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**Phase Behavior of Binary Mixture Systems of Saturated-
Unsaturated Mixed-Acid Triacylglycerols: Effects of Glycerol
Structures and Chain-Chain Interactions**

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11 Saturated-Unsaturated Mixed-Acid Triacylglycerols:
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15 Effects of Glycerol Structures and Chain-Chain
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7 ABSTRACT
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10 We systematically examined the phase behavior of binary mixtures of mixed-acid
11 triacylglycerols (TAGs) containing palmitic and oleic acid moieties, OPO (1, 3-dioleoyl-2-
12 palmitoyl-glycerol), PPO (1, 2-dipalmitoyl-3-oleoyl-rac-glycerol), and OOP (1,2-dioleoyl-3-
13 palmitoyl-rac-glycerol), which are widely present in natural fats and are employed in the food,
14 pharmaceutical, and cosmetic industries. DSC and X-ray diffraction (XRD) methods were
15 applied to observe the mixing behavior of PPO-OPO, OOP-OPO and PPO-OOP under
16 metastable and stable conditions. The results led to three conclusions. (1) Eutectic behavior was
17 observed in PPO-OPO. (2) Molecular-compound (MC) crystals were formed in the mixtures of
18 OOP-OPO and PPO-OOP. (3) However, the MC crystals occurred only under metastable
19 conditions and tended to separate into component-TAGs to form eutectic mixture systems after
20 17 months of incubation. These results were contrary to those of previous studies on POP-OPO
21 and POP-PPO, in which the MC crystals were thermodynamically stable. We determined that
22 specific molecular interactions may cause this different phase behavior (stability of POP:OPO
23 and POP:PPO MC crystals, and metastability of OOP:OPO and PPO:OOP MC crystals). All
24 results confirm the significant effects of molecular structures of glycerol groups, interactions of
25 fatty acid chains, and polymorphism of the component TAGs on the mixing behavior of mixed-
26 acid TAGs.
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3 INTRODUCTION
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6 Lipids are major nutrients employed as lipophilic materials in the food, pharmaceutical, and
7 cosmetic industries. In this large group of compounds, the crystals of triacylglycerols (TAGs) are
8 main components of solid lipids employed in spreads, cream, and confections.^{1,2} The physico-
9 chemical properties of TAG crystals (e.g., melting, morphology, texture, and rheology) are
10 determined mainly by their fatty acid compositions, polymorphism and mixing behavior of
11 different TAGs as microscopic factors³ and by crystallization conditions under various external
12 influences (e.g., cooling rates, shear, sonication, and additives) as macroscopic factors.^{4,5}
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24 The polymorphic behavior and the occurrence of multiple polymorphic forms of these lipid
25 materials are strongly related to the chemical nature of the fatty acid components (chain length,
26 saturated or unsaturated, and cis or trans double bonds).¹ Mono-acid and mixed-acid TAGs are
27 defined by whether three fatty acid moieties of the TAG are the same or not. Saturated-
28 unsaturated mixed-acid TAGs are most commonly present in nature. For example, TAGs
29 containing palmitic and oleic acid moieties are present in edible fats,⁶ vegetable fats and oils
30 (palm oil⁷ and olive oil⁸), and animal fats.^{9,10} The polymorphic behavior of mixed-acid TAGS is
31 more complicated than that of mono-acid TAGs, depending on the variation in fatty acid
32 compositions of stereo-specific numbered (*sn*) carbon atoms of the TAG.^{11,12} Specifically,
33 molecular interactions of the aliphatic chains, methyl end stacking, and glycerol conformation of
34 mixed-acid TAGs are modified compared to those of monoacid TAGs. As a consequence, the
35 relative stability of multiple polymorphic forms and their melting/crystallization behavior are
36 modified.^{1,13,14}
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3 Since most of the fats present in nature and employed in industry contain different types of
4 mixed-acid TAGs, their physicochemical properties must be studied both in their pure systems
5 and in mixed systems. For this purpose, it is necessary to examine mixing behavior in binary,
6 ternary, and more complicated mixture systems. Three typical mixing states have been reported
7 for the binary mixture systems of TAGs: (i) solid solution phase, (ii) eutectic phase, and (iii)
8 molecular compound (MC) formation. A solid solution phase is formed when two component
9 TAG molecules exhibit structural similarity and affinitive molecular interactions, so that the
10 component molecules occupy the same crystallographic positions randomly. In the contrary case,
11 when two component molecules are immiscible, eutectic equilibrium is obtained.^{15,16} A specific
12 case is the formation of MC phase, which is formed only at clearly defined compositions through
13 specific molecular interactions among the component TAG molecules.¹⁷

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30 Recently, we systematically examined the binary-mixture systems of four major TAGs
31 containing palmitic and oleic acid moieties of POP (1,3-dipalmitoyl-2-oleoyl glycerol), OOP
32 (1,2-dioleoyl-3-palmitoyl-*rac*-glycerol), PPO (1,2-dipalmitoyl-3-oleoyl-*rac*-glycerol), and OPO
33 (1,3-dioleoyl-2-palmitoyl-glycerol). Eutectic behavior was observed for the POP-OOP mixture,¹⁸
34 whereas MC formation at a ratio of 50:50 was observed in mixtures of POP-PPO¹⁹ and POP-
35 OPO.²⁰ MC-forming mixtures of POP-OPO were observed in neat liquid and in solutions
36 including n-dodecane as a solvent.²¹ The same properties were observed in the mixture systems
37 of SOS (1,3-distearoyl-2-oleoyl glycerol), OOS (1,2-dioleoyl-3-stearoyl-*rac*-glycerol), SSO (1,2-
38 distearoyl-3-oleoyl-*rac*-glycerol), and OSO (1,3-dioleoyl-2-stearoyl-glycerol) as eutectic (SOS-
39 OOS)²² and MC formation (SOS-SSO²³ and SOS-OSO²⁴). A different case of miscible phase was
40 the mixture of SOS-SLS (1,3-distearoyl-2-linoleoyl glycerol).²⁵

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Having reviewed previous studies on mixture systems of POP-OOP, POP-PPO, and POP-OPO, we determined that full understanding of the mixing behavior of symmetric and asymmetric mixed-acid TAGs must be obtained by systematically examining a tetragonal diagram of the binary mixture systems of POP, OPO, PPO, and OOP (Fig. 1).

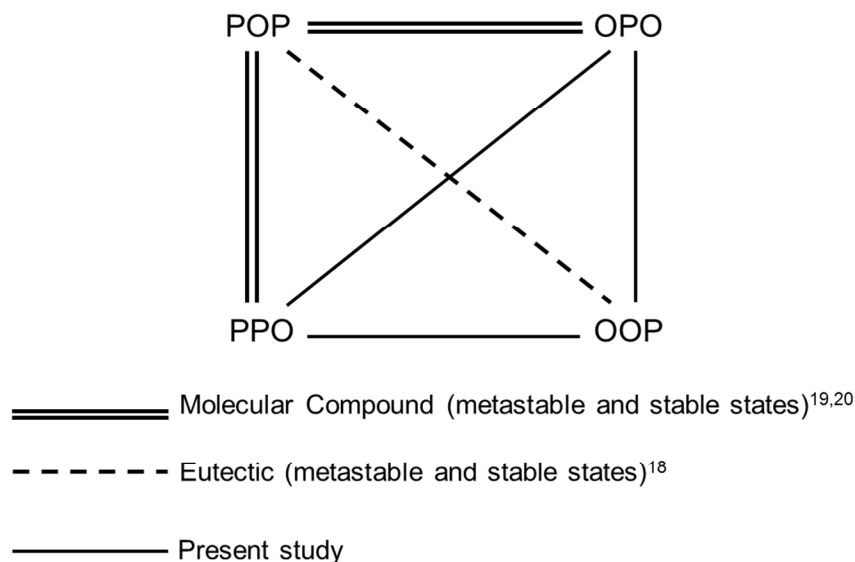


Figure 1. Tetragonal diagram of binary mixture systems of POP, OPO, PPO and POO.

Figure 1 represents all possible binary mixtures among symmetric (POP and OPO) and asymmetric (PPO and OOP) TAGs. Clear contrasts are observed in the positions of sn-carbon atoms where the palmitic and oleic acid moieties are connected (e.g., POP vs OPO and PPO vs OOP). In addition, the most stable polymorphic forms differ among the four TAGs (e.g., β form for POP²⁶ and OPO,^{20,27} but β' form for PPO¹⁹ and OOP^{28,29}). Therefore, it is quite interesting and important to determine how the molecular structures of the TAGs and their polymorphism can affect mixing behavior under metastable and most stable thermodynamic conditions.

Table 1 lists the melting temperatures and the long and short spacings of the three TAGs that make up the binary mixtures studied in this work.

Table 1. Melting temperatures (T_m , °C), long spacing (LS, nm) and short spacing (SS, nm) values of PPO, OPO and POO. Melting temperatures were defined by the peak top temperatures (data based on previous work^{19,20,27,28,29}).

PPO							
	T_m (°C)	LS (nm)	SS (nm)				
α	18.5	7.8	0.42				
β'	35.2	6.5	0.46	0.44	0.42	0.40	0.38
OPO							
	T_m (°C)	LS (nm)	SS (nm)				
α^*	nd	5.4 5.2	0.42				
α	-18.3	5.3	0.42				
β'	11.7	4.4	0.43	0.40			
β_2	15.8	5.6	nd				
β_1	21.9	6.7	0.48	0.38	0.37		
POO							
	T_m (°C)	LS (nm)	SS (nm)				
sub- α	nd	5.8	0.42	0.38			
α	-4.0	5.7	0.41				
LC	nd	6.0	–				
β'_2	nd	6.7	0.43	0.41			
β'_1	20.3	6.7	0.47	0.46	0.45	0.43	0.41
			0.40	0.39			

nd. Not determined

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3 Here, α and β' forms were determined in PPO,¹⁹ with α form having a long spacing of 7.8nm
4 and β' form having a long spacing of 6.5nm. More complicated polymorphism was observed in
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8 OPO, with five polymorphic forms already reported^{20,27}: α^* (with long spacings of 5.4 and
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10 5.2nm), α (5.3nm), β' (4.4nm), β_2 (5.6nm), and β_1 (6.7nm). Also, five phases were detected in
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12
13 OOP^{28,29}: sub- α form (having a long spacing of 5.8nm), α form (5.7nm), a liquid crystal (LC)
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15 phase (6.0nm), and β'_2 and β'_1 forms (both with long spacing of 6.7nm).
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20 In the present study, we performed experiments on the crystallization and thermodynamic
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22 equilibration of PPO-OPO, OOP-OPO and PPO-OOP mixtures and compared the results with
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24 those of previous studies. The present work confirmed eutectic behavior in PPO-OPO mixtures,
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26 and the formation of MCs in OOP-OPO and PPO-OOP mixtures. However, these MCs occurred
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28 only under metastable conditions, and the systems evolved to eutectic behavior after 17 months
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30 of incubation, due to separation from MC to separated eutectic mixtures. All these results are
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32 quite new findings that can be applied to other TAGs containing various saturated and
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34 unsaturated fatty acid moieties that are present in many natural and industrial fats.
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43 MATERIALS AND METHODS

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46 Samples of PPO, OPO, and OOP (purity >99%) were purchased from Tsukishima Foods
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48 Industry Co., Ltd. (Tokyo, Japan) and used without further purification. Samples of asymmetric
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50 PPO consisted of a racemic mixture of the enantiomeric compounds R-PPO and S-PPO, and
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52 OOP consisted of R-OOP and S-OOP.
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3 In order to determine the phase behavior of PPO-OPO, OOP-OPO and PPO-OOP systems,
4 TAG mixtures (% molar) were prepared for every 10%, melted at 50°C, and mixed using a
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6 vortex.
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10 DSC experiments were conducted at atmospheric pressure using a Perkin Elmer Diamond.
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12 Samples (9.0 to 9.4mg) were weighed into 50µl aluminium pans, and covers were sealed into
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14 place. The instrument was calibrated with reference to the enthalpy and the melting points of
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16 indium (melting temperature 156.6°C; ΔH 28.45J/g), and decane (melting temperature -29.7°C;
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18 ΔH 202.1J/g) standards. An empty pan was used for reference. Dry nitrogen was used as purge
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20 gas in the DSC cell at 20cm³/min. Thermograms were analyzed using Pyris Software to obtain
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22 the enthalpy (J/g, integration of the DSC signals) and T_{onset} and T_{end} of the transformations (°C,
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24 intersections of the baseline and the initial and final tangents at the transformation). A correction
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26 (described elsewhere³⁰) was applied for analysis with cooling or heating rates other than
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28 2°C·min⁻¹, since the calorimeter was calibrated at this rate.
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35 Laboratory-scale powder XRD allowed identifying the crystal forms present by comparison to
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37 previous work, in which characteristic XRD patterns were reported. The measurements were
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39 performed using a PANalytical X'Pert Pro MPD powder diffractometer equipped with a Hybrid
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41 Monochromator and an X'Celerator Detector. The equipment also included an Oxford
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43 Cryostream Plus 220V (temperature 80 to 500K). This diffractometer was operated with Debye-
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45 Scherrer transmission. The sample was introduced in a 1mm-diameter Lindemann glass
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47 capillary. The latter was rotated about its axis during the experiment to minimize preferential
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49 orientations of the crystallites. The step size was 0.013° from 1.004° to 28° 2 θ .
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54 Three independent DSC aluminium pans and three XRD capillaries were prepared for each
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56 mixture to thermodynamically stabilize the binary-mixture samples. All DSC pans and XRD
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58 capillaries were rapidly cooled to -20°C and then tempered at different temperatures in order to
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3 achieve equilibration. Thus, samples were subjected to incubation in order to attempt to detect
4 more stable forms. Due to the uncertainty of the necessary time to stabilize the samples, we
5 incubated three independent DSC pans and XRD capillaries in order to make some control
6 analysis within the stabilization period. By incubating three DSC pans and XRD capillaries, we
7 ensured consistent results with the objectives of our study. We selected temperatures close to the
8 melting point of least stable polymorphic forms, but at which the entire sample was still in solid
9 state. The incubation temperatures used were (i) 17°C for PPO, and 10°C for OOP and OPO; (ii)
10 6°C for all OOP-OPO mixtures; (iii) 10°C for PPO-OOP mixtures from 10PPO:90OOP to
11 50PPO:50OOP, and 17°C for PPO-OOP mixtures from 60PPO:40OOP to 90PPO:10OOP; and
12 (iv) 10°C for all PPO-OPO mixtures. Samples were kept under these conditions for 17 months.
13 This incubation period was determined in an empirical way.

