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An International Systematic Review of Smoking Prevalence in Addiction Treatment

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Abstract

Aims—Smoking prevalence is higher among persons enrolled in addiction treatment as compared to the general population, and very high rates of smoking are associated with opiate drug use and receipt of opiate replacement therapy (ORT). We assessed whether these findings are observed internationally.

Methods—PubMed, PsycINFO and the Alcohol and Alcohol Problems Science Database were searched for papers reporting smoking prevalence among addiction treatment samples, published in English, from 1987 to 2013. Search terms included tobacco use, cessation, and substance use disorders using AND/OR Boolean connectors. For 4,549 papers identified, abstracts were reviewed by multiple raters. 239 abstracts met inclusion criteria and these full papers were reviewed for exclusion. 54 studies, collectively including 37,364 participants, were included. For each paper we extracted country, author, year, sample size and gender, treatment modality, primary drug treated, and smoking prevalence.

Results—The random-effect pooled estimate of smoking across persons in addiction treatment was 84% (CI 79%, 88%), while the pooled estimate of smoking prevalence across matched population samples was 31% (CI 29%, 33%). The difference in the pooled estimates was 52% (CI 48%, 57%, p < .0001). Smoking rates were higher in programs treating opiate use as compared to alcohol use (OR = 2.52, CI 2.00, 3.17), and higher in ORT compared to outpatient programs (OR = 1.42, CI 1.19, 1.68).

Competing Interests: None.

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Conclusions—Smoking rates among people in addiction treatment are more than double those of people with similar demographic characteristics. Smoking rates are also higher in people being treated for opiate dependence compared with people being treated for alcohol use disorder.

Keywords

Addiction; Co-substance use; Global health; Surveillance and monitoring; Priority/special populations

INTRODUCTION

Each year, nearly 6 million people worldwide die from tobacco-related causes. Tobacco use accounts for about 18%, 11%, and 4% of deaths in high-, middle-, and low-income countries, respectively (1). Economic damages from global tobacco use are estimated at over one half trillion dollars per year (2). To address the global health and economic costs of tobacco the World Health Organization (WHO) approved the Framework Convention on Tobacco Control (FCTC), an international treaty that monitors global tobacco consumption and tobacco control policies and crafts measures to reduce tobacco supply and demand. The FCTC's six principal strategies, called "MPOWER," include smoke-free environments, cessation programs, warning labels, mass anti-tobacco media, tobacco advertising bans, and taxation (2).

In concert with the FCTC, the Global Adult Tobacco Survey (GATS) has become an important tool for cross-national studies of smoking prevalence and tobacco policies. A recent analysis of GATS data demonstrated high variability in smoking rates across 14 lowand middle-income countries, with smoking prevalence ranging from 21.6% to 60.2% among men and from <1% to 24.4% among women (3). Similar to the GATS, European researchers developed the Tobacco Control Scale (TCS) to evaluate smoking prevalence across European Union nations (4-7). While both the GATS and TCS evaluate smoking prevalence ross-nationally, there are no systematic approaches to compare international smoking rates in subgroups where smoking is most prevalent. These subgroups include, but are not limited to, persons with mental health and substance abuse disorders (8, 9).

Concerning substance abuse specifically, studies in the United States (U.S.) indicate that smoking rates are 2 to 4 times higher in persons with substance use disorders than in the general public (9, 10). Smoking rates are highest, however, among those with substance use disorders who also enter addiction treatment, with smoking prevalence in this subgroup estimated at around 67% (11). Smokers with comorbid substance abuse are more likely to die from tobacco-related causes than from other substance-related causes (12, 13), and quitting smoking is associated with longer-term maintenance of recovery from other addictions (14).

We previously conducted a systematic review of smoking in addiction treatment in the U.S. from 1987 through 2009 (15). Focusing on 42 papers, and aggregating samples by year, we found annual smoking rates ranging from 65 to 87.2% with a median of 76.3%. This was consistent with National Survey on Drug Use and Health (NSDUH) data, where smoking prevalence among persons who received recent addiction treatment ranged from 68.9% in

2000 to 74.2% in 2011 (15, 16). The current study estimates smoking prevalence for persons entering addiction treatment internationally, using studies published between 1987 and 2013,

and compares prevalence reported in treatment samples to national epidemiologic estimates. Such a review may be useful for directing tobacco control resources and policies to concentrations of smokers who seek treatment for other addictions.

