# Academic skills

What are they?

How to improve academic skills



#### What are academic skills?









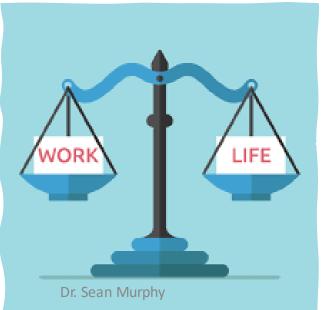
Problem solving
Creativity
Independent learning
Written communication
Spoken communication
Research / Investigation

Referencing
Critical thinking
Academic writing
Managing information
Understanding assessment
Writing a dissertation

## Academic skills can help me to:

- study efficiently and effectively
- reduce anxiety
- get better grades
- increase confidence and selfesteem
- improve work-life balance
- develop personal discipline
- prepare for the world of work









### Speaking skills



- Breathe and relax
- Overcome embarrassment
- Think and plan what to say
- Ask for help (How do you say...?)
- Rehearse in your mind and verbalise
- Don't worry about mistakes
- LISTEN to corrections and repeat correct forms
- LISTEN to others and respond to what they say

### Writing skills

- Brainstorm
- Research and reference
- Make / take notes
- Make an outline
- Who will read it?
- Make a first draft
- Connect ideas
- Use paragraphs effectively
- Make a second / final draft
- Proofread, edit, correct

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moreover		in the case of	therefore
too		as revealed	thus
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- · Introduction
  - \* These statement.
  - Purpose of research, puper.
- · Body
  - · Strong argument.
  - Stranger argument.