

BY BIKE TO UB



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## CYCLE-ADVICE #1

Medicine on wheels. The use of the bicycle in daily trips improves health. Checked!



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## CYCLE-ADVICE#2

By pedaling you make a good  
cushion... of savings.



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## CYCLE-ADVICE #3

The fastest in the far-west. The bicycle is the fastest means of transport in the city for journeys of less than 4-5 km.



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## CYCLE-ADVICE #4

How is your bike? To drive safely, your bike must be in good condition, particularly brakes, wheels, lights, bell, chain and gear change.



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## CYCLE-ADVICE #5

The maximum speed on the bike lane is 30 km/h. If you go faster, get on the road.

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## CYCLE-ADVICE #6

For your safety, check that your bike's lights work properly: red light at the back and white light at the front.



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## CYCLE-ADVICE #7

Remember that the pedestrian has priority over the sidewalk. If the bicycle lane is on the sidewalk, reduce your speed to 10 km/h.



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## CYCLE-ADVICE #8

Get noticed on the bike lane! Ring the bell to alert absent-minded pedestrians who occupy it.





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## CYCLE-ADVICE #9

Let's leave the sidewalk to the pedestrians. You can only circulate on it if it's wide enough (more than 5 meters and 3 meters free space). If the sidewalk is narrow or with many pedestrians, you have to get off your bike and walk.



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## CYCLE-ADVICE #10

If you drive through spaces reserved for pedestrians or through parks, limit your speed to 10 km/h.



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## CYCLE-ADVICE #11

How are your lights? At night or in poor visibility, drive with the lights on.



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## CYCLE-ADVICE #12

Anticipate! Constantly monitor other vehicles and pedestrians to foresee possible risk situations.



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## CYCLE-ADVICE #13

Anticipate! For your safety, warn other road users in advance of your turns, overtaking and stops.

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## CYCLE-ADVICE #14

We like long-distance relationships. Keeping a safe distance from other road users allows you to react when there is a risk situation.



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## CYCLE-ADVICE #15

Let's focus... The safest place to drive on the road is in the center of the lane. You will avoid the car doors that magically open and you will gain visibility.



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## CYCLE-ADVICE #16

Which is my lane? You can drive in the lane closest to the sidewalk that you want, except in those reserved for public transportation.





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## CYCLE-ADVICE #17

Your bike loves you and wants to stay with you... Lock your bike with security locks everywhere: frame, both wheels and seat.



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## CYCLE-ADVICE #18

Look for parking in the spaces with an inverted U, they are the ones that allow you to safely hold the different parts of the bike.



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## CYCLE-ADVICE #19

Emergency! If you want to be prepared in the event of a breakdown, take a basic tool kit with you so you can keep riding.



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# CYCLE-ADVICE #20

Extreme vigilance at crossings.  
Make sure that other vehicles see  
you, even if you have priority.



GEORGE ST  
MARKET ST

COUNTRY ROAD

CLE  
SPEC  
C  
3m  
SAT 7

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## CYCLE-ADVICE #21

On the bike you are not the weakest. In addition to respecting the priority of the pedestrian, be prepared to warn with the bell and brake when a pedestrian crosses your path.



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## CYCLE-ADVICE #22

Stay safe! In every way. Lock your bike, ride safely, and take out an insurance that covers you in the event of an accident.





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## CYCLE-ADVICE #23

On a bike without hands and eyes?  
Impossible! Using your cell phone  
while cycling is not an option.

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## CYCLE-ADVICE #24

It goes without saying, doesn't it?  
Always respecting traffic signs, both  
horizontal and vertical, will avoid a  
lot of accidents.





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## CYCLE-ADVICE #25

Get noticed! Wear brightly colored clothing with reflective elements, ride in the center of the lane and use lights when visibility is poor.

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## CYCLE-ADVICE #26

When you ride your mind relaxes, if you receive any verbal aggression, go your way and deflect the attack.