METHODS

Article Identification and Selection

Search Procedures—PubMed, PsycINFO and the ETOH Alcohol and Alcohol Problems Science Database (an archived database of alcohol-related research) were searched for published papers reporting smoking prevalence for addiction treatment samples. These sources contain the title and abstract for each paper in the database, so the electronic search was limited to titles and abstracts in each database. Specific search terms were used for each database, reflecting their respective search term mapping, and we identified the broadest search terms relevant to our goals. PubMed MeSH terms and Boolean connectors included "smoking OR tobacco use cessation OR tobacco use disorder OR tobacco OR nicotine" AND "substance-related disorders OR substance abuse treatment centers" AND "patients." PsycINFO Thesaurus descriptors used included: "addiction OR drug usage" AND "client attitudes OR clients OR patients" AND "nicotine OR tobacco smoking OR smoking cessation." The Alcohol and Other Drug Thesaurus (AOD) descriptors were used for the ETOH search and consisted of: "(tobacco in any form or smoking or nicotine)" AND "(survey or questionnaire or interview or self-report)." Search results were limited to articles published in English. Papers from all countries were included in the screening process. A total of 4,541 papers were identified electronically, and 20 additional papers were identified through bibliographic review of the final selected papers. After removing duplicates, abstracts for 4,549 articles were screened for inclusion. Systematic review procedures were conducted in accordance with PRISMA guidelines, and Figure 1 shows the PRISMA flow diagram (17).

Rating Abstracts for Inclusion—Abstracts were reviewed using three inclusion criteria: (a) the paper reported data gathered in an addiction treatment setting, (b) patient-level data were reported, and (c) tobacco use was mentioned in the abstract. Only abstracts meeting all three criteria were reviewed further. Abstract review procedures were conducted for two time periods, first for the years 1987-2009, and again for the period 2009 through June of 2013.

To assess inter-rater reliability for the first period (1987-2009), 6 raters were trained on inclusion criteria and then rated the same set of 30 abstracts (ICC = 0.83, p < .001). Thereafter, each rater rated a unique set of 300 abstracts, with a final test of inter-rater reliability to assess potential rater drift during the rating process (ICC = 0.79, p< .001) (15). To assess inter-rater reliability for the second period (2009 - 2013), 4 raters (3 were the same and 1 different) were trained on inclusion criteria and then rated the same set of 20 abstracts (ICC = 1.0). Thereafter, each rater rated unique sets of abstracts. Last, inter-rater reliability was assessed using a single set of 20 abstracts, to assess potential rater drift (ICC = 1.0).

Reviewing Papers for Exclusion—A total of 239 met abstract inclusion criteria. Each of these papers was read by one of two reviewers, with attention to four exclusion criteria: (a) a review paper (not primary data); (b) smoking prevalence not reported for addiction treatment sample; (c) participant selection was based on smoking status; (d) participants were adolescents. Of the 61 papers remaining eligible, one was excluded due to a small sample size (defined for this review as less than 25 participants) (18), and one multinational paper was excluded because it did not report smoking prevalence of the sample by country where data were collected (19). Five papers were excluded due to overlapping sample with another paper included in the review (20-24). A total of 54 papers from 20 countries are included in the review. Search terms and the checklists used for rating abstracts and reviewing papers are available from the first author.

National Smoking Prevalence Data

Each study in the review provides smoking prevalence for a sample of persons enrolled in addiction treatment, in one country and in one year. We compared smoking prevalence in each study sample to national smoking prevalence for the same country and in the same year. Smoking prevalence differs widely by gender in many countries. When the addiction treatment sample included 70% women we used national prevalence estimates for women (5 studies), and when the sample included 70% men we used the national prevalence estimate for men (35 studies). When the sample included 31-69% of either women or men (10 studies) (25-34), or when the gender breakdown was unknown (4 studies) (35-38), we used a national prevalence estimate for men and women combined.

