

UNIVERSITAT DE BARCELONA

Study of new strategies for steatotic liver disease: SIRT1-mediated modulation of VLDLR levels and evaluation of a soluble epoxyde hydrolase-targeted PROTAC

Mona Peyman



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University of Barcelona

Faculty of Pharmacy and Food Sciences

Department of Pharmacology, Toxicology and Therapeutic Chemistry

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PhD Program in Biotechnology

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Dissertation presented by Mona Peyman to apply for the doctorate degree from the University of Barcelona

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2024

The present doctoral thesis has generated two original scientific papers, one of them published (attached in the annex section) and the other one pending to submit:

Article 1:

Peyman, M., Barroso, E., Turcu, A. L., Estrany, F., Jr, Smith, D., Jurado-Aguilar, J., Rada, P., Morisseau, C., Hammock, B. D., Valverde, Á. M., Palomer, X., Galdeano, C., Vázquez, S., & Vázquez-Carrera, M. (2023). Soluble epoxide hydrolase-targeting PROTAC activates AMPK and inhibits endoplasmic reticulum stress. *Biomedicine & pharmacotherapy = Biomedecine & pharmacotherapie*, 168,115667.

https://doi.org/10.1016/j.biopha.2023.115667

Article 2:

Peyman, M., Babin-Ebell, A., Rodríguez-Rodríguez, R., Rigon, M., Aguilar-Recarte, D., Villarroya, J., Planavila, A., Villarroya, F., Palomer, X., Barroso, E., & Vázquez-Carrera, M. **SIRT1 REGULATES HEPATIC VLDLR LEVELS THROUGH HIF-1α.** (Pending to submit)

Additionally, extra scientific paper has been published during the development of the doctoral thesis and is attached in the annex section. These were obtained as a result of participating in other projects that do not correspond to the scope of the results presented in this thesis:

Barroso, Emma, Marta Díaz, Ana Cristina Reguera, **Mona Peyman**, Jesús Balsinde, Javier Jurado-Aguilar, Meijian Zhang et al. "**CHOP upregulation and dysregulation of the mature form of the SNAT2 amino acid transporter in the placentas from small for gestational age newborns**." *Cell Communication and Signaling* 21, no. 1 (**2023**): 326. https://doi.org/10.1186/s12964-023-01352-5

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Abbreviations

AA	Arachidonic Acid		
AASLD	American Association for the Study of Liver Diseases		
ADH	Alcohol Dehydrogenase		
ALD	Alcohol-associated/related Liver Disease		
ALDH	Aldehyde Dehydrogenase		
АМРК	AMP-activated Protein Kinase		
AR	Androgen Receptor		
ATF4	Activating Transcription Factor 4		
ATF6	Activating Transcription Factor 6		
ATGL	Adipose Triglyceride Lipase		
АТР	Adenosine Triphosphate		
BiP	Binding immunoglobulin Protein		
BMI	Body Mass Index		
BP	Blood Pressure		
CALR	Calreticulin		
CaMKK2	Ca2+/calmodulin-dependent Kinase 2		
СаМККβ	Ca2+/calmodulin-dependent protein Kinase β		
CCL20	Chemokine CC Ligand 20		
СНВ	Chronic Hepatitis B		
СНС	Chronic Hepatitis C		
СНОР	C/EBP Homologous Protein		
ChREBP	Carbohydrate Response Element-Binding Protein		

CKD	Chronic Kidney Disease
CLD	Chronic Liver Disease
СМС	Carboxymethylcellulose
CMRF	Cardiometabolic Risk Factor
COX	Cyclooxygenase
CRE	cAMP Response Elements
CRL4-CRBN	Cullin-RING Ligase 4-Cereblon
СТ	Control
CVD	Cardiovascular Disease
CYP2E1	Cytochrome P4502E1
CYP450	Cytochrome P450
DAG	Diacylglycerol
DHA	Docosahexaenoic Acid
DHET	Dihydroxyeicosatrienoic Acid
DNL	de novo Lipogenesis
EASL	European Association for the Study of the Liver
EET	Epoxyeicosatrienoic acid
eIF2α	Eukaryotic Initiation Factor 2α
ELF	Enhanced Liver Fibrosis
ЕМА	European Medicines Agency
EpFAs	Epoxidized Fatty Acids
ER	Endoplasmic Reticulum
ER	Estrogen Receptor
ERAD	ER-associated protein Degradation

ERK1/2	Extracellular-signal-Regulated Kinase 1/2
ERO	ER Oxidoreductin
ERSE	ER Stress Elements
FABPs	FA Binding Proteins
FAO	Fatty Acid Oxidation
FAS	Fatty Acid Synthase
FAs	Fatty Acids
FATPs	Fatty Acid Transport Proteins
FFAs	Free Fatty Acids
FGF21	Fibroblast Growth Factor 21
FIB-4	Fibrosis-4 Index
FOXOs	Forkhead box proteins
FR	Fructose
G6Pase	Glucose 6-phosphatase
GADD34	Growth Arrest and DNA Damage-inducible protein 34
GAPD	Glyceraldehyde 3-Phosphate Dehydrogenase
GCKR	Glucokinase Regulator
GCN2	General Control non-derepressible kinase 2
GLUT1	Glucose Transporter 1
GRP78	Glucose-Regulating Protein 78 kDa
GTT	Glucose Tolerance Test
нсс	Hepatocellular Carcinoma
HDL	High-Density Lipoprotein
HFD	High Fat Diet

HIF	Hypoxia-Inducible Factors
HIF1α	Hypoxia-Inducible Factor 1α
HOMA-IR	Homeostatic Model Assessment for Insulin Resistance
HRI	Heme-Regulated Inhibitor Kinase
HSC	Hepatic Stellate Cells
hsCRP	High sensitivity C-reactive Protein
IL-32	Interleukin-32
INASL	Indian National Association for the Study of the Liver
IR	Insulin Resistance
IRE1	Inositol-Requiring Enzyme 1
IRE1a	Inositol-Requiring Enzyme 1α
IRs	Insulin Receptors
IRS	Integrated Stress Response
IRS1	Insulin Receptor Substrate 1
JNK	Jun N-terminal Kinase
KCs	Kupffer Cells
LFTs	Liver Function Tests
LKB1	Liver Kinase B1
LOX	Lipoxygenase
LPS	Lipopolysaccharide
MAFL	Metabolic dysfunction-Associated Fatty Liver Disease
МАРК	Mitogen Activated Protein Kinase
MASH	Metabolic dysfunction-Associated Steatohepatitis
MASLD	Metabolic dysfunction-Associated Steatotic Liver Disease

MCP-1	Monocyte Chemoattractant Protein-1
MRI	Magnetic Resonance Imaging
NAD+	Nicotinamide Adenine Dinucleotide
NADPH	Nicotinamide Adenine Dinucleotide Phosphate
NAFLD	Non-alcoholic Fatty Liver Disease
NASH	Non-alcoholic Steatohepatitis
NF-ĸB	Nuclear Factor kappa-B
NK	Natural Killer
NRF2	Nuclear Factor-erythroid 2 Related Factor 2
p- eIF2α	phosphorylation of eukaryotic Initiation Factor 2α
PA	Palmitic Acid
PAMPs	Pathogen-Associated Molecular Patterns
PEPCK	Phosphoenolpyruvate Carboxykinase
PERK	PKR-like ER Kinase
PGC-1α	PPAR γ co-activator 1 α
PHD	Prolyl Hydroxylase Domain
PKR	Protein Kinase R
PNPLA3	Patatin-like Phospholipase Domain Containing 3
POI	Protein of Interest
PPAR-α	Peroxisome Proliferator-Activated Receptor- α
PROTAC	Proteolysis Targeting Chimera
PUFAs	Polyunsaturated Fatty Acids
qPCR	Quantitative PCR
RIDD	Ire1 dependent decay

RNS	Reactive Nitrogen Species
ROS	Reactive Oxygen Species
SCFAs	Short-Chain Fatty Acids
sEH	Soluble Epoxide Hydrolase
SFAs	Saturated Fatty Acids
SIRT1	Sirtuin 1
SLD	Steatotic Liver Disease
SNPs	Single-Nucleotide Polymorphisms
SOCS3	Suppressor Of Cytokine Signaling 3
SREBP	Sterol Regulatory Element-Binding Protein
SSBs	Sugar-Sweetened Beverages
SSI3	STAT-induced STAT inhibitor
STAT3	Signal Transducer and Activator of Transcription 3
sXBP1	spliced XBP1
T2DM	Type 2 Diabetes Mellitus
TAK1	Transforming Activated Kinase 1
ТВР	TATA-Binding Protein
TG	Triglycerides
TGF-β1	Transforming Growth Factor β1
TLRs	Toll-Like Receptors
ТМ	Tunicamycin
TM6SF2	Transmembrane 6 Superfamily 2
ΤΝFα	Tumor Necrosis Factor α

TPD	Targeted Protein Degradation
TRAF2	Receptor-Associated Factor 2
TRAIL	TNF-related apoptosis inducing ligand
TRB3	Tribbles homolog 3
TSP-1	Thrombospondin 1
UPR	Unfolded Protein Response
USFDA	United States Food and Drug Administration
VAT	Visceral adipose tissue
VEGF	Vascular Endothelial Growth Factor
VLDL	Very Low-density Lipoproteins
VLDLR	VLDL Receptor
WC	Waist Circumference
XBP1	X box-Binding Protein 1

SUMMARY

Metabolic dysfunction-associated steatotic liver disease (MASLD) is the most common cause of chronic liver disease (CLD). The first stage in the development of MASLD is metabolic dysfunction-associated fatty liver (MASL), which is defined as a condition where excessive levels of triglycerides (TG) accumulate in the liver. Little is known about the role played by the uptake of lipoproteins, such as very low-density lipoproteins (VLDL) that predominantly transport TG in plasma, in the development of hepatic steatosis. Interestingly, endoplasmic reticulum (ER) stress-mediated increase in the levels of the VLDL receptor (VLDLR) results in remarkable hepatic steatosis via enhanced triglyceride-rich lipoprotein delivery to the liver. A better understanding of how hepatic VLDLR is regulated might help to develop new effective therapies against MASLD. On the other hand, soluble epoxide hydrolase (sEH), an enzyme highly expressed in the liver, converts epoxyeicosatrienoic acids (EETs) and other epoxy fatty acids (EpFAs) to their corresponding diols. These diols are much less bioactive than their parents' epoxides. As a result, compounds that inhibit sEH increase the levels of EETs and other EpFAs, which are opposing counterparts to the largely pro-inflammatory prostanoids and leukotrienes, thereby providing therapeutic efficacy for the treatment of several diseases, including hepatic steatosis. An additional new strategy for targeting sEH might be the use of proteolysis-targeting chimeras (PROTACs), due to its capacity to induce its degradation.

In the present thesis, we show that induction of hepatic steatosis by fructosedrinking water in rats caused a reduction in the levels of hepatic sirtuin 1 (SIRT1), a NAD (+)-dependent deacetylase, and upregulation of VLDLR, suggesting a potential relationship between these two proteins. Consistent with this, Sirt1^{-/-} mice displayed increased hepatic VLDLR levels and enhanced expression of HIF-1 α -target genes. Likewise, the increase in VLDLR protein levels induced by pharmacological inhibition or gene knockdown of SIRT1 in a human hepatic cell line was abolished by a HIF-1 α inhibitor. Moreover, SIRT1 activation in mice prevented the increase in hepatic VLDLR protein levels caused by ER stress. Additionally, we report that the sEH-targeting PROTAC ALT-PG2 degrades this protein in the human hepatoma-derived Huh-7 cell line and in primary mouse hepatocytes as well as in the liver of mice. PROTAC-mediated degradation of the sEH protein in cells resulted in adenosine monophosphate-activated protein kinase (AMPK) activation, while phosphorylated extracellular-signal-regulated kinase 1/2 (ERK1/2) was reduced. Consistent with the role of these two kinases in ER stress, ALT-PG2 reduced both ER stress and inflammatory markers.

Altogether, the findings of the present doctoral thesis shed light on a new mechanism of VLDLR regulation and its contribution to hepatic steatosis and demonstrate that targeting sEH with a PROTAC molecule is an effective strategy to activate AMPK and to prevent ER stress and inflammation in hepatic cells.

RESUMEN

La causa más común de enfermedad crónica del hígado (CLD) es la enfermedad del hígado graso asociada a disfunción metabólica (MASLD, por sus siglas en inglés). El hígado graso asociado a la disfunción metabólica (MASL, por sus siglas en inglés), que se define como una condición donde se acumulan niveles excesivos de triglicéridos (TG) en el hígado, es la primera etapa en el desarrollo de MASLD. La captación de lipoproteínas, como las lipoproteínas de muy baja densidad (VLDL), que transportan principalmente TG en el plasma, es poco conocida por su papel en el desarrollo de la esteatosis hepática. Es destacable que el aumento de los niveles del receptor de VLDL (VLDLR) mediado por el estrés del retículo endoplásmico (ER) contribuye significativamente a la esteatosis hepática a través de un aumento en la captación de lipoproteínas ricas en triglicéridos por el hígado. Entender mejor cómo se regulan los niveles de VLDLR hepático podría ayudar en el desarrollo de nuevas terapias contra el MASLD. Por otro lado, la epóxido hidrolasa (sEH, de su acrónimo en inglés soluble epoxide hydrolase), una enzima que se expresa de forma abundante en el hígado, convierte ácidos eicosatrienoicos epóxicos (EETs, epoxyeicosatrienoic acids) y epoxiácidos (EpFA, epoxy fatty acids) en sus correspondientes dioles. Estos dioles son menos bioactivos que sus precursores epóxidos. El resultado de la inhibición de la sEH es un aumento de los niveles de EETs y otros EpFAs, que son antagónicos de prostanoides y leucotrienos proinflamatorios. El aumento de estos compuestos proporciona eficacia terapéutica para el tratamiento de varias enfermedades, incluida la esteatosis hepática. Debido a su capacidad para inducir su degradación, las quimeras de direccionamiento de proteólisis (PROTACs, proteolysis-targeting chimeras) podrían ser una nueva estrategia para degradar la sEH. En esta tesis demostramos que el consumo de fructosa en ratas causó esteatosis hepática, reduciendo los niveles de sirtuina 1 hepática (SIRT1), una deacetilasa dependiente de NAD (+), y aumentando los de VLDLR, lo que sugería una relación potencial entre estas dos proteínas. . De hecho, los ratones deficientes en SIRT1 presentaban niveles más altos de

VLDLR hepático y mayor expresión de los genes diana de HIF-1α. Asimismo, el aumento de los niveles de VLDLR inducidos mediante inhibición farmacológica o la inactivación del gen de SIRT1 en una línea celular hepática humana se contrarrestó con un inhibidor HIF-1α. Además, la activación de SIRT1 en ratones impidió el aumento de los niveles de proteína VLDLR hepático provocado por el estrés del ER. Adicionalmente, demostramos que un PROTAC dirigido contra la sEH, ALT-PG2, degrada esta proteína en hepatocitos primarios de ratón, en la línea celular de hepatoma humano Huh7 así como en hígado de ratón. La degradación de la sEH causada por el PROTAC en células activó la proteína quinasa activada por monofosfato de adenosina (AMPK), mientras que los niveles de la quinasa regulada por señales extracelulares 1/2 (ERK1/2) disminuyeron. En consonancia con el papel que estas dos quinasas desempeñan en el estrés del RE, ALT-PG2 disminuyó tanto los niveles de marcadores de estrés del RE como inflamatorios.

Los resultados generales de la tesis doctoral desvelan un nuevo mecanismo de regulación de VLDLR y su papel en la esteatosis hepática, y asimismo demuestran que la degradación de la proteína sEH con una molécula PROTAC es un método efectivo para activar AMPK y prevenir el estrés y la inflamación en las células hepáticas.

I. INTRODUCTION

Introduction

I.1. Steatotic Liver Diseases (SLD) and the new nomenclature

The term "chronic liver disease" (CLD) refers to a progressive decline in liver function that lasts longer than six months. This decline affects the liver's ability to synthesise clotting factors and other proteins, detoxify toxic metabolic products, and excrete bile. Fibrosis and cirrhosis are the results of the ongoing inflammation, destruction, and regeneration of the liver parenchyma in CLD. CLD has many different etiologies, such as exposure to toxins, long-term alcohol misuse, infections, autoimmune diseases, genetic disorders, and metabolic problems. The last stage of CLD, known as cirrhosis, is characterized by disruption of the architecture of the liver, formation of widespread nodules, vascular reorganization, neo-angiogenesis, and extracellular matrix deposition. At the cellular level, fibrosis and cirrhosis are caused by the recruitment of fibroblasts and stellate cells, whereas parenchymal regeneration is dependent on hepatic stem cells (Sharma, and Shivaraj.2023, Casey,2016). CLD which affects 800 million people worldwide and results in 2 million deaths annually, includes alcoholic liver disease (ALD), chronic hepatitis B (CHB), and non-alcoholic fatty liver disease (NAFLD) (Jerez, et al.2023). NAFLD affects 25% of the global population and is mainly characterized by hepatic steatosis (Younossi et al., 2016). A severe form of NAFLD known as non-alcoholic steatohepatitis (NASH), which is characterized by increased inflammation and hepatocyte injury, affects roughly 10% to 15% of patients suffering NAFLD (Torres, et al.2021).

Although excess fat deposition in the liver has been known for centuries, there were several reasons why it was time for the nomenclature to be updated. The first time the term NAFLD was used was when von Rokitansky described the visceral and subcutaneous adiposity in overfed children in 1849. Since then, the field has struggled to come up with appropriate nomenclature (Ludwig, et al.1980).

Subsequently, the liver histology linked to excess liver fat without a history of heavy alcohol use was initially referred to as NASH. The researchers used the term "non-alcoholic" because, at the time, there was little understanding of the pathophysiological basis of alcohol-related liver disease, and the histopathological findings mirrored those of individuals with this condition. Since the term NAFLD was added to the medical compendium because there were no other options, there have been talks about renaming the condition to more accurately describe the disease process and go beyond the apparent histopathological similarities to alcohol-related liver disease (Bedossa, et al. ,2012). In fact, it is now understood that ALD and NAFLD may be caused by similar biological mechanisms (Israelsen, et al. 2024). In 2020 it was proposed to refer to patients with a fatty liver regardless of the quantity and pattern of alcohol intake under the term metabolic dysfunctionassociated fatty liver disease (MAFLD) (Eslam, et al. 2020). While some people accepted MAFLD, others expressed concerns about the confluence of etiologies due to.

The new terminology for liver disease was developed and finalized by the members of the American Association for the Study of Liver Diseases (AASLD) in June 2023 (Rinella, et al.2023). The general term for all steatosis aetiologies was chosen to be steatotic liver disease (SLD) (Figure 1). It was believed that the term "steatohepatitis" was a crucial pathophysiological idea that ought to be kept. The term metabolic dysfunction-associated steatotic liver disease (MASLD) will now be used to refer NAFLD. Patients with hepatic steatosis with at least one of the five cardiometabolic risk factors are classified as having MASLD (Fouad, 2023).

Beyond pure MASLD, a new category called MetALD (pronounced Met A-L-D) was chosen to characterize MASLD patients who drink more alcohol on a weekly basis (140 g/week for females and 210 g/week for males, respectively). NASH has been replaced with metabolic dysfunction-associated steatohepatitis (MASH). Cryptogenic SLD is characterized by the absence of metabolic parameters and an unknown cause (Rinella, et al.2023).



Figure 1. This figure shows the SLD schema along with its subcategories. Although there are many causes of SLD, MASLD, ALD, and their combination (MetALD) are the most common. Hepatic steatosis plus one cardiometabolic risk factor without additional apparent causes is what defines MASLD, and individuals who have both MASLD and steatohepatitis are referred to as MASH. The MetALD category represents a range of ALD and MASLD influence, so specific recommendations for alcohol consumption must be made based on each person's susceptibility. Moreover, different pathophysiological circumstances demand separate investigation for alternative causes of SLD, highlighting the significance of comprehensive diagnostic assessments for metabolic dysfunction or cryptogenic SLD. With the help of this method, early MASLD detection is made easier, coexisting liver conditions can be acknowledged, and intake recommendations can be modified to reduce risk (Rinella, et al.2023).

I.1.1. MASLD and MASH

MASLD is the leading cause of liver disease worldwide and its global incidence and prevalence is increasing every year due to its link with obesity and type 2 diabetes mellitus (T2DM) (Chan, et al.2023). In USA, is the only liver disease that has been systematically rising over the past three decades (Kalligeros, et al.2023). Moreover, the past 20 years have seen a rise in the prevalence of MASLD in the Asian population (Yang, et al.2023), which can be attributed to the rise in sedentary lifestyles, overweight, and T2DM.

In our country, a study on the prevalence and risk factors of MASLD among the prison population of Catalonia shows that one-third of this population had at least one metabolic disorder. The percentage of inmates with MASLD was found to be 33.9%; of them, 16.4% and 9.4% had significant fibrosis and MASLD-associated significant fibrosis, respectively. The population under study had higher alcohol-induced liver injury (ALT) values, metabolic syndrome, T2DM, and waist circumference (WC) as independent risk factors for MASLD and MASLD-associated significant fibrosis (Rivera-Esteban, et al.2023).

Initially, MASLD may progress without apparent symptoms and be considered a silent disease. The first stage in the development of MASLD is SLD, which is defined as a condition where excessive levels of triglycerides accumulate (TG) in the liver (at least 5% of liver weight) without evidence of significant hepatocyte ballooning indicative of hepatocellular damage in the absence of competing liver disease etiologies (Polyzos, et al. 2019). The underlying mechanisms for the accumulation of fat in the liver in MASLD include excess dietary fat, increased delivery of free fatty acids (FFAs) to the liver, and *de novo* lipogenesis (DNL) (Bugianesi, et al.2010).

On the other hand, it should be noted that it has been suggested that the buildup of inert TGs in the liver is an adaptive reaction to an excess of FFAs, shielding hepatocytes from the lipotoxic effects of excess toxic FFAs or from the synthesis of lipotoxic species derived from fatty acids (FAs), such as ceramide and diacylglycerol (DAG) as well as lysophosphatidylcholine (Bril, et al.2017, Kawano, et al.2015). After the physiologically adaptive mechanisms are overridden, an excess of FAs causes lipotoxicity, which is a set of detrimental effects that include mitochondrial dysfunction and reactive oxygen species (ROS) production, stress on the endoplasmic reticulum (ER), and inflammation pathways being activated as well as cell death and hepatocellular damage (Tsuchida, and Friedman.2017).

Introduction

After years of MASLD progression, it can lead to MASH, a severe disease in which hepatic steatosis is accompanied by inflammation, hepatocellular ballooning and may also include varying degrees of fibrosis (Manne, et al. 2018). A key mechanism driving fibrosis is the activation of hepatic stellate cells, producing highly proliferative extracellular matrix-myofibroblasts once activated and differentiated (Wiering, et al. 2023). Eventually, in an advanced stage, MASH can manifest in liver cirrhosis and hepatocellular carcinoma (HCC) (Musio, et al.2023). Related to this, the prognosis of MASLD, has a certain degree of uncertainty, while the progression of MASLD from steatohepatitis to fibrosis in some patients is known to take a long time, others experience a quicker transition from cirrhosis to HCC. (Nath and Shivaram. 2018). In addition to these complications, MASLD/MASH presents a factor in several systemic complications, including T2DM, major cardiovascular disease (CVD), and chronic kidney disease (CKD). So, patients with MASH have a mortality rate of 11.77 per 1000 person-years for liverspecific causes and a 25.56 annual all-cause mortality rate per 1000 personyears for other causes, which is significantly higher than the general population or patients without this inflammatory subtype of MASLD (Sheka, et al.2020) (Figure 2).



Figure 2. The terms metabolic NAFLD, MAFLD, MASLD are defined. Body mass index (BMI), waist circumference (WC), triglyceride lipid (TGL), blood pressure (BP), and high-density lipoprotein (HDL), insulin resistance (IR) measured by the homeostasis model assessment (HOMA-IR), high sensitivity C-reactive protein (hsCRP), type 2 diabetes mellitus (T2DM) (Lekakis and George .2023)

The most definitive method for diagnosis is liver biopsy, which is considered the gold standard. However, liver biopsy is invasive and carries certain risks, making it less ideal for routine diagnosis. This limitation underscores the need for developing safer, non-invasive diagnostic methods that can reliably detect and assess the severity of MASLD (Castera.2018) (Figure 3).



Natural history of MASLD

Figure 3. Untreated metabolic liver disease can result in irreversible conditions that requires liver transplantation. Since the natural history data that are currently available mostly comprise of patients who have been selected for further evaluation, they most likely overestimate the rates of progression among MASLD patients (Lekakis and George.2023).

Due to the complexity of the disease and how it progresses, non-invasive and, less frequently, invasive methods are used in the diagnosis of MAFLD and its more severe form, MASH. Assessing the degree of liver fat accumulation, inflammation, and fibrosis is the main objective in the diagnosis of MASLD. It is also important to distinguish between MASH and simple steatosis, as the latter has a greater propensity to develop into cirrhosis and HCC. Biochemical testing, imaging methods, and the application of particular biomarkers are examples of diagnostic approaches. Conventional liver function tests (LFTs), like AST and ALT, are frequently performed. However, in many MASLD cases, their results may be normal. To more precisely assess liver fibrosis and steatosis levels without requiring a liver biopsy, more targeted non-invasive tests and biomarkers have been developed, such as the MASLD liver fat score, fibrosis-4 index (FIB-4), and the enhanced liver fibrosis (ELF) panel (Martinou, et al.2022, Piazzolla, et al.2020).

Imaging methods are essential for both diagnosing and tracking MASLD. Although ultrasound is frequently used to identify steatosis, its sensitivity is limited, particularly in obese patients and those with less severe fat accumulation. More accurate measurements of liver fibrosis and fat are possible with advanced imaging techniques like magnetic resonance imaging (MRI) and elastography, which includes FibroScan. Particularly with MRI, liver fat content can be accurately quantified (Tincopa, and Rohit.2023). New "omics" technologies such as proteomics, metabolomics, and genomics are being investigated to find novel biomarkers that could help with MASLD pathogenesis understanding, risk assessment, and diagnosis. These methods seek to identify the molecular changes linked to MASLD and MASH, potentially leading to the development of personalized medicine techniques in the future (Martinou, et al. 2022). Finally, a suggested diagnostic algorithm aims to lessen the need for liver biopsies, which are currently the gold standard for diagnosis but have risks and limitations. It suggests a tiered approach using non- or minimally invasive markers to identify and differentiate between MASLD and MASH (Figure 4) (Piazzolla, et al.2020).



Figure 4. MASLD diagnosis and therapeutic strategy. Non-invasive methods, invasive assessment, and therapeutic choices (Salva-Pastor, et al.2019).

I.1.1.1. The "multiple- hit" pathogenesis in the development of MASLD/MASH

Complex and multifactorial mechanisms underlie the onset and progression of MASLD/MASH. Several theories have been proposed, which first gave rise to the "two-hit hypothesis." This suggests that a first hit such as a sedentary lifestyle, a high-fat diet, obesity, and IR acts to promote hepatic accumulation of lipids. Then a "second hit" sensitizes the liver to additional insults. Fibrogenesis and inflammatory cascades are triggered by the "second hit." However, it quickly became evident that this perspective is too reductionist to fully capture the intricacy of human MASLD/MASH, where several concurrent factors, working in concert with one another in genetically predisposed individuals, are responsible for the onset and advancement of the illness. Thus, for the progression of MASLD/MASH, a multiple-hit hypothesis (Figure 5) has now replaced the antiquated two-hit hypothesis (Filipovic, et al.2023, Rupasinghe, et al.2023). Next, we will describe some of the reported hits that promote MASLD/MASH progression as well as some additional pathways and strategies involved in MASLD development and prevention.



Figure 5. Schematic Summary of the Pathophysiology of MASH. very low-density lipoproteins (VLDL), lipopolysaccharide (LPS), hepatic stellate cells (HSC) and diacylglycerol (DAG) (Zarei, et al.2020).

I.1.1.1.1 Genetic Factors

Genetic and epigenetic factors play significant roles in MASLD and MASH. Several single-nucleotide polymorphisms (SNPs) have been linked to MAFLD through genome-wide and exome-wide association studies. These SNPs include well-known SNPs in genes like Patatin-like Phospholipase Domain Containing 3 (*PNPLA3*), transmembrane 6 superfamily 2 (*TM6SF2*), and Glucokinase Regulator (*GCKR*), as well as some more recently found SNPs linked to liver steatosis (Zhu, et al.2016).

The development of MASLD and MASH has been closely linked to the *PNPLA3* gene. There is a correlation between the I148M variant of this gene and a higher risk of liver fibrosis as well as increased accumulation of liver fat (Cherubini, et al.2021). Increased hepatic lipid content is associated with I148M, a non-synonymous cytosine to guanine mutation that results in isoleucine to methionine conversion.

This mutation also predisposes to fatty liver-associated liver disease, which includes fibrosis, hepatocellular carcinoma, and simple steatosis (Schwartz, et al.2020).