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24 The transformation and melting behavior of the incubated mixtures were measured using DSC
25 by heating the samples from 0°C to 50°C at 2°C·min⁻¹. Shape factors $\Delta T_{\text{end}}^{31}$ were calculated
26 measuring $|T_{\text{onset}} - T_{\text{end}}|$ of the melting signal of the TAG components and used to obtain the
27 characteristic temperatures of the complex phenomena of phase behavior.
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33 Kinetic experiments were performed on the 50OOP:50OPO and 50PPO:50OOP binary
34 mixtures in order to observe metastable forms of MC. We selected the incubation temperatures
35 of some of the binary mixtures using the data on the melting behavior of the metastable forms.
36 Isothermal processes (at 10°C and 0°C) and dynamic temperature variations were applied to the
37 samples. For the dynamic experiments, samples were cooled from 35°C to -30°C at different
38 cooling rates (15, 2, and 0.5°C·min⁻¹) and heated from -30°C to 35°C at 2°C·min⁻¹.
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48 Synchrotron Radiation X-Ray Diffraction (SR-XRD) with Small-Angle X-Ray Diffraction
49 (SAXD) and Wide-Angle X-Ray Diffraction (WAXD) was used for some experiment conditions.
50 These SR-XRD experiments were performed at BL-6A of the synchrotron radiation facility
51 Photon Factory (PF) at the High-Energy Accelerator Research Organization (KEK) in Tsukuba
52 (Japan). A double-focusing camera was operated at a wavelength of 0.15nm. The X-ray
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3 scattering data were simultaneously collected using a CCD camera for small-angle data and a
4 Pilatus-100K detector for wide-angle data. The temperature program was controlled using a
5 Mettler DSC-FP84 with FP99 software. A 2mm-thick sample was placed in an aluminium
6 sample cell with Kapton film windows. SR-XRD spectra were acquired at 30s intervals.
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16 RESULTS

17 18 19 **Binary phase behavior of 1,2-dioleoyl-3-palmitoyl glycerol and 1,3-dioleoyl-2-palmitoyl** 20 **glycerol (OOP-OPO)** 21 22 23 24 25

26 **Occurrence of OOP:OPO molecular compound (non-incubated samples)**

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31 In order to observe MC formation at the ratio of 50OOP:50OPO, different thermal treatments
32 of isothermal processes and cooling experiments at different rates (15, 2, and $0.5^{\circ}\text{C}\cdot\text{min}^{-1}$) were
33 conducted. We observed the polymorphic occurrence of metastable forms of the 50OOP:50OPO
34 binary mixture.
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40 Figure 2 depicts the polymorphic behavior of 50OOP:50OPO when it was cooled from 35°C to
41 -35°C at a rate of $0.5^{\circ}\text{C}\cdot\text{min}^{-1}$ and heated at $2^{\circ}\text{C}\cdot\text{min}^{-1}$.
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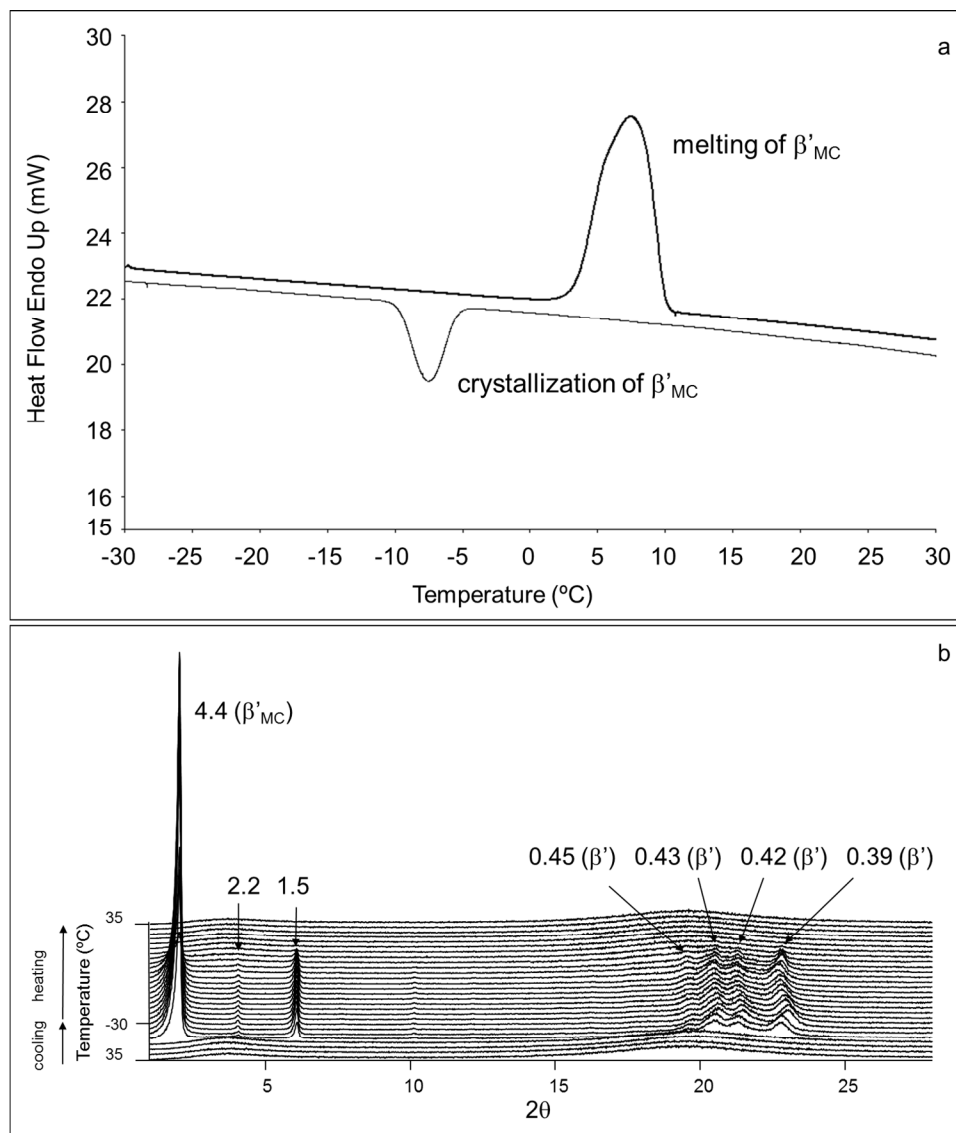


Figure 2. Polymorphic behavior of metastable forms of 50OOP:50OPO when cooled at $0.5^{\circ}\text{C}\cdot\text{min}^{-1}$ and heated at $2^{\circ}\text{C}\cdot\text{min}^{-1}$. a) DSC thermogram. b) XRD patterns.

When 50OOP:50OPO was cooled at $0.5^{\circ}\text{C}\cdot\text{min}^{-1}$, a single exothermic DSC peak with T_{onset} at -5.4°C appeared in the cooling curve (Fig. 2a). According to the XRD data (Fig. 2b), this peak is due to $\beta'_{\text{OOP:OPO}}$ crystallization, as a double-chain-length structure SAXD peak at 4.4nm and WAXD peaks at 0.45nm, 0.43nm, 0.42nm, and 0.39nm were identified. During heating, only one

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3 broad endothermic DSC peak appeared, with T_{onset} of 3.4°C and T_{end} of 10.0°C, which
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5 corresponded to $\beta'_{\text{OOP:OPO}}$ melting.
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8 The same results were obtained using a cooling and heating rate of 2°C·min⁻¹. However, the
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10 least stable sub- α form of the OOP:OPO molecular compound was crystallized when a high
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12 cooling rate (15°C·min⁻¹) was applied to the sample (data not shown).
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15 Formation of a OOP:OPO molecular compound at the ratio of 50:50 was confirmed, and two
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17 polymorphic forms (sub- $\alpha_{\text{OOP:OPO}}$ and $\beta'_{\text{OOP:OPO}}$) were detected by applying different thermal
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19 treatments to the 50OOP:50OPO binary mixture.
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25 **Phase behavior of incubated OOP-OPO binary mixtures**

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30 DSC and laboratory-scale XRD experiments were performed after 17 months of incubation of
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32 the samples to analyze the phase behavior in the most stable state of the OOP-OPO mixtures.
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34 Figure 3 illustrates the DSC and XRD data obtained at different concentration ratios. DSC
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36 thermograms were registered while heating from 0°C to 50°C at a rate of 2°C·min⁻¹, whereas
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38 XRD experiments were performed at 5°C.
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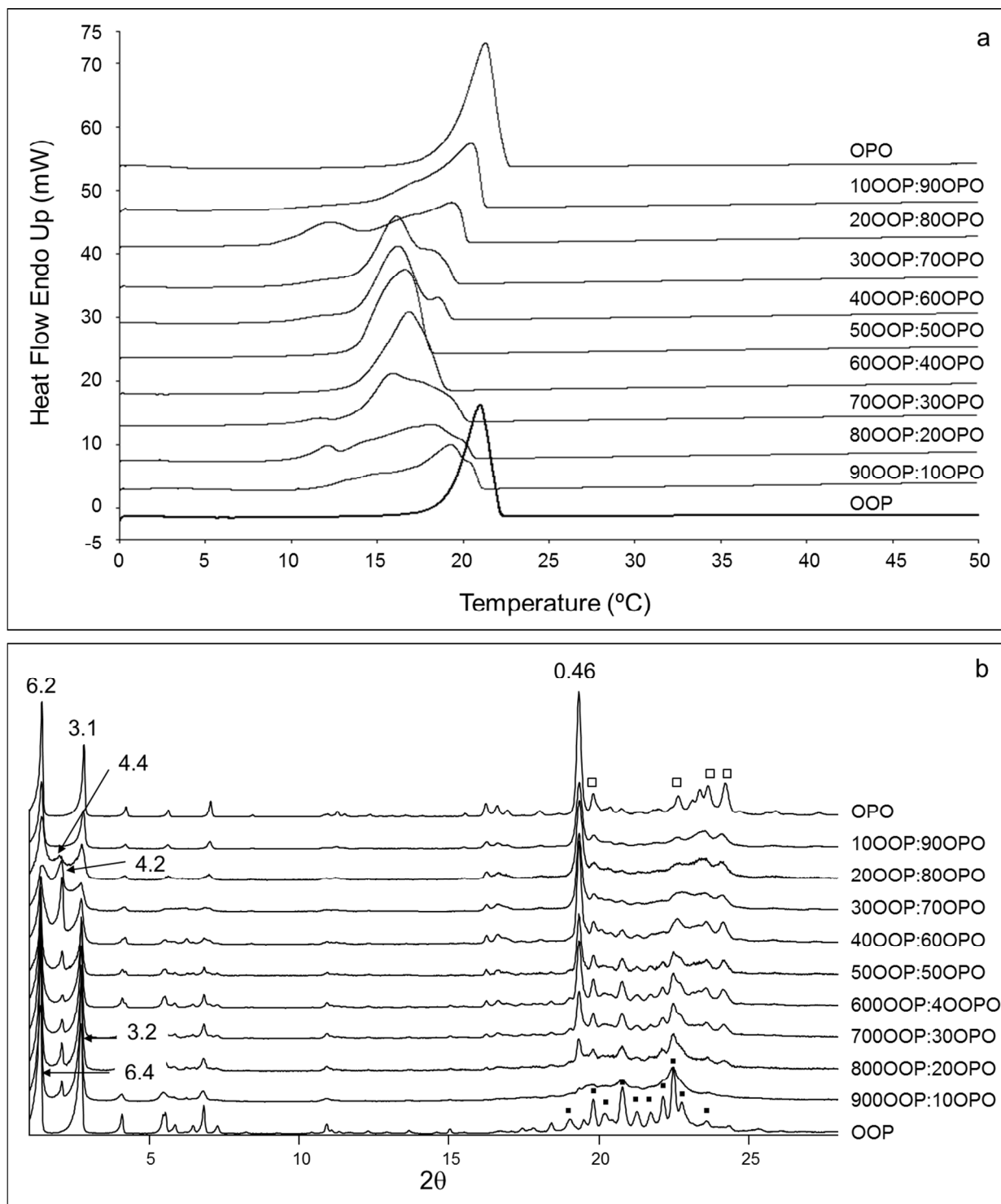


Figure 3. a) DSC heating thermopeaks of OOP-OPO mixtures. b) XRD patterns of OOP-OPO mixtures at 5°C. Data were obtained after an incubation period of 17 months.