To obtain national smoking prevalence rates we first consulted the World Health Organization (WHO) Global Health Observatory Data Repository (http://apps.who.int/gho/ data/view.main). Within the Repository we referred to the Tobacco Control section, and to the Prevalence - adult age-standardized by country dataset which reports current smoking for male, female and both sexes. However, these data refer only to 2006, 2009 and 2011. For national smoking prevalence from additional years we consulted the 2011 Country Profiles from the WHO Report on Global Tobacco Epidemic (http://www.who.int/tobacco/ global report/2011/en/). Where national prevalence rates were not available through these WHO sources, we consulted the web edition of the International Smoking Statistics (ISS) (http://www.pnlee.co.uk/ISS.htm). If rates were not available the WHO or ISS sources, we consulted official country websites. Finally, rates reported in published articles were used if rates could not be found through other sources. Smoking prevalence estimates were not available for all countries in all years. For 30 papers we found national smoking prevalence in the year the study was published. For 21 papers we found prevalence estimates within one year, and for 3 papers we found prevalence estimates within two years of the publication year.

To calculate Confidence Intervals (CIs) for national smoking prevalence, we found the report where each estimate originated. We used either the total N from the original survey, or the N for men or women, according to the gender matched prevalence for each study. For 13 papers where the original source was not found, was found behind a paywall, or was found in a language we could not translate using Google Translate, we used N = 4000 to calculate

CIs. This is the lower bound of the Ns that were found and so represents a conservative approach to estimating the population Cis. When the sample size for the national survey was not reported by gender, we estimated the N for each gender by halving the total.

Data Analysis

Country, year of publication, author, sample size, proportion of women, and smoking prevalence were extracted for each paper. For papers reporting intervention studies, or for papers reporting repeated measures over time, we used prevalence from the baseline data. Treatment modality (inpatient, outpatient, opiate replacement therapy), and primary drug treated (alcohol, alcohol and other drugs, opiates) were also extracted. Opiate replacement therapy (ORT) is an outpatient modality distinguished by its focus on replacing illicit opiates with either methadone or buprenorphine. Where papers drew clients from two modalities, they were coded to whichever category represented more than half of the patients involved in the article (39, 40). Two papers reporting cocaine as the primary drug treated were grouped in the "alcohol and other drug" category (41, 42).

We extracted the smoking prevalence and calculated the 95% CI for each estimate. Using a Forest plot, we plotted the smoking prevalence and CI for each paper alongside the year and gender-matched national smoking prevalence for the country where the paper was reported. Using these estimates and CIs, we calculated the random-effect pooled estimates for smoking across addiction treatment samples, across national prevalence estimates, and the difference between the two (study – national).

Research in the U.S. has shown that opiate use as compared to alcohol use, and enrollment in opiate replacement therapy (ORT) as compared to non-opiate outpatient programs, were associated with higher smoking prevalence (16, 43). To assess whether these associations may also be observed internationally, we calculated smoking rates by treatment modality and primary drug treated combined across all papers. Treatment modality and primary drug treated were intercorrelated (r = .55, p < .0001), so each variable was evaluated in a separate model before both were included in the same model. Random-effect logistic regression models were used to assess univariate relationships between each predictor (treatment modality, primary drug, year of study) and smoking prevalence, and then to assess multivariate relationships of treatment modality and primary drug with smoking prevalence, controlling for year. In these analyses a random intercept model was used, with country as a random factor. Two papers were removed from analyses because they reported on patient samples that were aggregated over 20 years, confounding any relationship between time in those samples (39, 44). One paper from 1989 was removed (45) so that the analysis period would be 20 years in length (1994 - 2013) and most years would be represented by at least one study. We conducted these analyses with nesting by country.

RESULTS

Prevalence of Smoking in Addiction Treatment

Papers in the review are summarized in Table 1, listed alphabetically by country and, within country, by year published. Among the studies were 6 from Germany, 5 each from Australia

and Italy, and 4 each from Brazil, France, Switzerland and the UK. The remaining 22 papers were from 13 different countries. Programs were identified in the reports as inpatient (41%), methadone or other opiate treatment (30%) or outpatient programs (26%). Type of program could not be determined for 2 studies (46, 47). Programs identified the primary drug treated as alcohol (48%), heroin or other opiates (35%), or alcohol and other (non-specified) drugs (17%). The final column shows the year and age matched national smoking prevalence for the country in which each study was reported. Smoking prevalence across all studies ranged from 41.1% (39) to 100% (46, 48).