The function of the 481 amino acid protein that PNPLA3 encodes is still unknown. Acting on triacylglycerol, diacylglycerol, and monoacylglycerol, it appears to have an acylglycerol hydrolase function. Further data suggests that PNPLA3 functions as an acetyltransferase of lysophosphatidic acid (Caligiuri, et al.2016). Increased fatty acid synthesis, decreased triacylglycerol hydrolysis, and triacylglycerol accumulation are all caused by overexpression of the I148M variant in the mouse liver (Smagris, et al.2015). Additionally, it has been observed that the *PNPLA3* genotype affects the amount of retinol stored in the liver and the amount of retinol in serum in obese individuals, indicating a possible function of PNPLA3 in controlling the metabolism of retinol and the biology of hepatic stellate cells (HSCs) (Kovarova, et al.2015). According to reports, PNPLA3 could perform both anabolic and catabolic enzymatic tasks by acting as a transacylase or TG hydrolase. Hepatic steatosis is linked to the L148M mutant of PNPLA3. However, it is unclear if this is because of a gain-of-function mutation that results in overexpression of the enzyme or a loss of function mutation that reduces the hydrolyc function of the enzyme (Manne, et al.2018).

Additionally, mutations in *TM6SF2* have been linked to reduce hepatic TG secretion causing steatosis in mouse models. TM6SF2 has also a significant role in the promotion of hepatocellular cancer and hepatic fibrosis (Luo, et al.2022). These gene's variants that cause changes in lipid metabolism in liver cells are linked to increased fat storage and liver damage (Xue, et al.2022).

Likewise, the *GCKR* gene, which is involved in glucose metabolism, linked to MAFLD. Variants in this gene may affect the liver's metabolism of lipids and carbohydrates, which may result in the buildup of fat (Lin, et al.2014).

I.1.1.1.2. Dietary Factors

As an essential characteristic of MASLD, increased hepatic steatosis has been linked to specific dietary patterns. These eating habits usually include consuming large amounts of particular foods and nutrients, which can lead to the buildup of fat in the liver. The following are some of the main food habits connected to elevated hepatic steatosis.

High Sugar and High Fructose Diets. Hepatic steatosis and sugar-rich diets, particularly those high in fructose, are closely related. Fat synthesis, or lipogenesis, is stimulate by fructose, which the liver directly metabolizes. These diets increase lipogenesis and decrease fat oxidation, which are two mechanisms that lead to the buildup of fat in the liver. (Jensen, et al.2018). A major factor in this process is the liver's metabolism of fructose. Fructose metabolism produces uric acid and ATP depletion, both of which contribute to the buildup of fat in the liver. In addition to increase DNL, this process can result in liver inflammation, IR and other cardiometabolic diseases. It was discovered that fructose from fruit juice and sugar-sweetened beverages (SSBs) was independently linked to increased intrahepatic lipid content, but fructose from whole fruits did not exhibit the same correlation. This suggests that the way fructose is ingested can affect how it is metabolized (Malik, and Frank.2022). Fructose is used as a sweetener in liquid beverages, and epidemiological evidence points to a causal relationship between human populations' consumption of sugar-sweetened beverages and SLD. It has been suggested that the high energy intake, insufficient energy compensation, and unique fructose metabolism account for this association. Consuming fructose is also linked to the development of hypertriglyceridemia (Rebollo, et al.2014). Due to insufficient expression in the gut's cells of glucose transporter 5, the transporter responsible for fructose uptake, fructose is difficult to absorb through the gastrointestinal tract (Song, et al.2023, Smith, et al.2022). Through the portal vein, fructose is transported to the liver for initial metabolism after being absorbed from the intestine (Manne, et al.2018).
Diets high in fructose have the potential to precipitously progress nearly all basic metabolic syndrome diseases. Obesity, arterial hypertension, high serum sugar/impaired glucose tolerance, elevated serum TG, and decreased HDL are all linked to this condition (Figure 6) (Roeb, and Weiskirchen, 2021).



Figure 6. Negative health effects of consuming large amounts of fructose. Overconsumption of fructose raises the risk of a number of chronic conditions, such as obesity, dyslipidemia, IR/TD2, hyperuricemia, and MASLD (NAFLD) (Roeb, Elke, and Ralf Weiskirchen,2021).

Increased consumption of fructose in the diet has also been connected to changes in the composition of the gut microbiome, including a shift toward the depletion of helpful microbial species. Fructose, but not glucose, adds to the impairment of mitochondrial function in the liver when combined with a high-fat diet (HFD). Dietary fructose has been connected to the indirect development of hepatic IR through disruption of these pathways, and as a result, it may play a significant role in the pathophysiology of MASLD (Figure 7) (Johanna, and Q Shaibi.2021).



Figure 7. Effects of high fructose consumption on biological pathways in developing and progressing NAFLD. High intake of fructose or added sugar has been linked to increased visceral adiposity, oxidative stress, hepatic inflammation, hyperuricemia, DNL, and IR. Intestinal dysbiosis has also been linked to high fructose consumption (Johanna, and Q Shaibi.2021).

High Fat and High Calorie Diets. Hepatic steatosis can arise as a result of diets heavy in trans and saturated fats, which are frequently found in fried, processed, and fast food. Whatever the source, an excessive calorie diet can also cause the liver to become overweight (Parra-Vargas, et al.2020). Research on both humans and animals has shown how the HFD affects hepatic steatosis. The composition of the diet affects how the HFD affects the histology of MASLD. In particular, studies have shown that polyunsaturated fatty acids (PUFAs) improve hepatic steatosis and raise insulin sensitivity while saturated fatty acids (SFAs) have been shown to promote obesity and hepatic steatosis (Žáček, et al.2019, Lian, et al.2020). **Western Diet.** An increased risk of MASLD and hepatic steatosis is linked to the typical Western diet, which is defined by a high intake of red and processed meats, refined grains, and sugary desserts and a low intake of fruits, vegetables, and whole grains (Gerges, et al.2021). A Western diet can raise the risk of MASLD by as much as 56%, according to studies. Healthy eating habits, on the other hand, such as the Prudent or Mediterranean diets, which are high in whole grains, fruits, vegetables, and healthy fats, are linked to a 22% and 23% lower risk of NAFLD, respectively (Cartland, et al.2020, Hassani Zadeh, et al.2020).

Low Fiber Diet. Fiber-poor diets may be a factor in MASLD. Dietary fiber, particularly that which comes from fruits, vegetables, and whole grains, is essential for sustaining gut health, enhancing insulin sensitivity, and controlling body weight, all of which are critical for liver health (Zhao, et al.2020). Furthermore, through fermentation in the gut, dietary fiber aids in the short-chain fatty acids (SCFAs). SCFAs are known to be beneficial for conditions related to obesity, such as MASLD. They may have an indirect effect on liver health by influencing the gut-liver axis. This emphasizes how crucial a well-balanced diet high in dietary fiber is for liver function and general metabolic health (Zhang, et al.2021, Zhu, et al.2023).

Alcohol Consumption. Excessive alcohol consumption is a well-known cause of liver damage and fat accumulation in the liver, even though it is not a dietary pattern per se. Moderate to high alcohol consumption can exacerbate the MetALD (Hajifathalian, et al.2019, Weng and Winston.2019). Furthermore, studies have demonstrated that mild alcohol consumption among MASLD patients is associated with a reduction in all-cause mortality, whereas higher levels of consumption (more than 1.5 drinks per day) are linked to an increase in mortality. This points to a complex link between alcohol consumption and the development of liver disease in MASLD patients (Oh, et al.2023).

I.1.1.1.3. Lipid metabolism in MASLD/MASH

An organ crucial to the metabolism of lipids is the liver. The liver is in charge of coordinating the production of new FAs, their export and subsequent redistribution to other tissues, as well as their use as energy substrates. It is a central regulator of lipid homeostasis. Hepatic lipid homeostasis is tightly controlled by these processes, which are governed by intricate interactions between nuclear receptors, transcription factors, and hormones. The retention of fat in the liver and the subsequent onset of MASLD may be accelerated by the disruption of one or more of these pathways. An imbalance between the uptake and disposal of lipids leads to hepatic fat accumulation. This imbalance is regulated by four main pathways: the uptake of circulating lipids, DNL, FAO, and export of lipids in very low-density lipoproteins (VLDL) (Figure 8). Nevertheless, the molecular processes that underlie the abnormal accumulation of fat in the liver remain incompletely understood (Ipsen, et al.2018).



Figure 8. Hepatic lipid uptake and excretion. The balance between lipid acquisition and disposal, which make up the four main pathways of hepatic lipid homeostasis, controls intrahepatic lipid levels. The liver gets its lipids from DNL and from the uptake of circulating fatty acids. On the other hand, lipids can be eliminated by export as VLDL particles and by oxidation (in the mitochondria, peroxisomes, and cytochromes). Thus, if lipid acquisition pathways outweigh lipid disposal pathways, lipid accumulation results (Ipsen, et al.2018).

The hepatic uptake of excess FFA is usually derived from adipocytes via lipolysis. The release of FAs from adipose tissue occurs under the control of adipose triglyceride lipase (ATGL), hormone-sensitive lipase, and monoglyceride lipase (Nassir, 2022). One study reported the importance of FA uptake in the pathogenesis of MASLD, stating that approximately 60% of hepatic TG in human subjects is derived from plasma non-esterified FAs (Manne, et al. 2018). The liver takes up FAs from the circulation through both passive diffusion and active transport. Different proteins take part in FA uptake in the liver, including the FA translocase CD36, the FA transport proteins (FATPs), and the FA binding proteins (FABPs) (Nassir, 2022).

Specific FA transporters found in the hepatocyte plasma membrane facilitate the uptake of circulating lipids, and Peroxisome Proliferator-Activated Receptor (PPAR)- γ regulates this process. Hydrophobic FAs are more easily transported by FABP1 to the various cytoplasmic compartments of cells. Acetyl-CoA, which is produced from surplus carbohydrates, is transformed into new fatty acids by de novo lipogenesis. These fatty acids can then be esterified and stored as TGs. The intricate regulation of DNL is predominantly governed by two pivotal transcription factors, namely SREBP1c and ChREBP. PPARα regulates fatty acid oxidation, which uses lipids as an energy source to lower intrahepatic fat levels. Although the process mostly takes place in the mitochondria, lipid overload and/or impaired mitochondrial function necessitate a greater degree of FAO in the cytochromes and peroxisomes, which produces ROS. Lipids can be exported by the liver in the form of water-soluble VLDL particles, which can subsequently be stored or used by other tissues. ROS, PPAR (peroxisome proliferator-activated receptor), SREBP1c, VLDL, and ChREBP (carbohydrate regulatory element binding protein) are some examples of the proteins involved in this process (Ipsen, et al.2018).

Therefore, the amount of intrahepatic lipids is the result of the balance between processes promoting FA synthesis/uptake and export/oxidation.

Compared to healthy subjects, where DNL contributes 5% to the accumulation of TGs, DNL in MASLD patients contributes 26% to the increase in TGs (Basaranoglu, et al 2015). Transport of endogenously synthesized TG and cholesterol from the liver into the bloodstream and to other parts of the body is mainly carried out by VLDLs that contain apoB100 as an obligatory structural component that requires progressive lipidation (Ramms, et al.2019).

Patients with NAFLD have higher levels of VLDL secretion, and there is a direct correlation between liver triglyceride content and VLDL-TG secretion rates. The secretion of VLDL-TG, however, peaks when the hepatic fat content surpasses 10%, exceeding the compensatory capacity to prevent the increase in hepatic lipid accumulation.

This contrasted with the export of VLDL-TG, which increased with intrahepatic lipid content. VLDL-apoB100 secretion remains unchanged in patients with hepatic steatosis, despite higher VLDL-TG secretion relative to healthy individuals. This suggests that NAFLD patients do not secrete more VLDL particles, but rather larger and more triglyceride rich VLDL particles (Kanda, et al. 2018).

Finally, resident hepatic macrophages, known as Kupffer cells (KCs), can contribute to hepatic steatosis and the progression of MASDL due to a dual effect. Polarization of macrophages to the M1 phenotype, the proinflammatory subtype, can lead to increased hepatic steatosis via increased activity of DAG transferase, which converts DAG to TG. In addition, the macrophage M1 phenotype also plays an important role in modulating FAO through inhibition of PPAR- α (Manne, et al 2018).

I.1.1.1.4. Inflammation, IR and gut microbiota in MASLD/MASH

An important factor in the development of MASLD and MASH is the inflammatory process. Toxic lipid overload, mainly FFA, causes cellular stress and induces specific signals that trigger hepatocyte apoptosis, the predominant mechanism of cell death in MASH, correlating with the degree of inflammation and liver fibrosis. (Caligiuri, et al 2016). Research has been done on how particular molecules in MASLD cause fibrosis and inflammation. For example, it has been demonstrated that interleukin-32 (IL-32) and chemokine CC ligand 20 (CCL20) can be expressed in vitro when palmitic acid (PA) is present and the development of fibrosis in MASLD is associated with these molecules. The molecular mechanisms through which dietary components may influence the inflammatory process in MASLD are highlighted by the fact that the expression of IL-32 and CCL20 is mediated by signaling pathways such as Extracellular-signal-Regulated Kinase 1/2 (Erk1/2) and p38/ERK-mitogen activated protein kinase (MAPK) (Schilcher, et al.2023).

Additionally, there is a great deal of crosstalk between the gut, liver, and adipose tissue during the immune and inflammatory response in MASH. Adipocytes and macrophages in adipose tissue release a variety of adipokines, which contribute to liver inflammation. Adipokines are peptides with autocrine, paracrine, and endocrine functions regulating systemic metabolism and energy homeostasis are secreted by adipose (Boutari, et al.2018). These adipokines include adiponectin, interleukin-6 (IL-6), leptin, tumor necrosis factor α (TNF α), and monocyte chemoattractant protein-1 (MCP-1). Further factors that contribute to liver inflammation and steatosis include lipopolysaccharides (LPS) and FAs, which are produced because of increased gut permeability and bacterial overgrowth (Mzimela, et al.2024, Wang, et al.2023, Li, and Hakkak.2023, Nadine et al.2023).

Furthermore, there is a positive correlation between the presence of IR, the main contributing factor to the development of MASLD/MASH, and elevated levels of inflammatory markers, including hsCRP, IL-6, TNF α , serum amyloid substance A, intercellular adhesion molecule 1-soluble, and CD40L (Gonzáliez et al 2006).

IR increases the number of FFAs that enter the liver through increased hepatic DNL and impaired inhibition of adipose tissue lipolysis. IR also encourages dysfunction of adipose tissue, which leads to changes in adipokine and inflammatory cytokine secretion and production (Kountouras, et al.2023, Xian, et al.2020). Among these, leptin has been found to be a profibrogenic adipokine, and adiponectin is implicated in the pathophysiology of MASLD and its progression to MASH. In general, adiponectin is beneficial for MASLD. While TNF- α increases IR and has pro-inflammatory effects, adiponectin decreases IR and exhibits anti-steatotic and anti-inflammatory qualities (Caligiuri, et al.2016).

In addition, TNF- α activate Jun N-terminal kinase (JNK) in visceral adipose tissue which results in IR (Fernández-Veledo et al., 2009). This kinase phosphorylates of IR Substrate 1 (IRS-1) in serine residues and decreases tyrosine phosphorylation, thereby negatively regulating IRS-1's functions (Bouzakri and Zierath, 2007).

Since it is commonly known that inhibiting or eliminating nuclear factor kappa-B (NF- κ B) improves insulin sensitivity, NF- κ B is a frequently used target for treating IR. Deficiency of IKK β , the kinase that activates NF- κ B signaling by phosphorylating the inhibitor I- κ B α , causes adipocytes to express less TNF- α and IL-6 in response to FFA (Yekollu et al., 2011).

On the other hand, it has been shown that changes in the gut microbiota can trigger intestinal inflammation and impair the gut barrier. Microbial products can reach the liver, induce hepatic inflammation and contribute to MASLD and MASH progression (Brandl and Schandl, 2017).

The released microbial metabolites consist of LPS, endotoxins, bacterial DNAs, and SCFAs. Endotoxin and LPS, for instance, can raise the release of inflammatory factors like TNF- α , which, is crucial for the emergence of MASLD. In the meantime, cholic acid have direct antibacterial qualities and can reduce inflammation by blocking NF- κ B signalling and macrophage cytokine production (Pan, et al.2020).

The canonical NF-κB signaling pathway, which is mainly triggered by pathogens and inflammatory mediators, places a great deal of importance on the p65 subunit. When pathological stimuli activate this pathway and activate NF-κB, the most prevalent form of the protein is the p65: p50 heterodimer (Giridharan, and Mythily.2018). In patients with HCC who had inflammation-related hepatic injury, NF-κBp65 phosphorylation was significantly elevated, as was the case in mouse models of liver inflammation (Xu et al.,2021). There is increasing proof that T2DM, obesity, and MASLD are all influenced by changes in and dysfunction of the gut microbiome. Ethanol levels are elevated in patients with these comorbidities due to higher proportions of ethanol-producing Gram-negative bacteria like *Escherichia coli* and *Proteobacteria*. The ethanol and the bacteria themselves cause the liver to produce more TNF and Toll-like receptors (TLRs), which may accelerate the development of MASLD (Shen, et al.2022).

Although inflammation is an important mechanism of pathogenesis, patients tend to be mostly asymptomatic with respect to their liver disease at the earlier stages of MASLD because the incidence for clinical symptoms increases with fibrosis stages. This is in line with the findings that histopathologic inflammation alone is not a reliable predictor of MASLD progression. Fibrosis severity is the critical indicator of mortality during MASH, with higher risk of liver-related complications and death in MASH patients with F3 or F4 stage fibrosis (Wiering et al 2023) (Figure 9).



Figure 9. Relationships among inflammatory conditions, inflammation, and the gut microbiota. The gut microbiota is influenced by a number of variables and is inversely correlated with BMI and diet. It also interacts with inflammation in both directions, and depending on its makeup, it may either stimulate or inhibit inflammatory pathways. These in turn may facilitate the start of different inflammatory diseases (Al Bander et al.2020).

Introduction

I.1.1.1.5. Apoptosis in MASLD/MASH

Cell death, including apoptosis, seems very important in the progression of MASLD and MASH. Activation of caspases, Bcl-2 family proteins, and JNKinduced hepatocyte apoptosis plays a role in the activation of MASLD/MASH. Apoptotic hepatocytes stimulate immune cells and hepatic stellate cells toward the progression of fibrosis in the liver through the production of inflammasomes and cytokines (Kanda, Tatsuo et al 2018).

In addition, oxidative stress brought on by the disruption of mitochondrial function results in cell damage and apoptosis. Increased lipid accumulation in hepatocytes in MASLD can cause mild to severe mitochondrial damage, which can affect the fate of the cell. This may set off a series of events that lead to the production of more ROS and reactive nitrogen species (RNS) within the cell, thereby accelerating the disease's progression from mild steatosis to more severe stages of MASLD/MASH, resulting in fibrosis and inflammation (Bagherieh, Molood et al.2023, Karkucinska-Wieckowska, Agnieszka et al.2022).

The extrinsic cell death pathway depends heavily on death receptors like FAS, TNF receptors, and TNF-related apoptosis inducing ligand (TRAIL) receptors. TRAIL receptor signaling was also found to be involved in the pathogenesis of NASH in mice with a genetic deletion of the TRAIL receptor. Furthermore, patients with NASH had significantly reduced plasma TRAIL concentrations compared to controls, patients with simple steatosis, or obese individuals (Kanda, Tatsuo et al 2018). The development of MASLD/MASH is significantly influenced by caspase activation. Caspases-dependent pathways, both intrinsic and extrinsic, mediate apoptosis and are activated by various factors such as ER stress, cytokines, mitochondrial dysfunction, and elevated FFA (Wilson, Claire H, and Sharad Kumar.2018). Moreover, in MASH, the energy sensor AMPK is inhibited, which causes caspase-6 to be activated, thereby exacerbating liver damage. As affecting these pathways improved liver damage and fibrosis in animal models, targeting the AMPK-caspase-6 axis may be a therapeutic strategy for treating MASH (Zhao, et al.2020).

Understanding regulators of cell survival, or Bcl-2 family proteins, plays an important role in the context of MASLD and has a major impact on the regulation of apoptosis. These proteins have roles that are both pro- and antiapoptotic.

They play a key role in the intrinsic apoptosis pathway, which is especially important in the pathophysiology of MASLD because it involves ER stress and mitochondrial dysfunction. Gaining knowledge about the function and control of Bcl-2 family proteins in MASLD may help identify possible targets for treatment (Hatok, and Racay.2016).

I.2. ER stress in the development of MASLD

FFA supply excesses or disposal is compromised due to IR, which provides substrates for the production of lipotoxic species that cause hepatocellular injury and ER stress. An unfolded protein response (UPR) signaling network is triggered when there is an accumulation of unfolded proteins in the ER, a condition known as ER stress (Brown, et al.2020).

One of the main characteristics of metabolic disorders is ER stress, which is brought on by abnormal ER function. This phenomenon is caused by glucotoxicity, lipotoxicity, and/or proteotoxicity, which impacts a number of metabolic and cellular processes. A number of important processes, such as altered calcium homeostasis, lipid and carbohydrate metabolism, inflammation, and protein quality control are linked to ER stress in MASLD. Particularly in cells like hepatocytes, adipocytes, muscle cells, and neurons, the ER functions as a vital platform for nutrient sensing. When adaptive programs like the UPR, ER-associated protein degradation (ERAD), or autophagy are activated, the temporary state of functional imbalance that ER stress represents in these cells is typically rectified. However, disturbances to proteostasis also affect metabolism of fat and glucose, and vice versa; when ER is unable to adjust, this can result in metabolic dysfunction, inflammation, and IR (Imke et al.2021). All these processes and the accumulation of lipotoxic compounds seems to be one possible link connecting ER stress and MASH (Manne, et al 2018).

Three essential ER transmembrane proteins initiate the UPR, leading to downstream responses that are dynamic and interconnected. Therefore, understanding these pathways is necessary to investigate the complex role of ER stress in the development of MASLD and MASH.

These three main pathways are (1) the Protein Kinase R-like ER Kinase (PERK), (2) the Activating Transcription Factor 6 (ATF6), and (3) the Inositol-Requiring Enzyme 1 (IRE1). Each of these pathways has a distinct function in identifying and reacting to protein misfolding in the ER. Numerous cellular reactions are triggered by their activation, all of which are intended to preserve cellular homeostasis and restore ER function (Ajoolabady, et al.2022) (Figure 10).



Figure 10. Overview of UPR signaling pathways. In response to ER stress, the UPR triggers a transcriptional and translational response. Three distinct branches of the response are triggered by the three UPR activator proteins (IRE1, PERK, and ATF6) and their shared goals are to successfully maintain ER protein homeostasis and lessen the burden of misfolded protein (Christopher et al.2019).

I.2.1. PERK

The PERK pathway is one of three major branches in the UPR, and it is the only one to modulate protein synthesis as an adaptive response (Bell. et al 2016). Activation of eukaryotic translation initiation factor 2 (eIF2 α) occurs through phosphorylation of the Ser51 residue of the α subunit by PERK. As a result, there are fewer newly synthesized proteins because the mRNA translation rate decreases. Additionally, phosphorylated eIF2 α (p-eIF2 α) interacts with ATF4, which stimulates the transcription of genes related to apoptosis or protein synthesis, such as binding immunoglobulin protein (BiP/ GRP78), CHOP, and TRB3 (Flamment et al., 2012). Furthermore, p-eIF2 α can trigger the NF- κ B proinflammatory pathway (Salvado et al., 2015). Several factors can also regulate this branch of the UPR. Three kinases, namely protein kinase R (PKR), general control non-derepressible kinase 2 (GCN2), and heme-regulated inhibitor kinase (HRI), can phosphorylate the serine residue of eIF2 α (Ron and Walter, 2007; Schröder and Kaufman, 2005).

This pathway is also known as the integrated stress response (IRS) because it can be activated by non-UPR mechanisms that also affect the $eIF2\alpha/ATF4$ branch (Dey, et al.2012, Vasudevan, et al.2020)

Under circumstances of hyperinsulinemia, the p-eIF2 α and the upregulation of CHOP expression cause the overproduction of glucose in the liver and the upregulation of the gluconeogenic genes glucose 6-phosphatase (G6Pase) and phosphoenolpyruvate carboxykinase (PEPCK) (Choudhury et al.,2011).



Figure 11. PERK signaling in the unfolded protein response. A transmembrane kinase called PERK is triggered by autophosphorylation and oligomerization. Protein translation is generally inhibited when PERK phosphorylates eIF2α. By using a different translation initiation site, the transcription factor ATF4 can evade translation inhibition. ATF4 stimulates the production of CHOP and GADD34, a phosphatase that controls the p-eIF2α. Additionally, NRF2, a transcription factor that promotes the expression of genes involved in the antioxidant response, can be phosphorylated, and activated by PERK. PERK-induced p-eIF2α and the ensuing reduction in translation can encourage NF- κ B activation because I κ B, the inhibitor of NF- κ B has a much shorter half-life (Galluzzi, et al.2017).

Introduction

I.2.2. ATF6

To increase ER folding capacity, ATF6 is activated, cleaved by regulated intramembrane proteolysis, ultimately leading to its translocation into the nucleus where it increases the transcription of genes regulated by cAMP response elements (CRE) and ER stress elements (ERSE) activation (Scheuner et al.,2005). ATF6 also transactivates genes encoding ER chaperones, ERAD components, and protein foldases. Besides, it controls the expression of the apoptotic transcription factor CHOP, which regulates the expression of various proapoptotic genes (Flamment et al., 2012) (Figure 12).



Figure 12. ATF6 signaling in the unfolded protein response. In unstressed cells, ATF6 is found at the ER. ATF6 is shipped to the Golgi apparatus, where it undergoes proteolysis. This releases its cytosolic bZIP-containing transcription factor domain that moves to the nucleus, where it regulates the upregulation of XBP1 and several genes involved in lipid synthesis, ERAD, and protein folding (Galluzzi, et al.2017).

ATF6 plays critical roles in preventing tissue damage and promoting repair processes by encouraging the expression of protective and adaptive genes. This helps cells deal with the burden of misfolded proteins (Blackwood et al.2019).

I.2.3. IRE1

When the ER is under stress, IRE1, a kinase that can function as an endoribonuclease to carry out alternative splicing of the X box-binding protein 1 (XBP1) mRNA, gets auto phosphorylated. This results in spliced XBP1 (sXBP1), an unusual form of XBP1 that can function as a transcription factor following translation (Flamment et al., 2012). The production of chaperones and proteins involved in ER biogenesis, or the degradation and exportation of proteins can be regulated by sXBP1 in conjunction with ATF6, which activates the most significant UPR pathways to restore the ER folding capacity during stress (Hotamisligil, 2010). Additionally, by binding to the TNF receptor-associated factor 2 (TRAF2), IRE1 activates c- JNK (Schröder and Kaufman, 2005) and triggers pathways that are both pro-inflammatory and pro-apoptotic. IR is directly linked to the activation of the JNK pathway because IRE1 α -dependent JNK activation results in the subsequent phosphorylation on serine residues of IRS-1 (Kim et al., 2015a).



Figure 13. IRE1 signaling in the unfolded protein response. The endoribonuclease domain of IRE1 is activated by oligomerization and autophosphorylation, leading to the cleavage of XBP1 mRNA and the subsequent generation of XBP1s mRNA, which facilitates the translation of the active XBP1s transcription factor. Through a process called Ire1 dependent decay (RIDD), IRE1 can also aid in the degradation of mRNAs linked to ribosomes at the ER. Additionally, phosphorylated IRE1 α controls the activation of the two main inflammatory transcription factors, NF-κB and AP-1, by interacting with IKK and JNK through the recruitment of TRAF2 (Galluzzi, et al.2017).

ER stress can cause inflammation via several pathways, including direct triggering of key inflammatory pathways like IRE1 α -NF- κ B and ATF4-CHOP-Growth Arrest and DNA Damage-inducible protein 34 (GADD34)/ ER Oxidoreductin (ERO)-1 α , as well as by acting as both a cause and a result of chronic inflammation (Chen, et al.2023).

These pathways exacerbate the inflammatory response by promoting the synthesis and release of proinflammatory cytokines and other mediators. Comprehending these mechanisms is essential for formulating therapeutic approaches to address ailments linked to endogenous stress and inflammation (He, et al.2024, Bowen et al.2023) (Figure 14).



Figure 14. ER stress molecular pathways involved in IR. Hepatic FOXO1 increases because of PERK activation, and the FOXO1-CREBH complex is formed, upregulating gluconeogenic genes. Concurrently, $eIF2\alpha$ is turned on by PERK,which in turn activates SREBP-1c, leading to the upregulation of lipogenic genes. IRE1 promotes the splicing of XBP1 and subsequent activation of IKK and JNK, eventually causing an increase IRS phosphorylation serine residues and reduction in insulin signaling routes. The escalation of CHOP resulting from distinct UPR pathways intensifies these impacts and collectively aid in the emergence of IR in various tissues. Taken from (Salvado et al., 2015).

Introduction

I.3. Role of VLDL Receptor (VLDLR) in MASLD/MASH

Overexpression of VLDL in hepatocytes has been reported to have proinflammatory effects, raising ER stress and the risk of hepatic steatosis. Thus, the VLDLR appears to be involved in the processes leading to MASLD influencing. For this reason, delineating how VLDLR regulation impacts MASLD may help to develop future strategies for the treatment of these conditions (Huang, and Hsiang-Chun, 2022). Lipoproteins like chylomicrons and VLDL primarily transport TGs in plasma. Remarkably, it has been documented that increased TG-enriched lipoprotein delivery to the liver causes a notable hepatic steatosis through the ER stress-mediated elevation of VLDLR levels (Hyunsun et al.2013). While VLDLR expression is very low in the liver under normal circumstances, it is widely expressed in the brain, heart, skeletal muscle, and adipose tissue (Webb et al. 1994, Oka et al. 1994). Furthermore, it was discovered that elevated VLDLR expression in macrophages encouraged inflammation of the adipose tissue and decreased glucose tolerance in obese mice. VLDLR expression has been linked to adipose tissue inflammation, according to a different study, and this inflammation was only lessened in obese VLDLR-deficient mice fed HFD. Moreover, it has been discovered that VLDLR increases inflammation by modifying fibrin-dependent leukocyte (Krauss, et al.2023).

