQ,
258 based on a signal-to-noise ratio of 3:1 and 10:1 respectively, were found to be 0.3 mg mL^{-1} and 1

259 mg L⁻¹ for standard solutions. Using pseudo-matrix matched standard solutions the LOD and LOQ
260 of the method slightly increased to 0.7 mg kg⁻¹ and 2.5 mg kg⁻¹ respectively, due to the sample
261 matrix.

262 Calibration curves based on HMF peak area at the working ranges indicated in Table 1 were
263 obtained and good linearity, with correlation coefficients (r^2) higher than 0.999, was observed in
264 both cases. Run-to-run and day-to-day precisions for HMF quantification were calculated at two
265 concentration levels, a low level (LOQ) and a medium level (40 mg kg⁻¹) which corresponds to the
266 maximum quality level proposed in honey (Directive 110/2001/EC, 2001). In order to obtain the
267 run-to-run precision, six replicate determinations were carried out under optimal conditions, while
268 the day-to-day precision was calculated by performing 18 replicate determinations of the same
269 solution in three non-consecutive days (six replicates each day). The relative standard deviation
270 (RSD) values obtained for run-to-run and day-to-day precisions were 1.1% and 5.8% respectively,
271 at the medium concentration level. These values increased, as expected, to 7.5% and 10.2% when
272 the low concentration levels were evaluated. Although better precisions were obtained at the high
273 concentration level evaluated, the loss in reproducibility when working at low levels was not
274 significant, showing a good MEKC instrumental performance. The RSD values achieved using the
275 developed MEKC-UV method with the standards prepared on squeezed orange juice were
276 obviously slightly higher than those obtained on the instrumental evaluation using aqueous
277 standards, but with values always lower than 12%. Therefore, the results obtained showed that the
278 developed MEKC-UV method can be proposed for the analysis of HMF at the levels recommended
279 by the Codex (Alinorm 01/25, 2001) and the European Union (Directive 110/2001/EC, 2001).
280 Finally, in terms of migration time, good run-to-run and day-to-day precisions were obtained in all
281 cases (Table 1) with RSD values from 1.3% to 2.1% for matrix matched standard solutions.

282 For quantitation pseudo-matrix matched using a fresh squeezed orange juice free of HMF
283 was used. In order to validate this quantitation procedure several representative food samples were
284 analysed by LC-MS/MS using a method previously developed in our research group (Teixido et al.

285 2008). One sample of each type of foodstuff was analysed by both methods (MEKC and LC-
286 MS/MS). The results obtained are shown in Figure 1 where it can be seen that they were not
287 significantly different. Furthermore, a statistical paired-sample comparison analysis was performed
288 with the MEKC-UV results and those obtained by LC-MS/MS and the significance value (P) (for a
289 confidence level of 95%) obtained was 0.21. As this value is higher than the significant level
290 selected (P value of 0.05), no significant differences were statistically observed between the MEKC
291 and the LC-MS/MS method. Consequently, the pseudo-matrix matched standard calibration method
292 proposed can be used to quantify HMF in food samples by MEKC. This procedure allowed
293 reducing the analysis time and the effort that involves the use of the standard addition method for a
294 high number of samples in routine analysis.

295 Two additional parameters, the decision limit ($CC\alpha$) and the detection limit ($CC\beta$), included in the
296 Commission Decision 2002/657/EC (2002) were also evaluated in apple juice and honey, where
297 maximum HMF quality levels have been established by the Codex Alimentarius (Alinorm 01/25,
298 2001) and the European Union (Directive 110/2001/EC, 2001), respectively. For apple juice there is
299 a lack of EU legislation regarding established maximum HMF levels. So, 20 blank samples were
300 fortified at the maximum HMF quality level recommended (50 mg kg^{-1}) and were analysed
301 following the methodology proposed in this work. $CC\alpha$ was then calculated as the level determined
302 plus 1.64-times the standard deviation of the within-laboratory reproducibility (obtained after the
303 quantitation of the 20 fortified blank samples). Following the same procedure, $CC\beta$ was calculated
304 as the measured content at $CC\alpha$ plus 1.64-times the standard deviation of the within-laboratory
305 reproducibility). For the case of HMF in apple juice, $CC\alpha$ and $CC\beta$ were calculated to be 57.4 and
306 64.7 mg kg^{-1} , respectively.