Figure 2 compares smoking prevalence visually in each sample to the corresponding national prevalence. National prevalence rates are shown on the left, while study prevalence rates and 95% CIs are on the right. For each study, the white space between the two estimates represents how much higher smoking is in the addiction treatment sample as compared to the general population. Scanning this white space from top to bottom shows that smoking rates are consistently higher in addiction treatment. Not shown in the Figure, the random-effect pooled estimate of smoking across persons in addiction treatment was 84% (CI 79%, 88%). The pooled estimate of smoking prevalence across the year and gender-matched population samples was 31% (CI 29%, 33%), and the difference in pooled estimates was 52% (CI 48%, 57%, p < .0001).

Association of Smoking with Treatment Modality and Primary Drug

Smoking rates were 85% in ORT, 80.9% in inpatient, and 74.5% in outpatient programs. By primary drug, smoking rates were 85.1% for opiates, 80.9% for alcohol and other drugs, and 75.2% for alcohol. Regression results are reported in Table 2. The unadjusted ORs in the first column show that treatment modality was not associated with differences in smoking rates. However, compared to programs treating alcohol, smoking rates were higher in programs treating both alcohol and other drug use (OR = 1.75, CI 1.45, 2.11) and in programs treating primarily opiate use (OR = 1.84, CI 1.49, 2.28). In Model 1, adjusting for year of study, odds of smoking were higher in ORT as compared to outpatient programs (OR = 1.42, CI 1.19, 1.68). In Model 2, compared to programs treating alcohol, smoking rates were higher in programs treating alcohol and other drug use (OR = 1.83, CI = 1.52, 2.21) and in programs treating opiate use (OR = 2.52, CI 2.00, 3.17). In Model 3, only persons in programs treating alcohol and other drug use showed a higher rate of smoking, as compared those in programs treating alcohol use. Neither ORT modality nor opiate as primary drug was associated with smoking, and we believe this is because the two variables are confounded. In all adjusted models, year of study was inversely associated with smoking prevalence, such that the odds of smoking decreased by 6% per year in addiction treatment samples (OR = 0.94, CI = 0.93, 0.96). We discount this result because the 51 papers are spread across 20 years, and across countries with wide variation in population smoking rates. A large study reported in one year can affect the estimate of addiction treatment smoking prevalence for that year, influencing an estimate of linear change over time.

DISCUSSION

In every study reviewed, smoking prevalence among persons enrolled in addiction treatment was 2 to 4 times higher than that in the general population. This is consistent with results from the U.S., where NSDUH estimates of smoking among persons receiving addiction treatment (1987 – 2009) ranged across years from 66.9% to 75%(43). Considering both the prior U.S. review and the current international review, 96 papers reporting from 21 countries show that smoking prevalence is higher in addiction treatment as compared to the general population. World-wide, smoking among persons in addiction treatment programs contributes prominently to the tobacco epidemic, and to associated economic costs and morbidity and mortality.

Further, among persons enrolled in addiction treatment programs internationally, the highest rates of smoking are associated with opiate use and with participation in ORT programs. These findings are also consistent with prior research (16, 43), including findings that nicotine appears to potentiate the effect of methadone on opiate withdrawal (49), and that peak smoking rates are observed during methadone administration (50).

There are many potential reasons why smoking prevalence is higher in addiction treatment populations than in general populations. Like many drugs of abuse, smoking increases dopamine levels in reward regions of the brain, and dopamine receptor genes mediate smoking as well as other addiction-related behaviors (51). Smokers who also use other drugs are more heavily addicted to nicotine than smokers who do not (52, 53); and smokers who are more dependent on other drugs, and thus more likely to enter addiction treatment, are less successful in quitting smoking (53, 54). Importantly, Prochaska et al. also found that receipt of smoking cessation services was associated with improved outcomes for other addictions (55).