Consequently, a connection between plasma TG levels and VLDLR levels has been found. Leaner, with normal blood lipid levels, VLDLR-null mice are also shielded against obesity brought on by a HFD feeding or leptin deficiency. However, these animals display elevated plasma TG levels after fasting or exposure to HFD. As mentioned above, ER stress increases the expression of VLDLR, and this is a key event in ER stress-dependent hepatic steatosis. Hepatic VLDLR expression upregulation in the presence of ER stress is mediated by the PERK–ATF4 signaling (Oshio, et al.2021). Apolipoprotein E (apoE) TG-rich lipoproteins like chylomicrons and VLDL are bound by VLDLR, a member of the low-density lipoprotein (LDL) receptor family, which facilitates lipid entry into the cell via receptormediated endocytosis or lipoprotein lipase-dependent lipolysis (Huang, and Hsiang-Chun.,2022 Takahashi,.2017). Furthermore, VLDLR and APOEdeficient mice exhibit significantly reduced ER stress-dependent hepatic steatosis. In addition, several transcription factors, such as hypoxia-inducible factor 1α (HIF1 α), regulate VLDLR, which in turn contributes to lipid deposition in tissues (Zarei et al,2018). Likewise, the increase in the levels of hepatic VLDLR caused by fenofibrate through PPAR α activation plays an essential role in the triglyceride-lowering effect of this drug (Yang et al.2014) (Figure 15).



Figure 15. liver steatosis and the VLDL secretory pathway's connection. The capacity of hepatocytes to effectively export extra TG and other lipids as VLDL is one of their key characteristics. (A) The degree of steatosis increases and TGs are redirected to lipid droplets if the rate of VLDL assembly and secretion is limited. (B) Clinical research indicates that when MAFLD progresses and liver steatosis occurs, there is a corresponding rise in VLDL secretion and dyslipidemia (Heeren and Ludger.2021).

I.4. Sirtuin 1 (Sirt1) as a target for MASLD and MASH treatment

SIRTs are a family of seven members (SIRT1–7) with different cellular localization that represent potential targets for treating MASLD due to their role in hepatic lipid and carbohydrate metabolism, insulin signalling, redox signalling and inflammation.

Among them, SIRT1 and SIRT3 are NAD ⁽⁺⁾⁻ dependent deacetylases regulated by cellular NAD ⁽⁺⁾/NADH ratio and are upregulated by fasting, calorie restriction, exercise, and polyphenols and downregulated by nutrient overload. The involvement of SIRTs in MASLD, particularly SIRT1, has been demonstrated in both human and animal models of MASLD (Nassir, 2022). SIRT1 has been reported to be downregulated in humans with NAFLD, and this was associated with increased expression of lipogenic proteins, such as SREBP1, ACC and FAS. In obese patients, SIRT1 levels were lower compared to lean patients and lower in obese patients with severe hepatic steatosis compared to obese patients with mild hepatic steatosis. Moreover, SIRT1 overexpression reduces oxygen consumption in MASLD and relieves oxidative stress (Ji Yong et al.2022, Yunshu et al.2022) (Figure 16).



Figure 16. SIRT1's function in NAFLD. Left pannel, Through a series of events involving SIRT1, PGC1 α , and AMPK, nutrient overload can disturb metabolic homeostasis. This can result in increased lipid accumulation, oxidative stress, and inflammation in the liver, all of which can contribute to hepatic steatosis. Right panel, Exercise, calorie restriction, and fasting all upregulate SIRT1, which has the opposite effect on β -oxidation, inflammation, and ROS generation from chronic nutrient overload. This results in a healthier liver (Nassir.2022).

SIRT1 plays a wide range of biological roles, most of which are mediated by its ability to deacetylate target proteins, which can be either histones or non-histone proteins (Yunshu et al.2022) (Figure 17).



Figure 17. SIRT1 deacetylase reaction dependent on NAD (+). Diagram showing the genes that SIRT1 is trying to deacetylate (Yunshu et al.2022).

Transcription factors p53 is one of the many transcription factors and co-factors that control SIRT1 transcription. In addition, P53 acetylation influences its transcriptional activity and SIRT1 directly deacetylates p53's lysine 382. By attaching to the p53 response element in the SIRT1 promoter, p53 can create a negative feedback loop that prevents SIRT1 transcription (Ong and Ramasamy.2018).

Proinflammatory gene expression rises in alcohol-induced inflammation and oxidative stress, while SIRT1 activity and cellular NAD⁺ levels concurrently reduce (Kang, et al.2021). SIRT1 has been shown to directly suppress the expression of inflammatory genes. Specifically, Yeung et al. showed that SIRT1 deacetylates the NF- κ B P65 subunit, thereby suppressing NF- κ B activity. Further research has verified that SIRT1 suppresses the expression of inflammatory cytokines mediated by NF- κ B by reducing P65's acetylation due to its deacetylation at lysine 310, which has anti-inflammatory properties (Tshivhase, et al.2024, Jing et al.2023). In addition, the selective SIRT1 activator SRT1720 attenuates HFD-induced liver steatosis (Long The et al.2018) Alternatively, by controlling the expression of mediator proteins like AMPK and PPARs, SIRT1 can indirectly inhibit NF- κ B signaling. The way that SIRT1 and AMPK interact is crucial for the inflammatory response. An essential NF- κ B inhibitor is AMPK, and SIRT1 can activate AMPK, which in turn can have an indirect impact on NF- κ B (Salminen, et al.2011).

An increasing amount of evidence points to SIRT1 as having a major protective role against liver inflammation and associated injuries (Zhou, et al.2020). For example, Yin et al. discovered that mice with a liver-specific deletion of SIRT1 exhibited hypersensitivity when challenged with ethanol. SIRT1 deletion in the liver increased fibrosis, inflammation, and steatosis. The authors proposed that SIRT1 modification of lipin-1 mRNA splicing contributed to the onset of inflammation and alcoholic steatosis, which may lead to the development of new treatments for alcoholic fatty liver disease (Huquan et al.2014). Additionally numerous investigations have documented how SIRT1 activation reduces DNL. Furthermore, the expression of SREBP1c is decreased by SIRT1 activity, whereas the expression of ChREBP in HepG2 cells has been reported to be elevated in SIRT1 knockout mice. This indicates how crucial SIRT1 is for controlling lipid metabolism in general and DNL in particular (Anggreini, et al.2023). On the other hand, protecting the liver from oxidative stress is one of SIRT1's primary functions. It accomplishes this by boosting antioxidant capacities through PPAR_Y co-activator 1 α (PGC-1 α) deacetylation and forkhead box proteins (FOXOs) (Hongdong et al.2024).

Consistent with these actions, SIRT1 heterozygous knockout (*Sirt1+/-* mice) fed HFD exhibited hepatic steatosis with significant increase in lipid content and liver inflammation (Xu, et al.2010, Nguyen, et al.2020). However, it is currently unknown if SIRT1 regulates hepatic lipid accumulation by modulating the levels of VLDLR and the subsequent uptake of triglyceride-enriched lipoproteins.

I.5. HIF1 α

HIF1 α plays a crucial transcriptional role in pro-inflammatory and oxidative stress responses. During hypoxia, HIF1 α protein stability requires SIRT1's direct deacetylation. Another important factor in the immunologic homeostasis of immune cells is glucose metabolism.

Cellular machinery depends so heavily on oxygen that a shortage of it necessitates a fast reaction for the cell to adjust to its new circumstances and the HIFs mediate this response. HIF α and HIF β are the two subunits that make up HIF α ; the best characterized HIF α subunits are HIF1 α and HIF2 α . Two particular prolyl residues in the HIF α subunit can be hydroxylated by three different iron-dependent enzymes known as "prolyl hydroxylase domain" (PHD) proteins under normal oxygen conditions (Mengqiu et al.2022). In addition to hypoxia, HIF-1 α is activated by non-canonical pathways, including insulin, LPS, growth factors, oxidative stress, and TNF- α (Mingxiao et al.2023). It has been reported that both MASLD and SLD are associated with elevated liver HIF expression. While studies have shown that SLD is associated with HIF-1 α upregulation, the significance of hepatocyte-specific HIF-1 α in the development of SLD is still under debate (Qingfei et al.2022). When macrophages in MASH are exposed to HIF-1 α , it results in a decrease in autophagic flux. Moreover, it has been reported that treating macrophages with saturated FAs inhibits autophagy by activating HIF-1 α (Xiaojing et al.2019).

HIF1 α and HIF2 α are upregulated in the liver by hypoxia, which may lead to an increase in hepatic steatosis through the induction of DNL and FFA uptake as well as the repression of FAO. However, the exact role of HIFs in the pathophysiology of intermittent hypoxia-induced MASLD remains unclear (Isaza et al, 2023) (Figure 18).



Figure 18. The pathophysiological role of hypoxia in the hepatic steatosis onset. Hypoxia deactivates PHDs and increases the expression of HIF1 α and HIF2 α in the liver. This may help promote hepat steatosis by increasing the uptake of FFAs, suppressing FFA β -oxidation, and stimulating DNL.

On the other hand, both HIF-1 α and HIF-2 α control thrombospondin 1 (TSP-1), matrix metalloproteinases, and vascular endothelial growth factor (VEGF) in hepatocytes. These factors help transform latent transforming growth factor β 1 (TGF- β 1) into its active form, one of the most relevant fibrogenic mediators that may be involved in MASLD progression (Yiwei et al.2021).

It has also been demonstrated that overexpressing HIF1 α reduces the upregulation of the ER stress indicators, BiP/GRP78 and CHOP, whereas HIF1 α knockdown raises the amount of CHOP (Wonbaek et al.2014). These results suggest that reduced HIF1 α expression is linked to hepatocyte lipotoxicity. In fact, apoptosis, inflammation, and fibrosis are attenuated by CHOP deficiency, whereas NF- κ B activation by CHOP has been demonstrated to cause apoptosis and inflammatory responses in hepatocytes (Kanda al 2018).

In spite of the findings reported above, silencing of HIF-1 α may worsen MASLD. In fact, silencing of this transcription factor has been reported to increase TGs and apolipoprotein B, and to promote lipid accumulation in an *in vitro* model using HepG2 cells stimulated with oleic acid and PA. Moreover, this silencing exacerbated inflammation in cells by raising oxidative stress and pro-inflammatory cytokines. These results imply that HIF-1 α , by activating the PPAR- α /ANGPTL4 signaling pathway in MASLD, plays a crucial role in controlling lipid metabolism (Yan et al.2021). The loss of HIF-1 α inhibited the nuclear accumulation of Lipin1, a protein involved in lipid metabolism, and decreased the expression of PPAR α /RXR α co-activators in a diet deficient in choline that produced a fatty liver model (Takatomo et al.2018). Overall, these findings seem to indicate that both overactivation or inhibition of HIF1 α can contribute to MASLD, suggesting that proper activation of this transcription factor is required to maintain a healthy liver.

Hepatocyte vascular endothelial growth factor A (VEGFA) is involved in angionesis and its upregulation by HIF1, is a critical component of HCC and MASLD. Mice with hepatocyte specific *Vegfa* deletion showed a significant reduction in the progression from MASLD to HCC. Moreover, human HSCs are activated by *Vegfa* into a fibrogenic phenotype, which is a crucial stage in the development of MASLD into HCC (Hao et al.2022).

Another gene that may be upregulated by HIF is glucose transporter 1 (GLUT1). In MASLD, *Glut1* plays a crucial role as a biomarker to differentiate between simple SLD and MASH. Likewise, hepatogenic exosomes containing *Glut1* can act as molecular biomarkers for early warning of MASH. *Glut1* is also used as a non-invasive diagnostic biomarker for liver fibrosis stage. Compared to patients with early-stage MASH, those with advanced MASH had a significantly higher percentage of hepatogenic exosomes *Glut1* (Wenyan et al.2023).

I.6. Soluble Epoxide Hydrolase (sEH) as a target for MASLD/MASH

Several therapeutic strategies for MASH have been studied in clinical trials without achieving the expected results, mainly because the expected benefit remains uncertain and does not sufficiently compensate for the potential risks. Based on this and the multifactorial complexity of MASLD/MASH, it is clear that successful therapeutic efficacy requires the use of multiple modes of action. In this line, several preclinical studies suggest that sEH inhibition is a promising strategy for treating MASH due to the resulting anti-inflammatory and anti-fibrotic activities (Yan et al. 2012; Todd et al 2015 and Jeffrey et al 2020).

sEH is a bifunctional enzyme that exhibits lipid epoxide hydrolase (sEH-H) and lipid phosphatase (sEH-P) activity encoded by the *Ephx2* gene. The Cterminus is in charge of breaking down epoxy fatty acids (EpFAs) into their corresponding 1,2-diols, whereas the N-terminal domain is a lipid phosphatase. Inhibition of sEH hydrolase activity by small molecules could be beneficial for the treatment of various diseases related to inflammation, pain, cancer, and metabolic alterations such as MASLD by reducing the levels of dihydroxyeicosatrienoic acid (DHET) levels, while the levels of endogenous epoxyeicosatrienoic acid (EET) can be effectively maintained (Yuxin et al.2023) (Figure 19).



Figure 19. X-ray cocrystal structure of a single subunit of the human sEH. This sEH is a bifunctional enzyme that possesses an N-terminal phosphatase region and a C-terminal hydrolase domain (Cheng-Peng et al.2021).

It is still unknown what the N-terminal phosphatase domain does. While its physiological and possibly pathophysiological roles remain unclear, Cronin et al. and Newman et al. found that the N-terminal domain of sEH exhibits phosphatase activity to hydrolyse diverse lipid phosphates in vitro, including farnesyl pyrophosphate, sphingosine 1-phosphate, and lysophosphatidic acid (Annette, et al.2003). In addition, recent investigation has demonstrated that sEH-P plays a crucial role in the metabolism of fat and energy and works in tandem with sEH-H to regulate cardiometabolic homeostasis. This suggests that using sEH to inhibit hydrolase activity alone may not always yield the same results as reducing phosphatase and hydrolase activity (Matthieu, et al.2023).

One strategy to inhibit both hydrolase and phosphatase activity of sEH is to use the proteolysis-targeting chimera (PROTAC) technology, a new technology based on the event-driven pharmacological model of action that will be discussed in a next section.

I.6.1. sEH inbibitors

T-TUCB is a sEH inhibitor that has been investigated for its potential applications in a range of physiological settings. For instance, studies show that sEH inhibition by t-TUCB can increase brown adipogenesis and lower serum TGs in diet-induced obesity. According to this, sEH may be important for brown adipogenesis, and inhibitors such as t-TUCB may help improve lipid metabolism in brown adipose tissue. These findings may have implications for obesity prevention and treatment (Haley et al.2020). Furthermore, the cardioprotective qualities of t-TUCB have also been investigated. It has been demonstrated to protect against myocardial ischemia injury in rats, indicating that sEH inhibitors may be a useful therapeutic approach to lessen myocardial ischemia damage (Shrestha et al.2014) (Figure 20).

Collectively, these results demonstrate the therapeutic potential of sEH inhibitors, like t-TUCB, in the treatment of obesity and heart disease. They also highlight the increasing interest in this class of drugs for the management of chronic illnesses.



Figure 20. Structures of several sEH inhibitors (*t*-TUCB, TPPU, GSK2256294A, AR9281) (Sean D et al.2018).

I.6.2. Epoxidized fatty acids and EETs

An important class of sEH substrates are the cytochrome P450 (CYP450) monooxygenated products of the omega-3 and omega-6 PUFA including epoxyeicosatrienoic acids (EETs, products of arachidonic acid (AA)) (Jeffery et al 2020).

CYP450 enzymes are involved in the third pathway of cascade and they metabolize AA to produce EETs. These metabolites have a variety of biological roles, but their opposing effects on the vasculature where EETs are vasodilators and 20-hydroxyeicosatetraenoic acid is a vasoconstrictor—make them especially interesting. Because changes in these eicosanoids' levels are linked to pathological conditions, the balance between these eicosanoids is critical, and the enzymes involved in their formation and degradation may be targets for therapeutic intervention (Deanna and Zeldin.2002). EETs present anti-inflammatory, vasodilator, anti-thrombotic, and cardioprotective properties (El-Kadi, et al. 2010). Particularly because of their anti-inflammatory, anti-apoptotic, and antioxidant properties, EETs can reduce ER stress by stabilizing mitochondria and reducing ROS's effects.

It has been discovered that the metabolites derived from CY P450 play a complex role in diseases like diabetes and diabetic cardiomyopathy, impacting cardiovascular health. Thus, targeting theses pathways could be an effective therapeutic intervention for diabetes and related cardiomyopathies (Fadumo Ahmed et al.2022) (Figure 21). In addition, CYP450 convert FA into bioactive lipids that have hepatoprotective properties.



Figure 21. sEH inhibition and EpFA block ER Stress. Phospholipase A2 releases ARA from the phospholipid bilayer, which CYP450 epoxygenase acts upon to form 14,15 EET. The sEH then metabolizes the 14,15 EET into a less active 14,15 DHET. By blocking sEH, EpFA is maintained, which prevents phosphorylation of IRE1 α , elF2 α , and PERK and dramatically lowers the expression of ATF6(N) and XBP1s. Furthermore, phospho-p38 and phospho-JNK, kinase mediators (ElKhatib, et al.2023).

Introduction

AA is converted by the epoxygenases CYP2C and CYP2J into EET regioisomers, mainly 11,12- and 14,15-EET. sEH then breaks these EET regioisomers down into less active DHET. Accredited biomarkers of CYP epoxygenase and sEH function are total EET (11,12, and 14,15 EET) plus total DHET (11,12, and 14,15 DHET), as well as the ratio of 14,15 EET to 14,15 DHET11, 12. New preclinical research indicates that EET might offer protection against MASH (Arvind, et al.2020). Cyclooxygenases, lipoxygenases, and CYP metabolize AA to biologically active eicosanoids, which are important modulators of many biological processes, including inflammation. The liver as a rich expression site for CYP enzymes, catalyze the oxidative biotransformation of xenobiotics. Furthermore, some CYP isoforms metabolize natural substrates. The CYP2C and CYP2J subfamilies of CYP epoxygenase enzymes are notable for their ability to metabolize AA into physiologically active EETs. Nevertheless, sEH quickly hydrolyzes EETs to DHETs, typically less biologically active. Previous research has demonstrated that hepatic CYP epoxygenase expression and EET biosynthesis are suppressed by acute, LPS-evoked activation of the innate immune response. Increased endothelial EET biosynthesis or reduced global sEH-mediated EET hydrolysis also attenuates the acute vascular and systemic inflammatory response to LPS and NF-kB activation (Schuck, et al.2014).

Therefore, in accordance with all this data, inhibitors of sEH may be considered a promising strategy to stop EET metabolism and increase their advantageous effects (Figure 22).



Figure 22. AA cascade pathway. The liver is the primary site of expression for sEH, an enzyme that is mostly cytosolic and functions in the AA cascade. The antiinflammatory EETs and other EpFAs are hydrolyzed by sEH to produce DHET and related fatty acid diols, which are either less biologically active or even proinflammatory. The hydrolysis of EpFAs, such as EETs, from AA to their less active corresponding diols, such as DHET, is catalyzed by the C-terminal hydrolase (Wang, et al.2021).

I.6.3. AMPK

AMPK regulates metabolic homeostasis and is a crucial energy sensor. Several studies have shown a strong link between reduced AMPK activity and the incidence of metabolic diseases such as obesity, diabetes and MASLD. AMPK activity is substantially attenuated in obese patients and human subjects, mainly due to excessive calorie intake, lack of exercise and increased inflammation and in particular, in both MASLD and MASH.
In addition, although the loss of AMPK activity does not affect lipid accumulation in the liver, it substantially exacerbates liver injury and fibrosis, promoting the transition from MASLD to cirrhosis and HCC (Zhao, Peng and Saltiel, Alan R. 2020). The adenosine triphosphate (ATP) system in the body is responsible for preserving energy balance. The AMPK pathway is triggered when cellular ATP levels are lowered, phosphorylating proteins and growthregulating enzymes to produce ATP and reduce ATP consumption (Sharma, Ankita et al. 2023). AMPK is thought to be the master regulator of many proteins involved in redox, aging, inflammation, and the metabolism of glucose and lipids (Wang, Doudou et al.2022). AMPK is a trimeric complex made up of two regulatory subunits, β and γ , and a catalytic α subunit, according to the protein's crystal structure (Kanagaki, Shuhei et al.2023). Multiple factors regulate AMPK activity through the modulation of different subunits. Phosphorylation of Thr172 in the catalytic domain of the subunit is required for AMPK activation. Three central kinases, liver kinase B1 (LKB1), Ca2+/calmodulin-dependent protein kinase β (CaMKK β) and transforming growth factor β (TGF β)-activated kinase 1 (TAK1), have been shown to phosphorylate the Thr172 residue (Zhao, Peng and Saltiel, Alan R. 2020). AMPK binds to glycogen through a carbohydrate binding site found in the β subunit. The γ subunit also serves as a sensor for variations in the AMP/ADP ratio (Kanagaki, Shuhei et al. 2023).

AMPK suppresses the NF- κ B pathway to produce anti-inflammatory effects in a SIRT1-dependent manner. In fact, it has been reported that by upregulating NF- κ B, SIRT1 deficiency accelerated the worsening of hepatic inflammation. AMPK regulates aberrant lipid metabolism and inflammation. Thus AMPK/SIRT1/NF- κ B pathway plays a crucial role in the progression of MASLD (Anggreini, Putri et al.2023).

In addition to being essential regulatory proteins in metabolic disorders like T2DM, obesity, and cardiovascular diseases, AMPK and SIRT1 are also critical in controlling the DNL and for this reason they show promise as targets for the treatment of MASLD. AMPK activation reduces hepatic steatosis by controlling hepatic lipogenesis and FAO through the AMPK/Sirt1 pathway. Specific substances can trigger these pathways, resulting in decreased body and liver weight, improved hepatic steatosis, and lessened liver damage in mice fed a HFD (Anggreini, Putri et al.2023). However, others have reported that activated AMPK can suppress PPAR α transcriptional activity in hepatoma cells. This implies a complex interaction wherein the function of PPAR α in lipid metabolism may be modulated by AMPK activation (Li, Songtao et al.2020) (Figure 23).

FFA treatment caused modifications in the synthesis of glycogen, an increase in the accumulation of lipid droplets, and changes in a number of metabolic markers (Huang, Cheng et al.2022).



Figure 23. Role of AMPK in MASLD development (Fang, Chunqiu et al. 2022).

Excessive ER stress contributes to the development of IR and T2DMs and activation of AMPK has been reported to protect against IR by reducing ER stress. In addition, the presence of an inhibitory crosstalk between AMPK and ERK1/2 contributes to the development of ER stress, since inhibition of ERK1/2 was found to improve AMPK pathway and to reverse ER stress-induced IR (Salvadó, Laia et al.2014, Hwang, Seung-Lark et al.2013).

ERK1/2 belongs to the family of serine-threonine kinases known as mitogen-activated protein (MAP) kinases, formerly called extracellular related kinase (ERK), and is involved in the proliferation and progression of the cell cycle. TNF- α , IL-1 β , ER stress, and SFAs activate JNK and other MAP kinases (Wu and Ballantyne, 2020).

The inhibitory crosstalk between the ERK and AMPK pathways in skeletal muscle shows how interactions between these pathways can cause IR when ER stress is present. This interaction was found in L6 muscle cells treated with thapsigargin or tunicamycin (TM). It affected insulin signaling and glucose uptake by altering the phosphorylation levels of IRS-1, Akt, AMPK, and ACC (Hwang, Seung-Lark et al.2013).

I.7. Diet, lifestyle changes and pharmacotherapy for MASLD/MASH

Although diet and lifestyle modifications are essential for the management of MASLD, they might not be adequate for all patients. The best course of treatment for MASLD is significant weight loss, which can be attained with diet, lifestyle modifications, bariatric surgery, or medication (Kim, et al.2019). It has been shown that losing weight, whether by medication or lifestyle modifications, improves liver biomarkers and may even reverse fibrosis. However, for optimal liver outcomes, especially in cases where lifestyle changes do not lead to the desired weight loss or metabolic improvements, pharmacotherapies are increasingly being considered (Tsankof, et al.2022). These therapies might include anti-obesity medications, either alone or in combination with lifestyle interventions, to achieve a reversal of obesity comparable to weight-loss surgery. For effective treatment, weight management services should be incorporated within hepatology care to ensure comprehensive support for patients with MASLD (Finer,.2022).

The European Medicines Agency (EMA) and the United States Food and Drug Administration (USFDA) have not yet approved a medication to treat MASLD.

Therefore, using any medication to treat MASLD for this indication must currently be regarded as "off-label use." However, MASLD patients frequently have other metabolic syndrome-related conditions. For instance, patients with MASLD who also diabetes mellitus or dyslipidemia have frequently taken medications for these conditions that have been approved by these regulatory bodies (Deepu, and Eapen.2020). The overwhelming need for pharmacological therapies in the global MASLD epidemic and emerging data of their efficacy to treat MASLD have translated into recommendations for use of currently available drugs to treat MASLD in clinical practice guidelines issued by the AASLD, even though US and European drug regulatory agencies have not approved any drug to be used to treat MASLD (Chalasani, et al.2018), European Association for the Study of the Liver (EASL) (EASL et al.,2016), and Indian National Association for the Study of the Liver (INASL) (Duseja, et al.2015).

Recommendation to treat NAFLD				
Mechanism of action	Side effects			
		AASLD	EASL	
Pioglitazone	PPARγ agonist, decreases IR	Weight gain, fractures, may precipitate heart failure	Yes (use in patients with biopsy proven MASH, with/without T2DM)	Yes (use in patients with MASH, especially in diabetics)
Vitamin E	Antioxidant	Increase in overall mortality, hemorrhagic stroke, prostat cancer	Yes (use in nondiabetic patients with biopsy proven MASH)	Yes (use in nondiabetic, noncirrhotic patients with MASH)
Statins	HMG CoA reductase inhibitor	Hepatitis (serious live injury is rare)	No (can use to treat dsyslipidemia. Avoid in decompensated cirrhosis)	NO (can use to treat dsyslipidemia)
Metformin	Decrease IR	Lactic acidosis	No	No
Ursodeoxycholic acid	Decreases TNF-α, reduce oxidative stress and IR	Headache, GI side effects	No	No

Table1. PPARγ: peroxisome proliferator activated receptor gamma; HMG CoA: 3 hydroxy 3 methyl glutaryl coenzyme A; **TNF-α**: **tumor necrosis factor alpha** (Deepu, and Eapen.2020).

Numerous MASLD treatments, including dapagliflozin, semaglutide, resmetirom, obeticholic acid, and aramchol, are undergoing phase 3 trials. Additional treatments are being developed. According to the current trajectory, drug therapies for different stages of MASLD are probably being customized. For example, patients with simple steatosis may benefit from using aramchol or NGM282, while patients with fibrosis may benefit more from dapagliflozin. Moreover, phase 2 trials are investigating combination therapies as well. These regimens will probably also work because of the intricate pathophysiology of MASLD, but more research is needed to determine the best drug combination, safety profile, and tolerability (Shen, et al.2022).

Thus, the failure of the proposed therapies and the increasing prevalence of the disease highlight the urgent need to identify new targets that represent potential opportunities for developing drug treatments for MASH.

I.8. Proteolysis-targeting chimeras (PROTAC) and targeted protein degradation

Proteolysis-targeting chimeras (PROTAC) technology was created in 2001 with the idea of targeting the binding of two proteins that do not usually form a complex. This makes it possible not only to attack original biological targets, but also to potentially counteract possible resistance mechanisms established, for example, by cancer cells against classical chemotherapies, thanks to the event-driven pharmacological model (Guedeney, et al 2023). In addition, the catalytic mechanism of action of PROTACs represents a new pharmacodynamic modality with several potential advantages over traditional inhibitors that may be adapted to many target proteins. For this reason, the design of a PROTAC directed to a therapeutic target with a relevant role in metabolic disorders or the development of MASLD is of great interest.

Structurally, PROTACs consist in heterobifunctional molecules made up of two distinct ligands joined by a linker. One key component of proteasomemediated protein degradation is the E3 ligase. There are more than 600 known E3 ligases in the human body, but the most widely used are cereblon (CRBN), VHL, MDM2, cIAP, etc. (Xu, 2023). The PROTAC is formed when one ligand binds to the protein of interest (POI) and the other ligand binds to an E3 ligase. This makes it possible for the E3 ligase to polyubiquitinate the POI based on proximity, leading to the target protein's non-natural degradation (Figure 24) (Sandeep, et al.2021).



Figure 24. Targeted Protein Degradation (TPD) by PROTACs. Heterobifunctional molecules known as PROTACs bind to an E3 ubiquitin ligase complex and POI at the same time. This process ubiquitinates the POI and causes its degradation by the ubiquitin proteasome system. Ub: Uniquitin. Ub conjugating enzyme (E2) and substrate adaptor protein (E3) are E3 ligases (Nalawansha and Craig.2020).

Targeted protein degradation (TPD) therapy has advanced significantly with the development of PROTACs. This system attaches a tag to certain proteins so that the ubiquitin-proteasome system can destroy them. TPD presents a number of potential benefits over conventional small-molecule inhibitors. Even at low doses, PROTACs have the ability to degrade proteins rather than just inhibit them, which may result in long-lasting and significant pharmacological effects. Their ability to target particular protein isoforms adds another layer of selectivity, and they can have cumulative effects by delaying the degradation of the target proteins. Moreover, proteins that have historically been regarded as "undruggable," such as those without an active site where an inhibitor can bind, may be targeted by PROTACs (Qi, et al.2021) (Figure 25).