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3 The DSC heating curves of the two TAG components exhibited only the melting peak of their
4 most stable form. The corresponding XRD patterns exhibited clear patterns of β_{OPO} and β'_{OOP} .
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6 β_{OPO} , having a triple-chain-length structure (6.2nm and 3.1nm) was identified by the typical β
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8 form intense peak at 0.46nm and other wide-angle diffraction peaks at 0.44nm, 0.39nm, 0.38nm,
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10 and 0.37nm (denoted by \square in Fig. 3b). The XRD pattern of incubated OOP exhibited triple-
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12 chain-length peaks, with long spacings of 6.4nm and 3.2nm, and wide-angle diffraction peaks at
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14 0.47nm, 0.45nm, 0.44nm, 0.43nm, 0.42nm, 0.41nm, 0.40nm, two peaks at 0.39nm, and 0.38nm
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16 (denoted by \blacksquare in Fig. 3b).
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22 At least two endothermic peaks were observed in the DSC heating curves of mixtures with
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24 10:90 to 40:60 concentration ratios. In some cases, another endothermic peak appeared at 9°C
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26 (T_{onset}), becoming stronger in the 20:80 composition. A single broad endothermic peak with T_{onset}
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28 at 14°C was present in 50:50 and 60:40 compositions, and three or more melting peaks were
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30 observed in the DSC thermograms with 70:30 to 90:10 concentration ratios. Similarly to the
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32 20:80 composition, we observed an endothermic signal at T_{onset} of 9°C at 70:30 and 80:20
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34 concentration ratios. XRD patterns indicated the presence of a triple-chain-length structure at all
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36 concentration ratios. Moreover, double-chain-length peaks were observed in the short-angle
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38 regions from 20:80 to 90:10 concentration ratios. In almost all cases, the corresponding long
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40 spacing was 4.2nm, except for the 20:80 binary mixture, where a spacing of 4.4nm was detected.
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46 The intensity of the β diffraction peak at 0.46nm decreased as the OOP composition increased.
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49 Laboratory-scale XRD experiments were performed as a function of temperature for some of
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51 the incubated compositions in order to understand the complicated phase behavior of incubated
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53 OOP-OPO binary mixtures (data not shown).
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3 The results demonstrated that the XRD peak at 4.4nm in the 20OOP:80OPO composition
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5 corresponded to $\beta'_{\text{OOP:OPO}}$ (molecular compound) and to the first melting peak observable in the
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7 DSC thermogram of the 20:80 binary mixture (Fig. 3). This peak did not exist, or at least was
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9 weaker, at the other concentration ratios.
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13 With the 50OOP:50OPO binary mixture, the XRD peaks indicated the presence of a double-
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15 chain-length structure, corresponding to the OOP:OPO molecular compound, as well as a triple-
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17 chain-length structure at 6.4nm and 3.1nm (Fig. 3b). The occurrence of OOP:OPO molecular
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19 compound was confirmed by kinetic study (Fig. 2). However, from the results obtained after 17
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21 months of incubation, we may conclude that incubation caused partial decomposition of the
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23 molecular compound into two TAG components. Only one endothermic peak appeared in the
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25 corresponding DSC heating curve (Fig. 3b), although we should consider the width of the peak.
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27 The long spacing corresponding to the double-chain-length structure was 4.2nm, which differed
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29 from that of the 20:80 composition (4.4nm). These results confirmed that the long spacing of
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31 4.2nm corresponded to $\beta_{\text{OOP:OPO}}$. Hence, $\beta'_{\text{OOP:OPO}}$ observed at the 20:80 concentration ratio
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33 became a metastable form of the molecular compound, with $\beta_{\text{OOP:OPO}}$ being the most stable one.
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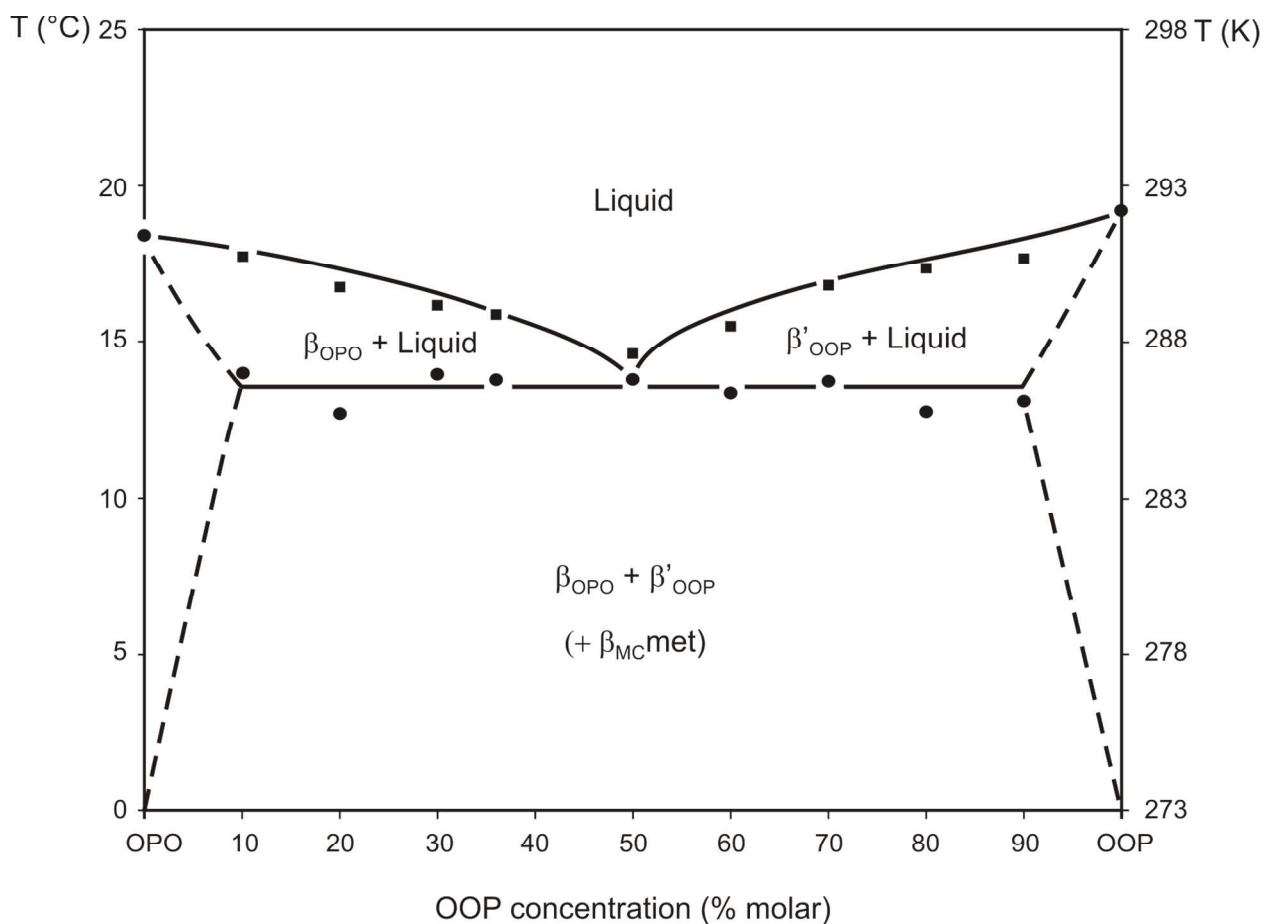
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40 Based on these results, we may conclude that a OOP:OPO molecular compound definitely
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42 formed, and several polymorphic forms were detected. Studying this molecular compound by
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44 changing the cooling rates permitted us to identify two different polymorphic forms: sub-
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46 $\alpha_{\text{OOP:OPO}}$, which was obtained by applying rapid rates of cooling ($15^{\circ}\text{C}\cdot\text{min}^{-1}$) and $\beta'_{\text{OOP:OPO}}$,
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48 which crystallized at intermediate ($2^{\circ}\text{C}\cdot\text{min}^{-1}$) and low ($0.5^{\circ}\text{C}\cdot\text{min}^{-1}$) cooling rates. Moreover,
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50 thermodynamic stabilization for 17 months at 10°C caused the molecular compound to evolve to
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52 the most stable $\beta_{\text{OOP:OPO}}$.
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3 However, we should consider the presence of some metastable $\beta'_{\text{OOP:OPO}}$, which did not
4 completely transform to $\beta_{\text{OOP:OPO}}$ at some of the concentration ratios after incubation. The most
5 surprising fact was the presence of triple-chain-length structures of pure TAG components (β'_{OOP}
6 and β_{OPO}) at the 50:50 concentration ratio after 17 months of incubation, demonstrating that the
7 molecular compound should finally be metastable and tended to decompose into pure TAG
8 components during stabilization.
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11 Additional XRD experiments were performed after 6 and 11 months of incubation in order to
12 monitor binary mixture stabilization. At different compositions we observed a progressive
13 increase of the intensity of triple-chain-length diffraction peaks of the TAG components (β'_{OOP}
14 and β_{OPO}) at the expense of the double-chain-length diffraction peak, corresponding to the
15 OOP:OPO molecular compound ($\beta_{\text{OOP:OPO}}$). This fact confirms the metastable nature of the
16 OOP:OPO molecular compound. Thus, the first polymorphic form of the OOP:OPO molecular
17 compound obtained was $\beta'_{\text{OOP:OPO}}$, which evolved to $\beta_{\text{OOP:OPO}}$ with time and finally tended to
18 separate into two TAG components. However, the evolution from MC to two TAG components
19 was slow, as confirmed by the XRD data obtained for the 50OOP:50OPO binary mixture after 11
20 and 17 months of incubation (Fig. S1, Supplementary Materials), where no significant
21 differences could be detected. Moreover, the incubation period of 17 months was not long
22 enough for MC to completely disappear. We determined the tendency of MC to separate into
23 component TAGs, although it is not possible to make an estimation of the time needed to
24 observe the complete vanishing of MC.
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According to the XRD data, the $\beta'_{\text{OOP:OPO}}$ melting temperature was 12°C (also in accordance with T_{onset} of the corresponding DSC thermogram), and the $\beta_{\text{OOP:OPO}}$ melting temperature was 17°C.

OOP:OPO molecular compound was observed in the metastable state and the system tended to an eutectic equilibrium between stable forms of the component TAGs. Figure 4 illustrates the phase behavior of OOP-OPO mixtures.



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3 **Figure 4.** Phase behavior of OOP-OPO mixtures, based on DSC onset and end temperatures
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5 (T_{end}-ΔT_{end}). Dashed lines represent solubility domain limits, which were defined by
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7 extrapolation, not by precise experimental determination.
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14 According to the DSC heating curves (Fig. 3a), the eutectic point should be located at the
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16 50OOP:50OPO composition. As already stated, the melting temperature of the most stable β
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18 form of the OOP:OPO molecular compound was around 17°C, which is above the eutectic point.
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23 **Binary phase behavior of 1,2-dipalmitoyl-3-oleoyl glycerol and 1,2-dioleoyl-3-palmitoyl**
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25 **glycerol (PPO-OOP)**
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30 **Occurrence of PPO:OOP molecular compound (non-incubated samples)**
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35 Several thermal treatments (isothermal and dynamic processes) were applied to the
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37 50PPO:50OOP mixture in order to observe the MC crystals of PPO-OOP in the metastable state.
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39 Figures 5 and 6 illustrate the polymorphic behavior observed when the 50PPO:50OOP mixture
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41 was cooled and heated at 2°C·min⁻¹.
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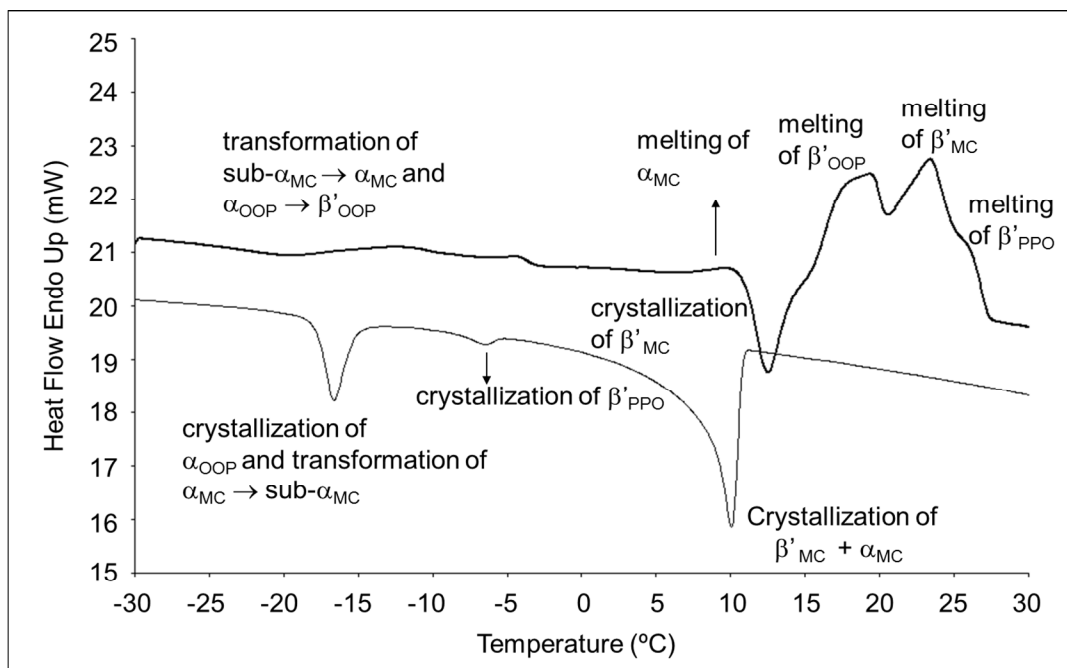
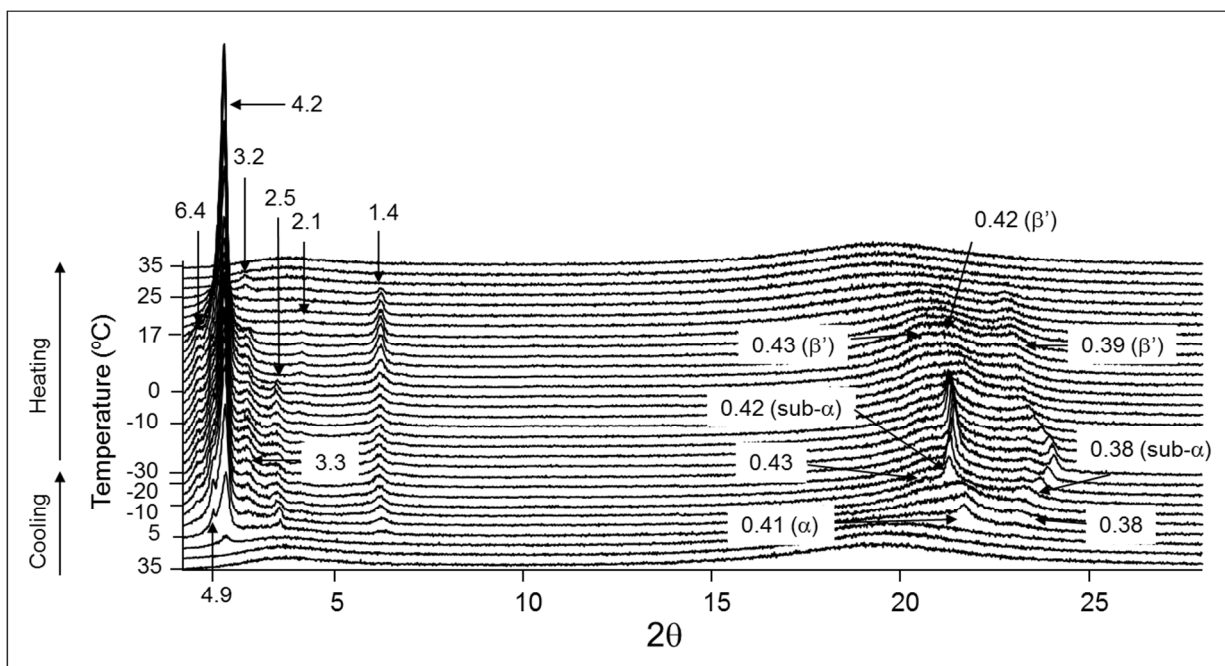


Figure 5. DSC cooling and heating thermopeaks of metastable forms of 50PPO:50OOP mixture obtained during cooling and heating processes at a rate of $2^{\circ}\text{C}\cdot\text{min}^{-1}$.