For patients in addiction treatment, other factors may support continued smoking or interfere with efforts to quit. These include elevated smoking prevalence among patients (43) and staff (56), and limited access to smoking cessation treatment (57-59). In a meta-analysis of smoking cessation trials among persons who received addiction treatment, Prochaska et al. found quit rates lower than those achieved in general population samples receiving similar treatments (55). Staff attitudes and beliefs about smoking may contribute to lower successful quit rates among persons in addiction treatment. Staff who smoke are less likely to address smoking with patients (60), and less likely to support smoking cessation in the context of addiction treatment (61). Both staff and directors sometimes express attitudes that quitting smoking hinders recovery from other addictions, that smoking cessation is a low priority, and that patients are not interested in quitting smoking (56). Importantly, many of the same attitudinal barriers to addressing smoking in addiction treatment programs are also reported in mental health programs (62, 63). Whether difficulty in quitting in addiction treatment populations is due to biological factors, features of the addiction treatment culture, or provider misconceptions, interventions specially tailored to this population may be needed to improve both motivation to quit smoking and successful quit rates.

Much of this research comes from the U.S. and some findings, particularly concerning the culture and beliefs within addiction treatment systems, may not apply internationally. At the same time the consistent finding of elevated smoking prevalence in addiction treatment internationally suggests that at least some of the contributing factors identified in the U.S. literature may apply in addiction treatment systems in other countries.

Limitations of the current study include reliance on English language publications, as this excludes an unknown number of reports in other languages which may meet inclusion criteria. Search procedures may have missed an unknown number of relevant papers, particularly if tobacco was not mentioned in the abstract but smoking prevalence was later reported in the paper itself. All smoking prevalence rates were provided in the papers or calculated from information provided in the papers. In one instance the prevalence estimate included former as well as current smokers (30). In another, smoking prevalence was inferred from a tobacco dependence scale (41). When developing national prevalence rates for comparison, a simple algorithm determined use of male, female, or combined national smoking prevalence. This may result in a national prevalence estimate that is either higher or lower than a national prevalence estimate based on the gender proportion in the sample. National smoking estimates do not consider differences in socioeconomic status (SES) between the general population and addiction treatment samples. If matched to SES of each treatment sample by year and by country, national estimates may be higher due to an association between lower SES and smoking in most countries (64). In that case, the gap between smoking in addiction treatment and smoking in national samples may be smaller. Each paper reported on a unique sample and, while we gathered all possible papers, we do not assert that any single sample or collection of papers represents smoking prevalence among all persons in addiction treatment in a single country.

Findings may inform tobacco control strategies in different countries. Addiction treatment programs offer a strategic point for tobacco intervention due to their high smoking prevalence and the potential to reach a large number of smokers. To better understand smoking prevalence in these populations, the WHO may wish to include a question in the GATS similar to that included in the NSDUH, which asks whether the respondent received any addiction treatment in the past year (65). When combined with current smoking status, this permits estimation of smoking prevalence in addiction treatment populations at the national level (43). The WHO, or individual FCTC signatories, may also consider adapting the MPOWER strategies, particularly smoke-free environments and cessation programs, for use in addiction treatment systems.

Even tobacco control efforts that are effective for the general public may have less success when applied to subpopulations such as addiction treatment clients. There is scant information, however, about strategies and success rates for addressing smoking in this population internationally. This paper is a first step toward encouraging dialogue among countries regarding ways to improve the efficacy of tobacco control for addiction treatment populations.

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Figure 2.