Figure 25. Schematic cartoon showing a PROTAC mechanism of action (Sandeep, et al.2021).

PROTACs have an exciting future in precision medicine, which is highlighted by their distinct mode of action and the increasing amount of clinical data demonstrating their effectiveness. PROTACs have the potential to transform the treatment of many different diseases as research in this area advances, providing new hope for ailments that have proven challenging to treat with current therapies (Liu, et al.2022).

The technology has moved from academia to industry in the 20 years since the first small-molecule PROTAC was reported in the literature. Several biotech and pharmaceutical companies have disclosed preclinical and early clinical development programs using this technology (Figure 26). The first PROTAC molecules were tested in clinical settings in 2019. These trials yielded the modality's first clinical proof-of-concept against two well-known cancer targets, the androgen receptor (AR) and the estrogen receptor (ER), in 2020 (Békés, et al.2022).



Figure 26. Timeline of PROTAC discoveries.

The crucial PROTAC paper by Sakamoto et al., published in 2001(Sakamoto, et al.2001), marked the beginning of the first era of TPD. This paper was the first to demonstrate the idea that protein targets could be purposefully dragged to a ubiquitin ligase to induce their degradation using chemical tools. Since then, the field has expanded rapidly, going from peptide-based tool degraders to several classes of fully synthetic small molecules that can cause a ligase to come into proximity with a target protein, ultimately resulting in the protein's degradation. The first rational heterobifunctional PROTAC degrader, ARV-110, which targets the AR by recruiting it to the Cullin–RING ligase 4–cereblon (CRL4–CRBN) ligase complex, entered clinical trials in 2019. This marked the culmination of the foundational era of TPD. The current TPD era can be thought of as its first translational phase, during which a number of drugs intended to break down disease-causing proteins are making their way into the clinic in the hopes of offering patients significant therapeutic benefits (Békés, et al.2022).

The ideal targets for PROTAC therapy, which we have named "Tenets of PROTAC targets" can share a number of traits, such as: a departure from the natural state that causes a gain of function that causes the disease, via overexpression, mutation, aggregation, isoform expression, or localization; a binding surface that an E3 ligase can approach; and ideally, an unstructured region to thread into the proteasome (Davis, et al.2021).

Highly suitable PROTAC targets can also include proteins with scaffolding functions, proteins that have evolved resistance mutations to targeted therapies, and proteins that are deemed "undruggable" with other modalities.

II.OBJECTIVES

The disorder known as MASLD is complex and consists of multiple metabolic dysfunctions that mainly affect the liver (Younossi, et al.,2018). The effectiveness of the MASLD treatments currently in use is limited due to the disease's rising prevalence, and they frequently have noticeable side effects that are not fully mitigated (McPherson, et al.,2022). Therefore, it is imperative to discover new therapeutic targets that are capable of effectively handling the complexities associated with MASLD. The study of new mechanisms involved in the development of MASLD as well as new pharmacological strategies to attenuate its progression may provide new insights about how this condition progresses and how to develop new pharmacological strategies to reduce its incidence.

ER stress has been identified as a critical factor affecting insulin signaling pathways, inflammatory responses, and lipid metabolism in the context of MASLD (Flessa, et al.2021). In agreement with this, there has been promise in treating MASLD by addressing ER stress (Koo, and Chang,2021). ER stress-mediated increase in the levels of the VLDLR results in remarkable hepatic steatosis via enhanced triglyceride-rich lipoprotein delivery to the liver (Hepatology 57, 1366-1377.). Moreover, SIRT1 is a NAD ⁽⁺⁾-dependent deacetylase, and a key regulator of MASLD through the regulation of lipid metabolism, oxidative stress and inflammation in the liver (Nature 460, 587-591). However, it is currently unknown if SIRT1 regulates hepatic lipid accumulation by modulating the levels of VLDLR and the subsequent uptake of TG-rich lipoproteins.

Targeting sEH also attenuates ER stress, converting this enzyme in a drug target with the potential for therapeutic utility in MASLD. Interestingly, PROTACs molecules offer new opportunities for targeting sEH, due to its capacity to induce its degradation. How targeted protein degradation of she by a PROTACs affects ER stress in hepatocytes and in the liver remains to be evaluated. Considering this, the general aim of the present doctoral thesis has been to assess if SIRT1 attenuates fatty liver development by modulating hepatic VLDLR levels and as to whether targeting sEH with degraders is a promising pharmacological strategy to reduce hepatic ER stress. To accomplish this aim, the following objectives were set up and divided into two differentiated parts:

Part one: SIRT1 REGULATES HEPATIC VLDLR LEVELS THROUGH HIF-1 α

- To evaluate how hepatic SIRT1 and VLDLR are regulated in a rat model of MASLD induced by fructose-drinking water.
- To examine if hepatic VLDLR levels are upregulated in Sirt1-/- mice or following pharmacological inhibition or gene knockdown of SIRT1 in Huh-7 cells, and the potential molecular mechanisms involved.
- To assess if SIRT1 activation prevents the increase in hepatic VLDLR protein levels in mice treated with the ER stressor tunicamycin.

Part two: Soluble epoxide hydrolase-targeting PROTAC activates AMPK and inhibits ER stress

- To characterize a new PROTAC for sEH protein degradation in the human hepatic Huh-7 cell line, in isolated mouse primary hepatocytes, and in the liver of mice.
- To assess the effect of the design PROTAC on ER stress and inflammation in hepatocytes and the liver.
- To delineate the molecular mechanisms by which PROTAC-mediated sEH degradation may inhibit ER stress and inflammation *in vitro* and *in vivo*.

III. Materials and Methods

III.1. Regents

The chemicals, compounds, reagents, commercial detection kits and recombinant proteins used in the present thesis are summarized in the next table:

Product	Manufacturer	Reference
Compound C	Santa Cruz	sc-200689
siRNA Control	Santa Cruz	sc-37007
Triglyceride determination kit	Spinreact	41031
Dil VLDL	Alfa Aesar	J65568
SIRT1 siRNA	Santa Cruz	sc-40986
PX-478	Apexbio	B6004
SRT1720	Apexbio	A4180
Tunicamycin	Tocris	268632
EX-527	RayBiotech	3RAY8

Table2. List of reagents used for cell and *in vivo* experiments.

III.2. In vivo experiments

Male Sprague-Dawley rats (Envigo, Barcelona, Spain) and male C57BL/6 mice were housed and maintained under constant conditions of light (12 hours light-dark cycles), temperature ($22 \pm 2^{\circ}$ C) and humidity (55%). The animals were constantly fed a standard diet and supplied with freshwater *ad libitum* and were randomly distributed into different groups in cages after 1 week of acclimatization.

Animal experimentation complied with the Guide for the Care and Use of Laboratory Animals published by the US National Institutes of Health (8th edition: National Academies Press; 2011). All procedures were approved by the Bioethics Committee of the University of Barcelona, as stated in Law 5/21 July 1995 passed by the Generalitat de Catalunya. The animals were treated humanely, and all efforts were made to minimize both animal numbers and suffering.

III.2.1. Fructose-fed rats' treatment

Three-month-old male Sprague-Dawley rats (Envigo, Barcelona, Spain) were housed under conditions of constant humidity (40-60%) and temperature (20-24 °C), with a light/dark cycle of 12 h. Rats were randomly assigned to two groups: control (CT) and fructose (FR) (n = 5 in each). In addition to normal chow, the rats had free access to a 10% (w/v) FR solution or plain tap water for 3 weeks. In the FR group, one rat was euthanized before the end of the experimental period, due to a growing tumor; thus, the final n for the fructose group was 4. Following the treatment, the mice were anesthetized with isoflurane (IsoFlo, Esteve) and sacrificed by cervical dislocation. Samples of liver and blood were collected; the serum was to be extracted later, and the blood was kept in tubes for separation. After being frozen in liquid nitrogen, the tissue samples were kept at -80°C.

III.2.2. Assessment of Liver Responses in Wild-Type and *Sirt1*-Deficient Mice

Livers from male *Sirt1* knockout (*Sirt1*^{-/-}) mice (4-weeks-old; 129Sv:B6) and their wild-type littermates (*Sirt1*^{+/+}) were used (Planavila, A et al.2012).

III.2.3. Methods and Design of the Experiment to Assess the Impact of TM and SRT1720 on ER Stress in a MASLD- Mouse Model

Three-month-old male mice fed standard chow were randomly assigned to three groups [CT, TM and TM + SRT1720] (n = 4 in each). Mice received one daily p.o. dose of 200 mg/kg/day of the SIRT1 activator SRT1720 (Yamazaki, Yu et al.2009) or carboxymethylcellulose (CMC) (volume administered 1 mL/kg) as vehicle for 5 days, and before the sacrifice mice were treated for 24 h through i.p. injection with DMSO (vehicle, control, CT) or TM (3 mg/kg body weight). After the treatment, mice were sacrificed by cervical dislocation under the effects of isoflurane (IsoFlo, Esteve) anesthesia. Blood and liver samples were taken, and the blood was stored in tubes to be separated and the serum extracted later. The tissue samples were liquid nitrogen-snapped and then stored at -80°C.

III.2.4. Proof of concept: ALT-PG2 Efficacy Experiment in Male C57BL/6 Mice

Male C57BL/6 mice (10-12 weeks old), purchased from Envigo (Barcelona, Spain), were randomly distributed into two experimental groups (n = 5 each). One of the groups received one i.p. injection of vehicle (0.9% NaCl containing 5% DMSO and 10% castor oil) and the other ALT-PG2 (30 mg/kg, i.p., twice a day for 1 day) dissolved in the vehicle. Mice were sacrificed, and liver samples were frozen in liquid nitrogen and then stored at -80°C.

III.3. Glucose Tolerance Test (GTT)

For the glucose tolerance test (GTT), animals received 2 g/kg body weight of glucose by an intraperitoneal injection and blood was collected from the tail vein after 0, 15, 30, 60 and 120 min.

III.4. Liver triglyceride content

Liver TGs were extracted according to Bligh & Dyer (BLIGH, E G, and W J DYER.1959). The lipid extract was evaporated under a stream of nitrogen gas, redissolved in absolute ethanol, and quantified using a commercial kit (SpinReact SA). In the last step, the Bradford assay was used to standardize it according to the concentration of protein.

III.5. Liver histology

For histological staining studies, samples were formalin fixed, paraffin embedded and 4 μ m sections obtained. Oil Red staining (Sigma Aldrich) was performed in 10 μ m frozen liver sections. Fifteen images at 20x magnification were captured.

III.6. In vitro experiments

III.6.1. Huh7

Human Huh-7 hepatoma cells (kindly donated by Dr. Mayka Sanchez from the Josep Carreras Leukemia Research Institute, Barcelona) were cultured in DMEM supplemented with 10% fetal bovine serum and 1% penicillin-streptomycin, at 37°C under 5% CO₂. Cell passages were carried out every three to four days, always prior to confluence when cells reached 80– 90% confluency.

III.6.2. Primary hepatocytes

Primary mouse hepatocytes were isolated from non-fasting male C57BL/6 mice (10–12 weeks old) by perfusion with collagenase as described elsewhere (Benveniste et al., 1988).

Following the appropriate treatment, cells were extracted using a cell scraper from plate wells in PBS 1X (Sigma) and centrifuged for two minutes at 4°C and 10,000 *g*. Pellet was preserved for protein extraction, and supernatant was disposed of. In order to extract RNA, cells were directly homogenized and then treated with Trisure (Bioline) reagent.

III.6.3. Cell treatments

SIRT1 siRNA

Huh-7 cells were transiently transfected using Lipofectamine 2000 (Invitrogen, Carlsbad, CA) in Opti-MEM medium (Thermo Fisher, MA) with 100 nM siRNA against SIRT1 or siRNA control (Santa Cruz), in accordance with the manufacturer's instructions. Compounds were examined 24 hours following transfection.

<u>EX-527, PX-478, TM</u>

Huh-7 were exposed to 10 μ M EX-527, 20 μ M PX-478, 10 μ M TM and 10 mM SRT1720 (Fiorentino, Teresa Vanessa et al.2015) for 24 h.

Compound C

The AMPK inhibitor Compound C (Santa Cruz) was used at a final concentration of 30 μ M and incubated alone or co-incubated with ALT-PG2 for 24h.

Synthesis of ALT-PG2

For the synthesis of ALT-PG2 to a solution of trans-4-[4-(3-trifluoromethoxyphenyl-1-ureido) cyclohexyloxy] benzoic acid (t-TUCB) (26 mg, 0.055 mmol) in dimethylformamide (DMF) (0.5 mL) was added the recruiter molecule (thalidomide-PEG3-NH2·HCl, 25 mg, 0.046 mmol), and the solution was stirred at room temperature. N, N- diisopropylethylamine (DIPEA) (24 μ l, 0.138 mmol) was added dropwise, and the mixture was stirred for 5 min at room temperature. Hexafluorophosphate azabenzotriazole tetramethyl uronium (HATU) (35 mg, 0.092 mmol) was added, and the mixture was stirred at room temperature overnight.

Water was added, and the mixture was extracted with ethyl acetate $(3 \times)$. The combined organic phases were washed with NaHCO3 (twice), dried over anhydrous Na2SO4, filtered, and evaporated under reduced pressure to give a crude. Column chromatography [SiO2, 100% dichloromethane (DCM) to 90% DCM / 10% methanol mixtures] yielded ALT-PG2 (23 mg, 54% yield) as a white solid. 1H-RMN (400 MHz, DMSO-d6) δ: 1.32 – 1.40 (cs, 2 H), 1.44 – 1.53 (cs, 2 H), 1.91 – 1.95 (cs, 2 H), 2.00 – 2.06 (cs, 3 H), 2.51 – 2.50 (cs, 2 H), 2.89 (ddd, J =17.6, J'=13.9, J'' =5.5 Hz, 1 H), 3.30 (s, 2 H), 3.38 (q, J =6.0 Hz, 2 H), 3.44 (t, J = 5.6 Hz, 2 H), 3.48–3.50 (cs, 12 H), 4.42 (m, 1 H), 4.78 (s, 2 H), 5.11 (dd, J =13.2 Hz, J' =3.6 Hz, 1 H), 6.18 (d, J =7.4 Hz, 1 H), 6.99 (d, J =8.8 Hz, 2 H), 7.21 (d, J =8.4 Hz, 2 H), 7.39 (d, J = 8.4 Hz, 1 H), 7.45–7.50 (cs, 3 H), 7.77–7.82 (cs, 3 H), 8.00 (t, J = 5.6 Hz, 1 H), 8.32 (t, J = 5.6 Hz, 1 H), 8.5 (s, 1 H), 11.11 (brs, 1 H). 13C-RMN (100.6 MHz, DMSO-d6) δ: 22.0, 29.7, 30.0, 30.9, 38.4, 47.2, 48.8, 67.5, 68.8, 69.0, 69.6, 69.7, 74.1, 114.8, 116.0, 116.8, 118.5, 120.3, 121.6, 126.4, 129.0, 133.0, 136.9, 139.8, 141.9, 154.4, 155.0, 159.7, 165.4, 165.7, 166.7, 166.9, 169.9, 172.8. HRMS-ESI- m/z [M-]- calcd for [C44H48F3N6013]-: 925.3237, found: 925.3225.

siRNA transfection

To prevent interference with the siRNAs the medium of differentiated Huh-7 cells was switched to DMEM without serum or antibiotics one day prior to transfection. Following the manufacturer's instructions, Lipofectamine 2000 (7 μ l/1.5 ml well, Thermo- Fisher) was used as the transfection agent to conjugate the siRNA oligomers or the control siRNA (Santa Cruz) against SIRT1 (70 μ M, Santa Cruz) in Opti-MEM medium (Sigma) at a final volume of 500 μ l for each well. Following a 30-minute room temperature incubation period, these complexes were added to wells holding one millilitre of incubation medium. The transfection medium was changed to DMEM containing antibiotics after 8 hours, and treatments using the various compounds assayed were carried out after 24 hours of transfection, for a total duration of 48 hours after starting the process. There was a 60–70% guarantee of gene expression knockdown with this method.

III.7. Tissue processing

<u>Liver</u>

After the mice were sacrificed for the various experimental procedures, their whole livers were removed and snap-frozen in liquid nitrogen to be stored at -80°C later. A liver section weighing 30 mg was placed in glass test tubes filled with cold PBS 1X (Sigma) for additional processing. After that, the tissue was put into a 1.5 ml Eppendorf tube and homogenized using a Polytron homogenizer (Fisher Scientific). After all samples had been homogenized, they were centrifuged for two minutes at 4°C at 10,000g, and the supernatant was taken out. The tissue had been processed and was ready to extract proteins or RNA.

III.8. Immunoblotting

Total protein extraction

The RIPA buffer (Sigma) was mixed with a cocktail of protease and phosphatase inhibitors, which included 1 mM sodium orthovanadate (OvNa), 0.2 mM phenylmethylsulfonyl fluoride (PMSF), 5 mM sodium fluoride (NaF), 2.78 ml/ml aprotinin, and 20 mM leupeptin, before resuspending the cell or tissue pellets. On a microtube rotating system set to 30 rpm and 4°C, this was incubated for either 1 hour (for cell samples) or 2 hours (for tissue samples). Following that, samples were centrifuged at 10,000 *g* for 20 minutes at 4°C. The entire protein extract was found in the supernatant fraction, which was gathered and preserved.

Nuclear and cytosolic protein extraction

The extraction process involved two steps for the isolation of cytosolic and nuclear proteins. Initially, the pellet was again suspended in a mixture that included the previously mentioned ingredients along with 10 mM HEPES, 1.5 mM MgCl2, 10 mM KCl, and 0.5 mM DTT. Samples were incubated for 45 minutes at 4°C and 30 rpm on a microtube rotating system. Following this, they were centrifuged for 10 minutes at 4°C at 10,000 *g*. The cytosolic fraction-containing supernatant was gathered and kept cold at -80°C. After being resuspended in a second buffer with 25% glycerol, 420 mM NaCl, and 0.2 mM EDTA, the leftover pellet was incubated for a further 30 minutes at 4°C and 30 rpm on a microtube rotating system. Samples were then centrifuged for 10 minutes at 4°C at 10,000 g. Finally, the nuclear fraction was found in the supernatant, which was collected and kept at -80°C.

Protein quantification

Bradford-based colorimetric technique was used to quantify proteins, and a protein assay kit (Bio-Rad) was utilized. A 1:20 dilution of the dye reagent was added to the diluted samples, along with bovine serum albumin (BSA) standards, and the mixture was incubated for five minutes. The protein content of every sample was determined by extrapolating the BSA standard curve, which ranges from 0.1 to 0.6 mg/ml, and the absorbance was measured at 595 nM.

SDS-PAGE

Isolation of total protein extracts was performed as described elsewhere (Aguilar-Recarte, David et al.2021). Protein extracts, whether nuclear, cytosolic, or total, were divided based on molecular weight using sodium-dodecyl sulphate (SDS, Sigma) polyacrylamide gel electrophoresis (PAGE). 8–12% of polyacrylamide, SDS, and tris were present in the gel solution of HCl. Depending on the protein type and source, 20–40 µg of the protein extract were run into the gel on an electrophoresis at 120 volts for 70–90 minutes, contingent on the protein size and the percentage of polyacrylamide used.

Once migrated, the proteins were moved to a PVDF (polyvinylidene difluoride) membrane (Bio-Rad), which had been activated earlier by a oneminute methanol rinse and a further one-minute washing in distilled water. To prevent non-specific protein binding, the membrane's proteins were incubated in the commercial solution WestVisionTM Block and Diluent Solution (Cat. No: SP-7000, Vector Labs, CA) for one hour following transfer. After soaking the membrane for five minutes at 4°C in West Vision solution (dilutions listed in Table 5) and washing it three times in Tris-buffered saline (TBS) solution containing 0.1% Tween® 20 detergent (Sigma), the membrane was incubated with a secondary antibody solution (1:5000 to 1:10000 dilution) that was species-specific and able to bind the primary antibody used in TBS solution containing 5% of BSA and 0.1% Tween® 20 detergent. The size of the detected proteins was estimated using protein molecular mass standards (Bio-Rad, Barcelona, Spain). Signal acquisition was performed using the Bio-Rad ChemiDoc apparatus and quantification of immunoblot signal was performed with the Bio-Rad Image Lab software. The results for protein quantification were normalized to the levels of a control protein to avoid unwanted sources of variation. Glyceraldehyde 3-phosphate dehydrogenase (GAPDH), β -actin, α -tubulin (total and cytosolic protein), TATA-binding protein (TBP), or histone H3 (nuclear protein) were used as loading controls to normalize the levels of the proteins detected. Precision Plus Protein Dual Color Standard (Bio-Rad) was used as a protein marker to assess the molecular weight to the bands detected.

Antibody	Manufacture	Reference	WB
			dillution
ATF4	Cell	1185	1:500
	Signalling		
β-Actin	Sigma	A5441	1:2000
BiP	Cell	3183	1:1000
	Signalling		
СНОР	Genetex	GTX112827	1:1000
FGF21	Santa Cruz	sc-22920	1:1000
HIF-1α	Santa Cruz	sc-10790	1:1000
NQ01	Santa Cruz	sc-393736	1:1000
Ac-p53	Cell	2525	1:1000
	Signalling		
SIRT1	Abcam	ab189494	1:1000
TRB3	Santa Cruz	sc-365842	1:1000
tubulin	Sigma	T6074	1:1000
VLDLR	R&D Systems	AF2258	1:1000
ΑΜΡΚα	Cell Signaling	2532	1:1000
phosphorylated	Cell Signaling	2531	1:1000
AMPK ^{T172}			
eIF2α	Cell	9722	1:1000
	Signalling		
phosphorylated	Cell	9721	1:1000
eIF2α Ser ⁵¹	Signalling		
ERK1/2	Cell Signaling	9102	1:1000
phosphorylated	Cell	9101	1:1000
ERK1/2	Signalling,		
IRβ	Cell Signaling	3025	1:1000
IRS-1	Cell Signaling 2382 1:1000		1:1000
NF-кВ р65	Santa Cruz sc-109		
phosphorylated	Cell 3036s 1:1000		1:1000
NF-кВ р65	Signalling		
PP2A	Cell Signaling 2259 1:1000		1:1000

p53	Cell Signaling	2524T	1:1000
sEH	Santa Cruz	sc-25797	1:1000
SOCS3	Santa Cruz	sc-9023	1:1000
STAT3	Santa Cruz	sc-482X	1:1000
phosphorylated	Cell Signaling	9131	1:1000
STAT3-Tyr ⁷⁰⁵			
TNF-α	R&D Systems	AF410-NA	1:1000
vinculin	Santa Cruz	sc-25336	1:1000
Secondary	Santa Cruz	sc-2020	1:5000
Anti-goat			
Secondary	Thermo	A-11001	1:10000
Anti-mouse	Fisher		
Secondary	Thermo	A-11034	1:5000
Anti-rabbit	Fisher		

Table3. List of antibodies used for immunoblotting

III.9. VLDL uptake assay

VLDLs labelled with DiI (1,1'-dioctadecyl-3,3,3'-tetramethylindocarbocyanine perchlorate) were from Alfa Aesar (Cat. No. J65568). Huh-7 cells were pretreated in serum-free media with 10 μ M EX-527 or with this compound plus 20 μ M PX-478 for 24 h prior to a 1 h incubation with 10 μ g/ml DiI-VLDL. Surface-bound DiI-VLDL was removed with acid-wash buffer (0.5 M acetic acid with 150 mM NaCl, pH 2.5). Cells were washed with DPBS with calcium and magnesium, lysed in 1% SDS and 0.1 M NaOH, transferred to a black 96-well half-area plate (Greiner Bio-One), and assessed using a Varioscan micro plate reader (Ex/Em: 520/580 nm; Molecular Devices). Fluorescence was corrected for protein amount.

III.10. Quantitative PCR (qPCR)

RNA extraction

Utilizing the TRIsureTM reagent (Bioline) and the protocol outlined by Chomczynski et al. (Chomczynski and Sacchi, 1987), total RNA extraction was carried out for tissue samples (liver) and cell culture samples (HUH7). Isopropanol was added to precipitate RNA after RNA was separated from proteins and DNA using chloroform. To get rid of salts, 75% ethanol was used to wash the resulting pellet. RNA was quantified using Thermo Scientific's NanoDrop 1000, and its purity was evaluated by dividing its absorbance at 260 and 280 nm (A260/280) by A260/230. Ratios exceeding 1.8–1.9 were deemed appropriate.

Reverse transcription

Using random hexamers (Thermo Scientific), a 10 mM deoxynucleotid (dNTP) mix, and reverse transcriptase enzyme derived from the Moloney murine leukemia virus (MMLV, Thermo Fisher), isolated RNA was reverse transcribed to produce 1 μ g of complementary DNA (cDNA). The protocol involved running a program with various steps and temperatures in a thermocycler (BioRad): 65°C for 5 minutes, 4°C for 5 minutes, 37°C for 2 minutes, 25°C for 10 minutes, 37°C for 50 minutes, and 70°C for 15 minutes.

<u>Real time quantitative polymerase chain reaction (qPCR)</u>

Using SYBR Green Master Mix (Applied Biosystems) and a Mini-48 well T100TM heat cycler (Bio-Rad), real-time PCR was used to assess the quantitative gene expression of mouse tissues and cell culture samples. The samples included 10 μ l of 2x SYBR Green master mix, 0.9 μ M of primer mix, and 25 ng of total cDNA in a final volume of 20 μ l. For real-time PCR, the thermal cycler protocol comprised three steps for primer annealing, amplification, and denaturation: 95°C for 15 s, 60°C for 30 s, and 72°C for 30 s. The first step of denaturation was carried out at 95°C for 10 min. There were 40 repetitive cycles total. To determine the best primers for amplification, primer sequences were created using the NCBI's Primer-BLAST tool. These primers were then assessed using Integrated DNA Technologies' Oligo-Analyzer tool to guarantee the ideal melting temperature (Tm) and prevent the formation of homo/heterodimers or nonspecific structures that could impede the interpretation of the results. Table 3 shows that the primer sequences were specifically created to span the junction between exons.

GENE	Primer sequence	
mGapdh	for	5'-TGTGTCCGTCGTGGATCTGA-3'
	rev	5'-CCTGCTTCACCACCTTCTTGA-3'
mVldlr	for	5'-
		TCCAATGGCCTAATGGAATTACA-3'
	rev	5'-AGCATGTGCAACTTGGAATCC-3'
mVegfa	for	5'- GTTCAGAGCGGAGAAAGCATTTG-
		3'
	rev	5'- CACATCTGCAAG-TACGTTCGTT-3'
mGlut1	for	5'-GCCCCCAGAAGGTTATTGA-3'
	rev	5'- CGTGGTGAGTGTGGTGGAT-3'
hVLDL	for	5'-
		CAAGAGGAAGTTCCTGTTTAACTCTGA-
		3'
	rev	5'-TGACCAGTAAACAAAGCCAGACA-3'

Table4. Primer sequences designed for qPCR. h: human genes, m: mouse genes.

III.11. Statistical Analysis

Results are expressed as the mean \pm SEM. Significant differences were assessed by either Student's t-test or one-way ANOVA, according to the number of groups compared, using the GraphPad Prism program (version 9.0.2) (GraphPad Software Inc., San Diego, CA, USA). When significant variations were found by ANOVA, Tukey's post-hoc test for multiple comparisons was performed only if F achieved a p value < 0.05. Differences were considered significant at p < 0.05.

IV.RESULTS

IV.1. Part 1: SIRT1 REGULATES HEPATIC VLDLR LEVELS THROUGH HIF-1α.

IV.1.1. VLDLR is increased and SIRT1 protein levels are reduced in the liver of rats supplemented with liquid fructose.

To examine a potential relationship between VLDLR and SIRT1, we examined the protein levels of VLDLR in the liver of rats supplemented with fructose, a well-known model of fatty liver (DiNicolantonio, et al.2017). Supplementation with a 10% liquid fructose for 21 days did not affect either body weight (Figure 1A) or epididymal fat depot (Figure 1B), but it resulted in glucose intolerance as demonstrated by the GTT (Figure 1C and D). In addition, fructose ingestion increased plasma TG levels (Figure 1E) and caused hepatic steatosis as determined by the quantification of triglyceride accumulation in the liver (Figure 1F) and hematoxylin & eosin (H&E) staining (Figure 1G). Interestingly, even the induction of a mild liver steatosis with a low percentage of fructose for a relatively short period of time resulted in an increase in the protein levels of VLDLR (Figure 1H), while the protein levels of SIRT1 were reduced (Figure 1I).


Fig. 1. Hepatic steatosis induced by liquid fructose in rats' results in an increase in VLDLR and a reduction in SIRT1 protein levels. (A) Change in body weight in rats with free access to plain tap water (Control, CT) or to a 10% (w/v) fructose (FR) solution for 3 weeks. (B) Epididymal adipose tissue. Glucose tolerance test (GTT) (C) and area under the curve (AUC) (D) in CT and FR rats. (E) Plasma triglyceride (TG) levels. (F) Hepatic TG levels. (G) Representative images of liver sections of hematoxylin–eosin (H&E) staining in CT and FR rats. Scale bar: 100 µm. Immunoblot analysis of VLDLR (H) and SIRT1 (I) in the liver of CT and FR rats. Data are presented as the mean ± SEM. Significant differences were established by Student's t-test. *p < 0.05 and **p < 0.01 vs. CT. n = 4 or 5 per group.