307 For honey, since the EU states a maximum level of HMF, $CC\alpha$ and $CC\beta$ were calculated
308 using the calibration curve approach. For this purpose, a honey sample was fortified around the
309 maximum HMF quality level established (40 mg kg^{-1}). Samples were then analysed following the
310 methodology proposed in this work and the standard addition calibration curve was plotted. $CC\alpha$

311 was then calculated as the corresponding concentration at the maximum HMF quality level
312 established plus 1.64-times the standard deviation of the within-laboratory reproducibility (obtained
313 from the standard deviation S_{x_0} of the standard addition calibration curve). $CC\beta$ was then calculated
314 as the measured content at $CC\alpha$ plus 1.64-times the standard deviation of the within-laboratory
315 reproducibility. For HMF in honey, $CC\alpha$ and $CC\beta$ resulted to be 43.9 and 47.9 mg kg⁻¹,
316 respectively.

317

318 **3.3. Analysis of food commodities**

319 To demonstrate the applicability of the proposed MEKC method for the routine
320 determination of HMF in different types of food products, 45 foodstuff samples of different nature
321 (honey, breakfast cereals, orange and apple juice, biscuits, toasts, coffee, chocolate and jam) were
322 analysed. All samples were prepared as described in Section 2 and analysed by triplicate to
323 determine HMF using fresh orange juice to prepare the standards for pseudo-matrix-matched
324 standard calibration. It must be noted that some coffee and toast samples deserved an additional
325 dilution of the extract before MEKC analysis in order to obtain a response able to be quantified
326 within the linear calibration range since they presented a very high HMF content. As an example,
327 Figure 2 shows the electropherograms obtained for some representative samples (one of each type
328 of foodstuff) and the corresponding spiked ones. Peak purity was confirmed by comparing UV
329 spectra through the entire peak signal.

330 All the results obtained are summarised in Table 2. Moreover, levels of HMF found by other
331 researchers have also been detailed in the table in order to compare our results with those published
332 in the literature. As can be observed, HMF was found at concentration levels between >0.7 mg kg⁻¹
333 and 1093.0 mg kg⁻¹ with good precision (RSD lower than 15% in most of the cases). For some
334 samples, such as dark chocolate A, wheat toast A and peach jam, higher RSD values (18-29%) were
335 observed. These RSD values were higher than those obtained during method validation (Table 1),
336 fact that could be explained because only an analysis by triplicate (instead of 6 determinations as in

337 the case of validation) was performed. Only six samples, corresponding to orange and apple juices,
338 were found to have concentrations lower than LOQ or LOD, remarking the fact that fresh orange
339 juice can be considered as blank sample and therefore it can be used for preparing the matrix
340 matched standards.

341 While fruit juices presented low levels of HMF, chocolate, toasts and coffee were the
342 matrices that presented the highest HMF content. It should be taken into account that all the
343 samples in which production and manufacture toasting and drying processes are involved, usually
344 present higher HMF amounts since these thermal processes favour both the Maillard Reaction and
345 the caramelisation. Moreover, levels of HMF in instant coffee were significantly higher as
346 compared to natural and blend coffee in agreement with literature data (Arribas-Lorenzo &
347 Morales, 2010).

348 Regarding biscuits, the sample that presented the highest HMF content was the digestive
349 biscuits, which is due to the presence of glucose syrup that enhances HMF formation when baking.
350 For toasts, slightly higher values were found for whole wheat toasts than for wheat ones. This could
351 be partially explained by the slower rate of water loss of whole-wheat bread as compared with the
352 wheat formulation (Capuano et al. 2009). However, the differences of HMF content observed in the
353 analysed samples can also be attributed to different toasting temperatures both in the case of toasts
354 and biscuits.

355 Regarding breakfast cereals, rice based cereals have the lowest HMF levels while higher
356 levels correspond to corn and wheat based cereals, in agreement with the literature data (Garcia-
357 Villanova, Guerra-Hernandez, Martinez-Gomez & Montilla, 1993). Obviously, honey biscuits and
358 honey cereals (honey rings) have higher values than the plain ones since honey gives these
359 foodstuffs an extra source of HMF.