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3 **Figure 6.** XRD patterns of metastable forms of 50PPO:50OOP mixture obtained during cooling
4 and heating processes at a rate of $2^{\circ}\text{C}\cdot\text{min}^{-1}$.
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11 More complex polymorphic behavior was observed in 50PPO:50OOP mixture compared to
12 that of 50OOP:50OPO. The XRD data indicated the first occurring XRD peak with a long
13 spacing of 4.2nm (Fig. 6). Soon after, another peak at 4.9nm appeared in the short-angle region.
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15 The wide-angle region exhibited a typical α form XRD peak at 0.41nm accompanied by a broad
16 peak at 0.38nm. Therefore, the first crystallizing form should be $\beta'_{\text{PPO:OOP}}$, and $\alpha_{\text{PPO:OOP}}$
17 immediately formed from the melt. The broad profile of the wide-angle XRD region indicated
18 the coexistence of both polymorphic forms. This complex crystallization process appeared in the
19 DSC thermogram (Fig. 5) as a broad exothermic peak with T_{onset} of 10.8°C . On further cooling,
20 another DSC peak was observed at T_{onset} of -4.9°C . This should correspond to β'_{PPO}
21 crystallization, as triple-chain structure XRD peaks at 6.4nm and 3.3nm and a new β' peak at
22 0.43nm were observed in the XRD patterns. It should be noted that the wide-angle region peaks
23 became broader because of overlapping signals. Another exothermic phenomenon appeared at
24 T_{onset} of -9.8°C in the DSC cooling curve. The XRD data indicated the presence of sharp sub- α
25 peaks at 0.42nm and 0.38nm. Thus, $\alpha_{\text{PPO:OOP}}$ may have transformed to sub- $\alpha_{\text{PPO:OOP}}$, and α_{OOP}
26 may have crystallized. As previous experiments demonstrated,²⁹ α_{OOP} crystallized from the melt
27 at -11.3°C (T_{onset}) when the sample was cooled at a rate of $2^{\circ}\text{C}\cdot\text{min}^{-1}$.
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49 When the 50PPO:50OOP mixture was heated from -30 to 35°C at $2^{\circ}\text{C}\cdot\text{min}^{-1}$, the DSC curve
50 exhibited a series of complex phenomena at temperatures from -20 to -5°C (DSC peaks in Fig.
51 5). The corresponding XRD patterns indicated the disappearance of wide-angle sub- α peaks (the
52 peak at 0.38nm vanished), so sub- $\alpha_{\text{PPO:OOP}}$ may have transformed to $\alpha_{\text{PPO:OOP}}$, and broad β' peaks
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3 (0.43nm, 0.42nm, and 0.39nm) began to appear, which gave an indication of a $\alpha_{\text{OOP}} \rightarrow \beta'_{\text{OOP}}$
4 transformation. Further on, a melt-mediated transformation was observed in the DSC heating
5 thermogram, consisting of $\alpha_{\text{PPO:OOP}}$ melting (with T_{onset} at 7.2°C) and subsequent $\beta'_{\text{PPO:OOP}}$
6 crystallization (with T_{onset} at 10.6°C). Simultaneously, the XRD patterns indicated the
7 disappearance of short-angle region peaks at 4.9nm and 2.5nm, corresponding to $\alpha_{\text{PPO:OOP}}$, and β'
8 peaks at 0.43nm, 0.42nm, and 0.38nm that became more defined. Finally, the DSC heating curve
9 exhibited complicated melting behavior consisting of the melting of β'_{OOP} with a peak top
10 temperature of 19.4°C, $\beta'_{\text{PPO:OOP}}$ with a peak top temperature of 23.4°C, and β'_{PPO} with a peak
11 top temperature of 26.1°C. Simultaneously, the XRD patterns indicated the disappearance of
12 triple-chain-length diffraction peaks at 6.4nm and 3.3nm. Later, a new triple-chain-length at
13 3.2nm could be observed in the short-angle region, which vanished simultaneously with the
14 double-chain-length peak at 4.2nm. It is unclear why the new peak at 3.2nm appeared on heating
15 at such high temperatures, just before melting. Some additional crystallization may have
16 occurred during heating.
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37 In order to clarify the polymorphic behavior of 50PPO:50OOP, a shorter thermal treatment
38 was performed when the binary mixture was cooled and heated at 2°C·min⁻¹ (data not shown).
39 Thus, the sample was cooled from 35 to 0°C (instead of -30°C) and then heated to 35°C. The first
40 exothermic DSC peak with T_{onset} at 10.8°C was observed. When heating, melt-mediated
41 transformation, consisting of melting at 7.2°C and subsequent crystallization at 10.6°C, also
42 occurred. However, on further heating, only one melting peak appeared. These results
43 demonstrated that melt-mediated transformation was related to $\alpha_{\text{PPO:OOP}}$ and $\beta'_{\text{PPO:OOP}}$, which
44 firstly occurred during the cooling process. This confirmed the melt-mediated transformation
45 from $\alpha_{\text{PPO:OOP}}$ to $\beta'_{\text{PPO:OOP}}$.
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3 To summarize, the PPO-OOP binary mixtures were MC-forming, and several polymorphic
4 forms of the molecular compound (sub- $\alpha_{\text{PPO:OOP}}$, $\alpha_{\text{PPO:OOP}}$, and $\beta'_{\text{PPO:OOP}}$) were determined by
5 studying the metastable phases of the 50PPO:50OOP composition when it was subjected to
6 different thermal treatments. However, unlike that with OOP:OPO, not all the sample was
7 composed of the PPO:OOP molecular compound; with thermal treatments applied, the
8 coexistence of MC and pure TAG components was observed.
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20 **Phase behavior of incubated PPO-OOP binary mixtures**

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25 Further DSC and XRD experiments were carried out after 17 months of stabilizing the binary
26 mixtures. Figure 7 depicts the heating thermograms obtained at a rate of $2^{\circ}\text{C}\cdot\text{min}^{-1}$ (Fig. 7a) and
27 XRD analysis conducted at 5°C (Fig. 7b) for PPO-OOP mixtures at various concentration ratios.
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32 Single endothermic peaks were observed for pure OOP and PPO, corresponding to the melting
33 of β' form of the two TAGs. The XRD data indicated triple-chain-length structure peaks, with
34 long spacings of 6.5nm and 3.2nm. Typical β' form peaks were observed in the wide-angle
35 diffraction region. The short spacings of β'_{OOP} (denoted by \square in Fig. 4b) were 0.47nm, 0.45nm,
36 0.44nm, 0.43nm, 0.42nm, 0.41nm, 0.40nm, 0.39nm, 0.39nm, and 0.38nm. However, typical
37 β'_{PPO} peaks appeared at 0.46nm, 0.44nm, 0.43nm, 0.42nm, 0.42nm, 0.40nm, 0.38nm, and
38 0.37nm (denoted by \blacktriangleright) in the wide-angle region. Two endothermic DSC peaks appeared in the
39 PPO-OOP mixtures at 10:90 and 20:80 concentration ratios, although the first endothermic peak
40 of the 20:80 composition was considerably broad, and the second one was weak. The DSC
41 heating curves of the 30:70, 40:60, and 50:50 concentration ratios became highly complex,
42 indicating more than three endothermic DSC peaks in all cases. Concurrently, XRD patterns
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3 corresponding to the OOP-rich region (from 10PPO:90OOP to 40PPO:60OOP) and the
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5 50PPO:50OOP mixture exhibited broad diffraction peaks in the wide-angle region, probably due
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8 to the overlapping of several polymorphic forms. Furthermore, from the 20PPO:80OOP to the
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10 50PPO:50OOP composition, a double-chain-length diffraction peak appeared in the short-angle
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12 region, with a spacing of 4.2nm.
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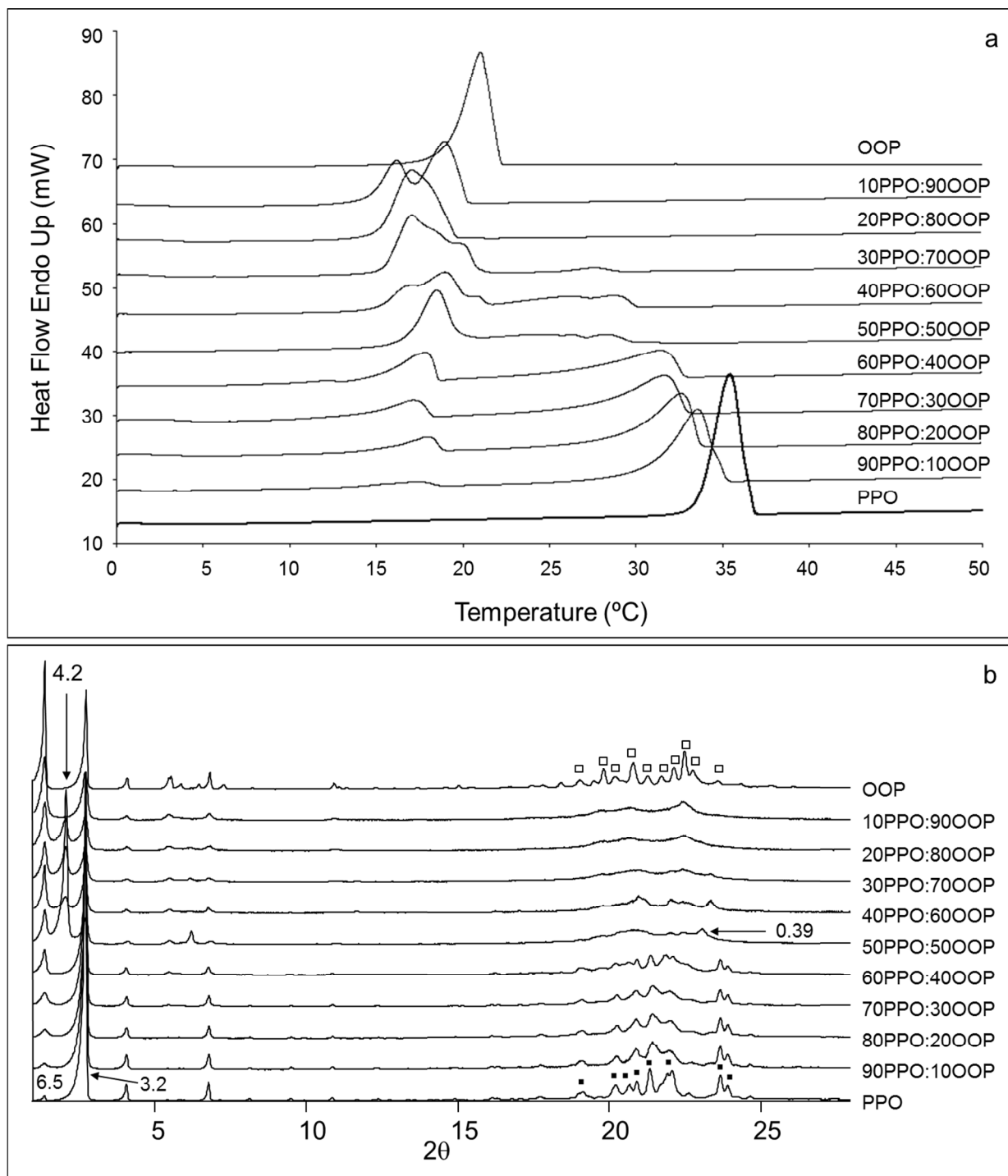


Figure 7. a) DSC heating thermopeaks of PPO-OOP mixtures. b) XRD patterns of PPO-OOP mixtures at 5°C. Data were obtained after an incubation period of 17 months.

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3 Nevertheless, two well-defined melting DSC peaks were observed in the PPO-rich region,
4 where T_{onset} of the first melting peak was maintained and T_{end} of the second peak increased with
5 increasing PPO concentration. The corresponding XRD patterns exhibited clear β' diffraction
6 peaks, and no double-chain-length peak at 4.2nm was present in the entire PPO-rich region.
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11 Hence, in a manner similar to that used for the OOP-OPO system, laboratory-scale XRD was
12 carried out as a function of temperature for some binary mixtures in order to investigate the
13 phenomena observed in the DSC thermograms. The behavior observed in the OOP-rich region
14 differed from that of the PPO-rich region. Furthermore, equilibrium between $\text{MC}_{\text{PPO:OOP}}$ and pure
15 TAG components was not present at all concentration ratios of the PPO-OOP mixtures. As
16 shown in Figure 7, the double-chain-length diffraction peak at 4.2nm corresponding to the
17 $\text{MC}_{\text{PPO:OOP}}$ (β' form) was only detected in the binary mixtures from 20PPO:80OOP to
18 50PPO:50OOP and was more intense with the latter ratio. For the DSC heating profiles, more
19 complicated melting behavior was observed in the OOP-rich region (due to the presence of
20 metastable phases), whereas the thermograms of the PPO-rich region consisted of only two
21 endothermic peaks. Thus, the mixing behavior of the OOP-rich region seemed to be MC-
22 forming, whereas the PPO-rich region followed a eutectic pattern.
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41 At this point, it was necessary to determine the reason for such different behaviors in the two
42 compositional regions. The results shown above were obtained from samples which were kept
43 for 17 months at different incubation temperatures, mixtures from 10PPO:90OOP to
44 50PPO:50OOP were incubated at 10°C, and concentration ratios from 60PPO:40OOP to
45 90PPO:10OOP were incubated at 17°C. Therefore, we decided to incubate new samples of pure
46 PPO and binary mixtures from 60PPO:40OOP to 90PPO:10OOP at 10°C for three months, to
47 check whether incubation at 10°C and 17°C of the PPO-rich region may result in a different
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3 behavior. The same DSC heating curves were obtained when incubation temperature was 10°C
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5 and 17°C, indicating that the incubation temperature was not responsible for the different
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7 behaviors observed in the two compositional regions.
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10 Additional XRD experiments were carried out after 6 and 11 months of incubation, so we
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12 could compare the data obtained with that after 17 months of incubation. As a consequence, we
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14 realized that for some compositions the triple-chain-length diffraction peaks at 6.5nm
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16 (corresponding to β'_{OOP}) and at 3.2nm (corresponding to β'_{PPO}) increased with time at the
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18 expense of the double-chain-length diffraction peak at 4.2nm (corresponding to $\beta'_{\text{PPO:OOP}}$). We
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20 observed a difference in the relative intensity of the triple and double-chain-length diffraction
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22 peaks soon after the 50PPO:50OOP composition crystallized (Fig. 6) and after 17 months of
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24 incubation (Fig. 7b). Before the sample was incubated, triple-chain-length diffraction peaks
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26 became weaker than those observed after stabilization. Thus, we concluded that the MC formed
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28 ($\beta'_{\text{PPO:OOP}}$) was metastable and tended to disappear, being separated into two β' TAG
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30 components during thermodynamic stabilization of the samples, similar to OOP-OPO. In other
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32 words, MC, with melting point of 19°C ($\beta'_{\text{PPO:OOP}}$), formed initially; however, due to its
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34 metastable nature, it separated into two β' TAG components, indicating a eutectic behavior. In
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36 Figure 7a, from the 10PPO:90OOP to the 90PPO:10OOP composition, one may notice a
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38 constant onset temperature, which indicates the eutectic invariant. The liquidus temperature was
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40 determined by using the end temperature of the phenomena and applying the shape factor.
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49 However, MC evolved into two TAG components so slowly that a period of 17 months was
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51 not sufficient for observation of the total disappearance of MC. For example, Fig. S2
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53 (Supplementary Material) illustrates the XRD patterns of 50PPO:50OOP obtained after 11 and
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55 17 months of incubation, and no significant difference can be noted.
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Figure 8 illustrates the phase domains of PPO-OOP mixtures. The eutectic point should be located between the 10PPO:90OOP and 20PPO:80OOP compositions.

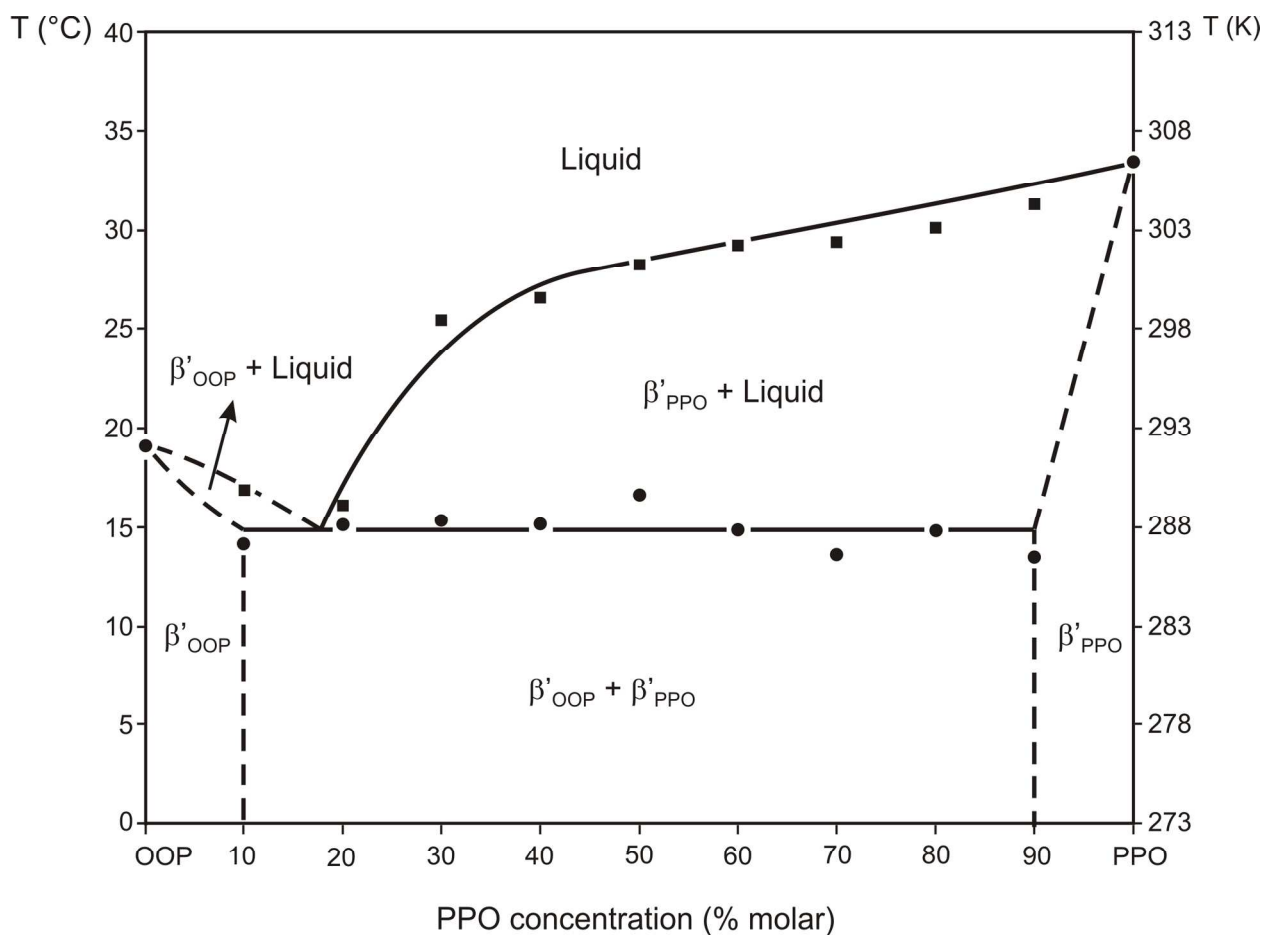


Figure 8. Phase behavior of PPO-OOP mixtures, based on DSC onset and end temperatures ($T_{\text{end}} - \Delta T_{\text{end}}$). Dashed lines represent solubility domain limits, which were defined by extrapolation, not by precise experimental determination.