IV.1.2. *Sirt1*^{-/-} mice show increased hepatic protein levels of VLDLR in the absence of ER stress.

To demonstrate that SIRT1 regulates VLDLR levels we used the livers from wild-type and *Sirt1^{-/-}* mice that survived to adulthood, since only 24% of the *Sirt1*^{-/-} mice pups born survive the first week of life (Planavila, et al.2012). In the liver of these mice, we assessed the protein levels of acetylated p53, a target of SIRT1 (Vaziri, et al.2001). As expected, Sirt1 deficiency resulted in increased levels of acetylated p53 (Figure 2A). Remarkably, the mRNA (Figure 2B) and protein levels (Figure 2C) of VLDLR were increased in the livers of *Sirt1^{-/-}* mice compared to wild-type mice, indicating that the absence of this deacetylase might increase the VLDLR levels through a transcriptional mechanism. Since VLDLR expression has been reported to be upregulated by the transcription factor ATF4 in liver during ER stress (Jo, et al.2013), we determined the levels of ATF4 as well as other markers of ER stress. No changes were observed in the protein levels of ATF4 in the liver of Sirt1-/- mice (Figure 2D). Likewise, no differences were detected in the protein levels of the ER stress markers BiP/GRP78, TRB3 (Figure 2D) or FGF21 (Figure 2E), the latter reported to be upregulated by ATF4 (De Sousa-Coelho, Ana Luísa et al.2012).

However, the protein levels of CHOP were upregulated in the liver of *Sirt1-/-* mice (Figure 2F). The increase in CHOP might be related, not to the presence of ER stress, but to the upregulation of VLDLR, since a previous study reported that the absence of VLDLR in white adipose tissue is accompanied by a reduction of CHOP (Nguyen, et al.2014), suggesting that VLDLR regulates CHOP levels.

Results





С



В





0

WT

SIRT1-



Fig. 2. VLDLR is increased in the liver of *Sirt1*-/- **mice.** (**A**) Immunoblot analysis of acetylated (Ac)-p53 in the liver of WT and *Sirt1*-/- mice. (**B**) mRNA levels of *Vldlr*. Immunoblot analysis of VLDLR (**C**), ATF4, BiP/GRP78, TRB3 (**D**), FGF21 (**E**) and CHOP (**F**) in the liver of WT and *Sirt1*-/- mice. Data are presented as the mean ± SEM. Significant differences were established by Student's t-test. *p < 0.05 and **p < 0.01 *vs*. CT. n = 4 or 5 per group.

IV.1.3. SIRT1 inhibition leads to the upregulation of VLDLR via HIF-1 α in hepatic cells.

Since VLDLR has been reported to be under the transcriptional control of Nrf2 (Wang, et al. 2014), we also examined the protein levels of its target gene NAD(P)H quinone dehydrogenase 1 (NQO1). No changes were observed in the NQO1 protein levels in the liver of *Sirt1^{-/-}* mice (Figure 3A), making unlikely the contribution of Nrf2 to the increase in VLDLR in these mice. Another transcription factor regulating VLDLR expression is HIF-1 α (Klevstig, et al.2016). Although no changes were observed in HIF-1 α protein levels in the liver of *Sirt1*^{-/-} mice compared to wild-type mice (Figure 3B), its transcriptional activity seemed to be upregulated, since the hepatic expression of its target genes, *Glut1* (Figure 3C) and *Vegfa* (Figure 3D), was increased in *Sirt1^{-/-}* mice. These findings suggested that the increased transcriptional activity of HIF-1 α might also contribute to elevating VLDLR levels in the liver of *Sirt1*^{-/-} mice. To demonstrate that reduced SIRT1 activity leads to VLDLR upregulation through HIF-1 α , we used both a pharmacological and a genetic approach in the human hepatoma cell line Huh-7. First, we used a potent and selective SIRT1 inhibitor, EX-527 (Napper, et al.2005, Broussy, et al.2020). Exposure of Huh-7 cells to EX-527 increased both the expression (Figure 4A) and the protein levels (Figure 4B) of VLDLR, supporting the findings obtained in *Sirt1^{-/-}* mice.

Results

Interestingly, co-incubation of the cells with EX-527 and the HIF-1 α inhibitor PX-478 (Welsh, Sarah et al.2004) abrogated the increase in VLDLR protein levels caused by EX-527 (Figure 4C), indicating that HIF-1 α was responsible for the upregulation of VLDLR under reduced SIRT1 activity conditions. Next, we assessed whether the changes in VLDLR levels affected the uptake of VLDL. Consistent with the increase in VLDLR caused by EX-527, this compound upregulated VLDL uptake, while in the presence of PX-478 the effect of EX-527 was blunted (Figure 4D).

To further demonstrate that SIRT1 downregulation increases VLDLR via HIF-1 α , we knocked down *SIRT1* expression by transfecting cells with siRNA targeting the *SIRT1* gene. The knockdown of *SIRT1* reduced its protein levels and increased those of VLDLR (Figure 4E). However, incubation with PX-478 completely abolished the increase in VLDLR. Collectively, these findings indicate that the reduction in the activity or in the levels of SIRT1 in human Huh-7 hepatic cells results in the upregulation of VLDLR through HIF-1 α .



Fig. 3. HIF-1 α target genes are increased in the liver of *Sirt1*^{-/-} mice. Immunoblot analysis of and NQO1 (A) HIF-1 α (B) in the liver of WT and *Sirt1*^{-/-} mice. mRNA levels of *Glut1* (C) and *Vegfa* (D) in the liver of WT and *Sirt1*^{-/-} mice. Data are presented as the mean ± SEM. Significant differences were established by Student's t-test. *p < 0.05 and **p < 0.01 *vs.* CT. n = 4 per group.



Fig. 4. SIRT1 inhibition increases VLDLR levels and VLDL uptake via HIF-1α in **human Huh-7 cells.** mRNA (A) and immunoblot analysis (B) of VLDLR in human Huh-7 cells in the absence (control, CT) or presence of 10 μM EX-527 for 24 h. Immunoblot analysis of VLDLR (C) and VLDL uptake (D) in human Huh-7 cells in the absence (control, CT), the presence of 10 μM EX-527, or the combination of 10 μM EX-527 and 20 μM PX-478 for 24 h. (E) Immunoblot analysis of SIRT1 and VLDLR in Huh-7 cells transfected with control siRNA or SIRT1 siRNA in the absence or the presence of 20 μM PX-478. Data are presented as the mean ± SEM. Significant differences were established by Student's t-test or one-way ANOVA with Tukey's post-hoc test. *p < 0.05 and **p < 0.01 *vs.* CT. #p < 0.05, ##p < 0.01, and ###p < 0.001 *versus* EX-527 or SIRT1 siRNA. n = 3 or 4 per group.

IV.1.4. SIRT1 activation ameliorates fatty liver and abolishes the increase in hepatic VLDLR caused by ER stress

Since hepatic VLDLR is elevated in response to ER stress and it contributes to ER stress-dependent hepatic steatosis (Hyunsun et al.2013), we next evaluated whether SIRT1 activation attenuated VLDLR upregulation and hepatic steatosis caused by the ER stressor TM. First, we treated Huh-7 cells with TM in the presence or in the absence of the SIRT1 activator SRT1720 (Gano, et al.2014). As expected, TM increased the protein levels of VLDLR, but this increase was completely prevented in cells co-incubated with SRT1720 (Figure 5A). We then treated mice with TM with either vehicle or SRT1720. TM treatment resulted in a decrease in serum TG, which is likely to be the result of the higher uptake of circulating TG-enriched lipoproteins by VLDLR, while SRT1720 attenuated this reduction (Figure 5B). This suggests that the uptake of VLDLs by VLDLR is attenuated. TM also led to a clear increase in hepatic triglyceride accumulation as demonstrated by the H&E and ORO staining (Figure 5C) and the quantification of this neutral lipid (Figure 5D). However, treatment with SRT1720 strongly alleviated fatty liver. Consistent with a higher uptake of circulating triglyceride-enriched lipoproteins VLDLR protein levels were increased in mice treated with TM (Figure 5E), whereas the SIRT1 activator abolished this increase. Overall, these findings indicate that SIRT1 activation contributes to preventing ER stress-induced fatty liver by reducing the levels of VLDLR and modulating serum and hepatic levels of TGs.











Fig. 5 SIRT1 activation prevents the increase in VLDLR caused by the ER stressor TM. (A) Immunoblot analysis of VLDLR in human Huh-7 cells in the absence (control, CT), the presence of TM or the combination of TM plus SRT1720 for 24 h. (n = 3) (B) Plasma TG levels in mice treated with the SIRT1 activator SRT1720 for 5 days that received an injection of vehicle or TM the last 24 h. (n = 4 animals) (C) Representative images of liver sections of hematoxylin-eosin (H&E) and Oil Red O (ORO) staining. Scale bar: 100 µm. (D) Hepatic TG levels. (E) Immunoblot analysis of VLDLR in the liver of mice. Data are presented as the mean ± SEM. Significant differences were established by one-way ANOVA with Tukey's post-hoc test. **p < 0.01 and ***p < 0.001 *vs.* CT. #p < 0.05 and ##p < 0.01 *versus* TM.

IV.2. Part 2: Soluble epoxide hydrolase-targeting PROTAC activates AMPK and inhibits ER stress

IV.2.1. Characterization of the sEH PROTAC ALT-PG2

In this second part, we evaluated two sEH PROTACs against sEH, ALT-PG2 and ALT-PG3. These compounds consist of the sEH inhibitor *trans*-4-[4-(3trifluoromethoxyphenyl-1-ureido)-cy-clohexyloxy]-benzoic acid (*t*-TUCB) (Table 1) as binder to the enzyme, while incorporate the thalidomide-based cereblon ligand (as E3 ligase ligand) and two different polyethylene glycol (PEG) linkers. PEG3 was the linker incorporated in ALT-PG2 and PEG4 in ALT-PG3 (Table 1). Both compounds showed equal inhibitory potency against human sEH, but that of ALT-PG3 was higher for murine sEH (Table 1). As a control, we first examined the effects of different concentrations of the sEH inhibitor *t*-TUCB on the protein levels of sEH in the human hepatoma-derived Huh-7 cell line. As expected, exposure to this compound did not cause sEH degradation (Figure 1A). In contrast, ALT-PG2 caused a robust degradation of sEH protein levels at concentrations ranging from 1 nM to 1 μ M (Figure 1B).

At 1 µM concentration some U-shaped concentration-response curve or hook effect was observed, a known phenomenon for other PROTACs (Pettersson, and Crews., 2019). This effect was not observed with ALT-PG3, although it caused a weaker degradation of sEH, thereby suggesting a lower degradation potency. Thus, we selected the ALT-PG2 PROTAC at 10 nM for further study. When we conducted a time-course study, we observed that significant sEH degradation occurred after only 1 h of treatment, but exposure for longer periods (8, 12 and 24 h) provided greater degradation (Figure 1D). To determine whether ALT-PG2-induced ubiquitination led to sEH degradation via the ubiquitin-proteasome system, cells were treated with the proteasome inhibitor MG132 prior PROTAC application. Inhibition of proteasome with MG132 completely abrogated the ALT-PG2-mediated degradation of sEH (Figure 2A), indicating that this degradation depends on the ubiquitinproteasome system. Moreover, addition of the cereblon ligand lenalidomide effectively rescued the degradation of sEH by ALT-PG2, confirming that it requires the binding of ALT-PG2 to cereblon (Figure 2B). One of the potential advantages of PROTACs over inhibitors is the potential development of cumulative efficacy after repeating administration when the target protein is slowly synthesized in cells. To assess the presence of this potential effect for ALT-PG2, repeated administrations were conducted in cells. Exposure to 2 concentrations for 24 h or 4 concentrations for 12 h of 10 nM ALT-PG2 yielded similar degradations of sEH (Figure 2C), suggesting that ALT-PG2 does not develop cumulative efficacy following repeated administrations, at least during the time periods assessed.



Figure 1. ALT-PG2 PROTAC degrades sEH in Huh-7 hepatic cells. (**A**) Immunoblot analysis of sEH in Huh-7 hepatic cells exposed to different concentrations of *t*-TUCB for 24 h. Immunoblot analysis of sEH in Huh-7 hepatic cells exposed to different concentrations of (**B**) ALT-PG2 or (**C**) ALT-PG3 for 24 h. (**D**) Time-course of the effects of 10 nM ALT-PG2 on sEH protein levels. Data are presented as the mean ± SEM. one-way ANOVA with Tukey's post hoc test. *p < 0.05, **p < 0.01 and ***p < 0.001 *vs.* CT.



Figure 2. ALT-PG2 degrades sEH via the ubiquitin–proteasome system in Huh-7 hepatic cells. (A) Immunoblot analysis of sEH in Huh-7 hepatic cells exposed to 10 nM ALT-PG2 for 24 h in the presence or in the absence of 10 μ M of the proteasome inhibitor MG132 (added 3 h prior ALT-PG2). (B) Immunoblot analysis of sEH in Huh-7 hepatic cells exposed to 10 nM ALT-PG2 for 24 h in the presence or in the absence of 10 μ M of the cereblon ligand lenalidomide (added 3 h prior ALT-PG2). (C) sEH protein levels in Huh-7 hepatic cells exposed to the addition of 2 concentrations of ALT-PG2, each one every 24 h, and 4 concentrations of ATL-PG2, each one every 12 h. Data are presented as the mean ± SEM. Significant differences were established by Student's-t test or one-way ANOVA with Tukey's post hoc test. *p < 0.05, **p < 0.01 and ***p < 0.001 *vs.* CT. ##p < 0.01 *vs.* ALT-PG2.

IV.2.2. sEH degradation by ALT-PG2 activates AMPK and reduces the levels of ER stress markers in human Huh-7 hepatic cells

Previous studies have reported that the reduction in cardiac AMPK caused by a HFD is prevented in sEH knockout mice (Wang, et al., 2021), that hepatocytes from sEH knockout mice show activation of AMPK (Mangels, et al., 2016), as well as that sEH inhibition significantly attenuates the HFDinduced renal injury, partially by activating AMPK (Luo, et al., 2019). Since these findings suggested that both the absence of sEH or its inhibition resulted in AMPK activation, we next examined whether sEH degradation by ALT-PG2 activated AMPK in human Huh-7 hepatic cells. Moreover, given that AMPK activation mitigates ER stress (Hwang, et al., 2013; Salvadó, et al., 2014), we also examined if ALT-PG2 attenuated ER stress and inflammatory markers. Exposure of cells to 10 nM ALT-PG2 for 16 h caused a rapid and robust degradation of sEH (Figure 3A). This was accompanied by AMPK activation (Figure 3B), and consistent with the reported inhibitory crosstalk between AMPK and ERK1/2, the phosphorylated levels of the latter kinase were reduced (Figure 3C). The fact that the sEH inhibitor *t*-TUCB increased the phosphorylated levels of AMPK (Figure 3D) suggests that AMPK activation caused by ALT-PG2 is mediated by the reduction of the hydrolase activity, while further studies are needed to evaluate whether the phosphatase activity of the enzyme contributes to AMPK activation. AMPK is known to inhibit the p53 negative regulator, murine double minute X (MDMX), resulting in increased p53 levels (Aguilar-Recarte, et al., 2021). Consistent with this, AMPK activation caused by ALT-PG2 was accompanied by an increase in p53 protein levels (Figure 3E), supporting that ALT-PG2 activates AMPK. Likewise, treatment with ALT-PG2 reduced the levels of ER stress marker p-eIF2a (Figure 3F), while no changes were observed in the levels of inflammatory transcription factor NF-κB or in its phosphorylation status (Figure 3G).

Despite this latter finding, the levels of phosphorylated STAT3, which is activated by ER stress (Meares *et al.*, 2014) and is primary downstream regulator of interleukin (IL)-6 signaling with a prominent role in regulating inflammation (Matsuda, 2023), were attenuated by ALT-PG2 (Figure 3H). Since activation of the STAT3 pathway has been reported to reduce IRS1 protein levels in hepatocytes (Serrano-Marco, et al., 2012) and ER stress reduces the levels of insulin receptor β (IR β) Zhou, Lijun et al., 2009), we examined the levels of these two proteins involved in the insulin signaling pathway. Remarkably, the protein amount of both IR β and IRS1 were upregulated by ALT-PG2 (Figure 3I). Collectively, these findings indicate that the degradation of sEH by ALT-PG2 activates AMPK, reduces ER stress and inflammatory markers, and increases the levels of proteins involved in the insulin signaling pathway in hepatocytes.





Figure 3. sEH degradation by ALT-PG2 activates AMPK and reduces basal levels of ER stress markers in Huh-7 hepatic cells. Immunoblot analysis of (**A**) sEH in Huh-7 hepatic cells exposed to 10 nM ALT-PG2 for 16 h. (**B**) Total and phosphorylated AMPK and (**C**) total and phosphorylated ERK1/2 in Huh-7 hepatic cells exposed to 10 nM ALT-PG2 for 48 h.(**D**) Immunoblot analysis of total and phosphorylated AMPK in Huh-7 hepatic cells exposed to 1 µM *t*-TUCB for 4 h. Immunoblot analysis of (**E**) p53, (**F**) total and p-eIF2α, (**G**) total and phosphorylated levels of the p65 subunit of NF- \square B, (**H**) total and phosphorylated (Tyr⁷⁰⁵) levels of STAT3 and (**I**) IRβ and IRS1 in Huh-7 hepatic cells exposed to 10 nM ALT-PG2 for 16 h. Significant differences were established by Student's-t test. *p < 0.05, **p < 0.01 and ***p < 0.001 *vs.* CT.

IV.2.3. sEH degradation by ALT-PG2 attenuates thapsigargin-induced ER stress in human Huh-7 hepatic cells

To confirm that ALT-PG2 ameliorates ER stress, we used the ER stressor thapsigargin. Exposure of Huh-7 cells to thapsigargin did not significantly increase sEH protein levels, but co-incubation with thapsigargin and ALT-PG2 resulted in sEH degradation (Figure 4A). Interestingly, ALT-PG2 abolished the increase in the ER stress markers CHOP (Figure 4A), p-eIF2 α (Figure 4B), TRB3 and very low-density lipoprotein receptor (VLDLR) (Figure 4C). Consistent with these effects of ALT-PG2, this compound prevented the increase in the levels of SOCS3 (Figure 4A), a STAT3-target gene, and of the inflammatory markers NF- κ B (p65 subunit of this transcription factor) and TNF- α (Figure 4C). These findings indicate that ALT-PG2 reduces the levels of ER stress and inflammatory markers in thapsigargin-stimulated cells. Since AMPK activation prevents ER stress (Hwang *et al.*, 2013; Salvado *et al.*, 2014), we examined whether the increase in AMPK activity caused by ALT-PG2 was responsible for the reduction of ER stress by using the AMPK inhibitor compound C. Remarkably, the reduction in CHOP protein levels caused by ALT-PG2 in thapsigargin-stimulated cells was prevented when cells were co-incubated with compound C (Figure 4D). This finding suggests that the inhibition of ER stress provoked by ALT-PG2 is mediated by AMPK.



Figure 4. sEH degradation by ALT-PG2 attenuates thapsigargin-induced ER stress in Huh-7 hepatic cells. Immunoblot analysis of (A) sEH, CHOP, SOCS3 and (B) total and p-eIF2 α in Huh-7 hepatic cells exposed to 10 nM ALT-PG2 for 48 h co-incubated with vehicle or the ER stressor thapsigargin (1 μ M) for the last 24 h. (C) TRB3, VLDLR, p65 and TNF- α in Huh-7 hepatic cells exposed to 10 nM ALT-PG2 for 48 h co-incubated with vehicle or the ER stressor thapsigargin (1 μ M) for the last 24 h. (D) Immunoblot analysis of CHOP in Huh-7 hepatic cells exposed to 10 nM ALT-PG2 for 48 h co-incubated with vehicle or the ER stressor thapsigargin (1 μ M) for the last 24 h. (D) Immunoblot analysis of CHOP in Huh-7 hepatic cells exposed to 10 nM ALT-PG2 for 48 h co-incubated with vehicle or the ER stressor thapsigargin (1 μ M) for the last 24 h. (D) Immunoblot analysis of CHOP in Huh-7 hepatic cells exposed to 10 nM ALT-PG2 for 48 h co-incubated with vehicle or the ER stressor thapsigargin (1 μ M) for the last 24 h. (D) Immunoblot analysis of CHOP in Huh-7 hepatic cells exposed to 10 nM ALT-PG2 for 48 h co-incubated with vehicle or the ER stressor thapsigargin (1 μ M) for the last 24 h. (D) Immunoblot analysis of CHOP in Huh-7 hepatic cells exposed to 10 nM ALT-PG2 for 48 h co-incubated with vehicle or the ER stressor thapsigargin (1 μ M) for the last 24 h with or without the AMPK inhibitor compound C (15 μ M). Data are presented as the mean ± SEM. Significant differences were established by one-way ANOVA with Tukey's post hoc test. *p < 0.05, **p < 0.01 and ***p < 0.001 *vs*. CT. #p < 0.05, ##p < 0.01 and ###p < 0.001 *vs*. thapsigargin.

IV.2.4. sEH degradation by ALT-PG2 activates AMPK and reduces the levels of ER stress markers in mouse primary hepatocytes

Since primary hepatocytes are the gold standard for physiologically relevant *in vitro* liver models as they retain *in vivo*-like functions and morphologies, we next evaluated the effects of the ALT-PG2 PROTAC in this model. Exposure of mouse primary hepatocytes to ALT-PG2 led to significant sEH degradation (Figure 5A), which was accompanied by an increase in phosphorylated AMPK (Figure 5B). Likewise, and in agreement with the activation of AMPK, phosphorylated ERK1/2 was reduced (Figure 5C). In addition, ALT-PG2 reduced basal CHOP protein levels (Figure 5D), as well as the levels of SOCS3, while the protein levels of IR β were increased (Figure 5E). Likewise, when mouse primary hepatocytes were stimulated with thapsigargin, co-incubation of the cells with ALT-PG2 attenuated the increase in CHOP caused by the ER stressor (Figure 5F). In agreement with the reduction in ER stress, ALT-PG2 also reduced the levels of the inflammatory marker TNF- α (Figure 5G).

Results





Figure 5. sEH degradation by ALT-PG2 attenuates ER stress in mouse primary hepatocytes. Immunoblot analysis of (**A**) sEH, (**B**) total and phosphorylated AMPK, (**C**) total and phosphorylated ERK1/2, (**D**) CHOP, (**E**) IRβ and SOCS3 in mouse primary hepatocytes exposed to 10 nM ALT-PG2 for 48 h. Immunoblot analysis of (**F**) CHOP and (**G**) TNF-α in mouse primary hepatocytes exposed to 10 nM ALT-PG2 for 48 h co-incubated with vehicle or the ER stressor thapsigargin (1 µM) for the last 24 h. Data are presented as the mean ± SEM. Significant differences were established by Student's-t test or one-way ANOVA with Tukey's post hoc test. *p < 0.05, **p < 0.01 and ***p < 0.001 *vs.* CT. #p < 0.05 *vs.* thapsigargin.

IV.2.5. ALT-PG2 leads to sEH degradation in the liver of mice

Finally, due to limited amounts of the ALT-PG2 compound, we conducted a first approach to evaluate the effect of ALT-PG2 on sEH degradation *in vivo*. Mice treated with ALT-PG2 (30 mg/kg, twice a day for 1 day) showed a significant degradation in hepatic sEH protein levels (Figure 6A). Consistent with previous studies *in vitro*, ALT-PG2 increased the phosphorylated levels of AMPK in the liver (Figure 6B). The activation of AMPK was confirmed by the reduction in phosphorylated ERK1/2 (Figure 6C) and SOCS3 (Figure 6D). Collectively, these findings suggest that the PROTAC ALT-PG2 causes a potent and rapid degradation of sHE *in vivo* after only 24 h that results in the activation of AMPK.



Figure 6. ALT-PG2 degrades sEH *in vivo*. Immunoblot analysis of (**A**) sEH, (**B**) total and phosphorylated AMPK, (**C**) total and phosphorylated ERK1/2, (**D**) SOCS3 in the liver of mice treated with vehicle or ALT-PG2 (30 mg/kg, i.p., twice a day for 1 day). Significant differences were established by Student's-t test. *p < 0.05 and **p < 0.01 *vs*. CT.

V. DISCUSSION

Because there are currently no fully effective treatments for all of the complications associated with MASLD, the condition has become a major global health concern in recent years (Younossi, et al.,2023). The substantial changes in lifestyle factors in the 21st century, especially in developed nations, have made MASLD a global problem. Furthermore, the accumulation of lipids in the liver causes chronic low-grade inflammation that not only makes MASLD, fibrosis, and even cirrhosis worse, but also may accelerate the progression of MASLD to HCC (Targher, et al. 2023). It is imperative to identify and develop new therapeutic targets for the more effective management of MASLD and its associated metabolic disturbances. Currently available pharmacological treatments for MASLD are associated with significant side effects and have limited efficacy (Yanai, et al. 2023). In the present study, we evaluated evaluated how the regulation of VLDLR by SIRT1 and a PROTAC molecule against sEH impact on ER-mediated hepatic steatosis.

ER stress is known to play a significant role in a number of pathological conditions, such as cancer, neurodegeneration, and metabolic disorders. ER stress is closely related to insulin action, glucose homeostasis, and lipid metabolism in the context of metabolic regulation. Research shows that ER stress affects important cellular pathways and signaling networks, which in turn affects the overall energy balance and influences these processes (Xiaoying, and Green.,2019).

The connection between ER stress and metabolic dysfunction is especially noticeable in conditions such as MASLD, where the severity and progression of the disease are greatly influenced by disturbed ER homeostasis (Yong, et al.,2021). These findings highlight the therapeutic potential of ER stress pathway targeting metabolic disorders.

V.1. Discussion of part 1: SIRT1 REGULATES HEPATIC VLDLR LEVELS THROUGH HIF-1α.

The accumulation of fat, mostly in the form of TGs within lipid droplets, in the liver is the defining characteristic of MASLD. A variety of complex mechanisms, such as changes in FAO, lipolysis, DNL, dietary fat intake, and the liver's ability to secrete lipoprotein particles, contribute to this condition (Badmus, et al.,2022). In addition to its complex physiopathology, with multiple processes intervene simultaneously, the complex nature of MASLD is linked to numerous metabolic changes and affects extrahepatic and liverrelated conditions like cancer and cardiovascular diseases. For all these reasons, the search for new therapeutic targets that can slow the progression of this disease is essential (alenti, and Vittoria.2024).

The low expression of VLDLR receptor in the healthy liver has precluded the contribution of this receptor's uptake of triglyceride-enriched lipoproteins, which is another mechanism (Webb, et al.1994, Oka, et al.1994).

Studies suggest that VLDLR expression in the liver may rise in response to specific circumstances, such as dietary protein restriction, though this does not always result in the development of fatty liver in mice. This implies that although certain metabolic stressors may activate the VLDLR pathway, complex interactions beyond the direct uptake of TGs via this receptor may also play a role in the VLDLR pathway's contribution to lipid accumulation in the liver, particularly in the setting of MASLD (Oshio, et al.2021). Nevertheless, the finding that hepatic VLDLR expression was elevated in response to ER stress, which induced hepatic steatosis (Jo, et al.,2013) shown that a novel factor in hepatic steatosis is enhanced lipoprotein delivery to the liver. The function of VLDLR in the liver is in line with earlier research showing that elevated VLDLR causes cardiomyocytes to accumulate lipids (Perman, et al.,2011) and adipocytes (Takazawa, et al.,2009).

According to our research, fructose supplementation causes a decrease in hepatic SIRT1, which is linked to an increase in VLDLR levels. This relationship corroborates earlier research showing that fructose can cause the accumulation of liver fat by decreasing SIRT1 levels, among other pathways (Song, et al., 2019, Bai, et al., 2020). SIRT1 plays a critical role in metabolic regulation, especially when it comes to MASLD because it affects FA metabolism through a variety of nutrient sensors. The protective effects of SIRT1 against liver steatosis by regulating FA oxidation and decreasing lipogenesis have been demonstrated by hepatic overexpression of SIRT1, which has been shown to improve glucose intolerance and reduce steatosis in obese mice (Liu, et al.2021). Furthermore, fructose's relationship with SIRT1 has demonstrated its involvement in metabolic syndromes, including its role in insulin resistance (IR) and the induction of gluconeogenesis and lipogenesis (Caton, et al.2011). Consuming FR raises the production of glucose in the liver and promotes DNL, which raises cholesterol and TG levels. The metabolic response to dietary FR is mediated by a SIRT1-dependent mechanism, which highlights the significance of SIRT1 in this process. FRinduced gluconeogenesis and lipogenesis occur through a complex I-mediated increase in NAD+/NADH ratio (Pixner, et al.2022).

Furthermore, it has been documented that liver biopsies from MASLD patients have lower SIRT1 levels (Wu, et al.,2014). The protective role of Sirt1 against hepatic steatosis is demonstrated by its critical role in reducing the harmful effects of HFD on the liver. Studies have demonstrated that hepatic steatosis in a mouse model of MASLD caused by a HFD can be alleviated by docosahexaenoic acid (DHA) supplementation via mechanisms involving Sirt1 activation (Luo, et al.2020). DHA promoted FAO, inhibited inflammation, and decreased lipid accumulation in the liver; these effects were reversed upon Sirt1 knockdown. This implies that DHA's advantageous effects on liver health in the setting of high dietary fat intake depend critically on Sirt1 activation (Yang, et al.2021).