360

361 **4. Conclusions**

362 A MEKC method with pseudo-matrix matched calibration procedure has been proved to be
363 applicable to the analysis of 5-hydroxymethylfurfural in foodstuffs with matrices of different nature
364 and at different concentration levels. Micellar background electrolyte conditions have been
365 adjusted. Sample preparation with an efficient SPE clean-up, followed by a rapid electrophoretic
366 determination is proposed. Good repeatability, linearity and sensitivity were obtained. Moreover,
367 the method was validated by comparing the results with those obtained by LC-MS/MS and no
368 significant differences were observed. The proposed MEKC method was applied for determining
369 HMF in 45 food samples containing a broad range of HMF levels in very different matrices.
370 Therefore, it can be proposed as an alternative to the LC-UV Official Method (AOAC Method
371 980.23, 1996) for the analysis of HMF in food.

372

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377

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524 **Figure Captions**

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526 Figure 1. Comparison of the MEKC-UV quantitation results with those obtained for the same
527 samples by LC-MS/MS.

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529 Figure 2. MEKC-UV electropherograms of one representative sample of each type. BGE: 75 mM
530 phosphate buffer at pH 8.0 containing 100 mM sodium dodecylsulfate. Capillary voltage, +25 KV.

531 Acquisition wavelength, 284 nm. Hydrodynamic injection 10s (3.5 KPa)

532 (a) original sample (b) spiked sample (20 mg kg⁻¹)

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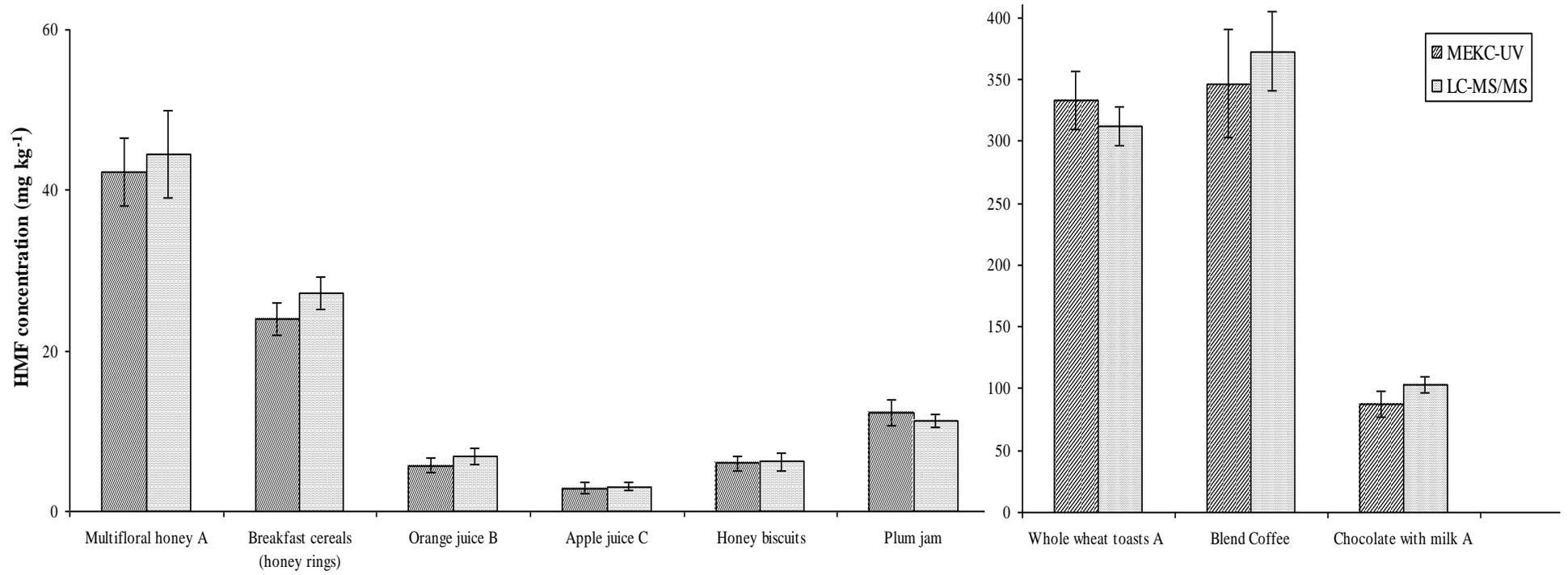
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Figure 1

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