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3 **Binary phase behavior of 1,2-dipalmitoyl-3-oleoyl glycerol and 1,3-dioleoyl-2-palmitoyl**
4 **glycerol (PPO-OPO)**
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11 Samples were examined by DSC and XRD after 6, 11, and 17 months of incubation, and
12 eutectic behavior of the PPO-OPO binary system was confirmed from the earliest experiments.
13 Here we present only data obtained after 17 months of incubation. Figure 9a plots the DSC
14 thermograms obtained when PPO-OPO mixtures were heated from 0°C to 50°C at a rate of
15 2°C·min⁻¹. In order to identify the polymorphic forms, laboratory-scale XRD experiments were
16 carried out at 10°C for all the compositions (Fig. 9b).
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25 Single endothermic DSC peaks were observed for pure OPO, corresponding to the melting
26 temperature of the β form of OPO, and for pure PPO, corresponding to the melting temperature
27 of β' form of PPO. Two endothermic melting peaks were detected for all mixtures from
28 10PPO:90OPO to 90PPO:10OPO. The temperature of the second peak increased with increasing
29 PPO concentration. In contrast, the first melting peak, corresponding to the OPO fraction,
30 appeared at a constant temperature from the mixture of 10PPO:90OPO to 90PPO:10OPO. With
31 increasing PPO concentration, the intensity of the second peak, corresponding to the PPO
32 fraction, increased at the expense of the first melting DSC peak.
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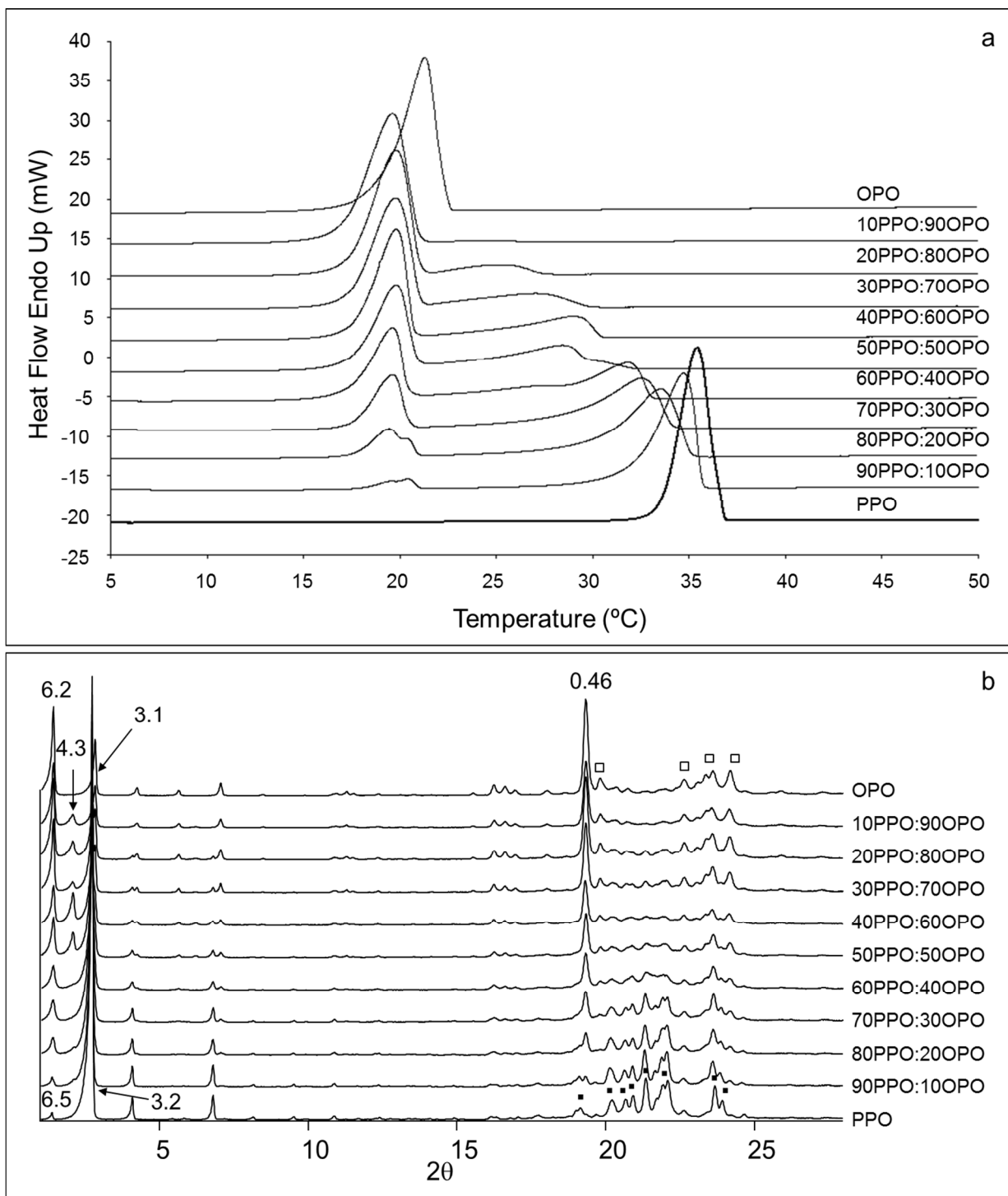


Figure 9. a) DSC heating thermopeaks of PPO-OPO mixtures. b) XRD patterns of PPO-OPO mixtures at 10°C. Data were obtained after an incubation period of 17 months.

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3 Polymorphic forms were determined using XRD measurements (Fig. 9b). XRD diffraction
4 peaks in the short and wide-angle region identified single β form for pure OPO. Thus, a peak
5 with a long spacing of 6.2nm was detected, whereas the typical β form peak at 0.46nm appeared
6 in the wide-angle region. The d-spacings of other β peaks (denoted by \square) were 0.44nm, 0.39nm,
7 0.38nm, and 0.37nm. Intensity of the XRD peak with a short spacing of 0.46 progressively
8 decreased as PPO concentration increased. Therefore, typical XRD peaks corresponding to β'
9 form of PPO became more important. The XRD pattern of pure PPO exhibited a triple-chain-
10 length structure of β' form, with a long spacing of 6.5nm. The β' form XRD peaks that appeared
11 in the wide-angle region (denoted by \blacktriangleright) had short spacings of 0.46nm, 0.44nm, 0.43nm, 0.42nm,
12 0.42nm, 0.40nm, 0.38nm, and 0.37nm. Mixing the PPO and OPO samples produced no new
13 peaks in the wide-angle region of the XRD patterns at any of the PPO-OPO ratios, aside from
14 those of the PPO and OPO fractions. However, mixtures from 10PPO:90OPO to 50PPO:50OPO
15 (OPO-rich region) exhibited a SAXD peak with a long spacing of 4.3nm. This XRD peak,
16 indicating a double-chain-length structure, may correspond to a metastable β' form of OPO (see
17 Table 1). It should be noted that during the 17 months of stabilization, when the state of the
18 samples was checked after 6 and 11 months of incubation, a decrease of the 4.3nm intensity peak
19 was observed for some PPO-OPO mixtures. Thus, this metastable β' form of OPO tended to
20 disappear while samples stabilized thermodynamically.

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Figure 10 depicts the phase behavior of PPO-OPO mixtures constructed at onset and end
temperatures in the DSC experiments, taking into account the corresponding shape factor ΔT_{end} ,
as described above.

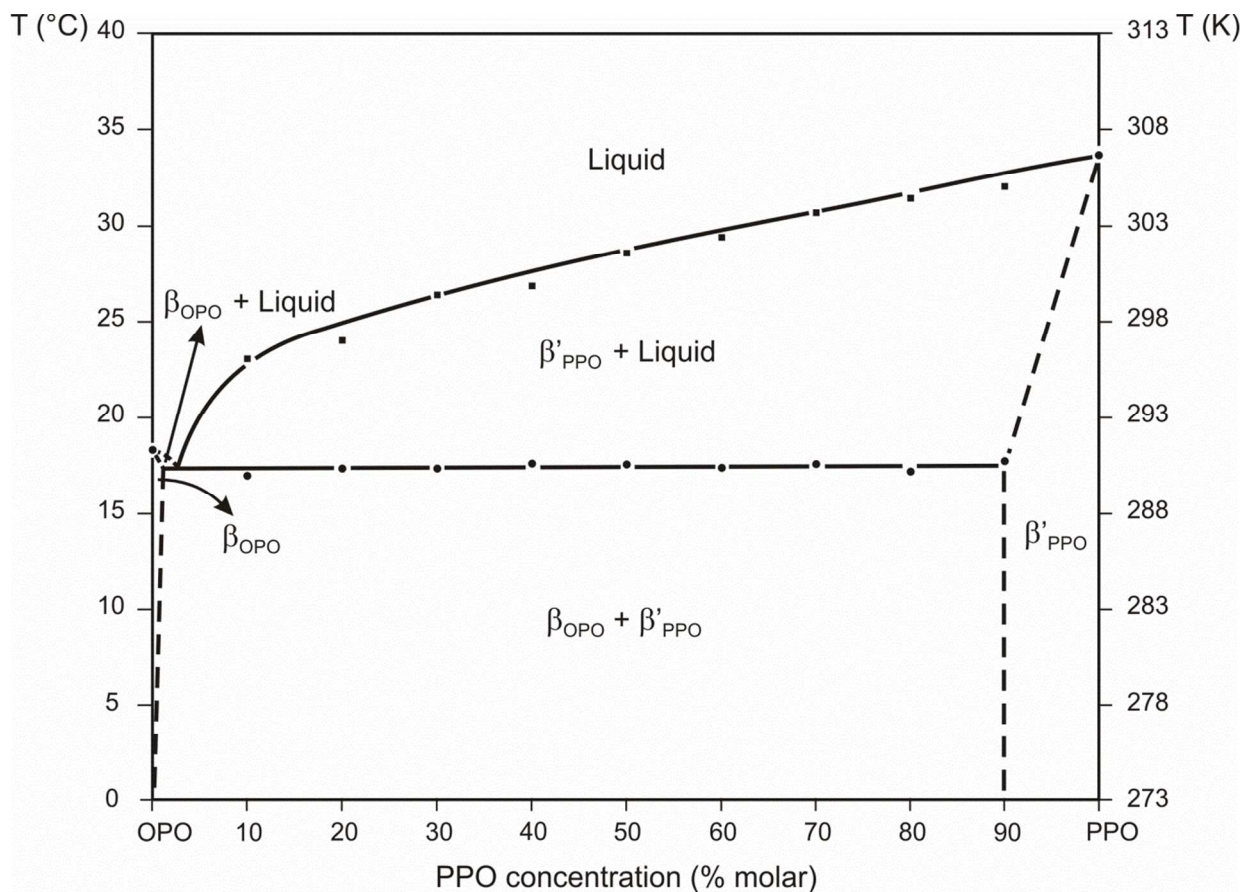


Figure 10. Phase behavior of PPO-OPO mixtures, based on DSC onset and end temperatures ($T_{\text{end}} - \Delta T_{\text{end}}$). Dashed lines represent solubility domain limits, which were defined by extrapolation, not by precise experimental determination.

PPO and OPO became immiscible, indicating a eutectic property. The exact position of the eutectic point could not be determined, as mixtures were prepared for every 10%. Nevertheless, it was estimated to be located at a composition between pure OPO and 10PPO:90OPO.

DISCUSSION

Based on the present experiment results, we sought to address two problems: (1) why the MC crystals of OOP-OPO and PPO-OOP were metastable, whereas the MC crystals of POP-OPO and POP-PPO were stable, and (2) why the MC crystals occurred as metastable forms from liquid state.

Regarding the first problem, eutectic behavior was confirmed for the PPO-OPO binary system, whereas OOP-OPO and PPO-OOP were metastable MC-forming. Several polymorphic forms were detected for the two molecular compounds by applying different cooling rates to the 50:50 compositions and by incubating the binary mixtures for 17 months. Table 2 lists the long and short spacings of the polymorphic forms of $MC_{OOP:OPO}$ and $MC_{PPO:OOP}$.

Table 2. Long spacing (LS, nm) and short spacing (SS, nm) values of polymorphic forms of OOP:OPO and PPO:OOP molecular compounds.