SIRT1 reduces hepatic steatosis through a number of mechanisms, one of which is the deacetylation of PGC-1 α (Lagouge, et al.,2006), which increases the activity of this transcriptional co-activator, activating PPAR α and upregulating genes that code for FAO-related enzymes; activating LKB1 kinase and AMPK via deacetylation (Price, et al.,2012, Lan, Fan et al.,2008); and the suppression of SREBP-1c to lessen lipogenesis (Ponugoti, et al.,2010).

Our findings show that SIRT1 is important for controlling VLDLR levels, which in turn affects how fatty liver disease develops. In fact, mice lacking Sirt1 have higher levels of VLDLR in their livers, suggesting that the SIRT1-VLDLR might play a critical role in regulating lipid homeostasis in the liver (Dong, 2023). An increase in VLDLR levels in the liver, which typically has low expression of this receptor, could enhance the uptake of lipoproteins into the liver (Huang, et al.2021). This process might contribute to the accumulation of TGs within hepatic tissues, potentially leading to fatty liver. According to our research, HIF-1 α drives an increase in VLDLR levels when SIRT1 expression or activity is reduced. Increased VLDLR expression resulted from inhibition of SIRT1 in liver cells, which encouraged higher VLDL uptake (Chu, et al.2022). Using an HIF-1 α inhibitor lessened this effect, indicating a direct correlation between SIRT1 activity, HIF-1 α expression, and the liver's VLDLR-mediated lipid uptake (Ryu, et al.2019). Prior research has indicated that SIRT1 directly deacetylates HIF-1 α , resulting in the transcription factor's inactivation (Lim, Ji-Hong et al.2010).

Previous studies have reported that, VLDLR upregulation by ER stress increases lipoprotein delivery to the liver, exacerbating fatty liver and reducing serum TG levels as the result of lipoprotein delivery to the liver (Jo, et al.2013). Likewise, treatment with the ER stressor TM causes an accumulation of hepatic TG, confirming the causative role of ER in hepatic steatosis. Interestingly, the SIRT1 activator SRT1720, significantly reduces hepatic steatosis and prevents the increase in hepatic VLDLR levels in mice that received TM. The upregulation of hepatic VLDLR, which increases the uptake of VLDL particles and consequently reduces serum TG levels, is one of the mechanisms underlying TM-induced hepatic steatosis (Fu, et al.2016). SIRT1 activation by SRT1720 inhibits this process by reducing the increase in VLDLR levels. This allows a partial recovery of serum TG levels and attenuates, hepatic steatosis. This suggests that SIRT1 activators may have a therapeutic role in the management of ER stress-induced liver fat accumulation (Sou Hyun et al.2022, Yanan et al.2020).

Overall, the findings of this study highlight a new regulatory mechanism by which SIRT1 regulates VLDLR levels. We propose that during the development of fatty liver, several stimuli such as fructose consumption, reduce hepatic SIRT1 levels, exacerbating this condition by increasing VLDLR levels and the subsequent delivery to the liver of triglyceride-enriched lipoproteins. In addition, SIRT1 activation can contribute to ameliorating fatty liver by reducing the increase in VLDLR levels caused by ER stress during MAFLD.

V.2. Discussion of part 2: Soluble epoxide hydrolase-targeting PROTAC activates AMPK and inhibits ER stress.

ALT-PG2 is a new PROTAC molecule that combines the thalidomide structure of the sEH inhibitor t-TUCB with thalidomide to act as a PEG linkerbased recruiting agent for the E3 ligase cereblon. This novel PROTAC efficiently mediates the degradation of sEH in the liver tissue of mice, hepatocytes derived from primary mouse cultures, and the human Huh-7 hepatic cell line. This development highlights ALT-PG2 PROTAC's potential as a targeted therapeutic approach to cause the selective degradation of sEH. The results point to a potential treatment strategy that involves modifying sEH levels, which are important for a number of physiological and pathological processes in the liver.

Additionally, our study shows that sEH degradation by ALT-PG2 results in increase phosphorylated AMPK levels, while the phosphorylated levels of ERK1/2 are reduced (Peyman, et al.2023). These kinases play a crucial role in controlling ER stress, which is linked to a number of diseases because it affects protein folding and trafficking. The fact that ALT-PG2 successfully lowers ER stress markers' basal levels as well as their elevation in response to an ER stress-inducing agent adds further significance to our findings. Because of its dual action, ALT-PG2 has the potential to become a therapeutic agent. It presents a novel method of modulating ER stress pathways, making it a valuable target for treating diseases in which ER stress is a key factor. ALT-PG2 offers a viable route for investigating novel therapeutic approaches targeted at ameliorating pathologies associated with ER stress due to its influence on AMPK activation and ERK1/2 phosphorylation.

In addition to lowering ER stress, ALT-PG2's action also increases the expression of proteins essential to the insulin signaling pathway. These results suggest that ALT-PG2 may have therapeutic value in treating IR, T2DM, and other metabolic diseases associated with these conditions. Because of its potential to impact insulin signaling pathways and ER stress by modulating AMPK activity.

sEH degradation by ALT-PG2 provides a comprehensive strategy to address the intricate pathophysiology of T2DM and associated metabolic disorders by potentially enhancing insulin sensitivity and reducing the inflammatory responses linked to metabolic syndrome (Zhang, et al.2020).

In our study we have also assessed another PROTAC, ALT-PG3, which yielded a lower degradation of sEH than ALT-PG2. Indeed, ALT-PG3 was previously evaluated in a recent study designed as compound 1a (Wang et al., 2023). This study of ALT-PG2 and ALT-PG3 in comparison offers new information about the structure-activity relationship for targeting sEH degradation. The observed differential degradation efficiency emphasizes how crucial molecular design is to maximize PROTACs' therapeutic potential.

The study by Wang et al. also demonstrated that ALT-PG3 shows an exceptionally high degree of selectivity in cytosolic sEH degradation, while protecting the peroxisomal form of the enzyme. This nuanced finding explains why ALT-PG3 does not completely degrade sEH, which helps to explain the compound's observed partial degradation efficacy. A key feature of PROTAC function and design is highlighted by the specificity of ALT-PG3's action, which shows how these molecules can be engineered to target particular subcellular localizations of a protein. This selectivity shows promise for developing targeted therapies that minimize off-target effects by differentiating between different cellular pools of the same protein. It also advances our understanding of the molecular mechanisms underlying PROTAC activity (Simpson, et al.2022).

Given that ALT-PG2 and ALT-PG3 share structural similarities, it is plausible that ALT-PG2 would also prefer to target cytosolic sEH. This could explain why complete degradation of this enzyme is not accomplished.

According to this previous study, ALT-PG3-mediated sEH degradation was not rescued by the proteasome inhibitor MG132. However, they observed that the lysosomal pathway was involved in ALT-PG3-mediated degradation of sEH (Wang *et al.*, 2023).

In contrast, we report that MG132 rescues the degradation of sEH caused by ALT-PG2, indicating that ALT-PG2-mediated sEH degradation involves the ubiquitin-proteasome system. We do not know the reasons for these differences between ALT-PG2 and ALT-PG3, but the use of different cell lines (Huh-7 in our study *vs.* HepG2 and HEK293T) or concentrations (10 nM ALT-PG2 in our study *vs.* 250 nM ALT-PG3) might contribute.

We also show that sEH degradation by ALT-PG2 activates AMPK *in vitro* and *in vivo*. In fact, previous studies have observed AMPK activation in the sEH knockout mice (Mangels *et al.*, 2016; Wang *et al.*, 2021) and following treatment with sEH inhibitors (Luo *et al.*, 2019).

This finding has important therapeutic ramifications, especially when considering T2DM and IR, two conditions that are major contributors to the world's health issues (Wang, et al.2023). The fact that metformin, the drug most frequently prescribed to treat T2DM, mainly acts by activating AMPK, highlights the significance of our findings.

Due to the presence of an inhibitory crosstalk between AMPK and ERK1/2, activation of AMPK by ALT-PG2 might be responsible for the reduction of ER stress, since it has been reported that inhibition of ERK1/2 reverses ER stress-induced IR (Hwang *et al.*, 2013; Salvado *et al.*, 2014).

Our study clarifies a mechanistic insight: ER stress mitigation requires ALT-PG2 to activate AMPK. This conclusion is based on observations that the application of compound C, a well-known AMPK inhibitor, suppresses AMPK's activity, negating the protective effect of ALT-PG2 against ER stress.

It is well-known that ER stress contributes to IR and T2DM by activating inflammatory pathways and by reducing the protein levels of key proteins of the insulin-signaling pathway (Salvado *et al.*, 2015). In fact, our findings show that AMPK activation by ALT-PG2-mediated degradation of sEH results in a reduction of inflammatory markers. Since ER stress has been reported to reduce IR β levels (Zhou *et al.*, 2009), the reduction in ER stress caused by ALT-PG2 might be responsible for the increase in the levels of this receptor.

Similarly, ALT-PG2 reduces the activation of STAT3 and the levels of its target gene SOCS3. Given that the STAT3-SOCS3 pathway reduces hepatic IRS1 levels (Serrano-Marco *et al.*, 2012), its attenuation by ALT-PG2 could be the underlying mechanism responsible for the increase in IRβ levels.

A previous study has reported that AMPK activation in the liver of sEH knockout mice was elicited by higher levels of the sEH substrate 12,13-epoxyoctadecenoic acid (Mangels et al., 2016). It is reasonable to assume that the accumulation of EETs, such as 12,13-epoxyoctadecenoic acid, could result from the reduction of sEH levels via ALT-PG2 treatment, even though our study did not specifically measure the concentrations of particular substrates affected by sEH degradation. Given that sEH plays a part in the metabolism of EETs—substances with well-known vasodilatory and anti-inflammatory effects—this accumulation is expected (Kelly, et al.2024). An important regulator of cellular energy homeostasis and metabolic function, AMPK, may become activated in response to an increase in EET levels, especially 12,13-epoxyoctadecenoic acid.

Moreover, as a result of AMPK activation following sEH degradation, p53 protein levels were also increased. This is relevant in IR since it has been reported that p53 modulates hepatic insulin sensitivity through NF- κ B and p38/ERK- MAPK pathways (Geng et al., 2018).

As far as we know, this is the first study reporting the efficacy of PROTAC to promote the degradation of sEH *in vivo*. Further studies are necessary to better characterize the effects of PROTACs targeting sEH, but this first approach provides some interesting data. Our findings confirm that targeting sEH degradation by using PROTAC leads to AMPK activation after an acute treatment.
VI.CONCLUSIONS

The results obtained in the present doctoral thesis led to the following conclusions:

I.1. VLDLR is increased, while SIRT1 protein levels are reduced in the liver of rats supplemented with liquid fructose, suggesting a potential realtionship

I.2. Sirt1^{-/-} mice show increased hepatic protein levels of VLDLR in the absence of ER stress.

I.3. SIRT1 inhibition leads to the upregulation of VLDLR via HIF-1 α in hepatic cells.

I.4. SIRT1 activation ameliorates fatty liver and abolishes the increase in hepatic VLDLR caused by ER stress.

II.1. sEH degradation by ALT-PG2 activates AMPK and reduces the levels of ER stress markers in human Huh-7 hepatic cells.

II.2. sEH degradation by ALT-PG2 attenuates thapsigargin-induced ER stress in human Huh-7 hepatic cells and in mouse primary hepatocytes.

II.3. ALT-PG2 leads to sEH degradation in the liver of mice.

VII. BIBLIOGRAPHY

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ANNEX

journal homepage: www.elsevier.com/locate/biopha

Soluble epoxide hydrolase-targeting PROTAC activates AMPK and inhibits endoplasmic reticulum stress

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ARTICLE INFO

ABSTRACT

Keywords: Soluble epoxide hydrolase (sEH) is a drug target with the potential for therapeutic utility in the areas of inflammation, neurodegenerative disease, chronic pain, and diabetes, among others. Proteolysis-targeting chi-PROTAC meras (PROTACs) molecules offer new opportunities for targeting sEH, due to its capacity to induce its degra-AMPK dation. Here, we describe that the new ALT-PG2, a PROTAC that degrades sEH protein in the human hepatic ER stress Huh-7 cell line, in isolated mouse primary hepatocytes, and in the liver of mice. Remarkably, sEH degrada-Hepatocyte tion caused by ALT-PG2 was accompanied by an increase in the phosphorylated levels of AMP-activated protein kinase (AMPK), while phosphorylated extracellular-signal-regulated kinase 1/2 (ERK1/2) was reduced. Consistent with the key role of these kinases on endoplasmic reticulum (ER) stress, ALT-PG2 attenuated the levels of ER stress and inflammatory markers. Overall, the findings of this study indicate that targeting sEH with degraders is a promising pharmacological strategy to promote AMPK activation and to reduce ER stress and inflammation.

1. Introduction

Proteolysis-targeting chimeras (PROTACs) molecules have changed the landscape for drug discovery and design [1]. PROTACs are bifunctional molecules consisting of a ligand targeting a protein of interest, a ligand recruiting an E3 ligase, and a connecting linker [1]. Compared to classical inhibitors, PROTACs not only inhibit their targets, but also induce their degradation through the ubiquitin-proteasome system. This offers several advantages over merely inhibiting proteins, including the use of lower doses [2], and additional layer of selectivity [3], cumulative efficacy [4], and the potential to degrade undruggable targets and

domains [5].

Soluble epoxide hydrolase (sEH) is a bifunctional enzyme with Cterminal hydrolase and N-terminal phosphatase activities [6]. This enzyme is highly expressed in the liver [6], a vital organ with important metabolic, secretory and excretory functions. sEH hydrolase activity converts epoxyeicosatrienoic acids (EETs) and other epoxy fatty acids (EpFAs) to their corresponding diols. The products of hydrolysis of the EETs and other EpFAs are dihydroxyeicosatrienoic acids. These diols are much less bioactive than their parents epoxides. As a result, compounds that inhibit sEH significantly increase levels of EETs and other EpFAs, which are opposing counterparts to the largely pro-inflammatory

https://doi.org/10.1016/j.biopha.2023.115667

Received 26 July 2023; Received in revised form 30 September 2023; Accepted 6 October 2023 Available online 10 October 2023

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prostanoids and leukotrienes, providing therapeutic efficacy for the treatment of neurodegenerative diseases, inflammation, chronic pain, cardiovascular disease, pulmonary diseases, and diabetes [7-9]. Many of these chronic diseases are also the result of persistent endoplasmic reticulum (ER) stress due to its potential to elicit aberrant inflammatory signaling and facilitate cell death [10,11]. Thus, targeting ER stress has emerged as a therapeutic strategy for many disorders. ER stress develops in part because of the accumulation of misfolded and unfolded proteins in the ER lumen. This disrupts the homeostasis of this organelle and activates the unfolded protein response (UPR), intended to restore the ER's folding capacity, and mitigate stress [12]. However, if ER homeostasis cannot be restored, inflammation and cell death are induced. Therefore, although the UPR forms part of an acute mechanism to re-establish the cellular homeostasis, when sustained chronically activated this response contributes to disease. The UPR involves the activation of three transmembrane proteins: inositol-requiring enzyme 1 (IRE-1), activating transcription factor 6 (ATF6), and protein kinase R (PKR)-like ER kinase (PERK). The latter phosphorylates the eukaryotic initiation factor (eIF2 α) and attenuates protein translation, thereby reducing the number of new proteins entering the ER lumen. If UPR cannot restore ER homeostasis, apoptosis is induced by the PERK-eIF2 α pathway and the subsequent increase in ATF4 activity, which upregulates the expression of C/EBP homologous protein (CHOP). Moreover, the three branches of the UPR intersect with a variety of inflammatory and stress signaling systems, including the nuclear factor-kB (NF-kB) pathway [12] or the signal transducer and activator of transcription 3 (STAT3) pathway [13], thereby stimulating inflammation.

Since the liver has a large requirement for protein synthesis and folding, hepatocytes are enriched in ER and, thus, are more susceptible to ER perturbation and ER stress [14]. Excessive ER stress contributes to the development of insulin resistance and type 2 diabetes mellitus [12] and activation of adenosine monophosphate-activated protein kinase (AMPK) has been reported to protect against insulin resistance by reducing ER stress [15,16]. In addition, the presence of an inhibitory crosstalk between AMPK and extracellular-signal-regulated kinase 1/2 (ERK1/2) contributes to the development of ER stress, since inhibition of ERK1/2 was found to improve AMPK pathway and to reverse ER stress-induced insulin resistance [15,16].

In this work, we describe that the sEH-targeting PROTAC ALT-PG2 degrades this protein at low nanomolar concentration in the human hepatoma-derived Huh-7 cell line and in primary mouse hepatocytes. The degradation of the sEH protein in these cells was accompanied by AMPK activation, while phosphorylated ERK1/2 was reduced. Moreover, these changes resulted in a basal reduction of both ER stress and inflammatory markers, whereas an increase was observed in the levels of proteins involved in the insulin signaling pathway. Likewise, ALT-PG2 prevented the increase in ER stress induced by thapsigargin, an ER stressor which induces ER stress by inhibiting SERCA (sarco/endoplasmic reticulum Ca²⁺ ATPase) and, consequently, blocking the calcium entry into the ER lumen. Finally, two intraperitoneal administrations of ALT-PG2 for one single day resulted in rapid and robust degradation of sEH in the liver of mice, as well as the activation of AMPK and the reduction of the phosphorylated levels of ERK1/2. Overall, these findings indicate that targeting sEH with PROTACs leads to the degradation of this protein in vitro and in vivo, which in turn results in the activation of AMPK and the reduction of ER stress and inflammatory markers.

2. Materials and methods

2.1. General

Commercially available reagents and solvents were used without further purification unless stated otherwise. 400 MHz ¹H and 100.6 MHz ¹³C NMR spectra were recorded on a Bruker 400 Avance III spectrometers. The chemical shifts are reported in ppm (δ scale) relative to

internal tetramethylsilane, and coupling constants are reported in Hertz (Hz). High resolution mass spectrometry (HRMS) analyses were performed with an LC/MSD TOF Agilent Technologies spectrometer. HPLC / MS were determined with a HPLC Agilent 1260 Infinity II LC/MSD coupled to a photodiode array and mass spectrometer. Samples (5 μ l, 0.5 mg/mL) in a 1:1 mixture of water with 0.05% formic acid (A) and acetonitrile with 0.05% formic acid (B) were injected using an Agilent Poroshell 120 EC-C18 (2.7 μ m, 50 mm \times 4.6 mm) column at 40 °C. The mobile phase was a mixture of A and B, with a flow 0.6 mL/min, using the following gradients: from 95% A–5% B to 100% B in 3 min; 100% B for 3 min; from 100% B to 95% A–5% B in 1 min; and 95% A–5% B for 3 min. Purity is given as % of absorbance at 254 nm. All compounds that were subjected to pharmacological evaluation are > 95% pure by HPLC.

2.2. Synthesis procedure for PROTAC molecules

Synthesis of ALT-PG2. To a solution of trans-4-[4-(3-trifluoromethoxyphenyl-1-ureido)cyclohexyloxy]benzoic acid (t-TUCB) (26 mg, 0.055 mmol) in dimethylformamide (DMF) (0.5 mL) was added the recruiter molecule (thalidomide-PEG3-NH2·HCl, 25 mg, 0.046 mmol), and the solution was stirred at room temperature. N.Ndiisopropylethylamine (DIPEA) (24 µl, 0.138 mmol) was added dropwise, and the mixture was stirred for 5 min at room temperature. Hexafluorophosphate azabenzotriazole tetramethyl uronium (HATU) (35 mg, 0.092 mmol) was added, and the mixture was stirred at room temperature overnight. Water was added, and the mixture was extracted with ethyl acetate $(3 \times)$. The combined organic phases were washed with NaHCO3 (twice), dried over anhydrous Na2SO4, filtered, and evaporated under reduced pressure to give a crude. Column chromatography [SiO₂, 100% dichloromethane (DCM) to 90% DCM / 10% methanol mixtures] yielded ALT-PG2 (23 mg, 54% yield) as a white solid.

¹H-RMN (400 MHz, DMSO- d_6) δ : 1.32 – 1.40 (cs, 2 H), 1.44 – 1.53 (cs, 2 H), 1.91 – 1.95 (cs, 2 H), 2.00 – 2.06 (cs, 3 H), 2.51 – 2.50 (cs, 2 H), 2.89 (ddd, J = 17.6, J' = 13.9, J' = 5.5 Hz, 1 H), 3.30 (s, 2 H), 3.38 (q, J = 6.0 Hz, 2 H), 3.44 (t, J = 5.6 Hz, 2 H), 3.48–3.50 (cs, 12 H), 4.42 (m, 1 H), 4.78 (s, 2 H), 5.11 (dd, J = 13.2 Hz, J' = 3.6 Hz, 1 H), 6.18 (d, J = 7.4 Hz, 1 H), 6.99 (d, J = 8.8 Hz, 2 H), 7.21 (d, J = 8.4 Hz, 2 H), 7.39 (d, J = 8.4 Hz, 1 H), 7.45–7.50 (cs, 3 H), 7.77–7.82 (cs, 3 H), 8.00 (t, J = 5.6 Hz, 1 H), 8.32 (t, J = 5.6 Hz, 1 H), 8.5 (s, 1 H), 11.11 (brs, 1 H).

¹³C-RMN (100.6 MHz, DMSO- d_6) δ: 22.0, 29.7, 30.0, 30.9, 38.4, 47.2, 48.8, 67.5, 68.8, 69.0, 69.6, 69.7, 74.1, 114.8, 116.0, 116.8, 118.5, 120.3, 121.6, 126.4, 129.0, 133.0, 136.9, 139.8, 141.9, 154.4, 155.0, 159.7, 165.4, 165.7, 166.7, 166.9, 169.9, 172.8.

HRMS-ESI- m/z [M-]⁻ calcd for [C₄₄H₄₈F₃N₆O₁₃]⁻: 925.3237, found: 925.3225.

Synthesis of ALT-PG3. To a solution of *t*-TUCB (22 mg, 0.051 mmol) in DMF (0.5 mL) was added the recruiter molecule (thalidomide-PEG4-NH₂·HCl, 25 mg, 0.043 mmol), and the solution was stirred at room temperature. DIPEA (23 μ l, 0.129 mmol) was added dropwise, and the mixture was stirred for 5 min at room temperature. HATU (33 mg, 0.086 mmol) was added, and the mixture was stirred at room temperature overnight. Water was added, and the mixture was extracted with ethyl acetate (3 \times). The combined organic phases were washed with NaHCO₃ (twice), dried over anhydrous Na₂SO₄, filtered, and evaporated under reduced pressure to give a crude. Column chromatography (SiO₂, 100% DCM to 90% DCM / 10% methanol mixtures) yielded ALT-PG3 (15 mg, 36% yield) as a white solid which spectroscopic data matched the described in the literature [17].

2.3. In vitro determination of the inhibitory activities toward human and mouse ${\it sEH}$

The *in vitro* inhibitory activity toward human and mouse sEH was determined as previously described [18].

2.4. Animal treatment

Male C57BL/6 mice (10–12 weeks old) were purchased from Envigo (Barcelona, Spain). After an acclimation period of 10 days, mice were randomly distributed into two experimental groups (n = 5 each). One of the groups received one i.p. injection of vehicle (0.9% NaCl containing 5% Kolliphor HS15 (42966, Sigma-Aldrich, St. Louis, MO, USA)) and the other ALT-PG2 (30 mg/kg, i.p., twice a day for 1 day) dissolved in the vehicle. Mice were sacrificed, and liver samples were frozen in liquid nitrogen and then stored at - 80°C.

Animal experimentation complied with the Guide for the Care and Use of Laboratory Animals published by the US National Institutes of Health (8th edition: National Academies Press; 2011). All procedures were approved by the Bioethics Committee of the University of Barcelona, as stated in Law 5/21 July 1995 passed by the Generalitat de Catalunya. The animals were treated humanely, and all efforts were made to minimize both animal numbers and suffering.

2.5. Cell culture

Human Huh-7 hepatoma cells (kindly donated by Dr. Mayka Sanchez from the Josep Carreras Leukemia Research Institute, Barcelona) were cultured in DMEM supplemented with 10% fetal bovine serum and 1% penicillin-streptomycin, at 37 $^{\circ}$ C under 5% CO₂.

Primary mouse hepatocytes were isolated from non-fasting male C57BL/6 mice (10–12 weeks old) by perfusion with collagenase as described elsewhere [19]. Compounds ALT-PG2 and ALT-PG3 were dissolved in DMSO.

Huh-7 and mouse primary hepatocytes were exposed to ALT-PG2 for 48 h and co-incubated with vehicle (DMSO) or the ER stressor thapsigargin (1 μ M) for the last 24 h.

2.6. Immunoblotting

Isolation of total protein extracts was performed as described elsewhere [20]. Immunoblotting was performed with antibodies against AMPKa (#2532, Cell Signaling Technology, Danvers, MA, USA), phosphorylated AMPK Thr¹⁷² (#2531, Cell Signaling Technology), β -Actin (A5441, Sigma), CHOP (GTX112827, Genetex, Irvine, CA, USA), $eIF2\alpha$ (#9722, Cell Signalling Technology), phosphorylated $eIF2\alpha$ Ser⁵¹ (#9721, Cell Signalling Technology); ERK1/2 (44/42 MAPK) (#9102, Cell Signaling Technology), phosphorylated ERK1/2 (44/42 MAPK) Thr²⁰²/Tyr²⁰⁴ (#9101, Cell Signalling Technology), IRβ (#3025, Cell Signaling Technology), IRS-1 (#2382, Cell Signaling Technology), NF-KB p65 (sc-109, Santa Cruz Biotechnology Inc., Dallas, TX, USA), phosphorylated NF- κ B p65 Ser⁵³⁶ (#3036 s, Cell Signalling Technology), PP2A (#2259, Cell Signaling Technology), p53 (2524 T, Cell Signaling Technology), sEH (sc-25797, Santa Cruz Biotechnology Inc.), SOCS3 (sc-9023, Santa Cruz Biotechnology Inc.), STAT3 (sc-482X, Santa Cruz Biotechnology Inc.), phosphorylated STAT3 Tyr⁷⁰⁵ (#9131, Cell Signaling Technology), TNF-a (AF410-NA, R&D Systems, Minneapolis, MN, USA), TRB3 (sc-365842, Santa Cruz Biotechnology Inc.), vinculin (sc-25336, Santa Cruz Biotechnology Inc.), VLDLR (AF2258, R&D Systems). Signal acquisition was performed using the Amersham Imager 680 apparatus and quantification of the immunoblot signal was performed with the Bio-Rad Image Lab software. The results for protein quantification were normalized to the levels of a control protein to avoid unwanted sources of variation.

2.7. Statistical analysis

Results are expressed as the mean \pm SEM. Significant differences were assessed by either Student's t-test or one-way ANOVA, according to the number of groups compared, using the GraphPad Prism program (version 9.0.2) (GraphPad Software Inc., San Diego, CA, USA). When significant variations were found by ANOVA, Tukey's post-hoc test for

multiple comparisons was performed only if F achieved a p value < 0.05. Differences were considered significant at p < 0.05.

3. Results

3.1. Synthesis and characterization of the sEH PROTAC ALT-PG2

Two sEH PROTACs were evaluated, ALT-PG2 and ALT-PG3. These compounds consist of the sEH competitive inhibitor t-TUCB [21] (Table 1) as binder to the enzyme, while incorporating the thalidomide-based cereblon ligand (as E3 ligase ligand) and two different polyethylene glycol (PEG) linkers. The synthesis of the targeted PROTACs was carried out by a coupling reaction of t-TUCB [21] and either thalidomide-PEG3-NH2 for ALT-PG2, or thalidomide-PEG4-NH2 for ALT-PG3, in the presence of HATU and DIPEA in DMF (Table 1). First, we examined the inhibitory activity of these compounds against the human and murine enzymes. Consistent with previous studies [17]. and despite the presence of the bulky recruiter linked to the *t*-TUCB unit, the two compounds showed activity in the low nanomolar or even subnanomolar ranges in both the human and murine enzymes (Table 1). As a control, we first examined the effects of different concentrations of the sEH inhibitor t-TUCB on the protein levels of sEH in the human hepatoma-derived Huh-7 cell line. As expected, exposure to this compound did not cause sEH degradation (Fig. 1A). In contrast, ALT-PG2 caused a robust degradation of sEH protein levels at concentrations ranging from 1 nM to 1 µM (Fig. 1B). At 1 µM concentration some U-shaped concentration-response curve or hook effect was observed, a known phenomenon in PROTACs [22]. This effect was not observed with ALT-PG3, although it caused a weaker degradation of sEH. Thus, we selected the ALT-PG2 PROTAC at 10 nM for further studies. When we conducted a time-course study, we observed that significant sEH degradation occurred after only 1 h of treatment, but exposure for longer periods (8, 12, and 24 h) provided greater degradation (Fig. 1D). To determine whether ALT-PG2-induced proteasome-mediated degradation, cells were treated with the proteasome inhibitor MG132 prior PROTAC application. Inhibition of proteasome with MG132 completely abrogated the ALT-PG2-mediated degradation of sEH (Fig. 2A), indicating that this degradation depends on the ubiquitin-proteasome system. Moreover, addition of the cereblon ligand lenalidomide effectively rescued the degradation of sEH by ALT-PG2, confirming that it requires the binding of ALT-PG2 to the E3 ligase cereblon (Fig. 2B). One of the potential advantages of PROTACs over inhibitors is the potential development of cumulative efficacy after repeated administration when the target protein has a slow turnover. To assess the presence of this potential effect for ALT-PG2, repeated administrations were conducted in cells. Exposure to 2 concentrations for 24 h or 4 concentrations for 12 h of 10 nM ALT-PG2 yielded similar degradations of sEH than a single concentration treatment (Fig. 2C), suggesting that ALT-PG2 does not develop cumulative efficacy following repeated administrations, at least during the periods assessed.