Comparison of Smoking Prevalence in Addiction Treatment to Smoking Prevalence in the Population of 20 Countries

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Table 1

International Addiction Treatment Studies by Country, Comparing Sample Smoking Prevalence to National Rates. (N=54)

Country	Source (Year)	Source (Author)	z	% Female	Modality	Primary Drug treated	Smoking Prevalence (95%CI)	National Smoking Prevalence ^a
Australia	2007	Burns et al. (66)	1519	100%	ORT^b	opiate	70.8% (0.685, 0.731)	18%
Australia	2004	Teichtahl et al. (32)	50	50%	ORT	opiate	92% (0.808, 0.978)	23%
Australia	2002	Shakeshaft et al. (67) ^{, c}	1212	29.6%	outpatient	PODY	74.1% (0.715, 0.765)	<i>51%</i>
Australia	1996	Zador et al. (68)	86	100%	ORT	opiate	95% (0.885, 0.987)	20.3%
Australia	1994	Darke et al. (25)	222	40.1%	ORT	opiate	93.7% (0.897, 0.965)	24%
Austria	2012	Hoflich et al. (69) ^{, e}	37	100%	ORT	opiate	$97\%^{ t^{\prime}}(0.858, 0.999)$	34.7%
Austria	2009	Malik et al. (28)	57	35.1%	inpatient	alcohol	88% (0.763, 0.949)	47%
Austria	2009	Winklbaur et al. (70)	139	100%	ORT	opiate	95.7% (0.908, 0.984)	45%
Brazil	2013	Dichl et al. (41), f	105	100%	inpatient	AOD	$92.4\%^{ \acute{T}}(0.855,0.967)$	13%
Brazil	2009	Baltieri et al. (71)	155	%0	outpatient	alcohol	66.5% (0.584, 0.738)	22%
Brazil	2009	de Meneses-Gaya et al. (72) $\cdot^{\mathcal{G}}$	40	10%	outpatient	doa	75% (0.588, 0.873)	22%
Brazil	1999	Dunn & Laranjeira (40) ^{, h}	294	10%	outpatient	AOD	$81\%^{\dagger}(0.756,0.85)$	35.4%
Canada	1999	Ellingstad et al. (35)	185	unknown	outpatient	alcohol	$54.1\%^{\not T}(0.466,0.614)$	25.2%
Canada	1995	Toneatto et al. (38)	155	unknown	outpatient	alcohol	58% (0.499, 0.659)	31%
Canada	1989	Kozlowski et al. (45)	289	27%	outpatient	DOP	86% (0.816, 0.899)	33%
China	2011	Liao et al. (27)	139	32.4%	ORT	opiate	80.6% (0.73, 0.868)	28.1%
Croatia	2011	Nenadic-Sviglin et al. (73)	505	21.4%	inpatient	alcohol	59% (0.55, 0.637)	36%
France	2009	Lahmek et al. (26)	414	47.1%	inpatient	alcohol	82% (0.776, 0.853)	31%
France	1999	Aubin et al. (74). $^{\dot{I}}$	222	26%	inpatient	alcohol	79% (0.729, 0.84)	31%
France	1995	Batel et al. (75)	325	25.2%	outpatient	alcohol	88% (0.84, 0.913)	40%
France	1995	Levy et al. (76)	50	0%	inpatient	alcohol	92% (0.808, 0.978)	40%
Germany	2009	Donath et al. (77)	1403	25%	inpatient	AOD	84% (0.819, 0.859)	33%
Germany	2008	Hillemacher et al. (78)	168	19%	inpatient	alcohol	80% (0.735, 0.861)	28.3%
Germany	2007	Hintz & Mann (79)	125	20%	inpatient	alcohol	63.2% (0.541, 0.717)	28.3%