Polymorph	$MC_{OOP:OPO}$			$MC_{PPO:OOP}$		
	sub- $\alpha_{OOP:OPO}$	$\beta'_{OOP:OPO}$	$\beta_{OOP:OPO}$	sub- $\alpha_{PPO:OOP}$	$\alpha_{PPO:OOP}$	$\beta'_{PPO:OOP}$
LS (nm)	5.6	4.4	4.2	4.9	4.9	4.2
SS (nm)	0.41	0.45	0.46	0.42	0.41	0.42
	0.39	0.43	nd.	0.38		0.39
		0.42				
		0.39				

nd. Not determined

However, after thermodynamic stabilization at a constant temperature, we confirmed that both molecular compounds tended to evolve into the corresponding TAG components, indicating

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3 eutectic property. It may take a long time, though, to reach thermodynamically stable eutectic
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5 phase systems. We did not confirm the complete separation of MC into two TAG component
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7 molecules after 17 months of incubation, as MC and TAG components still coexisted. Such
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9 phase behavior was not detected in the mixtures of POP-OPO²⁰ and POP-PPO¹⁹, in which the β
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11 form of the molecular compound was stable and no evolution occurred in the two mixture
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13 systems.
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17 The fact that PPO-OPO mixtures were immiscible, not forming a molecular compound, and
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19 that OOP-OPO and PPO-OOP mixtures were MC-forming (although in both cases they seemed
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21 to be metastable) can be explained by taking into account the molecular interactions between the
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23 molecular TAG components.
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27 The main molecular interactions that influence stabilization of crystal structures of TAGs
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29 containing saturated and unsaturated fatty acids are¹:
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- 32 (i) Aliphatic chain packing, formed by molecular interactions between saturated and
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34 unsaturated fatty-acid chains.
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36 (ii) Glycerol conformation, which determines the configuration of all TAG molecules.
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38 (iii) Methyl end stacking, which determines the chain inclination and the chain-length
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40 structure.
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46 The ability or inability to form a molecular compound having a double-chain-length structure
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48 may be clarified by considering the combined effects of these interactions.
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51 Figure 11a illustrates different glycerol conformations of two asymmetric units of TAG
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53 molecules in their most stable form.
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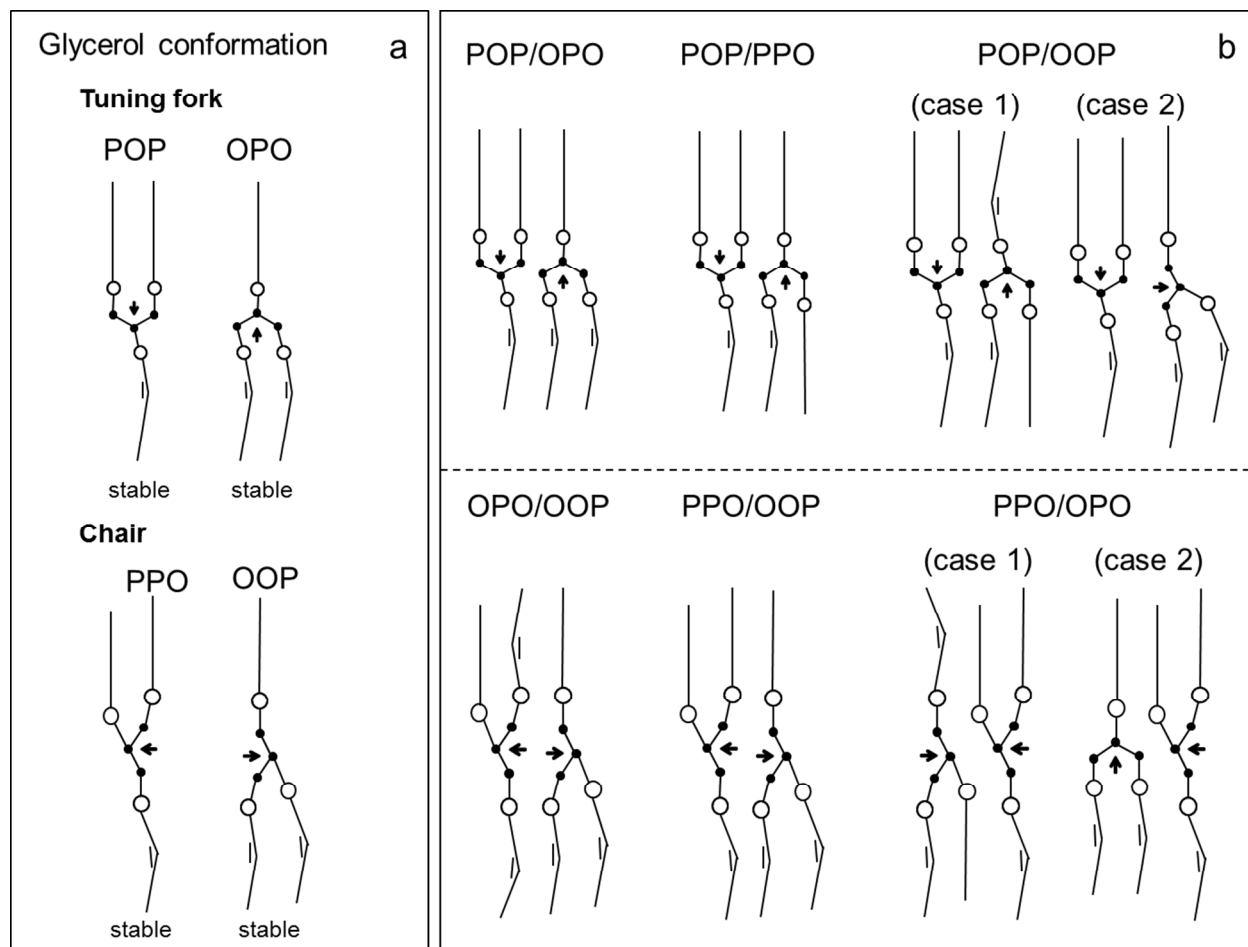


Figure 11. a) Structure models of TAGs containing palmitic and oleic fatty acids (tuning fork and chair conformation). b) Structure models of molecular compounds of TAGs containing palmitic and oleic fatty acids. POP-OPO, POP-PPO and POP-POO cases were reported by Minato et al.^{20,19} and Zhang et al.¹⁸, respectively.

Glycerol conformation is symbolized using the direction of the glycerol group, indicated by an arrow pointing at the sn-2 carbon atom, and defines the direction between the middle point of the two glycerol carbon atoms at the first and third positions, and the glycerol carbon atom at the second position. The glycerol conformation determines the lateral chain packing of palmitic and

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3 oleic acid moieties. In more stable conformations, the palmitic and oleic acid chains should be
4 packed in separated leaflets. In contrast, the coexistence of palmitic and oleic acid in the same
5 leaflet may decrease the packing coefficient¹⁵ in aliphatic chain packing. Thus, the conformation
6 obtained should become metastable. As Craven et al.¹⁴ reviewed, typically, chiral TAG adopt the
7 chair conformation while achiral TAG adopt the tuning fork. Therefore, the most stable
8 conformation for symmetric (achiral) POP and OPO is tuning fork,³² and asymmetric (chiral)
9 PPO and OOP may adopt a chair conformation.

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11 Figure 11b depicts possible structure models of molecular compounds of TAGs containing
12 palmitic and oleic fatty acids. The three structure models in the upper part had previously been
13 reported,¹⁸⁻²⁰ whereas the three models in the bottom are proposed in the present work.

14
15 The neighboring glycerol groups in parallel arrangement are directed along the chain axis with
16 an opposite turn in the POP-OPO mixture.²⁰ The tuning fork conformation is the most stable for
17 both POP and OPO (Fig. 11b), and it enables the oleoyl and palmitoyl chains to make separate
18 leaflets with stabilized aliphatic interactions. Hence, MC_{POP:OPO} is stable.

19
20 For POP:PPO molecular compound formation, we assume that both TAGs may adopt the
21 tuning fork conformation depicted in Fig. 11b. With this structure, the adjacent glycerol groups
22 should be directed along the chain axis with an opposite turn, similar to those in the POP-OPO
23 mixture. However, palmitoyl and oleoyl chains are inevitably located in one leaflet, and the other
24 leaflet may be fully occupied by palmitoyl chains.¹⁹ Chain packing of the palmitoyl-palmitoyl
25 leaflet may be stabilized, but steric hindrance may occur; however, this hindrance does not
26 destabilize the total MC molecule. Thus, the glycerol group interactions and palmitoyl-palmitoyl
27 interactions may prevail against destabilization in the chain packing of the palmitoyl-oleoyl
28 leaflet.

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3 Previous study indicated that POP-OOP exhibited immiscible eutectic behavior, with no
4 molecular compound formation, and two possible structure models were investigated to clarify
5 this result (Fig. 11b).¹⁸ The model of case 1 assumes a parallel direction for the glycerol groups,
6 which may be more stabilized than the unparallel direction in case 2. However, the structural
7 model of case 1 may destabilize the acyl chain packing because of the coexistence of oleoyl and
8 palmitoyl chains in the two leaflets. In case 2, the oleoyl and palmitoyl chains are separately
9 placed in their own leaflets. Consequently, neither of the two possible models of the POP:OOP
10 molecular compound may alleviate destabilization of the acyl chain packing, and no molecular
11 compound was observed in the POP-OOP mixture.
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24 In the present work, as expected, eutectic behavior was also observed in the PPO-OPO binary
25 mixtures, and no molecular compound formed. Figure 11b presents two possible models of
26 PPO:OPO molecular compound. In case 1, the two TAGs adapt a chair conformation, and the
27 adjacent glycerol groups are parallel to each other and perpendicularly directed to the chain axis,
28 and thus parallel to the lamellar plane. However, this structure may be destabilized due to chain
29 packing of the two leaflets, where palmitoyl-oleoyl steric hindrance occurs. In contrast, in case 2,
30 no steric hindrance takes place in the aliphatic chain packing, as oleoyl and palmitoyl chains are
31 located in different leaflets. However, this structure may be destabilized because of steric
32 hindrance between tuning fork (OPO) and chair (PPO) conformations, as adjacent glycerol
33 groups are perpendicular to each other.
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48 We observed formation of the molecular compound having a double-chain-length structure in
49 the OOP-OPO system. However, thermal stabilization experiments indicated that this molecular
50 compound was metastable and tended to separate into two TAG components, so that the system
51 became eutectic. In the proposed structure model depicted in Fig. 11b, the directions of glycerol
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3 groups are parallel to the lamellar plane, and OOP and OPO have chair-type glycerol
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5 conformations. Chain packing of the oleoyl-oleoyl leaflet may also be stabilized, yet the packing
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7 coefficient for the palmitoyl-oleoyl leaflet may decrease. Although this fact did not destabilize
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9 the total MC structure in its metastable state, long-term incubation caused the binary mixtures to
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11 evolve into a eutectic system. Taking into account our proposed model, the glycerol
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13 conformation of OPO¹⁴ was probably converted from less stable chair-type to more stable tuning
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15 fork-type during this stabilization, causing higher steric hindrance in the palmitoyl-oleoyl leaflet.
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20 A metastable molecular compound also formed in the PPO-OOP binary mixtures. The
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22 proposed structure model of the PPO:OOP molecular compound is depicted in Fig. 11b, with the
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24 chair conformation of the glycerol groups and separate chain packing of palmitoyl and oleoyl
25
26 chains, which may increase the packing coefficient. However, experiment results indicated
27
28 metastability of this molecular compound. A possible cause of the metastability of this MC
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30 structure is the racemicity of PPO and POO. MC-forming mixtures may be destabilized to form
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32 eutectic mixtures of R-PPO:S-PPO³³ and R-OOP:S-OOP. Further studies are needed to
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34 determine the mixing behavior of the enantiopure TAGs (R/S).
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39 Thus, repulsive interactions between glycerol groups and fatty acid moieties of OOP-OPO and
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41 PPO-OOP may cause separation from MC to eutectic separated phases after a long incubation
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43 period. The 17 months at the incubation temperatures examined in this study may not be
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45 sufficient to completely separate MC into two TAG components.
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50 Regarding the second problem with metastable molecular compounds for OOP-OPO and PPO-
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52 OOP, we consider the molecular structures of neat liquid of TAGs as a hypothesis. Larsson³⁴
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54 first proposed ordering in liquid state, advocating the existence of liquid-crystal-like lamellae.
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3 According to Larsson's paralamellar model, lamellar liquid crystals with short-range order exist
4 in TAG melts, and this lamellar ordering of some TAGs in the liquid state can persist at
5 temperatures up to 40°C above the melting point of the highest melting polymorph. In contrast,
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10 Cebula et al.³⁵ argued against Larsson's lamellar model in favor of a nematic-like structure.
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12 Later, Corkery et al.³⁶ proposed a Discotic Model for molten TAGs, in which TAG molecules in
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14 melt form Y-shaped conformers that are loosely bound individually within disk-like volumes and
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18 can self-assemble into discotic mesophases.

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20 The above three models describe some ordering in the liquid state of TAGs. Thus, for the first
21
22 stage of MC formation, we assume that as a precursor, molecular aggregation having some
23
24 ordering (i.e., lamellar structure) may exist. MC with a double-chain-length structure may occur
25
26 as a metastable phase from the liquid state, in accordance with the Ostwald step rule.³⁷ MC
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28 crystals form as stable structures for POP-OPO and POP-PPO, and tend to separate during
29
30 incubation into two TAG components (more stable) for OOP-OPO and PPO-OOP, due to
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32 repulsive interactions between glycerol groups and fatty acid chains.
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38 CONCLUSIONS

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43 We determined the phase behavior of PPO-OPO, OOP-OPO and PPO-OOP binary mixtures.
44
45 The PPO-OPO system exhibited eutectic behavior, whereas OOP-OPO and PPO-OOP were MC-
46
47 forming in the metastable state. Long incubation periods were needed to determine the evolution
48
49 of the binary mixtures, and the results demonstrated that $MC_{OOP:OPO}$ and $MC_{PPO:OOP}$ were
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51 metastable and tended to separate into pure TAG components. It was shown that thermodynamic
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3 equilibrium is highly difficult to reach, in which time and temperature of incubation become key
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5 factors.
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8 Non-formation of molecular compounds in PPO-OPO and metastability of $MC_{OOP:OPO}$ and
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10 $MC_{PPO:OOP}$ were investigated, taking into account the main molecular interactions that influence
11
12 stabilization of crystal structures of TAGs containing saturated and unsaturated fatty acids. These
13
14 interactions consist mainly of aliphatic chain packing, glycerol conformation of the TAG
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16 components, and methyl end stacking. The importance of stereochemistry of asymmetric TAGs
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18 for understanding their mixing behavior was again evidenced.
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10 ASSOCIATED CONTENT

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12
13 **Supporting Information.** Figures showing XRD patterns observed after 11 and 17 months of
14 incubation of 50OOP:50OPO (Figure S.1.) and 50PPO:50OOP (Figure S.2.). This material is
15 available free of charge via the Internet at <http://pubs.acs.org>.
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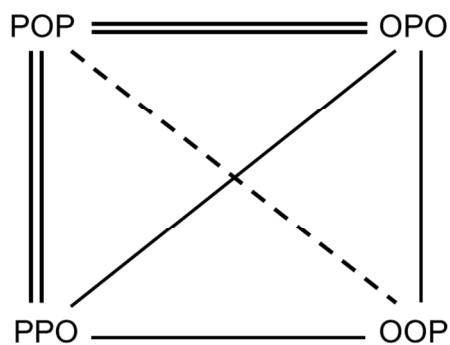
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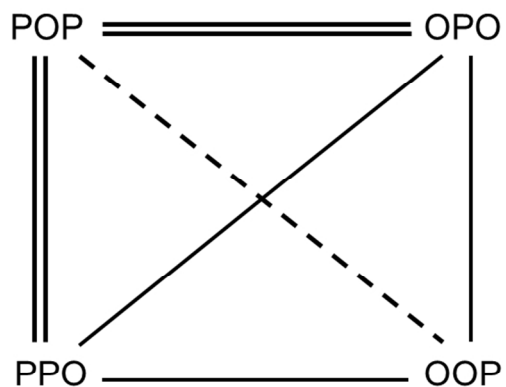
TABLE OF CONTENTS IMAGE



==== Molecular Compound (metastable and stable states)

- - - - Eutectic (metastable and stable states)

