"Self-Liking/Self-Competence Scale – Revised Version" (SLCS-R) Psychometric properties of the Spanish validation

Ruiz, J.^{1,2}, Fusté, A.^{1,2}, Balaguer, G.¹, Krieger, V.¹, Arcos, M.¹, & Gutiérrez-Maldonado, J.^{1,2}



¹ Department of Clinical Psychology and Psychobiology, University of Barcelona, Spain
 ² Institute of Neuroscience of the University of Barcelona (UBNeuro)
 >> jruizro@ub.edu



Institut de Neurociències UNIVERSITAT DE BARCELONA

Introduction The "Self-Liking/Self-Competence Scale – Revised version" (SLCS-R; Tafarodi & Swann, 2001) assesses two components of Self-Esteem (SL: Self-Liking & SC: Self-Competence) with 16 items (two eight-items subscales, each balanced in positive and negative items), scored on a 5-point Likert scale (1: strongly disagree; 5: strongly agree).

Objectives

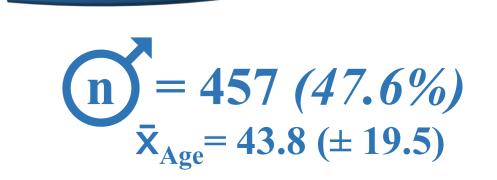
To analyze the psychometric properties of the Spanish SLCS-R:
a) Its two-dimensional structure (CFA: Confirmatory Factor Analysis)
b) Internal consistency (Cronbach's α, McDonald's ω, Inter-item correlation)
c) Convergent validity (Pearson correlations with RSES, BSES, LSES, GSES)*
d) Sex differences (Student's *t*-test, Hedges' *g* effect size)

Method

Participants: N = 960
volunteers of the community
(52.4% women) between 16-85
years (M = 44.4, SD = 19.7)
Analyses were performed with
the recoded negative items.

n = 503 (52.4%) $\bar{x}_{Age} = 45.0 (\pm 19.8)$





Results

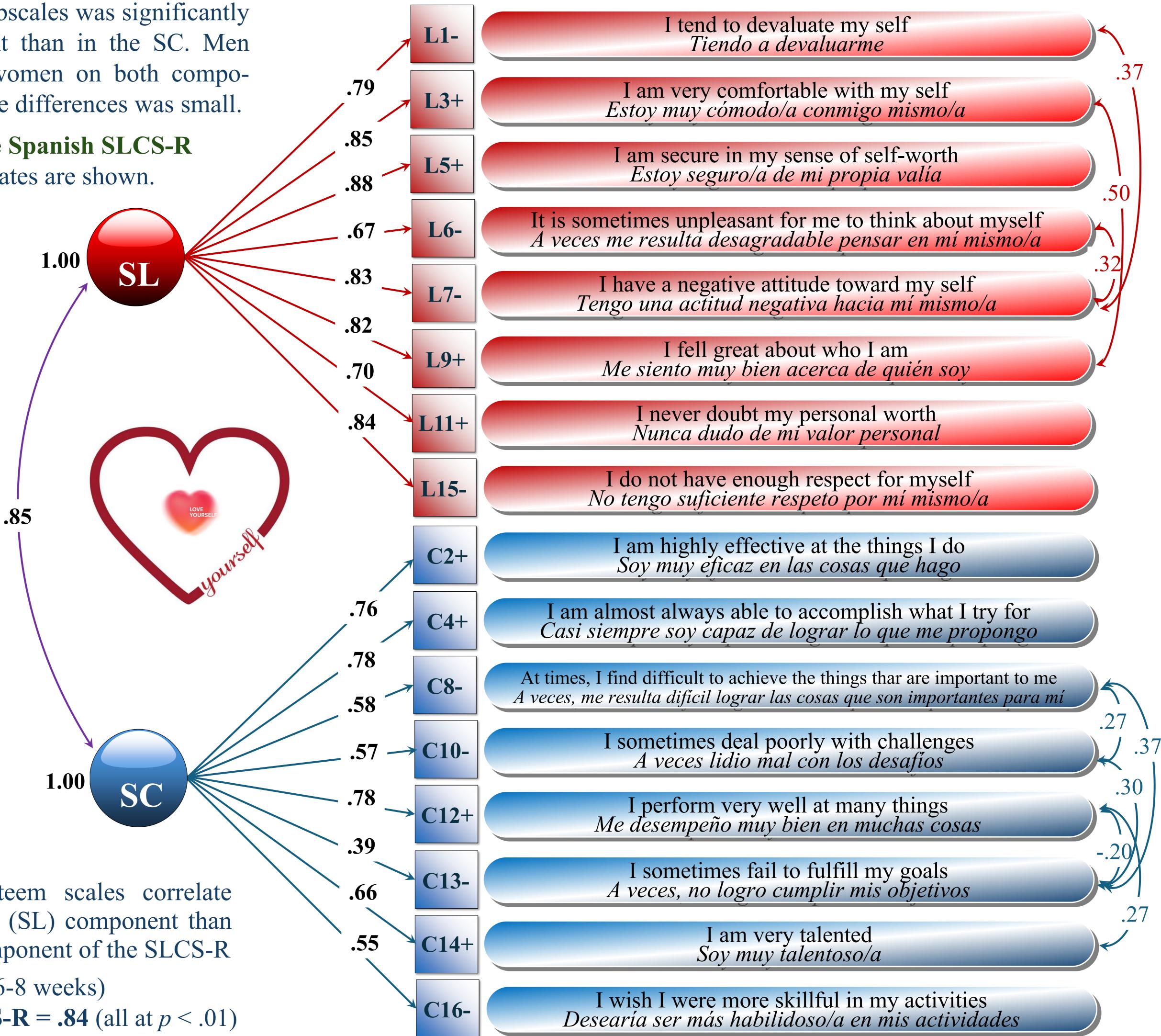
Descriptives, Internal consistency and Sex Differences for the Spanish SLCS-R