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Country	Source (Year)	Source (Author)	Z	% Female	Modality	Primary Drug treated	Smoking Prevalence (95%CI)	National Smoking Prevalence ^{<i>a</i>}
Germany	2007	Ohlmeier et al. (29). \dot{J}	89	36%	inpatient	alcohol	67.4% ^{\dot{t}'} (0.567, 0.77)	23.3%
Germany	2001	Schmidt & Smolka (37)	63	unknown	outpatient	alcohol	$76.2\%^{ t^{+}}(0.638, 0.86)$	34.5%
Germany	1999	Hüttner et al. (80)	31	16.1%	outpatient	alcohol	90.3% (0.743, 0.98)	36%
India	2012	Basu et al. (39) k	6608	0.1%	outpatient	alcohol	$41.1\%^{\dagger}(0.399, 0.423)$	24.3%
India	2011	Mattoo et al. (81)	110	%0	inpatient	AOD	52% (0.421, 0.615)	24.3%
India	2009	Rooban et al. (82) ^{, 1}	500	0.2%	outpatient	alcohol	72.2% (0.681, 0.761)	26%
Israel	2003	Amit et al. (83)	72	5.6%	inpatient	alcohol	91.6% (0.827, 0.969)	23%
Italy	2012	Pajusco et al. (84)	305	17.7%	ORT	opiate	97.2% (0.953, 0.991)	29.5%
Italy	2011	Barbadoro et al. (85)	58	27.6%	inpatient	alcohol	91.4% (0.81, 0.971)	29.5%
Italy	2011	Pajusco et al. (44) ^{, III}	10181	19.4%	inpatient	opiate	99.2% (0.99, 0.993)	29.5%
Italy	2008	Barbadoro et al. (86)	76	23.7%	inpatient	alcohol	81.6% (0.71, 0.896)	33%
Italy	2001	Pastorelli et al. (47) , n	60	25%	unknown	alcohol	81.7% (0.696, 0.905)	32.4%
Japan	2010	Matsui et al. (87)	138	%0	outpatient	alcohol	82% (0.744, 0.879)	42%
Japan	2005	Nishiyori et al. (88)	153	%0	inpatient	alcohol	81% (0.739, 0.869)	39.3%
Japan	2003	Nakamura et al. (89) ^{, 0}	132	%0	inpatient	alcohol	$91.7\%^{\dagger\prime}(0.856, 0.958)$	52.8%
Netherlands	2002	Buster et al. (90)	100	16%	ORT	opiate	97% ^{t^{+}} (0.915, 0.994)	32.2%
Nigeria	1998	Lawal et al. (91)	80	%6	inpatient	opiate	97.5% (0.913, 0.997)	15.4%
Poland	2002	Bogucka-Bonikowska et al. (92)	28	%0	ORT	opiate	93% (0.765, 0.991)	43%
Russia	2001	Kampov-Polevoy et al. (48)	32	%0	inpatient	alcohol	100% (0.891, 1)	63.2%
Spain	2011	Pérez de Los Cobos et al. (42)· <i>P</i>	125	19.5%	outpatient	AOD	84% ^{\acute{T}} (0.773, 0.906)	35.4%
Spain	2002	Boto de los Bueis et al. (46) ^{, q}	62	9.7%	unknown	opiate	100% (0.942, 1)	42.1%
Switzerland	2010	Walter et al. (33) , I	38	36.8%	ORT	opiate	89.5% (0.752, 0.971)	26%
Switzerland	2008	Wapf et al. (93)	103	25%	ORT	opiate	93% (0.865, 0.972)	31%
Switzerland	2000	Zullino et al. (34)	88	35.2%	inpatient	alcohol	80.7% (0.709, 0.883)	33.5%

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Country	Source (Year)	Source (Author)	Z	% Female	Modality	Primary Drug treated	Smoking Prevalence (95%CI)	National Smoking Prevalence ^a
Switzerland	1998	Perneger et al. (31)	48	43.8%	ORT	opiate	$96\%^{\acute{T}}(0.858, 0.995)$	34.3%
Turkey	2003	Ercan et al. $(36)^{s}$	60	unknown	inpatient	alcohol	$88.3\%^{\dot{T}}(0.774, 0.952)$	33.8%
UK	2012	Palmer et al. (30) ^{, f}	9285	36%	ORT	opiate	85.9% (0.852, 0.866)	21%
UK	2004	Harris et al. (94). u	693	22.5%	inpatient	AOD	89.5% (0.869, 0.917)	26%
UK	2001	Tacke et al. (95)	50	26%	ORT	opiate	98% (0.894, 1)	27%
UK	1998	Best et al. (96)	100	27%	ORT	opiate	93% (0.861, 0.971)	30%

 $\dot{\tau}^{\rm Calculated}$ by reviewers

 a^2 National smoking prevalence is adjusted to the gender of the sample (If 70% of sample was either gender, national smoking rate is reported for that gender only. If gender of sample was not reported, the combined national rate was used.)