—— Present study

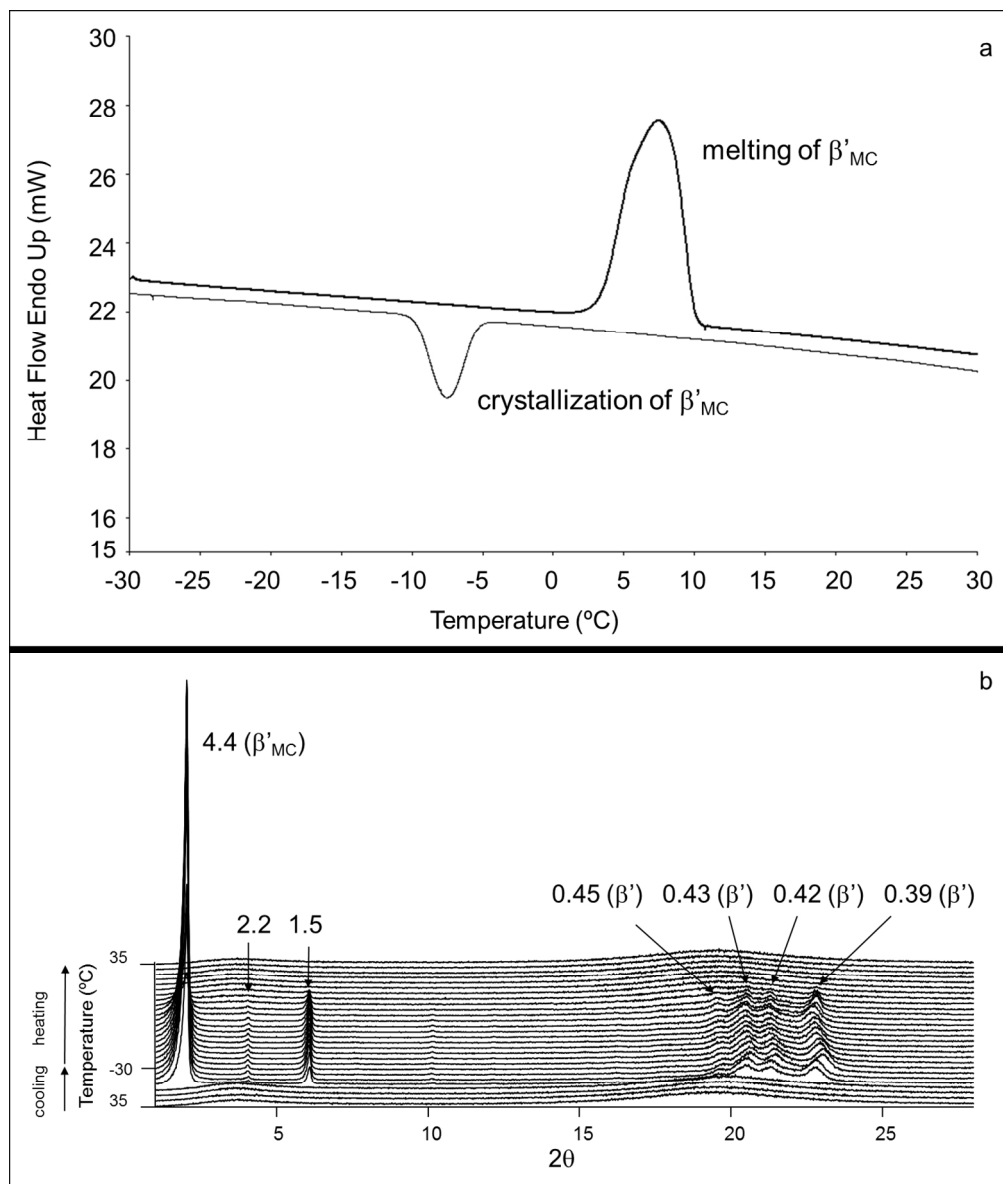


==== Molecular Compound (metastable and stable states)^{19,20}

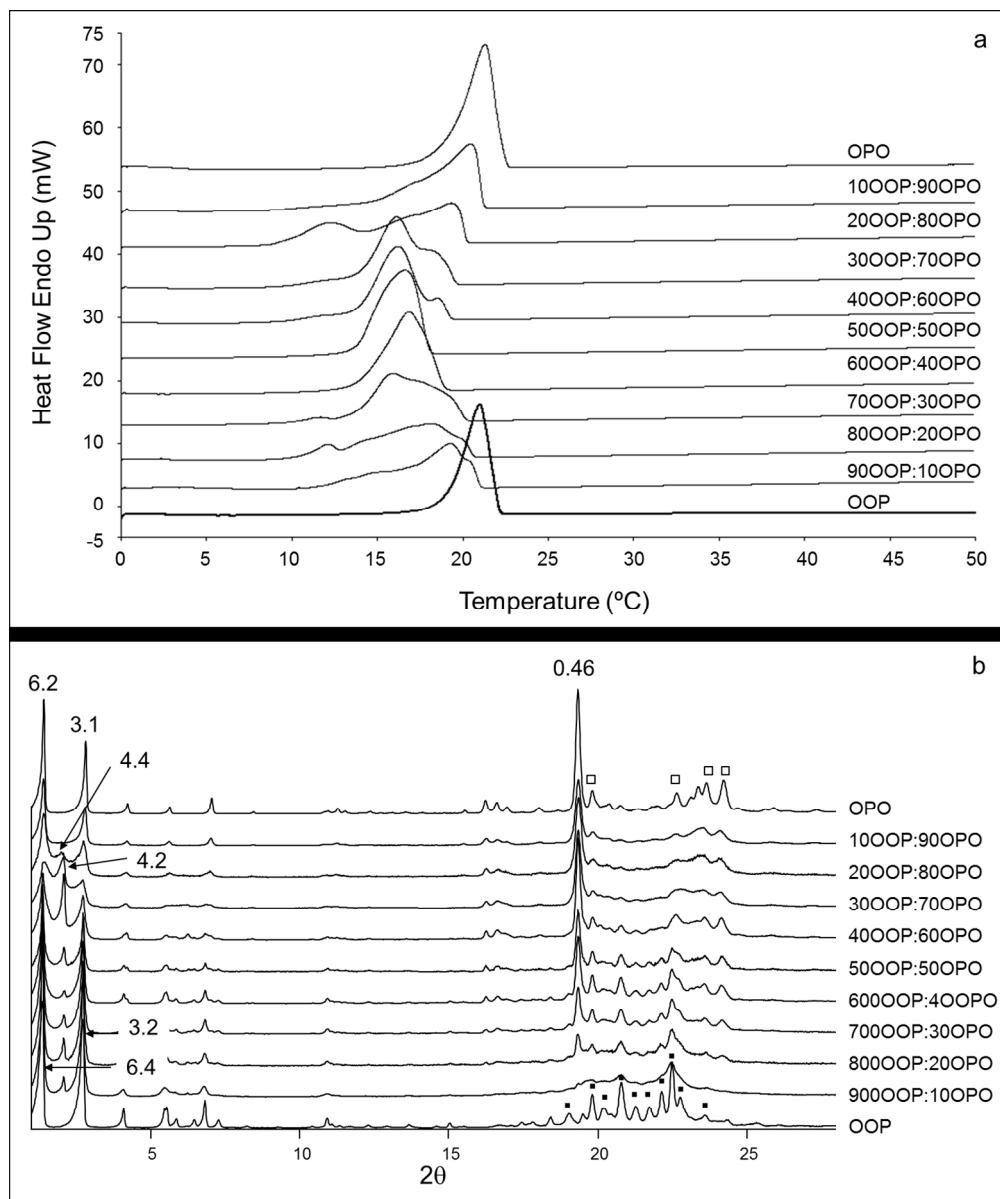
- - - - Eutectic (metastable and stable states)¹⁸

_____ Present study

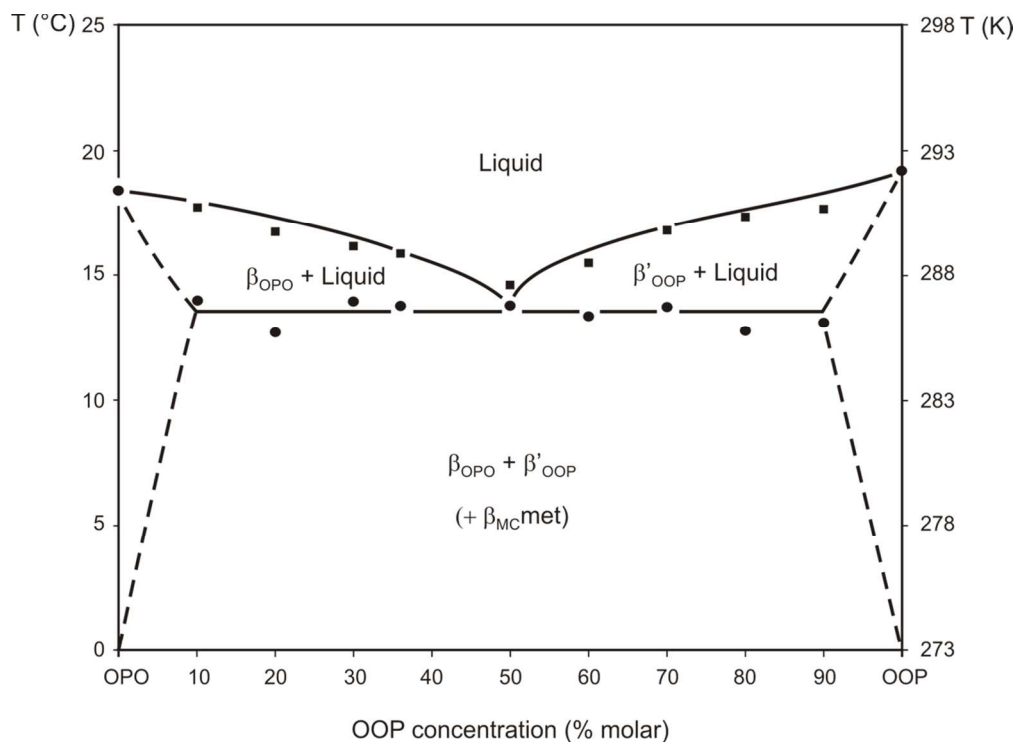
Tetragonal diagram of binary mixture systems of POP, OPO, PPO and OOP.
184x124mm (150 x 150 DPI)



Polymorphic behavior of metastable forms of 50OOP:50OPO when cooled at $0.5^{\circ}\text{C}\cdot\text{min}^{-1}$ and heated at $2^{\circ}\text{C}\cdot\text{min}^{-1}$. a) DSC thermogram. b) XRD patterns.
258x304mm (150 x 150 DPI)

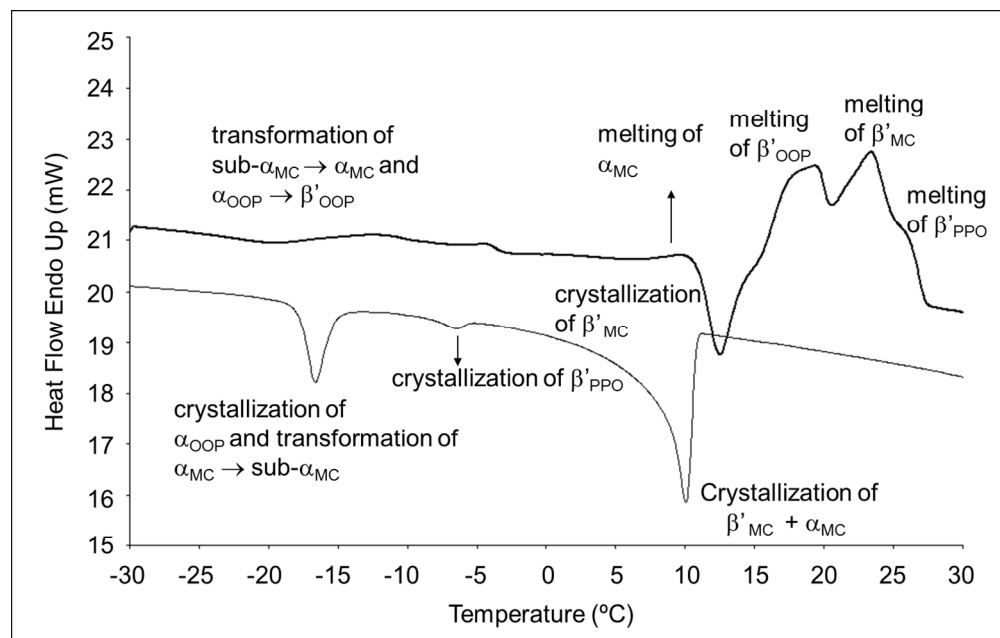


a) DSC heating thermopeaks of OOP-OPO mixtures. b) XRD patterns of OOP-OPO mixtures at 5°C. Data were obtained after an incubation period of 17 months.
255x305mm (150 x 150 DPI)



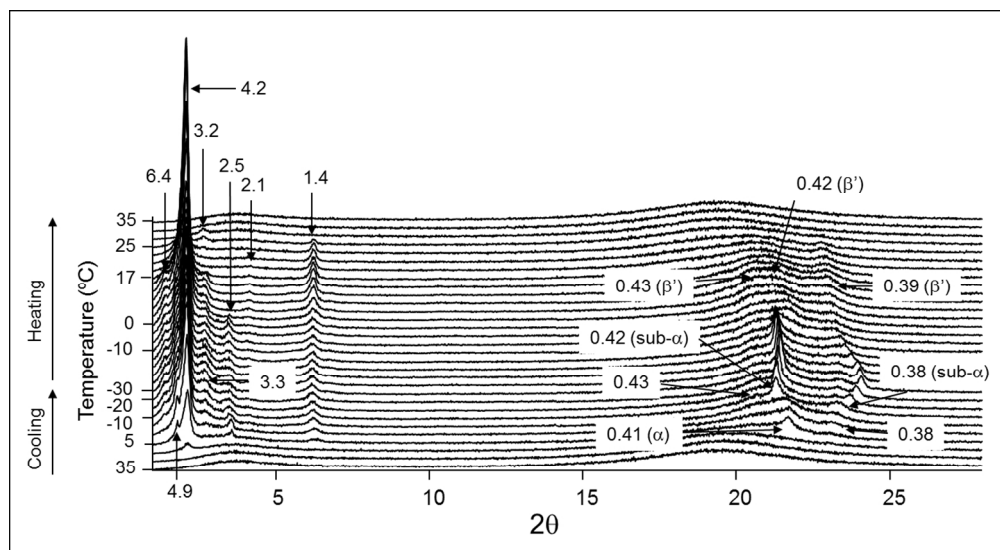
Phase behavior of OOP-OPO mixtures, based on DSC onset and end temperatures ($T_{\text{end}} - \Delta T_{\text{end}}$). Dashed lines represent solubility domain limits, which were defined by extrapolation, not by precise experimental determination.