| SLCS-R | | Total sample $(N = 960)$ | | | | Males (n = 457) | | | | Females $(n = 503)$ | | | | Sex differences | | | | | | |
|--------|-------|--------------------------|-------|-----|-----|-----------------|-------|------|-----|---------------------|-----------------|-------|-------|-----------------|-----|-----------------|---------------------|-------|------|--------------|
| Scales | Items | M | SD | α | ω | r _{ii} | М | SD | α | ω | r _{ii} | M | SD | α | ω | r _{ii} | t ₍ 958) | р | g | CI (95%)* |
| SL | 8 | 30.32 | 6.28 | .92 | .92 | .57 | 31.17 | 5.70 | .90 | .90 | .54 | 29.54 | 6.67 | .92 | .92 | .59 | 4.060 | <.001 | 0.26 | [.133, .387] |
| SC | 8 | 26.58 | 4.81 | .82 | .82 | .36 | 27.16 | 4.59 | .80 | .80 | .34 | 26.05 | 4.94 | .83 | .83 | .38 | 3.576 | <.001 | 0.23 | [.104, .358] |
| SLCS-R | 16 | 56.90 | 10.20 | .92 | .92 | .41 | 58.32 | 9.42 | .91 | .91 | .39 | 55.60 | 10.70 | .92 | .92 | .43 | 4.198 | <.001 | 0.27 | [.142, .396] |

Note. α: Cronbach's α. ω: McDonald's Omega. rii: Inter-item average correlation. t: Student's t-test. g: Hedges' g effect size. * CI: Confidence Interval (95%) for Hedges' g

The internal consistency of both subscales was significantly high, higher in the SL component than in the SC. Men scored significantly higher than women on both components, although the magnitude of the differences was small.

Single CFA 2-Factor Model of the Spanish SLCS-R Only significant standardized estimates are shown. $\chi^2 (95, N=960) = 946.383 \ p < .001$ RMSEA= .097 [.091, .102] 90% CI CFI = .96; TLI = .95 The model fit indices confirm its two-dimensional structure.



| Convergent validity | | | | | | | | | | |
|----------------------------|-----|-----|---------------|--|--|--|--|--|--|--|
| Scales | SL | SC | SLCS-R | | | | | | | |
| SL | - | | | | | | | | | |
| SC | .69 | - | | | | | | | | |
| SLCS-R | .94 | .89 | - | | | | | | | |
| RSES | .86 | .73 | .87 | | | | | | | |
| BSES | .65 | .64 | .70 | | | | | | | |
| LSES | .74 | .57 | .73 | | | | | | | |
| GSES | .83 | .69 | .83 | | | | | | | |

All coefficients are significant at p < .01

- * RSES: Rosenberg Self-Esteem Scale (Rosenberg, 1965)
 * BSES: Beck Self-Esteem Scale (Beck et al., 2001)
- * LSES: *Lifespan Self-Esteem Scale* (Harris et al., 2017)

* **GSES**: *Global Self-Esteem Scale* (Rajlic et al., 2019)

All other unidimensional self-esteem scales correlate more strongly with the *Self-Liking* (SL) component than with the *Self-Competence* (SC) component of the SLCS-R

Reliability over time (Test-retest: 6-8 weeks) N = 252 SL = .83, SC = .79, SLCS-R = .84 (all at p < .01)

Discussion/Conclusions

Note. L: Self-Liking; C: Self-Competence; + Positive item; – Negative item

The Spanish SLCS-R shows fit, reliability and validity indices comparable to those of the original version, which supports its usefulness for assessing self-esteem in the Spanish population. The two components of self-esteem (*Self-Liking* and *Self-Competence*) are significantly related to each other. Internal consistency and convergent validity was significant and higher in SL than in SC. Despite the observed sex differences, their low magnitudes do not justify the application of different interpretation criteria for men and women.





"Self-Liking/Self-Competence Scale – Revised version" (SLCS-R) Psychometric properties of the Spanish validation

Ruiz, J.^(1,2), Fusté, A.^(1,2), Balaguer, G.⁽¹⁾, Krieger, V.⁽¹⁾, Arcos, M.⁽¹⁾, Gutiérrez-Maldonado, J.^(1,2)

⁽¹⁾ Department of Clinical Psychology and Psychobiology, University of Barcelona (UB) ⁽²⁾ Institute of Neuroscience of the University of Barcelona (UBNeuro)





Institut de Neurociències UNIVERSITAT DE BARCELONA

References

- Beck, A.T., Brown, G.K., Steer, R.A., Kuyken, W., & Grisham, J. (2001). Psychometric properties of the Beck Self-Esteem Scales. *Behaviour Research Therapy*, *39*, 115-124.
- Harris, M.A., Donnellan, M.B., & Trzesniewski, K.H. (2017). The Lifespan Self-Esteem Scale: Initial Validation of a New Measure of Global Self-Esteem. *Journal of Personality Assessment*, <u>http://dx.doi.org/10.1080/00223891.2016.1278380</u>
- Rajlic, G., Kwon, J.Y., Roded, K., & Hubley, A.M. (2019). Development of the Global Self-Esteem Measure: A pilot study. *Journal of Psychoeducational Assessment*, *37*(7), 863–873. <u>https://doi.org/10.1177/0734282918801816</u>.
- Rosenberg, M. (1965). Society and the Adolescent Self-Image. Princeton: Princeton University Press.

Tafarodi, R.W., & Swann, W.B. Jr., (2001). Two-dimensional self-esteem: Theory and measurement. *Personality and Individual Differences, 31*, 653–673.