 $b_{
m Opiate}$ replacement therapy

c(Shakeshaft et al. 2002) Shakeshaft et al. 1998 sample overlap, not included in review (21).

 d Alcohol and other drugs

e (Holfich et al. 2012) Smoking prevalence collected based on number of deliveries (40) vs. number of women (37); so three women are double counted to determine this calculation. Also, to determine the rate, we totaled smokers of both vaginal and cesarean deliveries and divided that number by the total number of deliveries.

f (Diehl et al. 2013) Smoking prevalence based on scale measuring nicotine dependence from "very low" to "elevated."

^g (de Meneses-Gaya et al. 2009) Setting is psychosocial care center for alcohol or drug users. 40 clients invited to participate, of the 40, 30 self-reported as smokers.

h(Dunn & Laranjeira 1999) Mixed modalities: outpatient 133, inpatient 94, police 40, hospice 26 (from Table 1).

¹/Aubin et al. 1999) Aubin et al. 1995 was not included in review (24).

(Ohlmeier et al. 2007) Paper reports 52.7% were average to heavy smokers in paper but smoking prevalence was calculated from Table 3 (minimal, average, heavy).

k (Basu et al. 2012) Basu et al. 2009 uses subset (n=312) of this sample and was not included in review (20). For modality, facility also has "20 inpatient beds" and clients who utilized beds over a 30 year period were included in the study.

(Rooban et al. 2009) Overlapping sample with Thavarajah et al. 2006 (22).

 III (Pajusco et al. 2011). The data collected from patients entering a single program over a period of 27 years (1980-2007).

 $^{II}_{II}$ (Pastorelli et al. 2001) Unable to determine modality.

⁰ (Nakamura et al. 2003) Calculated by reviewers (11 nonsmokers).

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^P(Pérez de Los Cobos et al. 2011) Includes 205 cocaine users, reported smoking rate for subsample (n=125).

q(Boto de los Bueis et al. 2002) Unable to determine modality.

 $r^{\prime}_{\rm c}$ (Walter et al. 2010) Sample evenly split between MMT and diacetylmorphine.

 $^{S}(\mbox{Ercan et al. 2003})\,\mbox{N is 15 (childhood ADHD)} + 45$ (no childhood ADHD).

t (Palmer et al. 2012) Does not separate current and ex-smoker.

 $^{\prime\prime}$ (Harris et al. 2004) Does not specify proportions of inpatient, outpatient, and detox.

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Table 2

Treatment Modality, Primary Drug, and Year as Predictors of Smoking Prevalence in International Addiction Treatment Studies

Predictor	Unadjusted OR (95%CI) ²		Adjusted OR (95%CI) ³	
	Univariate	Multivariate- Model 1 (Modality and Year)	Multivariate- Model 2 (Primary Drug and Year)	Multivariate- Model 3 (Modality, Primary Drug and Year)
Modality				
Outpatient	Reference	Reference		Reference
Inpatient	0.95 (0.80, 1.21)	1.07 (0.89, 1.27)		0.97 (0.81, 1.16)
ORT	1.03 (0.88, 1.19)	1.42 (1.19, 1.68)		0.38 (0.04, 3.54)
Primary Drug				
Alcohol	Reference		Reference	Reference
Alcohol or Drug	1.75 (1.45, 2.11)		1.83 (1.52, 2.21)	1.79 (1.48, 2.17)
Opiate	1.84 (1.49, 2.28)		2.52 (2.00, 3.17)	6.21 (0.67, 57.72)
Year	0.96 (0.95, 0.97)	0.94 (0.93, 0.96)	0.94 (0.93, 0.96)	0.94 (0.93, 0.96)
I Analyses are based of	indias shown in Tohla 1. avoludir	ac Vozolonichi at al 1080 (15) Daineoo at al 6	2011 (74) and Bran at al. 2012 (20) (N – 51 am	Ai ao i

²Unadjusted analyses based on the same random-effects model as adjusted models which includes a random country accounts for nesting by country.

 3 There are three adjusted models. One for the relationship of modality to smoking prevalence, and one for the relationship of primary drug to smoking prevalence. One for the relationship of modality and primary drug to smoking prevalence. Three models include a random country and account for nesting by country.