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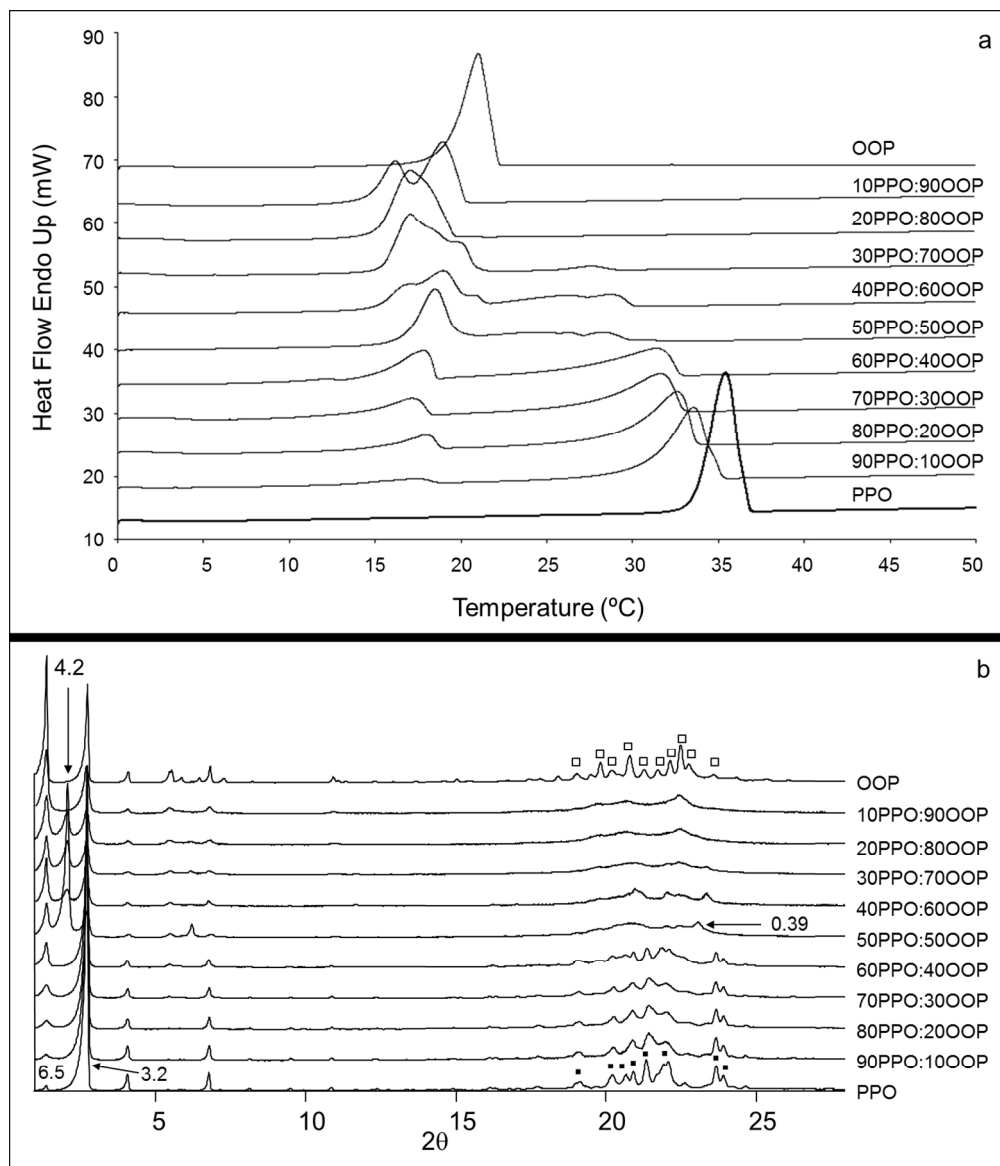


DSC cooling and heating thermopeaks of metastable forms of 50PPO:50OOP mixture obtained during cooling and heating processes at a rate of $2^{\circ}\text{C}\cdot\text{min}^{-1}$.

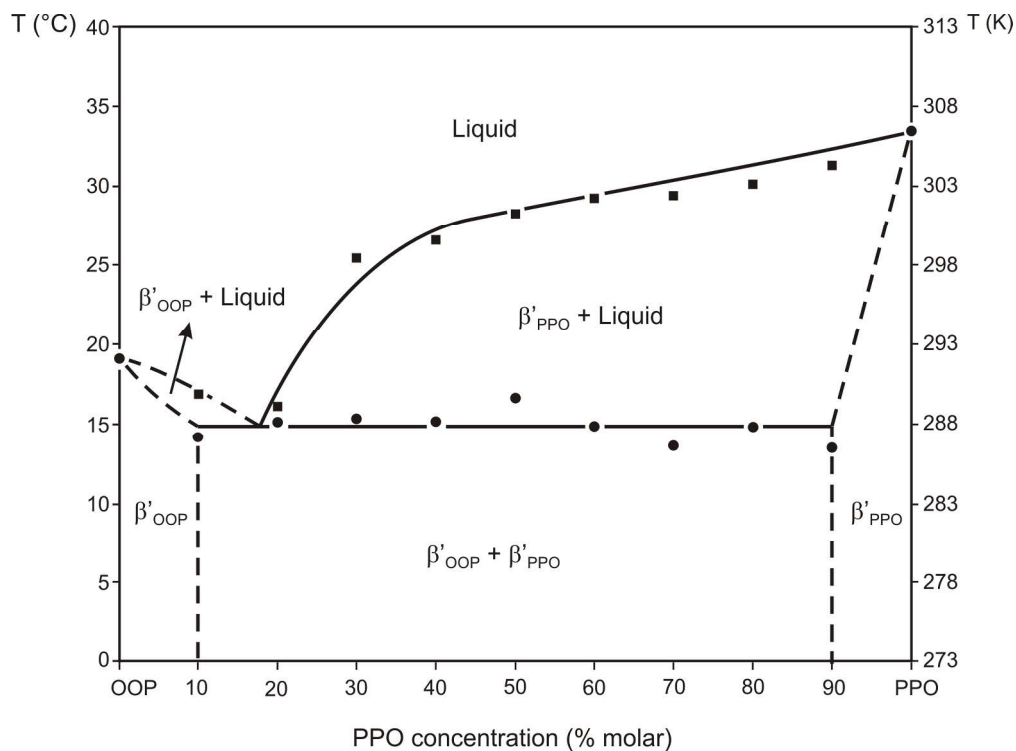
262x165mm (150 x 150 DPI)



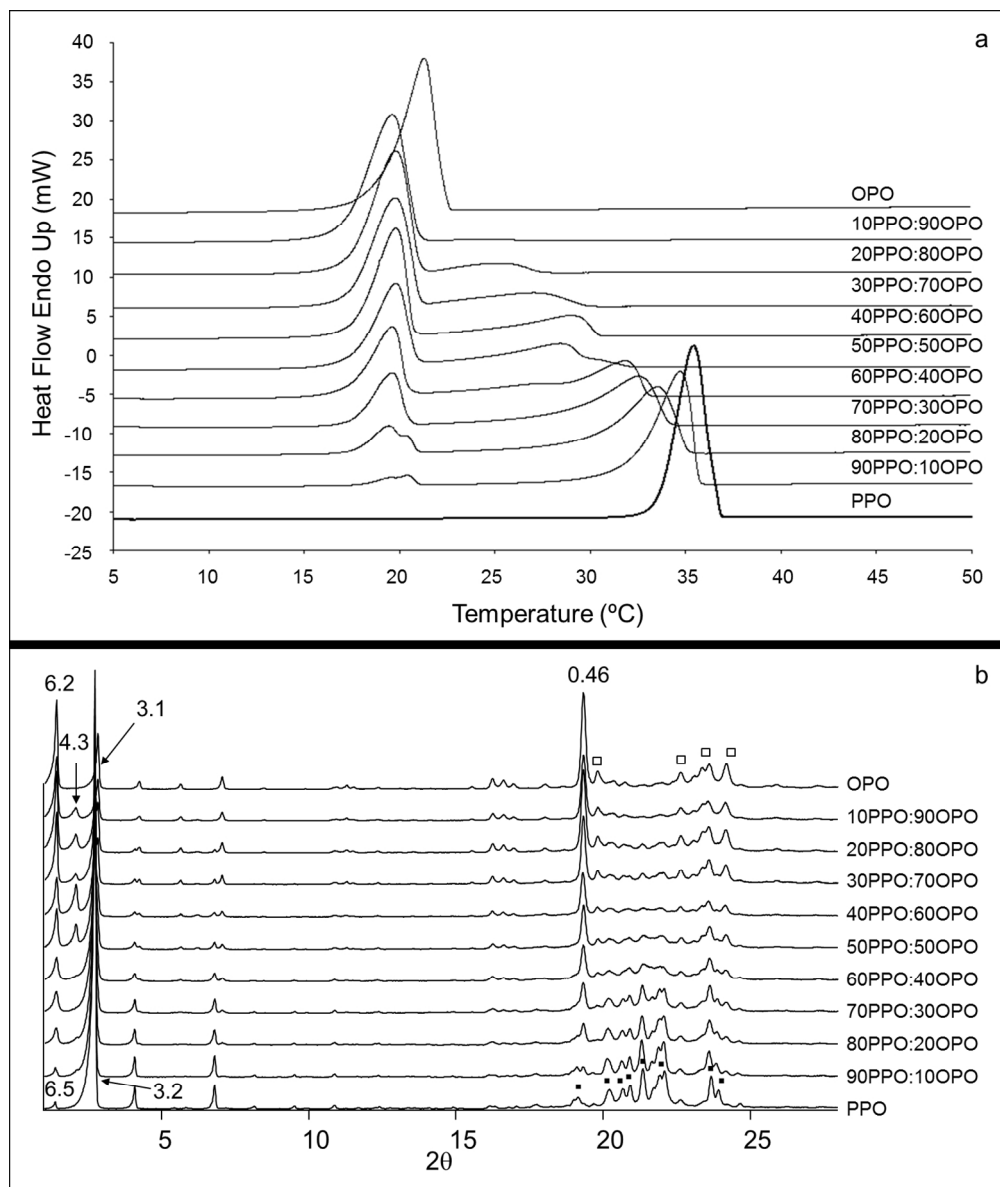
XRD patterns of metastable forms of 50PPO:50OOP mixture obtained during cooling and heating processes at a rate of $2^{\circ}\text{C}\cdot\text{min}^{-1}$.
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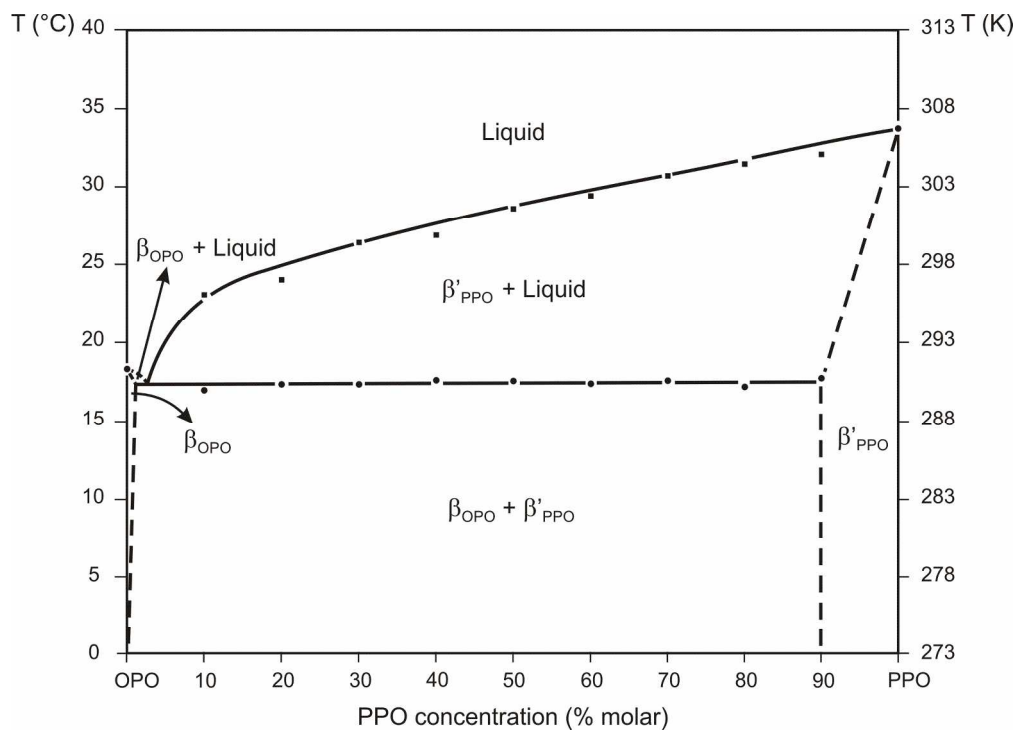
a) DSC heating thermopeaks of PPO-OOP mixtures. b) XRD patterns of PPO-OOP mixtures at 5°C. Data were obtained after an incubation period of 17 months.
254x294mm (150 x 150 DPI)



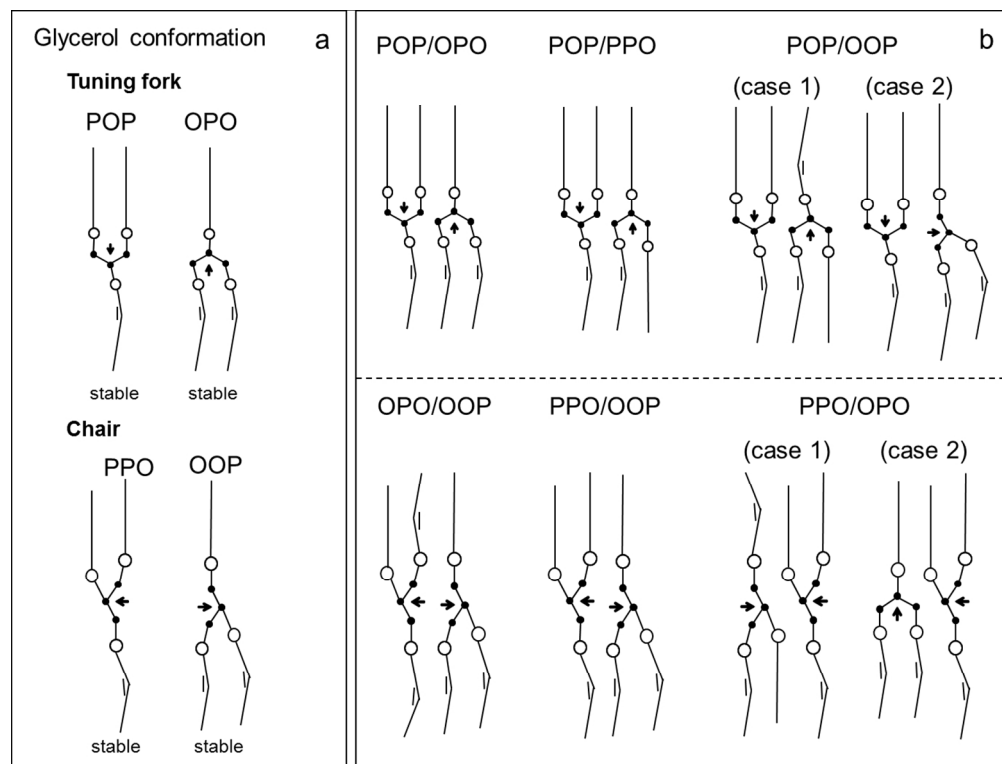
Phase behavior of PPO-OOP mixtures, based on DSC onset and end temperatures ($T_{\text{end}} - \Delta T_{\text{end}}$). Dashed lines represent solubility domain limits, which were defined by extrapolation, not by precise experimental determination.



a) DSC heating thermopeaks of PPO-OPO mixtures. b) XRD patterns of PPO-OPO mixtures at 10°C. Data were obtained after an incubation period of 17 months.
254x299mm (150 x 150 DPI)



Phase behavior of PPO-OPO mixtures, based on DSC onset and end temperatures ($T_{\text{end}} - \Delta T_{\text{end}}$). Dashed lines represent solubility domain limits, which were defined by extrapolation, not by precise experimental determination.



33 a) Structure models of TAGs containing palmitic and oleic fatty acids (tuning fork and chair conformation).
 34 b) Structure models of molecular compounds of TAGs containing palmitic and oleic fatty acids. POP-OPO,
 35 POP-PPO and POP-POO cases were reported by Minato et al.^{20,19} and Zhang et al.¹⁸, respectively.
 36 232x175mm (150 x 150 DPI)