3.2. sEH degradation by ALT-PG2 activates AMPK and reduces the levels of ER stress markers in human Huh-7 hepatic cells

Previous studies have reported that the reduction in cardiac AMPK caused by a high-fat diet (HFD) is prevented in sEH knockout mice [23], that hepatocytes from sEH knockout mice show activation of AMPK [24], as well as that sEH inhibition significantly attenuates the HFD-induced renal injury, partially by activating AMPK [25]. Since these findings suggested that both the absence of sEH or its inhibition resulted in AMPK activation, we next examined whether sEH degradation by ALT-PG2 activated AMPK in human Huh-7 hepatic cells. Moreover, given that AMPK activation mitigates ER stress [15,16], we also examined if ALT-PG2 attenuated ER stress and inflammatory markers. As expected, exposure of Huh-7 cells to 10 nM ALT-PG2 for 16 h caused a rapid and robust degradation of sEH (Fig. 3A). This was accompanied

Table 1	
PROTACs and t-TUCB structures an	nd inhibitory potency against sEH.

Compound	Structure	Human sEH IC ₅₀ nM ^a	Murine sEH IC ₅₀ nM ^a
t-TUCB	HO ₂ C	0.4	3.6
ALT-PG2	$ \begin{array}{c} \begin{array}{c} \begin{array}{c} \begin{array}{c} \begin{array}{c} \begin{array}{c} \end{array}\\ \end{array}\\ \end{array}\\ \end{array}\\ \end{array}\\ \end{array} \begin{array}{c} \end{array} \begin{array}{c} \end{array}\\ \end{array} \begin{array}{c} \end{array} \begin{array}{c} \end{array}\\ \end{array} \begin{array}{c} \end{array} \end{array} \begin{array}{c} \end{array} \end{array} \begin{array}{c} \end{array} \begin{array}{c} \end{array} \end{array} \begin{array}{c} \end{array} \begin{array}{c} \end{array} \end{array} \begin{array}{c} \end{array} \end{array} $	0.4	2.5
ALT-PG3	$HN \rightarrow OCF_{3}$ $HN \rightarrow$	0.4	0.4

 IC_{50} in human and murine sEH of *t*-TUCB, ALT-PG2 and ALT-PG3. ^aThe inhibition potencies were measured using recombinant purified human or murine sEH and a fluorescent substrate for hydrolase activity (Jones et al., 2005). Reported IC_{50} values are the average of triplicate with at least two data points above and at least two below the IC_{50} . The fluorescent based assay has a standard error between 10% and 20%, suggesting that differences of 2-fold or greater are significant.

by AMPK activation (Fig. 3B), and consistent with the reported inhibitory crosstalk between AMPK and ERK1/2, the phosphorylated levels of the latter kinase were reduced (Fig. 3C). The fact that the sEH inhibitor t-TUCB increased the phosphorylated levels of AMPK (Fig. 3D) suggests that AMPK activation caused by ALT-PG2 is mediated by the reduction of the hydrolase levels, while further studies are needed to evaluate whether the phosphatase activity of the enzyme contributes to AMPK activation. AMPK is known to inhibit the p53 negative regulator, murine double minute X (MDMX), resulting in increased p53 levels [26]. Consistent with this, AMPK activation caused by ALT-PG2 was accompanied by an increase in p53 protein levels (Fig. 3E) supporting that ALT-PG2 activates AMPK. Likewise, treatment with ALT-PG2 reduced the levels of ER stress marker phosphorylated eIF2α (Fig. 3F), while no changes were observed in the levels of inflammatory transcription factor NF-KB or its phosphorylation status (Fig. 3G). Despite this latter finding, the levels of phosphorylated STAT3, which is activated by ER stress [13] and is the primary downstream regulator of interleukin (IL)-6 signaling with a prominent role in regulating inflammation [27], were attenuated by ALT-PG2 (Fig. 3H). Since activation of the STAT3 pathway has been reported to reduce insulin receptor substrate 1 (IRS1) protein levels in hepatocytes [28] and ER stress reduces the levels of insulin receptor β (IR β) [29], we examined the levels of these two proteins involved in the insulin signaling pathway. Remarkably, the protein levels of both IR β and IRS1 were upregulated by ALT-PG2 (Fig. 3I). Collectively, these findings indicate that the degradation of sEH by ALT-PG2 activates AMPK, reduces ER stress and inflammatory markers and increases the levels of proteins involved in the insulin signaling pathway in hepatocytes.

3.3. sEH degradation by ALT-PG2 attenuates thapsigargin-induced ER stress in human Huh-7 hepatic cells

To confirm that ALT-PG2 ameliorates ER stress, we used the ER

stressor thapsigargin. Exposure of Huh-7 cells to thapsigargin did not significantly increase sEH protein levels (Fig. 4A). Moreover, ALT-PG2 treatment resulted in sEH degradation independently of the presence of thapsigargin. Interestingly, ALT-PG2 abolished the thapsigarginmediated increase in the ER stress markers CHOP (Fig. 4A), phosphorylated eIF2a (Fig. 4B), tribbles 3 (TRB3) and very low-density lipoprotein receptor (VLDLR) (Fig. 4C). Consistent with these effects of ALT-PG2, this PROTAC prevented the increase in the levels of suppressor of cytokine signaling 3 (SOCS3) (Fig. 4A), a STAT3-target gene, and of the inflammatory markers p65-NF- κ B and TNF- α (Fig. 4C). These findings indicate that ALT-PG2 reduces the levels of ER stress and inflammatory markers in thapsigargin-stimulated cells. Since AMPK activation prevents ER stress [15,16], we examined whether the increase in AMPK activity caused by ALT-PG2 was responsible for the reduction of ER stress by using the AMPK inhibitor compound C. Remarkably, the reduction in CHOP protein levels caused by ALT-PG2 in thapsigargin-stimulated cells was prevented when cells were co-incubated with compound C (Fig. 4D). This finding suggests that the inhibition of ER stress provoked by ALT-PG2 is mediated by AMPK.

3.4. sEH degradation by ALT-PG2 activates AMPK and reduces the levels of ER stress markers in mouse primary hepatocytes

Since primary hepatocytes are the gold standard for physiologically relevant *in vitro* liver models as they retain *in vivo*-like functions and morphologies, we next evaluated the effects of the ALT-PG2 PROTAC in this model. Exposure of mouse primary hepatocytes to ALT-PG2 led to significant sEH degradation (Fig. 5A), which was accompanied by an increase in phosphorylated AMPK (Fig. 5B). Likewise, and in agreement with the activation of AMPK, phosphorylated ERK1/2 was reduced (Fig. 5C). In addition, ALT-PG2 reduced basal CHOP protein levels (Fig. 5E), as well as the levels of SOCS3, while the protein levels of IR β were increased (Fig. 5E). Likewise, when mouse primary hepatocytes



Fig. 1. ALT-PG2 PROTAC degrades sEH in Huh-7 hepatic cells. (A) Immunoblot analysis of sEH in Huh-7 hepatic cells exposed to different concentrations of *t*-TUCB for 24 h. Immunoblot analysis of sEH in Huh-7 hepatic cells exposed to different concentrations of (B) ALT-PG2 or (C) ALT-PG3 for 24 h. (D) Time-course of the effects of 10 nM ALT-PG2 on sEH protein levels. Data are presented as the mean \pm SEM. one-way ANOVA with Tukey's *post hoc* test. *p < 0.05, * *p < 0.01 and * **p < 0.001 *vs.* control (CT).

were stimulated with thapsigargin, co-incubation of the cells with ALT-PG2 attenuated the increase in CHOP caused by the ER stressor (Fig. 5F). In agreement with the reduction in ER stress, ALT-PG2 also reduced the levels of the inflammatory marker TNF- α (Fig. 5G).

3.5. ALT-PG2 leads to sEH degradation in the liver of mice

We conducted a first approach to evaluate the effect of ALT-PG2 on sEH degradation *in vivo*. Mice treated with ALT-PG2 (30 mg/kg, twice a day for 1 day) showed a significant degradation in hepatic sEH protein levels (Fig. 6A). Consistent with previous studies *in vitro*, ALT-PG2 increased the phosphorylated levels of AMPK in the liver (Fig. 6B). The activation of AMPK was confirmed by the reduction in phosphorylated ERK1/2 (Fig. 6C) and SOCS3 (Fig. 6D). Collectively, these findings suggest that the PROTAC ALT-PG2 causes a potent and rapid degradation of sEH *in vivo* after only 24 h that results in the activation of AMPK.

4. Discussion

In the present study we show that the ALT-PG2 PROTAC (based on the scaffold of the sEH inhibitor *t*-TUCB connected to thalidomide-like ligand as the recruiter of the E3 ligase cereblon and a PEG linker) degrades sEH in the human Huh-7 hepatic cell line, in mouse primary hepatocytes and in mouse liver. In addition, sEH degradation results in the activation of AMPK and the reduction of phosphorylated ERK1/2, which are important regulators of ER stress. In fact, ALT-PG2 reduces basal ER stress markers after stimulation with an ER stressor. Moreover, the inhibition of ER stress caused by ALT-PG2 seems to be mediated by the activation of AMPK. The effects of ALT-PG2 also contribute to attenuate inflammation and the increase in the levels of proteins involved in the insulin signaling pathway, suggesting that ALT-PG2 might be a potential treatment of insulin resistance and type 2 diabetes mellitus as well as metabolic diseases associated with these conditions. In our study we have also assessed another PROTAC, ALT-PG3,

ss vn

42 KD



Fig. 2. ALT-PG2 degrades sEH *via* the ubiquitin–proteasome system in Huh-7 hepatic cells. (**A**) Immunoblot analysis of sEH in Huh-7 hepatic cells exposed to 10 nM ALT-PG2 for 24 h in the presence or in the absence of 10 μ M of the proteasome inhibitor MG132 (added 3 h prior ALT-PG2). (**B**) Immunoblot analysis of sEH in Huh-7 hepatic cells exposed to 10 nM ALT-PG2 for 24 h in the presence or in the absence of 100 μ M of the cereblon ligand lenalidomide (added 3 h prior ALT-PG2). (**C**) sEH protein levels in Huh-7 hepatic cells exposed to the addition of 2 concentrations of ALT-PG2, each one every 24 h, and 4 concentrations of ATL-PG2, each one every 12 h. Data are presented as the mean \pm SEM. Significant differences were established by Student's-t test or one-way ANOVA with Tukey's *post hoc* test. *p < 0.05, **p < 0.01 and ***p < 0.01 vs. CT. #p < 0.05, and ##p < 0.01 vs. ALT-PG2.

which yielded a slightly lower degradation of sEH than ALT-PG2. Indeed, ALT-PG3 has been previously evaluated in a recent study designed as compound 1a [17]. Interestingly, this study elegantly demonstrated that ALT-PG3 selectively targeted the degradation of cytosolic but not peroxisomal sEH. It is also reported that the lack of effect of ALT-PG3 on peroxisomal sEH explained the apparent lack of total degradation of sEH. Given the structural similarities between ALT-PG2 and ALT-PG3, it is likely that ALT-PG2 may also show selectivity against cytosolic sEH, thereby explaining the lack of total degradation of this protein. However, despite the structural similarities, some differences may exist between ALT-PG2 and ALT-PG3. In fact, according to this previous study, ALT-PG3-mediated sEH degradation was not rescued by the proteasome inhibitor MG132. However, they observed that the lysosomal pathway was involved in the ALT-PG3-mediated degradation of sEH [17]. In contrast, we report that MG132 rescues completely the degradation of sEH caused by ALT-PG2, indicating that ALT-PG2-mediated sEH degradation involves the proteasome system. We do not know the reasons for these differences between ALT-PG2 and

ALT-PG3, but the use of different cell lines (Huh-7 in our study *vs.* HepG2 and HEK293T) or concentrations (10 nM ALT-PG2 in our study *vs.* 250 nM ALT-PG3) might contribute, since, for instance, it is well-known in the field the influence of the cell line in the degradation patterns.

We also show that sEH degradation by ALT-PG2 activates AMPK *in vitro* and *in vivo*. In fact, previous studies have observed AMPK activation in the sEH knockout mice [23,24] and following treatment with sEH inhibitors [25]. Our findings confirm that sEH degradation by PROTAC is also a valid strategy to activate AMPK in hepatic cells. This has implications for the treatment of insulin resistance and type 2 diabetes mellitus, since the most prescribed drug for the treatment of type 2 diabetes mellitus, metformin, activates AMPK. Moreover, due to the presence of an inhibitory crosstalk between AMPK and ERK1/2, activation of AMPK by ALT-PG2 might be responsible for the reduction of ER stress, since it has been reported that inhibition of ERK1/2 reverses ER stress-induced insulin resistance [15,16]. Actually, our findings demonstrate that AMPK activation by ALT-PG2 is required for the



i4 KDa

4 KDa

64 KDa

64 KDa

- 36 KDa

- 36 KDa

- 83 KDa

83 KD4

ALT-PG2

ALT-PG2

(caption on next page)

Fig. 3. sEH degradation by ALT-PG2 activates AMPK and reduces basal levels of ER stress markers in Huh-7 hepatic cells. Immunoblot analysis of (A) sEH in Huh-7 hepatic cells exposed to 10 nM ALT-PG2 for 16 h. (B) Total and phosphorylated AMPK and (C) total and phosphorylated ERK1/2 in Huh-7 hepatic cells exposed to 10 nM ALT-PG2 for 48 h. (D) Immunoblot analysis of total and phosphorylated AMPK in Huh-7 hepatic cells exposed to 1 μ M *t*-TUCB for 4 h. Immunoblot analysis of (E) p53, (F) total and phosphorylated eIF2 α , (G) total and phosphorylated levels of the p65 subunit of NF- κ B, (H) total and phosphorylated (Tyr⁷⁰⁵) levels of STAT3 and (I) IR β and IRS1 in Huh-7 hepatic cells exposed to 10 nM ALT-PG2 for 16 h. Significant differences were established by Student's-t test. *p < 0.05, * *p < 0.01 and * **p < 0.001 vs. CT.



Fig. 4. sEH degradation by ALT-PG2 attenuates thapsigargin-induced ER stress in Huh-7 hepatic cells. Immunoblot analysis of (A) sEH, CHOP, SOCS3 and (B) total and phosphorylated eIF2 α in Huh-7 hepatic cells exposed to 10 nM ALT-PG2 for 48 h co-incubated with vehicle or the ER stressor thapsigargin (1 μ M) for the last 24 h. (C) TRB3, VLDLR, p65 and TNF- α in Huh-7 hepatic cells exposed to 10 nM ALT-PG2 for 48 h co-incubated with vehicle or the ER stressor thapsigargin (1 μ M) for the last 24 h. (D) Immunoblot analysis of CHOP in Huh-7 hepatic cells exposed to 10 nM ALT-PG2 for 48 h co-incubated with vehicle or the ER stressor thapsigargin (1 μ M) for the last 24 h. (D) Immunoblot analysis of CHOP in Huh-7 hepatic cells exposed to 10 nM ALT-PG2 for 48 h co-incubated with vehicle or the ER stressor thapsigargin (1 μ M) for the last 24 h with or without the AMPK inhibitor compound C (15 μ M). Data are presented as the mean \pm SEM. Significant differences were established by one-way ANOVA with Tukey's *post hoc* test. *p < 0.05, **p < 0.01 and ***p < 0.001 vs. CT. #p < 0.05, ##p < 0.01 and ###p < 0.001 vs. thapsi-gargin ⁵⁵p < 0.01 vs. Thapsi+ALT-PG2.



19 KD4







Fig. 5. sEH degradation by ALT-PG2 attenuates ER stress in mouse primary hepatocytes. Immunoblot analysis of (A) sEH, (B) total and phosphorylated AMPK, (C) total and phosphorylated ERK1/2, (D) CHOP, (E) IRβ and SOCS3 in mouse primary hepatocytes exposed to 10 nM ALT-PG2 for 48 h. Immunoblot analysis of (F) CHOP and (G) TNF-a in mouse primary hepatocytes exposed to 10 nM ALT-PG2 for 48 h co-incubated with vehicle or the ER stressor thapsigargin (1 µM) for the last 24 h. Data are presented as the mean \pm SEM. Significant differences were established by Student's-t test or one-way ANOVA with Tukey's *post hoc* test. *p < 0.05, * *p < 0.01 and * **p < 0.001 vs. CT. ${}^{\#}p < 0.05$ and ${}^{\#\#\#}p < 0.001$ vs. thapsigargin.



Fig. 6. ALT-PG2 degrades sEH *in vivo*. Immunoblot analysis of (A) sEH, (B) total and phosphorylated AMPK, (C) total and phosphorylated ERK1/2, (D) SOCS3 in the liver of mice treated with vehicle or ALT-PG2 (30 mg/kg, i.p., twice a day for 1 day). Significant differences were established by Student's-t test. *p < 0.05 and * *p < 0.01 vs. CT.

inhibition of ER stress, since the AMPK inhibitor compound C abolished this effect. It is well-known that ER stress contributes to insulin resistance and type 2 diabetes by activating inflammatory pathways and by reducing the protein levels of key proteins of the insulin-signaling pathway [12]. In fact, our findings show that AMPK activation by ALT-PG2-mediated degradation of sEH results in a reduction of inflammatory markers. Since ER stress has been reported to reduce IRβ levels [29], the reduction in ER stress caused by ALT-PG2 might be responsible for the increase in the levels of this receptor. Similarly, ALT-PG2 reduces the activation of STAT3 and the levels of its target gene SOCS3. Given that the STAT3-SOCS3 pathway reduces hepatic IRS1 levels [28], its attenuation by ALT-PG2 could be the underlying mechanism responsible for the increase in IR^β levels. Moreover, because of AMPK activation following sEH degradation, p53 protein levels were also increased. This result is relevant since it has been reported that p53 modulates hepatic insulin sensitivity through NF-KB and p38/ERK-mitogen activated protein kinase (MAPK) pathways [30].

As far as we know, this is the first study reporting the efficacy of a PROTAC to promote the degradation of sEH *in vivo*. Further studies are necessary to better characterize the effects of PROTACs targeting sEH, but this first approach provides some interesting data. Our findings

confirm that targeting sEH degradation by using degraders leads to AMPK activation after an acute treatment. Likewise, the activation of AMPK by ALT-PG2 in the liver results in a reduction of phosphorylated ERK1/2 and SOCS3 levels, indicating that ALT-PG2 shows beneficial effects similar to those observed in Huh-7 cells and in primary hepatocytes. A previous study has reported that AMPK activation in the liver of sEH knockout mice was elicited by higher levels of the sEH substrate 12,13-epoxyoctadecenoic acid [24]. Although we have not examined the levels of this substrate, it is likely that the level of degradation of sEH caused by ALT-PG2 might be sufficient to increase the levels of 12, 13-epoxyoctadecenoic acid, eventually leading to the activation of AMPK.

Altogether, the findings of this study demonstrate that the ALT-PG2 PROTAC degrades sEH protein in human Huh-7 hepatic cells, mouse primary hepatocytes, and in the liver of mice. In these three models the degradation of sEH was accompanied by the activation of AMPK and the reduction of phosphorylated ERK1/2 as well as the reduction of ER stress and inflammatory markers. These findings indicate that targeting sEH with a PROTAC molecule is an effective strategy to activate AMPK and to prevent ER stress and inflammation in hepatic cells.

Funding

This study was partly supported by grants RTI2018-093999-B-100 and PID2021-122116OB-I00 (M.V-C.), PID2020-118127RB-I00 (S.V.), PID2021-127693OB-I00 (C.G.) and PID2021-122766OB-I00 (A.M.V.) funded by MCIN/AEI/10.13039/501100011033 and by "ERDF A way of making Europe". CIBER de Diabetes y Enfermedades Metabólicas Asociadas (CIBERDEM) is a Carlos III Health Institute project. CERCA Programme/Generalitat de Catalunya. Partial support was provided by NIH – NIEHS (RIVER Award) R35 ES030443-01, NIH – NIEHS (Superfund Award) P42 ES004699 and NIH Counter Act Award U54 NS127758 (B. H.).

CRediT authorship contribution statement

MP, EB, FE, DS, JJ, PR, CM, BH, AMV, and MVC performed the experiments; ALT and SV conducted the synthesis of the compounds, EB, ALT, XP, CM, BH, CG, SV and MVC analyzed the data, reviewed the results and wrote the manuscript; EB, CG, SV and MVC designed the experiments. MVC is the guarantor of this work and, as such, had full access to all of the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis.

Declaration of Competing Interest

None.

Data Availability

Data will be made available on request.

Acknowledgements

We would like to thank the Language Services of the University of Barcelona for revising the manuscript.

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RESEARCH

Cell Communication and Signaling



CHOP upregulation and dysregulation of the mature form of the SNAT2 amino acid transporter in the placentas from small for gestational age newborns

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Abstract

Background The placentas from newborns that are small for gestational age (SGA; birth weight < -2 SD for gestational age) may display multiple pathological characteristics. A key determinant of fetal growth and, therefore, birth weight is placental amino acid transport, which is under the control of the serine/threonine kinase mechanistic target of rapamycin (mTOR). The effects of endoplasmic reticulum (ER) stress on the mTOR pathway and the levels of amino acid transporters are not well established.

Methods Placentas from SGA and appropriate for gestational age (AGA) newborns and the human placental BeWo cell line exposed to the ER stressor tunicamycin were used.

Results We detected a significant increase in the levels of C/EBP homologous protein (CHOP) in the placentas from SGA newborns compared with those from AGA newborns, while the levels of other ER stress markers were barely affected. In addition, placental mTOR Complex 1 (mTORC1) activity and the levels of the mature form of the amino acid transporter sodium-coupled neutral amino acid transporter 2 (SNAT2) were also reduced in the SGA group. Interestingly, CHOP has been reported to upregulate growth arrest and DNA damage-inducible protein 34 (GADD34), which in turn suppresses mTORC1 activity. The GADD34 inhibitor guanabenz attenuated the increase in CHOP protein levels and the reduction in mTORC1 activity caused by the ER stressor tunicamycin in the human placental cell line BeWo, but it did not recover mature SNAT2 protein levels, which might be reduced as a result of defective glycosylation.

Conclusions Collectively, these data reveal that GADD34A activity and glycosylation are key factors controlling mTORC1 signaling and mature SNAT2 levels in trophoblasts, respectively, and might contribute to the SGA condition.

Keywords Placenta, CHOP, SNAT2, mTORC1, ER stress, GADD34

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Background

Newborns with a birth weight for gestational age less than -2 SD are considered to be small for gestational age (SGA) [1]. SGA infants, particularly those who experience a rapid and significant catch-up in weight, have an increased risk of developing metabolic disorders later in life, including visceral obesity, hypertension, insulin resistance, type 2 diabetes, and cardiovascular disease [2]. The SGA condition has been associated with multiple placental pathological characteristics [3–5]. A feature of placental pathophysiology is endoplasmic reticulum (ER) stress, which is considered a target for pregnancy complications [6, 7]. The ER has key functions within cells, including the synthesis, folding, and transport of proteins. The accumulation of misfolded and unfolded proteins in the ER lumen disrupts the homeostasis of this organelle and leads to ER stress, which activates the unfolded protein response (UPR) [8]. This is an adaptive response that involves the activation of a signaling pathway in order to restore the folding capacity. The UPR involves the activation of three transmembrane proteins: inositol-requiring enzyme 1 (IRE-1), activating transcription factor 6 (ATF6), and protein kinase RNA (PKR)-like ER kinase (PERK). PERK phosphorylates eukaryotic initiation factor 2α (eIF2 α) and attenuates protein translation, thereby reducing the amounts of new proteins entering the ER lumen. However, if the UPR cannot restore ER homeostasis, apoptosis is induced by the PERK-eIF2a pathway and the subsequent increase in ATF4 activity, which upregulates the expression of C/EBP homologous protein (CHOP) and growth arrest and DNA damage-inducible protein 34 (GADD34). Remarkably, CHOP upregulation has been associated with compromised placental development and function in vivo and in vitro [9–11].

A key determinant of fetal growth and, therefore, birth weight is placental nutrient transfer. This is highly dependent on the levels of nutrient transporters in the epithelium of the placenta, the syncytiotrophoblast [12]. A reduction in the placental activity of system A, a sodium-dependent transporter mediating the uptake of non-essential amino acids, has been associated with decreased birth weight in humans [13, 14] and in animal models [15, 16]. System A includes several subtypes of sodium-coupled neutral amino acid transporters (SNATs) with similar substrate specificities: SNAT1, SNAT2, and SNAT4 [17]. Similar reductions have been reported in the levels of transporters of essential amino acids, such as system L, which includes L-type amino acid transporter 1 (LAT1) and LAT2 [18, 19]. Trophoblast system A and system L amino acid transporter activities are under the control of the serine/threonine kinase mechanistic target of rapamycin (mTOR) [20]. mTOR forms two distinct complexes, mTORC1 and mTORC2. The function of mTORC1 is mediated by the phosphorylation of downstream targets, mainly eukaryotic initiation factor 4E-binding protein 1 (4E-BP1) and p70 S6 kinase (S6K), the latter catalyzing the phosphorylation of ribosomal protein (RP)S6. Activation of mTORC2 promotes the phosphorylation of protein kinase B (Akt), protein kinase $C\alpha$ (PKC α), and serum and glucocorticoid-regulated kinase 1 (SGK1). Notably, the silencing of mTORC1 and/ or mTORC2 results in a marked inhibition of trophoblast system A and system L amino acid transporter activities [20], thereby indicating that the inhibition of placental mTOR is involved in decreased placental amino acid uptake and fetal growth. However, little is known about how the activation of the ER stress/UPR process results in a reduction in mTOR signaling and in the levels of amino acid transporters in the placenta and trophoblasts.

Here, we show that the ER stress marker CHOP is upregulated in the placentas from SGA newborns, which is accompanied by reduced mTORC1 activity and a significant decrease in the mature form of the amino acid transporter SNAT2. Interestingly, inhibition of GADD34A in a human placental cell line by the ER stressor tunicamycin attenuates the reduction in mTORC1 activity, but does not recover mature SNAT2 protein levels, which might be reduced as a result of defective glycosylation. These findings suggest that the dysregulation of CHOP and of the processing/maturation of SNAT2 may contribute to the SGA condition.

Methods

Reagents

Guanabenz and tunicamycin were purchased from Sigma-Aldrich (Madrid, Spain).

Study population

The study cohort consisted of 40 mother-newborn pairs recruited at the Hospital Sant Joan de Déu of Barcelona (Spain) from a prenatal cohort study of mothers and infants. Twenty infants were born AGA (10 girls, 10 boys) and 20 SGA (10 girls, 10 boys). The inclusion criteria were: (i) infants born at term (37-42 weeks) from singleton pregnancies and with a birth weight between -1.0 and +1.0 SD (range 2.9–3.8 kg) for AGA and below -2 SD (range 1.9–2.6 kg) for SGA; (ii) placenta collected at delivery; and (iii) written informed consent obtained in the third trimester of pregnancy. The exclusion criteria were: (i) maternal disease (hypertension, preeclampsia, gestational diabetes, or preexisting type 1 and type 2 diabetes mellitus), alcohol abuse or drug addiction; and (ii) fetal malformations or complications at birth. The SGA babies included in the present study had normal

umbilical flow indices, and none of them had oligohydramnios or neonatal complications.

The study was approved by the Institutional Review Board of the Hospital Sant Joan de Déu at the University of Barcelona.

Clinical, endocrine-metabolic and body composition assessments

Information on maternal age at conception, height, pregestational weight, and gestational weight gain were retrieved from the mother's clinical records. Gestational age was calculated from the last menses and was confirmed by a first-trimester ultrasound.

The weight and length of the newborns were measured in the delivery room and transformed into Z-scores according to country and sex-specific growth charts [21]. Blood samples were obtained at birth from the umbilical cord, before placental separation.

Serum glucose levels were measured with the glucose oxidase method. Insulin and insulin-like growth factor-1 (IGF-1) were assessed by immunechemiluminescence (DPC, IMMULITE 2500, Siemens, Erlangen, Germany), with the intra- and inter-assay coefficient of variation (CVs) being < 10%.

Homeostatic model assessment for insulin resistance (HOMA-IR) was calculated as fasting insulin (mU/L) x fasting glucose (mmol/L)/22.5. Circulating high molecular weight (HMW)-adiponectin was measured with a specific enzyme-linked immunosorbent assay (R&D Systems, Minneapolis, USA), with the intra- and interassay CVs being < 9%. Glucagon-like peptide-1 (GLP-1) was assessed by an enzyme-linked immunosorbent assay (Millipore, Billerica, MA, USA). The antibody pair in the assay binds to GLP-1 (7–36) and (9–36) and has no cross-reactivity with GLP-2, GIP, glucagon or oxyntomodulin. The intra-assay and inter-assay CVs were < 2% and < 10%, respectively, and the detection limit was 1.5 pM.

Body composition was assessed at the age of 15 days by dual X-ray absorciometry with a Lunar Prodigy system coupled to Lunar software (Lunar Corp, Madison, WI, USA) adapted for infants. CVs were < 3% for fat and lean mass [22].

Placenta collection

Placentas were collected after childbirth in the delivery room and weighed immediately. Placental tissue encompassing the decidua and the upper side of the chorionic villous proximal to the decidua was dissected to obtain placental maternal biopsies. Three pieces of 1-cm³ cuboidal sections were collected from the maternal side after removal of the amniotic and chorionic layers. Placental samples were washed three times with physiological saline to remove all maternal blood and immediately frozen in liquid nitrogen and stored at -80 °C until analysis. The personnel always wore face masks and sterile gloves and used a sterile scalpel and instruments.

For the studies of mRNA and protein expression in the placentas from AGA and SGA infants, only girls were selected (as specified in the Results section).

Cell culture

BeWo cells (kindly donated by Dr. Vicente Andreu Fernández from the Universidad Internacional de Valencia, Valencia) were cultured in Ham's F12 medium (Gibco-Invitrogen) supplemented with 10% fetal bovine serum (FBS) (Sigma-Aldrich) and 1% penicillin–streptomycin (Gibco-Invitrogen). Cells were seeded and, 72 h later, differentiated into syncytiotrophoblasts by incubation with 40 μ M forskolin (Santa Cruz Biotechnology) for 48 h. Once differentiated, cells were treated with 0.1 μ g/ml of tunicamycin (TM) (Sigma-Aldrich) and 5 μ M guanabenz (GB) (Sigma-Aldrich), which was added 1 h before tunicamycin, for 24 h.

Reverse transcription-polymerase chain reaction and quantitative polymerase chain reaction

Isolated RNA was reverse transcribed to obtain 1 µg of complementary DNA (cDNA) using Random Hexamers (Thermo Scientific), 10 mM deoxynucleotide (dNTP) mix, and the reverse transcriptase enzyme derived from the Moloney murine leukemia virus (MMLV, Thermo Fisher). The experiment was run in a thermocycler (Bio-Rad) and consisted of a program with different steps and temperatures: 65 °C for 5 min, 4 °C for 5 min, 37 °C for 2 min, 25 °C for 10 min, 37 °C for 50 min, and 70 °C for 15 min. The relative levels of specific mRNAs were assessed by real-time RT-PCR in a mini 48-well T100[™] thermal cycler (Bio-Rad), using the SYBR Green Master Mix (Applied Biosystems), as previously described [23]. Briefly, samples had a final volume of 20 µl, containing 20 ng of total cDNA, 0.9 μ M of the primer mix, and 10 μ l of 2×SYBR Green Master Mix. The thermal cycler protocol for real-time PCR included a first step of denaturation at 95 °C for 10 min followed by 40 repeated cycles of 95 °C for 15 s, 60 °C for 30 s, and 72 °C for 30 s for denaturation, primer annealing, and amplification, respectively. Primer sequences were designed using the Primer-BLAST tool (NCBI), based on the full mRNA sequences to find the optimal primers for amplification, and evaluated with the Oligo-Analyzer Tool (Integrated DNA Technologies) to ensure an optimal melting temperature (Tm) and avoid the formation of homo/heterodimers or nonspecific structures that can interfere with the interpretation of the results. The primer sequences were designed specifically to span the junction between the exons. The primer sequences used were: CHOP, 5'-GGAAATGAA

GAGGAAGAATCAAAAAT-3' and 5'-GTTCTGGCT CCTCCTCAGTCA-3'; GRP78/BiP, 5'- ACTATTGCT GGCCTAAATGTTATGAG-3' and 5'-TTATCCAGG CCATAAGCAATAGC-3'; SLC7A5/LAT1, 5'-CAGTAC ATCGTGGCCCTGGT-3' and 5'-TGAGCAGCAGCA CGCAGAG-3'; SLC38A1/SNAT1, 5'-GTGTATGCTTTA CCCACCATTGC-3' and 5'- GCACGTTGTCATAGA ATGTCAAGT-3'; SLC38A2/SNAT2, 5'- ACGAAACAA TAAACACCACCTTAA-3' and 5'-AGATCAGAATTG GCACAGCATA-3'; and TBP, 5'-CCACTCACAGAC TCTCACAAC-3' and 5'-CTGCGGTACAATCCCAGA ACT-3'. Values were normalized to the expression levels of TATA-box-binding protein (TBP), and measurements were performed in triplicate. All changes in expression were normalized to the untreated control.

Immunoblotting

The isolation of total protein extracts was performed as described elsewhere [24]. For the isolation of total cell membranes, cell suspensions or placenta tissues were resuspended in 3 ml of ice-cold buffer I (250 mM sucrose, 20 mM HEPES, 5 mM NaN₃, 2 mM EGTA, 100 μ M phenylmethylsulfonyl fluoride, 10 μ M L-trans-epoxysuccinyl-leucylamido(4-guanidino)butane, 1 μ M pepstatin A, and 1 μ M leupeptin; pH 7.4) and homogenized. The resulting homogenate was centrifuged at 177,000 g for 1 h at 4 °C. The pellet, containing the total membranes, was resuspended in 50 μ l of buffer I supplemented with a protease inhibitor and stored at -20 °C.

Immunoblotting was performed with antibodies against β-actin (Sigma, A5441), 4EBP1 (Cell Signalling, 9452), AKT (Cell Signalling, 9272), AMPKa (Cell Signalling, 2532), ATF4 (Santa Cruz Biotechnology, sc-200), ATF6 (Santa Cruz Biotechnology, sc-22799), BiP/GRP78 (Cell Signalling, 3183), CHOP (Cell Signalling, 2895), eIF2α (Cell Signalling, 9722), ERK1/2 (44/42 MAPK) (Cell Signalling, 9102), GADD34 (Cell Signalling, sc-46661), GAPDH (Millipore, MAB374), GRASP55 (Proteintech, 66,627–1-Ig), LAT1 (Cell Signalling, 5347), mTOR (Cell Signalling, 2972), Na-K-ATPase (Santa Cruz Biotechnology, sc-514614), NEDD4-L (Cell Signalling, sc-514954), phospho-4EBP1 Thr37/46 (Cell Signalling, 2855), phospho-AKT Ser⁴⁷³ (Cell Signalling, 9271), phospho-AMPKα Thr¹⁷² (Cell Signalling, 2531), phospho-ERK1/2 (44/42 MAPK) Thr²⁰²/Tyr²⁰⁴ (Cell Signalling, 9101), phospho-IRE Ser⁷²⁴ (Novus Biologicals, NB100-2323), phospho-mTOR Ser²⁴⁴⁸ (Santa Cruz Biotechnology, sc-101738), phospho-ribosomal protein S6 (Cell Signalling, 2211), ribosomal protein S6 (Cell Signalling, 2317), SNAT1 (Novus Biologicals, NBP-2–59311), SNAT2 (MBL, BMP081), and vinculin (Santa Cruz Biotechnology, sc-73614). Signal acquisition was conducted using the Bio-Rad ChemiDoc apparatus and the quantification of the immunoblot signal was performed with the Bio-Rad Image Lab software. The results for protein quantification were normalized to the levels of a control protein (GAPDH, β -actin, vinculin, or Na–K-ATPase) to avoid unwanted sources of variation.

Statistical analysis

Results are expressed as the mean±SEM. Significant differences were assessed by either Student's t-test or one-way ANOVA, according to the number of groups compared, using the GraphPad Prism program (version 9.0.2) (GraphPad Software Inc., San Diego, CA, USA). When significant variations were found by ANOVA, Tukey's post-hoc test for multiple comparisons was performed only if F achieved a p value < 0.05. Differences were considered significant at p < 0.05.

Results

Maternal and newborn characteristics

Table 1 shows the anthropometric parameters of the women and their newborns according to the birth weight

Table 1 Characteristics of the studied population

	AGA (<i>n</i> = 20)	SGA (n=20)	P value
Mothers			
Age	33.8 ± 1.2	31.9±1.2	0.266
Height (cm)	163.7 ± 1.1	160.2 ± 1.3	0.051
Weight (Kg) ^a	63.1 ± 2.6	54.1 ± 1.7	0.005
BMI (Kg/m ²)	23.5 ± 0.8	21.0 ± 0.5	0.016
Ponderal index (Kg/m ³)	14.3 ± 0.5	13.1 ± 0.3	0.045
Gestational weight gain (Kg)	15.0 ± 1.3	12.3 ± 0.8	0.084
Newborns			
Sex (% females)	50	50	
Gestational age (weeks)	39.8 ± 0.2	38.8 ± 0.4	0.029
Caesarean section (%)	5	35	0.018
Placental weight (g)	554 ± 13	474±10	< 0.0001
Birth weight (Kg)	3.3 ± 0.1	2.3 ± 0.1	< 0.0001
Birth length (cm)	50.0 ± 0.4	46.1 ± 0.4	< 0.0001
Ponderal index (Kg/m ³)	26.7 ± 0.5	24.0 ± 0.3	< 0.0001
Endocrine-metabolic variable	25		
HOMA-IR	0.6 ± 0.1	0.8 ± 0.4	0.515
IGF-1 (ng/mL)	59.6 ± 4.8	34.6 ± 2.5	< 0.0001
HMW-adiponectin (mg/L)	34.7 ± 2.7	36.7 ± 3.2	0.645
GLP-1 (pmol/L)	17.7±2.3	27.0 ± 6.7	0.150
Body composition (DXA) $^{ m b}$			
Fat mass (g)	617±38	482 ± 37	0.015
Abdominal fat (g)	24.8 ± 2.7	18.1±2.7	0.091
Lean mass (Kg)	3.1±0.1	2.3±0.1	< 0.0001

Results are mean \pm sem

^a Pre-gestational weight

^b Assessed at 15 days of life

groups. No significant differences were observed between the appropriate-for-gestational-age (AGA) and SGA groups regarding maternal age at conception, maternal height, and the pregestational weight gain, while the maternal weight, ponderal index and BMI were reduced in the SGA group (Table 1). As expected, caesarean sections were more frequent among SGA babies and SGA infants at birth showed reductions in the length of gestation, placental weight, birth weight, birth length and ponderal index (Table 1). No differences were found in birth weight when the data were separated by sex (Fig. 1A). Fat mass and lean mass were reduced in the SGA group compared with the AGA group, whereas no differences were observed for abdominal fat (Table 1). Homeostatic model assessment for insulin resistance (HOMA-IR), high molecular weight (HMW)-adiponectin, and glucagonlike peptide 1 (GLP-1) did not show differences between the AGA and SGA groups (Fig. 1B, C and D). However, insulin-like growth factor 1 (IGF-1) levels were significantly lower in the SGA group (Fig. 1E).

SGA is associated with increased placental levels of CHOP and inhibition of the mTORC1 pathway

Since placental development differs between female and male newborns [25], we selected placental samples from newborn girls to examine the levels of proteins involved in ER stress. First, we assessed the protein levels of 78-kDa glucose-regulated protein (GRP78), which is also referred to as binding immunoglobulin protein (BiP). This protein is induced by ER stress and is a master regulator for this process through its role as a major ER chaperone with antiapoptotic properties, as well as its ability to control the activation of UPR signaling [8]. Placental GRP78 mRNA (Fig. 2A) and protein levels (Fig. 2B) were higher in the SGA than in the AGA group. Upon ER stress, GRP78 is released from the ER transmembrane, and IRE1, PERK, and ATF6 are activated. After the disassociation from GRP78, PERK dimerizes and undergoes autophosphorylation and activation. Activated PERK then phosphorylates $eIF2\alpha$, which in turn increases the activity of ATF4, a transcription factor that upregulates the expression of CHOP. ATF6 is a large 90 kDa protein anchored at the ER membrane, which translocates to the Golgi apparatus in response to ER stress. Once in the Golgi, it is cleaved to release a smaller 50 kDa active protein, which enters the nucleus and acts as a transcription factor. No significant changes were observed in the levels of phospho-IRE1α and phospho-eIF2α (Fig. 2C, D). Likewise, ATF4 (Fig. 2E) or ATF6 (Fig. 2F) protein levels were not significantly different between the SGA and AGA groups. The expression of CHOP was not affected (Fig. 2G), while its protein levels were increased in the SGA group (Fig. 2H). Although GADD34 transcription has been reported to be activated by ATF4 and CHOP [24], no significant changes were observed in its protein levels, which is likely to be the result of the reported transient increase in this protein under ER stress conditions [26] (Fig. 2I). Although ER stress has been associated with a reduction in the activity of AMP-activated protein kinase (AMPK) and the subsequent increase in the activity of extracellular signal-regulated kinase (ERK)1/2 [27], no differences were observed in the phosphorylated levels of AMPK and ERK1/2 between the AGA and SGA groups (Supplementary Fig. 1A, B), making it unlikely that these kinases were involved in the development of placental ER stress in the SGA group.

Placental mTORC1 activity was assessed by quantifying the phosphorylated levels of mTOR, 4E-BP1, and RPS6. Although mTOR phosphorylation was not different between the two groups, the phosphorylation of both 4E-BP1 and RPS6 was markedly reduced in the SGA group when compared with the AGA group (Fig. 3A-C), suggesting that the mTORC1 pathway was inhibited. By contrast, no differences were observed in the phosphorylated levels of Akt between the AGA and SGA groups, indicating that mTORC2 activity was not affected



Fig. 1 Selected anthropometric and endocrine-metabolic parameters in infants born appropriate (AGA) or small for gestational age (SGA). **A** Birth weight of newborns split by sex (N=10). Serum HOMA-IR (**B**), serum high molecular weight (HMW)-adiponectin (**C**), GLP-1 (**D**) and circulating insulin-like growth factor 1 (IGF-1) (**E**) (N=20). Data are presented as the mean ± SEM. **** p < 0.0001 versus the AGA group. P-values determined by two-tailed unpaired Student's t-test



Fig. 2 Placental CHOP protein levels are increased in SGA newborns. Placental GRP78/BiP mRNA (**A**) and protein (**B**) levels in the AGA and SGA groups. Placental cell lysate extracts were assayed via western blot analysis with antibodies against phosphorylated IRE (**C**), phosphorylated eIF2a (**D**), ATF4 (**E**) and ATF6 (**F**). Placental CHOP mRNA (**G**) and protein (**H**) levels in the AGA and SGA groups. **I** GADD34 protein levels. Data (N=10) are presented as the mean ± SEM. * p < 0.05 versus the AGA group. *P*-values determined by two-tailed unpaired Student's t-test



Fig. 3 mTORC1 activity is reduced in SGA newborns. Placental cell lysate extracts were assayed via western blot analysis with antibodies against total and phosphorylated mTOR (**A**), total and phosphorylated 4EBP-1 (**B**), and total and phosphorylated RPS6 (**C**). Data (N=10) are presented as the mean ± SEM. ** p < 0.01 versus the AGA group. *P*-values determined by two-tailed unpaired Student's t-test

(Supplementary Fig. 1C). Overall, these findings indicate that the SGA condition is associated with increased levels of the ER stress marker CHOP and a reduction in mTORC1 activity.

Levels of placental amino acid transporters are altered in SGA newborns

Since a reduction in the activity of mTORC1 has been reported to inhibit trophoblast system A and system L amino acid transporter activities [20], we next evaluated whether the placentas from SGA newborns were accompanied by a reduction in the expression and protein levels of *SLC38A1* (encodes the protein SNAT1), *SLC38A2*

(SNAT2), and *SLC7A5* (LAT1). Interestingly, the mRNA levels of *SLC38A1*, *SLC38A2*, and *SLC7A5* were significantly reduced in the placentas from SGA newborns when compared with the AGA group (Fig. 4A-C). When we examined the protein levels of SNAT1 in the isolated total membranes, we did not observe differences between the groups (Fig. 4D). Regarding SNAT2, it is worth mentioning that system A transporter activity depends on the processing/maturation and delivery of SNAT2 to the cell surface [28]. Antibodies against this protein detect two bands, one corresponding to the slower-migrating mature glycosylated transporter (~60 kDa) and the other corresponding to the faster-migrating immature SNAT2



Fig. 4 Levels of the placental mature form of the SNAT2 protein are reduced in SGA newborns. Placental mRNA levels of SNAT1 (*SLC38A1*) (**A**), SNAT2 (*SLC38A2*) (**B**), and LAT1 (*SLC7A5*) (**C**). Placental membrane cell lysate extracts were assayed via western blot analysis with antibodies against SNAT1 (**D**), SNAT2 (**E**), and LAT1 (**F**). Data (N=10) are presented as the mean ± SEM. *p < 0.05 and ***p < 0.001 versus the AGA group. *P*-values determined by two-tailed unpaired Student's t-test

protein that is partially processed in the ER (not or partially glycosylated, ~ 50 kDa) [29]. Interestingly, the SGA group showed a significant reduction in the levels of the mature SNAT2 protein, which was associated with increased levels of the immature form of this protein (Fig. 4E), thereby suggesting the involvement of post-transcriptional mechanisms. Finally, LAT1 protein levels were similar in both groups (Fig. 4F). Although the E3 ubiquitin-protein ligase neural precursor cell-expressed developmentally down-regulated protein 4-like 2 (NEDD4-2) (NEDD4L in humans) has been reported to be involved in the ubiquitination-mediated protein degradation of SNAT2 and LAT1 caused by mTORC1 inhibition [30], we did not observe differences in the levels of this ligase between the SGA and AGA newborns (Supplementary Fig. 1D), suggesting that this mechanism was unlikely to be involved. Since Golgi fragmentation has been reported to play a role in SNAT2 maturation [31] and given that this process is also essential for regulating the mTOR pathway [32], we examined the potential occurrence of this alteration in the placenta. Golgi re-assembly and stacking protein 65 (GRASP65) [33] and GRASP55 [34] play essential roles in the assembly and membrane stacking of the Golgi apparatus and in maintaining the Golgi structure formation. However, phosphorylation of GRASP55 has been reported to induce Golgi fragmentation [35]. We thus investigated whether the placentas from SGA newborns showed increased levels of phosphorylated GRASP55. In Phos-tag gels, the GRASP55 protein migrates as a doublet, with the upper band representing the phosphorylated form [36]. However, the placentas from SGA infants did not show differences from those of the AGA newborns (Supplementary Fig. 1E), suggesting that Golgi fragmentation is not involved in the reduced mTORC1 activity.

GADD34 inhibition prevents the reduction of mTORC1 activity in BeWo cells

To assess the mechanisms by which increased CHOP levels are associated with the reductions in mTORC1 activity and in the levels of amino acid transporters, we used the human placental BeWo cell line, which originated from a choriocarcinoma [37] and has been widely used as an in vitro model to study placental amino acid transporters [38, 39]. Stimulation of cells with the ER stressor tunicamycin reduced the levels of phosphorylated RPS6, indicating that mTORC1 activity was inhibited (Fig. 5A). Notably, it has been reported that GADD34 links ER stress and mTOR inactivation in the liver [26]. In fact, GADD34-knockout mice show enhanced phosphorylated mTOR signaling upon nutrient depletion, suggesting that GADD34 negatively regulates mTOR [40]. Consistent with this, incubation of the BeWo cells with tunicamycin and the GADD34 inhibitor guanabenz restored the levels of phosphorylated RPS6, thus confirming that GADD34 inhibits mTORC1 signaling. Likewise, GADD34 inhibition by guanabenz attenuated the increase in CHOP protein levels caused by tunicamycin (Fig. 5B), which is consistent with the findings of previous studies [41]. Next, we examined the effects of tunicamycin and guanabenz on the levels of SNAT1 and SNAT2. SNAT1 protein levels were not affected either by tunicamycin or guanabenz (Fig. 5C). By contrast, tunicamycin caused a marked reduction in the levels of the mature form of SNAT2 and this reduction was not restored by guanabenz, suggesting that additional mechanisms are involved in the regulation of this amino acid transporter (Fig. 5D).

Discussion

The placenta is an organ with major endocrine and/or exocrine activity. It is more vulnerable to ER stress due to its constitutively high levels of protein translation. In fact, sustained ER stress results in compromised placental development and function [9]. Thus, it has been reported that the administration of a single dose of tunicamycin to pregnant dams causes lower placental and fetal weight, partly through placental abnormalities in nutrient transport [6]. Here, we examined placental levels of different ER stress markers in AGA and SGA newborns. A significant increase in CHOP protein levels was observed in the SGA group. The levels of GRP78 were also increased in the SGA group, while no changes were observed in the other ER stress markers. Thus, our findings suggest that low-level ER stress develops in the placentas from SGA newborns. It has been reported an increase in ER stress markers in human placenta when delivered at term by standard vaginal delivery compared to elective nonlaboring caesarean section [42], with increases in the protein levels of p-eIF2α, GRP78 and X-box-binding protein 1 (XBP-1). Since caesarean sections were more frequent among SGA babies, differences in the delivery seem not to contribute to the changes in ER stress markers. The robust increase in CHOP protein levels observed in the placenta from SGA newborns might be not related to ER stress since the levels of ATF4 and ATF6, which upregulate CHOP expression under ER stress conditions, and the mRNA levels of CHOP, were not affected. The occurrence of increased CHOP levels in the placenta might be a crucial event in the reduction of birth weight by reducing mTORC1 activity, which in turn downregulates the levels of amino acid transporters. Interestingly, CHOP has been reported to upregulate GADD34 [24], which suppresses mTORC1 activity [26, 40]. Therefore, our findings suggest that the increased CHOP levels in the SGA group might contribute to the reduction in mTORC1 signaling via GADD34. mTOR is an important regulator of protein synthesis and mTOR signaling is suppressed by stressors, such as energy depletion, nutrient deprivation, and hypoxia, via the activation of tuberous sclerosis complex (TSC) 1/2. GADD34 has been reported to form a stable complex with TSC1/2, dephosphorylating TSC2, and leading to the inhibition of mTORC1 signaling [40, 43]. Consistent with this, we observed that the inhibition of GADD34 by guanabenz prevented the reduction in the mTORC1 activity caused by the ER stressor tunicamycin in BeWo cells. In addition, the reduction of the tunicamycin-mediated increase in CHOP protein levels caused by the inactivation of GADD34 by guanabenz is in accordance with the findings of a previous study conducted in HEK293T cells [41]. However, we did not observe an increase in GADD34 levels in the placentas from the SGA group compared with the AGA group. As mentioned above, GADD34 is transiently activated during ER stress [26], suggesting that this might be the reason for the absence of the increase in the levels of this protein. In line with this, a recent study has reported that GADD34



Fig. 5 GADD34 inhibition by guanabenz attenuates the reduction in mTORC1 activity and the increase in CHOP levels caused by ER stress in the human placental cell line BeWo. BeWo cells were stimulated with 0.1 μ g/ml of tunicamycin (TM) either in the presence or absence of 5 μ M guanabenz (GB) for 24 h and the protein levels of total and phosphorylated RPS6 (**A**), CHOP (**B**), SNAT1 (**C**), and SNAT2 (**D**) were assessed. Data (*N*=3) are presented as the mean ± SEM. * *p* < 0.05, ** *p* < 0.01, *** *p* < 0.001 and **** *p* < 0.001 *versus* the AGA group. *P*-values determined by two-tailed unpaired Student's t-test

is extremely sensitive to degradation, with an estimated half-life of approximately 37 min [44]. Overall, these findings suggest that the CHOP-GADD34 pathway plays a role in the reduction of mTOR activity in the placentas from SGA newborns.

A previous study by Yung et al. reported the first evidence that placental protein synthesis inhibition and ER stress play key roles in intrauterine growth restriction (IUGR) pathophysiology [9]. This study found that decreased AKT protein reduced mTOR signaling and impaired murine placental growth. In our study we did not find changes in AKT phosphorylation in the placentas from SGA newborns. Since IUGR reflects fetal distress and SGA could represent an attenuated subtype

of IUGR, these differences could be attributed to the different stages of progression of SGA and IUGR. Likewise, while Yung et al. [9] found a general induction of ER stress makers in IUGR, we only observed a robust increase in CHOP in the placentas from SGA newborns, which was accompanied by reduced mTORC1 activity and a significant decrease in the mature form of the amino acid transporter SNAT2. These findings suggest that CHOP upregulation might pull the trigger for the reduction in mTORC1 activity in the placentas from SGA newborns, while the contribution of high-grade ER stress might not be necessary. Finally, our in vitro data point to GADD34 as a potential player in the reduction in mTORC1 activity. Therefore, our findings point to the dysregulation of CHOP and of the processing/ maturation of SNAT2 as key contributors to the SGA condition.

Inhibition of placental mTOR activity is associated with a reduced placental amino acid uptake and a lower birth weight [16, 45]. The SGA group exhibited a reduced expression of *SLC38A1*, *SLC38A2*, and *SLC7A5*. As mTORC1 can regulate *SLC38A2* and *SLC38A2* expression [46, 47], their reduction is likely to be the result of the inactivation of mTORC1 signaling in the placentas of the SGA group. However, the reduction in the expression of *SLC38A1* and *SLC7A5* was not accompanied by a decrease in their protein levels, suggesting that the reduction in transcription was not sufficient to attenuate their protein levels.

The regulation of SLC38A2 transcription contributes to overall changes in SNAT2 protein levels, although posttranscriptional modifications involving the stabilization of the SNAT2 protein also play an important role [48]. A strong reduction was observed in the protein levels of the mature glycosylated SNAT2 protein in the SGA group, while the levels of the immature SNAT2 protein (not or partially glycosylated) were increased. Quantification of SNAT2 was conducted in total membrane fractions, but not in syncytiotrophoblast microvillous and basal plasma membranes, thereby preventing the study of post-translational modifications that affect the trafficking of placental SNAT2 to and from the plasma membrane. The E3 ubiquitin ligase NEDD4L has been previously implicated in the polyubiquitination and degradation of SNAT2 through the ubiquitin-proteasome system [28, 49]. However, we did not observe changes in the levels of the NEDD4L protein in the SGA group, suggesting that it was not involved in the changes observed for SNAT2. Likewise, although Golgi fragmentation may affect SNAT2 maturation [31] and controls the mTOR pathway [32], no changes were observed in the levels of phosphorylated GRASP55, a marker of this process. This therefore confirmed that Golgi fragmentation was not involved.

A limitation of this study is that it does not provide an explanation for the increase in CHOP protein in the placentas from SGA newborns independent of a highlevel ER stress. Interestingly, protein N-glycosylation is a widespread post-translational modification. N-linked glycosylation is initiated in the ER and completed in the Golgi complex [50]. Alterations in glycosylation affect the proteins required for trophoblast function and have been associated with pathological conditions, including fetal growth restriction [51]. Remarkably, CHOP has been reported to be induced in the cells defective in N-glycosylation [52]. This suggests that most of the increase in the CHOP protein levels observed in the SGA newborns might be more related to defective glycosylation than to the increase in ER stress. Consistent with this, it has been reported that the increase in CHOP levels under Golgi stress is independent from the canonical UPR [53]. The strong reduction in the levels of the mature SNAT2 protein caused by the ER stressor tunicamycin in the BeWo cells seems to contradict the idea that ER stress is not the main stimulus leading to the increase in CHOP protein levels in the SGA group. However, tunicamycin is not considered a good inducer of ER stress because it blocks the assembly of N-linked glycans in the ER, causing the accumulation of the fastest migrating (immature) form of SNAT2, which is consistent with the inhibition of N-linked glycosylation [31]. Therefore, this suggests that the inhibition of glycosylation might be responsible for the reduction in the levels of the mature form of SNAT2 in the SGA group.

Another limitation of this study is that placental tissue used in our experiments contained decidua and the upper side of the chorionic villous proximal to the decidua. Since trophoblast villi (fetal tissue) and decidua (maternal tissue) are different tissues with respect to their origin, function and responses to various stimuli, the analysis of these samples may restrict the interpretation of the data.

Overall, here we unveil that the placentas from SGA newborns show low-level ER stress, with an increase in CHOP protein levels being accompanied by a reduction in mTORC1 activity and decreases in the expression of several amino acid transporters. The increase in CHOP levels contributes to the reduction of mTOR signaling in trophoblasts via GADD34. The placentas from SGA newborns also display increased levels of the immature form of SNAT2 and a consequent reduction in the levels of the mature form of this protein, which might be the result of the inhibition of N-linked glycosylation.
Conclusions

Collectively, these results suggest that the increase in CHOP levels and the reduction in the mature form of SNAT2 contribute to a reduction in amino acid transport and, eventually, to a decreased birth weight in humans.

Supplementary Information

The online version contains supplementary material available at https://doi. org/10.1186/s12964-023-01352-5.

Additional file 1: Supplementary Figure 1. Placental cell lysate extracts were assayed via western blot analysis with antibodies against total and phosphorylated AMPK (A), total and phosphorylated ERK1/2 (B), and total and phosphorylated Akt (C), NEDD4-L (D) and GRASP55 (E) in either a standard (bar graph quantification corresponds to this image) or a Phostag gel where the GRASP55 protein migrates as a doublet, with the upper band representing the phosphorylated form. The absence of a doublet in the samples from the SGA newborns as well as in the AGA newborns indicates the absence of phosphorylated GRASP55. Data (N = 10) are presented as the mean \pm SEM.

Acknowledgements

We would like to thank the Language Services of the University of Barcelona for revising the manuscript.

Authors' contributions

E.B., M.D., A.C.R., J.B., M.P., J.J-A., M.Z., and A.R. performed the experiments; E.B., M.D., J.B., X.P., L.I., and M.V.-C. analyzed the data and reviewed the results; E.B., M.D., L.I., and M.V.-C. designed the experiments and reviewed the results; M.V.-C. was primarily responsible for writing the manuscript. All authors reviewed the manuscript.

Funding

This study was partly supported by the grants RTI2018-093999-B-I00 and PID2021-122116OB-I00 (M.V.-C.) from MCIN/AEI/10.13039/501100011033 and "ERDF, A Way of Making Europe". CIBER de Diabetes y Enfermedades Metabólicas Asociadas (CIBERDEM) is a Carlos III Health Institute project. Support was also received from the CERCA Programme/Generalitat de Catalunya.

Availability of data and materials

The source data for this study are available as a Source Data file or from the corresponding author upon reasonable request.

Declarations

Consent for publication

Not applicable.

Competing interests

The authors declare no competing interests.

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Received: 21 June 2023 Accepted: 10 October 2023 Published online: 13 November 2023

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